BEST FOR SPORT, SKY & STREAMING

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31 MAY-6 JUNE 2025

TV & Satellite week

EXCLUSIVE

DOCTOR WHO

Will the Time Lord be regenerating in the thrilling finale?

TV TO GET EXCITED ABOUT!

NEW

Bruce Springsteen

How The Boss fell in love with Britain

NEW

STICK

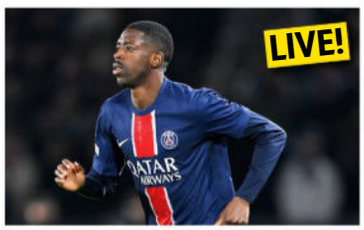
Owen Wilson tees off in a golf comedy

HotList This week's 28

Saturday 31

Doctor Who
***SCI-FI** BBC1, 6.50pm*

The Rani (Archie Panjabi) enacts her terrifying plan to destroy the fabric of reality, as the series reaches an epic climax. Can the Doctor, Belinda (Varada Sethu, above) and Ruby save the day? *See feature, p12*



Champions League final
***FOOTBALL** TNT Sports 1 & Discovery+, kick-off 8pm*

In Munich tonight, Paris Saint-Germain aim for their first Champions League trophy against three-time winners Inter Milan. *See Sport Week, page 28*

The Black Forest Murders
***CRIME DRAMA** BBC4, 9pm & 9.45pm (box set, BBC iPlayer)*

This four-part, real-life German drama follows the police investigation into the 2016 disappearance and murders of two young women. *See feature, page 8*

When Bruce Springsteen Came to Britain
***DOCUMENTARY** BBC2, 9.30pm*

The Boss (above) looks back at his first European gig, which took place at London's Hammersmith Odeon in November 1975. *See feature, page 4*

Full listings start on **p35**

Sunday 1

C*A*U*G*H*T
***COMEDY** ITVX*

Four Aussie soldiers unwittingly find social-media fame when they're captured while on a secret mission in this satirical comedy. Sean Penn stars as an over-the-top version of himself. *See feature, page 8*

Our Guy in Vietnam
***DOCUMENTARY** C4, 9pm (box set, Channel 4 Streaming)*

Fifty years after the Vietnam War ended, Guy Martin (above) learns about the country's past, present and future in this two-parter. *See Documentaries, page 21*

Mountainhead
***COMEDY DRAMA** Sky Atlantic, 9pm*

From the award-winning creator of *Succession* comes this one-off comedy drama about four billionaires who witness an international crisis from their mountaintop retreat. *See feature, page 6*

Pulp: Radio 2 in Concert
***MUSIC** BBC2, 10.45pm (times vary)*

The Britpop band, headed by Jarvis Cocker (above), perform some of their hits, including *Common People* and *Disco 2000*, in front of a small audience at the BBC Radio Theatre. *See feature, page 11*

Full listings start on **p45**

Monday 2

Relative Secrets
***DOCUMENTARY** Acorn TV*

Harry Wild's Jane Seymour hosts this true-crime genealogy series, which aims to solve real-life mysteries, focusing on dark secrets hidden within the pasts of some American families.

Jane Austen: Rise of a Genius
***DOCUMENTARY** BBC2, 9pm*

This week, the spotlight is on Jane Austen's life from 1803 until 1814, as she published classic novels *Sense and Sensibility*, *Pride and Prejudice* and *Mansfield Park*.

Elsbeth
***COMEDY DRAMA** Sky Witness, 9pm*

Desperate Housewives' Vanessa Williams guest-stars this week, as Elsbeth (Carrie Preston) looks into a death at a jeweller's just as a massive heist is being planned... *See Look Who's Back, page 12*

Discovered by Disaster
***DOCUMENTARY** Sky History, 10pm*

Exploring treasures that haven't been seen for centuries, until natural disasters brought them back to light, including an American Civil War shipwreck that was raised from the ocean by a hurricane.

Full listings start on **p55**

Tuesday 3

Women's Nations League
***FOOTBALL** ITV1, kick-off 6pm*

Sarina Wiegman's Lionesses travel to Barcelona to face 2023 World Cup winners Spain in Group A3's final tie. Jess Park (above) scored in England's 1-0 victory in the reverse fixture in February.

Lockerbie: Our Story
***DOCUMENTARY** BBC2, 9pm (times vary)*

Following the conclusion of BBC1 drama *The Bombing of Pan Am 103* last night, this documentary looks at the real stories of some of the victims of the tragedy. *See Documentaries, page 20*

What It Feels like for a Girl
***DRAMA** BBC3, 9pm & 9.45pm (box set, BBC iPlayer)*

Coming-of-age drama set in Nottingham in the early 2000s, based on the memoir by Paris Lees. Stars Ellis Howard (above). *See feature, page 7*

The Rookie
***CRIME DRAMA** Sky Witness, 9pm*

Nathan Fillion (above) returns as LAPD's oldest rookie, John Nolan, for a seventh season. John is feeling the effects of his age as he recovers from a gunshot wound, while the hunt is on for two fugitives.

Full listings start on **p65**

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ALL TRANSMISSION DETAILS GIVEN ARE CORRECT AT THE TIME OF GOING TO PRESS. COVER PHOTOS: PHOTO BY AARON RAPOPORT/CORBIS/GETTY IMAGES, BBC, APPLE TV+. HOTLIST WORDS: LYNETTE BRIGHTON, IAN FARRINGTON HOTLIST PHOTOS: GETTY, SHUTTERSTOCK

Wednesday 4

EDITOR'S CHOICE NEW

Stick
COMEDY Apple TV+
Owen Wilson (above) stars in this comedy as Pryce Cahill, an ex-pro golfer who is down on his luck and puts everything on the line for a teenage golf phenomenon. *See Your Watchlist, page 14*

Tucci in Italy
TRAVELOGUE National Geographic, 8pm
Stanley Tucci (above) investigates the identity of Trentino-Alto Adige, Italy's most northern region, as his cultural odyssey continues – and, as ever, there'll be some extraordinary food to savour...

Race Across the World
REALITY BBC1, 9pm
With the teams all within seven hours of each other, this week they must find a swift way across the Indian state of Maharashtra to reach Panaji – but will they tackle or avoid bustling Mumbai?

Travels with Agatha Christie & Sir David Suchet
TRAVELOGUE More4, 9pm
The actor (above) arrives in New Zealand for the latest leg of his journey. He hears about Maori culture on the South Island, and marvels at the geysers in Rotorua.

Full listings start on p75

Thursday 5

NEW

Ginny & Georgia
COMEDY DRAMA Netflix
As the series returns, Georgia (Brianne Howey, above) has been arrested at her wedding for murder, and Ginny and Austin have to deal with the fallout, in what promises to be an explosive season.

Tires
COMEDY Netflix
As Season 2 begins, Will and Shane – played by co-creators Steve Gerben and Shane Gillis – try to grow their auto-repair business, but have they taken on too much? Thomas Haden Church co-stars.

The British Soap Awards
AWARDS ITV1, 8pm
Jane McDonald (above) hosts the ceremony from London's Hackney Empire, where the public decide the winners of four categories, including Villain of the Year, Best Leading Performer and Best British Soap.

Dan Snow & the Lost City
DOCUMENTARY 5, 9pm
Machu Picchu, the 'lost city' of the Incas, was rediscovered in Peru over a century ago. Now, Dan Snow (above) explores its mysteries, such as a girl frozen in time when she was sacrificed 600 years ago.

Full listings start on p85

Friday 6

The Survivors
DRAMA Netflix
The murder of a young woman stirs up memories of a tragedy that happened in a close-knit community, in this six-part Australian drama based on Jane Harper's bestselling novel. *See Your Watchlist, p16*

Straw
THRILLER Netflix
Taraji P. Henson (above) stars in this Tyler Perry film as a single mother who is just trying to survive but, over the course of a day, is pushed to the brink by a world that is against her. *See Your Watchlist, page 17*

Venom: The Last Dance
SUPERHERO DRAMA Sky Premiere, 12.15pm & 8pm
Tom Hardy (above) reprises his role as Eddie Brock in this third Venom film, in which he and his alien symbiote must tackle supervillain Knull. *See review, p24*

St. Denis Medical
COMEDY BBC1, 10.40pm & 11pm (times vary) (box set, BBC iPlayer)
Mockumentary workplace comedy following overworked doctors and nurses at an Oregon hospital, starring Wendi McLendon-Covey. *See feature, page 12*

Full listings start on p95

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GLORY DAYS

Rock superstar **Bruce Springsteen** on his lifelong love affair with Britain's music and people

NEW FACTUAL

When Bruce Springsteen Came to Britain

Saturday, 9.30pm, BBC2

On a wintry day in November 1975, a piece of rock history was made when a flight from Newark, USA, touched down on the runway at London's Heathrow Airport.

Aboard the plane was a 26-year-old American musician by the name of Bruce Springsteen. It was his first time on UK soil – and the fulfilment of a long-held dream for the New Jersey singer, who had been inspired to perform by his love of British groups in the 1960s.

'Bands like The Animals and The Rolling Stones changed my life. Hearing The Beatles on the radio was an Earth-rocking moment I will never forget,' he recalls in BBC2 documentary *When Bruce Springsteen Came to Britain*, which marks 50 years since his first UK shows. 'As a band, we hadn't been out of the United States. Now, we were in the land of our gods and saviours.'

On the back of his acclaimed *Born to Run* album, Springsteen and his E Street Band had been booked to play two sold-out gigs at London's Hammersmith Odeon. It was the beginning of a unique and enduring connection between The Boss and his British fans – but his UK debut wasn't without its setbacks.

The concerts had been heavily hyped by his record label, who were trying to promote him as the new Bob Dylan, and the venue was plastered with posters declaring 'London is finally ready for Bruce Springsteen.'

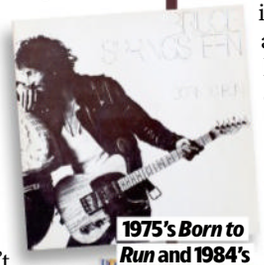
'It was not the way I wanted to introduce myself. I went crazy before that show, tearing down as many posters as I could. It put an enormous pressure on me,' says Springsteen, who was so dejected after the gig that he skipped a party being held in his honour.

'I felt that I'd been terrible, so I ran back to the hotel, sat in my lonely room under a big black cloud and miserably went to bed. I decided I wasn't coming back to Britain until I had a war chest of songs and I was confident I could blow the roof off wherever I played.'

THE TIES THAT BIND

Springsteen wouldn't return to these shores for six years, triumphantly touring *The River* album in 1981. He's since played more than 100 times to an adoring British fan base who have embraced his heartfelt songs of blue-collar hopes and fears, brought to life on stage in exhilarating three-hour concerts.

Performing in 2025



1975's *Born to Run* and 1984's *Born in the U.S.A.*

'Bruce's concerts bring people together. They are like spiritual gatherings, and he holds the crowd in the palm of his hand,' says Mark Robinson, the documentary's executive producer, who travelled to Springsteen's home in New Jersey to record the interview.

Playing Hammersmith with bandmates Clarence Clemons and Steven Van Zandt

'Bruce is so busy that it took us three years to arrange a meeting. But he took great care over our questions and was so welcoming. He even played some Beatles riffs on his guitar.'

Among those paying tribute in the film are fellow musicians Sting and Peter Gabriel, plus celebrity admirers Sir Michael Palin, who was at the first London gig, and Rob Brydon, who got the chance to sing classic track *Thunder Road* when he starred in Springsteen-inspired film *Blinded by the Light* (see panel, right).

JERSEY BOY

Despite making millions from his music, Springsteen has stayed true to his roots. His lyrics are often about ordinary people working in refineries, factories and textile mills, and the documentary features Bob and Juliana Heron from Wearside who recall a 'life-saving' donation he made to their community-support group in 1985 when he played in Newcastle during the miners' strike.

'My parents were working-class people and I watched them struggle their whole lives,' explains Springsteen. 'No matter where you are from, everybody experiences the same triumphs and heartbreaks. I have always been intent on writing about these timeless feelings that run through everyone's lives.'

Now aged 75, Springsteen has lost none of his fire, nor his love for the UK. He recently played a series of acclaimed gigs in Manchester (complete with scathing on-stage remarks about Donald Trump's 'corrupt, incompetent and treasonous administration') and is performing this week in Liverpool, birthplace of his beloved Beatles.

'When I flew on that first plane to London back in 1975, the UK was my Mecca, the land of my musical giants,' he says. 'I thought to myself, "What can I give back?" And the answer is, "Everything!" I always wanted to give my best to Britain and that continues to this day.'

WORDS: RICHARD MCCLURE. PHOTOS: ALAMY, GETTY

‘I always wanted to give my best to Britain and that continues’

BRUCE SPRINGSTEEN

BRUCE ON THE BOX

When Bruce Springsteen Came to Britain **is the centrepiece of a BBC2 evening devoted to the US rocker on Saturday, beginning with *Bruce Springsteen at the BBC* (8.30pm), which includes performances of classics such as *Dancing in the Dark* and *Streets of Philadelphia*. There’s also a recording of his first UK gig at the Hammersmith Odeon in 1975 (10.35pm), another chance to see hour-long profile *Bruce Springsteen: A Secret History* (12.45am) and hit 2019 movie *Blinded by the Light* (1.45am) starring Viveik Kalra as Luton teenager Javed Khan, whose life is changed for ever when he first hears The Boss.**

Springsteen in 1975

Toxic TECH

Randall
Steve Carell
Randall is the second richest of the friends, but he's also suffering from a terminal illness.
Jeff
Ramy Youssef
Jeff is an AI tech wizard whose star is on the rise. His company has developed a filter that can identify and block AI-generated images.

Power-hungry billionaires cause global chaos in a film by **Jesse Armstrong**

NEW COMEDY DRAMA

Mountainhead

Sunday, 9pm, Sky Atlantic

Multi-award-winning series *Succession* skewered the lives of the super-rich as it followed media mogul Logan Roy and his treacherous, power-hungry family members. Now, its creator Jesse Armstrong is taking another deep dive into the world of the obscenely rich with his new movie project, *Mountainhead*.

Also making his directorial debut, Armstrong introduces us to four 'tech bro' heavyweights – Randall (Steve Carell), Souper (Jason Schwartzman), Venis (Cory Michael Smith) and Jeff (Ramy Youssef) – who meet at Souper's luxury mountaintop retreat for one of their regular poker weekends.

'These are rich guys who are constantly ranking themselves and thinking about their wealth, but it's their power that is the centre of the story,' says Armstrong. 'Because of tech, they have the ability to change how most of the people in the world receive information, and the quality and quantity of that information – and that's what really interests me.'

Souper's luxury retreat

The friends, who call themselves the Brewsters, are looking forward to a weekend of healthy competition, until they learn that powerful new generative AI tools, recently unveiled on Venis' social-media platform Traam, has caused financial and social chaos across the globe.

WORLD CRISIS

The update means that all users can create realistic content using AI, which has led to hate crimes, the spread of misinformation and the collapse of economies.

'Everyone is locked in this house, and there's a feeling of a pressure cooker,' says Armstrong, 54. 'Things are going crazy in the world and these guys think they can exert themselves. They could intervene to ameliorate the situation or make things worse.'

'It's causing economic and political turmoil,' adds Cory Michael Smith, 38. 'Venis is arguably the reason there is great distress around the world, and his friends are either holding him accountable or not, depending on their opinions about AI.'

While Venis is in denial about his role in the unfolding crisis, and Souper and Randall are for the most part indifferent to the moral implications of their quest to take tech to the next level, Jeff has a

WORDS: NATASHA HOLT. STEVEN PERKINS. PHOTOS: ADOBE STOCK, BBC, SKY, HBO

Souper
Jason Schwartzman
The only one of the 'Brewster' gang who is a millionaire rather than a billionaire, hence his nickname 'Souper', which stands for soup kitchen.

Venis
Cory Michael Smith
Venis, who created the social-media platform Traam, is the richest of the group but has caused financial chaos with his latest update.

The Brewsters face a dilemma

disturbingly different view.

'Jeff is really aware of the cost of progress and it seems to trouble him, but he's also still interested in the profit,' says Youssef, 34. 'The fact that he feels both so heavily means he could almost be the most dangerous. He's looking at the whole equation and still choosing his own pocket.'

Despite the backdrop of impending doom, *Mountainhead* is very much darkly comic and the cast enjoyed filming in Utah alongside comedian Steve Carell – although they struggled not to laugh at times.

'We had to learn so many lines in such a short amount of time that it was like, "I can't laugh right now. I've got to remember my next line",' adds Youssef. 'It was just panic. You've got to go, "Hi, Steve Carell. I've got to learn my lines. I don't have time to be in awe of you!"'

Ellis Howard stars as Byron

True love ways

A trans teenager's road to self-discovery...

NEW DRAMA

What It Feels like for a Girl

Tuesday, 9pm & 9.45pm, BBC3 (box set, BBC iPlayer)

Exploring the club scene

A teenager's journey towards accepting their sexuality and gender identity leads to chaos and crimes in BBC3's coming-of-age drama *What It Feels like for a Girl*.

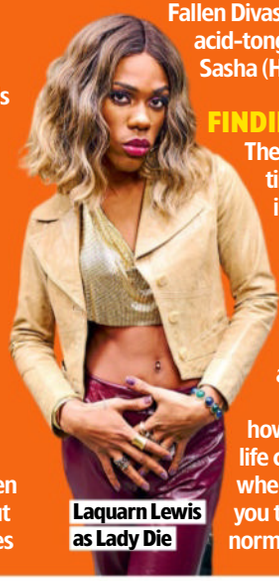
Based on journalist Paris Lees' memoir, the series follows Byron (*Red Rose*'s Ellis Howard), who feels suffocated growing up in the Nottinghamshire town of Hucknall at the turn of the millennium. Bullied and closeted, Byron yearns for escape – and will do whatever it takes to get out.

'Byron is sick of Hucknall, and of being beaten up,' Howard tells *TV&Satellite Week*. 'They're fed up with being in a town that doesn't understand them, but they also haven't found their own tribe yet.'

ESCAPE BID

Everything changes when Byron embarks on a passionate relationship with Max (Calam Lynch), but when Max disappears without explanation, Byron goes searching for him on the queer club scene in Nottingham – and finds a new spiritual home instead.

After meeting charismatic podium dancer Lady Die (Laquarn Lewis), Byron is adopted into Die's found family of misfits, The Fallen Divas, which also includes acid-tongued trans sex worker Sasha (Hannah Jones).


Laquarn Lewis as Lady Die

FINDING YOUR TRIBE

The series arrives at a time when trans people in the UK are battling to protect their rights, and the cast feel that the current climate makes the story they are telling all the more vital.

'It's a great view of how complicated one's life can be, especially when society is telling you that you don't fit the norm,' says Lewis.

The cast of *C*A*U*G*H*T*

Captive audience

Four Aussie soldiers find **social-media fame** when they are taken hostage

NEW COMEDY

C*A*U*G*H*T

From Sunday 1 June, ITVX

Hollywood stars Sean Penn and Susan Sarandon play it for laughs in this six-part satirical comedy about four dim-witted Australian soldiers who are captured while on a secret mission to a fictional war-torn island.

Mistaken for American spies and kidnapped by freedom fighters, the men look set to be killed when the Australian government shows no interest in saving them. But in a bold move, they convince their captors to let them produce a hostage video that will give publicity to the guerillas' cause.

GOING VIRAL

And when the fake video goes viral across the world, the soldiers quickly start to enjoy their global fame and hero status.

'The four of them try to get famous on social media and cable news rather than fight for their own freedom,' explains creator Kick Gurry, who also plays one of the soldiers. 'I wanted to put a bunch of Australians in this wild situation and have them still exist as they would if they were on a footy trip or at a wedding.'

Sean Penn plays a version of himself

The series includes Sean Penn as a self-important version of himself, who announces he's rescuing the soldiers, while *Lost*'s Matthew Fox plays macho US special-forces operative Lieutenant Pete and Susan Sarandon is savvy US Secretary of State Alaska Adams, who is forced to deal with clueless Aussie Prime Minister Warren Whistle (Bryan Brown).

'The series is a social commentary on the West's obsession with fame and

Forest of fear

A **serial killer is on the loose** in a gripping German crime drama

NEW CRIME DRAMA

The Black Forest Murders

Saturday, 9pm & 9.45pm, BBC4 (box set, BBC iPlayer)

The real-life murder of a young jogger lies at the heart of compelling crime thriller *The Black Forest Murders*, based on a 2016 police investigation in the south of Germany.

The subtitled miniseries – airing in double bills – follows the police hunt when a young woman is found dead after she goes out running.

Leading the search for the killer is senior detective Barbara Kramer (Nina Kunzendorf), who, fresh from heading up a criminal-investigation unit in Berlin, brings an outsider's eye to the case.

FIERCELY FOCUSED

'Barbara is not a typical TV crime detective,' says Kunzendorf, 53. 'She doesn't have an extensive backstory or deal with personal trauma – her investigation is the focus. I like that a lot, because it gives me and the audience room for interpretation.'

Having grown up in the area, Barbara's right-hand man, Thomas Riedle (Tilman Strauss), knows almost everyone in the village of Buchingen, where the victim lived. But even in this tight-knit community, hard evidence proves thin on the ground until a second murder rocks the region – and Barbara and Thomas fear they may now be looking for a serial killer.

As a dedicated police task force is assembled, parallels are soon drawn with the killing of another young woman in Austria four years earlier. Could all three murders be connected?

Inspired by a non-fiction book, the show's writers, Robert Hummel and Martina Mouchot, wanted to deliver a gripping murder-mystery while also exploring the challenges the police face when trying to solve complex crimes.

'In contrast to conventional crime stories, we wanted to portray the police work realistically,' says Mouchot. 'We were fascinated by how much time and effort the police put into the investigation – it's about their tenacious perseverance, but also the astonishing twists in the case.'

WORDS: ELAINE REILLY; ALISON SLADE; VICTORIA WILSON. PHOTOS: BBC, ITV

our fascination with social media,' says Gurry, 47, who also directs the show. 'We always used to say that celebrity and money won't buy you happiness – but it feels like no one listened.'

INSPIRATION

Gurry drew inspiration for the series from hit 1970s American comedy *M*A*S*H*, which he used to watch with his parents.

'For me, that was the show that broke the mould,' he says. 'Some episodes of *M*A*S*H* are the most heartbreaking television you can watch. They're devastating, but it's also a comedy.'

'We always used to say that celebrity and money won't buy you happiness'

KICK GURRY

Nina Kunzendorf as Barbara Kramer

STORY OF THE WEEK

SOAP WEEK

This week's soaps at a glance

Vanessa (left) and Tracy (centre) recount Nate's last days

EMMERDALE

Tracy gets harrowing news about Nate

» **Following the discovery** of a body in a lake, Ruby assumes her murder of abusive dad Anthony is about to be exposed. Caleb suggests they do a runner, but his wife slips out of the house and heads to the police station, intent on confessing. Can Caleb stop her from revealing something she lives to regret?

Ruby heads to the police station

Meanwhile, Tracy's world shatters when the police then pay her a visit and reveal the body is that of her estranged husband Nate, whom she thinks has been living in Shetland since autumn. As she's questioned about the last time she saw him, her sister Vanessa mentions Nate's beating by Cain, who wrongly believed his son had reignited his affair with Moira.

Cain is soon hauled into the nick for a grilling, and when he later offers Trace his support, she interprets his upset for guilt and starts to wonder if he's responsible for Nate's murder.

No one has any idea that the real killer is twisted paramedic John. Could Cain be charged with a crime he didn't commit?

» **PLUS** Kerry arranges some home help for struggling Pollard, April gets an upsetting blast from the past at a christening, Dawn pitches to be Belle's new business partner, and Sarah worries about how she'll fund IVF treatment.

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ALSO IN THE SOAPS THIS WEEK...

CORONATION STREET

» Eileen (above, with Steve and Tim) moves to Thailand with Jason, Carl hits on Abi again, Dylan's released from the STC, Tim arranges a fostering meeting, George is accused of a scam, and James returns from the States with baby Laila.

EASTENDERS

» Peter (right, with baby Jimmy) breaks up with Lauren, Alfie proposes to Kat, Harvey has a new business venture, Avani gets the better of Joel, Cindy relaunches The Albert, and George and Elaine clash.

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DIFFERENT CLASS

The enduring appeal of **Jarvis Cocker** and Britpop band Pulp

NEW MUSIC

Pulp: Radio 2 in Concert

Sunday, 10.45pm (times vary), BBC2

Approaching 50 years since they first got together, Sheffield band Pulp are still going strong, and will release their eighth studio album, *More*, on 6 June.

To mark the occasion, lead singer Jarvis Cocker and the group are playing a special televised gig, *Pulp: Radio 2 in Concert*, in front of a small audience at London's Broadcasting House, featuring some of their best-known hits and showcasing new tracks.

Originally formed in the late 1970s when Cocker was only 15, Pulp toiled away in the music business for years before breaking through during the 1990s Britpop era.

Performing at the Isle of Wight Festival in 2011

HITTING THE ZEITGEIST

Although they were lumped in with Oasis, Blur and Suede as part of Britpop's big four, Pulp's darkly comic songs about working-class life and love, along with Cocker's idiosyncratic style as a frontman, complete with geeky glasses and suit, set them apart.

Their 1995 album *Different Class* spawned their biggest hits, including *Common People* and *Disco 2000*, and Cocker, now 61, admits that he's surprised at the album's enduring popularity.

'I'm lost for words,' he told DJ Scott Mills in a recent BBC Radio 2 interview. 'When you make a record, you don't know how long it's going to last. Pop music is meant to be over in a pop.'

Although Cocker had waited a long time for success, it came at a price, notably when he gatecrashed Michael Jackson's performance at the 1996 BRIT Awards in a controversial, spontaneous move that was broadcast on live TV.

'People said at the time that it was a publicity stunt, but it wasn't really like that,' says Cocker. 'It had a toxic effect on my life.'

'I've attempted to retire many times. It didn't last'

JARVIS COCKER

Fans can also catch Pulp performing new songs on this week's *Later… with Jools Holland* on Sunday (10pm, BBC2). Cocker will also join Holland at the piano to talk about the band's latest reunion.

'I've attempted to retire many times,' he says. 'It didn't last. Music is kind of a magical thing. When I sing those old songs, when you manage to inhabit the song again, it unlocks it. You're tapping back into the energy of what you felt, and it comes back to life.'

Jarvis Cocker in 1996

WORDS: IAN MACEWAN. PHOTOS: ALAMY, SHUTTERSTOCK

LOOK WHO'S BACK...

A familiar face appearing in a new role this week

Vanessa Williams

Elsbeth

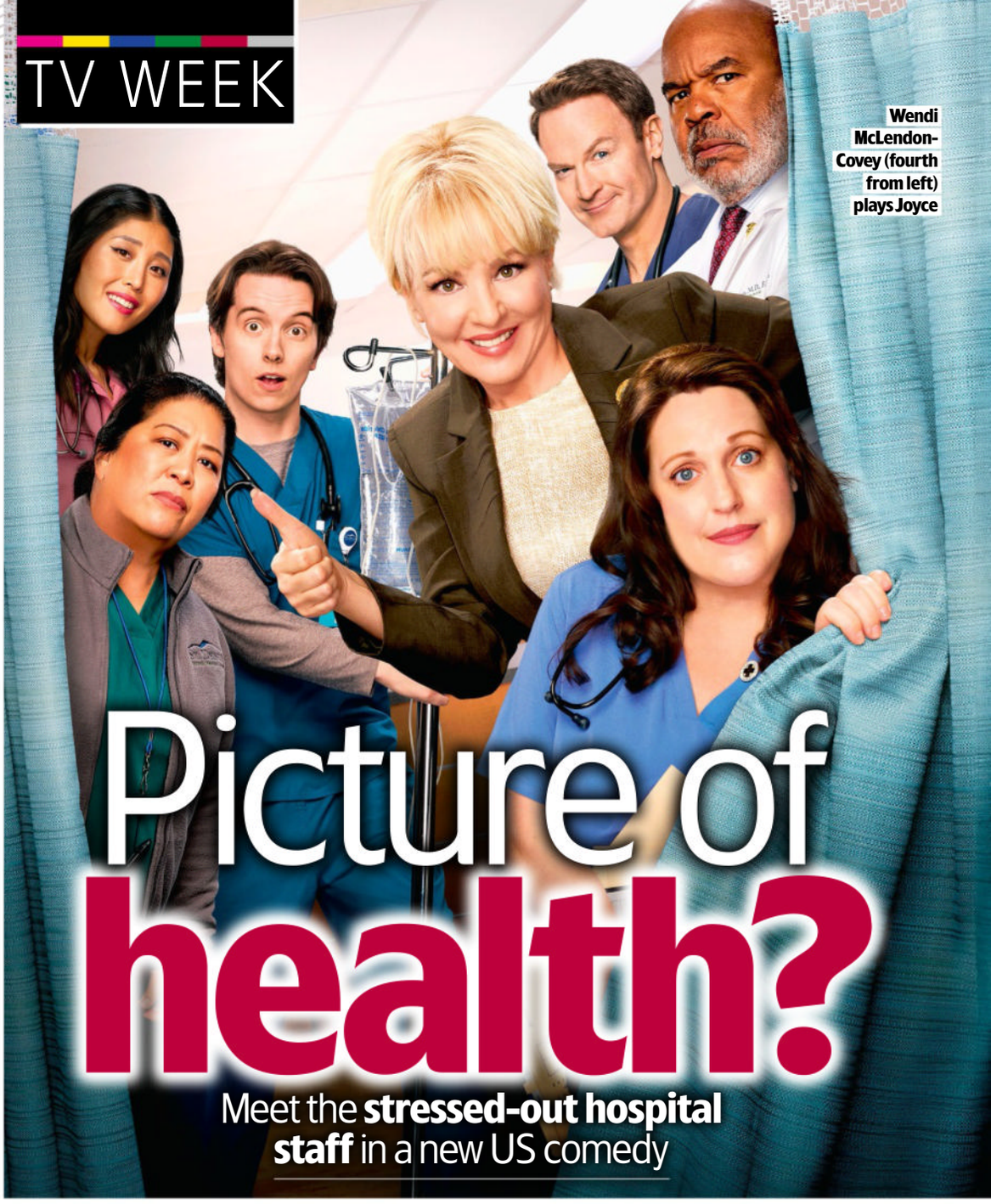
Monday, 9pm, Sky Witness

The former Miss America was born in 1963 and found success as a Grammy-nominated R&B singer before turning to acting with roles as magazine diva Wilhelmina Slater (inset) in *Ugly Betty* (2006-10) and troublemaker Renee Perry in *Desperate Housewives* (2010-12). She guest-starred in *The Good Wife* in 2015 and is currently on stage in London's West End in *The Devil Wears Prada*.

HER NEW ROLE

This week, Williams guest-stars in *The Good Wife* spin-off *Elsbeth* as Roslyn Bridwell, a wealthy divorcee with a grudge who's plotting a jewellery heist at New York's most-exclusive store during its reopening gala. But when the store's security chief is found poisoned, unconventional crime-fighter Elsbeth (Carrie Preston) and NYPD officer Kaya (Carra Patterson) step in to solve the murder. 'Had an absolute blast on set with the fabulous *Elsbeth* team,' Williams posted after her episode. 'Tons of glamour, drama and, of course, murder!'

Vanessa Williams as Roslyn Bridwell



Wendi McLendon-Covey (fourth from left) plays Joyce

Picture of health?

Meet the **stressed-out hospital staff** in a new US comedy

Belinda and the Doctor

LAST ONE **SCI-FI**

Doctor Who

Saturday, 6.50pm, BBC1

Calling time

Is it the end for **Ncuti Gatwa**'s Doctor in the action-packed finale?

The battle is on to save the world in this week's *Doctor Who* finale in the wake of the Rani's audacious plot to completely rewrite reality.

Her scheme to free Omega, one of the original Time Lords, from his current state of non-existence has caused Earth to start disintegrating – and with millions of human lives at stake, the Doctor (Ncuti Gatwa) is determined to stop the Rani (Archie Panjabi), with the help of companions Belinda (Varada Sethu) and Ruby (Millie Gibson).

WORDS: HANNAH DAVIES, REBECCA FLETCHER, SEAN MARLAND, STEVEN PERKINS, ELAINE REILLY, VICTORIA WILSON. PHOTOS: BBC, C4, GETTY, ITV, SKY

Josh Lawson as Bruce (left)

NEW COMEDY

St. Denis Medical

Friday, 10.40pm & 11pm (times vary), BBC1 (box set, BBC iPlayer)

If you're a fan of American school mockumentary *Abbott Elementary*, then check out the latest workplace sitcom to hit our screens, *St. Denis Medical*.

Set in the fictional town of Merrick, Oregon, the series follows the overworked staff of an underfunded hospital as they deal with a revolving door of patients and problems.

The Goldbergs' Wendi McLendon-Covey stars as Joyce, an oncologist turned executive director, who has aspirations of putting St. Denis on the map as a centre of excellence.

LOVABLE ODDBALLS

'Joyce would describe herself as a super-efficient visionary and a team leader with a certain set of skills that nobody else has,' says McLendon-Covey in a video chat with *TV&Satellite Week*. 'Her employees would say she keeps the lights on but spends money in ridiculous ways, is out of her freaking mind, and that her big picture makes no sense!'

Those co-workers include workaholic senior nurse Alex (Allison Tolman), grumpy emergency doctor Ron (David Alan Grier), egotistic trauma surgeon Bruce (Josh Lawson) and naive nurse Matt (Mekki Leeper).

'As it goes on, you find out that Matt was raised in a doomsday cult, and that Ron and Joyce have a long history,' shares McLendon-Covey, who also gets the chance to perform cartwheels and play the marimba during the run.

'I took marimba lessons but I can only play half of *Lean on Me*. The cartwheel came about when the showrunners asked me to act like a cheerleader just before we filmed a scene. I think I surprised them by being willing to go that far!'

EVEN MORE LAUGHS

Created by Justin Spitzer (*Superstore*) and Eric Ledgin (*It's Always Sunny in Philadelphia*), the show debuted in the US last year and has been recommissioned for a second season.

'I'm thrilled you guys in the UK are getting the show,' smiles McLendon-Covey. 'I love shows like *Father Ted*, *The Golden Girls*, *Cheers* and *The Office*, so that's the type of comedy I want to put into the world.'

'It's probably going to be the most dangerous battle the Doctor has ever faced,' Gibson, 20, tells *TV&Satellite Week*. 'This one is pretty epic. There's heartbreak and loss, but also a lot of surprises.'

The fight is personal for Ruby, as the Rani's new reality is ruled by Conrad Clark (Jonah Hauer-King), Ruby's conspiracy-theorist ex – and she's determined to take him down.

CONFLICT

'Ruby showed Conrad mercy, and now he's ended up ruining the whole world,' says Gibson. 'What she's feeling right now is anger and betrayal all over again, but we may see a different side to that.'

While the outcome of the Doctor's battle to save Earth remains to be seen, Gibson is keeping mum on the rumours that this could be the final fight for Gatwa's incarnation of the Doctor, with a new actor potentially poised to take over the role...

'You know we never give anything away,' she smiles. 'We don't want to spoil anything!'

Millie Gibson as Ruby

Billie Piper and David Tennant

● **Meanwhile, ex-*Doctor Who* stars David Tennant, Jodie Whittaker and Billie Piper celebrate 20 years since the show was revived in *Doctor Who: Unleashed* (Saturday, 8pm, BBC3), with contributions from the current cast and showrunner Russell T. Davies.**

WHAT ELSE CAN I WATCH?

We search the TV schedules to uncover the shows you might have missed...

NEW The Rookie

Tuesday, 9pm, Sky Witness

LAPD officer John Nolan (Nathan Fillion, above centre) is back patrolling the streets as the crime drama returns for a seventh run. As John recovers from a gunshot wound he sustained in the Season 6 finale, the team welcomes two new recruits, continue to pursue prison fugitives Oscar and Jason, and hunt a criminal gang who have their hands on a stolen nuclear device – leading to a dramatic shoot-out.

Joanna Lumley's Danube

Friday, 9pm, ITV1

LAST ONE

Dame Joanna Lumley's 1,800-mile journey comes to an end in Romania, where she takes a trip to Bran Castle, said to have inspired Bram Stoker's 1897 novel *Dracula*. 'I'm not only a Bond girl but a Dracula girl,' says Lumley (right), who starred in 1974's *The Satanic Rites of Dracula*. 'Having been in a Dracula film and to arrive at his castle is pretty exciting.'

Britain's Got Talent

Saturday, 7pm, ITV1

LIVE FINAL

It's time for the grand final, hosted by Ant and Dec (both pictured). But who will win a coveted spot at the Royal Variety Performance? Among the finalists are opera-singing drag diva Jasmine Rice, table tennis-themed dance troupe Ping Pong Pang, singer Stacey Leadbeatter, guitarist Olly Pearson and Post Office choir Hear Our Voice.

Matt Baker's British Isles

Tuesday, 9pm, More4

NEW

Matt Baker is on his travels again, this time meeting ordinary people with fascinating stories. In the first episode of the four-parter, Baker (right) visits a vineyard in Kent, Crathie village in Scotland and the Rhondda Valley in Wales. 'I'm celebrating the unsung heroes – no one famous, but people doing amazing things that shape modern British life,' he says.

WATCHLIST

YOUR

NETFLIX

prime

BBC iPLAYER

Disney+

4

sky box sets

NOW

tv+

Owen Wilson plays Pryce Cahill

Iron man

Owen Wilson is a washed-up golfer who hopes a talented teenager can help him get back in the swing

The best of **Netflix, Prime Video, Disney+** and more...

Wilson with Peter Dager and (below) Marc Maron

tv+ Stick

NEW *Available: Wed 4 June*

Genre: Comedy Season: 1 Eps: 10 (first three eps from 4 June, then weekly)

Some actors go to huge lengths to prepare for a role – whether it's Christian Bale losing more than 4st for *The Machinist* or Benedict Cumberbatch getting nicotine poisoning during the making of *The Power of the Dog*.

For Owen Wilson, however, the preparation for comedy *Stick* was far more enjoyable, although no less committed.

Having never played golf before, the Hollywood star had two years of lessons before unleashing his skills in Apple TV+'s 10-part series, in which he plays a washed-up ex-professional.

'My dad was a good golfer and both my brothers played, but I didn't learn. My excuse was that I was left-handed and they only had right-handed clubs,' reveals Wilson, 56. 'By the end of my lessons, I went out to play with my brother Luke and I was out-driving him.'

A BRIGHTER FUTURE

Wilson plays Pryce Cahill, whose career was derailed 20 years ago when he suffered a meltdown on live TV during a prestigious tournament. After losing his job and watching his marriage to Amber-Linn (Judy Greer) fall apart, he doesn't know where to turn – until he stumbles upon Santi Wheeler (Peter Dager).

The 17-year-old golfing prodigy hits a ball better than anyone Pryce has ever seen, and Pryce knows that, with his guidance, the youngster could go all the way to the top.

After a series of false starts, Santi accepts Pryce's offer to become his coach, and as the pair try to qualify for the professional tour, they are joined by Santi's mother Elena (Mariana Treviño) and Pryce's former caddy Mitts (Marc Maron).

'It's interesting to see these relationships unfold with this found family on the road,' says *Zoolander* star Wilson. 'It's something that has been missing in his life, that sense of shared purpose.'

The cast includes Lilli Kay as Zero, who becomes Santi's caddy, while golf fans will spot cameos from real-life pros including Collin Morikawa and Keegan Bradley.

The series has already drawn comparisons with *Ted Lasso*, and creator Jason Keller hopes that *Stick* will be equally successful.

'I want viewers to relate to our characters in a very real way,' he says. 'I want viewers to ultimately feel good about what they've watched.'

What we're watching...

The shows being enjoyed by the *TVSW* team

NETFLIX A Deadly American Marriage

Genre: Documentary
Episodes: One-off

A gripping true-crime documentary with many twists and turns about the death of Irishman Jason Corbett and the murder trial of his American wife Molly Martens and her father Tom, a former FBI agent. On 2 August 2015, Tom called the police to Jason and Molly's home in North Carolina, saying he had hit Jason with a baseball bat to prevent him from harming his daughter. The crime scene was horrific and Jason had multiple injuries, so was it murder or self-defence?

NETFLIX Nonnas

Genre: Comedy
Episodes: One-off

Four Italian-American grandmothers – or 'nonnas' – are hired by Joe Scaravella (Vince Vaughn) to cook in his restaurant in New York's Staten Island in a warm-hearted comedy inspired by a true story.

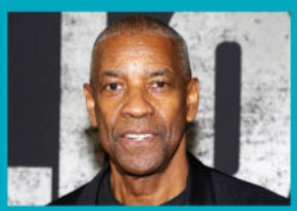
Acorn tv Harry Wild

Genre: Crime drama
Season: 4 Episodes: 6 (released weekly)

Jane Seymour returns as retired literary professor turned private detective Harriet Wild in the fourth season of the easy-to-watch Irish series, with Rohan Nedd as her young colleague Fergus.

Now in production...

Three upcoming shows to look out for soon



NETFLIX Here Comes the Flood

Netflix's thriller, starring Denzel Washington (above), Robert Pattinson and Daisy Edgar-Jones, will follow the interlinked fortunes of a bank guard, a teller and a top thief as they become embroiled in the double-crossings of a twisty heist.

tv+ Wild Things

Jude Law (above) and Andrew Garfield will play real-life magicians Siegfried and Roy in Apple TV+'s eight-part drama, exploring the relationship between the couple who tried to make Las Vegas family-friendly – until a shock incident with a tiger at one performance.

NETFLIX Bridgerton

The Netflix period drama will return for a fifth and sixth season as the Bridgerton family get involved in more romantic escapades. Set to air next year, the fourth season will see second son Benedict (Luke Thompson, above) falling for mysterious Sophie (Yerin Ha).

WORDS: CAREN CLARK; JUDY EWENS, SEAN MARLAND. PHOTOS: ACORN TV, APPLE TV+, GETTY, NETFLIX

Tom Daley in the new documentary

Taking the plunge

Olympic superstar **Tom Daley** shares the story of his life and career

discovery+ Tom Daley: 1.6 Seconds

NEW *Available: Sunday 1 June*
Genre: Documentary

Five-time Olympic medallist Tom Daley has lived most of his life in the spotlight, with his greatest victories and biggest disappointments making national headlines. Now, the Plymouth-born diver gets the chance to tell his story in his own words in a feature-length film on Discovery+.

'There's lots of footage in the film that I'd never seen before and didn't know existed, so I'm basically seeing it for the first time with the viewers,' reveals Daley of the documentary, which takes its title from the 1.6 seconds it takes for a diver to hit the water when diving from 10 metres.

A prodigy from a young age, the 31-year-old sports star was selected for the 2008 Beijing Olympics at the age of 13, but his teenage years were beset by heartbreak as he lost his beloved father, Robert, to cancer three years later.

'Some of the videos of me and my dad caught me off guard,' admits Daley. 'In particular, there's one shot that is a close-up of him and me as a baby, and I look so much like my own son Phoenix. My dad knew he would be leaving his wife and three kids behind – that must have been horrible.'

Daley went on to win a bronze medal at the 2012 Olympics in London, while he also made the news when he came out as gay in a self-recorded video in 2013.

With his father Robert in 2010

PERSONAL TRIUMPH

'Certain parts of my life felt completely out of control. So when I knew I was going to come out, I didn't want to worry about people twisting my words. That moment changed everything,' recalls Daley, who has two sons, Robbie and Phoenix, with his husband, Oscar-winning screenwriter Dustin Lance Black.

At the Tokyo Olympics in 2021, he finally achieved his dream and claimed a gold medal alongside Matty Lee in the synchronised 10m platform event.

'That was an amazing moment, but it wouldn't have meant as much without my Lance and our children,' says Daley, who retired in 2024 after winning a silver medal at the Paris Games. 'I knew that no matter how I did, I was going to go home to a family that loves and supports me, and that was so freeing.'

Kieran (Charlie Vickers) goes digging

Secret KILLER

A brutal murder unearths a years-old mystery...

NETFLIX The Survivors

NEW *Available: Friday 6 June Genre: Drama*
Season: 1 Episodes: 6

'Secrets don't die with the dead…' That's the tag line of new Australian thriller *The Survivors*, a gripping whodunnit that focuses on old wounds, submerged secrets and simmering grief.

Set in the fictional seaside town of Evelyn Bay, Tasmania, the six-part crime drama stars Charlie Vickers as Kieran Elliott, whose life was changed for ever 15 years ago when two people close to him drowned in a terrible storm, while a young woman also went missing.

But as Kieran returns to his childhood home with his new family in tow, the past resurfaces when a woman is found murdered after digging into the 15-year-old mystery.

With the community once again rocked by tragedy, the investigation not only threatens to uncover old mysteries, but also reveal a secret killer amongst them.

'The show's themes are grief and loss,' says showrunner Tony Ayres. 'What I also love about the series is that big emotions play out in this big landscape. That's why Tasmania works so well. It's at an emotionally operatic scale.

'The show is a Trojan Horse. It's a family melodrama disguised as a murder mystery because the things that are really at its heart are things like a son wanting his mother's love, and the mother who can't afford to give it because her world might fall apart.'

Kieran and partner Mia (Yerin Ha)

WORDS: CAREN CLARK, HANNAH DAVIES, SEAN MARLAND, RICHARD MCCLURE. PHOTOS: BBC, C4, DISCOVERY+, ITV, NETFLIX, SHUTTERSTOCK

Taraji P. Henson stars as Janiyah

Breaking point

A single mother is pushed to the limit with devastating consequences

Janiyah has to care for her sick daughter

Teyana Taylor and Rockmond Dunbar play police officers

NETFLIX

Straw

NEW

Available: Friday 6 June
Genre: Thriller

Best known for her Golden Globe-winning role as wealthy music mogul Cookie in drama series *Empire*, Taraji P. Henson plays a character at the opposite end of the social spectrum in new thriller *Straw*.

Written and directed by Tyler Perry, the film follows struggling single mother Janiyah, who reaches breaking point when she is evicted from her home.

'Janiyah is just trying to survive, trying to be a great mother to her child, and then the circumstances in her life cause her to be in this situation,' says Perry, 55. 'A lot of people around the world will be able to relate to that feeling of, "I'm at my last straw."'

While trying to cash a cheque to help her care for her sick daughter, Janiyah is accused of attempting to rob the bank. As events spiral out of control, she ends up in a terrifying hostage stand-off with the police.

'Janiyah doesn't have much in life, but she has a lot of love for her child,' explains Henson, 54. 'She's trying to make the best of the cards that she's been dealt in life. But she finds herself in this horrible situation.'

Despite her movie-star lifestyle, Henson says she was able to draw upon her past experiences as a single mother for the role.

UP AGAINST IT

'I understood Janiyah's struggles,' she says. 'My son, to this day, will not eat oatmeal because that was the subsidised food you would get on welfare – every morning he'd have it, so much so that he doesn't have a taste for it any more. It wasn't hard for me to reach back to those memories.'

Perry is known for working quickly, and the film was shot in just four days.

'He knew he had a limited amount of time with me and used it wisely,' reveals Henson. 'The subject matter is a bit dark, so I was happy to only live in Janiyah's world for four days. She is very different from any other character I've ever played and there are some crazy twists and turns that will take you by surprise.'

EVERYONE'S TALKING ABOUT...

We point you towards the TV moments you won't want to miss on catch-up

Travels with Agatha Christie & Sir David Suchet

Starting in Africa as he retraces the crime writer's 1922 global tour for More4's series, the actor is moved to tears by the stunning Victoria Falls.

Code of Silence

ITV1's thriller stars Rose Ayling-Ellis as Alison, a deaf woman who works in a police canteen. When officers ask her to use her lip-reading skills to monitor a gang planning a robbery, she develops a dangerous bond with one of the criminals.

The Bombing of Pan Am 103

BBC1's drama about the aftermath of the 1988 terrorist attack over Lockerbie sees DS Ed McCusker (Connor Swindells) arrive at the debris-strewn site to witness the carnage caused by the plane crash.

The British Blood Scandal

Angela Newcombe speaks about the loss of her son Neil in ITV1's documentary, which explores how many haemophiliac children died after being treated with infected blood in the 1970s and 1980s.

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Pick of the new releases

The best new shows to enjoy this week on streaming services...

Good Boy
Saturday 31 May

Korean action comedy. Ex-Olympic medallists in boxing, shooting, fencing, wrestling and discus throwing become special police officers, each using their sporting prowess to fight violent crime.

Tom Daley: 1.6 Seconds
Sunday 1 June

Documentary about the former Olympic champion that takes its title from the critical time in diving between jumping off the 10m platform and entering the pool. Charting Daley's career from his first Olympics in Beijing 2008, aged just 14, to his life now post-retirement, the film includes candid interviews with the diver. See feature, page 16.

C*A*U*G*H*T
Sunday 1 June

Satirical comedy starring Sean Penn, Susan Sarandon, Bryan Brown and *Lost*'s Matthew Fox. Four Aussie soldiers sent on a secret mission to a war-torn country are captured by freedom fighters. Mistaken for Americans, they produce a hostage video that goes viral, giving them the celebrity status they crave. See feature, page 8.

Relative Secrets
Monday 2 June

Jane Seymour hosts this true-crime/genealogy series that investigates dark mysteries at the heart of ordinary US families, with the aim of solving them and discovering how each mystery connects the family to their UK heritage.

Stick
Wednesday 4 June

Comedy starring Owen Wilson as a newly divorced, washed-up ex-pro golfer, recently fired from his job at a sporting-goods store, who hopes to turn his life around by mentoring a troubled 17-year-old golf phenomenon (Peter Dager). See feature, page 14.

Geordie Stories: Sophie's Fertility Journey
Wednesday 4 June

Geordie Shore's Sophie Kasaei, who has openly discussed her desire to start a family with her other half, *TOWIE*'s Jordan Brook, shares her fertility journey in an emotional docuseries, which previously aired as *Every Woman* on MTV's YouTube channel.

Barracuda Queens
Thursday 5 June

The second season of the Swedish drama, inspired by real events. A group of young women in an affluent Stockholm suburb carry out elaborate heists.

Max Verstappen – Simply Lovely
Friday 6 June

Documentary that goes behind the scenes of the Dutch racing driver's journey to his fourth Formula One world title in 2024. The champion reflects on the year that cemented his legacy as one of the greatest drivers in F1 history.

K.O.
Friday 6 June

French action drama starring mixed-martial-arts fighter Ciryl Gane as Bastien, who accidentally killed his opponent Enzo in an MMA fight three years ago and has lived as a recluse ever since. One day, Enzo's widow turns up and asks Bastien to find her missing teenage son.

Tires
Thursday 5 June

The second season of the comedy co-created by and starring Steve Gerben as Will, who manages a branch of his family's struggling auto-repair business, where he has to deal with the behaviour of his obnoxious cousin and employee Shane (Shane Gillis).

Ginny & Georgia
Thursday 5 June

In the third run of the comedy drama, Georgia Miller (Brianne Howey, above) has just been arrested for murder during her wedding. It has always been her and daughter Ginny (Antonia Gentry) against the world, but is this a step too far for Ginny?

Agent Recon
Friday 6 June

Sci-fi film starring action-movie legend Chuck Norris as the leader of a covert military task force. He calls upon a rookie (Derek Ting), who has acquired superpowers from exposure to ancient alien dust, to join a team of Marines on a reconnaissance mission to a secret base in New Mexico, where they are confronted with a formidable entity with superhuman strength.

The Survivors
Friday 6 June

Australian drama. Fifteen years after two people drowned and a young girl went missing in a terrible storm, Kieran Elliott (Charlie Vickers) returns to his seaside home town. When the body of a young woman is found on the beach, the investigation into her death threatens to reveal long-held secrets. See feature, page 16.

Mercy for None
Friday 6 June

Korean crime drama. A former gangster tries to uncover the truth behind his brother's death and embarks on a relentless quest for revenge.

Phineas and Ferb
Friday 6 June

In the fifth season of the animated musical comedy, Phineas, Ferb and co are ready for more exciting adventures in another endless summer.

Predator: Killer of Killers
Friday 6 June

Adult animated sci-fi action film set in the Predator universe. The anthology story follows three of the fiercest warriors in history: a Viking raider, a ninja in feudal Japan, and a World War Two pilot. But they are all merely prey for the ultimate killer of killers.

Pale Mountains
Friday 6 June

Italian/German crime drama from Walter Presents, set in an Italian city where many residents speak German. Eva Kofler, an ambitious German-speaking assistant DA, and tormented Italian detective Paolo Costa hunt for a serial killer whose victims are all German speakers. Starring Elena Radonicich and Matteo Martari.

Straw
Friday 6 June

Thriller written and directed by Tyler Perry. A hard-working single mother (*Empire*'s Taraji P. Henson) struggling to care for her ill daughter is pushed to breaking point, which leads her to a shocking act of desperation. Sherri Shepherd and Teyana Taylor co-star. See feature, page 17.

WORDS: JUDY EWENS. PHOTOS: GETTY, NETFLIX

Documentaries

Remembering Lockerbie

Loved ones pay tribute to the people who boarded **Pan Am 103**, never to come home

The wreckage of Pan Am Flight 103

Rev John and Lisa Mosey lost daughter Helga in the tragedy

NEW FACTUAL

Lockerbie: Our Story

Tuesday, 9pm (times vary), BBC2

The stories of six people who lost their lives in the 1988 Lockerbie bombing are told by their families and friends for the very first time in BBC2's poignant documentary *Lockerbie: Our Story*.

Thirty-eight minutes into Pan Am 103's flight from London to New York, the passenger jet was blown up over the Scottish town of Lockerbie. All 259 on board died, plus a further 11 on the ground.

But while the current BBC1 drama *The Bombing of Pan Am 103* focuses on the crash investigation, this film hears from the victims' loved ones as they share their personal photographs, letters and home-video footage.

Victims Helga Mosey (left) and Olive Gordon

Among the victims was 25-year-old Olive Gordon, who was heading to New York on a shopping trip.

'Olive was very bubbly, very full on. You wouldn't forget her if you knew her,' recalls her sister, Donna. 'She was excited about going to New York. When she left, she hugged me and told me she loved me.'

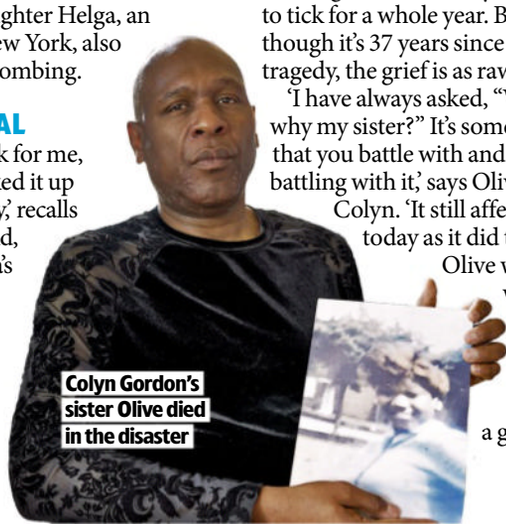
Tragically, most of the families and friends heard they'd lost their loved ones while watching the news that evening, including Rev John Mosey and wife Lisa, whose 19-year-old daughter Helga, an au pair in New York, also died in the bombing.

EMOTIONAL

'It didn't click for me, but Lisa picked it up straight away,' recalls John. 'She said, "That's Helga's plane…" There was a stunned silence, then the silence was broken by our son Marcus shouting, "No, no, no!"'

The families also talk about visiting the crash site at Lockerbie and having their loved ones' personal possessions returned to them. Helga's watch, which she was wearing that fateful day, continued to tick for a whole year. But even though it's 37 years since the tragedy, the grief is as raw as ever.

'I have always asked, "Why her, why my sister?" It's something that you battle with and I'm still battling with it,' says Olive's brother Colyn. 'It still affects me today as it did then. But Olive would have wanted us to live a full life like she did, having a good time.'



Colyn Gordon's sister Olive died in the disaster

WORDS: HANNAH DAVIES, IAN MACEWAN, REBECCA MAHONEY PHOTOS: BBC, C4, GETTY, SKY

Who Do You Think You Are?

Tuesday, 9pm, BBC1

Singer and actor Will Young (above) becomes the latest celebrity to explore their family tree, learning about his paternal grandfather Digby. He died before Young was born and had never talked about his time in the RAF during the war, which included escaping by bicycle from a Nazi prisoner-of-war camp.

Diddy in Plain Sight: Untold

Tuesday, 11.05pm, C4

American rapper Sean Combs, aka Diddy (above), is on trial for sex-trafficking and racketeering. In this one-off documentary, people close to the musician – who denies all the charges – give their take on why it took so long for these allegations to come to light, and what might have deterred people from coming forward.

Scandinavia with Simon Reeve

Sunday, 9pm, BBC2

On the final leg of his trip, Reeve (above, right) is in Malmö, Sweden, to learn about the increase in gang warfare that has seen the country's murder rate rise dramatically. He also meets a Professor of Happiness at Stockholm's School of Economics, before finishing his Scandinavian tour in Denmark.

The Other 300: Army of Lovers

Sunday, 9pm, Sky History

In 379 BC, elite Greek fighting force the Sacred Band, made up of 150 pairs of male lovers, was formed in Thebes to defend against Sparta. It was undefeated for decades before being wiped out by the army of Philip II of Macedon, and remained forgotten until the excavation of a mass grave in the 19th century.

Hidden Treasures of the National Trust

Friday, 9pm, BBC2

The two properties featured this week both have links to the English Civil War. London's Ham House (above) was home to flamboyant Royalist the Duchess of Lauderdale, while Corfe Castle in Dorset – now the site of the National Trust's biggest conservation project – was razed by Parliamentarians in 1646.

Guy Martin on the Saigon River in Ho Chi Minh City

Good morning, Vietnam

Guy Martin marks the 50th anniversary since the end of the war

NEW TRAVELOGUE

Our Guy in Vietnam

Sunday, 9pm, C4 (box set, Channel 4 Streaming)

With its wild terrain and intricate history, Vietnam has always fascinated motorcycle racer turned TV adventurer Guy Martin, who's back on the road this week in a new two-part travelogue.

Our Guy in Vietnam explores the Southeast-Asian nation's booming economy and high-tech visions of the future. This week's first episode follows Martin on the trail of the Vietnam War in the 50th-anniversary year of its conclusion.

But before heading to the villages that were once battlefields, he stops at the renowned Train Street in the capital Hanoi to watch a locomotive squeeze down an alley packed with cafes and tourists.

'I don't normally do tourist things, but I'm making an exception for Train Street,' says Martin, 43. 'If you're like me, when you think of Vietnam, you automatically think of the war. That was 50 years ago, so there's no better time to come and see how things are ticking along.'

DANGER AREA

From Hanoi, Martin journeys 400 miles south to Quang Tri, a province marked by intense fighting in the 1955-1975 conflict, to examine a Bell UH-1 Iroquois 'Huey' helicopter.

Then, after riding through part of the Ho Chi Minh Trail, once fraught with booby traps, Martin's travels take a tense turn when his metal detector frantically buzzes while helping a bomb-disposal team locate unexploded ordnance.

'About one-third of bombs dropped during the war still lie in the ground unexploded today,' he explains. 'The only way to deal with them is with a controlled explosion.

'There have been so many casualties since the end of the war, from kids seeing a shiny bit of metal and grabbing it to a farmer's plough running into a cluster bomb. It's been going on for years.'

All loaded up and ready to go

Films Our pick of this

Pyramid scheme: John and co

Fountain of Youth

MOVIE OF THE WEEK

John Krasinski and **Natalie Portman** are siblings on a wild hunt for immortality

FANTASY ADVENTURE

Available now, AppleTV+ ★★★★

As with all the major streaming companies, Apple wants a signature movie with which to hang their hat. And after major success with the likes of *CODA* and *The Gorge*, they have turned to Guy Ritchie in the hope of delivering a crowd-pleasing blockbuster adventure for them. And, for the most part, he succeeds.

In the role of lovable rogue, John Krasinski steps in as Luke Purdue, a smart-ass art thief and fortune hunter who persuades his uptight museum curator sister Charlotte (Natalie Portman) to join him on a journey around the world in search of the titular water source. He and his merry band of outlaws are funded by dying billionaire Owen Carver (Domhnall Gleeson), who is determined to discover the fountain and regain his health, no matter what the cost. But also on their heels is the mysterious Esme (Eiza González), tasked with stopping the Purdues from finding the magical wet stuff by any means necessary.

It's a big, rumbustious, fantastic-looking affair, full of epic action, code cracking and near-death traps – essentially Indiana Jones blended with Nicolas Cage's *National Treasure* movies. But could this be the next big franchise? Krasinski and Portman have a lot of fun together, while Gleeson and González bring extra class, too, in a big, flashy yarn that is wildly enjoyable. 2025, 12, 125MIN

STAR RATINGS ★★★★★ **Excellent** ★★★★ **Very good** ★★★ **Good** ★★ **Average** ★ **Poor**

WORDS: JASON BEST, JAMIE GRAHAM, NIGEL PIZEY PICTURES: ALAMY

More premieres and Day by Day planner ›››

week's Best Movies

COMEDY

One of Them Days

Available now from digital stores, including Prime Video and Sky Store ★★★

Roommates and besties Dreux (Keke Palmer) and Alyssa (singer SZA) find their friendship, their apartment and even their lives on the line after their rent money is squandered by Alyssa's sketchy boyfriend Keshawn (Joshua David Neal). With nine hours to go before their grasping landlord evicts them, they race back and forth across South LA in a desperate bid to raise the missing cash – only to encounter an escalating series of disasters. This breezy buddy comedy stumbles once or twice when it hits the odd narrative speed bump, and occasionally veers off course when it steps too hard on the slapstick pedal, but for the most part the action barrels along entertainingly thanks to the charisma and chemistry of its stars. 2025, 15, 97MIN

Sitting it out: SZA and Keke

Models of society: Grace and Gilbert with their dad

ANIMATION

Memoir of a Snail

Available now, BFI Player ★★★★

Part Grimm fairy tale, part grim reality, this wonderful piece of Australian stop-motion animation is simply sensational. It recounts the story of twins Grace (voiced as an adult by *Succession*'s Sarah Snook) and Gilbert (Kodi Smit-McPhee), separated as kids after the death of their parents and each sent to live on opposite sides of the country, vowing to eventually find one another again. It's adult in tone with a deft poetry to it, even as it deals with a wildly eclectic range of thorny subjects: from religious zealotry to sexual kinks. Told from Grace's perspective, the tale is miserable, hilarious, surreal and surprisingly grounded, bolstered by animation from director Adam Elliot that hits home the emotional swings with masterful accuracy. 2024, 15, 95MIN

COMEDY WHODUNNIT

See How They Run

Saturday, 9.25pm, C4 ★★★★

Here's a delight, a comedy mystery set in 1950s London that boasts a starry ensemble and, at its heart, hilarious and lovable screen duo Inspector Stoppard (Sam Rockwell) and Constable Stalker (Saoirse Ronan). Just as Agatha Christie's *The Mousetrap* racks up its 100th performance on stage, Leo Kopernick (Adrien Brody), the US movie director set to adapt, is murdered backstage. As relationship dynamics and back stories come to light, everyone's a suspect. This captivating, chuckle-chocked movie takes in the likes of David Oyelowo, Ruth Wilson and Reece Shearsmith, but belongs to Rockwell and Ronan. 2022, 12, 98MIN

Clue do: Sam and Saoirse

Fiery: Arianna and Jason

ACTION

A Working Man

Available now, Prime Video ★★★

Jason Statham appears to be an everyman construction worker but, of course, he's not, and when the daughter (Arianna Rivas) of his nice boss (Michael Peña) is kidnapped he needs all his past military skills (and comrades) to tackle the human traffickers (led by Jason Flemyng) responsible. Plus, he's a widower trying to wrestle his little daughter (Isla Gia) from his father-in-law's clutches. Director David Ayer delivers the requisite fight scenes, ropey dialogue and disposable bad guys and Statham, as always, does what he does well. But the odd surprise or twist would have been welcome. 2025, 15, 116MIN

Films

SUPERHERO

Venom: The Last Dance

Friday, 12.15pm & 8pm, Sky Premiere ★★★

For this trilogy closer of the *Venom* saga, bedraggled hero Eddie Brock (Tom Hardy) and his brains-loving alien symbiote must tackle Knull, god of symbiotes, who's intent on escaping his prison on a far-flung planet to kill all symbiotes and, while he's at it, the human race. Only he needs the Codex if he's to slip his chains, and for that he needs Venom. Enter the Xenophage, Knull's version of a Rottweiler. This outsized, snarling beast can sense Venom whenever he shows himself (which, mysteriously, he does).

Meanwhile, at Area 51, Dr Payne (Juno Temple) studies symbiote matter; cop Mulligan (Stephen Graham), reportedly dead, is in fact proving a stable host to a green symbiote; and General Strickland (Chiwetel Ejiofor) decides to kill Eddie, or Venom, or both, as soon as he learns of the Codex and its world-ending possibilities.

It's a lot, but it all boils down to one big chase, our bros going on the lam to escape not just the Xenophage but Strickland and co. Where this movie shines is in the incessant bicker-banter between Eddie and Venom (also voiced by Hardy). It's just a shame that their final battle cry evokes not exhilaration, but relief. 2024, 12, 109MIN

Hidden gems Great movies you might have missed...

CHILLER

Cronos

BFI Player ★★★★

The debut film from Mexican director Guillermo del Toro, who went on to helm *Pan's Labyrinth* and *The Shape of Water*, is a modern-day twist on the vampire legend. A 16th-century device, a sort of cross between a Fabergé egg and an antique timepiece, gives its wearer immortality – while sucking the person's blood. Del Toro has created a truly Gothic horror film that is ravishing to look at, even if the story is stretched rather thinly. Subtitled. 1992, 18, 92MIN

THRILLER

I Came By

Netflix ★★★★

Two graffiti artists, Toby (George Mackay) and Jay (Percelle Ascott), get their kicks breaking into the homes of London's elite to 'tag' them. However, when Toby targets a high court judge, Sir Hector (Hugh Bonneville), he discovers a horrifying secret that kickstarts a terrifying chain of events. This old-school Hitchcockian thriller has high-end acting along with plot twists coming thick and fast. Even at its most brutal, there's real class on show. 2022, 15, 110MIN

BLACK COMEDY

Wild Tales

Curzon ★★★★★

Revenge is a dish best eaten extra hot in this deliciously dark black comedy in which a series of frustrated people lose control explosively. Argentine writer-director Damián Szifrón's six stories of exquisitely ironic payback range from a road-rage incident that spirals into violence with a farcical edge, to a glitzy wedding that descends into mayhem when the bride discovers that the groom has been cheating on her with one of the guests. Subtitled. 2014, 15, 122MIN

Saturday 31 May

FAMILY COMEDY

Who Framed Roger Rabbit

4pm, Comedy Central ★★★★★

Sex ●●● Violence ●●● Language ●●●

A stunning and hilarious fusion of animation and live-action bursting with subtle in-jokes and sight gags. Bob Hoskins stars as a drunken private eye hired to dig the dirt on cartoon Jessica Rabbit (voiced by Kathleen Turner), the sultry wife of rabbit stunt hero Roger. Hoskins hates the two-dimensional inhabitants of 1940s Toontown, but is forced to help Roger when he's framed for murder. Director Robert Zemeckis seamlessly fuses his two worlds and the film is also remarkable for having secured the co-operation of the major Hollywood animation studios to allow their cartoon characters to inhabit the same universe. A treasure. 1988, PG, 103MIN

Tooning in: Roger and Bob

SCI-FI COMEDY

The World's End

10.50pm, ITV1 ★★★★

Sex ●●● Violence ●●● Language ●●●

Director Edgar Wright reunites his *Shaun of the Dead* and *Hot Fuzz* stars Simon Pegg and Nick Frost for a brilliantly bonkers take on sci-fi films. The plot finds the pair and fellow old school pals Martin Freeman, Eddie Marsan and Paddy Considine embarking upon the epic pub crawl (12 pints in 12 pubs) they failed to finish when they were young. But something very weird has happened to their home town since they left... A really funny and shrewdly observant tale of male friendship and the perils of hanging onto the past. 2013, 15, 109MIN

COMEDY DRAMA

Blinded by the Light

1.45am, BBC2 ★★★

Sex ●●● Violence ●●● Language ●●●

A lively, upbeat coming-of-age movie based on journalist Sarfraz Manzoor's acclaimed memoir telling how his obsessive fan worship of Bruce Springsteen helped him survive the hard knocks of a 1980s Luton adolescence. Viveik Kalra brings winning charm to the film's teen British-Pakistani protagonist, Jared, whose yearning to get out from under the thumb of his domineering father and escape the constraints of his dead-end working-class life finds perfect expression in the rousing anthemic music of The Boss. 2019, 12, 114MIN

HORROR

Scary Stories to Tell in the Dark

11.40pm, BBC1 ★★★

Sex ●●● Violence ●●● Language ●●●

A bunch of small-town teens in 1968 Pennsylvania, headed by Zoe Colletti's budding writer, stumble upon a book of ghost stories in an abandoned mansion that come to terrifying life. Based on the macabre tales by Alvin Schwartz – and, in places, Stephen Gammell's even creepier illustrations that originally accompanied them – this teen horror movie does what it says on the tin. The misfit heroes don't leave much of an impression, but the variously menacing, icky and eerie monsters are the stuff of childhood nightmares. 2019, 15, 107MIN

ROMCOM

What Happens Later

2.30am, Sky Romance ★★★

Sex ●●● Violence ●●● Language ●●●

Starring and directing, Meg Ryan harps back to the romcoms that made her famous. Stuck in a small snowbound airport waiting for a connecting flight, she bumps into old flame David Duchovny. With nowhere to go, the two reminisce about their relationship that ended 25 years ago. Although taking a while to heat up, this two-hander has some touching moments about the lives we could have led, with both stars delivering fine turns and enjoying a tangible chemistry. 2023, 15, 103MIN

■ Full listings start on **p35**

Sunday 1 June

ANIMATION

Inside Out

3.30pm, BBC1(2.30pm Wales) ★★★★★

Sex ●●● Violence ●●● Language ●●●

A girl's growing pains are brought to life with dazzling wit and tender wisdom in this brilliant, Oscar-winning animation from Pixar. Personified emotions Joy, Fear, Anger, Disgust and Sadness guide 11-year-old Riley's feelings, processing her new memories as they arrive at their HQ. And it's Joy who takes the lead – until Riley is uprooted when her father takes a new job and the turmoil of the move triggers a crisis that leads to Joy and Sadness being stranded in the outer reaches of Riley's mindscape. Their struggle to get back to HQ makes for an engaging adventure, while the film cleverly and humorously maps out the workings of the brain. 2015, U, 102MIN

Deep feelings: Riley and pals

COMEDY

Role Models

9.30am & 8pm, Sky Cinema Comedy ★★★★

Sex ●●● Violence ●●● Language ●●●

Paul Rudd and Seann William Scott are on top form as a pair of slacker salesmen sentenced to 150 hours mentoring kids after they crash their company truck. The script, co-written by Rudd, has heart and humour in all the right places. Christopher Mintz-Plasse and rap star Bobb'e J Thompson are hilarious as the kids, a deadpan Jane Lynch delivers some of the best lines as the head of community service and Elizabeth Banks is an appealing presence as Rudd's girlfriend. 2008, 15, 99MIN

COMEDY DRAMA

Military Wives

10.55pm, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Kristin Scott Thomas and Sharon Horgan hit all the right notes as army wives who form a prickly partnership while taking their choir to the Royal Albert Hall in this funny, feel-good film inspired by Gareth Malone's chart-toppers. Director Peter Cattaneo's film follows a familiar trajectory, blending humour, heart and pathos as this motley bunch of ladies discover confidence, camaraderie and the joy of singing, while the movie's effective riff on the power of music and friendship will leave you feeling in tune with the world. 2019, 12, 112MIN

WAR DRAMA

Saving Private Ryan

10.30pm, BBC1 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Steven Spielberg's riveting war movie kicks off with gut-wrenching scenes of US Army officer Tom Hanks and his men landing, on 6 June 1944, on the Normandy beaches into a hail of German bullets. It's an astonishing sequence that pours on the pain, heroism and squalor of the battlefield. The emotional story that follows sees Hanks leading the search for Matt Damon's Private Ryan, whose three brothers have been killed in action. Intimate, intense and amazingly powerful, this film is Spielberg at his commanding best. 1998, 15, 169MIN

COMEDY

Rosaline

1.05am, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

This romcom, based on *When You Were Mine* by Rebecca Serle, is an inspired delight that hits exactly the right tone. Rosaline (Kaitlyn Dever), a character on the periphery in Shakespeare's *Romeo and Juliet*, gives Romeo (Kyle Allen) the cold shoulder, but tries to win him back after he falls for Juliet (Isabela Merced). As the strife between the Capulets and Montagues simmers in the background, she continues to brush off Sean Teale's gallant Dario, too blind to see that he is Mr Right. 2022, PG, 96MIN

■ Full listings start on **p45**

Weekday movies over page

Films Weekday movies

Monday 2 June

BIOPIC

Oppenheimer

10.35am, Sky Blockbusters ★★★★★

Sex ●●○ Violence ●○○ Language ●●○

A colossal achievement, writer-director Christopher Nolan's viscerally intense biopic of J Robert Oppenheimer (Cillian Murphy) fires on all cylinders. As periods of his life criss-cross, between student years and the 1950s when he's accused of Communist sympathies, his ambition to bring peace to wartime with the atom bomb changes the world. Oscar-winner Murphy's never been better, but there are stand-out turns, too, from Robert Downey Jr, Emily Blunt, Matt Damon and Florence Pugh. 2022, 15, 180MIN

The sky's the limit: Cillian

ADVENTURE

The Perfect Storm

7.15am, Sky Thriller ★★★★

Sex ○○○ Violence ●○○ Language ●○○

George Clooney, Mark Wahlberg and crew sail their fishing vessel into a freak maelstrom in the Atlantic, where three storm systems have combined into one. Director Wolfgang Petersen's grim real-life maritime adventure is really just a superior disaster movie, and some of the script's more melodramatic flourishes prove superfluous given the turmoil being generated by the raging elements. 2000, 12, 129MIN

ROMCOM

Shakespeare in Love

1.15pm, Sky Romance ★★★★

Sex ●●○ Violence ○○○ Language ●○○

Joseph Fiennes plays the immortal Bard of Avon, who finds himself unable to complete work on his new play until a chance encounter with the beautiful Viola De Lesseps (Gwyneth Paltrow), opens both his heart and the artistic floodgates. This charming period romantic comedy is lively and colourful, and garnered no fewer than seven Oscars, including Best Picture and Best Actress for Paltrow. 1998, 15, 122MIN

ROMCOM

Bros

9pm, Film4 ★★★★

Sex ●○○ Violence ○○○ Language ●●○

New Yorker Bobby (Billy Eichner, who also co-wrote with director Nicholas Stoller) is a curator working/quarrelling with colleagues on the opening of the first national LGBTQ+ museum. At a launch party, Bobby locks eyes with Aaron (Luke Macfarlane). There's clearly an attraction, but can this chalk-and-cheese pair make things work? The movie follows a familiar template, but it's a frank, funny delight. 2022, 15, 116MIN

DRAMA

On Chesil Beach

11pm, BBC2 ★★★★

Sex ●●○ Violence ●○○ Language ●○○

It's 1962, a time of stifling inhibition, and young honeymooners Saoirse Ronan and Billy Howle undergo a traumatic wedding night at a seaside hotel. The movie perfectly captures the look and mood of the era, while the stars are achingly good, as are Emily Watson, Samuel West, Anne-Marie Duff and Adrian Scarborough as their respective parents. 2017, 15, 110MIN

■ Full listings start on p55

Tuesday 3 June

THRILLER

Trap

6.05pm, Sky Thriller ★★★★

Sex ○○○ Violence ●●○ Language ●●○

Long-suffering dad Cooper (Josh Hartnett) takes his teen daughter Riley (Ariel Donoghue) to a pop concert to see her idol Lady Raven (Saleka Shyamalan). But, gradually, it dawns on him that the concert is a ruse by the FBI to nab him, because he's a serial killer. So, while suppressing his sociopathic rage, he has to find a way out and ensure that his daughter still has the best night ever. Writer-director M Night Shyalaman's taught thriller is wildly entertaining with ace turns from the stars. 2024, 15, 105MIN

Killer instinct: Josh and Ariel

ROMANCE

Touch

9.30am & 12.25am, Sky Romance ★★★★

Sex ●●○ Violence ○○○ Language ○○○

At the start of Covid, an elderly Icelander, Kristófer (Egill Ólafsson), with a degenerative memory disorder goes off in search of his first love of 50 years ago. We then jump back, as a young Kristófer (Pálmi Kormákur) works at a Japanese restaurant in London and falls for the owner's daughter Miko (Kôki). A gem of a romantic drama, this delicate movie asks the age-old question: 'What if'? Subtitled. 2024, 15, 123MIN

SCI-FI HORROR

AfrAId

1.15pm, Sky Sci-Fi/Horror ★★

Sex ●○○ Violence ●○○ Language ●●○

An all-knowing AI assistant is placed into the home of John Cho and Katherine Waterston's family, where it displays its helpfulness as it learns of their needs and behaviour. But soon it's become a little too involved. A surprisingly strong cast (Keith Carradine and David Dastmalchian are also involved) gives this cheesy B-movie fare a touch of class and, as mindless fun goes, it does the trick. 2024, 15, 80MIN

SPORTS DRAMA

Le Mans '66

5.55pm, Film4 ★★★★

Sex ○○○ Violence ●○○ Language ●○○

Based on a true story, this supercharged motor-racing drama stars Matt Damon as American car designer Carroll Shelby, and Christian Bale as hot-headed British driver Ken Miles. Together, the pair aim to steer Ford to victory in the 24-hour marathon at Le Mans in 1966 – ahead of the US company's Italian rivals Ferrari. The action on the racetrack is furiously exciting, so we can feel almost every bump and judder. 2019, 12, 152MIN

COMEDY

In the Loop

11.45pm, BBC2 ★★★★

Sex ○○○ Violence ○○○ Language ●●●

In this terrific big-screen spin-off from *The Thick of It*, Peter Capaldi rips it up once more as the Prime Minister's Director of Communications, enraged that minister Tom Hollander has told the media that a Middle East war is 'unforeseeable'. Targeting both British and US politics, this satire – which also stars James Gandolfini – is hysterically funny. 2009, 15, 106MIN

■ Full listings start on p65

Wednesday

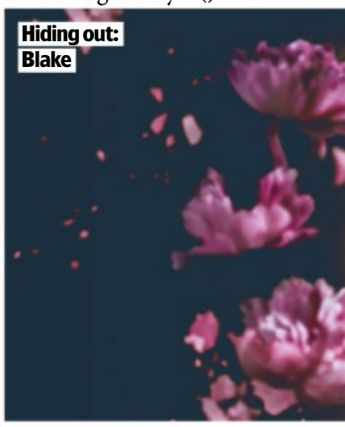
DRAMA

It Ends with Us

5.45pm, Sky Blockbusters ★★★

Sex ●●○ Violence ●●○ Language ●○○

A story involving domestic violence and coercive control comes with an incongruously glossy sheen in this take on Colleen Hoover's bestseller. Blake Lively's Lily falls for neurosurgeon Ryle (Justin



Hiding out: Blake

DRAMA

Drift

9.50am & 9.50pm, Sky Drama ★★★★

Sex ●●○ Violence ●●○ Language ●●○

Cynthia Erivo is brilliant as Jacqueline, an educated and erudite woman born into wealth in Liberia who's gone from a comfortable life in England to homelessness on a Greek island. Erivo's nervy, haunted demeanour only lowers when a kindly tour guide (Alia Shawkat) takes an interest in her. Director Anthony Chen's sensitive film highlights the fact that every displacement tale is different. 2023, 15, 93MIN

THRILLER

All the Money in the World

9pm, GREAT! movies ★★★★

Sex ○○○ Violence ●●○ Language ●○○

Oscar-nominated Christopher Plummer plays J Paul Getty in director Ridley Scott's true-story thriller. The film revolves around tycoon Getty's refusal to pay the $17million ransom demanded by the Calabrian Mafia when they snatched his grandson, John Paul Getty III (Charlie Plummer), in 1973. The film builds to a tense climax as mum Michelle Williams and fixer Mark Wahlberg fight for his release. 2017, 15, 133MIN

4 June

Baldoni, also directing) despite warning signs of his volatile streak. When it comes to the assaults its protagonist endures, Christy Hall's screenplay is admirably astute and carries a ring of emotional truth. Yet Baldoni's lush melodrama has a surface superficiality that seems too content to wallow in fantasy. 2024, 15, 125MIN

ADVENTURE

The River Wild

9pm, Legend Xtra ★★★★

Sex ●●● Violence ●●● Language ●●●

Meryl Streep makes a forceful action hero in this wilderness adventure. She's a former river guide trying to patch up her relationship with her husband (David Strathairn) on an ill-fated white-water rafting expedition with their son (Joseph Mazzello), when they are captured by Kevin Bacon and John C Reilly's escaped armed robbers. It is gripping stuff, even if the film becomes increasingly implausible as it goes along. 1994, 12, 112MIN

SCI-FI

Arrival

1.50am, Sky Blockbusters ★★★★★

Sex ●●● Violence ●●● Language ●●●

Twelve alien craft are dotted about Earth and Amy Adams' linguist is brought to Montana by colonel Forest Whitaker to find out what the visitors want. But she and physicist Jeremy Renner have to race against time, as the world's military leaders are getting jumpy... This engrossing, intelligent sci-fi looks awesome and is brilliantly acted. 2016, 12, 116MIN

■ Full listings start on p75

Thursday 5 June

ACTION

Bombshell

1.15am, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

This juicy take on TV anchor Gretchen Carlson's 2016 sexual harassment suit against Fox News supremo Roger Ailes (John Lithgow) explodes like a megaton bomb, as Fox's screen queens battle the king of cable news. Nicole Kidman as sweetly steely Carlson, Charlize Theron as Megyn Kelly and Margot Robbie as an ambitious researcher (a composite character) bring film-star wattage to their roles, while director Jay Roach revs up your anger, as well as sniffing out the dark humour. 2019, 15, 109MIN

Taking a stand: Charlize, Nicole and Margot

CLASSIC THRILLER

The Birds

4.20pm, Sky Sci-Fi/Horror ★★★★★

Sex ●●● Violence ●●● Language ●●●

Aimless socialite Tippi Hedren buys Rod Taylor (a man she has only just met) a pair of lovebirds and follows him to a small Californian seaside town to deliver the gift. But her arrival sparks off a series of increasingly horrific attacks by the local feathered community. Alfred Hitchcock's sensational version of Daphne du Maurier's short story is a masterpiece of suspense, horror and impact. 1963, 15, 118MIN

ROMCOM

Trainwreck

5.50pm, Sky Romance ★★★

Sex ●●● Violence ●●● Language ●●●

Writer-star Amy Schumer unleashes the hard-partying persona from her cable TV comedy sketch series *Inside Amy Schumer*, letting rip with a barrage of rude and raucous gags as her New York singleton tears through a series of riotous one-night stands.
Her misadventures deliver some big laughs, before the film takes a surprisingly conventional turn when she begins dating Bill Hader's sports doctor. 2015, 15, 125MIN

BIOPIC

Tolkien

6.50pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

This beautiful, moving biopic about the early life of fantasy author JRR Tolkien traces the emotional roots of the mythical world he would go on to create back to his rural Worcestershire childhood as an orphan, his schooldays in turn-of-the-last-century Birmingham and the trenches of World War One. Nicholas Hoult anchors the drama giving a deeply felt performance as the writer while Lily Collins also shines as his wife. 2019, 12, 112MIN

CLASSIC

Spartacus

8.15pm, BBC4 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Stanley Kubrick's film is one of the greatest historical epics of all time. Kirk Douglas was never better cast than as Spartacus, the enslaved gladiator who leads a revolt against Rome. Jean Simmons is the woman he loves, Tony Curtis is his right-hand man, Laurence Olivier is his enemy, and Charles Laughton and Peter Ustinov bring their genial bulk to bear in support. 1960, PG, 184MIN

■ Full listings start on p85

Friday 6 June

THRILLER

The Wasp

5.50am, Sky Thriller ★★★

Sex ●●● Violence ●●● Language ●●●

A fraught, compelling thriller set in Bath, this film deals with much more substantial elements than it first lets on. Naomie Harris' twitchy middle-class woman contacts no-nonsense working-class old school acquaintance Natalie Dormer with an offer she can't refuse… Effectively a two-hander, this tense film twists and contorts until the final shot, with both actors on brilliant form. Director Guillem Morales takes Morgan Lloyd Malcolm's play and maintains the chilling, claustrophobic air perfectly. 2024, 15, 95MIN

Sting in the tale: Naomie

COMEDY

American Pie

9pm, E4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Four high school pals (Jason Biggs, Thomas Ian Nicholas, Chris Klein and Eddie Kaye Thomas) make a pact to lose their virginity. This film set a new standard in gross-out humour (just wait for the moment with the dessert of the title!), but it's also a feast of laugh-out-loud moments. Eugene Levy, Jennifer Coolidge, Shannon Elizabeth, Alyson Hannigan and a film-stealing Seann W Scott are also key ingredients. 1999, 15, 96MIN

ACTION

John Wick: Chapter 3 – Parabellum

9pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Keanu Reeves' indestructible hero John Wick is back and on the run with a $14million bounty on his head. That's all the excuse the film needs for him to cut through a neverending stream of disposable baddies out to get him. Ian McShane, Laurence Fishburne and Halle Berry offer classy support but, once again, it's the insane action that is the main draw, even if it's not as awesome this time. 2019, 15, 131MIN

ACTION

Road House

11.25pm, BBC1 (12.25am Scot, not Wales) ★★★

Sex ●●● Violence ●●● Language ●●●

Patrick Swayze is a nightclub bouncer and he's the best there is. Which is just as well, because at his new job in a bar in small-town Missouri, there's so much trouble that Jeff Healey's rock band has to play behind a metal screen. Bottles are thrown and bones are broken ('It was a good night: nobody died!') in this exuberant round of movie fisticuffs that shouldn't be taken seriously for a moment. 1989, 18, 110MIN

ROMANCE HORROR

Spontaneous

1.50am, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

A high-schooler spontaneously combusts. Then another. And another. Scientists find nothing wrong, but each teen wonders if they're next..... This smart movie swirls with subtexts while skilfully juggling genres and tones. And, among other things it's a cracking romance thanks to lovable leads Katherine Langford and Charlie Plummer. Your heart will go boom. 2020, 15, 97MIN

■ Full listings start on p95

Sport week

Your ult… …o the best of the week's live…

Champions League final

THE MAIN EVENT

Can PSG finally **claim the crown** against Inter Milan?

Real Madrid were 2024 winners

LIVE FOOTBALL

Paris Saint-Germain v Inter Milan

Saturday, kick-off 8pm, TNT Sports 1 & Discovery+

Paris Saint-Germain have been dreaming of Champions League glory for decades, and the French giants could finally land their first European crown when they play Inter Milan on Saturday.

PSG have been in fine form since the turn of the year, sweeping aside Premier League teams Liverpool, Aston Villa and Arsenal en route to the tournament's showpiece at Munich's Allianz Arena.

And with a talented forward line including Ousmane Dembélé, Désiré Doué and Khvicha Kvaratskhelia playing exciting counter-attacking football, PSG coach Luis Enrique believes they are on course to take the title.

He also expects the match to be a memorable occasion for their fans, who missed out on the team's first-ever Champions League final, which came during the COVID-19 lockdown of 2020.

'It will be the first final the PSG fans can attend,' says Enrique. 'We deserve to win because we have waited so long, even though the club was only founded in 1970. We must be wary, though, as Inter Milan are accustomed to finals.'

Inter have lifted the trophy three times, most recently in 2010 under José Mourinho, and will come into the final full of confidence after overcoming Barcelona in an epic semi-final. Their 7-6 victory was arguably the greatest two-legged tie in the history of the competition – and after losing the 2023 final against Manchester City, the team will be eager to go one better this time.

If they are to claim a fourth title, coach Simone Inzaghi knows that forwards Lautaro Martínez and

PSG boss Luis Enrique and Inter manager Simone Inzaghi

WORDS: SEAN MARLAND, RICHARD MCCLURE. PHOTOS: ALAMY, GETTY

Inter's Lautaro Martínez and PSG star Khvicha Kvaratskhelia

Marcus Thuram will need to be at their very best in the first Champions League final in 21 years not to feature an English, Spanish or German team.

'We are up against a team who have more resources than we do,' says Inzaghi. 'But, by beating Bayern Munich and Barcelona, we have already shown that when we use our weapons we can compete with anyone. But the job's not done and it will take heart, soul and organisation.'

● **The final is broadcast live on TNT Sports 1, but fans without a subscription can catch all the action for free on Discovery+ if they register for a free account.**

David Brooks of Wales

Brazil's new coach Carlo Ancelotti

LIVE FOOTBALL

Wales v Liechtenstein

Friday, kick-off 7.45pm, BBC3, BBC1 (Wales only) & S4C

Undefeated in their opening two games, Wales resume their World Cup qualifying campaign as they take on Liechtenstein in Cardiff. Wales are unbeaten in eight matches under boss Craig Bellamy and had David Brooks to thank for preserving that record when the Bournemouth forward scored a stoppage-time equaliser in their last match against North Macedonia. On Thursday, there's live coverage of Carlo Ancelotti's first match in charge of struggling Brazil when the nation's first foreign coach seeks to revive their World Cup qualifying campaign in Ecuador (k-o 12m't, Premier Sports 1).

Indiana Pacers' Tyrese Haliburton

LIVE BASKETBALL

NBA Finals

Thursday, TNT Sports 1

The line-up for the best-of-seven series had yet to be decided as we went to press, with Oklahoma City Thunder and Minnesota Timberwolves facing off for the Western Conference championship, and the winner playing either the Indiana Pacers – inspired by point guard Tyrese Haliburton – or the New York Knicks, who were squaring off for the Eastern Conference crown. In a season of surprises, there'll be an unlikely name on the trophy – the Knicks last won in 1973, while Oklahoma, Indiana and Minnesota have never been champions.

Great Britain's Pfeiffer Georgi

LIVE CYCLING

Women's Tour of Britain

From Thursday, TNT Sports 6 & Discovery+

There's a record field of 18 teams featuring 108 riders when this year's Tour gets underway in Dalby Forest, North Yorkshire. Britain's Pfeiffer Georgi, who finished fifth in the 2024 Olympics road race, and defending champion Lotte Kopecky of Belgium, who claimed bronze in Paris, will be among those tackling the four-stage route that ends in Glasgow on Sunday 8 June, with 10 laps of a 5.3-mile city centre circuit.

Portugal's Cristiano Ronaldo

LIVE FOOTBALL

Nations League semi-finals

Wed & Thu, k-os 8pm, Prime Video

Munich and Stuttgart host two mouth-watering semi-finals featuring Europe's powerhouse nations. On Wednesday, there's a home advantage for Germany as they take on 2019 champions Portugal, featuring a 40-year-old Cristiano Ronaldo, for a place in the final. The winners will play either 2021 champions France or holders Spain, who face off on Thursday. The games are available on Prime Video for an additional pay-per-view fee.

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Sport week A-Z GUIDE

Rugby league
Wakefield Trinity's Max Jowitt should be on show on Saturday as his side take on Leeds Rhinos

ATHLETICS

LIVE Grand Slam Track athletics
Sat 9.30pm TNT Sports 2
Day one of the third round of the competition from Franklin Field.

LIVE Grand Slam Track athletics
Sun 9.30pm TNT Sports 4
Day two of the third round of the competition from Franklin Field.

LIVE Diamond League Rome
Fri 8pm BBC4
The Golden Gala Pietro Mennea, the fifth round of the season staged at Stadio Olimpico in Rome.

AUSTRALIAN RULES

LIVE Sydney Swans v Adelaide Crows
Sat 10.30am TNT Sports 2
AFL game at Sydney Cricket Ground.

LIVE Melbourne Demons v St Kilda Saints
Sun 6am TNT Sports 3
The AFL match at TIO Traegar Park.

LIVE Western Bulldogs v Hawthorn Hawks
Thu 10.30am TNT Sports 2
The AFL fixture at Marvel Stadium.

LIVE Adelaide Crows v Brisbane Lions
Fri 10.30am TNT Sports 1
The AFL game from Adelaide Oval.

LIVE Richmond Tigers v Sydney Swans
Fri 4am TNT Sports 1
The AFL match from Melbourne.

BASEBALL

LIVE Texas Rangers v St Louis Cardinals
Sat 9pm TNT Sports 3
The MLB inter-league match staged at Globe Life Field.

LIVE Los Angeles Dodgers v New York Yankees
Sat 12m't TNT Sports 3
The MLB inter-league match staged at Dodger Stadium.

LIVE Atlanta Braves v Boston Red Sox
Sun 6.30pm TNT Sports 2
MLB inter-league game at Truist Park.

LIVE Los Angeles Dodgers v New York Yankees
Sun 12m't TNT Sports 2
The MLB inter-league match.

LIVE Cincinnati Reds v Milwaukee Brewers
Mon 12m't TNT Sports 2
MLB National League Central game.

LIVE New York Yankees v Cleveland Guardians
Tue 12m't TNT Sports 2
The MLB American League match from Yankee Stadium.

LIVE Los Angeles Dodgers v New York Mets
Tue 3am TNT Sports 2
The MLB National League fixture.

LIVE Boston Red Sox v Los Angeles Angels
Wed 6.30pm TNT Sports 2
The MLB American League match.

LIVE Toronto Blue Jays v Philadelphia Phillies
Wed 12m't TNT Sports 2
The MLB inter-league game staged at Rogers Centre.

LIVE Los Angeles Dodgers v New York Mets
Thu 9pm TNT Sports 2
The MLB National League match from Dodger Stadium.

LIVE Tampa Bay Rays v Miami Marlins
Fri 6pm TNT Sports 3
The MLB inter-league match from George M. Steinbrenner Field.

BASKETBALL

LIVE Indiana Pacers v New York Knicks
Sat 1am TNT Sports 2
The sixth game of the NBA Eastern Conference finals at Gainbridge Fieldhouse. See p29.

LIVE New York Liberty v Connecticut Sun
Sun 8pm TNT Sports 3

LIVE NBA Conference Final
Sun 1.30am TNT Sports 1

LIVE NBA Conference Final
Mon 1am TNT Sports 1

LIVE NBA Finals
Thu 1am TNT Sports 1
Game one.

BOXING

LIVE Josh Kelly v Flavius Biea
Fri 9pm 5
The super-welterweight bout staged at Utilita Arena in Newcastle.

COMBAT SPORTS

LIVE UFC Fight Night Prelims
Sat 12m't TNT Sports 1
The preliminary bouts from UFC Fight Night at UFC Apex in Nevada.

LIVE Erin Blanchfield v Maycee Barber
Sat 2am TNT Sports 1
The women's flyweight bout from UFC Apex in Las Vegas, Nevada.

CRICKET

LIVE Birmingham Bears v Durham
Sat 11.50am Sky Sports Cricket
The women's T20 Blast group match from Edgbaston.

LIVE Birmingham Bears v Durham
Sat 3.45pm Sky Sports Cricket
The men's T20 Blast North Group match from Edgbaston.

LIVE England v West Indies
Sun 10.30am & 4pm Sky Sports Main Event, 10.30am Sky Sports Cricket
The second ODI in the three-match series from Sophia Gardens, Cardiff.

LIVE IPL
Sun 2.50pm Sky Sports+
The second qualifier play-off match.

LIVE England v West Indies
Tue 12.30pm Sky Sports Main Event & Sky Sports Cricket
The third and final ODI in the series from The Kia Oval, Kennington.

LIVE IPL
Tue 2.50pm Sky Sports+ & Sky Sports Mix
The final staged at Narendra Modi Stadium, Ahmedabad.

LIVE England v West Indies
Wed 12.30pm Sky Sports Main Event & Sky Sports Cricket
The second women's ODI in the three-match series at Uptonsteel County Ground in Leicester.

LIVE Middlesex v Kent Spitfires
Thu 6.10pm Sky Sports Cricket
The men's T20 Blast South Group match from Lord's, London.

LIVE England v West Indies
Fri 6pm Sky Sports Main Event & Sky Sports Cricket
The first T20 in the three-match series staged at Seat Unique Riverside in Chester-le-Street.

CYCLING

LIVE Men's Giro d'Italia
Sat 9.15am TNT Sports 3
The 20th stage in Italy, a 205km route from Verres to Sestriere.

LIVE UCI Mountain Bike World Series Women
Sun 10.30am TNT Sports 3
The DHI elite final in Loudervielle.

LIVE UCI Mountain Bike World Series Men
Sun 12noon TNT Sports 3
The DHI elite final in Loudervielle.

LIVE Men's Giro d'Italia
Sun 2pm TNT Sports 3
The 21st and final stage, a 143km route from Vatican City to Rome.

LIVE Tour of Slovenia
Wed 12.30pm TNT Sports 3
Stage one, a 168.7km route.

LIVE Tour of Slovenia
Thu 12noon TNT Sports 3
The second stage, a 157.8km route from Velenje to Rogaska Slatina.

LIVE Women's Tour of Britain
Thu 12noon TNT Sports 6
The first stage, a route from Dalby Forest to Redcar. See p29.

LIVE Tour of Slovenia
Fri 12noon TNT Sports 3
The third stage, a 173.4km route from Majsperk to Ormoz.

LIVE Women's Tour of Britain
Fri 12noon TNT Sports 6
The second stage, a route from Hartlepool to Saltburn-by-the-Sea.

LIVE UCI Mountain Bike World Series Women
Fri 4pm TNT Sports 2
The XCC short track elite race staged in Leogang, Austria.

LIVE UCI Mountain Bike World Series Men
Fri 5pm TNT Sports 2
The XCC short track elite race staged in Leogang, Austria.

DARTS

LIVE World Series of Nordic Masters
Fri 6pm ITV4
Day one from Forum Copenhagen, featuring first-round matches.

GOLF

LIVE Austrian Alpine Open
Sat 12noon & Sun 11.30am Sky Sports Golf; Sat 12.30pm Sky Sports Main Event
Days three and four at Gut Altentann Golf Club in Salzburg.

LIVE Memorial Tournament
Sat 3.45pm Sky Sports+; Sat & Sun 4.30pm Sky Sports Golf; Sat 11pm Sky Sports Main Event
Days three and four from Muirfield Village Golf Club in Dublin, Ohio.

LIVE US Women's Open
Sat 6pm Sky Sports Main Event & Sky Sports Mix
Day three of the second Major of the year from Erin Hills in Wisconsin.

LIVE US Women's Open
Sun 7pm Sky Sports Main Event & Sky Sports Mix, 11.30pm Sky Sports Golf
Day four of the second Major of the year from Erin Hills in Wisconsin.

LIVE RBC Canadian Open
Thu & Fri 11.45am Sky Sports+, 12noon Sky Sports Main Event & 5pm Sky Sports Golf
Days one and two from TPC Toronto at Osprey Valley in Alton, Ontario.

LIVE KLM Open
Thu & Fri 12noon Sky Sports Golf
Days one and two from the International in Amsterdam.

LIVE Tenerife Women's Open
Thu & Fri 12.30pm Sky Sports Mix
Days one and two at Abama Golf.

LIVE ShopRite LPGA Classic
Fri 5pm Sky Sports+
Day one at the Seaview in Galloway.

GYMNASTICS

LIVE European Championships
Sat 12noon BBC2
The concluding apparatus finals on the sixth and final day of the annual event at Leipzig Trade Fair, Germany.

HORSE RACING

LIVE Haydock
Sat 1.30pm ITV1
Headlined by the Pinnacle Stakes and the John O'Gaunt Stakes.

LIVE Sky Bet Sunday Series
Sun 3.30pm ITV4
The third round of the series from Chelmsford.

LIVE The Oaks
Fri 1pm ITV1
The first day of the Derby meeting from Epsom, headlined by The Oaks.

ICE HOCKEY

LIVE NHL Play-offs
Sat-Tue 1am Premier Sports 2

MINORITY SPORTS

LIVE IFSC Climbing World Cup
Sun 11pm TNT Sports 3
The men's and women's speed finals staged in Denver, USA.

MOTORCYCLING

LIVE FIM Speedway Grand Prix
Sat 5.30pm TNT Sports 3
The third round of the season from Prague in the Czech Republic.

LIVE Lejonen v Vasternik
Tue 5.55pm Premier Sports 1

LIVE MotoGP
Fri 8am TNT Sports 2
The Grand Prix of Aragon MotoGP, Moto2 and Moto3 first free practice sessions at MotorLand Aragón.

LIVE MotoGP
Fri 12.15pm TNT Sports 2
The Grand Prix of Aragon MotoGP, Moto2 and Moto3 first practice sessions at MotorLand Aragón.

MOTORSPORT

LIVE FIA Formula E
Sat 7am TNT Sports 1
The Shanghai ePrix first race.

LIVE Formula 3
Sat 9am Sky Sports F1
The Spanish Grand Prix sprint race.

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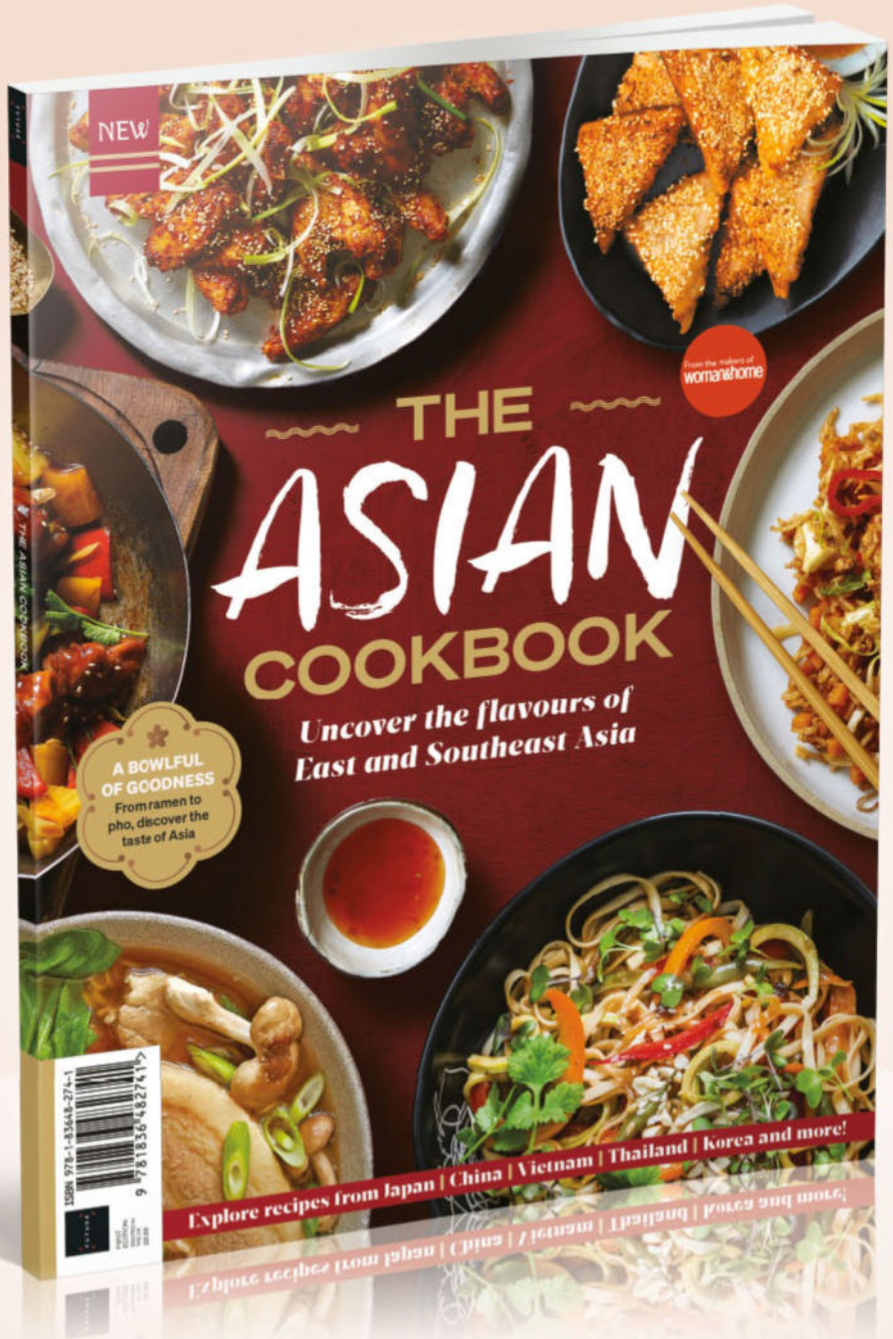
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FUTURE

Football planner

LIVE Formula 1
Sat 11.15am Sky Sports F1
Spanish Grand Prix third practice at Circuit de Barcelona-Catalunya.

LIVE Formula 2
Sat 1.10pm Sky Sports F1
The Spanish Grand Prix sprint race at Circuit de Barcelona-Catalunya.

LIVE Indycar
Sat 2pm Sky Sports Mix
The Chevrolet Detroit Grand Prix second practice session.

LIVE Formula 1
Sat 2.10pm Sky Sports Main Event & Sky Sports F1
The Spanish Grand Prix qualifying at Circuit de Barcelona-Catalunya.

LIVE Indycar
Sat 5pm Sky Sports F1
The Chevrolet Detroit Grand Prix qualifying session.

LIVE FIA Formula E
Sat 1am TNT Sports 4
Shanghai ePrix third free practice at Shanghai International Circuit.

LIVE FIA Formula E
Sat 3am TNT Sports 4
The Shanghai ePrix second qualifying session at Shanghai International Circuit in China.

LIVE FIA Formula E
Sun 7am TNT Sports 2 & ITV4
The Shanghai ePrix second race at Shanghai International Circuit.

LIVE Formula 3
Sun 7.25am Sky Sports F1
The Spanish Grand Prix feature race at Circuit de Barcelona-Catalunya.

LIVE Formula 2
Sun 8.55am Sky Sports F1
The Spanish Grand Prix feature race at Circuit de Barcelona-Catalunya.

LIVE Porsche Supercup
Sun 10.30am TNT Sports 2 & 10.40am Sky Sports F1
The Spanish Grand Prix, the third round of the season staged at Circuit de Barcelona-Catalunya.

LIVE FIM JuniorGP Championship
Sun 11.45am TNT Sports 2
The Moto2 race in Jerez, Spain.

LIVE FIM JuniorGP Championship
Sun 12.45pm TNT Sports 2
The JuniorGP second race in Jerez.

LIVE FIM JuniorGP Championship
Sun 1.45pm TNT Sports 2
The ETC second race in Jerez.

LIVE Formula 1
Sun 1.55pm Sky Sports Main Event & Sky Sports F1
The Spanish Grand Prix, the ninth round of the season staged at Circuit de Barcelona-Catalunya.

LIVE Indycar
Sun 2.30pm Sky Sports Mix
The Chevrolet Detroit Grand Prix warm-up on the Streets of Detroit.

LIVE FIM JuniorGP Championship
Sun 2.45pm TNT Sports 2
The Stock class in Jerez, Spain.

LIVE Indy NXT
Sun 3.30pm Sky Sports Mix
The Detroit Grand Prix, the fifth round of the season on the Streets of Detroit.

LIVE Indycar
Sun 5.30pm Sky Sports F1
The Chevrolet Detroit Grand Prix, the seventh round of the season on the Streets of Detroit.

LIVE NASCAR
Sun 11.30pm Premier Sports 1
The Cracker Barrel 400, the latest round of the season at Nashville Superspeedway in Tennessee.

LIVE World Rally Championship
Fri 8am TNT Sports 3
The Rally Italy special stages one to three from the sixth round of the season in Italy.

LIVE World Rally Championship
Fri 2pm TNT Sports 3
The Rally Italy special stages four to six from round six of the season.

NETBALL

LIVE Loughborough Lightning v Nottingham Forest
Sat 3.55pm Sky Sports Action
The Super League match from the 12th round of fixtures at Motorpoint Arena Nottingham.

LIVE Nottingham Forest v Birmingham Panthers
Thu 7.25pm Sky Sports Action
The Super League match from Motorpoint Arena Nottingham.

LIVE Super League
Fri 7pm Sky Sports Action
A match in the top flight.

POOL

LIVE Ultimate Pool
Mon 6pm TNT Sports 2
Group One of the Pairs Cup, as some of the country's leading eightball players battle it out for places in the next stage.

RUGBY LEAGUE

LIVE North Queensland Cowboys V Wests Tigers
Sat 8.30am Sky Sports Main Event & Sky Sports+
The NRL match at Queensland Country Bank Stadium.

LIVE Manly Sea Eagles v Brisbane Broncos
Sat 10.35am Sky Sports Main Event & Sky Sports+
The NRL fixture at Brookvale Oval.

LIVE Leeds Rhinos v Wakefield Trinity
Sat 4pm BBC2 (not Wales) (kick-off 4.30pm) Super League match at AMT Headingley Stadium.

LIVE Sydney Roosters v Canberra Raiders
Sun 9.15am Sky Sports+
The NRL game at Allianz Stadium, as the teams face each other for the first time in the league this season.

RUGBY UNION

LIVE Blues v Waratahs
Sat 6am Sky Sports Action
The Super Rugby match from Eden Park in Auckland, New Zealand.

LIVE Hurricanes v Moana Pasifika
Sat 8am Sky Sports Action
The Super Rugby fixture at Sky Stadium in Wellington, New Zealand.

LIVE Queensland Reds v Fijian Drua
Sat 10.30am Sky Sports Action
The Super Rugby match at Suncorp Stadium in Brisbane, Australia.

LIVE Bulls v Edinburgh
Sat 12noon Premier Sports 1 (kick-off12.30pm) United Rugby Championship second quarter-final from Loftus Versfeld Stadium.

LIVE Clermont Auvergne v Stade Francais
Sat 1.25pm Premier Sports 2 (kick-off1.30pm) The Top 14 match from Stade Marcel-Michelin.

LIVE Bristol Bears v Harlequins
Sat 2pm TNT Sports 1 (kick-off 3.05pm) The Premiership match staged at Ashton Gate.

LIVE Leinster v Scarlets
Sat 2.45pm BBC1 (Wales only) & Premier Sports 1 (kick-off 3pm) The United Rugby Championship third quarter-final at Aviva Stadium.

LIVE Top 14
Sat 3.25pm Premier Sports 2
A match from the French top flight.

LIVE Sharks v Munster
Sat 5.15pm Premier Sports 1 & 5.25pm Premier Sports 2 (kick-off 5.30pm) The United Rugby Championship fourth quarter-final at Kings Park Stadium.

LIVE Old Glory DC v Los Angeles
Sat 11.05pm Premier Sports 1 (kick-off11.05pm) The MLR match staged at Maryland SoccerPlex.

LIVE Toulouse v Lyon
Sun 4.25pm Premier Sports 1 (kick-off 4.30pm) The Top 14 match from Stade Ernest-Wallon.

LIVE Toulon v Bordeaux
Sun 8pm Premier Sports 1 (kick-off 8.05pm) The Top 14 match staged at Stade Mayol.

LIVE Super Rugby
Fri 8am Sky Sports Action
A qualifying final, as the teams contest a place in the last four.

LIVE Premiership
Fri 7pm TNT Sports 2
A semi-final match.

TENNIS

LIVE French Open
Sat-Mon 10am TNT Sports 1 & TNT Sports 4
From Stade Roland-Garros in Paris.

LIVE French Open
Tue & Wed 10am & 7pm TNT Sports 1 & TNT Sports 4
Days one and two of the quarter-finals at Stade Roland-Garros, Paris.

LIVE French Open
Thu 11am TNT Sports 1 & TNT Sports 4
The mixed doubles final staged at Stade Roland-Garros in Paris.

LIVE French Open
Thu 2pm TNT Sports 1 & TNT Sports 4
The opening women's semi-final from Stade Roland-Garros in Paris.

LIVE French Open
Thu 4pm TNT Sports 1 & TNT Sports 4
The second women's semi-final from Stade Roland-Garros in Paris.

LIVE French Open
Fri 1.30pm TNT Sports 1 & TNT Sports 4
The opening men's semi-final from Stade Roland-Garros in Paris.

LIVE French Open
Fri 4.30pm TNT Sports 1 & TNT Sports 4
The second men's semi-final at Stade Roland-Garros in Paris.

TRIATHLON

LIVE T100 World Tour
Sat 1.45pm TNT Sports 2
The first day of the third round of the season staged in San Francisco.

LIVE WOMEN'S NATIONS LEAGUE

Spain v England

Tuesday, kick-off 6pm, ITV1

As the final group games take place, Georgia Stanway and the Lionesses battle it out in Barcelona to top Group A3. Also on Tuesday, Wales host Italy (6.30pm), Scotland travel to the Netherlands (7.30pm), and Northern Ireland visit Bosnia & Herzegovina (7pm).

LIVE INTERNATIONAL FRIENDLY

Scotland v Iceland

Friday, kick-off 7.45pm, BBC1 (Scotland only) & BBC iPlayer

As Steve Clarke's Scotland host Iceland in a friendly at Hampden Park, there are places in the squad for Serie A-based players Ché Adams (Torino), Lewis Ferguson (Bologna) and Scott McTominay and Billy Gilmour (both Napoli).

Saturday 31

LIVE A-League Grand Final
8am TNT Sports 2

LIVE Paris Saint-Germain v Inter Milan
6pm TNT Sports 1 (kick-off 8pm)
The Champions League final from Allianz Arena. Paris Saint-Germain beat Arsenal 3-1 on aggregate to make their first Champions League final since 2020, while Inter reached this stage after two epic semi-final legs against Barcelona. Tonight's match is also available to view on Discovery+ for free, as long as you sign up for a free account. See page 28.

Sunday 1

LIVE Johnstone Burgh v Tranent
4pm BBC Alba (kick-off 4.05pm)
The Scottish Junior Cup final staged at Broadwood Stadium.

Monday 2

LIVE Baller League
5.15pm Sky Sports Main Event, Sky Sports Football & Sky Sports Mix
The 11 th round of the UK-based version of the six-a-side football league staged at Copper Box Arena in London. Each match will consist of two halves that are 15 minutes long, and the last three minutes of each half will be played under gamechanger rules such as threeplay, which will see the teams reduced to three-a-side.

Tuesday 3

LIVE Spain v England
5.30pm ITV1 (kick-off 6pm)
Both teams' concluding match in Group A3 of the Women's Nations League staged at RCDE Stadium in Barcelona. England claimed a 1-0 win when the sides met at Wembley Stadium in February thanks to a goal by Jess Park, but world champions Spain won the other three of their first four matches in the group and will fancy their chances in front of their own fans.

LIVE Wales v Italy
6.15pm BBC2 (Wales only) & BBC iPlayer (kick-off 6.30pm)
The Women's Nations League Group A4 match at Swansea.com Stadium. Wales have found wins hard to come by in the group and face another tough test against the Italians, who prevailed 1-0 when the teams met in February thanks to a goal by Barbara Bonansea.

LIVE Netherlands v Scotland
7.15pm BBC Scotland & BBC iPlayer (kick-off 7.30pm)
Both teams' concluding Women's Nations League Group A1 match at Koning Willem II Stadion. Scotland took the lead in February's reverse fixture at Hampden Park, but succumbed to a 2-1 defeat.

Wednesday 4

LIVE Germany v Portugal
8pm Prime Video (kick-off 8pm) Available for an additional fee
The men's Nations League semi-final from Allianz Arena. See p29.

Thursday 5

LIVE Spain v France
8pm Prime Video (kick-off 8pm) Available for an additional fee
The men's Nations League semi-final from MHP Arena. See p29.

LIVE Ecuador v Brazil
11.55pm Premier Sports 1 (kick-off 12m't)
The CONMEBOL World Cup qualifying match from Estadio Monumental in Guayaquil, Ecuador.

Friday 6

LIVE Wales v Liechtenstein
7.20pm S4C, 7.30pm BBC3 & BBC1 (Wales only) (kick-off 7.45pm)
The World Cup Group J qualifier from Cardiff City Stadium. Craig Bellamy's men have made a solid start to their qualifying campaign with a win against Kazakhstan and a draw at North Macedonia. See p29.

LIVE Scotland v Iceland
7.30pm BBC1 (Scotland only) & BBC iPlayer (kick-off 7.45pm)
Men's friendly at Hampden Park.

PHOTOS: ALAMY, GETTY

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Saturday

31 May

Evening Planner

Sci-Fi

Doctor Who

BBC1, 6.50pm

The universe is in great peril as the series draws to a close, with the Rani (Archie Panjabi) unleashing her deadly ambition.

Football

Champions League Final

TNT Sports 1 & Discovery+, k-o 8pm

Can Paris Saint-Germain finally achieve Champions League glory against three-time winners Inter Milan tonight?

Crime Drama

The Black Forest Murders

BBC4, 9pm & 9.45pm (box set, iPlayer)

Four-part drama based on a real-life police investigation into the murders of two young women in southern Germany.

Documentary

When Bruce Springsteen Came to Britain

BBC2, 9.30pm

Fifty years on, the Boss looks recalls his first European gig – in London in 1975.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	‹ 6.50 Doctor Who		8.00 Blankety Blank	8.30 Casualty	9.20 The Last Anniversary		10.10 News	10.30 Mrs Brown's...
	102 BBC2	‹ 6.30 Hidden...	7.30 Jane Austen: Rise of a Genius		8.30 Bruce Springsteen at the BBC		9.30 When Bruce Springsteen Came to Britain		10.35 Bruce...
	103 ITV1	7.00 Britain's Got Talent: Live Final					9.45 Fake		10.30 News
	104 CHANNEL 4	‹ 6.50 F1: Spanish Grand Prix Qualifying Highlights			8.20 Secrets of Flying Scotsman	9.20 Film: See How They Run			
	105 5	7.00 Secrets of the Royal Traditions		8.00 Megxit: Inside the Sandringham Summit			9.30 Fawlty Towers: A Very British Comedy		
	106 SKY SHOWCASE		7.15 Film: Back to the Future			9.25 Film: Twister			
ENTERTAINMENT	115 BBC3	7.00 EastEnders		8.00 Doctor Who...	8.30 Alison...	9.00 Two Pints of Lager and a Packet of Crisps			10.30 I Kissed a Boy
	116 BBC4		7.10 All Creatures Great and Small			9.00 The Black Forest Murders			10.30 Bob Servant
	118 ITV2	‹ 6.55 Film: Men in Black				9.00 Film: Baywatch			
	136 MORE4	‹ 6.55 Four in a Bed				9.00 24 Hours in A&E			
	135 E4	7.00 The Simpsons				9.00 Celebrity Gogglebox		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare			8.30 The Best of...	9.00 Elsbeth		10.00 The Equalizer	
	108 SKY ATLANTIC	‹ 6.05 Game of Thrones				9.00 The Penguin		10.00 Homicide: Life on the Street	
	110 U&GOLD	‹ 6.45 Only Fools and Horses							
	111 U&DAVE	7.00 Ghosts				9.00 The Office	9.40 Extras	10.20 The Cleaner	
	119 ITV3	7.00 Midsomer Murders				9.00 Vera			
	120 ITV4	‹ 5.45 Film: The Alamo				9.00 Isle of Man TT		10.00 Film: The Good, the Bad and the Ugly	
	112 COMEDY CENTRAL	7.00 Friends		8.00 Michael McIntyre's Big Show		9.00 Film: The Longest Yard			
	139 SKY SCI-FI	7.00 Star Trek: Voyager							
	113 SKY MAX	7.00 TV's Greatest Game Shows				9.00 Big Zuu and AJ Tracey's Rich Flavours		10.00 A League of Their Own: Mexican...	
	109 U&ALIBI	7.00 Hudson & Rex		8.00 Beyond Paradise		9.00 Death in Paradise			
	130 SKY ARTS	‹ 5.50 The Hollies: Look Through Any Window			8.20 Pink Floyd: The Story of Wish You Were Here		9.40 Pink Floyd: A Technicolor Dream		
	132 U&W	7.00 999 Rescue Squad				9.00 Miranda			
DOCUMENTARY	125 DISCOVERY	7.00 Gold Rush: Mine Rescue with Freddy...		8.00 Blowing Up History		9.00 Ed Stafford: Man Woman Child Wild		10.00 Marooned with Ed Stafford	
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Guardians of Rescue		9.00 Animal Cops Houston		10.00 Alaska: Surviving the Last Frontier	
	129 NAT GEO	7.00 Seconds from Disaster		8.00 Car S.O.S.					
	123 SKY HISTORY	7.00 WW2 Air Crash Detectives				9.00 Greatest Prison Escapes with Billy Hayes			
	155 U&YESTERDAY	7.00 Bangers & Cash: Restoring Classics		8.00 Bangers & Cash					
	121 SKY DOCS	‹ 6.40 Tony Hawk: Until the Wheels Fall Off				9.00 100 Foot Wave		10.00 The Girl Who Caught a Killer	
FILMS – Sky Cinema	301 PREMIERE	‹ 6.05 Beetlejuice Beetlejuice		8.00 Old Guy			9.45 The Front Room		
	302 ROMANCE	‹ 6.10 Mamma Mia!		8.00 Love Actually				10.20 Valentine's Day	
	303 BLOCKBUSTERS	‹ 5.55 Twisters		8.00 Beetlejuice Beetlejuice				10.00 Bad Boys: Ride or Die	
	304 GREATS	‹ 6.05 The Sugarland Express		8.00 Schindler's List					
	305 ANIMATION		7.15 Kung Fu Panda 3			8.55 Kung Fu Panda 4			10.35 Fireheart
	306 FAIRYTALE	‹ 5.50 Despicable Me 4	7.35 The Wild Robot				9.35 The Adventures of Baron Munchausen		
	307 KARATE KID	‹ 5.30 The Karate...	7.30 The Next Karate Kid				9.30 The Karate Kid		
	308 COMEDY	‹ 6.25 Ace Ventura Pet Detective		8.00 Ace Ventura: When Nature Calls			9.45 Sasquatch Sunset		
	309 THRILLER	‹ 5.20 Zero Dark Thirty		8.00 The Godfather					
	310 PRIDE	‹ 6.15 I Saw the TV Glow		8.00 Cuckoo			9.50 Dorian Gray		
	311 SCI-FI	‹ 6.20 Ouija		8.00 It				10.20 Abigail	
	313 FILM4		7.05 10 Things I Hate About You			9.00 The Contractor			
SPORT	401 MAIN EVENT	‹ 6.00 US Women's Open Golf – Live: Coverage of day three of the second Major of the year, which comes from Erin Hills in Wisconsin							
	402 PREMIER LEAGUE	7.00 Unpacked		8.00 Transfer 360		9.00 PL Review		10.00 Class of '92: Full Time	
	403 FOOTBALL	‹ 6.00 EFL Cup Retro			8.45 EFL Greatest Games		9.30 Championship Season Review		10.30 EFL Rivalries
	404 CRICKET		7.15 Best of ICC WT20	8.00 Best of England v Windies		9.00 One-Day International Cricket		10.00 Best of ICC...	10.30 The Boy From...
	410 TNT SPORTS 1	‹ 6.00 UEFA Champions League – Live: Paris Saint-Germain v Inter Milan (Kick-off 8.00)							
	411 TNT SPORTS 2	‹ 1.45 Triathlon...	7.30 The WRC...	8.00 Giro d'Italia Men Highlights		9.00 Discovery Golf	9.30 Grand Slam Track Athletics – Live		

‹ Denotes programmes starting before 7.00pm † Regions vary

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SATURDAY

Saturday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen** New edition With musician Craig David. (S)
11.30 **The Great Food Guys** (S)(R)(AD)
12.00 NOON **Homes Under the Hammer** From Norfolk. (S)(R)
1.00 PM **BBC News** (S)
1.15 **Bargain Hunt** (S)(R)
2.00 **Escape to the Country** (S)(R)(AD)
2.35 **Garden Rescue** (S)(R)(AD)
3.05 **Tabby McTat** Animation. (S)(R)(AD)
3.30 **Deadly 60** Documentary. (S)(R)
4.00 **Planet Earth III** 8/8. The stories of conservation heroes fighting to save the world's wildlife. (S)(R)(AD)
5.00 **BBC News** (S)
5.10 **Local News** (S)
5.20 **Celebrity Bridge of Lies** New edition 5/10. Rachel Riley, Les Dennis, Jordan Banjo and Fiona O'Carroll take part. (S)

9.20 The Last Anniversary

6 PM
6.05 **The Hit List** New edition 11/12. Celebrity special, with Brenda Edwards, Kéllé Bryan, Layton Williams, Angela Scanlon, James Haskell and Mike Bushell. (S)
6.50 **Doctor Who** Series finale *The Reality War:* 8/8. Part two of two. Battle rages across the skies as the Rani and her allies unleash their deadly ambition. (S15) *See feature, page 12.* (S)(AD)

7 PM
8 PM
8.00 **Blankety Blank** New edition 6/9. Panellists include Sue Perkins, Ashley Roberts and John Barnes. (S)
8.30 **Casualty** Loyalties are tested on the day of Faith and Iain's wedding, while Ngozi struggles to resist temptation. (S)(AD)

9 PM
9.20 **The Last Anniversary** New episode 3/6. Sophie discards one unsuitable suitor just as another enters her life. Grace continues to struggle with motherhood, as well as her own mother. (S1) (S)(AD)
■ Entire series on BBC iPlayer

10 PM
10.10 **BBC News** (S)
10.30 **Mrs Brown's Boys** 1/4. Agnes is feeling down in the dumps. (S4) (S)(R)(AD)
11.00 **Match of the Day: Champions League Football** Paris Saint-Germain v Inter Milan: Gabby Logan presents action from the final at Allianz Arena in Munich. (S)
11.40 **FILM Scary Stories to Tell in the Dark** Horror with Zoe Margaret Colletti and Michael Garza. (S) (2019, 15, 100min) ★★
1.20 AM **Weather for the Week Ahead** Seven-day forecast. (S)
1.25 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.30 AM **Children's Programmes**
9.00 **Gardeners' World** (S)(R)
10.00 **Life in the Air** 3/3. Featuring footage shot from within a giant flock of birds. (S)(R)(AD)
11.00 **Interior Design Masters with Alan Carr** 8/8. The finalists transform holiday cottages in Portmeirion, Gwynedd. (S)(R)(AD)
12.00 NOON **LIVE Gymnastics: European Championships** Matt Baker presents coverage of the concluding apparatus finals on the sixth and final day of the annual event, held this year at Leipzig Trade Fair in Germany. (S)
4.00 PM **LIVE Rugby League: Super League** Leeds Rhinos v Wakefield Trinity: All the action from the top-flight match at AMT Headingley Stadium. Kick-off is at 4.30. (S)

9.30 When Bruce Springsteen...

6 PM
6.30 **Hidden Treasures of the National Trust** 3/6. A dress at Kedleston Hall in Derbyshire is in need of repair, and a painting at Dryham Park in Gloucestershire also needs attention. (S)(R)(AD)

7 PM
7.30 **Jane Austen: Rise of a Genius** 1/3. Juliet Stevenson narrates a dramatised documentary examining how Jane Austen became one of the world's most well-known and critically acclaimed novelists. (S)(R)(AD)

8 PM
8.30 **NEW Bruce Springsteen at the BBC** A selection of performances from the BBC's archives by the American singer-songwriter, featuring appearances on *The Old Grey Whistle Test* and *Top of the Pops*. (S)

9 PM
9.30 **NEW When Bruce Springsteen Came to Britain** A look at the singer-songwriter's relationship with the UK, telling the story of his first European gig at London's Hammersmith Odeon in November 1975. *See feature, page 4.* (S)

10 PM
10.35 **NEW Bruce Springsteen and the E Street Band: Hammersmith Odeon 1975** The singer-songwriter and his band's first European concert, featuring performances of *Thunder Road, She's the One* and *Born to Run*. (S)
12.45 AM **Bruce Springsteen: A Secret History** The singer-songwriter talks about his life and career. (S)(R)
1.45 **FILM Blinded by the Light** Coming-of-age drama with Viveik Kalra. (S) (2019, 12, 110min) ★★★
3.35 **Sign Zone: The Bombing of Pan Am 103** 3/6. (S1) (S)(R)(AD)
4.35 **to 6.10** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Love Your Garden** (S)(R)(AD)
6.30 **Love Your Weekend with Alan Titchmarsh** With Mark Gatiss. (S)(R)
8.25 **Jimmy & Shivi's Farmhouse Breakfast** New edition (S)
9.25 **ITV News** (S)
9.30 **James Martin's Saturday Morning** New edition With Louise Redknapp.
11.40 **Jeremy Pang's Hong Kong Kitchen** New edition (S)(AD)
12.40 PM **Raymond Blanc's Royal Kitchen Gardens** (S)(R)(AD)
1.10 **ITV News** (S)
1.30 **LIVE Racing** Coverage from Haydock Park, York and Chester. (S)
4.00 **In for a Penny** (S)(R)(AD)
4.30 **Tipping Point: Lucky Stars** Anna Williamson, Amir Khan and Stuart Pearce compete. (S)(R)
5.30 **ITV News** (S)
5.45 **Local News** (S)

7.00 Britain's Got Talent: Live Final

6 PM
6.00 **The Chase Celebrity Special** Bradley Walsh hosts as Adam Jones, Monica Dolan, Dom Wood and Dick McCourt pit their wits against one of the ruthless Chasers in a bid to secure a charity prize. (S)(R)

7 PM
7.00 **Britain's Got Talent: Live Final** Series finale 14/14. Over the past few months, judges Simon Cowell, Amanda Holden, Alesha Dixon and Bruno Tonioli have witnessed an incredible array of talent and were given the task of whittling the acts down to 40, who then competed in five semi-finals. Now the 2025 winner will be decided, with the victorious act pocketing £250,000 and landing a spot on the Royal Variety Performance bill. Hosted by Ant and Dec. (S)(AD)

8 PM
9 PM
9.45 **Fake** New episode *Love Kitten:* 5/8. Joe tells Birdie he needs funds for the deposit on their property, so with their future hanging in the balance, she rushes to gather the money before the deadline. (S1) (S)(AD)
■ Entire series on ITVX

10 PM
10.30 **ITV News** (S)
10.50 **FILM The World's End** Sci-fi comedy starring Simon Pegg and Nick Frost. An epic pub crawl takes a very bizarre turn for five old friends. (S)(AD) (2013, 15, 120min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.50 AM **Teleshopping**
3.00 **For the Love of Dogs with Alison Hammond** Double bill. (S)(SL)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Gary Barlow's Food and Wine Tour: Australia** (S)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.00 AM **Cheers** (S5&6) (S)(R)
7.45 **Frasier** 13-15/24. (S10) (S)(R)(AD)
9.10 **The Simpsons** (S)(R)(AD)
10.40 **Come Dine with Me: The Professionals** In Edinburgh. (S)(R)
11.40 **Four in a Bed** Five editions of the B&B challenge. (S)(R)
2.10 PM **A Place in the Sun** Sara Damergi helps a couple find a property in Fuerteventura. (S)(R)
3.10 **Grand Designs** Couple Ara and Tony build a home focused on health and wellbeing. (S)(R)(AD)
4.15 **Kirstie and Phil's Love It or List It** In Hertfordshire, Kirstie Allsopp and Phil Spencer help Aneri and Nihar decide whether to stay put or to start afresh. (S)(R)(AD)
5.15 **The Piano: The Final** 7/7. The seven amateur pianists face the final concert. (S)(R)(AD)

8.20 Secrets of Flying Scotsman

6 PM
6.20 **News** (S)
6.50 **F1: Spanish Grand Prix Qualifying Highlights** Lee McKenzie presents action from the battle for grid positions in the ninth round of the season, held at Circuit de Barcelona-Catalunya. With expert analysis from David Coulthard and Alice Powell. (S)

7 PM
8 PM
8.20 **NEW SERIES Secrets of Flying Scotsman** 1/2. Documentary about the world's most famous steam locomotive. Built in 1923, it became a symbol of the golden age of steam and an enduring example of British design and engineering. (S)(AD)

9 PM
9.20 **FILM PREMIERE See How They Run** Mystery comedy set during the original 1950s production of *The Mousetrap*, starring Sam Rockwell and Saoirse Ronan. A world-weary inspector and his eager young sidekick investigate a murder at a West End theatre. With David Oyelowo. (S)(AD) (2022, 12, 115min) ★★★★ *See review, page 25.*
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

10 PM
11.15 **FILM The Day the Earth Stood Still** Sci-fi action thriller remake. (S)(AD) (2008, 12, 115min) ★★
1.10 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
2.00 **Travel Man: 48 Hours in Marseilles** (S)(R)(AD)
2.30 **The Horne Section TV Show** (R)
3.25 **The Simpsons** (S)(R)(AD)
5.05 **Sunday Brunch Best Bits** (S)(R)
5.10 **to 6.05** AM **The Dog House** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.30 AM **Milkshake!**
8.55 **SpongeBob SquarePants** (S)(R)
9.10 **Entertainment News** (S)
9.20 **Bargain-Loving Brits in the Sun** Four editions. (S)(R)(AD)
1.05 PM **Dogs Behaving (Very) Badly** Graeme Hall meets two collies that are against anyone leaving the house. (S)(R)
2.05 Graeme meets a Doberman that is causing chaos with his pulling. (S)(R)
3.05 Graeme attempts to end the war between two Chihuahuas in Scotland. (S)(R)
4.00 Graeme meets a pug that starts screaming at the sight of a vehicle. (S)(R)
5.00 **Secrets of the Royal Gardens** A look at the grounds of the UK's palaces. (S)(R)

9.30 Fawlty Towers: A Very...

6.00 **News** (S)
6.05 **Kensington Palace: Behind Closed Doors** 2/2. A study of Queen Victoria's teenage years at Kensington Palace. (S)(R)

7.00 **Secrets of the Royal Traditions** Series finale 6/6. A look at how Elizabeth II was instrumental in the abolition of male precedence in the line of succession. (S)
8.00 **NEW Megxit: Inside the Sandringham Summit** A look at the 2020 meeting that changed the Royal Family for ever when Prince Harry was set on a collision course with his brother, father and the monarchy itself. (S)
9.30 **NEW Fawlty Towers: A Very British Comedy** A look at controversies surrounding the classic comedy created by John Cleese and Connie Booth, examining its sometimes uncomfortable place in the modern world. (S)
10.55 **1972: Those Were the Days** Controversies, scandals and shocks from 1972, when *A Clockwork Orange* and *Last Tango in Paris* shocked cinema audiences. (S)(R)
12.55 AM **Entertainment News** (S)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **A Country Life for Half the Price with Kate Humble** (S)(R)
3.50 **Dogs Behaving (Very) Badly**
4.40 **The Wonderful World of Chocolate** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **The Pingu Show** (S)(R)
6.30 **Lego City Adventures** (S)(R)
6.45 **Let's Game** (S)(R)
7.05 **Monkey Life** (S)(R)(AD)
9.00 **The F1 Show** A look ahead to the Spanish Grand Prix. (R)
10.00 **Whale with Steve Backshall** Double bill. (S)(R)(AD)
12.00 NOON **The Simpsons** (S)(R)
1.30 PM **FILM The Portable Door** Adventure starring Christoph Waltz and Sam Neill. Two interns eventually discover the true agenda of the corporation where they work. (S)(AD) (2023, PG, 130min) ★★★
3.30 **The Simpsons** (S)(R)
5.15 **F1: Spanish Grand Prix Qualifying Highlights** The battle for grid positions in the ninth round of the season.

7.15 Back to the Future

F1: Spanish Grand Prix Qualifying Highlights (started at 5.15pm)

7.15 **FILM Back to the Future** Time-travel comedy fantasy starring Michael J Fox and Christopher Lloyd. A teenager is accidentally sent back in time to 1955 and must ensure that his future parents fall in love. With Lea Thompson and Crispin Glover. (S) (1985, PG, 115min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

9.25 **FILM Twister** Disaster drama starring Helen Hunt and Bill Paxton as an estranged married couple of meteorologists who reunite to chase tornadoes across the American Midwest. With Jami Gertz and Cary Elwes. (1996, PG, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.35 **Katherine Ryan: Missus** A stand-up performance by the comedian. (S)(R)
1.00 AM **Poker Face** 6/12. Charlie finds herself caught in a school kid's plot concerning the class pet. (S2) (S)(R)(AD)
2.00 **The Office (US)** (S5) (S)(R)
3.30 **Road Wars** (S)(R)
4.00 **to 6.00** AM **Nothing to Declare** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
No variations

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
1.15pm Tabby McTat (S)(R)(AD) **1.40** Deadly 60 (S)(R) **2.10** Escape to the Country (S)(R)(AD) **2.45-5.20pm** LIVE Scrum V (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
6.30pm The Hairy Bikers' Pubs That Built Britain (S)(R) **7.00-7.30pm** Suzie Lee's Great Food Made Simple (S)(R)

WALES
Sky 968, Freesat 968
4.00pm Planet Earth III (S)(R)(AD) **5.00-5.10** BBC News (S) **5.15** Weather (S) **5.20** Villages by the Sea (S)(R) **5.50** Walking with Dinosaurs (S)(R) **6.40** Gardeners' World (S)(R) **7.40-8.30pm** The Great House Revival New edition (S)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Annibendod **10.10** Amser Maith Maith yn Ôl **10.30** Eisteddfod yr Urdd New edition **12.00noon** Eisteddfod yr Urdd New edition **2.00pm** Eisteddfod yr Urdd New edition **2.30** Eisteddfod yr Urdd New edition **6.00** Newyddion a Chwaraeon **6.15** Eisteddfod yr Urdd New edition **8.00** Aur y Noson Lawen **9.00** Elis James: Derwydd **10.00** Tafwyl '24 **11.00-11.35pm** Yn y Lwp

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **EastEnders** Stacey's behaviour worries Kat. **7.30** Barney comforts Avani over the abusive messages.
8.00 **Doctor Who: Unleashed** Series finale 8/8. Behind the scenes on the series finale.
8.30 **Alison Hammond's Big Weekend** 3/6. The presenter spends 48 hours in the company of actor and singer Luke Evans.
9.00 **Two Pints of Lager and a Packet of Crisps** 6/14. Janet and Jonny's hen and stag nights approach. **9.30** 7/14. Janet and Jonny miss their own wedding. **10.00** 8/14. Gaz reacts to the misery of Donna leaving him by binge eating. (S5)
10.30 **I Kissed a Boy** 5&6/10.
12.05 AM **Glow Up: Britain's Next Make-Up Star**
1.05 **Doctor Who: Unleashed**
1.35 **Paranormal: The Girl, the Ghost and the Gravestone**
2.05 **My Mate's a Bad Date**
2.30 **to 3.55** AM **Two Pints of Lager and a Packet of Crisps**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Squirrel Island** Red squirrels on Brownsea Island.
7.10 **All Creatures Great and Small** *City Slicker:* An old friend visits James. **8.05** *For Richer, for Poorer:* Siegfried's plans go awry.
9.00 **NEW SERIES The Black Forest Murders** *A Village on the Hunt:* 1/4. German crime drama starring Nina Kunzendorf. DCI Barbara Kramer and her colleague Thomas Riedle search for a missing young woman. **9.45** New episode *Task Force Sunday:* 2/4. A second body is discovered. Subtitled. *See feature, page 8.* (S1)
■ Entire series on BBC iPlayer
10.30 **Bob Servant** 4/6. Bob's TV interview for the by-election goes badly wrong. (S1)
11.00 **Bob Servant** 5&6/6. (S1)
12.00 M'T **Amol Rajan Interviews: Brian Cox**
12.45 AM **The Good Life**
1.10 **All Creatures Great and Small** Double bill.
3.00 **to 3.45** AM **Amol Rajan Interviews: Brian Cox**

MORE4

136/137 127 147 18 124 15

8.55 AM **Four in a Bed**
11.35 **Ugly House to Lovely House with George Clarke** An unfinished project in Colchester from 2017.
12.35 PM **George Clarke's Amazing Spaces**
1.35 **George Clarke's Old House, New Home**
2.40 **Location, Location, Location** From London.
3.40 **Come Dine with Me**
6.20 **Four in a Bed** The week's contest begins in Newquay at Avalon Guest House.
6.55 **Four in a Bed** The hoteliers spend the night at the Bear Inn at Wincanton, Somerset. **7.25** A visit to the Chelsea Hotel in Bournemouth. **7.55** The last visit of the week is to The Holford Arms in Tetbury in Gloucestershire. **8.25** Payment Day arrives.
9.00 **24 Hours in A&E** An 18-year-old is brought in after being knocked off her motorbike, and a 41-year-old woman suffers memory loss after falling from her loft. **10.00** A 20-year-old man is brought in after being involved in a high-speed motorcycle accident, and a 70 year old arrives at A&E with a high heart rate.
11.05 **999: On the Front Line**
12.10 AM **Emergency Helicopter Medics**
2.20 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Brooklyn Nine-Nine**
6.30 **The Goldbergs**
8.50 **Lego Masters New Zealand** The teams create monsters in the semi-final.
9.50 **Made in Chelsea**
10.50 **Ramsay's Kitchen Nightmares USA**
1.50 PM **FILM Hotel Transylvania: Transformania** Animated comedy adventure featuring the voice of Andy Samberg. (2022, PG, 87min) ★★
3.30 **The Big Bang Theory**
6.00 **The Simpsons** Six episodes of the comedy, including at: **7.30** *Grampy Can Ya Hear Me:* Grampa gets a hearing aid and finally discovers what everyone has been saying about him. **8.00** *Panic on the Streets of Springfield:* Lisa makes an imaginary friend. **8.30** *The Man from GRAMPA:* A British secret agent arrives in Springfield.
9.00 **Celebrity Gogglebox** Famous faces appraise *Celebrity MasterChef, Thelma & Louise* and *Grease.*
10.00 **Gogglebox** Opinions on *Celebrity Bear Hunt, The Apprentice* and *Michael McIntyre's Big Show.*
11.05 **Gogglebox**
12.05 AM **First Dates**
2.10 **Gogglebox**
4.10 **to 6.00** AM **Ramsay's Hotel Hell**

+1 hr 235/236 306 30 123 256

SATURDAY Entertainment

Saturday

Sky Witness

107 107 110 341 356

6.00 AM **Brit Cops: Frontline Crime UK** Documentary.
7.00 **Sun, Sea and A&E**
8.00 **Motorway Patrol** Double bill of the series following the New Zealand highway patrol.
9.00 **Caught Red Handed**
12.00 NOON **Stop, Search, Seize** Documentary following the work of Ireland's border force.
1.00 PM **Border Security USA** Two Iraqi men are stopped at the Canadian border.
2.00 **Nothing to Declare** Ten editions of the documentary.

7.00 Nothing to Declare

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **Nothing to Declare** Following customs officers in Australia.
8.30 **The Best of Nothing to Declare** Series highlights.

9 PM
9.00 **Elsbeth** *Devil's Night:* 3/20. An ex-child star wakes up on Halloween with amnesia, believing she committed murder. (S2)

10 PM
10.00 **The Equalizer** *Sins of the Father:* 16/18. McCall investigates when former CIA agent Elijah Reed goes missing. (S5)
11.00 **Blue Bloods** 20/20. Jamie and Joe search for an undocumented girl who has been sex-trafficked. (S12)
12.00 M'T **FBI: Most Wanted** (S4)
1.00 AM **The Good Doctor** (S3)
2.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Fish Town**
8.00 **Gangs of London** (S3)
12.20 PM **Game of Thrones** 1/7. Jon organises the North's defences.
1.30 2/7. Daenerys receives an unexpected visitor.
2.40 3/7. Jon finally meets Daenerys at Dragonstone.
3.50 4/7. Daenerys launches an attack on the Lannisters.
4.55 5/7. Daenerys makes an offer to the Lords of Westeros.
6.05 6/7. Jon and his men go beyond the wall to capture a white walker. (S7)

9.00 The Penguin

7.30 **Game of Thrones** *The Dragon and the Wolf:* 7/7. Everyone meets in King's Landing to discuss the fate of the realm, Sansa confronts Arya, while Sam and Bran discover a secret about Jon. (S7)

9.00 **The Penguin** *Top Hat:* 7/8. Oz fights to preserve his family and his enterprise, while Sofia makes a shocking discovery. (S1)

10.00 **Homicide: Life on the Street** *Kaddish:* 17/22. Munch's old high-school crush is raped and murdered. (S5)
11.00 **Homicide: Life on the Street**
12.55 AM **The Wire** 2/10. (S5)
2.00 **NEW Mountainhead** Jesse Armstrong's satire with Steve Carell and Jason Schwartzman.
4.00 **The Leftovers** 7/10. (S1)
5.05 **to 6.00** AM **Richard E Grant's Hotel Secrets**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Supergirl** 1&2/22. (S4)
8.00 **Grimm** 7-10/22. (S4)
12.00 NOON **The Walking Dead** Five episodes, including at:
3.00 PM 6/16. Daryl and Carol go in search of Beth and her kidnappers as they follow the car with the white cross.
4.00 7/16. Rick leads a rescue mission to Atlanta. (S5)
5.00 **FILM Ghost Rider: Spirit of Vengeance** Comic-book adventure sequel starring Nicolas Cage and Idris Elba. (2012, 12, 91 min) ★★

5.00 Ghost Rider: Spirit of...

7.00 **TV's Greatest Game Shows** Roy Walker is joined by celebrities and past competitors to explore what makes game shows great, including the biggest winners, unluckiest losers and most memorable tantrums.

9.00 **Big Zuu and AJ Tracey's Rich Flavours** 2/3. Exploring the Highlands' most expensive and outrageous dishes.

10.00 **A League of Their Own: Mexican Road Trip** 3/6. The gang take MLS-style penalties in front of 60,000 fans.
11.00 **Strike Back: Silent War** 7/10. Section 20 attempt to stop Pavel and Katrina from arming a notorious terrorist. (S7)
12.00 M'T **Road Wars**
1.00 AM **Poker Face** 6/12. Charlie finds herself caught in a plot concerning a class pet. (S2)
2.00 **Road Wars** Double bill.
4.00 **to 6.00** AM **Sun, Sea and A&E**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **Totally Bonkers Guinness World Records**
9.45 **Deal or No Deal Celebrity Special** Double bill.
11.45 **American Ninja Warrior**
1.35 PM **The Masked Singer US**
3.15 **FILM Bee Movie** Animation with the voice of Jerry Seinfeld. (2007, U, 91 min) ★★★
5.10 **FILM Shrek** Animated comedy adventure with the voices of Mike Myers, Eddie Murphy and Cameron Diaz. (2001, U, 90min) ★★★★★

3.15 Bee Movie

6.55 **FILM Men in Black** Sci-fi action comedy starring Tommy Lee Jones and Will Smith. A streetwise New York cop joins a secret government agency that polices alien activity on Earth. (1997, PG, 94min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **FILM Baywatch** Action comedy based on the TV series starring Dwayne Johnson and Zac Efron. A veteran lifeguard teams up with an Olympic swimmer to scupper a criminal scheme. (2017, 15, 121 min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.20 **Family Guy** 5/23. Brian and Stewie go back in time. (S10)
11.45 **Family Guy** 16/18. (S9)
12.15 AM **American Dad!** (S7)
1.15 **Iain Stirling's CelebAbility**
2.00 **Totally Bonkers Guinness World Records**
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **George and Mildred**
6.35 **A Touch of Frost**
8.50 **FILM Carry On Doctor** Comedy with Frankie Howerd. (1968, PG, 90min) ★★★
10.50 **Doc Martin** 3&4/8. (S5)
12.50 PM **Agatha Christie's Poirot**
3.00 **Midsomer Murders** *Death by Persuasion:* A woman is stabbed to death during a Jane Austen re-enactment.
5.00 *The Ghost of Causton Abbey:* Murder strikes at a disused abbey that is believed to be cursed.

11.00 Lewis

7.00 **Midsomer Murders** *The Curse of the Ninth:* Musicians compete for a prestigious award at the annual Thassingham Classical Music Festival – but the winner is murdered and a priceless violin is stolen.

9.00 **Vera** *The Way the Wind Blows:* The body of a young woman is washed up on the banks of the River Tyne and DCI Stanhope uncovers a web of intrigue, betrayal and lost promises as she investigates.

11.00 **Lewis** *Old, Unhappy, Far Off Things:* A college reunion takes a tragic turn when a guest is found murdered.
12.45 AM **Long Lost Family**
1.40 **George and Mildred**
2.05 **On the Buses**
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **The Mart** Auctioneer Finlay McIntyre is under pressure to get top prices at the pedigree ram sale.
7.45 Thainstone plays host to a rare breeds sale.
8.15 **Icons of Football** A profile of former winger John Robertson.
8.45 A profile of former striker Joe Jordan.
9.15 **The All Star Euros Sketch Show** A selection of send-ups and musical numbers about football.
9.45 **Scotland '78: A Love Story** The story of the Scottish national football team in 1978.
10.45 **Growing Up Scottish** Focusing on sport.
11.00 **Two Doors Down** 3/6. Christine is in hospital for an operation. (S4)
11.30 PM **to 12.00** M'T **Mrs Brown's Boys** 5/7. (S3)

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **The Conners** (S1)
10.30 **Entourage** (S3)
1.10 PM **Insecure** (S4&5)
4.30 **Ballers** (S2)
6.30 **The Office (US)** 11/28. Phyllis organises a Moroccan-themed Christmas party.
7.00 12/28. Michael reveals the details of Angela's affair.
7.30 13/28. Michael and Dwight try to infiltrate a family-run company.
8.00 14/28. Part one of two. Michael decides the staff needs help with stress relief.
8.30 15/28. Part two of two. Michael stages a no-holds-barred roast of himself. (S5)
9.00 **James Acaster: Hecklers Welcome**
10.30 **The Rehearsal** (S2)
12.00 M'T **Katherine Ryan: Missus** Stand-up show.
1.10 AM **Entourage** (S8)
2.30 **Barry** 7&8/8. (S3)
3.45 **to 5.00** AM **Girls**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **The Wind in the Willows** Musical.
8.15 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM **Discovering**
2.00 **Classic Movies: The Story of Flash Gordon**
3.00 **Cliff Richard and the Shadows: The Final Reunion** From 2009.
5.50 **The Hollies: Look Through Any Window**
8.20 **Pink Floyd: The Story of Wish You Were Here** The making of the band's classic album.
9.40 **Pink Floyd: A Technicolor Dream** Documentary about a legendary 1967 concert at Alexandra Palace.
11.40 **Classic Albums**
12.40 AM **Isle of Wight Festival Highlights 2022**
2.40 **Brian and Roger Eno Live at the Acropolis**
4.10 **Classic Albums**
5.10 **to 6.00** AM **Discovering**

Sky Mix

151 158 135 11 141 23

6.00 AM **Nothing to Declare**
8.00 **Silly Animals**
8.15 **Play Your Pets Right**
8.25 **Trolls: Trollstopia**
8.45 **Alvinnn!!! and the Chipmunks** Animation.
9.00 **Nothing to Declare**
11.00 **Africa's Claws and Jaws**
12.00 NOON **Africa's Wild Horizons** Documentary.
1.00 PM **Monkey Life**
2.00 **Baby Animals**
3.00 **David Attenborough's First Life** Double bill.
5.00 **Animals Like Us**
6.00 **Super Shark Highway**
7.00 **Airborne** Animals that use the air to survive and thrive.
8.00 **Caught on Dashcam**
9.00 **Love You to Death** The captain of a cheerleading team is shot dead.
10.00 **Hawaii Five-0** 4-6/24. Triple bill.(S1)
1.00 AM **Sex and the City**
3.00 **Nothing to Declare**
4.00 **to 6.00** AM **The Force: Manchester**

ITV Be

131/132 125 119 28 119 22

7.30 AM **Buying the View**
8.00 **Olivia Meets Her Match** Double bill.
9.55 **Dinner Date**
1.00 PM **Project Bakeover**
3.55 **Real Housewives and the Menopause**
4.55 **The Real Housewives of Cheshire** Reality series.
6.00 **Celebrity Dinner Date** Triple bill, including at:
8.00 David Potts chooses three people to date based on the menus he likes the look of.
9.00 **FILM Pretty Woman** Romantic comedy starring Julia Roberts and Richard Gere. A multi-millionaire businessman and a Hollywood Boulevard hooker fall in love. (1990, 15, 117min) ★★★★
11.25 **Loaded in Paradise**
12.30 AM **The TOWIE Years**
1.30 **Teleshopping**
2.30 **to 6.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Highway to Heaven**
1.00 PM **Highway to Heaven** Eight episodes of the drama, including at:
7.00 *The Last Assignment:* 17/24. Jonathan meets a fellow angel who has been on probation for 200 years.
8.00 *To Bind the Wounds:* 18/24. A man tries to build a memorial to his dead son. Guest stars Eli Wallach. (S2)
9.00 **Aurora Teagarden Mysteries: How to Con a Con** Crime drama with Candace Cameron Bure.
10.55 **Aurora Teagarden Mysteries: Reunited and It Feels So Deadly** Crime drama starring Candace Cameron Bure.
12.50 AM **The New Avengers**
3.00 **Randall and Hopkirk (Deceased)** 9/26. (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Derby Through the Years** Memorable stagings.
6.20 **Minder**
7.20 **Dempsey and Makepeace**
8.25 **T100 Highlights**
9.30 **Racing: The Opening Show**
10.30 **The Big Match Revisited**
11.30 **Isle of Man TT**
12.30 PM **The Professionals**
1.35 **FILM The Magnificent Seven Ride!** Western sequel. (1972, PG, 100min) ★★★
3.40 **FILM Clash of the Titans** Fantasy with Sam Worthington. (2010, 12, 106min) ★★

10.00 The Good, the Bad and...

5.45 **FILM The Alamo** Epic Western directed by and starring John Wayne, about the famous band of Texans facing attack from 7000 Mexicans. With Richard Widmark. (1960, PG, 161min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Isle of Man TT** Action from the opening Supersport TT race, as the racing in the competition got under way.

10.00 **FILM The Good, the Bad and the Ugly** Sergio Leone's classic Spaghetti Western set during the American Civil War. Stars Clint Eastwood, Lee Van Cleef and Eli Wallach. (1966, 15, 155min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
1.35 AM **Isle of Man TT** The opening Supersport TT race.
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **FILM Drone Wars** Action adventure with Corin Nemec. (2016, PG, 79min) ★★
1.00 PM **FILM Doomsday Device 2020** Sci-fi thriller with Corin Nemec. (2017, PG, 90min) ★★
3.00 **Star Trek: Enterprise** 11/26. Trip rescues an alien woman. **4.00** 12/26. The crew must take refuge during a storm. **5.00** 13/26. Trip is stranded. **6.00** 14/26. The crew attend a medical conference. (S2)

7.00 Star Trek: Voyager

7.00 **Star Trek: Voyager** *Thirty Days:* 9/26. The crew discover a huge ocean populated by a maritime alien species.

8.00 **Star Trek: Voyager** *Counterpoint:* 10/26. Janeway attempts to transport illegal refugees.

9.00 **Star Trek: Voyager** *Latent Image:* 11/26. The Doctor discovers that his short-term memory has been tampered with.

10.00 **Star Trek: Voyager** *Bride of Chaotica!:* 12/26. The ship is involved in a battle with an alien species from the fifth dimension. (S5)
11.00 **The Walking Dead** 5/16. One of Alexandria's survivors faces a heartbreaking dilemma. **12.00** M'T 16/16. The stakes become higher for Rick. (S7) **1.00** AM 1&2/16. (S8)
3.00 **FILM America Is Sinking** Adventure starring Johnny Pacar. (2023, 12, 80min) ★★
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S14)
10.00 **Elementary** 4-6/24. (S4)
1.00 PM **Inspector George Gently**
3.00 **Father Brown** Four episodes of the drama, including at: **4.00** *The Royal Visit:* A royal visit is jeopardised when a body is recovered. **5.00** *The Show Must Go On:* The latest production by the Kembleford Players is dramatic in more ways than one. **6.00** *The Sands of Time:* Brenda finds love at the home of a clock collector.

11.00 The Pastor's Wife

7.00 **Hudson & Rex** *Double Dog Dare:* 1/16. A kidnapping case leads Charlie and Rex to Bell Island. (S7)

8.00 **Beyond Paradise** 5/6. On a moor outside of Shipton Abbott, a woman is found with an arrow in her back. (S2)

9.00 **Death in Paradise** *Man Overboard – Part One:* 5/8. The police's latest murder inquiry takes them to London.

10.00 **Death in Paradise** *Man Overboard – Part Two:* 6/8. The detectives are left with two murders to solve. (S6)
11.00 **FILM The Pastor's Wife** Drama with Rose McGowan. (2011, PG, 87min) ★★★
12.50 AM **Father Brown** *The Hidden Man:* Father Brown's friendship with Flambeau is tested.
1.50 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.10 AM **Hi-de-Hi!**
7.50 **Only Fools and Horses**
1.00 PM **Only Fools and Horses** Six episodes, including at: **4.30** Del Boy gets his hands on a consignment of self-inflating rubber dolls. **5.35** A retired jeweller offers Del Boy the deal of a lifetime – then suddenly suffers a heart attack and gets taken to hospital with the merchandise still in his briefcase. **6.45** Rodney wins a holiday at a five-star hotel in Majorca.

9.10 Only Fools and Horses

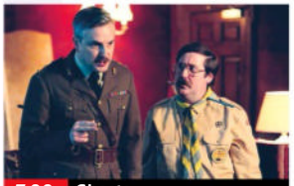
7.55 **Only Fools and Horses** Del Boy's beloved mother apparently makes contact during a seance at the Nag's Head, inspiring him to visit the doctor to seek treatment for stomach cramps. **9.10** Rodney ties the knot with Cassandra, while Del tries to dodge a bashing from the dreaded Driscoll brothers over some stolen mobile phones. **10.20** Del Boy becomes a yuppie, and Rodney begins attending a computer course.
11.25 **Only Fools and Horses**
12.30 AM **French & Saunders: Funny Women** Dawn French and Jennifer Saunders discuss crucial female contributions to comedy.
2.30 **to 4.00** AM **Only Fools and Horses**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Cops on the Rock**
8.00 **Storage Hunters UK**
9.00 **James May: The Reassembler**
10.00 **Top Gear** With Simon Pegg.
11.00 **Red Bull Soapbox Race**
1.00 PM **Guy Martin's Great Escape**
3.00 **Cape Carnage: Killer Catch**
4.00 **Motorhoming with Merton & Webster** From Devon.
5.00 **The Americas with Simon Reeve** Simon travels the length of California.
6.00 **Border Force: America's Gatekeepers** A woman is detained for carrying a gun.



7.00 Ghosts

7.00 **Ghosts** The harmony at Button House is broken when a photo goes viral. **7.40** After a night of partying, Alison and Mike scramble to clean up the house for a venue viewing. **8.20** Lady Button is confused by urges she has not felt before.

9.00 **The Office** There is rivalry aplenty at the annual quiz night. **9.40** **Extras** Andy and Maggie appear in guest star Kate Winslet's latest film.
10.20 **The Cleaner** Confident carnivore Wicky might just have met his match in a radical vegan.
11.00 **Not Going Out Bloopers Special** Unscripted moments from the popular sitcom.
11.40 **Not Going Out** Double bill.
1.00 AM **Have I Got a Bit More News for You** Double bill.
3.00 **to 4.00** AM **Hate Thy Neighbour**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

Saturday

4seven

137/138 163 143 49 127 16

9.00 AM **A New Life in the Sun: Where Are They Now?** Four editions.
1.00 PM **Chateau DIY**
6.00 **A Place in the Sun**
8.00 **Location, Location, Location** Kirstie Allsopp and Phil Spencer help two couples to find homes in Oxfordshire.
9.00 **Britain's Most Expensive Houses** Jersey's most exclusive properties, including a £21 million mansion and a £40 million apartment complex.
10.00 **Joe Lycett: I'm About to Lose Control and I Think Joe Lycett** The comedian shares tales of some of the trolling he has been up to.
11.05 **Open House: The Great Sex Experiment**
12.05 AM **Gogglebox**
2.15 **Night Coppers**
3.20 **24 Hours in A&E**
4.15 **to 4.45** AM **Travel Man: 48 Hours in Marseilles**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Blue Bloods** (S4)
1.00 PM **NCIS** Nine episodes of the drama, including at: **6.00** *Head Games:* 18/22. A navy lieutenant is accused of trying to murder her husband. **7.00** *In the Spotlight:* 19/22. Agent Knight goes viral for saving a mother and her son. **8.00** *Second Opinion:* 20/22. A senator's daughter is murdered. **9.00** *Kompromat:* 21/22. A murder occurs in the classified section of the National Archive. (S20)
10.00 **Law & Order: Special Victims Unit** *The Mirror Effect:* 3/22. Fin teaches a rookie a lesson. (S24)
11.00 **Law & Order: Special Victims Unit** (S24&23)
1.50 AM **Criminal Minds**
2.50 **The Good Wife** (S5)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Entertainment News**
8.10 **Shoplifters: Caught Red Handed**
1.20 PM **Nightmare Tenants, Slum Landlords**
3.25 **FILM From Time to Time** Adventure. (2009, PG, 96min) ★★★★
5.20 **FILM The Time Machine** Sci-fi action adventure. (2002, PG, 96min) ★★
7.10 **FILM Rush Hour 3** Action comedy sequel starring Jackie Chan. (2007, 12, 91min) ★★
9.00 **FILM Fast & Furious Presents Hobbs & Shaw** Action adventure with Dwayne Johnson. (2019, 12, 137min) ★★★
11.45 **FILM Color Out of Space** Horror fantasy with Nicolas Cage. (2019, 15, 111min) ★★★★
2.00 AM **Serial Killer Wives**
3.00 **Fights, Camera, Action!**
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Police Interceptors**
11.00 **FILM Zeppelin** World War One spy thriller starring Michael York. (1971, PG, 101min) ★★
1.05 PM **FILM 55 Days at Peking** Historical drama starring Charlton Heston. (1962, U, 154min) ★★★
4.15 **FILM Torpedo Run** World War Two drama starring Glenn Ford. (1958, U, 98min) ★★
6.20 **FILM The Devil's Brigade** War drama starring William Holden. (1968, PG, 126min) ★★
9.00 **FILM The Dirty Dozen** Action adventure with Lee Marvin. (1967, 15, 150min) ★★★★
12.05 AM **FILM To End All Wars** World War Two drama starring Ciaran McMenamin. (2002, 15, 112min) ★★★★
2.25 **Motorway: Hell on the Highway** Documentary.
3.30 **to 4.00** AM **Motorway Patrol**

U&W

132/133 131/133 125 25 156 28

6.10 AM **The Bill**
11.00 **Tipping Point**
3.00 PM **999 Rescue Squad** Six editions, including at: **7.00** The centre of Leeds is locked down after a suspicious package is found. **8.00** It's a race against time to dig out a man buried under three tonnes of soil.
9.00 **Miranda** The shop owner is trapped in her flat caring for her mother. **9.40** Miranda realises she is more attracted to Gary than ever. **10.20** A fed up Miranda packs her bags to go travelling.
11.00 **Wife Swap USA**
11.55 **Stacey Dooley: Inside Spain's Narco Wars**
12.55 AM **Louis Theroux's Forbidden America**
1.55 **to 3.00** AM **Billionaire Boy**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.35 AM **Birds of a Feather**
8.10 **Bergerac**
11.20 **Lovejoy**
1.40 PM **Call the Midwife**
3.00 **Father Brown**
5.00 **2point4 Children** Bill goes stir-crazy after losing her job. **5.40** Bill's strategy for resolving the dog's flatulence problem leaves Ben feeling uneasy. **6.20** Bill tries to cope with Ben's driving.
7.00 **The Brokenwood Mysteries** *Love You to Death:* 4/6. A dentist's wife is found gassed in an oven. (S10)
9.00 **Judge John Deed** *Appropriate Response:* A former prisoner seeks revenge.
11.00 **Rebellion** 3/5. (S1)
12.10 AM **The Heart Guy**
1.10 **Birds of a Feather**
1.50 **to 4.00** AM **The Chelsea Detective**

+1 hr 243 316 60 260

SATURDAY Entertainment

Saturday

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Yorkshire.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **The Yorkshire Auction House** Double bill.
12.00 NOON **The Derbyshire Auction House**
1.00 PM **Antiques Road Trip**
6.00 **The Hotel Inspector**
8.00 **Derelict Rescue** A project to renovate a dilapidated 180-year-old barn in South Wales.
9.00 **The Repair Shop** The experts restore a fairy-tale rag doll. **10.00** A a music box, a silver saxophone and a stained-glass window panel are restored. **11.00** A family butcher's sausage-making machine is restored.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

145 159 139 48 142 43

7.00 AM **The Chase**
8.00 **Supermarket Sweep**
9.00 **Bruce's Price Is Right**
10.00 **Bruce Forsyth's Generation Game**
11.20 **All Star Family Fortunes**
12.00 NOON **Dickinson's Real Deal** From Newmarket.
1.00 PM **Strike It Lucky**
3.00 **Bullseye** Double bill.
4.00 **The Chase Celebrity Special** Ray Mears, Michael Vaughan, Jane Danson and Anna Richardson take part. **5.00** With Ranvir Singh, John Sergeant, Mariella Frostrup and Ugo Monye.
6.00 **The Chase** Triple bill.
9.00 **The Chase Celebrity Special** Sally Phillips, Alistair McGowan, Rick Wakeman and Jenny Jones take part.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Ten editions.
4.00 AM **The Chase Celebrity Special**
5.00 **to 6.00** AM **The Chase**

GREAT! action

323 319 426 42 33

8.00 AM **Wild West Chronicles** Western.
9.00 **FILM Heaven Knows, Mr Allison** Wartime romantic drama. (1957, PG, 100min) ★★★★
11.20 **FILM The Sand Pebbles** Action drama. (1966, 15, 193min) ★★
2.55 PM **FILM Von Ryan's Express** World War Two drama. (1965, PG, 117min) ★★★★
5.25 **FILM North to Alaska** Western adventure. (1960, U, 122min) ★★★
8.00 **FILM Bad Man's River** Spaghetti Western. (1972, 12, 90min) ★
10.05 **FILM The Marine** Thriller. (2006, 15) ★★
12.05 AM **FILM American Heist** Crime drama. (2014, 15, 94min) ★★
2.10 **FILM Firequake** Thriller. (2014, 12, 90min) ★
4.00 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.10 AM **Heathrow: Britain's Busiest Airport**
10.40 **FILM Seduced by Lies** Thriller. (2010, PG) ★
12.35 PM **FILM Lost Letter Mysteries: Lost Without You** Drama. (2016, PG, 90min) ★★
2.30 **FILM Lost Letter Mysteries: Higher Ground** Drama. (2017, PG, 84min) ★★
4.25 **FILM Just Like Heaven** Fantasy. (2005, PG, 95min) ★★★★
6.30 **FILM A Good Year** Comedy drama. (2006, 12, 117min) ★★★
9.00 **FILM The Bourne Legacy** Spy thriller. (2012, 12, 129min) ★★★
11.45 **FILM Predestination** Sci-fi thriller. (2014, 15, 98min) ★★★★
1.50 AM **FILM Eye for an Eye** Mystery. (2019, 15) ★
4.00 **to 6.00** AM **FILM Killer Mom** Thriller. (2017, 12) ★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM **FILM Harvest Love** Drama. (2017, PG) ★★
10.05 **FILM Cabin Connection** Drama. (2022, PG) ★★
12.00 NOON **FILM The Birthday Wish** Drama. (2017, PG, 84min) ★★
2.00 PM **FILM Lucky in Love** Drama. (2014, 12) ★★
4.05 **FILM A Wish Come True** Romantic drama. (2015, PG, 85min) ★★
6.00 **FILM Love on Repeat** Comedy. (2019, PG) ★★
8.00 **FILM Loving Every Minute** Fantasy drama. (2022, U, 86min) ★★
9.55 **FILM Love Strikes Twice** Fantasy drama. (2021, PG, 84min) ★★
11.55 **FILM A Royal Christmas Ball** Drama. (2017, PG, 86min) ★★
1.50 AM **Highway to Heaven**
2.55 **to 5.00** AM **FILM Lucky in Love** Drama. (2014, 12, 87min) ★★

+1 hour 320 317 63

Rewind TV

182 92 150

6.00 AM **That's My Dog**
6.30 **Hancock** 4/13. (S1)
8.00 **Fantasy Island** (S1)
9.00 **The Monkees** (S1)
11.30 **Please Sir!** (S2)
2.00 PM **Blue Thunder** (S1)
3.00 **Born Free** 13/13. (S1)
4.00 **Bubblegum & Cheese**
5.00 **Stereo Underground**
6.00 **Fantasy Island** (S1)
7.00 **In Loving Memory** 5/7. Ivy attends a funeral. **7.30** 6/7. Baker Malcolm Fletcher fakes his death. **8.00** 7/7. Billy decides to head for France. (S1) **8.30** 1/7. Ivy looks forward to a British Undertakers outing. **9.00** 2/7. Ivy begins to wonder if she has been cursed. (S2)
9.30 **Please Sir!** (S2)
12.00 M'T **Police Woman** (S1)
1.00 AM **Mitch** 9/10. (S1)
2.00 **Blue Thunder** 4/11.
3.00 **Stereo Underground**
4.00 **Bubblegum & Cheese**
5.00 **to 6.00** AM **Born Free**

DMAX

159 152 169 39 147 35

6.00 AM **Deadliest Catch**
10.00 **Aussie Gold Hunters**
2.00 PM **Outback Opal Hunters** Five editions.
7.00 **Hoarding: Buried Alive** Featuring a woman whose house was declared uninhabitable. **8.00** A man tries desperately to salvage his chaotic home.
9.00 **The Bad Skin Clinic** Twenty-year-old Mariah visits Dr Emma about her severe acne. **10.00** Dr Emma helps Abi, who suffers from her excessive sweating.
11.00 **Body Bizarre** The life of a girl born without a proper facial structure. **12.00** M'T A boy with a tumour on his skull. **1.00** AM The story of the 'Tree Man' of Bangladesh.
2.00 **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Barefoot Contessa: Back to Basics**
11.00 **James Martin's Islands to Highlands**
3.00 PM **Marcus Wareing's Tales from a Kitchen Garden** Ten editions of the series, including at: **7.30** The raspberry bushes are harvested.
8.00 **Secrets of the Curry Kitchen** Indian desserts.
8.30 **Nadiya Bakes** An eight-layered birthday cake.
9.00 **Diners, Drive-Ins and Dives** Featuring a twist on tacos in Kansas City. **9.30** Fish, burgers and burritos in Kauai. **10.00** Stuffed oysters in Kansas City, Kansas. **10.30** Lamb neck in Santa Fe, New Mexico. **11.00** Scandinavian specialties in Kansas City. **11.30** Beer-crust pizza.
12.00 M'T **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

7.00 AM **The Twilight Zone**
8.00 **FILM Bigfoot** Tongue-in-cheek monster movie. (2012, 12, 89min) ★★
10.00 **Knight Rider** (S2)
3.00 PM **FILM Jory** Western. (1972, 12, 97min) ★
4.55 **FILM Sea of Sand** World War Two action drama. (1958, b/w, U, 97min) ★★★
6.55 **FILM Sherlock Holmes** Mystery drama starring Ben Syder. (2010, 12, 89min) ★★
9.00 **FILM Behind Enemy Lines** War drama with Owen Wilson. (2001, 12, 106min) ★★★
11.05 **FILM Air America** Offbeat Vietnam War action comedy. (1990, 15, 112min) ★★★
1.15 AM **FILM POW: The Escape** Action drama. (1986, 15, 90min) ★★
3.05 **to 5.00** AM **FILM Jack's Back** Thriller. (1988, 18, 93min) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM Mega Shark vs Kolossus** Fantasy. (2015, 12, 90min) ★
8.00 **FILM Sinbad and the Clash of the Furies** Action adventure. (2016, 12, 90min) ★
10.00 **FILM Moby Dick** Monster movie. (2010, 12, 87min) ★★
12.00 NOON **FILM Asteroid-a-geddon** Adventure. (2020, PG, 90min) ★★
2.00 PM **FILM Alien Convergence** Thriller. (2017, 15, 90min) ★★
4.00 **The Lost World** 9-13/12. Adventure series. (S1)
9.00 **FILM Street Kings** Police thriller starring Keanu Reeves. (2008, 15, 105min) ★★★
11.10 **FILM Alive** Horror. (2019, 15, 91 min) ★★
1.00 **to 3.00** AM **FILM Forget Everything and Run** Survival thriller. (2021, 15, 101 min) ★★

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Storage Hunters**
8.00 **Container Wars**
10.00 **Contraband: Seized at Sea** Documentary.
11.00 **Airport Security: USA**
12.00 NOON **The Proof Is Out There** Triple bill.
2.00 PM **Legends of the Pharaohs** Double bill.
4.00 **Ancient Aliens**
7.00 **Ancient Aliens** A hotbed of strange events and otherworldly visitors in California.
8.00 **Alien Corridors** Patterns in UFO sightings in Alaska.
9.00 **Terror in the Skies** Investigating giant birds and prehistoric remnants sighted in the heartland of America.
10.30 **The Proof Is Out There**
11.00 **Strange Evidence**
1.00 AM **Cops Who Kill with Will Mellor**
2.00 **Dog Patrol**
3.00 **to 6.00** AM **Hardcore Pawn**

5SELECT

153 166 138 46 133 30

9.00 AM **St James's Palace: Inside the Secret Royal Residence**
10.30 **Highgrove: The King's Private Residence**
12.00 NOON **Murder, She Wrote** Five episodes.
5.00 PM **Draining the Lost City: Atlantis**
6.00 **Drain the Oceans: Rise of the Roman Empire**
7.00 **Endurance: Race to the Pole with Ben Fogle**
8.00 **Michael Palin: Into Iraq** 1/3. Michael embarks on a journey through Iraq.
9.00 **James May's Great Explorers** 2/3. James follows Walter Raleigh's rise from rural Devon to London high-society.
10.30 **Stonehenge: The Discovery with Dan Snow** Documentary.
12.00 M'T **Emperor: Rise & Fall of a Dynasty**
3.00 AM **Britain in Colour**
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Love Your Garden**
11.00 **My Lottery Dream Home** Eight editions.
3.00 PM **Escape to the Country** Five editions.
8.00 **Love Your Garden** Alan Titchmarsh and the team recreate the look of an enchanted woodland in the garden of a Gloucestershire mother-of-two who has devoted her life to caring for others. **9.00** Alan and the team head to Woking, Surrey, to transform the garden of a retired serviceman who lost his left arm in the Falklands conflict.
10.00 **Escape to the Country** Triple bill of the series in which people set out to find their ideal rural retreats with the help of a property expert.
1.00 AM **Rock the Block**
2.30 **to 4.00** AM **Flip or Flop**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Say Yes to the Dress: Lancashire**
8.00 **Say Yes to the Dress**
10.00 **Little People, Big World**
12.00 NOON **Extreme Cheapskates**
1.00 PM **My 600lb Life**
5.00 **sMothered**
6.00 **Say Yes to the Dress: Atlanta** Double bill.
7.00 **1000-lb Best Friends**
8.00 **Dr Pimple Popper** Katherine's ear cluster puts her job at risk. **9.00** Jimmy wants his alligator-like skin cured so he can find love. **10.00** Brittney has tiny bumps across her chest. **11.00** Kylie wants her birthmark removed.
12.00 M'T **Body Invaders**
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **Say Yes to the Dress: Lancashire**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Whose Line Is It Anyway? USA**
9.00 **Michael McIntyre's Big Show** As 8.00pm
10.00 **Friends** (S8&9)
4.00 PM **FILM Who Framed Roger Rabbit** Comedy thriller. (1988, PG, 103min) ★★★★★
6.00 **Friends** (S9)
8.00 **Michael McIntyre's Big Show** With Jessie J and Stereophonics.
9.00 **FILM The Longest Yard** Comedy remake. (2005, 12, 113min) ★★
11.15 **Whose Line Is It Anyway? USA**
12.15 AM **8 Out of 10 Cats**
1.15 **Jack Whitehall Gets Around** Stand-up show.
2.15 **Reno 911!** 6/11. (S8)
2.45 **Key & Peele** 9/11. (S5)
3.10 **Beavis and Butt-Head**
3.25 **The Ricky Gervais Show**
4.15 **to 5.00** AM **Blockbusters**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **Becker** 1-8/24. (S4)
1.00 PM **Takeshi's Castle**
4.00 **Whose Line Is It Anyway? USA**
8.00 **Friends** 4/24. Monica makes a discovery about Chandler. **8.30** 5/24. The pals are looking forward to Phoebe's birthday meal. **9.00** 7/24. Phoebe fails to impress her boyfriend's parents **9.30** 8/24. Rachel's sister Amy joins the gang for Thanksgiving. (S9)
10.00 **Friends** (S9)
2.15 AM **Impractical Jokers**
3.10 **The Roast of Roseanne Barr** Friends and comics celebrate the sitcom star.
4.20 **Beavis and Butt-Head**
4.30 **Al Murray: Beautiful British Tour – Live at the O2** Stand-up show.
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **Border Patrol**
11.00 **Nothing to Declare**
2.00 PM **FBI** 15/15. (S3)
3.00 **The Cleaning Lady** (S1)
7.00 **Motorway Patrol**
9.00 **Chucky** *Death By Misadventure:* 1/8. Horror starring Zackary Arthur. Jake Wheeler's life changes for ever when he buys a vintage doll at a yard sale. **10.00** *Give Me Something Good to Eat:* 3/8. Chucky decides that Lexy is going to be his next victim. **11.00** *I Liked to Be Hugged:* 3/8. When bullies push Jake over the edge, Chucky reminisces about his first murder. (S1)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own US Road Trip**
3.00 **to 6.00** AM **Four Weddings**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.25 **Teen Mom: Young & Pregnant** Reality series.
7.10 **Just Tattoo of Us**
9.00 **Dallas Cowboys Cheerleaders**
1.00 PM **Catfish: The TV Show** Reality series.
2.00 **Catfish: The Dramatic**
3.00 **Catfish: The TV Show**
5.00 **Catfish: Models**
6.00 **Catfish: The TV Show** The first-ever virtual edition of the show. **7.00** A man is ready to uproot himself to be with his online partner. **8.00** Nev helps a Navajo girl to find the Zuni man she loves.
9.00 **Ghosted: Love Gone Missing** Rachel and Travis help a New York comedian track down the love of his life.
10.00 **Dating Naked UK**
2.45 AM **Catfish: The TV Show** Reality series.
3.35 **to 4.00** AM **Cribs US**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Salvage Hunters**
8.00 **Filthy Fortunes**
10.00 **Salvage Hunters**
12.00 NOON **Gold Rush** Six editions of the series, including at: **4.00** PM Tony hits an unexpected roadblock at his Indian River claim. **5.00** Parker makes a purchase that leaves the rest of the team shocked.
6.00 **Gold Rush: White Water** For Dustin and his crew, the lack of gold at The Wall pushes them to the boiling point.

10.00 Salvage Hunters

7.00 **Gold Rush: Mine Rescue with Freddy & Juan** Freddy and Juan set out to unravel a mystery at a couple's Oregon claim.
8.00 **Blowing Up History** Investigating the buried secrets of the lost city of Kish, Iraq, to uncover the first origins of royalty.
9.00 **Ed Stafford: Man Woman Child Wild** Ed takes his wife and their two-year-old son on an epic adventure.
10.00 **Marooned with Ed Stafford** The survivalist takes on more endurance challenges, beginning in Mongolia's Gobi Deser.
11.00 **Expedition X** Phil and Heather journey into the Kentucky wilderness.
12.00 M'T **Deadliest Catch** A serious illness forces Keith to hand over *The Wizard*.
1.00 AM **Deadliest Catch**
4.00 **to 5.00** AM **How Do They Do It?**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked**
9.00 **Pit Bulls & Parolees**
11.00 **Animal Cops Philadelphia**
12.00 NOON **Tanked**
1.00 PM **Pit Bulls & Parolees**
2.00 **Man-Eating Super Snake**
3.00 **Sharks of the Shadowlands**
4.00 **Bad Dog!** A parrot with a habit of rapping and swearing.
5.00 **Animal Cops Philadelphia** Removing a collar that is embedded in a dog's neck.
6.00 **Tanked** Film director Kevin Smith seeks a new home for two turtles and a tortoise.

7.00 How Do Animals Do That?

7.00 **How Do Animals Do That?** Examining what lions say when they roar. **7.30** Why kiwi birds lay monster-sized eggs.
8.00 **Guardians of Rescue** Dori revisits a homeless veteran to help clean his campsite, and in doing so she finds a surprise.
9.00 **Animal Cops Houston** Freak weather hits Texas, and the team fight to save horses swimming in a flooded pasture.
10.00 **Alaska: Surviving the Last Frontier** The group struggle to find enough food to eat, so Tim goes hunting for goats.
11.00 **Legends of the Wild** Brazilian ranchers are being attacked by an unknown creature.
12.00 M'T **Legends of the Wild**
1.00 AM **Alaska: Surviving the Last Frontier**
2.00 **Bad Dog!**
3.00 **Animal Cops Philadelphia**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Air Crash Investigation**
11.00 **Amsterdam Central 24/7**
12.00 NOON **Miracle Landing on the Hudson** Documentary.
1.00 PM **Destruction Decoded**
2.00 **Nazi Sunken Sub**
3.00 **Nazi Megastructures** Heinrich Himmler's role in establishing the SS.
4.00 **Hitler's Death Army: Das Reich** 1&2/2. Documentary about elite German soldiers.
6.00 **Nazi Child Soldiers** Documentary exploring the history of the Hitler Youth.

8.00 Car S.O.S

7.00 **Seconds from Disaster** How a train careered out of control and hit a platform at Paris's Gare de Lyon station in 1988.
8.00 **Car S.O.S** Tim Shaw and Fuzz Townshend set out to restore a Lexus IS200 and transform it into a full-blown drift car.
9.00 **Car S.O.S** Tim and Fuzz attempt to restore a 1991 Range Rover, which is a reminder of happier days for the owner.
10.00 **Car S.O.S** A gardener's 986 Rover SD1 was once his pride and joy, but when tragedy struck it ended up in a dirty lock-up.
11.00 **Ice Road Rescue** Following salvage truck drivers.
12.00 M'T **Ice Road Rescue**
2.00 AM **Money Meltdown**
2.55 **Food Factory**
3.45 **Abandoned**
4.10 **Lords of War**
4.35 **to 5.00** AM **When Sharks Attack**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **American Pickers**
7.00 **Rust Valley Restorers**
9.00 **The Curse of Oak Island**
10.00 **Pawn Stars**
1.00 PM **Container Wars** Eight editions, including at: **4.30** Mo and Ty argue over the contents of a container.
5.00 **Greatest Escapes of WWII** A focus on the German submarines that caused havoc in the American desert.
6.00 **World War Weird** A Japanese secret society's repeated attempts to kill Charlie Chaplin.

6.00 World War Weird

7.00 **WW2 Air Crash Detectives** A look at how thousands of soldiers during the World War Two died in air accidents.
8.00 **WW2 Air Crash Detectives** A 1943 crash in Gibraltar, which killed Polish Prime Minister in exile Wladyslaw Sikorski.
9.00 **Greatest Prison Escapes with Billy Hayes** A look at the escape of John Manard from a Kansas prison in 2006.
10.00 **Greatest Prison Escapes with Billy Hayes** The exploits of Hans Jochaim-Horn, who broke into a German army base.
11.00 **History's Greatest Mysteries** Documentary looking at the infamous 1947 UFO incident at Roswell, New Mexico.
12.00 M'T **Hunting History with Steven Rinella** The presenter investigates the 1972 disappearance of the Begich/Boggs flight.
1.00 AM **Forged in Fire**
3.00 **to 6.00** AM **Pawn Stars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **American Pickers**
9.00 **Find It, Fix It, Flog It**
1.00 PM **One Foot in the Grave**
3.00 **'Allo 'Allo!** The gang become trapped in the PoW camp. **3.40** Hans succeeds in vaulting over PoW camp fence. **4.20** Rene and company dance out of the PoW camp.
4.55 **Porridge** First episode of the comedy. Fletcher helps new inmate Godber settle in. **5.35** Betting fever starts to sweep Slade Prison. **6.20** Fletcher and Godber while away a long night.

4.55 Porridge

7.00 **Bangers & Cash: Restoring Classics** The team take on a modern day fast Ford.
8.00 **Bangers & Cash** Some British classics comes up for auction, including a Hillman Avenger Estate in stunning condition.
9.00 **Bangers & Cash** Three MGs from the 1970s turn up at the garage, still covered in original factory wax.
10.00 **Bangers & Cash** A Chevy Corvette that started its journey in Saudi Arabia makes its way to Thornton le Dale.
11.00 **Bangers & Cash** Dave ends up getting a nasty surprise when he opens the bonnet of a fast Ford from the 1980s. **12.00** M'T Paul and Charlie get the chance to pick up a trio of Austin Healeys.
1.00 **to 3.00** AM **Canal Boat Diaries**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **World's Greatest Motorcycle Rides**
8.00 **Wheeler Dealers World Tour** Ferrari 348.
9.00 **Wheeler Dealers**
11.00 **Wheeler Dealers: On the Road** Fiat 500.
12.00 NOON **Wheeler Dealers**
2.00 PM **Wheeler Dealers World Tour** Ferrari 348.
3.00 **Shed and Buried**
6.00 **Find It, Fix It, Flog It**
7.00 **Giro D'Italia Highlights**
8.00 **Find It, Fix It, Flog It** Henry Cole restores a 1970s Kawasaki bike.
9.00 **Massive Engineering Mistakes** New editions The devastating effects of engineering disasters.
11.00 **Aussie Gold Hunters**
12.00 M'T **Outback Crystal Hunters** Documentary.
1.00 AM **Treasure Quest: Snake Island**
3.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress: Bridesmaids**
7.00 **Say Yes... Atlanta**
8.00 **Say Yes... UK**
9.00 **Say Yes to the Dress**
12.00 NOON **Forensic Detectives** Triple bill.
3.00 PM **The Murder Tapes**
7.00 **The Murder Tapes** An 18-year-old's parents desperately search for their missing daughter. **8.00** The murder of a popular EMT.
9.00 **The Curious Case of...** New edition An alliance with a mommy vlogger yields twisted beliefs and ravaged faith.
10.00 **Disappeared: The Bradley Sisters** A case that has haunted Chicago since 2001.
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
6.05 **Fraud Squad** A hoaxer is faking accidents, and the UK's biggest Blue Badge fraud is unearthed.
7.00 **Fatal Attraction** When a 26-year-old mother goes missing, no one knows what to think. **8.00** A mother-of-three is found shot dead in her bedroom.
9.00 **Britain's Countryside Killers** Focusing on the tragic case of 17-year-old Georgia Williams, who was murdered by Jamie Reynolds in 2015. **10.00** Focusing on the murder of Emma Caldwell, whose body was found in Limefield Woods in 2005.
11.00 **48 Hours** Triple bill.
2.00 AM **Inside Crime**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Secrets of a Murder Detective**
2.00 PM **Medical Detectives** A look at the case of a young E-coli victim. **2.30** Someone targets members of law enforcement in Texas. **3.00** The FBI try to track an elusive killer. **3.30** A mother and her children are found dead. **4.00** The truth behind a supposed accidental bathtub drowning. **4.30** The case of a woman's body that was found under a bridge.
5.00 **Evidence of Evil** The terrifying assault of Ronda Guzman.
6.00 **Judge Judy** Back-to-back real-life small-claims cases.
12.15 AM **Judge Judy**
2.00 **Psychic Private Eyes**
4.00 **Citizen Detective**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Stop, Search, Seize**
7.00 **Caught Red Handed**
8.30 **Highway Patrol**
9.00 **Road Wars**
10.00 **The Force: Manchester**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My Village** Abi Fisher.
1.00 PM **How I Caught the Killer** Gordon Wardell.
2.00 **Murdered at First Sight**
3.00 **Murders That Shocked the Nation** Double bill.
5.00 **The Real Manhunter**
6.00 **Killer in My Village**
7.00 **Britain's Most Evil Killers**
8.00 **How I Caught the Killer**
9.00 **World's Most Evil Killers**
10.00 **Murder in Slow Motion: The Shana Grice Story**
11.00 **The Murderer & Me**
12.45 AM **Catching the Killer**
1.50 **Killer Siblings**
2.55 **An Unexpected Killer**
4.00 **Road Wars**
5.00 **to 6.00** AM **Send in the Dogs**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Dying Democracies: Europe in Decline**
9.15 **Italy's Invisible Cities**
1.00 PM **America the Bountiful** Documentary.
1.35 **Henry VIII and the King's Men** Triple bill.
4.35 **Henry VIII's Enforcer: The Rise and Fall of Thomas Cromwell** A profile of the 16th-century statesman.
5.45 **Immortal Egypt with Joann Fletcher** Exploring the story of the ancient civilisation. **7.00** A look at the civil war that fractured Egypt. **8.20** The peak of ancient Egyptian civilisation. **9.40** How Egypt's enemies exploited its internal strife.
11.00 **Dying Democracies: Europe in Decline**
12.00 M'T **Manson: The Lost Tapes** Documentary.
1.05 **to 2.00** AM **America the Bountiful**

SATURDAY

Saturday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Discovering: Olivia de Havilland**
7.00 **Discovering: William Holden**
8.00 **The Directors**
10.00 **Forced Out** Documentary.
12.00 NOON **Jane Fonda In Five Acts** An intimate look at the life and work of Jane Fonda.
2.30 PM **FILM The Armstrong Lie** Documentary about Lance Armstrong's fall from grace. (2013, 15, 124min) ★★★★
4.50 **Dogtown and Z-Boys** The history of skateboarding. Narrated by Sean Penn.
6.40 **Tony Hawk: Until the Wheels Fall Off** A definitive look at the skateboarder's life and career.
9.00 **NEW SERIES 100 Foot Wave** 1/5. The documentary returns with surfer Garrett McNamara grappling with his health.
10.00 **The Girl Who Caught a Killer**
11.10 **I Am Heath Ledger**
1.00 AM **Meth Storm**
3.00 **Barbie Uncovered: A Dreamhouse Divided**
4.50 **to 6.00** AM **Children of Shanghai**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Tales from Zambia**
8.00 **Over Australia**
10.00 **Whale with Steve Backshall**
12.00 NOON **Evolution Earth**
2.00 PM **Survival of the Beast**
3.00 **America's Wild Border: Northern Exposure**
4.00 **Africa's Wild Year**
6.00 **David Attenborough's Natural History Museum Alive** The broadcaster takes an after-hours stroll around one of his favourite places, the Natural History Museum.
7.30 **Micro Monsters with David Attenborough** The broadcaster takes a look at the mating habits of various bugs.
8.00 **Africa's Hunters** A young lion that was rejected by its mother has grown to maturity, but now faces a series of new challenges.
9.00 **Battle of the Alphas**
10.00 **Patagonia** Double bill.
12.00 M'T **Africa's Hunters**
1.00 AM **Battle of the Alphas**
2.00 **America's Wild Border: Northern Exposure**
3.00 **to 6.00** AM **Africa's Hunters**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
7.00 **Ancient Aliens: The Ultimate Evidence**
9.00 **World's First Battlefield**
10.00 **Spycraft**
11.00 **Myths & Monsters**
12.00 NOON **Ancient Aliens**
1.00 PM **Ancient Aliens: The Ultimate Evidence**
2.00 **Ultimate Mysteries**
3.00 **WWII's Most Daring Raids**
4.00 **Revolutions That Changed History** The French Revolution.
5.10 **Guns That Changed the Game**
6.10 **How Disney Built America**
7.05 **Instruments of Death**
8.05 **Custer: The Final Mystery**
9.00 **Colosseum** With Rome and the Colosseum in decline, a single man turns to the arena.
10.00 **Scary Tales of New York**
11.10 **Ancient Aliens**
12.05 AM **Ancient Aliens: The Ultimate Evidence**
2.00 **Clash of the Gods**
3.00 **Hitler's Handmaidens**
4.00 **Instruments of Death**
5.00 **to 6.00** AM **Ultimate Mysteries**

Crime+Investigation

156 142 133

6.00 AM **On the Case with Paula Zahn** Triple bill of editions.
8.55 **Court Cam**
10.45 **Fugitives Caught on Tape**
11.45 **Taking the Stand**
12.40 PM **Killer in Plain Sight**
1.05 **Ozark Law**
3.00 **Spring Break Murders**
4.00 **Tell Me How I Died**
5.00 **Accident, Suicide or Murder?**
7.00 **Gypsy Rose: Life After Lock Up**
8.00 **Beyond the Headlines: Black Girl Missing** Stories of young women of colour who vanished.
9.00 **Fatal Family Feuds** The case of a 60-year-old woman who vanished in the desert.
10.00 **Interview with a Killer** Convicted killer Bo Pete Jeffrey claims he remembers nothing about the death of his wife.
11.00 **Missing Presumed Dead**
12.00 M'T **Britain's Darkest Taboos**
2.00 AM **Tell Me How I Died**
3.00 **Spring Break Murders**
5.00 **to 6.00** AM **On the Case with Paula Zahn**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Fish Tank Kings**
9.00 **Secrets of the Zoo**
11.00 **The Incredible Dr Pol**
12.00 NOON **Yukon Vet**
2.00 PM **Saved from a Shark**
3.00 **Ice Road Rescue**
5.00 **Kingdom of the Apes** 1/2. A male silverback gorilla must fight to defend its crown. **6.00** 2/2. Two chimpanzee brothers fight for power.
7.00 **Queens** A baby is born into a family of elephants.
8.00 **Secrets of the Zoo** The staff prepare a home for an orphaned baby gorilla. **9.00** The staff anxiously await the zoo's first giraffe birth in more than 20 years.
10.00 **Malika the Lion Queen** 2/2. The untold story of the lioness' experience.
11.00 **Snakes in the City** Siouxsie's quick reflexes are put to the test when a deadly boomslang is seen on a train.
12.00 M'T **Lawless Island**
2.00 AM **Secrets of the Zoo: Tampa**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Shed and Buried**
9.00 **Combat Dealers**
12.00 NOON **Shed and Buried**
3.00 PM **Salvage Hunters: The Restorers** Triple bill.
6.00 **How the Universe Works** The theory of how the universe came into existence. **7.00** The evolution of galaxies. **8.00** Exploring how Earth's solar system was formed.
9.00 **Attack and Capture: The Story of U-Boat 505** The story of the only German submarine captured by the US Navy during World War Two, examining the battle and its aftermath using archive footage and eyewitness accounts.
10.00 **Concorde: Anatomy of a Disaster** An investigation into the causes of the plane crash in France on 25 July 2000, which killed 113 people.
11.00 **Secrets of Seal Team 6**
12.00 M'T **Massive Engineering Mistakes** Double bill.
2.00 **to 5.00** AM **Combat Dealers**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.05 AM **Doctor Who**
11.20 **Parkinson**
4.25 PM **Doctor Who**
6.35 **Parkinson** The hosts chats to actor and comedian Stephen Fry, actor Ewan McGregor and impressionist Ronni Ancona. Plus, Dido provides the music. **7.50** The king of chat interviews Hollywood legend Clint Eastwood. Comedians Ben Elton and Jennifer Saunders also drop in to the studio, and Sheryl Crow provides the music. **9.05** The host is joined by star of stage and screen Judi Dench, comedian Peter Kay and zoologist Charlotte Uhlenbroek. Plus, music from Will Young.
10.25 **Doctor Who** *The Curse of Peladon – Parts One to Four:* 5-8/26. The Ice Warriors help the Doctor fight treacherous factions who object to a galactic union on Peladon. Stars Jon Pertwee. (S9)
12.35 AM **Parkinson**
5.10 **to 6.00** AM **Doctor Who**

+1 hour 266 376

ID

154 141 166

8.00 AM **Murder Comes to Town**
10.00 **Southern Fried Homicide**
12.00 NOON **Who Killed Jane Doe?**
2.00 PM **Breaking Homicide**
4.00 **Web of Lies** Double bill.
6.00 **The Perfect Murder** The case of 26-year-old car dealer Christopher O'Brien. **7.00** The death of film director Adrienne Shelly.
8.00 **People Magazine Investigates** A double-death in Mansfield, Texas, in December 2003.
9.00 **Grave Mysteries** The murder of 14-year-old Shaniesha Forbes, whose body was found dumped on a beach.
10.00 **Faking It: Tears of a Crime** Convicted murderer John Canaan is the prime suspect in the disappearance of estate agent Suzy Lamplugh. Experts examine the video evidence.
11.00 **Body Cam**
12.00 M'T **Your Worst Nightmare**
2.00 AM **Blood Relatives**
4.00 **to 6.00** AM **Diabolical: Deadly Love**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Street Outlaws: Fastest in America**
10.00 **How It's Made: Dream Cars**
11.00 **Bad Chad Customs**
12.00 NOON **World's Greatest Motorcycle Rides** Five editions.
5.00 PM **Kindig Customs** A brush with the law threatens the mechanics' chances of making a profit at a car show. **6.00** A returning client brings the team a new project in the form of a 1927 Shadow Rod. **7.00** A customer arrives at the workshop seeking a sought-after customisation, and a 1955 Lincoln Continental offers the shop a new challenge.
8.00 **HMS Ark Royal** Following the crew of the aircraft carrier on the vessel's final voyage. **9.00** The ship rescues stranded British passengers. **10.00** A huge tanker is called to help refuel HMS *Ark Royal*.
11.00 **Motor Pickers** Four editions.
1.00 **to 5.00** AM **Street Outlaws: Fastest in America**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.15 AM **Rebellious** Animated fantasy. (2024, PG, 94min)
9.00 **The Wild Robot** As 4.15pm.
10.50 **Escape from the 21st Century**
12.45 PM **Old Guy** As 8.00pm.
2.30 **PREMIERE The Front Room**
4.15 **The Wild Robot** Animation. (2024, U, 102min) ★★★★
6.05 **Beetlejuice Beetlejuice** Horror comedy sequel starring Michael Keaton, Winona Ryder and Jenna Ortega. (2024, 12, 105min) ★★★★

9.45 The Front Room

8.00 Old Guy Action comedy starring Christoph Waltz. An ageing hitman must train a prodigy when his employer moves to replace the old guard. With Lucy Liu and Cooper Hoffman. (2024, 15, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 PREMIERE The Front Room Horror starring Brandy Norwood and Andrew Burnap. A newly pregnant couple take in the man's estranged stepmother, who has dangerous and controlling parenting methods. (2024, 15, 94min)

11.30 **A Different Man** Thriller starring Sebastian Stan. (2024, 15, 112min) ★★★★
1.30 AM **Escape from the 21st Century** Chinese adventure. Subtitled. (2024, 15, 94min)
3.25 **The Damned** Horror mystery. (2024, 15, 89min) ★★★★
5.05 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Blockbusters

303 303 403 503 517

7.25 AM **Meg 2: The Trench** Thriller sequel. (2023, 12) ★★★
9.25 **The Cinema List: Sky Originals**
9.45 **Madame Web** Fantasy. (2024, 12, 116min) ★★★
11.45 **Barbie** Fantasy comedy. (2023, 12, 114min) ★★★★
1.45 PM **Wonka** Fantasy adventure. (2023, PG, 116min) ★★★★
3.45 **The Fall Guy** Action comedy. (2023, 12, 126min) ★★★★
5.55 **Twisters** Disaster drama sequel. (2024, 12, 122min) ★★★★

5.55 Twisters

8.00 Beetlejuice Beetlejuice Horror comedy sequel starring Michael Keaton, Winona Ryder and Jenna Ortega. The mischievous demon is summoned once more when Delia Deetz returns to the close-knit community of Winter River. (2024, 12, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Bad Boys: Ride or Die Action comedy sequel starring Will Smith and Martin Lawrence. Miami cops Lowrey and Burnett go on the run to clear their late captain's name. (2024, 15, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **The Fast and the Furious** Action thriller with Vin Diesel. (2001, 15, 107min) ★★★
2.00 **The Beekeeper** Action thriller starring Jason Statham. (2023, 15, 105min) ★★★
4.00 **to 6.00** AM **School of Rock** Comedy starring Jack Black. (2003, PG, 109min) ★★★★

Sky Cinema Pride

310 310 410 510 524

6.50 AM **Young Soul Rebels** (1991)
8.50 **Minyan** As shown at 11.50pm.
11.05 **The Man with the Answers** Drama. (2021, 12, 80min) ★★★★
12.40 PM **Am I OK?** Romantic comedy drama. (2022, 15, 86min) ★★★
2.25 **Spoiler Alert** Comedy drama. (2022, 15, 112min) ★★★
4.25 **The Parenting** Horror comedy with Nik Dodani and Brandon Flynn. (2025, 15, 94min) ★★★
6.15 **I Saw the TV Glow** Horror thriller starring Justice Smith. (2024, 15, 100min) ★★★
8.00 **Cuckoo** Horror thriller starring Hunter Schafer and Jan Bluthardt. A 17-year-old moves with her family to a resort where things are not what they seem. (2024, 15, 102min) ★★★
9.50 **Dorian Gray** Gothic horror drama based on Oscar Wilde's novel, starring Ben Barnes, Colin Firth and Ben Chaplin. (2009, 15, 112min) ★★★
11.50 **Minyan** Drama starring Samuel H Levine and Ron Rifkin. (2020, 15, 130min) ★★★
2.00 AM **Cuckoo** As 8.00pm.
4.00 **Young Soul Rebels** Thriller. (1991, 18, 105min) ★★
5.50 **to 6.30** AM **Sky Cinema Preview**

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.20 AM **Zombie Town** As 2.20am.
8.00 **Paycheck** As 12.15am.
10.05 **Total Recall** Sci-fi thriller remake. (2012, 12, 113min) ★★★
12.10 PM **Ready Player One** Fantasy. (2018, 12, 140min) ★★★★
2.40 **Paranormal Activity: The Ghost Dimension** Horror sequel. (2015, 15, 88min) ★
4.20 **Ex Machina** Sci-fi drama. (2014, 15, 104min) ★★★★
6.20 **Ouija** Horror starring Olivia Cooke. (2014, 15, 87min) ★★
8.00 **It** Adaptation of the Stephen King chiller starring Bill Skarsgård. A group of bullied New England kids band together to destroy a demonic clown. (2017, 15, 135min) ★★★★
10.20 **Abigail** Horror starring Melissa Barrera. A group of criminals hold the daughter of a powerful underworld figure for ransom, unaware that she is a vampire. (2024, 18, 105min) ★★★★
12.15 AM **Paycheck** Sci-fi thriller. (2003, 12, 119min) ★★★★
2.20 **Zombie Town** Horror comedy. (2023, 12, 92min) ★★
4.00 **Slingshot** Sci-fi thriller. (2024, 15, 108min) ★★★
5.55 **to 7.40** AM **Night Swim** Horror. (2024, 15, 98min) ★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Fairytale

306 306 406 506 519

6.00 AM **Dragon Rider** As 5.20am.
7.40 **The NeverEnding Story** (1984)
9.15 **Shrek** (2001, U) ★★★★★
11.00 **Shrek 2** Animated sequel. (2004, U, 93min) ★★★★★
12.40 PM **Shrek the Third** Animated sequel. (2007, U) ★★★★
2.20 **Despicable Me** Animation. (2010, U, 94min) ★★★★
4.00 **Despicable Me 2** Animated sequel. (2013, U, 97min) ★★★
5.50 **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★

9.35 The Adventures of Baron...

7.35 **The Wild Robot** Family animation featuring the voice of Lupita Nyong'o. A robot survives on an uninhabited island with the help of wild animals. (2024, U, 102min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 **The Adventures of Baron Munchausen** Fantasy starring John Neville. The tale-spinning Baron Munchausen saves a besieged European city from the Turks. (1988, PG, 126min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **The Swan Princess: The Secret of the Castle** Animated sequel. (1997, U, 89min) ★★
1.15 AM **Spirit: Stallion of the Cimarron** Animated adventure. (2002, U, 84min) ★★★
2.55 **Robin and the Hoods** Comedy. (2024, PG, 101min) ★★
4.50 **Sky Cinema Preview**
5.20 **to 7.05** AM **Dragon Rider** Animated family adventure. (2020, PG, 91min) ★★★

Sky Cinema Karate Kid

307 307 407 507 521

6.55 AM **The Karate Kid: Part III**
8.55 **The Next Karate Kid** (1994)
10.55 **The Karate Kid** As 9.30pm.
1.20 PM **The Karate Kid** (1984)
3.30 **The Karate Kid Part II** Martial arts adventure sequel. (1986, PG, 113min) ★★
5.30 **The Karate Kid: Part III** Martial arts adventure sequel. (1989, PG, 111min) ★
7.30 **The Next Karate Kid** Martial arts adventure sequel. (1994, PG, 104min) ★★

7.30 The Next Karate Kid

The Next Karate Kid (film started at 7.30pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 **The Karate Kid** Martial arts adventure starring Jaden Smith and Jackie Chan. A 12-year-old American boy relocates to Beijing with his widowed mother and learns kung fu in order to protect himself from a local gang of bullies. (2010, PG, 140min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **The Karate Kid** Martial arts adventure starring Ralph Macchio as a teenager who learns karate to combat the local motorcycle gang. (1984, 12, 127min) ★★★★
2.05 AM **The Karate Kid Part II**
4.05 **to 6.00** AM **The Karate Kid: Part III** As shown at 5.30pm.

Sky Cinema Comedy

308 308 408 508 522

6.55 AM **David Brent: Life on the Road** Comedy. (2016, 15) ★★
8.45 **Being John Malkovich** Comedy. (1999, 15, 112min) ★★★★★
10.50 **The Back-Up Plan** Comedy. (2010, 12, 100min) ★★
12.40 PM **Brewster's Millions** (1985)
2.25 **Talladega Nights: The Ballad of Ricky Bobby** As 1.10am.
4.35 **Death Becomes Her** Fantasy. (1992, PG, 103min) ★★★
6.25 **Ace Ventura Pet Detective** Comedy. (1993, 12) ★★★★

9.45 Sasquatch Sunset

8.00 **Ace Ventura: When Nature Calls** Comedy sequel starring Jim Carrey. Pet detective Ace Ventura searches for a sacred white bat in Africa. With Ian McNeice. (1995, PG, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Sasquatch Sunset** Action comedy starring Jesse Eisenberg and Riley Keough. In the forests of North America, a family of human-like creatures face a terrifying future. (2024, 15, 88min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Brewster's Millions** Comedy starring Richard Pryor. (1985, PG, 97min) ★★★
1.10 AM **Talladega Nights: The Ballad of Ricky Bobby** Action comedy starring Will Ferrell and John C Reilly. (2006, 15, 108min) ★★★★
3.20 **Death Becomes Her** (1992)
5.10 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Thriller

309 309 409 509 523

7.15 AM **Out of the Blue** (2022)
9.15 **Paradise Highway** (2022)
11.15 **To Catch a Killer** Thriller. (2023, 15, 119min) ★★★★
1.30 PM **Retribution** Thriller. (2023, 12, 91min) ★★
3.15 **Absolution** Thriller with Liam Neeson and Ron Perlman. (2024, 15, 112min) ★★★
5.20 **Zero Dark Thirty** Kathryn Bigelow's fact-based drama starring Jessica Chastain. (2012, 15, 157min) ★★★★★

5.20 Zero Dark Thirty

8.00 **The Godfather** Francis Ford Coppola's classic gangster saga of a Mafia family engaged in bloody war with rival crime families. Stars Marlon Brando, Al Pacino, James Caan, Robert Duvall, Diane Keaton, Talia Shire and John Cazale. (1971, 15, 167min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **The Accountant** Action thriller starring Ben Affleck. (2016, 15, 123min) ★★★
1.25 AM **Vertigo** Classic Hitchcock thriller starring James Stewart. (1958, PG, 128min) ★★★★★
3.40 **Out of the Blue** Romantic thriller starring Diane Kruger. (2022, 15, 104min) ★★
5.35 **to 7.35** AM **Paradise Highway** Thriller with Juliette Binoche and Frank Grillo. (2022, 15, 115min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Dora and the Lost City of Gold** Live-action adventure. (2019, PG, 102min) ★★★
1.05 PM **The Call of the Wild** Adventure. (2020, PG) ★★★
3.00 **The Karate Kid Part II** Adventure. (1986, PG) ★★
5.10 **Playing with Fire** Comedy. (2019, PG, 96min) ★★
7.05 **10 Things I Hate About You** Romantic teen comedy. (1999, 12, 97min) ★★★★

11.05 Smile

10 Things I Hate About You (film started at 7.05pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Contractor** Drama starring Chris Pine. After being discharged from the Marines, a man joins a paramilitary organisation to support his family in the only way he knows how. With Ben Foster and Gillian Jacobs. (2022, 15, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **Smile** Horror with Sosie Bacon. After witnessing a traumatic incident involving a patient, a psychiatrist becomes convinced she is being threatened by an uncanny entity. (2022, 18, 115min) ★★★★
1.20 **to 3.35** AM **An Evening with Beverly Luff Linn** Crime comedy starring Aubrey Plaza. (2018, 15, 108min) ★★★★

+1hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Romance

302 302 402 502 516

7.00 AM **Along Came Polly** Comedy. (2003, 12, 90min) ★★★
8.35 **Wimbledon** Sports comedy. (2004, 12, 98min) ★★★
10.15 **The Five-Year Engagement** Comedy. (2012, 15, 119min) ★★★
12.20 PM **How to Lose a Guy in 10 Days** Romantic comedy. (2003, 12, 116min) ★★★
2.20 **Anyone But You** Comedy. (2023, 15, 103min) ★★★★
4.05 **Crazy Rich Asians** Comedy. (2018, 12, 120min) ★★★★
6.10 **Mamma Mia!** Musical based on the hit stage show inspired by ABBA songs, with Meryl Streep. (2008, PG, 108min) ★★★★
8.00 **Love Actually** Comedy starring Hugh Grant. In the run-up to Christmas, love changes the lives of a host of different characters. (2003, 15, 135min) ★★★
10.20 **Valentine's Day** Romantic comedy with Ashton Kutcher. (2010, 12, 125min) ★★★
12.30 AM **Friends with Benefits** Romantic comedy starring Justin Timberlake and Mila Kunis. (2011, 15, 105min) ★★★
2.30 **What Happens Later** Comedy. (2023, 15, 99min) ★★★
4.20 **to 6.10** AM **Turn Me On** Fantasy. (2024, 15, 99min) ★★★

Sky Cinema Greats

304 304 404 504 518

6.20 AM **Friendship's Death** Sci-fi drama. (1987, 15, 78min) ★★★
7.50 **The Way of the Dragon** (1972)
9.45 **The Italian Job** As 1.35am.
11.40 **Congo** Jungle adventure. (1995, 12, 108min) ★★★
1.40 PM **Blade Runner** Ridley Scott's sci-fi thriller with Harrison Ford. (1982, 15, 130min) ★★★★★
3.40 **The Lawnmower Man** Sci-fi thriller. (1992, 15, 105min) ★★★
6.05 **The Sugarland Express** Fact-based comedy drama from Steven Spielberg, starring Goldie Hawn. (1974, PG, 110min) ★★★
8.00 **Schindler's List** Steven Spielberg's historical drama starring Liam Neeson and Ben Kingsley. An Austro-German businessman wheels and deals with the Nazis to save the lives of over 1,000 Jews. (1993, 15, 195min) ★★★★★
11.15 **Gorillas in the Mist** Drama. (1988, 12, 124min) ★★★★
1.35 AM **The Italian Job** Crime caper. (1969, PG, 100min) ★★★★★
3.25 **The Way of the Dragon** Hong Kong martial arts adventure. (1972, 18, 99min) ★★★
5.10 **The Cinema List: The 90s**
5.40 **to 7.45** AM **The Sons of Katie Elder** Western. (1965, U) ★★★

Sky Cinema Animation

305 305 412 500 514

7.05 AM **Riverdance: The Animated Adventure** (2021, U) ★★★
8.50 **Transformers One** Animation. (2024, PG, 104min) ★★★★
10.40 **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
12.20 PM **The Lego Movie 2: The Second Part** Animated sequel. (2019, U, 107min) ★★★★
2.10 **The Wild Robot** Animation. (2024, U, 102min) ★★★★
4.00 **Kung Fu Panda** Animation with the voice of Jack Black. (2008, PG, 92min) ★★★★
5.40 **Kung Fu Panda 2** Animated comedy adventure sequel. (2011, PG, 90min) ★★★★
7.15 **Kung Fu Panda 3** Animated comedy adventure sequel. (2016, PG, 95min) ★★★★
8.55 **Kung Fu Panda 4** Animated comedy adventure sequel. (2023, PG, 94min) ★★★
10.35 **Fireheart** Animated adventure. (2022, U, 92min) ★★★
12.15 AM **Boonie Bears: Guardian Code** Animated adventure. (2023, PG, 96min) ★★★
1.55 **The Inventor** Animation. (2023, PG, 100min) ★★★
3.40 **Fireheart** As 10.35pm.
5.15 **to 6.00** AM **Sky Cinema Preview**

Movies 24

312 313 419

7.00 AM **Love in Whitbrooke** Drama. (2021, PG, 88min) ★★
9.00 **Love Hacks** Romantic drama. (2022, PG, 90min) ★★
11.00 **Sense and Sensibility** Drama. (2024, U, 84min) ★★
1.00 PM **Journey to You** Romantic drama. (2025, PG, 84min) ★★
3.00 **Stepping into Love** Romantic drama starring Jenna Michno. (2023, PG, 82min) ★★
5.00 **A Pinch of Portugal** Romantic drama. (2023, PG, 84min) ★★
7.00 **Falling Together** Drama starring Ashley Williams and Paul Campbell. (2024, U, 90min) ★★
9.00 **The Story of Love** Romantic comedy with Brittany Bristow and Franco Lo Presti. A romance novelist joins a writers retreat, where the owner of the hotel shows her the beauty of nature. (2022, PG, 91min) ★★
11.00 **Just in Time** Drama with Laura Osnes. (2024, PG, 90min) ★★
1.00 AM **Wedding of a Lifetime** Romantic comedy drama. (2022, PG, 84min) ★★
3.00 **to 5.00** AM **Styled with Love** Romantic comedy drama. (2022, PG, 89min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **The Smart Aleck** Comedy. (1951, b/w, PG, 58min) ★★★
7.10 **Dick Tracy's Dilemma** Adventure. (1947, b/w, PG) ★★★
8.25 **Space Patrol** 14/39. (S1)
9.00 **Batman** 19/60. (S2)
9.30 **Richard the Lionheart** (S1)
10.00 **Supercar** 7/26. (S1)
10.30 **One Hour to Zero** Adventure. (1977, PG, 55min) ★★★
11.30 **The Adventures of Robin Hood**
12.00 NOON **Attack from Space** Adventure. (1965, 12) ★★★
1.35 PM **One Step Beyond** (S1)
2.10 **Dick Barton: Special Agent**
2.25 **Captain Scarlet and the Mysterons** 21/32. (S1)
3.00 **Look at Life**
3.10 **Jack the Giant Killer** Fantasy adventure. (1961, U, 94min) ★★
5.00 **Look at Life**
5.15 **Paratrooper** War adventure. (1953, PG, 88min) ★★
7.00 **Z Cars** 3/13. (S13)
8.00 **A Family at War** 2/19. (S2)
9.05 **Ship of Fools** Drama based on Katherine Anne Porter's novel. (1965, b/w, PG, 149min) ★★★★
12.00 M'T **Margery and Gladys**
2.05 AM **Black Velvet Band**
4.10 **Della** Mystery thriller. (1965, PG, 69min) ★★
5.30 **to 6.00** AM **Out of Town**

SATURDAY Sport

31 May

Saturday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
8.30 **LIVE NRL North Queensland Cowboys v Wests Tigers.** From Queensland Country Bank Stadium. Kick-off **8.30am**.
10.30 **Rugby Greatest Games**
10.35 **LIVE NRL Manly Sea Eagles v Brisbane Broncos.** From Brookvale Oval. Kick-off **10.35am**.
12.30 PM **LIVE DP World Tour Golf** Coverage of day three of the Austrian Alpine Open at Gut Altentann Golf Club in Salzburg.
2.10 **LIVE Formula 1** The Spanish Grand Prix qualifying session ahead of the ninth round of the season at Circuit de Barcelona-Catalunya. Start-time **3.00pm**.
5.00 **Sports Saturday**
6.00 **LIVE US Women's Open Golf** Coverage of the third day's play of the second Major of the year, staged at Erin Hills in Wisconsin.
11.00 **LIVE PGA Tour Golf** Coverage of day three of the Memorial Tournament from Muirfield Village Golf Club in Ohio, where Scottie Scheffler was victorious last year.
12.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Years**
9.00 **Transfer 360**
11.00 **Premier League Stories**
12.00 NOON **Premier League Highlights** Recent action.
4.00 PM **SNF** Action from Aston Villa v Nottingham Forest.
4.30 Bournemouth v Arsenal.
5.00 Highlights from Bournemouth v Aston Villa.
5.30 Action from Bournemouth v Brentford at the Vitality Stadium.
6.00 Brentford v Aston Villa from the Gtech Community Stadium.
6.30 Brighton & Hove Albion v Arsenal at the AMEX Stadium.
7.00 **Unpacked** Fans' questions.
8.00 **Transfer 360** Nemanja Vidic.
8.30 Mikel Arteta to Rangers.
9.00 **Premier League Review** A look back at the weekend's action in the top flight, featuring all of the goals, news and major talking points from around the top flight.
10.00 **Class of '92: Full Time**
1.00 AM **PL Retro** A chance to see Chelsea v Burnley from 2017/18.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Cup Retro**
8.00 **Best Scottish Premiership Goals 2014/15**
8.30 **Best Scottish Premiership Goals 2021/22**
9.00 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **Best Moments from the Championship Play-Off Final**
11.30 **Best Moments from the League 1 & 2 Play-Off Final**
12.00 NOON **Championship Retro**
2.00 PM **Bundesliga**
2.30 **EFL Greatest Games**
4.00 **EFL Cup Retro** Manchester City v Sunderland in the 2014 final.
5.00 **There's Only One Sauzee**
5.30 **Dundee United: Champions 83**
6.00 **EFL Cup Retro** Manchester City v Liverpool in the 2016 final.
8.45 **EFL Greatest Games** Derby County v Cardiff City in 2017/18.
9.00 Derby County v Leeds Utd.
9.15 West Brom v Leeds Utd.
9.30 **Championship Season Review**
10.30 **EFL Rivalries** East Midlands.
11.00 **EFL Greatest Games**
12.00 M'T **EFL** Championship play-offs.
2.00 AM **Best Goals: EFL Cup 24/25**
2.30 **EFL Trophy** This year's final.
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **EFL Cup Retro**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **IPL** The eliminator.
7.00 **Best of England v Windies**
8.00 **One-Day International Cricket**
11.00 **Best of England v Windies**
11.25 **Ashes Greats** Adam Gilchrist.
11.35 **Best of ICC WT20**
11.50 **LIVE Women's Vitality T20 Blast Birmingham Bears v Durham.** Coverage of the group match at Edgbaston, Birmingham.
3.15 PM **Best of ICC WT20**
3.45 **LIVE Vitality T20 Blast Cricket Birmingham Bears v Durham.** The North Group match from Edgbaston in Birmingham.
7.15 **Best of ICC WT20**
8.00 **Best of England v Windies**
9.00 **One-Day International Cricket** England v West Indies.
10.00 **Best of ICC WT20**
10.30 **The Boy from Baracara**
11.00 **Women's One-Day International Cricket**
12.00 M'T **Best of England v Windies**
1.00 AM **Women's Vitality T20 Blast** Birmingham Bears v Durham from Edgbaston.
4.25 **Ashes Greats** Action from 2001.
4.45 **Best of ICC WT20**
5.00 **to 6.00** AM **Best of England v Windies**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **PGA Tour**
9.00 **US Women's Open**
10.00 **Rose Ladies Series**
10.30 **HotelPlanner Tour**
11.00 **US Women's Open**
12.00 NOON **LIVE DP World Tour** Coverage of day three of the Austrian Alpine Open from Gut Altentann Golf Club in Salzburg.
4.30 PM **LIVE PGA Tour** Coverage of day three of the Memorial Tournament from Muirfield Village Golf Club.
7.00 **LIVE PGA Tour** Further coverage of day three of the Memorial Tournament in Ohio.
12.30 AM **Legends Tour Golf**
1.30 **HotelPlanner Tour Golf**
2.00 **Rose Ladies Series**
2.30 **Golf Academy**
3.00 **PGA Tour** Highlights.
4.00 **US Women's Open**
5.00 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **WTA & ATP Tennis**
12.00 NOON **WTA Tennis** Highlights.
1.00 PM **Tennis** The United Cup final.
3.00 **ATP Tour This Week**
3.30 **WTA Tennis** Strasbourg Open.
4.30 **ATP Tennis** Hamburg Open final.
5.30 **WTA Tennis** Rabat Open final.
6.30 **ATP Tennis** Geneva Open final.
7.30 **ATP Tour This Week**
8.00 **Billie Jean King: My Story**
9.00 **ATP Tennis** Dubai Championships.
10.00 **Tennis** The United Cup final.
12.00 M'T **WTA & ATP Tennis**
4.00 **to 6.00** AM **US Open**

TNT Sports 1

410 413 521 408 430

6.00 AM **The Fantasy Show**
6.30 **UEFA Conference League Goals Reload** Recent action.
6.45 **Reframe the Game**
7.00 **LIVE ABB FIA Formula E World Championship** The Shanghai ePrix opening race.
9.30 **Court Side** Day seven preview.
10.00 **LIVE French Open Tennis** Coverage of the second day of round three of the tournament at Stade Roland Garros in Paris.
2.00 PM **LIVE Gallagher Premiership Rugby Union Bristol Bears v Harlequins.** The top-flight match from Ashton Gate. Kick-off **3.05pm**.
5.30 **No Filter Football**
6.00 **LIVE UEFA Champions League Paris Saint-Germain v Inter Milan.** Coverage of the final from Allianz Arena. Kick-off is at **8.00pm**. *See feature, page 28.*
11.00 **Miracle of Istanbul**
12.00 M'T **LIVE UFC** Coverage of the preliminary bouts at UFC Apex.
2.00 AM **LIVE UFC Erin Blanchfield v Maycee Barber.** The women's flyweight bout from UFC Apex.
5.30 **to 6.00** AM **Serie A: Full Impact**

TNT Sports 2

411 414 522 409 431

7.00 AM **The Football's On**
8.00 **LIVE Isuzu UTE A-League** Coverage of the Grand Final.
10.30 **LIVE AFL Sydney Swans v Adelaide Crows.** Coverage of the match from Sydney Cricket Ground. Bounce-up **10.35am**.
1.30 PM **Reframe the Game**
1.45 **LIVE T100 Triathlon World Tour** Coverage from the opening day of the third round of the season in San Francisco.
7.15 **Reframe the Game**
7.30 **The WRC Magazine**
8.00 **Cycling: Men's Giro d'Italia**
9.00 **Discovery Golf**
9.30 **LIVE Grand Slam Track Athletics** Coverage of day one of the third round of the competition from Franklin Field, Philadelphia.
11.30 **NBA on Fire** The latest news.
12.00 M'T **NBA Tip-Off**
1.00 AM **LIVE NBA Indiana Pacers v New York Knicks.** Coverage of game six of the Eastern Conference finals from Gainbridge Fieldhouse. Tip-off **1.00am**.
3.30 **Inside the NBA**
4.30 **Men's Cycling Pro Series**
5.30 **to 6.00** AM **The WRC Magazine**

Sky Sports Action

408 408 517 507 426 446

5.35 AM **LIVE Super Rugby Blues v Waratahs.** Coverage of the match at Eden Park in Auckland, New Zealand. Kick-off **5.35am**.
7.35 **My Icon** Sporting influences.
8.00 **LIVE Super Rugby Hurricanes v Moana Pasifika.** Coverage of the match staged at Sky Stadium in Wellington. Kick-off **8.05am**.
10.00 **My Icon** Sporting influences.
10.30 **LIVE Super Rugby Queensland Reds v Fijian Drua.** Coverage of the match at Suncorp Stadium in Brisbane, Australia. Kick-off **10.35am**.
12.30 PM **Fight Night International**
1.30 **The Rugby Championship**
3.30 **My Icon** Sporting influences.
3.55 **LIVE Netball Super League Loughborough Lightning v Nottingham Forest Netball.** Coverage of the match from the 12th round of fixtures staged at Motorpoint Arena Nottingham. Centre-pass **4.00pm**.
5.30 **My Icon** Sporting influences.
6.00 **The Rugby Championship**
8.00 **Premier League Darts**
11.30 **PDC Classics** Archive action.
1.00 AM **The Rugby Championship**
5.00 **to 6.00** AM **Darts Gold**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
8.30 **LIVE NRL North Queensland Cowboys v Wests Tigers.** Coverage of the match at Queensland Country Bank Stadium. Kick-off **8.30am**.
10.30 **Rugby Greatest Games** New Zealand v British and Irish Lions in the third Test of the 2017 tour.
10.35 **LIVE NRL Manly Sea Eagles v Brisbane Broncos.** Coverage of the match staged at Brookvale Oval. Kick-off **10.35am**.
12.30 PM **Sports Saturday**
3.30 **My Ryder Cup**
3.45 **LIVE PGA Tour Golf** Coverage of the third day of the Memorial Tournament from Muirfield Village Golf Club in Dublin, Ohio, where Scottie Scheffler was victorious last year. The American finished one stroke clear of Colin Morikawa to claim the sixth of seven titles he won that year.
7.00 **LIVE PGA Tour Golf** Continued coverage of the third day of the Memorial Tournament staged at Muirfield Village Golf Club in Dublin, Ohio.
12.30 **to 6.00** AM **Sky Sports News**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **US Women's Open Golf**
8.00 **Super League** A match replay.
10.45 **My Icon** Leon Pryce.
11.00 **US Women's Open Golf**
12.00 NOON **Indycar** Indianapolis 500.
1.00 PM **Formula 1** From Monaco.
2.00 **LIVE Indycar** Chevrolet Detroit Grand Prix second practice session.
3.00 **Indycar** The Indianapolis 500.
4.00 **PL Greatest Games**
4.30 **DP World Tour Golf**
5.00 **US Women's Open Golf**
6.00 **LIVE US Women's Open Golf** Day three of the second Major of the year at Erin Hills in Wisconsin.
11.00 **Indycar** The Indianapolis 500.
12.00 M'T **Fight Night International**
3.00 AM **EFL Greatest Games**
4.00 **PL Greatest Games**
5.00 **to 6.00** AM **Golf Academy**

TNT Sports 3

413 415 523 410 432

6.00 AM **IFSC Climbing World Cup**
7.00 **Discovery Golf**
7.30 **No Filter Football**
8.00 **Training Day** With Tim Henman.
8.15 **Cycling: Men's Giro d'Italia**
9.15 **LIVE Cycling: Men's Giro d'Italia** Coverage of the 20th stage of the race in Italy.
4.00 PM **Reframe the Game**
4.15 **MLB Highlights**
5.15 **Reframe the Game** Carol Glenn.
5.30 **LIVE FIM Speedway Grand Prix** Coverage from the third round of the season in Prague.
9.00 **LIVE MLB Texas Rangers v St Louis Cardinals.** Coverage of the inter-league match from Globe Life Field. Start-time **9.05pm**.
12.00 M'T **LIVE MLB Los Angeles Dodgers v New York Yankees.** The inter-league match at Dodger Stadium. Start-time **12.15am**.
3.15 AM **MotoGP Rewind**
3.30 **UEFA Champions League**
5.00 **to 6.00** AM **The Football's On**

TNT Sports 4

414 416 524 411 434

6.00 AM **TNT Sports Reload**
6.15 **MLB: Off the Bat**
6.45 **French Open Tennis**
8.15 **The Rugby Breakdown Show**
9.15 **Reframe the Game**
9.30 **Court Side** Day seven preview.
10.00 **LIVE French Open Tennis** Coverage of the second day of round three of the tournament at Stade Roland Garros in Paris.
4.00 PM **LIVE French Open Tennis** Further coverage of the second day of round three staged at Stade Roland Garros in Paris.
11.00 **French Open Tennis**
12.30 AM **The WRC Magazine**
1.00 **LIVE ABB FIA Formula E World Championship** Shanghai ePrix third free practice session.
2.00 **Premiership Rugby Union**
3.00 **LIVE ABB FIA Formula E World Championship** Shanghai ePrix second qualifying session.
5.00 **to 6.00** AM **Isuzu UTE A-League**

Premier Sports 1

419 551

6.00 AM **Asian Le Mans Series**
7.00 **Scottish Football Social Club**
8.00 **Transworld Sport** Magazine.
9.00 **Scottish Rally Championship**
9.30 **Rugby Union Highlights**
12.00 NOON **LIVE United Rugby Championship Bulls v Edinburgh.** Kick-off **12.30pm**.
2.45 PM **LIVE United Rugby Championship Leinster v Scarlets.** Kick-off **3.00pm**.
5.15 **LIVE United Rugby Championship Sharks v Munster.** Kick-off **5.30pm**.
8.00 **Scottish Rally Championship**
8.30 **Trail Menorca** Highlights.
9.00 **NHL Tonight** Recent action.
10.00 **Sporting Countdowns**
11.05 **LIVE MLR Old Glory DC v Los Angeles.** Kick-off **1.05pm**.
1.00 AM **Football's Greatest**
1.30 **United Rugby Championship**
3.30 **Football's Greatest**
4.00 **PSA Squash Highlights**
5.00 **to 6.00** AM **Sporting...**

Premier Sports 2

420 552

6.00 AM **LaLiga** Bilbao v Barcelona.
8.00 **NHL Ice Hockey**
10.00 **FastZone** Motorsports highlights.
10.30 **Bike World** Magazine.
11.00 **Top 14 Rugby Union**
1.25 PM **LIVE Top 14 Rugby Union Clermont Auvergne v Stade Francais.** Coverage from Stade Marcel-Michelin. Kick-off **1.30pm**.
3.25 **LIVE Top 14 Rugby Union** A French top flight match.
5.25 **LIVE United Rugby Championship Sharks v Munster.** Coverage from the fourth quarter-final from Kings Park Stadium. Kick-off **5.30pm**.
8.00 **Temples of Sport**
8.30 **GP Confidential** F1 news.
9.00 **Football Unity Cup** The final.
11.00 **NHL Ice Hockey** A play-off.
1.00 AM **LIVE NHL Ice Hockey** Coverage of a play-off match.
4.00 **Temples of Sport**
4.30 **Football's Greatest**
5.00 **to 6.00** AM **NHL Tonight**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Ted Drives: F1 Car**
6.15 **Chasing the Dream**
6.35 **Lando Norris IV**
6.45 **Formula 1** Spanish Grand Prix.
8.00 **The F1 Show** Race preview.
9.00 **LIVE Formula 3** Coverage of the Spanish Grand Prix sprint race.
10.00 **F1 Academy Ella Lloyd**
10.10 **F1 Feature**
10.15 **The F1 Show** Race preview.
11.15 **LIVE Formula 1** The Spanish Grand Prix third practice session.
1.10 PM **LIVE Formula 2** The Spanish Grand Prix sprint race.
2.10 **LIVE Formula 1** The Spanish Grand Prix qualifying session.
5.00 **LIVE Indycar** Chevrolet Detroit Grand Prix qualifying session.
7.00 **Formula 1** Spanish Grand Prix.
9.00 **Formula 2** Action from Spain.
10.00 **Formula 3** Spanish Grand Prix.
11.00 **Formula 1** From Barcelona.
2.15 AM **Ted Drives: F1 Car**
2.30 **Formula 1** Recent highlights.
3.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sunday

1 June

Evening Planner

Documentary

Our Guy in Vietnam

C4, 9pm (box set, C4 Streaming)

Guy Martin travels through the country in Southeast Asia to learn about its history and what the future has in store.

Comedy Drama

Mountainhead

Sky Atlantic, 9pm

This satirical comedy focuses on a group of tech billionaires gathering at an alpine retreat during an international crisis.

Music

Pulp: Radio 2 in Concert

BBC2, 10.45pm (times vary)

The Sheffield band play an intimate gig for an audience of lucky fans, including tracks from their new album, *More*.

OnDemand

itvX

C*A*U*G*H*T

Available today

A group of Aussie soldiers become social media stars after they're captured while on a secret mission, in this comedy.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.15 Antiques Roadshow		8.15 Death Valley		9.00 The Bombing of Pan Am 103		10.00 News	10.30 Film: Saving...
	102 BBC2	7.00 Amazing Hotels: Life Beyond the Lobby		8.00 Top Gear Africa Special – Part Two		9.00 Scandinavia with Simon Reeve		10.00 Later... with Jools Holland	
	103 ITV1	7.00 Celebrity Catchphrase		8.00 It'll Be Alright on the Night		9.00 Code of Silence		10.00 News	10.20 Film: Minority Report
	104 CHANNEL 4	‹ 6.30 F1: Spanish Grand Prix Highlights				9.00 Our Guy in Vietnam		10.00 The Handmaid's Tale	
	105 5	‹ 6.35 The Toys We Loved & Lost		8.00 Summer in the Scilly Isles		9.00 Cause of Death		10.00 Mick Philpott: Beyond Evil	
	106 SKY SHOWCASE	7.00 World War Weird		8.00 David Attenborough's Kingdom of...		9.00 The Girl Who Caught a Killer		10.10 F1: Spanish Grand Prix...	
ENTERTAINMENT	115 BBC3	7.00 EastEnders		8.00 Dubai Hustle		9.00 I Kissed a Boy	9.45 Film: The Heat		
	116 BBC4	7.00 Dame Vera Lynn at the BBC		8.00 Dame Vera Lynn: We'll Meet Again		9.00 The Royal Tournament 1995		10.00 Peter Grimes	
	118 ITV2	7.10 Film: Men in Black II				9.00 Love Island: A Decade of Love			10.30 Family Guy
	136 MORE4	‹ 6.55 Four in a Bed				9.00 999: On the Front Line		10.00 24 Hours in A&E	
	135 E4	7.15 Film: The Simpsons Movie				9.00 Rick and Morty	9.30 The Simpsons		
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Fire Country		10.00 FBI: International	
	108 SKY ATLANTIC	‹ 6.30 Game of Thrones	7.55 True Detective			9.00 Mountainhead			
	110 U&GOLD	‹ 6.20 Only Fools and Horses		8.20 Dad's Army		9.00 Billy Connolly Does...		10.00 Only Fools and Horses	
	111 U&DAVE	7.00 Border Force: America's Gatekeepers		8.00 Have I Got a Bit More News for You				10.00 QI	10.40 Mock...
	119 ITV3	‹ 6.00 Midsomer Murders		8.00 Doc Martin				10.00 Vera	
	120 ITV4	7.10 Film: Police Academy 2: Their First Assignment				9.00 Isle of Man TT			
	112 COMEDY CENTRAL	7.15 Film: Paul Blart: Mall Cop				9.00 Film: Along Came Polly			10.40 Lee...
	139 SKY SCI-FI	7.00 Stargate Universe							
	113 SKY MAX	7.00 Grimm		8.00 Rob & Romesh vs K-Pop		9.00 Mr Bigstuff			
	109 U&ALIBI	7.00 Hudson & Rex		8.00 Death in Paradise				10.00 I, Jack Wright	
	130 SKY ARTS	‹ 6.30 Queen: From Rags to...	7.45 Film: Pursuit to Algiers			9.00 Classic Movies: The Story of Flash...		10.00 The Agatha Christie Hour	
	132 U&W	7.00 Inside the Ambulance				9.00 Inside the Operating Theatre			
DOCUMENTARY	125 DISCOVERY	7.00 Building off the Grid		8.00 Alaska: Homestead Rescue				10.00 Kindig Customs	
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 How Do Animals Do That?		9.00 Tanked		10.00 Alaska: Surviving the Last Frontier	
	129 NAT GEO	7.00 Pirates: Behind the Legends		8.00 Lost Treasures of Egypt: Four Queens		9.00 Egypt's Sun King: Secrets and Treasures		10.00 Lost Tombs of the Pyramids	
	123 SKY HISTORY	7.00 Instruments of Death				9.00 The Other 300: Army of Lovers			
	155 U&YESTERDAY	7.05 'Allo 'Allo!		8.10 Bangers & Cash					
	121 SKY DOCS	7.00 Film: The Beatles: Eight Days a Week – The Touring Years				9.00 The Girl Who Caught a Killer		10.15 Anatomy of Lies	
FILMS – Sky Cinema	301 PREMIERE	‹ 6.15 A Nice Indian Boy		8.00 Old Guy			9.45 Speak No Evil		
	302 ROMANCE	‹ 6.00 Mamma Mia! Here We Go Again		8.00 The Holiday				10.20 Shakespeare in Love	
	303 BLOCKBUSTERS	‹ 6.05 Bob Marley: One Love		8.00 A Star Is Born				10.20 Mad Max: Fury Road	
	304 GREATS	‹ 6.10 Field of Dreams		8.00 Robin Hood: Prince of Thieves				10.25 A League of Their...	
	305 ANIMATION	7.20 Despicable Me 4				9.00 Migration		10.30 Sneaks	
	306 FAIRYTALE	‹ 5.50 Dr Seuss'...	7.30 Peter Rabbit 2: The Runaway			9.10 Hook			
	307 KARATE KID	‹ 6.10 2 Fast 2 Furious		8.00 Shazam!				10.15 The Patriot	
	308 COMEDY	‹ 6.35 A Night at the Roxbury		8.00 Role Models			9.50 Girls Trip		
	309 THRILLER	‹ 5.35 Jack Reacher		8.00 Jack Reacher: Never Go Back				10.10 The Equalizer 3	
	310 PRIDE	‹ 6.30 Monsoon		8.00 A Nice Indian Boy			9.45 Cicada		
	311 SCI-FI	‹ 6.15 The Woman in Black: Angel of Death		8.00 A Quiet Place: Day One			9.45 The Purge		
	313 FILM4	7.10 Made in Italy				9.00 S.W.A.T.			
SPORT	401 MAIN EVENT	7.00 US Women's Open Golf – Live: Coverage of day four of the second Major of the year							
	402 PREMIER LEAGUE	7.00 My Origin Story	7.30 Newcastle...	8.00 Gary Neville's Soccerbox		9.00 PL Review		10.00 Class of '92: Full Time	
	403 FOOTBALL	‹ 6.00 EFL Cup Retro		8.00 EFL Trophy...	8.30 EFL Greatest Games		9.30 Championship Season Review		10.30 EFL Rivalries
	404 CRICKET	7.00 Ashes Greats	7.30 Best of England v Windies			9.00 One-Day International Cricket		10.00 IPL	
	410 TNT SPORTS 1	7.00 Roland Garros – Live: Further coverage of the first day of round four of the tournament							
	411 TNT SPORTS 2	‹ 6.30 MLB – Live: Atlanta Braves v Boston Red Sox (Start-time 6.35)						10.00 Men's Cycling Pro Series	

‹ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

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BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
8.20 **Match of the Day: Champions League Football** (S)(R)
9.00 **Sunday with Laura Kuenssberg** (S)
10.00 **The Mormons Are Coming** (S)(R)
11.00 **Homes Under the Hammer** (S)(R)
12.00 NOON **Bargain Hunt** (S)(R)
1.00 PM **BBC News** (S)
1.15 **Songs of Praise** New edition (S)
1.50 **Points of View** New edition (S)
2.05 **Escape to the Country** (S)(R)
2.40 **Walking with Dinosaurs** (S)(R)(AD)
3.30 FILM **Inside Out** Pixar animation with the voice of Amy Poehler. (S)(AD) (2015, U, 90min) ★★★★★
5.00 **BBC News** (S)
5.15 **Local News** (S)
5.25 **Countryfile** New edition
A look at how the countryside around Bradford shaped the city and its creative legacy. (S)

6.25 Walking with Dinosaurs

6 PM

6.25 Walking with Dinosaurs
New edition 2/6. A spinosaurus father must embark on a dangerous voyage to feed his babies, leading his young family across one of the deadliest environments in history. (S)(AD)
■ Entire series on BBC iPlayer

7 PM

7.15 Antiques Roadshow
Fiona Bruce presents the show from the grounds of Wollaton Hall in Nottingham, where treasures include underwear belonging to Queen Victoria and a toy monkey. (S)(R)

8 PM

8.15 Death Valley
New episode 2/6. Janie ropes John into joining her mother's walking group to help solve the case of a walker found dead on a mountain trail. (S1) (S)(AD)
■ Entire series on BBC iPlayer

9 PM

9.00 The Bombing of Pan Am 103
New episode 5/6. The ongoing joint Scottish and FBI investigation closes in on the identity of a key player in the bombing. (S1) (S)(AD)
■ Concludes tomorrow

10 PM

10.00 BBC News (S)
10.25 Local News (S)
10.30 FILM Saving Private Ryan
Steven Spielberg's acclaimed World War Two drama starring Tom Hanks, Tom Sizemore and Edward Burns. A small team of US soldiers are sent to find and rescue a young private whose three brothers have been killed in action. With Matt Damon. (S) (1998, 15, 160min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
1.10 AM **Doctor Who: Unleashed** *The Reality War:* 8/8. Behind the scenes on the series finale. (S)(R)(AD)
1.40 Weather for the Week Ahead Seven-day forecast. (S)
1.45 to 6.00 AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.10 AM **A to Z of TV Gardening** (S)(R)
6.55 **Countryfile** (S)(R)
7.50 **Beechgrove Garden** (S)(R)
8.20 **Breakfast** (S)
9.00 **Landward** New edition (S)
9.30 **Saturday Kitchen Best Bites** New edition Series highlights. (S)
11.00 **A Cook Abroad: John Torode's Argentina** A road trip. (S)(R)(AD)
12.00 NOON **This Farming Life** (S)(R)
1.00 PM FILM **Spartacus** Stanley Kubrick's spectacular epic starring Kirk Douglas as the Thracian gladiator who led an army of slaves in a doomed revolt against the might of the Roman Empire. (S)(AD) (1960, PG, 180min) ★★★★★
4.00 **Flog It!** From East Sussex. (S)(R)
5.00 **Race Across the World** 6/9. The teams set off for the Indian village of Sasan Gir. (S)(R)(AD)

9.00 Scandinavia with Simon Reeve

6 PM

6.00 Scandinavia with Simon Reeve
2/3. The second leg of Simon's trip takes him from the fjords of Norway across the North Atlantic to Iceland, known as the land of fire and ice. (S)(R)(AD)

7 PM

7.00 Amazing Hotels: Life Beyond the Lobby
5/8. At Phinda Private Game Reserve in South Africa, Monica Galetti and Rob Rinder learn how to deliver a luxury safari experience. (S)(R)(AD)

8 PM

8.00 Top Gear Africa Special – Part Two
Jeremy Clarkson, Richard Hammond and James May conclude their quest to find the source of the River Nile in Africa using ageing estate cars. (S)(R)

9 PM

9.00 Scandinavia with Simon Reeve
Series finale 3/3. Simon uncovers surprising and sometimes shocking sides of Sweden and Denmark. (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.00 Later... with Jools Holland
New edition 3/6. Featuring performances by Pulp, The Hives, Suzanne Vega, Nectar Woode and Wunderhorse. (S)
10.45 NEW Pulp: Radio 2 in Concert
The indie band perform at the BBC Radio Theatre in London. *See feature, page 11.* (S)
11.50 ODI Cricket Highlights England v West Indies: Action from game two at Sophia Gardens, Cardiff. (S)
12.35 AM FILM **Run** Drama starring Mark Stanley. (S) (2019, 15, 70min) ★★★
1.45 Sign Zone: Question Time (S)(R)
2.45 Sign Zone: The Bombing of Pan Am 103 4/6. (S1) (S)(R)(AD)
3.45 to 6.30 AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Raymond Blanc's Royal Kitchen Gardens** (S)(R)(AD)
6.30 **James Martin's Saturday Morning**
8.25 **Katie Piper's Weekend Escape** New edition With Fiona Wade. (S)
9.25 **ITV News** (S)
9.30 **Love Your Weekend with Alan Titchmarsh** New edition (S)
11.25 **Alan Titchmarsh's Gardening Club**
12.30 PM **ITV News** (S)
12.45 **Jeremy Pang's Hong Kong Kitchen** With Simon Rimmer. (S)(R)(AD)
1.45 FILM **Johnny English Strikes Again** Comedy starring Rowan Atkinson. (S)(AD) (2018, PG, 100min) ★★★
3.25 FILM **Goldfinger** James Bond adventure with Sean Connery. (S)(AD) (1964, PG, 130min) ★★★★★
5.35 **The Chase Celebrity Special** With Su Pollard, Jordan Banjo, AJ Odudu and Jonathan Ross. (S)(R)

10.20 Minority Report

6 PM

6.30 ITV News (S)
6.45 Local News (S)

7 PM

7.00 Celebrity Catchphrase
New edition Stephen Mulhern hosts as Charlie Hedges, Luke Kempner and Jeremy Vine compete to win the £50,000 jackpot for their chosen good causes. (S)(AD)

8 PM

8.00 NEW It'll Be Alright on the Night
David Walliams narrates a selection of out-takes from *Strictly Come Dancing, Blankety Blank, Love Island, Coronation Street* and *Emmerdale*. (S)(AD)

9 PM

9.00 Code of Silence
New episode 5/6. Alison's feelings for Liam threaten to undermine the police's investigation. (S1) (S)(AD)
■ Concludes tomorrow

10 PM

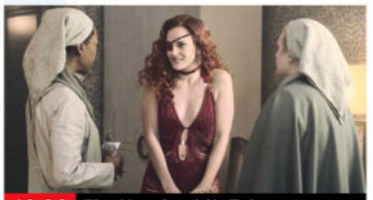
10.00 ITV News (S)
10.20 FILM Minority Report
Steven Spielberg's sci-fi thriller starring Tom Cruise. In Washington in 2054, the authorities prevent potential murders thanks to the visions of three psychics. Then the chief of the Pre-Crime unit becomes a suspect himself. With Colin Farrell, Max von Sydow and Samantha Morton. (S)(AD) (2002, 12, 145min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.45 AM **Teleshopping**
3.00 Code of Silence (S)(SL)(R)(AD)
3.50 Unwind with ITV (S)
5.05 to 6.00 AM **Motorsport UK** (S)(R)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.05 AM **Cheers** 4-7/25. (S6) (S)(R)
8.00 **The Great Big Tiny Design Challenge with Sandi Toksvig** 8/8. The miniaturists create a statement period piece. (S)(R)(AD)
8.55 **Bake Off: The Professionals** (S)(R)
10.00 **Sunday Brunch** New edition With guests Ashley Walters, JoJo Siwa, Suzi Ruffell and Gemma Whelan. Plus, music from Alt Blk Era. (S)
1.00 PM **The Simpsons** (S)(R)(AD)
3.30 **Four in a Bed** The week kicks off at 38 St Giles in Norwich. (S)(R)
4.00 A visit to The Royal Oak in Hawkhurst, Kent. (S)(R)
4.30 From The Fox & Goat in Tiddington, Oxfordshire. (S)(R)
5.00 From No 64 at The Joiners in West Malling, Kent. (S)(R)
5.30 The contenders find out which B&B has won. (S)(R)



10.00 The Handmaid's Tale

6 PM

6.00 News (S)
6.30 F1: Spanish Grand Prix Highlights
Lee McKenzie presents action from the ninth round of the season, held at Circuit de Barcelona-Catalunya. Max Verstappen of Red Bull was the victorious driver here in 2024, beating McLaren's Lando Norris into second place to win the race for the third successive year and the fourth time in his career. With analysis from David Coulthard and Alice Powell. (S)

9 PM

9.00 NEW SERIES Our Guy in Vietnam
1/2. Documentary in which Guy Martin explores the past, present and future of the country.
See feature, page 20. (S)(AD)
■ Entire series on C4 Streaming

10 PM

10.00 The Handmaid's Tale
New episode *Janine:* 5/10. June and Moira go undercover, while Serena and Nick make consequential choices. (S6)
10.55 FILM Military Wives
Comedy drama starring Kristin Scott Thomas and Sharon Horgan. (S)(AD) (2019, 12, 130min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
1.05 AM FILM **Rosaline** Historical comedy starring Kaitlyn Dever. (S) (2022, PG, 95min) ★★★★
2.40 The Simpsons (S)(R)(AD)
4.45 Jamie's Comfort Food (S)(R)
4.55 Location, Location, Location (R)
5.45 to 6.25 AM **Countdown** (S)(R)

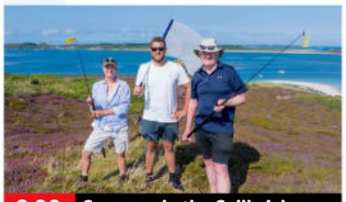
+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
8.55 **SpongeBob SquarePants** (S)(R)
9.00 **Entertainment News** (S)
9.20 **22 Kids & a Wedding** (S)(R)
11.05 **22 Kids & a Baby** (S)(R)
12.05 PM **22 Kids & Counting** (S)(R)
1.05 **Inside the Tower of London** Triple bill of editions. (S)(R)
4.00 **The Day The Queen Died: Minute by Minute** Recounting the events of 8 September 2022, from early signs of concern to the interruption of Parliament and the Royal Family converging on Scotland. (S)(R)
5.30 **News** (S)
5.35 **Supermarket Own-Brands: The Big Taste Test** Examining the difference between leading brands and supermarkets' own versions. (S)(R)



8.00 **Summer in the Scilly Isles**

6.35 **The Toys We Loved & Lost** A nostalgic look back at the 25 most popular and best-selling toys of the 1970s, 1980s and 1990s, including Action Man, Sindy, Trivial Pursuit, Sylvanian Families, Furbies and *Star Wars* merchandise. (S)(R)

8.00 **Summer in the Scilly Isles** New edition 3/4. A look at a groundbreaking honeybee project called Game of Drones that is out to prove that the insects cross stretches of sea in order to mate. (S)

9.00 **Cause of Death** Following the work of senior coroner Dr James Adeley as he investigates the death of an elderly woman who was physically attacked in a care home. (S)(R)

10.00 **Mick Philpott: Beyond Evil** Examining how Mick Philpott orchestrated a fire at his home, which ended up killing six of his children, as part of a plan to frame his former mistress, Lisa Willis. (S)(R)

11.30 **Police Code Zero: Officer Under Attack** (S)(R)
12.30 AM **Car Pound Cops** (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Kate Humble: Good Life, Green Life** Tips on sustainability. (S)(R)
3.50 **Friends** (S5) (S)(R)(AD)
4.40 **The Wonderful World of Chocolate** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **The Pingu Show** (S)(R)
6.30 **Lego City Adventures** (S)(R)
6.45 **Let's Game** (S)(R)
7.05 **Monkey Life** (S)(R)(AD)
8.30 **Sunday Morning with Trevor Phillips** Topical discussion.
10.00 **F1: Spanish Grand Prix Qualifying Highlights**
12.00 NOON **The Simpsons** (S)(R)
2.00 PM **Hawaii Five-0** 11/25. McGarrett and Danny work on their partnership issues. (S)(R)
3.00 12/25. Unstable World War Two bombs are stolen. (S)(R)
4.00 Two killers hold Chin and Kono at gunpoint. Guest stars Mykelti Williamson. (S6) (S)(R)
5.00 **F1: Spanish Grand Prix Highlights** Action from the ninth round of the season, held at Circuit de Barcelona-Catalunya.

9.00 **The Girl Who Caught a Killer**

6.00 **Greatest Escapes of WWII** 5/6. A focus on the German submarines that caused havoc in the American desert, and the story of young lovers whose escape defied all odds. (S)(R)

7.00 **World War Weird** 2/8. A Japanese secret society's repeated attempts to kill Charlie Chaplin, and Hitler's plan in 1942 to use educated dogs to do a soldier's job. (S)(R)

8.00 **David Attenborough's Kingdom of Plants** 3/3. The naturalist concludes his exploration of Kew by examining plants that have evolved to minimise their dependence on water. (S)(R)

9.00 **The Girl Who Caught a Killer** Series finale 2/2. The story of Rachael Watts, who was kidnapped, strangled and left for dead as a child by Russell Bishop, the man later convicted of the Babes in the Wood murders. (S)(R)(AD)

10.10 **F1: Spanish Grand Prix Highlights** Action from the ninth round of the season, held at Circuit de Barcelona-Catalunya. (R)

11.10 **And Just Like That...** 1/12. Carrie and friends navigate the complicated reality of life, love and relationships. (S3) (R)
12.10 AM **Brassic** 1/8. The gang head to Wales for Ringo and Babs' wedding. (S4) (S)(R)(AD)
1.10 **The Force: North East** (S)(R)
2.10 **Road Wars** Double bill. (S)(R)
4.00 **to 6.00** AM **Nothing to Declare** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
10.00am The Sunday Show (S) **10.30** The Mormons Are Coming (S)(R)(AD) **11.30-12.00noon** Escape to the Country (S)(R)
N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.00am Sunday Politics Northern Ireland (S) **10.30** The Mormons Are Coming (S)(R)(AD) **11.30** Homes Under the Hammer (S)(R)(AD) **12.30-1.00pm** Lost and Found in the Lakes (S)(R)(AD)
WALES
Sky 965, Virgin 864, Freesat 965
2.05pm A to Z of TV Gardening (S)(R) **2.30** FILM Inside Out (S)(AD) (2015, U, 90min) ★★★★★ **4.00** Best of Weatherman Walking: The Mid-West (S)(R) **4.30-5.00pm** Iolo's River Valleys (S)(R)

BBC2

N. IRELAND
Sky 969, Freesat 969
10.45pm Sunday Politics Northern Ireland (S)(R) **11.15** NEW Pulp: Radio 2 in Concert (S) **12.20am** ODI Cricket Highlights (S) **1.05** Upstart Crow (S)(R) **1.35-1.45am** Barra on the Foyle (S)(R)
WALES
Sky 968, Freesat 968
5.00pm Clive Myrie's Italian Road Trip (S)(R) **5.30** Race Across the World (S)(R)(AD) **6.30-7.00pm** SOS: Extreme Rescues (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **9.00** Nôl i'r Gwersyll **10.00** 3 Lle (AD) **10.30** Cynefin **11.30** Dechrau Canu Dechrau Canmol **12.00noon** Taith Bywyd (AD) **1.00pm** Y Fets (AD) **2.00** Y Sin (AD) **2.30** Y Sin (AD) **3.00** Am Dro! (AD) **4.00** Yr Ynys **4.55** Darn Bach o Hanes (AD) **5.20** Darn Bach o Hanes (AD) **5.45** Ffermio **6.15** Pêl-Droed Rhyngwladol **7.15** Newyddion a Chwaraeon **7.30** Dechrau Canu Dechrau Canmol New edition **8.00** Prosiect Pum Mil New edition **9.00** Radio Fa'ma (AD) **10.00** Dylan ar Daith **11.00-11.35pm** Bois y Rhondda

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **EastEnders** Tensions rise between the Mitchells. **7.30** The fallout from recent events continues.
8.00 **Dubai Hustle** Adam and Jake attempt to impress an influential client, and Chris is under scrutiny. **8.30** Natasha goes after Eddie's biggest client.
9.00 **I Kissed a Boy** New edition 7/10. The secret kiss remains the hot topic at dinner.
9.45 FILM **The Heat** Crime comedy starring Sandra Bullock and Melissa McCarthy. A strait-laced FBI agent and a brash Boston cop reluctantly team up to catch a drug lord. With Demian Bichir. (2013, 15, 112min) ★★★
11.35 **Bad Education** (S5)
12.35 AM **Dubai Hustle**
1.35 **I Kissed a Boy**
2.20 **The Film Fan's Guide to Surrey**
2.30 **Bad Education**
3.30 **to 4.00** AM **Doctor Who: Unleashed**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Dame Vera Lynn at the BBC** A look at some of Vera Lynn's favourite performances and biggest hits. Featuring Harry Secombe, Des O'Connor and Bing Crosby.
8.00 **Dame Vera Lynn: We'll Meet Again** Documentary first shown in 2017 to mark the 100th birthday of the forces sweetheart.
9.00 **The Royal Tournament 1995** The military tattoo from Earls Court, where service personnel and musicians marked the 50th anniversary of the end of World War Two. With commentary from Julian Tutt.
10.00 **Peter Grimes** A 1994 English National Opera production of Benjamin Britten's opera. Stars Philip Langridge and Alan Opie.
12.25 AM **Dame Vera Lynn at the BBC** As 7.00pm.
1.25 **Dame Vera Lynn: We'll Meet Again** As 8.00pm.
2.25 **to 3.25** AM **The Royal Tournament 1995**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
1.05 PM FILM **Little Women** Greta Gerwig's adaptation of Louisa May Alcott's novel, starring Saoirse Ronan. (2019, U, 135min) ★★★★★
3.45 **Come Dine with Me** Five editions of the culinary contest from Windsor.
6.20 **Four in a Bed** The competition begins at Churchill's Hotel in Barnsley. **6.55** A visit to Darnells' Farm Luxury Glamping in Ross-on-Wye, Herefordshire.
7.25 **Four in a Bed** The third visit of the week is to Hatton Court Hotel in Gloucester. **7.55** A visit to The Ladbrooke Hotel in central Birmingham. **8.25** Payment Day arrives.
9.00 **999: On the Front Line** New edition Paramedics are called to a unusual stomach condition that has left a patient in agony. On the night shift, a young man is intoxicated and passed out in the street.
10.00 **24 Hours in A&E** A 36-year-old man is airlifted to St George's after being involved in a head-on collision with a car.
11.05 **Emergency Helicopter Medics** Documentary.
12.10 AM **999: On the Front Line** Documentary.
1.15 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks Omnibus**
7.15 **Rude(ish) Tube Shorts**
7.40 **Modern Family**
10.10 **Ramsay's Kitchen Nightmares USA**
12.10 PM **Ramsay's Hotel Hell**
2.05 **The Big Bang Theory**
4.35 **The Simpsons** Five episodes of the comedy, including at: **6.40** *The Kids Are All Fight:* Homer finds an old film strip, leading to family flashbacks telling the story of Bart and Lisa's troublesome toddler years.
7.15 FILM **The Simpsons Movie** Animated comedy spin-off featuring the voice of Dan Castellaneta. Homer must save Springfield after he causes a disaster. (2007, PG, 83min) ★★★★★
9.00 NEW SERIES **Rick and Morty** 1/10. Return of the animated comedy. Rick tries disciplining the kids. (S8)
9.30 **The Simpsons** *Treehouse of Horror VII:* Lisa discovers Bart's demented twin. **10.00** *Treehouse of Horror X:* Homer's computing error plunges Earth into chaos. **10.30** *Treehouse of Horror XIII:* Blood-curdling tales.
11.00 **The Simpsons**
12.00 M'T **Gogglebox**
1.00 AM **First Dates**
2.05 **The Goldbergs**
3.20 **Gogglebox**
4.15 **to 6.00** AM **Hollyoaks Omnibus**

+1 hr 235/236 306 30 123 256

Sunday primetime

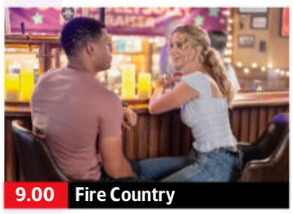
SUNDAY Entertainment

Sunday

Sky Witness

107 107 110 341 356

6.00 AM **Border Security: Canada's Front Line**
7.00 **Send in the Dogs**
8.00 **Border Security: America's Front Line** Double bill.
9.00 **Caught Red Handed**
12.00 NOON **Caught on Dashcam** Road disasters captured on video by dashboard cameras.
1.00 PM **Border Patrol** Double bill following the work of the New Zealand Customs agents.
2.00 **Nothing to Declare** Ten editions following the work of customs officers in Australia.



9.00 Fire Country

7 PM

7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

9 PM

9.00 Fire Country *Mama Bear:* 11/22. A former inmate firefighter plans revenge on Sharon. (S1)

10 PM

10.00 FBI: International *Dead Sprint:* 19/22. The team investigate when an American tourist is killed in Stockholm. (S2)
11.00 **Bull** 8/16. (S5)
12.00 M'T **Chicago Fire** 7/13. (S12)
1.00 AM **Chicago Fire** 8/13. (S12)
2.00 **Elsbeth** New episode 4/20. The attorney uncovers plans for a gala heist. (S2)
3.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Fish Town**
8.00 **Gangs of London** (S3)
12.00 NOON **Game of Thrones** Six episodes, including at: **2.10** PM 3/6. The army of the dead reach Winterfell. **3.40** 4/6. After the Battle of Winterfell, Jon and Daenerys look to the south. **5.05** 5/6. Varys betrays his queen, and Daenerys brings her forces to King's Landing. **6.30** 6/6. Tyrion faces the consequences of his actions, and Daenerys declares her intentions for Westeros. (S8)

9.00 Mountainhead

7.55 True Detective *The Locked Room:* 3/8. A recollection by a church volunteer gives the detectives a lead, and Hart's jealousy gets the better of him. (S1)

9.00 NEW Mountainhead Jesse Armstrong's satire starring Steve Carell, Jason Schwartzman, Cory Michael Smith and Ramy Youssef. Four billionaire friends get together against the backdrop of an unfolding international crisis. *See feature, page 6.*
11.00 **Succession** 1/10. First episode of the drama. (S1)
12.10 AM **Succession** 2/10. (S1)
1.15 **Homicide: Life on the Street**
3.00 **The Staircase** 2/8. (S1)
4.10 **The Outsider** 5/10. (S1)
5.10 **to 6.00** AM **Richard E Grant's Hotel Secrets**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Highway Patrol**
8.00 **SEAL Team** 8-11/22. (S1)
12.00 NOON **S.W.A.T.** Four episodes, including at: **3.00** PM 7/21. The team look for thieves on the run with a hi-tech thermal lance. (S3)
4.00 **Grimm** 11/22. Nick investigates a death at a haunted house. **5.00** 12/22. The members of the Wesen Council decide to have Nick killed. **6.00** 13/22. Nick joins forces with an old enemy to catch an arsonist. (S4)

9.00 Mr Bigstuff

7.00 Grimm *Bad Luck:* 14/22. Nick attempts to come to terms with Juliette's revelation. (S4)

8.00 Rob & Romesh vs K-Pop Rob Beckett and Romesh Ranganathan enter the world of the music phenomenon of K-Pop.

9.00 Mr Bigstuff 1/6. Comedy starring Danny Dyer and Ryan Sampson. **9.30** 2/6. Lee remains determined to find Steve.

10.00 Mr Bigstuff 3/6. Glen becomes acting manager of World of Carpets. **10.30** 4/6. Lee reveals more about the men who are after him. (S1)
11.00 **Mr Bigstuff** 5/6. Lee realises his past has caught up with him. **11.30** 6/6. Glen and Kirsty discover that their wedding fund is empty. (S1)
12.00 M'T **Brassic** 1/8. (S4)
1.00 AM **The Force: North East**
2.00 **Road Wars** Double bill.
4.00 **to 6.00** AM **Sun, Sea and A&E**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **Totally Bonkers Guinness World Records**
9.30 **Deal or No Deal: Celebrity Special** Double bill.
11.40 **The Masked Singer US**
12.40 PM **Britain's Got Talent: Final** The winner is decided.
3.30 **FILM Shrek 2** Animated comedy adventure sequel. (2004, U, 93min) ★★★★★
5.20 **FILM Shrek the Third** Animated adventure sequel with the voice of Mike Myers. (2007, U, 88min) ★★★★

7.10 Men in Black II

7.10 FILM Men in Black II Sci-fi comedy sequel starring Tommy Lee Jones and Will Smith. When an evil alien threatens Earth, top MIB agent Jay needs the help of his amnesiac former partner Kay to save the planet. (2002, PG, 88min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 NEW Love Island: A Decade of Love Iconic Love Islanders from the past decade of the show reunite to celebrate a decade of love in this anniversary event.
10.30 Family Guy 6/23. Joe is shocked when his son returns from Iraq. (S10)
11.00 **Family Guy** 17/18. Bonnie crosses a line when she and Lois take a trip to Paris. (S9)
11.30 **American Dad!** (S7)
12.35 AM **Iain Stirling's CelebAbility**
1.20 **Love Island: A Decade of Love** As shown at 9.00pm.
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **A Touch of Frost**
8.20 **FILM Carry On Follow That Camel** Comedy starring Jim Dale. (1967, PG, 90min) ★★★
10.20 **Agatha Christie's Poirot**
11.20 **Downton Abbey** Five episodes, including at: **1.25** PM 7/9. Anna's patience is finally rewarded. **2.30** 8/9. The annual cricket match brings out Robert's competitive side. **4.00** 9/9. Christmas special from 2012. Robert and his family visit his cousins. (S3)

8.00 Doc Martin

6.00 Midsomer Murders *Death of the Small Coppers:* Barnaby and Winter investigate a club for geniuses.

8.00 Doc Martin *Remember Me:* 5/8. PC Penhale is shocked by the unexpected arrival of his ex-wife Maggie.

9.00 Doc Martin *Don't Let Go:* 6/8. Maggie gets the all-clear from the doctor and decides she will return to Bude. (S5)

10.00 Vera *For the Grace of God:* DCI Stanhope is called in when a man who ended up on the streets after leaving the army is found dead.
11.50 **Agatha Christie's Poirot** *The Adventure of the Clapham Cook:* The Belgian detective agrees to investigate the disappearance of a cook.
12.55 AM **Out There** 5&6/6. (S1)
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **The Repair Shop on the Road** Dominic Chinea and Will Kirk help fix a huge fibreglass dairy cow lantern.
8.00 **Paramedics on Scene** Call handlers in Inverness organise help for an unresponsive teenager.
9.00 **Blood of the Clans** 3/3. Neil Oliver reveals the divided loyalties during the 1745 Rebellion.
10.00 **Still Game** 5/6. Jack and Victor enter a competition. (S1)
10.30 **Scot Squad** 4/6. McLaren and Fletcher break up a fight at a supermarket. (S2)
11.00 **The Sunday Show** The main issues from the world of politics.
11.30 PM **to 12.00** M'T **David Wilson's Crime Files** Focusing on terrorism.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Sort Of** (S1)
9.00 **The Conners** (S1)
10.30 **Entourage** (S3)
1.15 PM **Insecure** (S5)
4.30 **Ballers** 4-6/10. (S2)
6.30 **The Office (US)** 16/28. Part one of two. Michael and Pam go to Nashua to get closure from Holly. **7.00** 17/28. Part two of two. Dwight and Jim try to make up with Kelly. **7.30** 18/28. Jim and Pam go on an awkward double date. **8.00** 19/28. Kevin seeks dating advice from Andy, Jim and Pam. **8.30** 20/28. Jim's most recent practical joke on Dwight backfires. (S5)
9.00 **Jerrod Carmichael: Don't Be Gay** Stand-up.
10.05 **Maisie Adam: Appraisal**
11.25 **And Just Like That...**
12.25 AM **Ramy Youssef: More Feelings**
1.30 **Sex and the City** (S5)
2.50 **to 5.00** AM **The Comeback**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Tosca: Orchester der Wiener Staatsoper**
8.15 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
12.00 NOON **FILM Cinderella** Fairy-tale musical. (1965, U, 84min) ★★
1.35 PM **Cirque du Soleil: Volta** A production based on extreme sports.
3.35 **Jacqueline du Pré: Genius and Tragedy**
5.30 **Opry Live**
7.45 **FILM Pursuit to Algiers** Sherlock Holmes mystery thriller starring Basil Rathbone. (1945, b/w, U, 65min) ★★
9.00 **Classic Movies: The Story of Flash Gordon**
10.00 **Agatha Christie Hour**
11.00 **National Theatre Live: Frankenstein**
1.05 AM **Isle of Wight Festival Highlights 2022**
3.00 **Women Who Rock**
4.10 **The Great Songwriters**
5.05 **to 6.00** AM **Discovering**

Sky Mix

151 158 135 11 141 23

6.00 AM **Border Patrol**
8.00 **Silly Animals**
8.15 **Play Your Pets Right**
8.25 **Trolls: Trollstopia**
8.45 **Alvinnn!!! and the Chipmunks** Animation.
9.00 **UK Border Force**
12.00 NOON **Stop, Search, Seize** Documentary.
1.00 PM **Caught Red Handed** Double bill.
3.00 **Nothing to Declare**
5.00 **Stop, Search, Seize**
6.00 **Caught Red Handed**
8.00 **NCIS: Los Angeles** *Free or Die Standing:* 19/22. The team work with DEA agent Talia Del Campo. **9.00** *Work & Family:* 20/22. Two men are blown up by their own explosives. (S13)
10.00 **Britain's Most Evil Killers**
11.00 **Snapped**
12.00 M'T **Caught on Dashcam**
1.00 AM **Send in the Dogs**
2.00 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Be

131/132 125 119 28 119 22

6.00 AM **Unwind**
6.10 **The Only Way Is Essex**
7.20 **Buying the View**
7.50 **Olivia Meets Her Match**
9.50 **Dinner Date**
1.55 PM **The Real Housewives Ultimate Girls' Trip** Triple bill.
4.50 **Dermot O'Leary's Taste of Ireland**
6.50 **FILM While You Were Sleeping** Romantic comedy starring Sandra Bullock. (1995, PG, 103min) ★★★★
9.00 **FILM Dirty Dancing** Romantic musical starring Patrick Swayze and Jennifer Grey. (1987, 12, 96min) ★★★★
11.05 **The Real Housewives of Cheshire** Reality series.
12.05 AM **The TOWIE Years**
1.05 **Chloe Madeley: A Family Affair**
4.35 **Drama Queens**
5.25 **Backyard Builds**
5.50 **to 6.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Highway to Heaven**
11.00 **Murder, She Wrote**
1.00 PM **Murder, She Wrote** Eight episodes of the drama, including at: **6.00** *Deadpan:* Jessica investigates the death of a theatre critic. **7.00** *The Body Politic:* A friend of Jessica is accused of murder. **8.00** *JB As in Jailbird:* Jessica finds herself on a murder charge.
9.00 **Aurora Teagarden Mysteries: Til Death Do Us Part** Crime drama with Candace Cameron Bure and Niall Matter.
10.55 **Aurora Teagarden Mysteries: Heist and Seek** Crime drama with Candace Cameron Bure.
12.50 AM **The New Avengers**
3.00 **Randall and Hopkirk (Deceased)** 10/26. (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Motorsport Mundial**
6.30 **Auto Mundial**
7.00 **LIVE Formula E** Coverage of the Shanghai ePrix second race. Start-time is at 7.05.
9.30 **The Motorbike Show**
10.30 **British Touring Car Championship Highlights**
12.00 NOON **Isle of Man TT**
12.55 PM **The Motorbike Show**
2.55 **Made in Britain**
3.30 **LIVE Horse Racing: Sky Bet Sunday Series** Coverage of the third round of the series from Chelmsford.

7.10 Police Academy 2

7.05 **Nine Dart Finishes**
7.10 **FILM Police Academy 2: Their First Assignment** Comedy sequel starring Steve Guttenberg and Colleen Camp. Six inept recruits are drafted to fight a crime wave. (1985, 12, 87min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Isle of Man TT** Action from the Superbike TT race, as the big bikes took to the Isle of Man TT course looking to show speed ahead of the Senior TT later on in the week.

11.00 **FILM A Fistful of Dollars** Sergio Leone's Spaghetti Western starring Marianne Koch and Clint Eastwood. (1964, 15, 96min) ★★★★★
12.55 AM **Wrestling: AEW Dynamite** Wrestling action.
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **FILM America Is Sinking** Adventure starring Johnny Pacar. (2023, PG, 80min) ★★
1.00 PM **FILM Battle for Pandora** Sci-fi adventure starring Tom Sizemore and Mark Riketson. (2022, PG, 90min) ★★
3.00 **Star Trek: The Next Generation** Four episodes of the sci-fi drama, including at: **6.00** 3/26. Lumerian ambassador Ramid Ves Alkar mediates a dispute. (S6)

3.00 Star Trek: The Next...

7.00 **Stargate Universe** *Deliverance:* 11/20. Rush and Eli prevent the drones receiving orders from their command ship.

8.00 **Stargate Universe** *Twin Destinies:* 12/20. Eli claims he has worked out a way to dial back to Earth.

9.00 **Stargate Universe** *Alliances:* 13/20. An alien ship crashes into Homeworld Command.

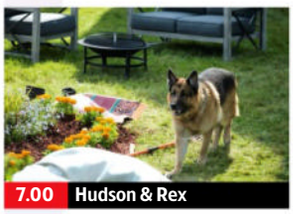
10.00 **Stargate Universe** *Hope:* 14/20.Volker discovers he needs a kidney transplant. (S2)

11.00 **Grimm** 10/22. An opportunity affords Nick the chance to get closer to his ancestors. **12.00** M'T 11/22. Nick and Monroe move in on the source of a long-gestating mystery. **1.00** AM 12&13/22. (S5)
3.00 **FILM Drone Wars** Adventure. (2016, PG, 79min) ★★
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S14)
10.00 **Inspector George Gently**
12.00 NOON **Father Brown** Four episodes, including at: **3.00** PM *The Sands of Time:* Brenda finds love at the home of a clock collector, but it might just be that she has fallen for a killer.
4.00 **Sherlock** *The Reichenbach Fall:* 3/3. Holmes faces Moriarty one last time. (S2)
6.00 **Hudson & Rex** 1/16. An investigation leads Charlie and Rex to Bell Island. (S7)


7.00 Hudson & Rex

7.00 **Hudson & Rex** New episode *A Room with a Clue:* 2/16. Rex witnesses a murder while stuck at home. (S7)

8.00 **Death in Paradise** *Man Overboard – Part One:* 5/8. The police's latest murder inquiry takes them to London.

9.00 **Death in Paradise** *Man Overboard – Part Two:* 6/8. The detectives are left with two murders to solve. (S6)

10.00 **I, Jack Wright** *Testament:* 6/6. Sally faces the wrath of Arnaud, while Rose shocks Bobby by taking a huge risk. (S1)
11.05 **Shakespeare & Hathaway: Private Investigators** 1/10. A pampered dog runs away from a life of luxury. (S2)
12.05 AM **Death in Paradise** (S10)
1.05 **Pretty Hard Cases** 4/12. (S2)
2.15 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.20 AM **Only Fools and Horses**
12.35 PM **Only Fools and Horses** Five episodes, including at: **5.15** Part one of two. The Trotters get a chance to escape Peckham for a holiday in the Florida sun – but it means Del leaving his newborn son behind. **6.20** Part two of two. The Trotters arrive in America and promptly suffer a setback when their camper van is burgled, and a Mafia gang target Del Boy. Guest stars Barry Gibb.

9.00 Billy Connolly Does...

Only Fools and Horses (started at 6.20pm)

8.20 **Dad's Army** Captain Mainwaring puts the defence of the realm before personal pride, resulting in problems.

9.00 **Billy Connolly Does...** Billy tackles heroes and villains, including memories of his sister looking out for him.

10.00 **Only Fools and Horses** Christmas special from 2003. Del and Rodney have only two weeks to find the cash they need to pay the Inland Revenue, or face losing their cherished flat.

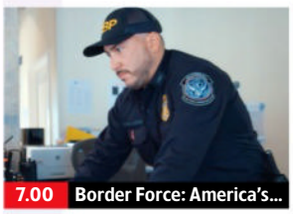
11.40 **Bottom Live: Weapons Grade Y-Fronts Tour**
1.45 AM **Newark, Newark**
3.30 **to 4.00** AM **Dad's Army**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Cops on the Rock**
8.00 **Guy Martin: Proper Jobs**
9.00 **Guy Martin's Great Escape**
11.00 **Top Gear** Double bill.
1.00 PM **Storage Hunters UK**
3.00 **Hairy Bikers' Best of British**
5.00 **Guy Martin: Proper Jobs** The presenter joins a dog mountain rescue team.
6.00 **Simon Reeve's South America** The adventurer sets off on a journey through the continent, beginning in the north-east, taking in Venezuela, Guyana, Suriname and French Guiana.


7.00 Border Force: America's...

7.00 **Border Force: America's Gatekeepers** New edition Officers find a manmade compartment in a trailer of a truck heading to the US.

8.00 **Have I Got a Bit More News for You** Phil Wang hosts the quiz, with guest panellists Ruth Davidson and Richard Osman.

9.00 **Have I Got a Bit More News for You** Victoria Coren Mitchell hosts, with guests Sophy Ridge and Chris McCausland.

10.00 **QI** With guests Professor Brian Cox, Rhys Darby and Jason Manford.
10.40 **Mock the Week** With Ed Byrne, Rob Beckett and Romesh Ranganathan.
11.20 **Mock the Week** With Josh Widdicombe, Katherine Ryan, Milton Jones and Ed Gamble.
12.00 M'T **Live at the Apollo**
1.00 AM **Schitt's Creek**
3.00 **to 4.00** AM **Hate Thy Neighbour**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

Sunday

4seven

137/138 163 143 49 127 16

9.00 AM **Four in a Bed**
2.00 PM **Location, Location, Location** Double bill.
4.00 **A Place in the Sun** Four editions, including at: **6.00** A family plan to move to the Andalucian town of Cómpeta. **7.00** A couple seek a home in the peace and quiet of inland Granada.
8.00 **Millionaire Hoarders** A woman seeks advice on valuing and selling a collection of clocks.
9.00 **Gogglebox** Double bill.
11.00 **FILM Fire Island** Romantic comedy starring Joel Kim Booster, Bowen Yang and Margaret Cho. (2022, 15, 105min) ★★★
1.00 AM **Open House: The Great Sex Experiment**
2.05 **Taskmaster**
3.05 **Britain's Most Expensive Houses**
4.05 **to 5.00** AM **Britain Under the Nazis: The Forgotten Occupation**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Murder, She Wrote**
12.00 NOON **Blue Bloods** (S4)
4.00 PM **NCIS** Six episodes of the drama, including at: **7.00** *Lifeline:* 3/10. The team experience fresh views during 'Walk-a-Mile in My Shoes' day. **8.00** *Left Unsaid:* 4/10. A petty officer disappears during his marriage proposal. **9.00** *The Plan:* 5/10. The team investigate the mystery of a recently used service weapon belonging to a missing agent. (S21)
10.00 **Law & Order: Special Victims Unit** *Breakwater:* 5/22. The SVU are asked for help when a man suspects his boss is preying on his sister. (S24)
11.00 **Law & Order: Special Victims Unit**
2.50 AM **The Good Wife**
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Doorstep Scammers: Don't Get Caught Out**
9.00 **Charity Scams: Don't Get Caught Out**
10.00 **Internet Shopping Scams: Don't Get Caught Out** Double bill.
12.00 NOON **Bank Scams: Don't Get Caught Out**
1.00 PM **Traffic Cops**
5.00 **Police Interceptors** Four editions, including at: **8.00** Officers in Nottinghamshire clash with a runaway driver.
9.00 **999: Killer on the Line**
10.00 **Cause of Death**
11.00 **Killer at the Crime Scene** Raveesh Kumra.
12.00 M'T **Serial Killer Wives**
1.00 AM **Fights, Camera, Action!** Documentary.
2.00 **GPs: Behind Closed Doors** Medical series.
2.50 **Police Interceptors**
3.35 **to 4.00** AM **Highway Patrol**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Heavy**
1.00 PM **Trucking Hell**
2.00 **FILM Lonely Are the Brave** Western starring Kirk Douglas. (1962, b/w, PG, 107min) ★★★
4.10 **FILM Death Rides a Horse** Western starring John Phillip Law. (1969, 15, 111min) ★
6.45 **FILM Two Mules for Sister Sara** Comedy Western starring Clint Eastwood and Shirley MacLaine. (1969, 15, 114min) ★★★
9.00 **Inside the Force** Officers attend a domestic incident in which a man is having a psychotic episode.
10.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
11.35 **Air Crash: Disaster Revealed** Double bill.
1.50 AM **Motorway: Hell on the Highway**
3.45 **to 4.00** AM **Trucking Hell**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Tipping Point**
11.20 **My Family**
3.10 PM **Outnumbered** Six episodes, including at: **5.50** Ben and Karen discuss their dreams. **6.25** Ben auditions for the school musical.
7.00 **Inside the Ambulance** Paramedics help a man injured in a bottle attack. **8.00** A teenager needs help after suffering an asthma attack on the day of a GCSE exam.
9.00 **Inside the Operating Theatre** A woman needs to have a polyp removed from her womb. **10.00** A man needs an ultrasound to confirm whether he has cancer.
11.00 **The Shift: Women on the Force** Double bill.
1.00 **to 3.00** AM **NEW SERIES Mysteries & Scandals** Double bill. Investigating legendary and intriguing crimes.

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.10 AM **The Bill**
12.00 NOON **Lark Rise to Candleford** Double bill.
2.40 PM **Catherine Cookson's The Cinder Path** Drama starring Catherine Zeta-Jones.
5.55 **Sharpe** *Sharpe's Challenge:* The Duke of Wellington sends Sharpe on a mission to India.
8.00 **Sister Boniface Mysteries** *It's Just Not Cricket:* 6/10. Great Slaughter Cricket Club's arrogant star player is murdered. (S3)
9.00 **Silent Witness** *The Penitent:* When a man falls from a high-rise building, the Lyell team are drawn into the criminal underworld of notorious mafia-group, the 'Ndrangheta'.
11.15 **The Chelsea Detective**
1.15 **Hamish Macbeth**
2.25 **to 4.00** AM **The Brokenwood Mysteries**

+1 hr 243 316 60 260

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Cornwall.
7.00 **Teleshopping**
8.00 **Fantasy Homes by the Sea** Double bill.
10.00 **My Dream Derelict Home in the Sun**
12.00 NOON **Who Do You Think You Are?**
2.00 PM **Long Lost Family**
3.00 **A Place in the Sun**
7.00 **Long Lost Family** A divorced couple search for the child they gave up as teenagers. **8.00** A man searches for his birth mother.
9.00 **Dr Pimple Popper** Helping a woman with a bump on her shoulder. **10.00** A man's lipomas are holding him back. **11.00** A man with a huge lump on his head.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Fantasy Homes by the Sea**

Challenge

145 159 139 48 142 43

7.00 AM **The Bidding Room**
9.00 **Tenable** Double bill.
11.00 **Play Your Cards Right**
12.00 NOON **Pointless Celebrities** Quiz.
1.00 PM **Richard Osman's House of Games**
3.00 **Through the Keyhole**
4.00 **Tenable** Double bill of the quiz show hosted by Warwick Davis.
6.00 **The Chase Celebrity Special** Geoff Hurst, Hayley Tamaddon, Rob Beckett and Gaby Roslin play for charity.
7.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
9.00 **The Chase Celebrity Special** Kaye Adams, Mark Bright, Jayne Torvill and Richard Arnold compete for charity.
10.00 **The Chase** Six editions of the quiz show.
4.00 AM **The Chase Celebrity Special**
5.00 **to 6.00** AM **The Chase**

GREAT! action

323 319 426 42 33

8.00 AM **Wild West Chronicles** Triple bill.
9.30 **The Battle of Britain**
10.45 **Wanted: Dead or Alive**
11.45 **FILM Distant Drums** Western adventure. (1951, U, 99min) ★★
2.00 PM **FILM The Comancheros** Western. (1961, PG, 102min) ★★★
4.20 **FILM McLintock!** Comedy Western. (1963, U, 127min) ★★★
7.05 **FILM In Old California** Western drama. (1942, b/w, PG, 88min) ★★
9.00 **FILM The Three Burials of Melquiades Estrada** Offbeat Western. (2005, 15, 116min) ★★★
11.40 **FILM Wrangler** Australian Western. (1989, 12, 92min) ★★
1.40 AM **FILM Ape vs Monster** Sci-fi adventure. (2021, 12, 88min) ★★
3.30 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.00 AM **Heathrow: Britain's Busiest Airport**
9.30 **FILM Stealing Paradise** Suspense thriller. (2011, PG, 83min) ★★★
11.30 **FILM Asteroid-a-geddon** Adventure. (2020, PG, 90min) ★★
1.25 PM **FILM Asteroid: Final Impact** Thriller. (2015, PG, 86min) ★
3.20 **FILM Gold** Adventure. (1974, 12, 124min) ★★
6.10 **FILM In the Line of Fire** Crime thriller starring Clint Eastwood. (1993, 15, 127min) ★★★★
9.00 **FILM French Connection II** Crime thriller sequel. (1975, 18, 119min) ★★★★
11.30 **FILM Tracker** Period action drama. (2010, 12, 101min) ★★★
1.40 AM **Coast Guard Alaska**
4.00 **to 6.00** AM **FILM The Wrong Patient** Thriller. (2018, PG, 90min) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM **FILM Christmas Around the Corner** Drama. (2018, PG) ★★
10.05 **FILM It's Beginning to Look a Lot Like Christmas** (2019, U) ★★
12.00 NOON **FILM The Last Christmas Home** Drama. (2018, PG) ★★
2.00 PM **FILM Christmas Comes Home** Romance. (2020, PG, 84min) ★★
3.55 **FILM Christmas in the Smokies** (2015, U) ★★
6.00 **FILM Christmas Joy** Romance. (2018, U) ★★
8.00 **FILM Christmas in Homestead** Drama. (2016, PG, 88min) ★★
9.55 **FILM Twinkle All the Way** (2019, PG) ★★
11.55 **FILM A Christmas Recipe for Romance** Drama. (2019, U) ★★
1.50 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Christmas Comes Home** Drama. (2020, PG) ★★

+1 hour 320 317 63

Rewind TV

182 92 150

6.00 AM **Hancock** (S1)
7.00 **Watching** 2-6/8. (S2)
9.30 **Dick Turpin** (S1)
12.00 NOON **That's My Dog**
12.30 PM **Mitch** 9/10. (S1)
1.30 **Don't Drink the Water**
4.00 **Rewind and Remember**
4.30 **Tracing the Rails**
5.00 **Police Woman** (S1)
6.00 **The Beiderbecke Tapes** 1/2. Drama with James Bolam and Barbara Flynn. Trevor comes under investigation after he tries to acquire a tape of Bix Beiderbecke's music. **7.30** 2/2. Trevor and Jill's investigation takes them to Amsterdam and Edinburgh.
9.00 **The Fantastic Journey** *Vortex:* 1/10. (S1)
10.30 **Watching** 2-6/8. (S2)
1.00 AM **Don't Drink the Water** (S1&2)
3.30 **The Fantastic Journey**
5.00 **Rewind and Remember**
5.30 **to 6.00** AM **Tracing the Rails**

DMAX

159 152 169 39 147 35

6.00 AM **Baggage Battles**
10.00 **Junkyard Empire**
2.00 PM **Wheeler Dealers**
7.00 **In Search of Monsters** Experts investigate evidence that links the elusive Yeti to America. **8.00** The Beast of Bray Road, which is apparently terrorising a Wisconsin town.
9.00 **Mystery at Blind Frog Ranch** The crew must protect themselves from poisonous gases. **10.00** The crew are overcome by a deadly and invisible gas cloud.
11.00 **Expedition X** Missing hikers in the Great Smoky Mountains. **12.00** M'T A giant winged creature in Iowa. **1.00** AM Ghostly voices and apparitions.
2.00 **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Man v Food**
11.00 **James Martin's Mediterranean**
3.00 PM **The Great British Bake Off** Four editions.
9.00 **Marcus Wareing's Tales from a Kitchen Garden** Marcus heads to Yorkshire to meet the rare Mangalitza pigs. **9.30** Marcus explores Gravetye Manor's grand kitchen garden. **10.00** Marcus hunts for the tastiest chicken. **10.30** The chef steps things up with a hunt for the perfect cow. **11.00** Ducks arrive at the chef's smallholding. **11.30** The chef plans to expand the herb patch at his smallholding.
12.00 M'T **Marcus Wareing's Tales from a Kitchen Garden** Double bill.
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

7.00 AM **The Twilight Zone**
8.00 **FILM Sherlock Holmes** Mystery. (2010, 12) ★★
10.00 **Six Million Dollar Man**
3.00 PM **FILM A Study in Terror** Crime thriller. (1965, 15, 91min) ★★★
4.55 **FILM The Man Who Haunted Himself** Chiller. (1970, PG, 90min) ★★★★
6.45 **FILM The Poseidon Adventure** Disaster movie. (1972, PG, 117min) ★★★★★
9.00 **FILM The Hard Way** Action comedy starring Michael J Fox. (1991, 15, 111min) ★★★
10.55 **FILM The Hitman's Apprentice** Thriller. (2012, 15, 82min) ★★
12.50 AM **FILM A Good Woman Is Hard to Find** Crime thriller. (2019, 18, 97min) ★★★★
2.50 **to 5.00** AM **FILM Under Suspicion** Mystery. (1991, 18, 100min) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM George and the Dragon** Fantasy. (2004, PG) ★★★
8.00 **FILM Airplane vs Volcano** Disaster movie. (2014, 15, 91min) ★
10.00 **FILM Night of the Big Heat** Sci-fi chiller. (1967, 18, 94min) ★
12.00 NOON **FILM 7 Guardians of the Tomb** Sci-fi adventure. (2018, 12, 90min) ★★
2.00 PM **FILM The Day the Earth Stopped** Thriller. (2008, 15, 90min) ★★
4.00 **The A-Team** (S2)
9.00 **FILM The Blood Beast Terror** Period chiller starring Peter Cushing. (1967, 12, 88min) ★
10.50 **FILM The Devil Rides Out** Horror. (1967, 15, 91min) ★★★★
1.00 AM **to 3.00** AM **FILM A Reason to Live, A Reason to Die** Western. (1972, PG, 92min) ★★★

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Storage Wars: Texas**
8.00 **Junk and Disorderly**
10.00 **UFO Hunters**
12.00 NOON **Evidence of the Unexplained**
1.00 PM **The UnXplained with William Shatner**
2.00 **Best of MonsterQuest**
7.00 **Cities of the Underworld**
8.00 **Curse of Skinwalker Ranch** The drilling operation leads to a disturbing chain of events.
9.00 **Cursed Histories** The Egyptian royals who promise turmoil for anyone who dares disturb their 'eternal rest.'
10.00 **The Witches of Salem**
11.00 **Medieval Murder Mysteries** Documentary
12.00 M'T **Alien Corridors**
1.00 AM **UFOs Declassified**
2.00 **MonsterQuest**
3.00 **My Paranormal Nightmare**
4.00 **to 6.00** AM **Amazon Gold Hunters**

5SELECT

153 166 138 46 133 30

9.00 AM **Entertainment News**
9.15 **Bargain Holidays: Get The Best Deals**
10.15 **Holiday Scams: Don't Get Caught Out**
11.15 **Columbo** Five episodes of the drama, including at: **5.20** PM *Murder by the Book:* A novelist kills his former partner and tries to appear innocent by helping solve the crime.
7.00 **Victoria Wood: All the Laughs & More** The career of one of Britain's best loved comedians.
9.00 **Tommy Cooper: The Lost Tapes**
10.30 **David Jason: All the Best Bits & More**
12.00 M'T **World War I in Colour** Documentary.
1.00 AM **Nazi Megastructures**
1.55 **Draining the Lost City: Atlantis** Documentary.
3.00 **Drain the Oceans: Rise of the Roman Empire**
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **My Lotery Dream Home** Eight editions of the series, including at: . **10.00** A couple want to buy a lakeside home. **10.30** A couple who have been living in a tiny apartment have won big and now want to find a new home.
11.00 **Escape to the Country** Seven editions following people searching for their ideal rural retreats.
6.00 PM **Castle Impossible** Daphne Reckert and Ian Figueira convert the solar into a studio apartment. It has a lot of potential but first they must clear out the dirt, rotted timber and flies.
7.00 **A Place in the Sun** Six editions featuring advice on buying a second home abroad.
1.00 **to 4.00** AM **Bargain Mansions**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Say Yes to the Dress: Lancashire**
8.00 **Say Yes to the Dress**
10.00 **Little People, Big World**
12.00 NOON **Extreme Cheapskates**
1.00 PM **My 600lb Life**
5.00 **sMothered**
6.00 **Sister Wives**
7.00 **Good Bones** Mina and Karen buy a property full of historical features.
8.00 **Me or the Menu** Four couples set out to open their first restaurant.
9.00 **Polyfamily** Two married couples date each other's spouses and raise their five kids.
10.00 **Love & Translation** A twist shakes things up in the house.
11.00 **Sex Sent Me to the ER**
12.00 M'T **Trixie Motel**
4.00 AM **Dr Pimple Popper**
5.00 **to 6.00** AM **Say Yes to the Dress: Lancashire**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Whose Line Is It Anyway? USA**
9.00 **Friends** (S9)
1.05 PM **Friends** (S9)
7.15 **FILM Paul Blart: Mall Cop** Crime comedy starring Kevin James. (2009, PG, 91min) ★
9.00 **FILM Along Came Polly** Romantic comedy starring Ben Stiller and Jennifer Aniston. (2003, 12, 90min) ★★★
10.40 **Lee Evans: Monsters** The stand-up star's 2014 show at Birmingham's National Indoor Arena.
11.40 **Whose Line Is It Anyway? USA**
12.40 AM **South Park**
2.10 **Beavis and Butt-Head**
2.25 **Whose Line Is It Anyway? USA**
3.20 **The Ricky Gervais Show**
4.10 **The Comedy Central Chart Show**
4.15 **to 5.00** AM **Blockbusters**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **Criminally Funny**
5.00 PM **Whose Line Is It Anyway? USA**
7.00 **Friends** 16/24. Monica asks Joey for money. **7.30** 17/24. A joke entry on Ross's college website backfires on Chandler. **8.00** 18/24. Everyone except Ross decides to play the lottery. **8.30** 19/24. Chandler's plans to whisk Monica away fall flat. (S9) **9.00** 14/24. Joey takes Rachel to the hospital. **9.30** 15/24. Monica prepares a Valentine's Day surprise. (S8)
10.00 **Friends** (S8&9)
2.00 AM **Impractical Jokers**
3.00 **Rose Matafeo: Horndog**
3.45 **Ahir Shah: Dots**
4.30 **Iain Stirling: Failing Upwards** Stand-up.
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **Four Weddings**
11.00 **Border Patrol**
12.00 NOON **Nothing to Declare** Four editions.
2.00 PM **The Cleaning Lady** Six episodes of the drama, including at: **6.00** *Coming Home Again:* 9/10. Arman's fallout with Hayak has consequences for Thony. **7.00** *The Crown:* 10/10. Desperate for a way out, Thony tries to make a deal with Garratt. (S1)
8.00 **Motorway Patrol** Four editions of the documentary series.
10.00 **Chucky** *Just Let Go:* 4/8. Jake's bond with Devon intensifies. **11.00** *Little Little Lies:* 5/8. Enemies and allies from Chucky's past appear. (S1)
12.00 M'T **A League of Their Own Road Trip**
3.00 **to 6.00** AM **Four Weddings**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.25 **Teen Mom: Young & Pregnant** Reality series.
7.10 **Just Tattoo of Us**
8.00 **Fresh Out Live**
9.00 **Dallas Cowboys Cheerleaders**
1.00 PM **Catfish: The TV Show** Six editions.
7.00 **Catfish: The TV Show** Dylan's fallen for a beautiful model with an elusive secret. **8.00** When Zak met Garret online he fell hard, but curious disappearances have him worried.
9.00 **Teen Mom: The Next Chapter** Jade helps Briana surgery recovery and is shocked by a potential pregnancy.
10.00 **Dating Naked UK**
2.50 AM **Catfish: The TV Show** A woman hopes to meet her online lover.
3.35 **to 4.00** AM **MTV Cribs US**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Wheeler Dealers**
9.00 **Kindig Customs**
12.00 NOON **Alaska: The Last Frontier** Six editions of the series, including at: **3.00** PM Atz encounters a predator in the backcountry. **4.00** The Kilchers spend Thanksgiving on Atz Senior's floating homestead. **5.00** Atz visits Perl Island build a homestead for a friend.
6.00 **Border Control Sweden** A man checked at Arlanda airport is trying to smuggle a large amount of gold.

7.00 Building Off the Grid

7.00 **Building off the Grid** New edition Builders construct an adobe dome home on a mountain range in California.

8.00 **Alaska: Homestead Rescue** Novice farmsteaders in Iowa are on the verge of losing the legacy of their late father. The Raneys must quickly give them an off-grid masterclass.

10.00 **Kindig Customs** Dave and Kev visit Australia to host a car show based around the Adelaide 500 race.

11.00 **Wheeler Dealers World Tour** In southern France, Mike and Elvis find a charming 2CV Fourgonnette – but it has a modest engine, tired suspension and missing seats.
12.00 M'T **Alaskan Bush People**
4.00 **to 5.00** AM **How It's Made: Dream Cars**

+1hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked**
9.00 **How Do Animals Do That?**
10.00 **My Cat from Hell**
11.00 **Animal Cops Philadelphia**
12.00 NOON **Tanked**
1.00 PM **Pit Bulls & Parolees**
2.00 **Meet the Orangutans**
3.00 **Meet the Penguins**
4.00 **Insane Pools: Off the Deep End** Transforming a koi pond project into a backyard oasis.
5.00 **Animal Cops Philadelphia**
6.00 **Tanked** Hip-hop artist Ty Dolla $ign commissions a huge freshwater tank.

10.00 Alaska: Surviving the...

7.00 **Pit Bulls & Parolees** Tia helps a rescue facility at risk of closure, and a grieving adopter wants a dog to heal her heart.

8.00 **How Do Animals Do That?** A look at how lizards can walk on water. **8.30** How a barn owl catches prey it can't see.

9.00 **Tanked** The team build aquariums for NASCAR champion Ryan Newman and Boston Red Sox star Shane Victorino.

10.00 **Alaska: Surviving the Last Frontier** Following four groups of ordinary people as they travel into the wilderness of Alaska.

11.00 **Guardians of Rescue** A claim about starving horses.
12.00 M'T **Animal Cops Houston**
1.00 AM **Alaska: Surviving the Last Frontier**
2.00 **Insane Pools: Off the Deep End** A koi pond project.
3.00 **Animal Cops Philadelphia**
4.00 **to 5.00** AM **Tanked**

+1hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Alaska: The Next Generation** Double bill.
10.00 **Northwoods Survival**
11.00 **Air Crash Investigation**
1.00 PM **Air Crash Investigation: Surviving Disaster**
2.00 **Europe from Above** Footage of the continent during winter.
3.00 **Draining Loch Ness: In Search of the Monster**
4.00 **Hitler Youth** 1&2/2. The story of the Nazi youth organisation.
6.00 **Nazi Megastructures** Hitler's plan to land troops in southern England in 1940.

7.00 Pirates: Behind the...

7.00 **Pirates: Behind the Legends** The story of an English pirate who became a Corsair for the Ottoman Empire.

8.00 **Lost Treasures of Egypt: Four Queens** How Ancient Egypt's female rulers left their mark on a land dominated by men.

9.00 **Egypt's Sun King: Secrets and Treasures** The first newly discovered tomb containing a body since Tutankhamen.

10.00 **Lost Tombs of the Pyramids** In the shadow of the pyramids, a team of archaeologists embark on an excavation.

11.00 **To Catch a Smuggler** Cocaine is found in a car bumper. **11.30** Human smuggling at the San Ysidro crossing.
12.00 M'T **Air Crash Investigation**
2.55 AM **Food Factory**
3.45 **Lords of War**
4.35 **to 5.00** AM **When Sharks Attack**

+1hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **WW2 Air Crash Detectives** Investigating the deaths of thousands of airmen during the conflict.
7.00 **Pawn Stars** Triple bill.
10.00 **Secrets of the Lost Ark**
4.00 PM **Storage Wars** Six editions of the series including at: **5.30** Brandi and Jarrod bring an old friend along to do some heavy lifting. **6.00** The buyers journey to Buena Park, California. **6.30** Ivy grows displeased at Mary's fraternisation with an auctioneer in Moreno Valley.

9.00 The Other 300: Army of...

7.00 **Instruments of Death** The impact of Danish battle axes, Saxon shields and Norman lances on the Battle of Hastings.

8.00 **Instruments of Death** Karl Ude-Martinez investigates weapons that were used during 1916's Battle of the Somme.

9.00 NEW **The Other 300: Army of Lovers** The story of elite Greek army the Sacred Band, which was formed by the city of Thebes in 379BCE to defend itself from Sparta.

11.00 **The UnBelievable with Dan Aykroyd** Unconventional weapons, including missiles manned by pigeons and a helmet outfitted with firearms.
12.00 M'T **Storage Wars** Mary's find cooks up some oversized accoutrements.
12.30 AM **Storage Wars** Five further editions of the series.
3.00 **to 6.00** AM **Ancient Aliens**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Find It, Fix It, Flog It**
7.10 **Antiques Roadshow**
11.00 **Bangers & Cash**
12.00 NOON **Bangers & Cash: Restoring Classics**
1.00 PM **Canal Boat Diaries** Eight editions, including at: **5.00** Robbie visits a former Beatle's home in Henley.
6.00 **'Allo 'Allo!** The Resistance provides a waitress to fill the vacancy at Cafe Rene. **6.30** Rene uses strange means to establish radio contact with England.

7.05 'Allo 'Allo!

7.05 **'Allo 'Allo!** The spy camera sent from London has fallen into a vineyard. **7.35** Rene and the team go to work in the vineyard.

8.10 **Bangers & Cash** A Mini Cooper and Chevrolet pick-up truck go up for auction in Thornton le Dale.

9.10 **Bangers & Cash** A rare 1980s Sierra Cosworth draws in a crowd of admiring Ford fans.

10.10 **Bangers & Cash** A rare Honda S800 sports car takes Derek's fancy, and a couple of very different Ford Capris are auctioned.

11.10 **Bangers & Cash** The Mathewsons sell a 1958 Bedford D122 and a 1969 Vanden Plas Princess.
12.10 AM **Bangers & Cash: Restoring Classics** An Alfa Romeo with electrical issues.
1.10 **Bangers & Cash**
2.10 **to 3.00** AM **Repair Lot**

+1hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **James May and the Dull Men** Double bill.
8.00 **Find It, Fix It, Flog It**
12.00 NOON **Money for Nothing** Double bill.
2.00 PM **The Repair Shop**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Celebrity Yorkshire Auction House** A search for items in the homes of Vanessa Feltz and Tommy Cannon.
8.00 **The Repair Shop** A chess set and a Syrian chair are restored. **9.00** The experts try to restore a coil purse and a Flamenco guitar. **10.00** Restoring a wooden toolbox and a marionette theatre.
11.00 **Giro D'Italia Highlights**
12.00 M'T **Massive Engineering Mistakes**
2.00 AM **Hunting Atlantis**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress: Bridesmaids**
7.00 **Say Yes to the Dress: Atlanta** Double bill.
8.00 **Say Yes to the Dress: UK** Double bill.
9.00 **Say Yes to the Dress**
12.00 NOON **FBI Files**
3.00 PM **Judge Rinder's Crime Stories**
7.00 **Judge Rinder's Crime Stories** A look at the 13-year investigation into a pair of murders. **8.00** The disappearance and murder of Sian O'Callaghan in 2011.
9.00 **Killer in Question** The murder of a woman in her Florida apartment.
11.00 **Murder on CCTV** The case of Tosha Lampkin.
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
6.05 **Fraud Squad** A dentist fleeces the NHS, and a con artist makes thousands pretending to know Hilary Clinton.
7.00 **Fatal Attraction** In Detroit, a police officer's wife is killed in what looks like a botched robbery. **8.00** Firefighters responding to an apartment fire make a grisly discovery.
9.00 **Uncovering the Date Rape Killer** Documentary tracing the movements of a date rape killer.
10.00 **Uncovering Intimate Partner Abuse** Documentary exploring the different elements of domestic abuse.
11.00 **48 Hours** Triple bill.
2.00 AM **Inside Crime**
4.00 **to 6.00** AM **Judge Judy**

+1hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Secrets of a Murder Detective**
2.00 PM **Medical Detectives** Investigators use geographical profiling to close in on a rapist. **2.30** Three Indiana construction workers are found executed. **3.00** Fibres lead investigators to a killer. **3.30** A Texas ex-con is arrested for a murder. **4.00** Insects and a suspicious hair help to track down the killer. **4.30** A woman keeps falling ill and doctors cannot determine why.
5.00 **Evidence of Evil** The investigation into the murder of Rosa Morales.
6.00 **Judge Judy** Real-life small-claims cases.
12.15 AM **Judge Judy**
2.00 **Psychic Private Eyes**
4.00 **Citizen Detective**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Motorway Patrol**
9.00 **Road Wars**
10.00 **The Force: Manchester**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My Village** Clair Ablewhite.
1.00 PM **How I Caught the Killer** Brian McKandie.
2.00 **World's Most Evil Killers**
3.00 **Catching the Killer**
4.00 **Murdered at First Sight**
5.00 **The Real Manhunter**
6.00 **Killer in My Village**
7.00 **Britain's Most Evil Killers**
8.00 **How I Caught the Killer**
9.00 **The Girl Scout Murders**
11.00 **Killer in My Village**
12.00 M'T **An Unexpected Killer** A murder in Texas.
1.00 AM **Real Manhunter**
2.00 **Murders That Shocked the Nation** Suspected killer Lord Lucan.
3.00 **The Force: North East**
4.00 **Stop, Search, Seize**
5.00 **to 6.00** AM **Send in the Dogs**

+1hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **America the Bountiful** Vermont.
8.35 **Dying Democracies: Europe in Decline**
9.35 **Hitler's Propaganda Machine** Triple bill.
1.00 PM **Mafia's Greatest Hits** The story of Roy DeMeo, a member of the Gambino family.
2.05 **WWII in Color: Road to Victory** Five editions.
7.35 **Hitler's Propaganda Machine** A look at the use of propaganda in the Nazi regime. **8.40** The decade of propaganda that led to Hitler being made Chancellor of Germany. **9.55** How Hitler's ambitions spread beyond Germany.
11.00 **Dying Democracies: Europe in Decline**
12.00 M'T **Manson: The Lost Tapes** Documentary.
1.05 **to 2.00** AM **America the Bountiful**

SUNDAY

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Discovering: Barbara Stanwyck**
7.00 **Discovering: Gregory Peck**
8.00 **The Directors**
10.00 **David Frost Vs**
11.00 **Forced Out** Documentary.
1.00 PM **Hitsville: The Making of Motown** The history and origins of the Motown record label.
3.00 **Elvis Presley: The Searcher** 1&2/2. The life of the singer.
7.00 **FILM The Beatles: Eight Days a Week – The Touring Years** Director Ron Howard's documentary charting the band's time on the road. (2016, 12, 113min) ★★★★
9.00 **The Girl Who Caught a Killer** Series finale 2/2. The story of Rachael Watts, who was kidnapped, strangled and left for dead by Russell Bishop, the man later convicted of the Babes in the Wood murders.
10.15 **Anatomy of Lies** 1-3/3. Triple bill of the documentary.
1.20 AM **The Stroll** Documentary.
3.00 **You Were My First Boyfriend**
5.00 **to 6.00** AM **The Directors**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Tales from Zambia**
9.00 **Dogs: An Amazing Animal Family** Triple bill of editions.
12.00 NOON **Guardians of the Wild**
2.00 PM **Rewilding**
3.00 **Africa's Wild Year**
5.00 **Survival of the Beast** New edition Exploring the survival skills of Earth's animals.
6.00 **David Attenborough's Kingdom of Plants** How some species have reduced their dependence on water.
7.00 **Chasing the Rains** Following the lives of wild animals in an unspoilt area of East Africa.
8.00 A look at the clever way elephants dig wells.
9.00 **Wild Pacific Rescue** An orphaned baby sea otter gets adopted into a new family.
10.00 The rescue team try to save the life of an otter.
11.00 A huge sea lion is found shot with a crossbow bolt.
12.00 M'T **Survival of the Beast**
1.00 AM **World's Most Toxic Animals**
3.00 **Evolution Earth**
5.00 **to 6.00** AM **Africa's Hunters**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
9.00 **Ancient Superstructures**
11.00 **Greatest Heists with Pierce Brosnan** The actor explores the 1990 Gardner Museum Heist.
12.00 NOON **Ancient Aliens**
1.00 PM **Hitler's Engineers**
3.00 **Weeks of War**
5.00 **Hannibal: A March on Rome**
6.00 **Ancient Superstructures**
8.00 **Conspiracy Files: Unsealed** Experts examine the possibility of the end of the world.
8.30 **Conspiracy: Bio-Hazard Island** The possibility of a secret facility creating biological weapons.
9.00 **Myths & Monsters** Examining the role of myths and legends in the establishment of the rules of society.
10.00 **UFOs Declassified** Reports of silvery objects hovering over Los Angeles in February 1942.
11.00 **Close Encounters**
12.00 M'T **Ancient Aliens**
2.00 AM **Colosseum**
3.00 **Inside the Tower of London**
4.00 **to 6.00** AM **Egypt's Unexplained Files**

Crime+Investigation

156 142 133

6.00 AM **When Missing Turns to Murder** Double bill of editions.
8.00 **Crimes That Shook Britain**
10.00 **Murdertown**
11.00 **999: Killer on the Line**
1.00 PM **Murder Detective**
3.00 **Gypsy Rose: Life After Lock Up**
7.00 **When Missing Turns to Murder**
8.00 **Killer Britain with Dermot Murnaghan** Exploring the story of how a killer escaped justice in 1976 – until DNA revealed the truth decades later.
9.00 **NEW SERIES Cold Case Files: Dead West** A woman is found in her bathroom with a fatal gunshot wound to the head.
10.00 **Cold Case Files: DNA Speaks**
11.00 **The First 48 Presents: Critical Minutes** Documentary.
12.00 M'T **My Strange Arrest**
1.00 AM **Cold Case Files: Dead West**
2.00 **Killer Britain with Dermot Murnaghan** New edition
3.00 **Interview with a Killer** Series finale With Tyler Hadley.
4.00 **to 6.00** AM **Imperfect Murder**

+1hour 256 333

WILD

165 145/133 182

8.00 AM **America's Mighty Northwest** Triple bill.
11.00 **Ice Road Rescue**
1.00 PM **China's Wild Empire**
3.00 **Wild Coasts**
4.00 **Built to Survive**
5.00 **Secrets of the Zoo: Tampa** The staff members welcome two rescued manatees to the renovated hospital.
6.00 A pair of clouded leopards move into their new home, and a sun bear goes to the dentist.
7.00 **Untamed Philippines** The wildlife of the islands.
8.00 Featuring an island where people come to swim with whale sharks.
9.00 **Hostile Planet** An exploration of the animal kingdom's most incredible survival stories.
10.00 **Alaska Animal Rescue** The SeaLife Centre's hotline is inundated with calls about orphaned harbour seal pups.
11.00 **Snakes in the City**
12.00 M'T **Lawless Island**
2.00 AM **Secrets of the Zoo: Tampa**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Shed and Buried**
9.00 **Lost Mines: Restored**
12.00 NOON **Combat Dealers**
3.00 PM **World's Greatest Motorcycle Rides**
6.00 **Blowing Up History** Experts use cutting-edge technology to investigate a lost city buried in the Sahara.
7.00 The destruction of the town of Herculaneum in 79 AD.
8.00 New discoveries reveal the truth about Hadrian's Wall.
9.00 **Salvage Hunters: The Restorers** A fancy fairground waltzer, an ancient coffee machine and a huge oak table are restored in the workshops of some of the UK's most celebrated crafts people.
10.00 The artisan restorers revamp a fragile standing mirror, a classic armchair and a large railway station clock.
11.00 Renovating a fold-out mirror, an armchair and a clock.
12.00 M'T **Shed and Buried**
2.00 **to 5.00** AM **Combat Dealers**

+1hour 274 381

U&Eden

166 134/162 176 57 160 151

9.05 AM **Doctor Who**
11.20 **Parkinson**
4.20 PM **Doctor Who** *The Sea Devils – Part One:* 9/26. The Time Lord encounters marine monsters. Stars Jon Pertwee.
4.55 *The Sea Devils – Part Two:* 10/26. The Master plans to steal electronic components.
5.30 *The Sea Devils – Part Three:* 11/26. Trenchard holds the Doctor prisoner.
6.00 *The Sea Devils – Part Four:* 12/26. The Sea Devils attack the island prison and rescue the Master. (S9)
6.35 **Parkinson** With Victoria Beckham, Paul Merton and Clarissa Dickson Wright.
7.50 The host chats to Richard E Grant and Lesley Garrett.
9.05 With Robson Green, Hugh Laurie and Chris Moon.
10.20 With Tom Courtenay, Barry White and Meera Syal.
11.40 **Doctor Who**
1.55 AM **Parkinson**
5.05 **to 6.00** AM **Doctor Who**

+1hour 266 376

ID

154 141 166

8.00 AM **Murder in the Heartland**
10.00 **Killer Unknown**
12.00 NOON **Death by Fame**
2.00 PM **Obsession: Dark Desires**
4.00 **Mean Girl Murders**
6.00 **The Murder Tapes**
8.00 **The Perfect Murder** The disappearance of real estate developer Jana Koklich. Police suspected her job had led her into danger, until a local pastor came forward with a shocking confession.
9.00 **Signs of a Psychopath** The murder of an elderly couple.
9.30 Police suspect foul play when a car accident leaves a passenger dead and the driver unscathed.
10.00 **The Murder of Gabby Petito: What Really Happened** When Gabby Petito goes missing, the mystery goes viral.
11.00 **Undercover Underage**
12.00 M'T **People Magazine Investigates** Double bill.
2.00 AM **Disappeared** Double bill.
4.00 **to 6.00** AM **I'd Kill for You**

+1hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **American Chopper**
10.00 **How It's Made: Dream Cars**
11.00 **Bad Chad Customs**
12.00 NOON **Last Chance Garage**
5.00 PM **Lucky!** Bernie Ecclestone recalls the golden age of Formula 1, from 1950 to 1970.
6.00 Bernie's internal battle to control the growing sport.
7.00 **Wheeler Dealers: Dream Car** Scott would love to own a VW Campervan to take his son on trips around Scotland. With prices soaring, Mike and Elvis will need to be creative.
8.00 **Wheeler Dealers** Elvis convinces Mike to buy a bargain VW Golf convertible.
9.00 Mike and Ant restore a 1970 Volkswagen Fastback.
10.00 Mike wants to buy a custom bus, but Edd favours a more conservative campervan.
11.00 Mike finds a prime example of a Golf Rabbit GTi.
12.00 M'T Mike and Edd work on a Volkswagen T2 panel van.
1.00 **to 5.00** AM **American Chopper**

+1hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **Bookworm** As 5.20am.
7.50 **PREMIERE A Nice Indian Boy**
9.40 **The Front Room** As 11.40pm.
11.25 **Old Guy** As 8.00pm.
1.00 PM **Beetlejuice Beetlejuice** Horror comedy sequel. (2024, 12, 105min) ★★★★
2.50 **The Wild Robot** Animation. (2024, U, 102min) ★★★★
4.40 **Poison** (2024, PG) ★★★★
6.15 **PREMIERE A Nice Indian Boy** Romantic comedy starring Karan Soni. (2024, 12, 96min)

6.15 A Nice Indian Boy

8.00 **Old Guy** Action comedy starring Christoph Waltz. An ageing hitman must train a prodigy when his employer moves to replace the old guard. With Lucy Liu and Cooper Hoffman. (2024, 15, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Speak No Evil** Horror thriller starring James McAvoy. A dream holiday turns into a nightmare when an American family stay at a British couple's idyllic estate. (2024, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **The Front Room** Horror thriller. (2024, 15, 94min)
1.25 AM **A Different Man** Psychological thriller. (2024, 15, 112min) ★★★★
3.25 **Escape from the 21st Century** Chinese adventure. Subtitled. (2024, 15, 94min)
5.20 **to 7.10** AM **Bookworm** Comedy starring Elijah Wood. (2024, 12, 103min) ★★★★

Sky Cinema Blockbusters

303 303 403 503 517

6.00 AM **Passengers** As 4.35am.
8.00 **The SpongeBob SquarePants Movie** (2004, U) ★★★★
9.40 **Ready Player One** (2018)
12.10 PM **The Fast and the Furious** Thriller. (2001, 15) ★★★
2.10 **Bad Boys: Ride or Die** Action comedy. (2024, 15) ★★★
4.10 **Beetlejuice Beetlejuice** Horror comedy sequel. (2024, 12, 105min) ★★★★
6.05 **Bob Marley: One Love** Biopic. (2023, 12, 104min) ★★★

6.05 Bob Marley: One Love

8.00 **A Star Is Born** Drama starring Lady Gaga and Bradley Cooper, who also directed. A fading music star falls in love with a nightclub singer-songwriter. (2018, 15, 136min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Mad Max: Fury Road** Sci-fi thriller starring Tom Hardy. A drifter in a post-apocalyptic wasteland helps a warrior to liberate a sadistic warlord's five brides. (2015, 15, 120min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Ready Player One** Sci-fi adventure with Tye Sheridan. (2018, 12, 140min) ★★★★
2.45 **School of Rock** Comedy. (2003, PG, 109min) ★★★★
4.35 **to 6.35** AM **Passengers** Sci-fi drama. (2016, 12, 116min) ★★★

Sky Cinema Pride

310 310 410 510 524

6.30 AM **Dorian Gray** Gothic horror drama. (2009, 15, 112min) ★★★
8.35 **I Saw the TV Glow** Horror. (2024, 15, 100min) ★★★
10.30 **PREMIERE A Nice Indian Boy**
12.10 PM **Lady Bird** As 4.50pm.
1.55 **My First Summer** As 11.25pm.
3.30 **Boy Meets Boy** Romantic drama. (2021, 15, 75min) ★★★
4.50 **Lady Bird** Comedy drama. (2017, 15, 94min) ★★★★★

6.30 **Monsoon** Drama starring Henry Golding and Parker Sawyers. (2019, 12, 85min) ★★★★
8.00 **PREMIERE A Nice Indian Boy** Romantic comedy starring Karan Soni and Jonathan Groff. A traditional Indian family try to come to terms with the fact their son is planning to marry his white artist boyfriend. With Sunita Mani. (2024, 12, 96min)
9.45 **Cicada** Drama starring Matthew Fifer and Sheldon D Brown. (2020, 15, 96min) ★★★★

11.25 **My First Summer** Drama starring Markella Kavenagh. (2020, 15, 80min) ★★★
12.50 AM **Boy Meets Boy** As 3.30pm.
2.15 **Monsoon** As shown at 6.30pm.
3.45 **Cicada** As shown at 9.45pm.
5.25 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.40 AM **The Ritual** As 11.15pm.
9.20 **Voyagers** Sci-fi thriller. (2020, 15, 108min) ★★★
11.15 **The Purge** As 9.45pm.
12.50 PM **The First Purge** Thriller prequel. (2018, 15, 98min) ★★
2.35 **Children of Men** Sci-fi thriller. (2006, 15, 109min) ★★★★★
4.30 **The Woman in Black** Chiller starring Daniel Radcliffe. (2012, 12, 91 min) ★★★★

6.15 **The Woman in Black: Angel of Death** Horror sequel starring Helen McCrory and Jeremy Irvine. (2014, 15, 95min) ★★★
8.00 **A Quiet Place: Day One** Horror prequel starring Lupita Nyong'o and Joseph Quinn. A cancer patient tries to survive Earth's first contact with sightless creatures which hunt by sound. (2024, 15, 100min) ★★★★
9.45 **The Purge** Horror thriller starring Ethan Hawke and Lena Headey. (2013, 15, 85min) ★★★

11.15 **The Ritual** Horror starring Rafe Spall. (2017, 15, 94min) ★★★
12.55 AM **Silent Running** Sci-fi drama. (1972, U, 90min) ★★★★
2.30 **Hannibal Rising** Thriller prequel. (2007, 18, 116min) ★★★
4.35 **to 6.20** AM **A Quiet Place: Day One** As shown at 8.00pm.

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Fairytale

306 306 406 506 519

7.05 AM **Sinbad: Legend of the Seven Seas** As 4.20am.
8.45 **Dr Seuss' The Lorax** (2012)
10.25 **Despicable Me** Animation. (2010, U, 94min) ★★★★
12.15 PM **Despicable Me 2** Animated sequel. (2013, U, 97min) ★★★
2.10 **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
4.00 **The Wild Robot** Animation. (2024, U, 102min) ★★★★
5.50 **Dr Seuss' The Lorax** Animated comedy. (2012, U) ★★★

5.50 Dr Seuss' The Lorax

7.30 Peter Rabbit 2: The Runaway Adventure sequel featuring the voice of James Corden. (2021, U, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.10 Hook Steven Spielberg's fantasy adventure based on JM Barrie's *Peter Pan*, starring Robin Williams and Dustin Hoffman. A middle-aged Peter Pan has to rediscover his former self to save his children from his old enemy, Captain Hook. (1991, U, 140min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Little Vampire** Animation. (2020, PG, 85min) ★★★
1.00 AM **Spirit: Stallion of the Cimarron** Animated adventure. (2002, U, 84min) ★★★
2.35 **The Amazing Maurice** Animated family adventure. (2022, PG, 93min) ★★★★
4.20 **to 6.00** AM **Sinbad: Legend of the Seven Seas** Animation. (2003, U, 85min) ★★★★

Sky Cinema Karate Kid

307 307 407 507 521

6.00 AM **The Karate Kid** Adventure. (1984, 12, 127min) ★★★★
8.10 **The Karate Kid Part II** Adventure. (1986, PG) ★★
10.10 **The Karate Kid: Part III** Adventure. (1989, PG) ★
12.10 PM **Retribution** Thriller. (2023, 12, 91 min) ★★
1.45 **The Patriot** As 10.15pm.
4.30 **The Mechanic** Action thriller. (2011, 15, 93min) ★★
6.10 **2 Fast 2 Furious** Thriller. (2003, 12, 108min) ★★★

6.10 2 Fast 2 Furious

8.00 Shazam! Comedy adventure starring Zachary Levi. Youngster Billy Batson is chosen by the ancient wizard Shazam as his new champion, and receives various superpowers. With Mark Strong and Asher Angel. (2019, 12, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 The Patriot Epic drama starring Mel Gibson, Heath Ledger and Jason Isaacs. A pacifist plantation owner gets drawn into the American War of Independence. (2000, 15, 167min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.05 AM **The Three Musketeers: Milady** Swashbuckling sequel. (2023, 12, 115min) ★★★★
3.05 **Game of Death II** Martial arts crime adventure sequel. (1980, 18, 96min) ★★★
4.45 **to 6.20** AM **King of Killers** Thriller. (2023, 15, 92min) ★

Sky Cinema Comedy

308 308 408 508 522

6.00 AM **The Golden Child** (1986)
7.40 **Dad's Army** As 4.50pm.
9.30 **Role Models** As 8.00pm.
11.15 **Girls Trip** As 9.50pm.
1.20 PM **See No Evil, Hear No Evil** Comedy thriller with Richard Pryor. (1989, 15, 107min) ★★★
3.10 **The Golden Child** Fantasy. (1986, PG, 93min) ★★
4.50 **Dad's Army** Comedy spin-off. (1971, U, 95min) ★★★★
6.35 **A Night at the Roxbury** Comedy. (1998, 15, 82min) ★

8.00 Role Models

8.00 Role Models Comedy starring Paul Rudd and Seann William Scott. Two irresponsible salesmen are assigned to mentor a couple of troubled kids when they are sentenced to community service. (2008, 15, 99min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 Girls Trip Comedy starring Regina Hall, Queen Latifah, Tiffany Haddish and Jada Pinkett Smith. Four old friends who have drifted apart reconnect for a wild weekend in New Orleans. (2017, 15, 122min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Avanti!** Billy Wilder's comedy starring Jack Lemmon. (1972, 15, 144min) ★★★
2.30 AM **Blended** Romantic comedy starring Adam Sandler and Drew Barrymore. (2014, 12, 117min) ★★
4.35 **to 6.05** AM **A Night at the Roxbury** As shown at 6.35pm.

Sky Cinema Thriller

309 309 409 509 523

7.35 AM **Zero Dark Thirty** Kathryn Bigelow's fact-based drama. (2012, 15, 157min) ★★★★★
10.25 **The Accountant** Thriller. (2016, 15, 123min) ★★★
12.45 PM **Vertigo** Hitchcock thriller. (1958, PG, 128min) ★★★★★
3.10 **The Perfect Storm** Fact-based action drama. (2000, 12, 129min) ★★★★
5.35 **Jack Reacher** Thriller starring Tom Cruise and Rosamund Pike. (2012, 15, 130min) ★★★

5.35 Jack Reacher

8.00 Jack Reacher: Never Go Back Action thriller sequel starring Tom Cruise and Cobie Smulders. The vigilante tries to save an army major who has been framed for murder by a sinister conspiracy. (2016, 12, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 The Equalizer 3 Thriller sequel starring Denzel Washington. Former government assassin Robert McCall takes on the mafia in southern Italy. (2023, 15, 109min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Gloria** Crime thriller. (1980, 15, 121 min) ★★★★
2.15 **Along Came a Spider** Thriller. (2001, 15, 103min) ★★★
4.05 **The Best Man** Thriller. (2023, 15, 93min) ★★
5.40 **to 7.15** AM **Rashomon** Japanese director Akira Kurosawa's drama. (1950, b/w, 12, 88min) ★★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Zoo** Family drama. (2018, PG, 97min) ★★★
12.55 PM **The Karate Kid: Part III** Martial arts adventure sequel. (1989, PG, 111 min) ★
3.05 **Fantastic Voyage** Sci-fi thriller starring Stephen Boyd. (1966, U, 100min) ★★★★
5.10 **Turner & Hooch** Comedy. (1989, PG, 99min) ★★★
7.10 **Made in Italy** Comedy drama. (2020, 15, 94min) ★★★

5.10 Turner & Hooch

Made in Italy (film started at 7.10pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 S.W.A.T. Action thriller starring Samuel L Jackson and Colin Farrell. The members of an elite LAPD SWAT team are in the firing line when a billionaire drug lord offers $100million to anyone who can spring him from police custody. (2003, 12, 115min) ★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 Happy Death Day 2U Horror comedy sequel starring Jessica Rothe. College student Tree Gelbman is again stuck in a murderous time-loop, and has to face up to a new killer. (2019, 15, 100min) ★★★★ **10 PM**
1.20 **to 3.30** AM **xXx: The Next Level** Action sequel with Ice Cube and Samuel L Jackson. (2005, 12, 97min) ★★

+1 hour 314 430 47 301 257

Sky Cinema Romance

302 302 402 502 516

6.10 AM **My Big Fat Greek Wedding 2** As 2.20am.
7.50 **Friends with Benefits** Comedy. (2011, 15, 105min) ★★★
9.50 **Two Weeks Notice** (2002)
11.35 **Valentine's Day** Comedy. (2010, 12, 125min) ★★★
1.45 PM **Love Actually** Comedy. (2003, 15, 135min) ★★★
4.00 **Mamma Mia!** Musical. (2008, PG, 108min) ★★★★

6.00 Mamma Mia! Here We Go Again Musical sequel starring Amanda Seyfried and Lily James. (2018, PG, 114min) ★★★★
8.00 The Holiday Romantic comedy starring Cameron Diaz and Kate Winslet. Two women living on opposite sides of the Atlantic swap homes for Christmas. (2006, 12, 135min) ★★★
10.20 Shakespeare in Love Romantic comedy starring Gwyneth Paltrow and Joseph Fiennes. (1998, 15, 122min) ★★★★

12.30 AM **Two Weeks Notice** Comedy. (2002, 12, 101min) ★★★
2.20 **My Big Fat Greek Wedding 2** Romantic comedy sequel. (2016, 12, 94min) ★★
4.05 **to 6.00** AM **She Came to Me** Offbeat comedy drama. (2023, 15, 102min) ★★★★

Sky Cinema Greats

304 304 404 504 518

7.45 AM **Out of Africa** As 4.30am.
10.35 **The Sugarland Express** Fact-based comedy drama from Steven Spielberg, starring Goldie Hawn. (1974, PG, 110min) ★★★
12.35 PM **Schindler's List** Steven Spielberg's historical drama. (1993, 15, 195min) ★★★★★
3.55 **Gorillas in the Mist** Fact-based drama starring Sigourney Weaver. (1988, 12, 124min) ★★★★

6.10 Field of Dreams Fantasy drama starring Kevin Costner. (1989, PG, 106min) ★★★★★
8.00 Robin Hood: Prince of Thieves Adventure starring Kevin Costner. Robin Hood forms a band of outlaws to exact revenge on the tyrannical Sheriff of Nottingham. With Alan Rickman. (1991, PG, 138min) ★★
10.25 A League of Their Own Comedy drama with Tom Hanks, Geena Davis and Madonna. (1992, PG, 124min) ★★★★

12.35 AM **Field of Dreams** (1989)
2.25 **The Sons of Katie Elder** Western starring John Wayne. (1965, U, 122min) ★★★
4.30 **to 7.20** AM **Out of Africa** Romantic epic starring Meryl Streep and Robert Redford. (1985, PG, 162min) ★★★★

Sky Cinema Animation

305 305 412 500 514

6.00 AM **Sneaks** As 10.30pm.
7.50 **Migration** As 9.00pm.
9.20 **Kung Fu Panda** Animation. (2008, PG, 92min) ★★★★
11.00 **Kung Fu Panda 2** Animated sequel. (2011, PG, 90min) ★★★★
12.40 PM **Kung Fu Panda 3** Animated comedy sequel. (2016, PG, 95min) ★★★★
2.20 **Kung Fu Panda 4** Animated sequel. (2023, PG, 94min) ★★★

4.00 Despicable Me Animated comedy with the voice of Steve Carell. (2010, U, 94min) ★★★★
5.40 Despicable Me 2 Animated sequel. (2013, U, 97min) ★★★
7.20 Despicable Me 4 Animated sequel. (2024, U, 94min) ★★★
9.00 Migration Animated comedy. (2023, U, 83min) ★★★
10.30 Sneaks Animated comedy. (2025, PG, 92min) ★★
12.10 AM **Boonie Bears: Guardian Code** Animated adventure. (2023, PG, 96min) ★★★

1.50 Fox and Hare Save the Forest Animated family adventure. (2024, U, 71min) ★★★
3.10 Dragon Rider Animation. (2020, PG, 91min) ★★★
4.45 **to 6.20** AM **The Canterville Ghost** Animated adventure. (2023, PG, 89min) ★★

Movies 24

312 313 419

7.00 AM **Two Tickets to Paradise** Drama. (2022, PG, 84min) ★★
9.00 **The Journey Ahead** Comedy. (2022, PG, 102min) ★★
11.00 **Branching Out** Drama. (2024, PG, 90min) ★★
1.00 PM **The Date Whisperer** Drama. (2023, PG, 87min) ★★
3.00 **PREMIERE** **Haunted Wedding** Fantasy comedy starring Janel Parrish. (2024, PG, 84min) ★★

5.00 Writing a Love Song Romantic drama. (2024, PG, 85min) ★★
7.00 Campfire Romance Comedy with Tori Anderson and Corbin Bleu. (2022, PG, 90min) ★★
9.00 An Easter Bloom Drama with Aimee Teegarden and Benjamin Hollingsworth. A woman suffering a crisis of faith enters a flower arranging contest in the hope of saving her late father's farm. (2024, PG, 84min) ★★
11.00 A Case for the Winemaker Mystery. (2024, PG, 90min) ★★

1.00 AM **His and Hers** Romantic drama starring Lacey Chabert. (2024, PG, 90min) ★★
3.00 **to 5.00** AM **Just in Time** Drama starring Laura Osnes. (2024, PG, 90min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **A Hole Lot of Trouble** Comedy. (1971, PG, 27min) ★★★
6.35 **Up River** Drama. (1979, 12) ★★
8.20 **What's On TPTV with Noel**
8.30 **Goldeneye: The Secret Life of Ian Fleming** Biopic with Charles Dance. (1989, 15, 105min) ★★★
10.35 **The Beverly Hillbillies** (S1)
11.10 **The Big Combo** Cult thriller. (1954, b/w, PG, 90min) ★★★★
12.50 PM **Worzel Gummidge** (S1)

1.25 **Batman** 19/60. (S2)
2.00 **Cactus Flower** Comedy. (1969, PG, 103min) ★★★
4.00 **The Adventures of Robin Hood**
4.30 **Out of Town**
5.00 **The Footage Detectives**
6.00 **The Black Tent** Adventure. (1956, U, 93min) ★★
7.50 **Look at Life**
8.00 **Gideon's Way** 22/26. (S1)
9.05 **The Wheeltappers and Shunters Social Club**
9.55 **Jigsaw** Thriller with Jack Warner. (1962, b/w, PG, 107min) ★★★

12.00 M'T **Budgie** 3/13. (S2)
1.05 AM **The Heritage Chart Show**
2.10 **The Facts of Life** Romantic comedy starring Bob Hope. (1960, b/w, PG, 104min) ★★★
4.15 **Four Star Theatre** 17/19. (S1)
4.45 **The Texan** 31/37. (S1)
5.20 **to 6.00** AM **The Larkins**

Sunday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **Sky Sports News**
10.30 LIVE **One-Day International Cricket England v West Indies.** Coverage of the second ODI in the three-match series from Sophia Gardens, Cardiff. The visitors have a good recent record in ODI series against England, and have won the last two series 2-1.
1.00 PM LIVE **Formula 1** Coverage of the Spanish Grand Prix, staged at Circuit de Barcelona-Catalunya. Max Verstappen will be looking to win his fifth Spanish Grand Prix, one victory shy of matching Michael Schumacher and Lewis Hamilton's record of six wins here. Start-time **2.00pm**.
4.00 LIVE **One-Day International Cricket England v West Indies.** Further coverage of the second ODI in the three-match series from Sophia Gardens.
7.00 LIVE **US Women's Open Golf** Coverage of the fourth day's play of the second Major of the year, held at Erin Hills, Wisconsin.
12.00 M'T **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Years**
9.00 **Transfer 360**
11.00 **Drink It In: Rise of Man City**
12.00 NOON **SNF** Recent highlights.
4.00 PM **SNF** Action from Manchester United v Nottingham Forest. **4.30** Highlights from Nottingham Forest v Aston Villa. **5.00** West Ham United v Arsenal. **5.30** West Ham United v Aston Villa staged at London Stadium. **6.00** Highlights from West Ham United v Manchester City. **6.30** Action from Wolverhampton Wanderers v Aston Villa.
7.00 **My Origin Story: Oliver Glasner**
7.15 **Masterclass: Gianfranco Zola and Cole Palmer**
7.30 **Newcastle Darts Challenge**
7.45 **Gary Neville Meets Ruben Amorim** An interview.
8.00 **Gary Neville's Soccerbox**
9.00 **Premier League Review** A look back at the weekend's action.
10.00 **Class of '92: Full Time**
1.00 AM **PL Retro** Arsenal v Everton.
3.00 **PL Greatest Games**
4.00 **Best PL Goals 23/24**
5.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Cup Retro**
8.00 **Best Scottish Premiership Goals 2022/23**
8.30 **Best Scottish Premiership Goals 2023/24**
9.00 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **EFL Rivalries** Second City Derby.
11.30 **Jimmy Glass: The Great Escape**
12.00 NOON **Championship Retro**
2.30 PM **EFL Greatest Games**
4.00 **EFL Cup Retro** Chelsea v Tottenham Hotspur in final.
5.00 **EFL** Leeds United v Watford in the 2005/06 Championship play-offs.
6.00 **EFL Cup Retro** Manchester United v Southampton in 2017.
8.00 **EFL Trophy** Action from Bolton Wanderers v Plymouth Argyle.
8.30 **EFL Greatest Games** Leeds Utd v Derby County from 2018/19. **8.45** Charlton Athletic v Doncaster Rovers from 2018/19. **9.00** Coventry City v Fulham. **9.15** Blackburn Rovers v Fulham.
9.30 **Championship Season Review**
10.30 **EFL Rivalries** East Anglian Derby.
11.00 **EFL Greatest Games**
12.00 M'T **EFL** Archive action.
2.00 AM **EFL Rivalries**
2.30 **EFL Greatest Games**
4.00 **to 6.00** AM **EFL Cup Retro**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **Vitality T20 Blast Cricket**
9.30 **One-Day International Cricket**
10.30 LIVE **One-Day International Cricket England v West Indies.** Coverage of the second ODI in the three-match series staged at Sophia Gardens, Cardiff. The visitors have a good recent record in ODI series against England, and have won the last two series 2-1. England haven't beaten their opponents in a one-day series since 2017, when they easily won a five-match series 4-0, with one game in Nottingham being abandoned due to rain.
7.00 PM **Ashes Greats** Archive action.
7.30 **Best of England v Windies**
9.00 **One-Day International Cricket** England v West Indies in Cardiff.
10.00 **IPL** Action from qualifier two.
11.00 **One-Day International Cricket**
12.00 M'T **Best of England v Windies**
1.00 AM **Women's One-Day International Cricket**
2.00 **Best of ICC WT20**
2.30 **The Boy from Baracara**
3.00 **Women's One-Day International Cricket**
4.00 **to 6.00** AM **Best of England v Windies**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **PGA Tour**
9.00 **US Women's Open**
10.00 **HotelPlanner Tour Golf**
10.30 **US Women's Open**
11.30 LIVE **DP World Tour** Day four of the Austrian Alpine Open at Gut Altentann Golf Club.
4.30 PM LIVE **PGA Tour** Coverage of day four of the Memorial Tournament from Muirfield Village Golf Club.
11.30 LIVE **US Women's Open** Day four of the second Major of the year at Erin Hills in Wisconsin.
12.00 M'T **Rose Ladies Series**
12.30 AM **HotelPlanner Tour Golf**
1.00 **Golf Academy** Expert tips.
2.00 **PGA Tour Golf** Highlights.
4.00 **US Women's Open**
5.00 **to 6.00** AM **Nick Dougherty's Tee Time Tips**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **US Open Classic Matches**
7.00 **WTA & ATP Tennis**
12.00 NOON **WTA & ATP Tennis**
3.00 PM **ATP Tennis** Monte-Carlo.
4.00 **WTA & ATP Tennis** Madrid Open.
6.00 **WTA & ATP Tennis** The Internazionali BNL d'Italia finals.
8.00 **Adam Hills: Foot Fault**
9.15 **Tie Break Tens** Eisenhower Cup.
10.15 **ATP 2024 Best of Jack Draper**
10.30 **ATP Tour This Week**
11.00 **ATP Tennis** Monte-Carlo Masters.
12.00 M'T **to 6.00** AM **Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **PL Netbusters**
6.30 **The Fantasy Show**
7.00 **UEFA Champions League** A chance to see Paris Saint-Germain v Inter Milan in the final.
8.30 **Miracle of Istanbul** A look back at Liverpool's comeback in the 2005 Champions League final.
9.30 **Court Side** Day eight preview.
10.00 LIVE **French Open Tennis** Coverage of the first day of round four of the tournament staged at Stade Roland Garros in Paris. Eventual champions Iga Swiatek and Carlos Alcaraz claimed staight-sets wins over Anastasia Potapova and Félix Auger-Aliassime at this stage last year.
5.00 PM LIVE **French Open Tennis** Further coverage of the first day of round four of the tournament at Stade Roland Garros in Paris.
11.00 **French Open Tennis** The eighth day from Stade Roland Garros.
12.30 AM **SailGP: Racing on the Edge**
1.00 **NBA on Fire** The latest news from the world of the NBA.
1.30 LIVE **NBA** Coverage of a Conference final match.
4.00 **NBA Action** Highlights.
4.30 **to 6.00** AM **French Open**

TNT Sports 2

411 414 522 409 431

6.00 AM **Discovery Golf**
6.30 **Formula E Flashback**
7.00 LIVE **ABB FIA Formula E World Championship** The Shanghai ePrix second race.
9.30 **FIM Speedway Grand Prix**
10.30 LIVE **Porsche Supercup** The Spanish Grand Prix staged at Circuit de Barcelona-Catalunya.
11.30 **MotoGP Rewind**
11.45 LIVE **FIM JuniorGP Championship** From Jerez.
3.45 PM **No Filter Football**
4.00 **SailGP: Racing on the Edge**
4.30 **The WRC Magazine**
5.00 **MLB Highlights**
6.00 **MLB: Off the Bat**
6.30 LIVE **MLB Atlanta Braves v Boston Red Sox.** The inter-league match. Start-time **6.35pm**.
9.45 **No Filter Football**
10.00 **Men's Cycling Pro Series**
11.00 **Cycling: Men's Giro d'Italia**
12.00 M'T LIVE **MLB Los Angeles Dodgers v New York Yankees.** The inter-league match at Dodger Stadium. Start-time **12.10am**.
3.15 AM **MLB Plays of the Week**
3.45 **TNT Sports Reload**
4.00 **IFSC Climbing World Cup**
5.00 **to 6.00** AM **HSBC SVNS**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Super League** Huddersfield Giants v Leigh Leopards.
8.45 **Super League** Hull Kingston Rovers v St Helens at Sewell Group Craven Park Stadium.
11.30 **The Rugby Championship** Australia v South Africa at Suncorp Stadium from 2024. **1.30** PM Another chance to see New Zealand v Argentina staged at Sky Stadium from 2024.
3.30 **The Rugby Championship** Australia v South Africa at Optus Stadium in Perth from 2024. **5.30** New Zealand v Argentina at Eden Park from 2024.
7.30 **The Rugby Championship** Argentina v Australia at Estadio Jorge Luis Hirschi from 2024. **9.30** Another chance to see South Africa v New Zealand at Emirates Airline Park from 2024.
11.30 **The Rugby Championship** Argentina v Australia staged at Stadium Brigadier General Estanislao Lopez from 2024. **1.30** AM South Africa v New Zealand at DHL Stadium in 2024. **3.30** A chance to see Argentina v South Africa at Estadio Único Madre de Ciudades from 2024.
5.30 **to 6.00** AM **My Icon**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **EFL Highlights**
9.00 **State of Origin Rugby League** Action from game one of the annual three-match series between Queensland Maroons and New South Wales Blues at Suncorp Stadium in Brisbane.
9.15 LIVE **NRL Sydney Roosters v Canberra Raiders.** Coverage of the match staged at Allianz Stadium, as the teams face each other for the first time in the league this season. The Raiders enjoyed a strong first half of the campaign and are chasing a first NRL title since 1994, while the Roosters have struggled for consistency so far, but will hope to end the regular season in the play-off places. Kick-off **9.15am**.
11.15 **Sky Sports News**
12.00 NOON **Sports Sunday**
2.30 PM **Ashes Greats** Adam Gilchrist. **2.40** Glenn McGrath in 2001.
2.50 LIVE **IPL** Coverage of the second qualifier play-off match.
7.00 **Sky Sports News** Round-up of the sports news, with live analysis and comment, plus extended interviews with headline-makers.
1.00 **to 6.00** AM **Sky Sports News**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **US Women's Open Golf**
8.00 **Premier League Darts**
11.30 **PDC Classics** Archive action.
12.30 PM **ODI Cricket** Highlights.
1.30 **Indycar** The Indianapolis 500.
2.30 LIVE **Indycar** The Chevrolet Detroit Grand Prix warm-up.
3.00 **F1 Features**
3.30 LIVE **Indy NXT** The Detroit Grand Prix on the Streets of Detroit. Start-time **3.30pm**.
4.30 **EFL Greatest Games**
5.00 **ODI Cricket** Highlights.
6.00 **US Women's Open Golf**
7.00 LIVE **US Women's Open Golf** Day four of the second Major of the year at Erin Hills in Wisconsin.
12.00 M'T **ODI Cricket**
2.00 AM **Formula 1** From Spain.
3.00 **EFL Greatest Games**
4.00 **ATP Tennis** Miami Open final.
5.00 **to 6.00** AM **Nick Dougherty's Tee Time Tips**

TNT Sports 3

413 415 523 410 432

6.00 AM LIVE **AFL Melbourne Demons v St Kilda Saints.**
9.00 **The WRC Magazine**
9.30 **Cycling: Men's Giro d'Italia**
10.30 LIVE **UCI Mountain Bike World Series** In Loudervielle.
1.15 PM **The WRC Magazine**
1.45 **Playing for Our Future: Cycling**
2.00 LIVE **Cycling: Men's Giro d'Italia** The 21st and final stage.
7.30 **SailGP: Racing on the Edge**
8.00 LIVE **WNBA New York Liberty v Connecticut Sun.** From Barclays Center. Tip-off **8.00pm**.
10.00 **Porsche Supercup**
11.00 LIVE **IFSC Climbing World Cup** Coverage from Denver.
12.15 AM **UCI Mountain Biking**
1.15 **Cycling: Men's Giro d'Italia**
2.15 **ABB FIA Formula E World Championship Highlights**
4.15 **The WRC Magazine**
4.45 **Isuzu UTE A-League**
5.45 **to 6.00** AM **TNT Sports Reload**

TNT Sports 4

414 416 524 411 434

6.00 AM **Premiership Rugby Union**
7.00 **Isuzu UTE A-League**
8.00 **French Open Tennis**
9.30 **Court Side** Day eight preview.
10.00 LIVE **French Open Tennis** Coverage of the first day of round four of the tournament staged at Stade Roland Garros in Paris.
3.00 PM LIVE **French Open Tennis** Further coverage of the first day of round four of the tournament at Stade Roland Garros in Paris.
8.00 **NBA** Another chance to see Indiana Pacers v New York Knicks.
9.30 LIVE **Grand Slam Track Athletics** Coverage from day two of the third round of the competition at Franklin Field.
11.30 **UFC** Another chance to see Erin Blanchfield v Maycee Barber.
2.30 AM **UFC Main Event**
3.30 **SailGP: Racing on the Edge**
4.00 **British Speedway**
5.00 **to 6.00** AM **FIM Speedway Grand Prix Highlights**

Premier Sports 1

419 551

6.00 AM **Africa Eco Race**
7.00 **Transworld Sport** Magazine.
8.00 **Football Unity Cup**
10.00 **Football's Greatest**
11.00 **Trail Menorca** Highlights.
11.30 **Scottish Rally Championship**
12.00 NOON **Top 14 Rugby Union**
3.55 PM **Sporting Greats**
4.25 LIVE **Top 14 Rugby Union Toulouse v Lyon.** Coverage of the match staged at Stade Ernest-Wallon. Kick-off **4.30pm**.
6.30 **Sporting Greats**
7.00 **Scottish Rally Championship**
7.30 **Trail Menorca** Highlights.
8.00 LIVE **Top 14 Rugby Union Toulon v Bordeaux.** From Stade Mayol. Kick-off **8.05pm**.
10.00 **Bike World** Magazine.
10.30 **NASCAR Highlights**
11.30 LIVE **NASCAR** Cracker Barrel 400 at Nashville Superspeedway.
4.00 AM **Bike World** Magazine.
4.30 **Trail Menorca** Highlights.
5.00 **to 6.00** AM **World Surf League**

Premier Sports 2

420 552

6.00 AM **Swedish Speedway** Smederna v Indianerna.
8.00 **NASCAR Trucks**
11.00 **FastZone** Motorsports highlights.
11.30 **GP Confidential**
12.00 NOON **NASCAR Xfinity Series** From Nashville Superspeedway.
3.00 PM **Bike World** Magazine.
3.30 **FastZone** Motorsports highlights.
4.00 **United Rugby Championship** A replay of Glasgow Warriors v Stormers in the first quarter-final. **6.00** Bulls v Edinburgh in the second quarter-final.
8.00 **United Rugby Championship** Action from the third quarter-final.
10.00 **GP Confidential** F1 news.
10.30 **NHL Ice Hockey** Another chance to see a play-off match.
12.30 AM **NHL: This is Hockey**
1.00 LIVE **NHL Ice Hockey** Coverage of a play-off match.
4.00 **Temples of Sport**
4.30 **Football's Greatest**
5.00 **to 6.00** AM **NHL Tonight**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 3** From Spain.
7.00 **Formula 1** Highlights.
7.15 **Oscar Piastri and Tom Stallard**
7.25 LIVE **Formula 3** Coverage of the Spanish Grand Prix feature race.
8.30 **F1 Features**
8.55 LIVE **Formula 2** Coverage of the Spanish Grand Prix feature race.
10.15 **Formula 1** Recent highlights.
10.30 **Lando Norris IV**
10.40 LIVE **Porsche Supercup** The Spanish Grand Prix in Barcelona.
11.30 **F1 Features**
12.30 PM LIVE **Formula 1** The Spanish Grand Prix. Start-time **2.00pm**.
5.00 **F1 Features**
5.30 LIVE **Indycar** Coverage of the Chevrolet Detroit Grand Prix.
8.00 **Formula 1** Spanish Grand Prix.
9.00 **Formula 2** From Spain.
10.20 **Formula 1** Spanish Grand Prix.
11.20 **Formula 3** From Barcelona.
12.25 AM **F1 Features**
12.45 **Formula 1** Recent highlights.
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Monday

2 June

Evening Planner

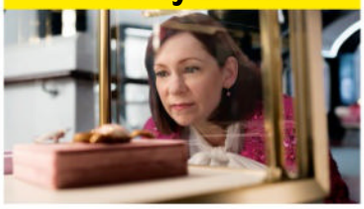
Documentary

Jane Austen: Rise of a Genius

BBC2, 9pm

The period from 1803 to 1814, which marked a turning point in Jane's life.

Comedy Drama

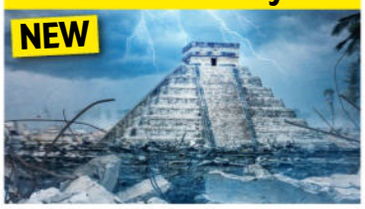


Elsbeth

Sky Witness, 9pm

The attorney uncovers plans for a heist while investigating a death at a jewellery store. With guest star Vanessa Williams.

Documentary



Discovered by Disaster

Sky History, 10pm

Fascinating stories of treasures that were hidden for centuries, until natural disasters brought them back to light.

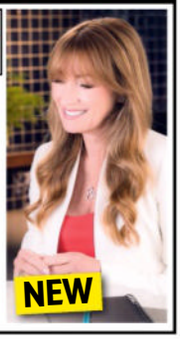
OnDemand

Acorntv

Relative Secrets

Available today

Harry Wild's Jane Seymour presents this true-crime genealogy show, solving real life family mysteries.



SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Panorama	8.30 Doorbell... †	9.00 The Bombing of Pan Am 103		10.00 News; Local News	10.40 Have...
	102 BBC2	7.00 Nile: Earth's Great Rivers		8.00 Springwatch		9.00 Jane Austen: Rise of a Genius		10.00 Upstart Crow	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 Code of Silence		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Dover 24/7: Britain's Busiest Port		9.00 Night Coppers		10.00 Danny Dyer: How to Be a Man	
	105 5	7.00 Traffic Cops		8.00 Motorway Cops: Catching Britain's...		9.00 Fare Dodgers: At War with the Law		10.00 999: Police Hour of Duty	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 Gladiators		9.00 Film: Beverly Hills Cop			
ENTERTAINMENT	115 BBC3	7.00 Top Gear		8.00 Gavin & Stacey		9.00 I Kissed a Boy	9.50 Film: Blinded by the Light		
	116 BBC4	7.00 Great British...	7.30 Wainwright...	8.00 D-Day 80: We Were There		9.00 The Nazis: A Warning from...	9.50 Rise of the Nazis		
	118 ITV2	7.00 Deal or No Deal		8.00 Ant & Dec's Limitless Win		9.00 The 1% Club		10.00 Family Guy	
	136 MORE4	‹ 6.55 Car S.O.S.		7.55 Kirstie and Phil's Love It or List It		9.00 Top Guns: Inside the RAF		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Below Deck Down Under		9.00 Celebrity Gogglebox		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 FBI: Most Wanted		9.00 Elsbeth		10.00 Blue Bloods	
	108 SKY ATLANTIC	‹ 6.45 Billions		7.55 Game of Thrones		9.00 Mary & George			
	110 U&GOLD	7.00 Dad's Army	7.40 The Good Life			9.00 Still Open All Hours	9.40 Harry Enfield's...	10.20 Absolutely Fabulous	
	111 U&DAVE	7.00 Would I Lie to You?	7.35 Richard Osman's House of Games			9.00 QI XL		10.00 8 Out of 10 Cats	
	119 ITV3	7.00 Heartbeat		8.00 Midsomer Murders				10.00 Grantchester	
	120 ITV4	‹ 6.55 Formula E Highlights		8.00 British Rally Championship		9.00 Isle of Man TT		10.00 Film: High Plains Drifter	
	112 COMEDY CENTRAL	‹ 6.55 Friends				9.00 Lee Evans: Roadrunner		10.05 Dara O Briain Talks Funny: Live in...	
	139 SKY SCI-FI	7.00 Blood & Treasure		8.00 Stargate Universe		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 Rob Beckett's Smart TV		9.00 Poker Face		10.00 Hacks	10.30 Road Wars
	109 U&ALIBI	7.00 Shakespeare & Hathaway		8.00 Death in Paradise		9.00 Shakespeare & Hathaway: Private Investigators			
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 André Rieu: Happy Days Are Here Again					
	132 U&W	7.00 999 Rescue Squad		8.00 Pete Wicks: For Dogs' Sake		9.00 Deadly Waters with Captain Lee		10.00 The Kardashians: Billion Dollar Industry	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers: Dream Car		8.00 Scrap Kings		9.00 Alaska: Homestead Rescue			
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 Monster Croc Invasion		9.00 Urban Predator: Lion on the Loose		10.00 Alaska: Surviving the Last Frontier	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Amsterdam Central 24/7		9.00 Air Crash Investigation		10.00 To Catch a Smuggler: Tropical...	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Storage Hunters		9.00 Royal Autopsy		10.00 Discovered by Disaster	
	155 U&YESTERDAY	7.00 Bangers & Cash		8.00 Canal Boat Diaries		9.00 Mediterranean with Simon Reeve		10.00 Bangers & Cash	
	121 SKY DOCS	7.00 Striking with Pride: United at the Coalface			8.30 Beneath the...	9.00 Film: Touching the Void			
FILMS – Sky Cinema	301 PREMIERE	‹ 6.15 Old Guy		8.00 A Nice Indian Boy			9.45 The Front Room		
	302 ROMANCE	‹ 5.45 P.S. I Love You		8.00 Ghost				10.10 What Happens Later	
	303 BLOCKBUSTERS	‹ 6.20 A Quiet Place: Day One		8.00 Dune: Part Two					
	304 GREATS	‹ 5.25 Scent of a Woman		8.00 Birdy				10.10 The Great Gatsby	
	305 ANIMATION	‹ 5.40 Adventures...	7.30 Trolls			9.10 Under the Boardwalk			10.40 Swan...
	306 FAMILY	‹ 6.10 Bean	7.45 Cats & Dogs			9.20 Harold and the Purple Crayon			
	307 ACTION	‹ 5.30 Aquaman		8.00 Godzilla					10.25 Mission: Impossible
	308 COMEDY	‹ 6.15 Hope Springs		8.00 Beetlejuice Beetlejuice			9.50 The Naked Gun		
	309 THRILLER	‹ 5.55 Murder by Numbers		8.00 The Da Vinci Code					10.35 Along...
	310 DRAMA	‹ 4.20 Ben-Hur		8.00 The Sons of Katie Elder				10.05 Oh! What a Lovely War	
	311 SCI-FI	‹ 6.30 Lovely, Dark, and Deep		8.00 The Nun			9.40 A Quiet Place		
	313 FILM4		7.10 Daddy's Home			9.00 Bros			
SPORT	401 MAIN EVENT	‹ 5.15 Baller League – Live: Round 11		8.00 Sky Sports News					
	402 PREMIER LEAGUE	7.00 Premier League Highlights		8.00 Gary Neville's Soccerbox		9.00 MNF: Wayne...	9.30 Transfer 360	10.00 Class of '92: Full Time	
	403 FOOTBALL	‹ 5.15 Baller League – Live: Round 11 from Copper Box Arena							
	404 CRICKET	7.00 Best of England v Windies		8.00 One-Day International Cricket		9.00 Best of England v Windies			10.30 One-Day...
	410 TNT SPORTS 1	7.00 Roland Garros – Live: Further coverage of the second day of round four of the tournament							
	411 TNT SPORTS 2	‹ 6.00 Ultimate Pool – Live: Coverage from Group 1 of the Pairs Cup					9.30 Miracle of Istanbul		10.30 UEFA...

‹ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

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Monday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Expert Witness** (S)(R)(AD)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **NEW SERIES Doorbell Detectives** 1/5. How doorbell and security cameras are helping police to track down criminals. (S)
2.30 **Scam Interceptors** (S)(R)
3.00 **Escape to the Country** New edition From north Wales. (S)
3.45 **Garden Rescue** New edition (S)
4.30 **NEW SERIES Bridge of Lies** 1/25. Quiz show with Ross Kemp. (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

2.00 Doorbell Detectives

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** Harvey sets his sights on a new venture, Lauren and Peter feel overwhelmed, while George offers an olive branch. (S)(AD)

8 PM

8.00 **Panorama** New edition In-depth current affairs report. (S)
8.30 **Doorbell Detectives** 1/5. How doorbell and security cameras are helping police to track down criminals. (S)(R)

9 PM

9.00 **The Bombing of Pan Am 103** Series finale 6/6. Over a decade after the Lockerbie bombing, the accused finally stand trial. Bereaved relatives around the world campaign for access to the trial. (S1) (S)(AD) ■ Entire series on BBC iPlayer

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Have I Got a Bit More News for You** Roy Wood Jr hosts the satirical quiz, with comedian Guz Khan and broadcaster Kirsty Wark joining team captains Paul Merton and Ian Hislop. (S)(R)
11.25 **I Kissed a Boy** 7/10. A love triangle gets messy. (S)(R)(AD)
12.10 AM 8/10. A cowboy-themed party appears to be the perfect opportunity for the men to let off some steam. (S)(R)(AD)
1.00 **Blankety Blank** 6/9. With Sue Perkins, Ashley Roberts, John Barnes, Richard Ayoade, Janet Street-Porter and Guz Khan. (S)(R)
1.35 **Weather for the Week Ahead** (S)
1.40 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.30 AM **Saturday Kitchen Best Bites**
8.00 **Sign Zone: Springwatch** (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **The Edge** Quiz show. (S)(R)
1.45 **Lightning** Game show. (S)(R)
2.15 **Unbeatable** Quiz show. (S)(R)
3.00 **Murder, Mystery and My Family** A 1934 case of a soldier convicted of murdering a friend. (S)(R)(AD)
3.45 **Waterhole: Africa's Animal Oasis** 1/3. Remote cameras capture life at a specially built waterhole. (S)(R)
4.45 **Villages by the Sea** (S)(R)
5.15 **Flog It!** From Rochester. (S)(R)
6.00 **Richard Osman's House of Games** Babatunde Aléshé, Sophie Duker, Gaby Roslin and Jeff Stelling take part. (S)(R)
6.30 **Clive Myrie's Italian Road Trip** 6/15. Clive heads to Naples. (S)(R)

8.00 Springwatch

7 PM

7.00 **Nile: Earth's Great Rivers** 2/3. Documentary following the astonishing wildlife, landscapes and people of the world's longest river, the Nile, beginning in the tropical mountain range of the Rwenzoris. (S)(R)(AD)

8 PM

8.00 **Springwatch** New edition 5/12. Michaela Strachan and Chris Packham report on wildlife activity from over the weekend, while Iolo Williams ventures to the wildlife hotspot of Rathlin Island. (S) ■ Continues tomorrow

9 PM

9.00 **Jane Austen: Rise of a Genius** New edition 2/3. A look at how the death of Jane's father threw her family into turmoil, before her brother offered her a stable home. (S)(AD) ■ Entire series on BBC iPlayer

10 PM

10.00 **Upstart Crow** *The Food of Love:* 4/6. Will decides to invent the greatest hits musical. Guest stars Noel Fielding. (S2) (S)(R)(AD)
10.30 **Newsnight** (S)
11.00 **FILM On Chesil Beach** Romantic drama starring Saoirse Ronan. (S) (2017, 15, 105min) ★★★★
12.45 AM **Sign Zone: Countryfile** In West Sussex, Vick Hope and Joe Crowley visit a stork breeding programme. (S)(R)
1.40 **Sign Zone: Race Across the World** 6/9. The teams set off for the village of Sasan Gir. (S)(R)(AD)
2.40 **Sign Zone: Implosion – The Titanic Sub Disaster** (S)(R)(AD)
3.40 **to 6.30** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Alan Titchmarsh's Gardening Club** New edition Giovanna Fletcher invites viewers into her own garden for the first time, and Camilla Bassett-Smith explores a beautifully designed Italian-inspired space. (S)
3.00 **Lingo** Adil Ray hosts the word-based quiz show. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Code of Silence

7 PM

7.30 **Emmerdale** Ruby, Cain, Caleb and Chas are terrified that the body found in the lake is that of Anthony, while Pollard shuns Tracy's offer of help, and Dawn pitches herself as Belle's new business partner. (S)(AD)

8 PM

8.00 **Coronation Street** Eileen and George are the subjects of a damning news article, Sean warns Lou of Dylan's imminent release, Sally catches Tim meeting a social worker, and Jason chats up Danielle. (S)(AD)

9 PM

9.00 **Code of Silence** Series finale 6/6. Alison is moved to a safe house with Julie while the police search for Liam and the gang, but she is kidnapped by Braden and used as leverage. (S1) (S)(AD) ■ Entire series on ITVX

10 PM

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **British Grandma on Death Row with Susanna Reid** The *Good Morning Britain* host travels to Texas to meet 66-year-old Linda Carty, who was sentenced to death in 2002 for the murder of Joanna Rodriguez. (S)(R)(AD)
11.40 **Joanna Lumley's Danube** 2/3. The second leg takes Joanna to Slovakia, and she traces Danube tributaries to the top of the Tatras mountains in Slovakia. (S)(R)(AD)
12.30 AM **Teleshopping**
3.00 **Code of Silence** (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Celebrity Wheel of Fortune** (S)(SL)(R)(AD)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** (S6) (S)(R)
8.10 **The King of Queens** (S)(R)(AD)
9.10 **Frasier** 16-19/24. (S10) (S)(R)(AD)
11.10 **Celebrity Undercover Boss USA** With singer-songwriter Seal. (S)(R)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Narrow Escapes** New edition In Derbyshire, Maxine and Steve head for the Caldon Canal anniversary festival. (S)(AD)
5.00 **Chateau DIY** Tim and Sasha try to transform a murky pond into a gleaming water feature. (S)(R)(AD)
6.00 **A New Life in the Sun: Where Are They Now?** New edition Andy and Natalie have big expansion plans for their treehouse B&B. (S)

9.00 Night Coppers

7 PM

7.00 **News** (S)

8 PM

8.00 **NEW SERIES Dover 24/7: Britain's Busiest Port** Behind the scenes at the transport hub. Dover police are on high alert when a lorry driver claims he has a gun, and the cargo team take delivery of a shipment of bananas. (S)(AD)

9 PM

9.00 **Night Coppers** New edition Annie and Jack get more than they bargained for when they try to move on some drunken revellers who have been ejected from a bar. Meanwhile, Fran and Matt attend a suspected spiking. (S)(AD)

10 PM

10.00 **Danny Dyer: How to Be a Man** 1/2. The actor explores modern masculinity, asking what it means to be male in the 21st century and why so many young men are struggling with their mental health. (S)(R)(AD)
11.05 **Danny Dyer: How to Be a Man** 2/2. Documentary. (S)(R)(AD)
12.05 AM **Taskmaster** (S)(SL)(R)(AD)
1.00 **Ramsay's Kitchen Nightmares USA** From Seattle. (S)(SL)(R)
1.50 **Changing Rooms** (S)(R)(AD)
2.45 **Sarah Beeny's Little House, Big Plans** In Herefordshire. (S)(R)(AD)
3.40 **Sunday Brunch Best Bits** (S)(R)
3.45 **Location, Location, Location** (R)
4.40 **Hollyoaks Omnibus** (S)(SL)(R)(AD)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 FILM **Cut, Colour, Murder** Thriller starring Julie Gonzalo. (S)(AD) (2022, PG, 105min) ★★
4.00 **Bargain-Loving Brits in the Sun** New edition Shane hosts a wedding for more than 200 guests at his pool-side bar. (S)
5.00 **News** (S)
6.00 **Dogs Behaving (Very) Badly** Graeme Hall meets rampaging pug cross Dolly Parton, bullying top dog Blue and overzealous guard dog Ernie. (S)(R)
6.55 **News** (S)

9.00 Fare Dodgers: At War with...

7.00 **Traffic Cops** Derbyshire officer Alex makes it his mission to catch two dangerous wanted men who are on the run. (S)(R)
7.55 **News** (S)

8.00 **Motorway Cops: Catching Britain's Speeders** New edition Reports of a cloned car with a balaclava-wearing driver lead PC Jamie Leslie to keep his eyes peeled along the roads of Newcastle.(S)(AD)

9.00 **Fare Dodgers: At War with the Law** New edition Investigators Rich and Greg are on the look-out for a suspect thought to have been scamming Transport for London for over a year. (S)

10.00 **999: Police Hour of Duty** After a two-day manhunt, officers track down a man suspected of carrying out a series of armed robberies, but they face a race against time to secure the evidence needed to charge him. (S)(R)

11.05 **Police 999: Clear & Present Danger** Documentary. (S)(R)
12.05 AM **Police Interceptors** (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** (S5) (S)(R)(AD)
4.00 **Dogs Behaving (Very) Badly** Graeme tries to help end the war of two Chihuahuas. (S)(R)
4.35 **The Wonderful World of Chocolate** (S)(SL)(R)
5.30 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 | 109 | 340 | 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S8) (S)(R)
11.00 **Africa's Hunters** (S)(R)(AD)
12.00 NOON **The Flash** (S7) (S)(R)
1.00 PM **Hawaii Five-0** (S6) (S)(R)
3.00 **SEAL Team** (S1) (S)(R)(AD)
4.00 **S.W.A.T.** 8/21. (S3) (S)(R)(AD)
5.00 **The Simpsons** *My Mother the Carjacker:* Homer's mother asks him for help. Featuring the voice of Glenn Close. (S)(R)
5.30 *Clown v Board of Education:* Krusty opens a school for clowning. (S)(R)
6.00 **The Office (US)** 22/28. Michael tries to recruit a dream team to work for his new company. (S)(R)
6.30 23/28. Michael holds a pancake lunch to promote his new paper company. (S5) (S)(R)

8.00 Gladiators

7.00 **The Simpsons** *The President Wore Pearls:* Lisa is elected as the student president. (S)(R)
7.30 *The Regina Monologues:* The family visit London. With the voices of JK Rowling, Tony Blair and Ian McKellen. (S)(R)

8.00 **Gladiators** 3/4. Documentary looking at life in tropical forests, featuring a poison dart frog launching a toxic barrage and turf war between jaguars and caimans. (S)(R)(AD)

9.00 FILM **Beverly Hills Cop** Comedy thriller starring Eddie Murphy as street-smart Detroit cop Axel Foley. When an ex-con friend of his is murdered, Axel disobeys orders and travels to Beverly Hills to find the killer, but California just isn't ready for his unique approach to law enforcement. With Judge Reinhold, John Ashton and Lisa Eilbacher. (S) (1984, 15, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.00 **Last Week Tonight with John Oliver** Satirical talk show. (R)
11.45 **Curb Your Enthusiasm** 7/10. Larry damages Jeff's car. (S)(R)
12.25 AM 8/10. Larry writes a newspaper obituary for Cheryl's aunt. (S1) (S)(R)
1.05 **The Force: North East** (S)(R)
2.00 **Road Wars** (S)(R)
3.00 **SEAL Team** (S1) (S)(R)(AD)
4.00 **S.W.A.T.** 8/21. (S3) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
8.30-9.00pm Scotland's Home of the Year Series finale (S) **11.25** Scotcast (S)(R) **11.55** I Kissed a Boy (S)(R)(AD) **1.30am** Blankety Blank (S)(R) **2.05** Weather for the Week Ahead (S) **2.10-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
8.30-9.00pm True North: Row Home: Around Ireland in 32 Days (S)(R) **10.40** Hold the Front Page Series finale (S) **11.25** Have I Got a Bit More News for You (S)(R) **12.10am** I Kissed a Boy (S)(R)(AD) **1.45-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
8.00pm Best of Weatherman Walking New edition (S) **8.30-9.00** Panorama New edition (S) **10.40** Scrum V Highlights (S) **11.10** Have I Got a Bit More News for You (S)(R) **11.55** I Kissed a Boy (S)(R)(AD) **1.30-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00-10.30pm Bog Amach New edition (S)

WALES
Sky 968, Freesat 968
No variations

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cartrefi Cymru **12.30** Heno **1.00** Hewlfa Drysor (AD) **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Dylan ar Daith **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cartrefi Cymru **6.30** Rownd a Rownd (AD) **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Sgwrs Dan y Lloer **8.25** Garddio a Mwy New edition **8.55** Newyddion a'r Tywydd **9.00** Ffermio New edition **9.28** Y Tywydd **9.30** Gwesty Aduniad **10.30-11.35pm** Yr Ynys

TV&Satellite week
New issue on sale tomorrow

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **Top Gear** The team are challenged to drive from Switzerland to Blackpool on a single tank of fuel.
7.55 **The Catch Up**
8.00 **Gavin & Stacey** 1/6. The gang are reunited for baby Neil's christening. **8.30** 2/6. Pam and Mick host a beer and curry night. (S3)
9.00 **I Kissed a Boy** New edition 8/10. The men let off some steam at a party.
9.50 FILM **Blinded by the Light** Coming-of-age drama starring Viveik Kalra. A teenager learns to live his life, understand his family and find his own voice through the music of Bruce Springsteen. With Kulvinder Ghir and Meera Ganatra. (2019, 12, 112min) ★★★
11.40 **Love, Victor** 7/10. Victor and Benji go out of town. **12.10** AM 8/10. Victor goes to visit Simon. (S1)
12.40 **Gavin & Stacey** (S3)
1.10 **Top Gear** As 7.00pm.
2.10 **Danielle Does Life**
2.25 **to 4.00** AM **I Kissed a Boy**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **A Place in the Sun**
10.25 **A New Life in the Sun**
11.30 **Heir Hunters**
12.30 PM **Come Dine with Me** Five editions of the culinary contest from Edinburgh.
3.10 **Four in a Bed** Five editions of the B&B challenge.
5.50 **Car S.O.S** Fuzz Townshend and Tim Shaw take on a rundown Renault Alpine GT. **6.55** Fuzz and Tim get to work on a year 2000 Ford Mondeo, the property of a widowed father of two.
7.55 **Kirstie and Phil's Love It or List It** Kirstie Allsopp and Phil Spencer meet the Rowlands in Stoke-on-Trent who are unsure whether to move or renovate their current property instead.
9.00 **Top Guns: Inside the RAF** A spy drone controlled from RAF Waddington hunts down ISIS terrorists in Iraq, and days after meeting his new baby, an air traffic controller is deployed to the Falkland Islands.
10.00 **24 Hours in A&E** A 72-year-old woman has been trampled by a herd of cows while walking her dog.
11.05 **24 Hours in A&E**
12.10 AM **Emergency Helicopter Medics**
1.15 **999: On the Front Line**
2.20 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **Great British Railway Journeys** Visits to Colwyn Bay, Rhyl and Anglesey.
7.30 **Wainwright Walks: Coast to Coast** From Swaledale, North Yorkshire.
8.00 **D-Day 80: We Were There** The stories of some of the UK's D-Day veterans.
9.00 **The Nazis: A Warning from History** Former diplomats and Nazi party members trace Germany's downward slide to war.
9.50 **Rise of the Nazis** The Night of the Long Knives in June and July of 1934.
10.50 **How the Wild West Was Won with Ray Mears** Exploring the Great Plains, 500,000 square miles of treeless grassland.
11.50 **Cumbria's Red Squirrels**
12.50 AM **Great British Railway Journeys** As 7.00pm.
1.20 **Wainwright Walks: Coast to Coast** As 7.30pm.
1.50 **The Nazis: A Warning from History** As 9.00pm.
2.40 **to 3.40** AM **Rise of the Nazis**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Kitchen Nightmares USA**
9.00 **The Simpsons**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons** *Let's Go Fly a Coot:* Grampa talks about his time in the Air Force.
7.00 **Hollyoaks** Grace finds herself in a tense situation.
7.30 **The Simpsons** *The Old Blue Mayor She Ain't What She Used to Be:* Marge decides to run for mayor.
8.00 **Below Deck Down Under** New edition Chef Tzarina struggles to rebound after a dinner goes badly wrong.
9.00 **Celebrity Gogglebox** Famous faces appraise *Little Fires Everywhere, Casino Royale* and *Naked Attraction*.
10.00 **Gogglebox** Opinions on *Line of Duty* and *Sex and the City*.
11.05 **First Dates**
12.05 AM **The Big Bang Theory**
1.00 **The Simpsons**
2.00 **Brooklyn Nine-Nine**
2.50 **The Goldbergs**
3.40 **Below Deck Down Under**
4.30 **Ramsay's Kitchen Nightmares USA**
5.20 **to 6.00** AM **Modern Family**

+1 hr 235/236 306 30 123 256

Monday primetime

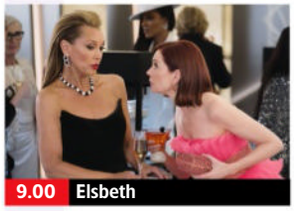
MONDAY Entertainment

Monday

Sky Witness

107 107 110 341 356

6.00 AM **Road Wars**
7.00 **Brit Cops: Frontline Crime UK**
8.00 **Border Patrol**
9.00 **Border Security: Canada's Front Line** Double bill.
10.00 **Bondi Rescue**
11.00 **Stop, Search, Seize**
12.00 NOON **The Good Doctor** (S5)
1.00 PM **The Rookie: Feds** (S1)
2.00 **FBI** 2/19. A famous blogger's son goes missing. (S2)
3.00 **Caught on Dashcam**
5.00 **Caught Red Handed**
6.30 **Nothing to Declare**



9.00 Elsbeth

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
8.00 **The Sopranos** (S1&2)
10.10 **Billions** 7&8/12. (S5)
12.20 PM **Game of Thrones** (S4)
1.20 **Accidentally Famous: The Story of 883** 1&2/8. (S1)
3.30 **The Sopranos** (S1&2)
5.40 **Billions** 7/12. Axe makes big plays with an unconventional source of inspiration.
6.45 8/12. Axe sends Wags to dig up dirt on Prince, and a visit puts Wendy and Tanner at odds. (S5)

9.00 Mary & George

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S6)
8.00 **The Flash** 15/18. (S7)
9.00 **Stargate SG-1** (S8)
11.00 **Supergirl** 5/22. (S4)
12.00 NOON **The Flash** 16/18. (S7)
1.00 PM **Hawaii Five-0** (S6)
3.00 **SEAL Team** 12/22. (S1)
4.00 **S.W.A.T.** 8/21. A sheriff's deputy is taken hostage. (S3)
5.00 **Supergirl** 4/22. J'onn bumps into Manchester Black. (S4)
6.00 **Stargate SG-1** 9/20. Teal'c tries to rescue Ishta after she is captured while attending a Hatkyl meeting. (S8)

10.00 Hacks

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **Totally Bonkers Guinness World Records** Double bill.
10.00 **Dress to Impress**
12.00 NOON **Dinner Date**
1.00 PM **Deal or No Deal: Celebrity Special** With Katarina Johnson-Thompson.
2.00 **Ant & Dec's Limitless Win**
3.00 **Hart of Dixie** 20/22. (S2)
4.00 **Gilmore Girls** 20/22. (S7)
5.00 **Dinner Date**
6.00 **Celebrity Catchphrase** With guests Fiona Bruce, Josie Gibson and Scott Mills.

6.00 Celebrity Catchphrase

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Where the Heart Is**
9.15 **Agatha Christie's Poirot**
10.25 **The Royal** *Loved and Lost.*
11.25 **Heartbeat** Double bill.
1.25 PM **Classic Emmerdale**
2.25 **Classic Coronation Street**
3.25 **Agatha Christie's Poirot**
4.30 **Downton Abbey** 1/9. Mary struggles to come to terms with Matthew's death. (S4)
6.00 **Heartbeat** *Mixed Messages:* Carol asks Joe for assistance when suspicions mount.

10.00 Grantchester

7 PM

7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

7.00 Stargate SG-1 *Endgame:* 10/20. The team embark on a recovery mission after the Stargate is stolen. (S8)

7.00 Deal or No Deal Stephen Mulhern hosts as a contestant takes on the Banker for the chance to win life-changing money.

7.00 Heartbeat *Oscar's Birthday:* The village rallies round to celebrate Blaketon's birthday, while Gina goes into labour.

8 PM

8.00 FBI: Most Wanted *Ghost in the Machine:* 3/13. A woman whose face is used for a popular AI bot is murdered. (S5)

7.55 Game of Thrones *Mockingbird:* 7/10. Tyrion enlists an unlikely ally, Jon's warnings about the Wall's vulnerability fall on deaf ears, while Brienne follows a new lead. (S4)

8.00 Rob Beckett's Smart TV With guests Roman Kemp, Kiell Smith-Bynoe and David Morrissey.

8.00 Ant & Dec's Limitless Win 2/6. Steve is back to finish his game with son-in-law Jordan against the Limitless Ladder.

8.00 Midsomer Murders *Drawing Dead:* A former supermodel is murdered during a comic convention – and the only clue is a comic that seems to reveal the dark secrets of several local people. Guest stars Bill Bailey and Jemma Redgrave.

9 PM

9.00 Elsbeth New episode *Diamonds Are for Elsbeth:* 4/20. The attorney uncovers plans for a gala heist. (S2)

9.00 Mary & George *The Second Son:* 1/7. Fact-based drama about the scheming of Mary Villiers. Stars Julianne Moore.

9.00 Poker Face *Sloppy Joseph:* 6/12. Charlie finds herself caught in a school kid's plot concerning the class pet. (S2)

9.00 The 1% Club Quiz show hosted by comedian Lee Mack in which the questions are all about logic and common sense.

10 PM

10.00 Blue Bloods *Keeping the Faith:* 1/21. Eddie and Jamie deal with a domestic abuse case. (S13)
11.00 **Law & Order: Organized Crime** 9/13. (S4)
12.00 M'T **FBI** 4/15. (S3)
1.00 AM **FBI: Most Wanted** (S4)
2.00 NEW SERIES **The Rookie** (S7)
3.00 **The Good Doctor** 2/18. (S5)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **Stop, Search, Seize**

+1 hour 207 310

10.00 Mary & George *The Hunt:* 2/7. With the help of Queen Anne, George is accepted into the king's circle. (S1)
11.00 **Homicide: Life on the Street** 22/22. Mike and Julianna face the light of day. (S5)
12.00 M'T **The Gilded Age** 6/8. (S2)
1.00 AM **The Penguin** 8/8. (S1)
2.20 **Big Little Lies** 4/7. (S1)
3.20 **The Leftovers** 8/10. (S1)
4.20 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

10.00 Hacks *Heaven:* 10/10. Comedy drama starring Jean Smart. (S4)
10.30 Road Wars An armed robber makes a getaway.
11.30 **Road Wars** Double bill of the crime documentary.
1.00 AM **The Force: North East**
2.00 **Big Zuu and AJ Tracey's Rich Flavours** Series finale 3/3. New York's most expensive and outrageous dishes.
3.00 **SEAL Team** 12/22. (S1)
4.00 **S.W.A.T.** 8/21. (S3)
5.00 **to 6.00** AM **Highway Patrol**

10.00 Family Guy 7/23. The Griffins are stranded near an Amish community.
10.30 1/23. The Griffins become millionaires. (S10)
11.00 **Family Guy** 2/23. (S10)
11.30 **American Dad!** 17&11/18. (S7)
12.35 AM **Bob's Burgers** (S12)
1.35 **Totally Bonkers Guinness World Records**
2.05 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

10.00 Grantchester 1/6. Crime drama set in the 1950s starring James Norton and Robson Green. (S1)
11.00 **Grantchester** 2/6. (S1)
11.55 **Cracker** 1/7. (S1)
1.00 AM **Where the Heart Is**
1.55 **The Royal** *Loved and Lost.*
2.45 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **Unwind with ITV**
5.00 **Teleshopping**
5.30 **to 6.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
2.30 PM **Sign Zone: Grand Tours of Scotland's Rivers** The River Spey.
3.00 **Sign Zone: Beechgrove Garden**
3.30 **Sign Zone: Landward**
4.00 **This Is BBC Scotland**
7.00 **Reporting Scotland**
7.30 **Grand Tours of Scotland's Rivers**
8.00 **Island Crossings**
9.00 **Designing the Hebrides** The team design honesty boxes for two rural businesses.
9.30 Transforming a wool and craft shop on Iona.
10.00 **The Rise and Fall of Michelle Mone** Series finale 2/2. The story of the entrepreneur's elevation to the House of Lords.
11.00 **Scotcast** New edition
11.30 PM **to 12.00** M'T **Showpeople: Licensed to Thrill**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **High Maintenance**
9.15 **The Conners** (S1)
10.15 **Entourage** (S3)
11.20 **Insecure** 8&9/10. (S5)
12.35 PM **Ballers** (S2)
1.55 **Entourage** (S3)
3.05 **High Maintenance** (S3)
4.30 **Insecure** 8&9/10. (S5)
5.45 **The Office (US)** (S5)
6.45 **The Conners** (S1)
7.45 **Ballers** 7&8/10. (S2)
9.15 **Last Week Tonight with John Oliver** New edition Talk show.
10.00 **The Rehearsal** New episodes 3/6. Nathan experiments on animals – and himself.
10.40 4/6. Nathan is challenged by a young man's romantic life. (S2)
11.20 **Last Week Tonight with John Oliver** Talk show.
12.05 AM **Real Time with Bill Maher** New edition
1.15 **Curb Your Enthusiasm**
2.35 **High Maintenance** (S3)
3.45 **to 5.00** AM **The Comeback**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Janine Jansen: Falling for Stradivari**
7.50 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Landscape Artist of the Year 2024**
1.00 PM **Tales of the...**
2.00 **The Art Mysteries**
3.00 **The Directors**
4.00 **Discovering**
5.00 **Landscape Artist 2024**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **André Rieu: Happy Days Are Here Again**
11.00 **Pavarotti: A Voice for the Ages**
12.20 AM **LSO: Pappano Conducts Ravel, Say & Rachmaninoff**
2.00 **My Week with Lubaina Himid** New edition
3.00 **Isle of Wight Festival Highlights 2022**
5.00 **to 6.00** AM **National Treasures**

Sky Mix

151 158 135 11 141 23

7.00 AM **Border Security: Canada's Front Line**
8.00 **Nothing to Declare**
10.00 **UK Border Force**
11.00 **Border Security: Canada's Front Line**
12.00 NOON **Road Wars**
1.00 PM **Border Patrol**
2.00 **UK Border Force**
3.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S4)
6.00 **Stargate Atlantis** (S5)
7.00 **Star Trek: Voyager** *Body and Soul:* 7/26. The crew are held captive. (S7)
8.00 **Star Trek: Deep Space Nine** *The Nagus:* 11/20. Bartender Quark is marked for death. (S1)
9.00 **FBI** 21&22/22. (S1)
11.00 **Grimm** 7/22. (S3)
12.00 M'T **Nothing to Declare**
2.00 AM **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Be

131/132 125 119 28 119 22

6.25 AM **The Only Way Is...**
7.40 **Buying the View**
8.10 **Baby Steps**
9.10 **Gary Barlow's Wine Tour: South Africa**
10.15 **The Real Housewives of Miami** Reality series.
11.10 **The Real Housewives of New York City**
12.05 PM **Baby Steps**
1.05 **The Only Way Is Essex**
2.05 **Dinner Date**
3.10 **Vacation House Rules**
4.05 **The Real Housewives of Miami** Reality series.
5.00 **The Real Housewives of New York City**
6.00 **Buying and Selling**
7.00 **Gary Barlow's Food and Wine Tour: Australia**
8.00 **Dinner Date**
9.00 **Botched** Medical series.
10.00 **The Real Housewives of Orange County**
10.55 **Totally Unbelievable**
11.55 **The Only Way Is Essex**
12.55 AM **Drama Queens**
5.15 **to 6.00** AM **Highlights**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S2)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 7/13. (S2)
12.00 NOON **Sue Thomas: F.B.Eye** 16/19. (S2)
1.00 PM **Hart to Hart** (S2)
2.00 **Father Dowling Mysteries** 12/13. (S2)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 11–14/24. (S2)
9.00 **Randall and Hopkirk (Deceased)** *Who Killed Cock Robin?* 14/26. (S1)
10.00 **The New Avengers** *Forward Base:* 11/13. John, Purdey and Mike search for the truth behind a 1960s typhoon. (S2)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S2)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Best of the 80s**
6.15 **The Professionals**
7.15 **Dempsey and Makepeace**
8.15 **Magnum, PI**
9.20 **Kojak**
10.25 **Isle of Man TT**
12.25 PM **The Chase**
1.30 **Dempsey and Makepeace**
2.35 **Magnum, PI**
3.35 **Kojak**
4.45 **Minder**
5.45 **The Professionals** *A Stirring of Dust:* The team attempt to track down a former spy.

5.45 The Professionals

6.55 **Formula E Highlights** The Shanghai ePrix, the 10th and 11th races of the season, held at Shanghai International Circuit.

8.00 **British Rally Championship** The Border Competitions Jim Clark Rally held in the Scottish Borders.

9.00 **Isle of Man TT** Three-wheel racing action from the island, with all the highlights from the first of two Sidecar TT races.

10.00 FILM **High Plains Drifter** Western directed by and starring Clint Eastwood. A gunslinger is hired to protect a frontier town from vengeful outlaws. (1972, 18, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

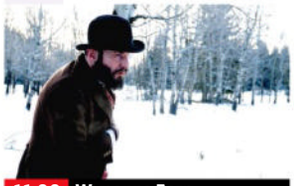
12.10 AM **Isle of Man TT** As 9pm.
1.05 **Motorsport UK**
2.00 **Two and a Half Men**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S2)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 4/26. (S6)
2.00 **Blood & Treasure** 10/13. (S1)
3.00 **Stargate Universe** 15/20. (S2)
4.00 **Star Trek: Voyager** (S5)
5.00 **Star Trek: The Next Generation** 4/26. Guest stars James Doohan. (S6)
6.00 **Star Trek: Enterprise** 15/26. Captain Archer is called on to negotiate a ceasefire. (S2)


11.00 Wynonna Earp

7.00 **Blood & Treasure** *The Wages of Vengeance:* 10/13. Danny and Lexi enlist Hardwick to tap into his contacts. (S1)

8.00 **Stargate Universe** *Seizure:* 15/20. Rush is found in a coma in the neural interface chair. (S2)

9.00 **Grimm** *Lycanthropia:* 14/22. Nick and Hank stumble upon a terrifying Wesen disease. Guest stars Ann Cusack. (S5)

10.00 **The Walking Dead** *Monsters:* 3/16. Questions of morality muddy the waters in the coalition's battle against the Saviors. (S8)

11.00 **Wynonna Earp** 8/12. Wynonna may finally learn the origin of the Earp curse. **12.00** M'T 9/12. Wynonna and Doc's history is brought to bear upon them both. (S2)
1.00 AM **True Blood** 5&6/12. (S4)
3.00 **Blood & Treasure** As 7.00pm.
4.00 **to 6.00** AM **Most Haunted US**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S17)
9.00 **Father Brown**
10.00 **The Coroner** 1/10. (S1)
11.00 **Hudson & Rex** 3/16. (S2)
12.00 NOON **Shakespeare & Hathaway: Private Investigators** 10/10. (S1)
1.00 PM **Death in Paradise** (S10)
2.00 **Murdoch Mysteries** (S17&18)
4.00 **The Coroner** 1/10. (S1)
5.00 **Hudson & Rex** 3/16. A social media star dies while livestreaming her wedding. (S2)
6.00 **Father Brown** *The Theatre of the Invisible:* A landlady is killed.

7.00 Shakespeare & Hathaway

7.00 **Shakespeare & Hathaway: Private Investigators** 10/10. Frank and Lu must recover a precious jewel. (S1)

8.00 **Death in Paradise** *Chain Reaction:* 4/9. Neville tries to solve the death of a nurse from his hospital bed. (S10)

9.00 **Shakespeare & Hathaway: Private Investigators** 1/10. A pampered dog runs away from a life of luxury.

10.00 **Shakespeare & Hathaway: Private Investigators** 2/10. A role-playing battle in the woods goes wrong. (S2)

11.00 **Father Brown** As 6.00pm.
12.00 M'T **Shakespeare & Hathaway: Private Investigators**
1.00 AM **Elementary** 16/24. Joan and Kitty look into a string of murders. (S5)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.00 AM **Highlights**
9.00 **My Hero**
9.40 **Hi-de-Hi!**
10.20 **Only Fools and Horses**
11.00 **Last of the Summer Wine**
12.20 PM **The Green Green Grass**
1.00 **My Hero**
1.40 **Dad's Army**
2.20 **Only Fools and Horses**
3.00 **Hi-de-Hi!**
3.40 **Last of the Summer Wine**
5.00 **The Green Green Grass**
5.40 **Hi-de-Hi!**
6.20 **Only Fools and Horses**

9.00 Still Open All Hours

7.00 **Dad's Army** The platoon have their hands full with two German prisoners.
7.40 **The Good Life** Tom's philosophy of life gains him two eager disciples. **8.20** Tom and Barbara enjoy celebrity status when a journalist writes a story about them.

9.00 **Still Open All Hours** Eric asks Leroy for a few tips on wooing his wife.
9.40 **Harry Enfield's Television Programme** Comedy sketch show.
10.20 **Absolutely Fabulous** Saffy's choice of landscape gardener sets Eddie's pulse pounding.

11.00 **Not Going Out**
11.40 **Harry Enfield's Television...**
12.20 AM **Still Open All Hours**
1.00 **Absolutely Fabulous**
1.35 **Not Going Out**
2.25 **The Two Ronnies**
2.55 **My Hero**
3.25 **to 4.00** AM **Newark, Newark**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Cops on the Rock**
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Cape Carnage: Killer Catch**
12.00 NOON **Celebrity Storage Hunters** Double bill.
2.00 PM **Our Guy in Japan**
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers' Asian Adventure** Dave Myers and Si King conclude their culinary journey around Japan.
6.00 **Rick Stein's Long Weekends** The chef takes a culinary break in Portuguese capital Lisbon.

10.50 Silence Is Golden

7.00 **Would I Lie to You?** With Jimmy Carr, Griff Rhys Jones, Dave Myers and Susanna Reid.
7.35 **Richard Osman's House of Games** With Louis Emerick and Cally Beaton. **8.20** With Dane Baptiste, June Sarpong, Richard Herring and Kate Williams.

9.00 **QI XL** Guests Sarah Millican, Jason Manford and Bill Bailey join regular panellist Alan Davies and host Stephen Fry.

10.00 **8 Out of 10 Cats** With guests Alex Brooker, Katherine Ryan, Natalie Cassidy and Tom Allen.
10.50 **Silence Is Golden** New edition 5/6. Featuring Ed Sheeran. ■ Entire series on U
11.50 **Mock the Week**
12.30 AM **Would I Lie to You?**
1.50 **Mock the Week**
2.35 **to 4.00** AM **Australian Ninja Warrior**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **A New Life in the Sun: Where Are They Now?** From Italy.
10.00 **Chateau DIY**
11.00 **Help! We Bought a Village** A French hamlet.
12.00 NOON **A Place in the Sun** From Portugal.
1.00 PM **Kirstie and Phil's Love It or List It: Brilliant Builds**
1.30 **Narrow Escapes**
2.30 **Chateau DIY**
3.30 **Come Dine with Me**
6.00 **Location, Location, Location** From Harrow.
7.00 **Secrets of Flying Scotsman** Documentary.
8.00 **Britain's Most Expensive Houses**
9.00 FILM **See How They Run** Mystery comedy. (2022, 12, 98min) ★★★★
11.00 **Gogglebox**
1.00 AM **Night Coppers**
2.05 **Dover 24/7: Britain's Busiest Port**
3.05 **Millionaire Hoarders**
4.05 **to 5.00** AM **24 Hours in A&E**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Murder, She Wrote**
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Strange Invaders:* 6/10. A pilot's body draws the agents down the rabbit hole of UFO conspiracies. **7.00** *A Thousand Yards:* 7/10. The agents come under attack by an enemy from the past, while Vance tries to fix things with his son. **8.00** *Heartless:* 8/10. The team investigate the abduction and murder of US Naval heart surgeon Erik Harper. (S21)
9.00 **NCIS: Hawaii** *Deep Fake:* 10/22. The investigation that began in DC with the death of The Professor continues in Hawaii. (S2)
10.00 **Law & Order: Special Victims Unit** (S24&23)
1.50 AM **Blue Bloods** (S7)
2.45 **The Good Wife** (S5)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Car Pound Cops**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Call the Bailiffs: Time to Pay Up**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **Ambulance: Code Red** A joiner collapses from a cardiac arrest.
10.00 **999: Critical Condition** A man is rushed into resus with a significant laceration to his head.
11.00 **Skin A&E**
12.00 M'T **Cause of Death**
1.00 AM **Absentia** New episodes (S1)
2.40 **GPs: Behind Closed Doors** Medical series.
3.25 **Home and Away**
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Motorway Patrol**
9.25 **Trucking Hell**
10.25 **Traffic Cops**
11.25 **Police Interceptors**
12.25 PM FILM **The Spoilers** Western drama. (1942, b/w, PG, 87min) ★★
2.15 FILM **Gunsmoke!** Western starring Audie Murphy and Susan Cabot. (1953, U, 79min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
7.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
8.00 **Police Interceptors** A driver reverses his car into a pursuing police vehicle three times.
9.00 **Warship: Life at Sea**
10.00 **Coastguard: Search & Rescue SOS**
11.00 **Yellowstone** 1/10. (S4)
12.00 M'T **Outback Truckers**
2.00 AM **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **My Dream Home**
8.00 **Tipping Point**
11.00 **Nick Knowles' Big House Clearout**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **DIY SOS: The Big Build**
7.00 **999 Rescue Squad**
8.00 **Pete Wicks: For Dogs' Sake**
9.00 **Deadly Waters with Captain Lee** New edition A woman is swept off her boat by a rogue wave in California.
10.00 **The Kardashians: Billion Dollar Industry**
12.00 M'T **At Home with Katherine Ryan**
1.00 AM **Louis Theroux: Surviving America's Most Hated Family**
2.00 **to 3.00** AM **Stacey Dooley Investigates: Second Chance Sex Offenders**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.10 AM **Birds of a Feather**
7.40 **Pie in the Sky**
8.35 **Doctors**
9.50 **Holby City**
10.40 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Pie in the Sky**
3.00 **Hamish Macbeth**
4.10 **Lovejoy**
5.25 **Keeping Up Appearances**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **The Inspector Lynley Mysteries** *In Pursuit of the Proper Sinner:* Two campers are attacked.
10.00 **New Tricks** *Ducking and Diving:* The team reopen a murder case from 17 years previously.
11.20 **Bergerac**
12.20 AM **Sister Boniface Mysteries** 10/12. (S2)
1.20 **Rebus** *Dead Souls.*
3.15 **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

MONDAY Entertainment

Monday

Really
142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Sicily.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Money for Nothing**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Antiques Road Trip**
5.00 **Celebrity Yorkshire Auction House**
7.00 **Celebrity Antiques Road Trip** With Kelly Brook and Denise Van Outen.
8.00 Jordan Banjo and Perri Kiely take part.
9.00 **The Derbyshire Auction House** New edition Irita discovers a haul of china in Lincolnshire.
10.00 A family raise cash for care home fees.
11.00 **The Yorkshire Auction House** Coins and toys.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge
145 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **Bob's Full House**
10.40 **Richard Osman's House of Games**
12.00 NOON **Who Wants to Be a Millionaire?**
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?**
5.00 **The Bidding Room**
6.00 **Bob's Full House**
6.40 **Richard Osman's House of Games** Double bill featuring Anita Rani, Chris Ramsey, Janet Ellis and Jamie Theakston.
8.00 **The Chase** Double bill of the quiz show.
10.00 **Tenable** Five university friends known as 'The Medicine Men' take part.
11.00 **Bullseye** Double bill.
12.00 M'T **Weakest Link**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

GREAT! action
323 319 426 42 33

8.10 AM **The Luftwaffe**
9.30 **Wanted: Dead or Alive**
10.00 **The Avengers**
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Western drama.
1.00 PM **FILM Ride in the Whirlwind** Western. (1966, PG, 83min) ★★
2.50 **FILM Abilene Town** Western drama. (1946, b/w, 15, 91min) ★★
4.55 **FILM Johnson County War – Part 1** Western. (2002, 12, 125min) ★★
7.00 **The High Chaparral**
8.00 **The Avengers**
9.00 **FILM Kill Command** Sci-fi thriller. (2016, 15, 100min) ★★★
11.10 **FILM Predestination** Sci-fi thriller. (2014, 15, 98min) ★★★★
1.15 AM **FILM Absolute Zero** Sci-fi disaster drama. (2005, 12, 87min) ★
3.00 **to 5.00** AM **Wild West Chronicles**
+1 hour 324 319

GREAT! movies
321 318 425 34 32

9.00 AM **Heathrow: Britain's Busiest Airport**
10.00 **FILM Woman on the Edge** Crime thriller. (2018, PG, 89min) ★★
12.00 NOON **Paddington Station 24/7**
1.00 PM **FILM If Looks Could Kill** Crime thriller. (2016, 15, 90min) ★★
2.50 **FILM Til Ex Do Us Part** Suspense thriller. (2018, 12, 89min) ★★
5.00 **FILM Lost Letter Mysteries: From Paris with Love** Drama. (2015, PG, 90min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM Stratton** Thriller starring Dominic Cooper. (2017, 15, 94min) ★★
11.00 **FILM Exposed** Thriller. (2016, 15, 100min) ★★
1.10 AM **Coast Guard Alaska**
3.20 **Air Rescue**
4.00 **to 6.00** AM **FILM Cry for Justice** Drama. (2013, 12, 107min) ★★
+1 hour 322 318

GREAT! romance
319 317 424 52 47

8.00 AM **FILM Christmas on Mistletoe Lake** (2022)
10.00 **FILM Christmas Connection** (2017) ★★
12.05 PM **FILM Christmas with a Prince** Drama. (2018, PG, 90min) ★★
2.00 **FILM A Bramble House Christmas** Drama. (2017, PG, 84min) ★★
3.55 **FILM Charming Christmas** Festive drama. (2015, PG, 85min) ★★
6.00 **FILM Falling in Love at Christmas** Drama. (2021, PG, 84min) ★★
8.00 **FILM A Candlelit Christmas** Romance. (2022, PG, 90min) ★★
9.55 **FILM A Christmas Break** Romantic drama. (2020, PG, 90min) ★★
11.55 **FILM The Christmas Ball** (2020, PG) ★★
2.05 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM A Bramble House Christmas** (2017) ★★
+1 hour 320 317 63

Rewind TV
182 92 150

6.00 AM **Highlights**
10.00 **Don't Drink the Water**
10.30 **Watching** 7/8. (S2)
11.00 **Doctor in the House**
11.30 **The Monkees** (S1)
12.00 NOON **Cuckoo Waltz**
12.30 PM **In Loving Memory**
1.00 **Please Sir!** (S3)
1.30 **You're Only Young Twice**
2.00 **Brass** 7/13. (S1)
2.30 **Thick as Thieves**
3.00 **Mapp and Lucia** (S1)
4.00 **Stereo Underground**
5.00 **Worzel Gummidge**
5.30 **The Monkees** (S1)
6.00 **Watching** 1/6. (S3)
6.30 **Carry On Laughing** (S1)
7.00 **Brass** 7/13. (S1)
7.30 **Thick as Thieves**
8.00 **In Loving Memory** (S2)
8.30 **You're Only Young Twice**
9.00 **Please Sir!** (S3)
9.30 **Soap** 4/25. (S1)
10.00 **Carry On Laughing** (S1)
10.30 **The Cuckoo Waltz** (S4)
11.00 **Doctor in the House**
11.30 **Mitch** 3/10. (S1)
12.30 **to 6.00** AM **Highlights**

DMAX
159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Homestead Rescue: Raney Ranch**
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch**
9.00 **My Feet Are Killing Me** A special festive edition.
10.00 Dr Ebonie removes a 2lb mass from a woman's foot.
11.00 **Aussie Gold Hunters** A crippling five-month shutdown put a huge strain on the business.
12.00 M'T **Speedway Grand Prix** Round three from the Czech Republic.
12.30 AM **Wheeler Dealers**
1.00 **Naked and Afraid XL**
2.00 **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**
+1 hour 259 369 153

Food Network
140/141 154 190 43 148 39

6.00 AM **Paul Hollywood...**
7.00 **30 Minute Meals**
8.00 **Delicious Miss Brown**
8.30 **Girl Meets Farm**
9.00 **Dish of the Day**
10.00 **Korean Food Tour**
11.00 **Great British Bake Off**
1.00 PM **Paul Hollywood: City Bakes** Double bill.
2.00 **James Martin: Sweet**
3.00 **30 Minute Meals**
4.00 **Delicious Miss Brown** New edition Steak.
4.30 **Girl Meets Farm** New edition Lasagna.
5.00 **Dish of the Day**
6.00 **Korean Food Tour**
7.00 **Great British Bake Off**
9.00 **River Cottage**
10.00 **Secrets of the Curry Kitchen** Indian desserts.
10.30 **Nadiya Bakes**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Restaurant: Impossible**
+1 hour 240/241 154

Legend
148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 22/26. (S5)
9.00 **Six Million Dollar Man**
10.00 **Knight Rider** 8/24. (S2)
11.00 **FILM The Philadelphia Experiment** Thriller. (2012, 15, 89min) ★★
1.00 PM **FILM Flying Tigers** Action adventure. (1942, b/w, PG, 103min) ★★
3.00 **FILM The Purple Plain** Wartime drama. (1954, PG, 100min) ★★★
5.00 **Star Trek** 20/30. (S1)
6.00 **Knight Rider** 9/24. (S2)
7.00 **Six Million Dollar Man**
8.00 **Walker, Texas Ranger**
9.00 **FILM Looper** Time-travel thriller. (2012, 15, 119min) ★★★★
11.20 **FILM Wanted: Dead or Alive** Action thriller. (1988, 106min) ★★
1.25 AM **FILM Jeepers Creepers** Horror. (2001, 15, 91min) ★★★★
3.15 **to 5.00** AM **FILM Prey** Horror adventure. (2018, 15, 85min) ★★★

Legend Xtra
317 316 171 69 138 51

6.00 AM **FILM Coward of the County** As 5.00pm.
8.00 **FILM Alien Convergence** Sci-fi action thriller. (2017, 15, 90min) ★★
10.00 **The Lost World** (S1)
11.00 **FILM The Day the Earth Stopped** Thriller. (2008, 15, 90min) ★★
1.00 PM **FILM Crack in the World** Sci-fi thriller. (1965, PG, 96min) ★★
3.00 **The Lost World** (S1)
4.00 **The A-Team** 13/23. (S2)
5.00 **FILM Coward of the County** Drama. (1981, PG, 104min) ★★
7.00 **The Lost World** (S1)
8.00 **The A-Team** 14/23. (S2)
9.00 **FILM Triple Cross** Espionage thriller with Christopher Plummer. (1966, PG, 126min) ★★
11.30 **FILM He Who Dares** Thriller. (2014, 15) ★
1.05 **to 3.00** AM **FILM Bloodthirsty** Horror. (2020, 15, 84min) ★★
+1 hour 318 316 371 139

Blaze
164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars**
7.30 **Storage Wars: Texas**
7.55 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **UFO Files**
11.10 **Curse of Skinwalker...**
12.10 PM **Mysteries from Above** Earthworks.
1.05 **Pawn Stars**
2.05 **NEW SERIES Canadian Pickers**
3.05 **Storage Wars**
4.00 **Ancient Aliens**
6.00 **UFO Files**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **Curse of Skinwalker Ranch** Documentary.
10.00 **Cities of the Underworld**
11.00 **Secrets in the Sand**
12.00 M'T **Strangest Things**
1.00 AM **UFO Files**
2.00 **Ancient Aliens**
3.45 **Wicked Tuna**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT
153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Documentary.
10.00 **Yorkshire Great and Small with Dan and Helen** A visit to Whitby.
11.00 **Ben Fogle: New Lives in the Wild** New Zealand.
12.00 NOON **The Highland Vet**
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
5.30 **Walking Wartime Britain** From London.
6.00 **Inside the Tower of London** Documentary.
7.00 **Susan Calman's Great British Cities**
8.00 **Ben Fogle: New Lives in the Wild** Thailand.
9.00 **Cruising with Susan Calman** A visit to Mexico.
10.00 **The Canary Islands with Jane McDonald**
11.00 **Prisoner: Cell Block H**
1.00 AM **Happy Campers: The Caravan Park**
3.00 **Yorkshire Great and...**
3.50 **to 4.00** AM **Entertainment News**

HGTV
158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Double bill.
12.00 NOON **My Lottery Dream Home International**
2.00 PM **Love Your Garden**
3.00 **NEW SERIES Beach Hunters** Double bill.
4.00 **Escape to the Country**
6.00 **Great British Bake Off**
7.00 **A Place in the Sun**
8.00 **Love Your Garden**
9.00 **Castle Impossible** New edition An outbuilding is transformed into a luxury home.
10.00 **Celebrity IOU**
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop**
3.00 **to 4.00** AM **My Lottery Dream Home International**
+1 hour 258/262 391

TLC
133/134 139 165

7.00 AM **Extreme Couponing**
8.00 **My Lottery Dream Home** Double bill.
9.00 **Say Yes to the Dress**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** A back growth.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Extreme Sisters**
8.00 **1000-lb Sisters**
9.00 **Polyfamily** New edition Two married couples date each other's spouses and raise their five kids under one roof.
10.00 **Sister Wives** The Brown family spend Thanksgiving apart.
11.00 **Sex Sent Me to the ER**
12.00 M'T **Trixie Motel**
4.00 AM **Dr Pimple Popper**
5.00 **to 6.00** AM **Extreme Cheapskates**
+1 hour 233/234 365

Comedy Central
112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
11.00 **The Comedy Bus**
12.00 NOON **The Ren & Stimpy Show** (S4)
1.00 PM **Friends** (S9&10)
8.00 **Friends** 9/18. Monica and Chandler meet the mother of the baby they plan to adopt.
8.30 10/18. Chandler is spotted with a blonde beauty. (S10)
9.00 **Lee Evans: Roadrunner** A performance from the comedian's 2011 tour.
10.05 **Dara O Briain Talks Funny: Live in London** A 2008 show by the stand-up comedian.
11.10 **Whose Line Is It Anyway? USA**
12.10 AM **South Park**
1.40 **Beavis and Butt-Head**
2.40 **Jack Whitehall Gets Around** Stand-up show.
4.15 **to 5.00** AM **Friends**
+1 hour 212/213 332

Comedy Cen. Extra
127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show**
10.00 **Becker** 19&20/24. (S2)
11.00 **Friends** 1–4/24. (S9)
1.00 PM **Criminally Funny**
2.30 **The Ren & Stimpy Show**
3.00 **Daria** 3&4/13. (S1)
4.00 **Guessable?** Quiz.
5.00 **Becker** 9&20/24. (S2)
6.00 **Home Improvement**
8.00 **Last Man Standing** (S1)
9.00 **New Girl** 21/22. Fawn is involved in a political scandal.
9.30 22/22. Jess and Nick argue. (S4)
10.00 **Friends** 20–24/24. (S9)
12.35 AM **Friends** 1/18. (S10)
1.10 **The Ren & Stimpy Show**
2.05 **Reno 911!** 1(S5)
3.00 **The Ricky Gervais Show**
3.50 **Becker** 19&20/24. (S2)
4.30 **Baddiel & Skinner Unplanned Live from London's West End**
5.15 **to 6.00** AM **Home Improvement**

Sky Replay
152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Nothing to Declare**
11.00 **Bondi Rescue**
11.30 **Highway Cops**
12.00 NOON **Warehouse 13**
2.00 PM **Motorway Patrol**
3.00 **Stop, Search, Seize**
4.00 **Bondi Rescue**
4.30 **Highway Cops**
5.00 **Border Patrol**
6.00 **The Cleaning Lady** (S2)
8.00 **Stop, Search, Seize**
9.00 **Brit Cops: Law & Disorder** Street crime.
10.00 **Brit Cops: War on Crime**
11.00 **Chucky** 1/8. (S1)
12.00 M'T **Supergirl** (S6)
1.00 AM **The Russell Howard Hour**
2.00 **A League of Their Own Road Trip: Loch Ness to London**
3.00 **Duck Quacks Don't Echo** With Kate Humble.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV
126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.25 **Teen Mom: Young & Pregnant** Reality series.
7.10 **Teen Mom 2**
11.00 **Catfish: The TV Show**
1.00 PM **Catfish: The TV Show** Six editions.
7.00 **Teen Mom UK**
8.00 **Teen Mom: The Next Chapter** Jade helps Briana's surgery recovery.
9.00 **Ex on the Beach: Body SOS** Would-be actor Liam wants to 'bulk up'.
10.00 **Skin A&E** Dr Adil is not sure what two lumps on a patient's back are.
11.00 **Ink Master Redemption**
11.30 **Jackass** Crazy stunts.
12.00 M'T **NEW SERIES Ridiculousness** Rob, Steelo and Nina Agdal look hard into the mirror.
12.30 AM **Ridiculousness**
1.00 **True Life Crime**
2.00 **Ink Master**
2.45 **Celebrity Ex on the Beach** Reality series.
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaska: The Last Frontier**
9.00 **Barnwood Builders**
11.00 **Wheeler Dealers**
1.00 PM **Alaska: Homestead Rescue** The Raneys rescue a homesteader facing threats in a Montana box canyon.
3.00 **Gold Rush** Rick goes missing.
5.00 **Building Off the Grid** A couple set out to build a treehouse in Maryland.
6.00 **Junkyard Empire** Andy is sure the Hot Wheels tow truck can break the speed record.

11.00 Border Control: Spain

7.00 **Wheeler Dealers: Dream Car** Mike and Elvis help a police officer trade up to a stylish Porsche Cayenne.
8.00 **Scrap Kings** In Halifax, brake discs are given new life, and in Wokingham, a horse transporter reaches the end of the road.
9.00 **Alaska: Homestead Rescue** A Big Island family find their off-grid paradise threatened by destructive storms and deadly pests. To save them, the Raneys must get creative.
11.00 **Border Control: Spain**
12.00 M'T **Expedition Bigfoot** The team investigate near an abandoned mine.
1.00 AM **Alaska: Homestead Rescue** As 9.00pm.
3.00 **Street Outlaws**
4.00 **to 5.00** AM **Blowing Up History**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked** A freshwater tank.
9.00 **Pit Bulls & Parolees**
10.00 **My Cat from Hell**
11.00 **Animal Cops Philadelphia**
12.00 NOON **Tanked** Alyssa Milano seeks an elegant aquarium.
1.00 PM **Pit Bulls & Parolees**
2.00 **Legends of the Wild**
4.00 **Insane Pools: Off the Deep End** Building a Rocky Mountain-style lagoon.
5.00 **Animal Cops Philadelphia**
6.00 **Tanked** The guys build a tank as a centrepiece for DJ Ashba's new retail venture.

9.00 Urban Predator

7.00 **Pit Bulls & Parolees** Tania and Earl set off to rescue a dog that has mysteriously turned up in a Mississippi shelter.
8.00 **Monster Croc Invasion** An investigation into the increasing numbers of human deaths caused by crocodiles in Costa Rica.
9.00 **Urban Predator: Lion on the Loose** Rory Young investigates reports that an African lion is stalking the streets of Milwaukee.
10.00 **Alaska: Surviving the Last Frontier** The volunteers face a blizzard, freezing rivers and sub-zero temperatures.
11.00 **How Do Animals Do That?**
12.00 M'T **Tanked** A desk aquarium.
1.00 AM **Alaska: Surviving the Last Frontier** Carolyn Wise heads out on a moose hunt.
2.00 **Insane Pools: Off the Deep End** As shown at 4.00pm.
3.00 **Animal Cops Philadelphia**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Plane Crash Recreated**
9.00 **Air Crash Investigation**
12.00 NOON **Thames Treasure Hunters** Modern mudlarks.
1.00 PM **Drain the Oceans: Deep Dive** Mysterious shipwrecks.
2.00 **Hitler: The Lost Tapes of the Third Reich** Hitler's early political career in Munich. **3.00** Hitler's ascent to power.
4.00 **Lost Nukes of the Cold War: Drain the Oceans**
5.00 **Car S.O.S** A Fiat Dino.
6.00 **Nazi Megastructures** Advanced submarines.

8.00 Amsterdam Central 24/7

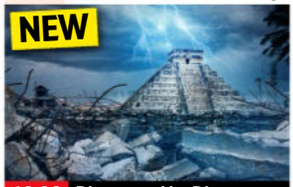
7.00 **Air Crash Investigation** Examining the story of British Airways Flight 38's crash-landing at Heathrow in 2008.
8.00 **Amsterdam Central 24/7** Series finale The explosion of a railway bridge heralds a new phase of reconstruction.
9.00 **Air Crash Investigation** A plane carrying Argentine footballer Emiliano Sala vanishes over the English Channel.
10.00 **To Catch a Smuggler: Tropical Takedown** Series finale The team face a challenging pursuit out at sea.
11.00 **Air Crash Investigation** The crash of a German plane.
12.00 M'T **Situation Critical**
1.00 AM **To Catch a Smuggler**
2.00 **Lords of War** A blunderbuss.
2.30 **Made in a Day** Tabasco sauce.
2.55 **Abandoned** An old church.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Trials of the Wild**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Pawn Stars**
6.50 **Strangest Things**
7.45 **American Pickers**
8.45 **Forged in Fire**
9.35 **Container Wars**
10.05 **Storage Wars**
12.00 NOON **Deep Water Salvage**
1.00 PM **Walking Through History**
2.00 **Digging for Britain**
4.00 **Rust Valley Restorers**
5.00 **Pawn Stars** A collection of figurines from *The Simpsons*.
6.00 **American Pickers** In Alabama, Mike goes wild for a barn-fresh Shelby Mustang.



10.00 Discovered by Disaster

7.00 **Forged in Fire** After two challenging rounds, the bladesmiths are tasked with recreating an Indonesian sword.
8.00 **Storage Hunters** Lori and Kashuna go head to head and bid for a car. **8.30** A buyer loses his mind in a bidding war.
9.00 **Royal Autopsy** 1/2. Professor Alice Roberts revisits the death of King Charles II, with help from Dr Brett Lockyer.
10.00 **NEW SERIES Discovered by Disaster** Hidden curiosities that only become exposed after a calamitous incident.
11.00 **Secrets of the Hells Angels** A focus on Pat Matter, a methamphetamine dealer who rose through the ranks to become president of the Minnesota Hells Angels.
12.00 M'T **Royal Kill List**
1.00 AM **Pawn Stars** As 5.00pm.
2.00 **Greatest Escapes of WWII**
3.00 **Forged in Fire** As 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Rise of the Nazis** As 4.00pm.
11.00 **War Factories** As 5.00pm.
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **Rise of the Nazis** The Night of the Long Knives in 1934.
5.00 **War Factories** How Fiat didn't just make cars, but made and broke governments too.
6.00 **Antiques Roadshow** Fiona Bruce presents from Blackpool Tower Ballroom.

8.00 Canal Boat Diaries

7.00 **Bangers & Cash** A 1970 Excalibur Roadstar, once owned by musician Roy Orbison, arrives in Thornton-le-Dale.
8.00 **Canal Boat Diaries** New edition Robbie gets caught in a storm and falls off his narrowboat.
9.00 **Mediterranean with Simon Reeve** Simon travels through Libya, Tunisia and Sicily.
10.00 **Bangers & Cash** Derek collects a Jaguar Mark 2 and explains why they made poor getaway cars for 1960s bank robbers.
11.00 **Bangers & Cash** Derek is picking up two expertly crafted Batmobile replicas in the Home Counties.
12.00 M'T **Retro Electro Workshop** Shamil is inspired to buy an original 1980s Sinclair C5.
1.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Chasing Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop** The team restore a broken pipe and a gramophone.
8.00 **Shed and Buried** Double bill of editions.
9.00 **Wheeler Dealers World Tour** In Poland, Mike and Elvis find a weathered Polski Fiat 126.
10.00 **Find It, Fix It, Drive It** A classic pick-up truck.
11.00 **How Do They Do It?**
1.00 AM **Chasing Classic Cars**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress: Bridesmaids**
7.00 **Say Yes... Atlanta**
8.00 **Say Yes to the Dress**
10.00 **Say Yes... UK**
11.00 **Curvy Brides Boutique**
12.00 NOON **Married to Evil**
1.00 PM **American Detective with Lt Joe Kenda**
2.00 **Murder on CCTV**
3.00 **Faking It: Tears of a Crime** Justin Barber.
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories** Real-life cases.
8.00 **Murder on CCTV**
9.00 **Murder Chose Me** New edition A cold-blooded execution.
10.00 **Nurses Who Kill**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **A Secret To Die For** Smiles and handshakes can't cover up lies, deceit and heinous crimes.
8.00 **Murder She Solved** A pub becomes a murder scene when a man is found dead.
9.00 **Storm of Suspicion** New edition After two teens go missing, a blizzard blankets the area under snow.
10.00 **Donal MacIntyre's UK Killer Evidence** New edition Police look to identify and apprehend the perpetrator when a 62-year-old man is stabbed in his home.
11.00 **Murder by the Sea**
1.00 AM **Storm of Suspicion**
2.00 **Donal MacIntyre's UK Killer Evidence**
3.00 **Murder She Solved**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Secrets of a Murder Detective**
11.00 **Medical Detectives**
2.00 PM **Secrets of a Murder Detective**
4.00 **Medical Detectives** The body of a man is found thirty years after he was murdered. **4.30** A 24-year old criminology student is found murdered. **5.00** Police investigate when a colleague's home is burned to the ground. **5.30** A woman is shot to death in her home. **6.00** A pregnant woman accused her husband of attacking her. **6.30** A mother is abducted from a petrol station and later found stabbed to death.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **Road Wars**
8.00 **Stop, Search, Seize**
9.00 **Highway Patrol**
10.00 **Send in the Dogs**
11.00 **Killer in My Village**
12.00 NOON **How I Caught...**
1.00 PM **The Killer Within**
2.00 **Murder Uncut**
3.00 **Forensics: Catching the Killer** True-crime.
4.00 **World's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **How I Caught the Killer**
7.00 **Forensics: Catching the Killer** True-crime.
8.00 **World's Most Evil Killers**
9.00 **The Killer Within**
10.00 **Killer in My Village**
11.00 **The Girl Scout Murders**
1.00 AM **Killer in My Village**
2.00 **Murder Uncut**
3.00 **Love You to Death**
4.00 **Brit Cops: Law & Disorder** Documentary.
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **Ancient Secrets of...**
9.40 **Lost Colony of Roanoke**
10.45 **Egypt's Darkest Hour**
11.40 **The Long Road to War**
1.00 PM **Grand Tours of the Scottish Islands**
1.40 **Ancient Secrets of...**
2.40 **Lost Colony of Roanoke**
3.40 **Egypt's Darkest Hour**
4.35 **Grand Tours of the Scottish Islands**
5.15 **The Long Road to War**
6.35 **Ancient Secrets of Althorp** Documentary.
7.35 **Lost Colony of Roanoke**
8.35 **NEW SERIES Egypt's Darkest Hour** 1/2. Investigating a mass grave dating to the fall of the Egyptian Empire.
9.30 **The Long Road to War**
10.50 **Lost Colony of Roanoke**
12.00 M'T **Egypt's Darkest Hour** As 8.35pm.
12.55 **to 2.00** AM **Grand Tours of the Scottish Islands**

MONDAY

Monday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The 2010s**
7.00 **Discovering: Claudia Cardinale**
8.00 **The Directors**
9.00 **Edge of the Earth**
10.00 **Boyzone: No Matter What**
11.00 **Urban Secrets**
12.00 NOON **SIC: Prince of MotoGP**
1.45 PM **My Icon: Thierry Henry**
2.00 **Mama's Boy: A Story from Our Americas** Documentary.
4.00 **The Directors**
5.00 **Discovering: Claudia Cardinale**
6.00 **100 Foot Wave**
7.00 **Striking with Pride: United at the Coalface** A lesbian and gay group's involvement in the miners' strike of 1984–85.
8.30 **Beneath the Surface**
9.00 **FILM Touching the Void** Dramatised documentary. (2003, 15, 106min) ★★★★★
11.00 **The Legend of the Underground** Documentary lifting the lid on the rampant discrimination in Nigeria.
12.45 AM **King in the Wilderness**
2.45 **The Forever Prisoner**
5.00 **to 6.00** AM **Discovering: Claudia Cardinale**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Baby Animals**
7.00 **Monkey Life**
8.00 **Hope for Wildlife**
9.00 **Undiscovered Vistas**
10.00 **Secrets of Wild Australia**
11.00 **Africa's Hunters**
12.00 NOON **Mysteries of the Mekong** Documentary.
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Undiscovered Vistas**
4.00 **Secrets of Wild Australia**
5.00 **Brazil Untamed**
6.00 **Mysteries of the Mekong**
7.00 **Monkey Life** Double bill.
8.00 **Gladiators** Life in tropical forests, including a turf war between jaguars and caimans.
9.00 **Attack and Defend**
10.00 **Mysteries of the Mekong**
11.00 **Brazil Untamed**
12.00 M'T **Africa's Hunters**
1.00 AM **Into the Wild: India**
2.00 **Gladiators**
3.00 **Attack and Defend**
4.00 **Hope for Wildlife**
5.00 **to 6.00** AM **Undiscovered Vistas**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Egypt's Unexplained Files**
9.00 **Al Murray: Why Does Everyone Hate the English?**
10.00 **National Park Mysteries**
11.00 **Ancient Aliens**
1.00 PM **Egypt's Unexplained Files**
2.00 **UFO Files**
3.00 **Empire Builders**
4.05 **Blown Away**
5.05 **Britain's Most Historic Towns**
6.05 **Lost Gold of the Aztecs**
7.05 **Close Encounters Down Under** Life in rural Australia.
8.05 **Auction Hunters**
9.05 **Ross Kemp: Deep Sea Treasure Hunter** The actor's quest continues in the Red Sea off the coast of Egypt.
10.00 **Secrets in the Sand** Ancient human remains are discovered in the Peruvian highlands.
11.00 **MonsterQuest**
12.00 M'T **Ancient Aliens**
2.00 AM **Hitler's Engineers**
3.00 **Empire Builders**
4.00 **Blown Away**
5.00 **to 6.00** AM **Britain's Most Historic Towns**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **Murdertown**
10.00 **Buried in the Backyard**
11.00 **Imperfect Murder**
12.00 NOON **Murder By Medic**
1.00 PM **Criminal Confessions**
2.00 **Killer Britain with Dermot...**
3.00 **Murdertown**
4.00 **A Perfect Scam**
5.00 **Accident, Suicide or Murder?**
6.00 **The First 48**
7.00 **Cold Case Files**
8.00 **Killer in Plain Sight**
9.00 **Killer Britain with Dermot Murnaghan** New edition
10.00 **Interview with a Killer** Series finale With Tyler Hadley.
11.00 **Cops Gone Bad with Will Mellor** Timothy Brehmer.
12.00 M'T **Murder By Medic**
1.00 AM **Killer Britain with...**
2.00 **Interview with a Killer**
3.00 **Criminal Confessions**
4.00 **Murdertown**
5.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo: Tampa**
9.00 **Monster Fish**
10.00 **When Sharks Attack 360**
11.00 **Fish Tank Kings**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Animal Travels**
3.00 **Secrets of the Zoo: Tampa**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City** Simon makes a gruesome discovery.
7.00 **Built to Survive** New edition Phil Breslin journeys down Australia's river system.
7.30 Series finale Phil delves into Australia's woodlands.
8.00 **Bite, Sting, Kill** 1/2. Footage of the world's deadliest animals.
9.00 2/2. The deadliest animals that live in rainforests.
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Africa's Deadliest**
1.00 AM **Monster Fish**
2.00 **The Incredible Dr Pol**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Creating the X-Craft**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Aliens in Alaska**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Creating the X-Craft** The development of the US Navy's latest warship.
9.00 **Secrets Underground**
10.00 **How Do They Do It?**
11.00 **The 1980s: The Deadliest Decade** A case from Wylie, Texas, when on Friday the 13th young mother and teacher Betty Gore was killed with an axe in a possible copycat action inspired by the film.
12.00 M'T **Forensic Detectives**
1.00 AM **Blowing Up History**
2.00 **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.00 AM **Gardeners' World**
11.40 **Pointless**
1.40 PM **Later... with Jools Holland**
3.50 **Pointless**
4.50 **Gardeners' World**
7.25 **Pointless** Double bill of the quiz show in which contestants try to score the fewest points possible by giving the least obvious correct answers to questions. Hosted by Alexander Armstrong and Richard Osman.
9.25 **Later... with Jools Holland** The host welcomes The Neville Brothers and Nu Colours.
10.30 With Dwight Yoakam, k.d. lang, The Rockingbirds and Loudon Wainwright III.
11.35 **Gardeners' World** Double bill. Monty Don and his team of horticultural experts offer viewers at home more gardening tips, from their base in Monty's garden Longmeadow, in Herefordshire.
2.10 AM **Pointless**
3.55 **Later... with Jools Holland**
4.45 **to 6.00** AM **Gardeners' World**

+1 hour 266 376

ID

154 141 166

8.00 AM **Murder in the Heartland**
9.00 **Reasonable Doubt**
11.00 **Mean Girl Murders**
1.00 PM **Evil Online**
3.00 **Crimes Gone Viral**
5.00 **Betrayed** The murder of a vivacious single mother.
6.00 The case of Susan Smith, who became an FBI informant to protect her children from her husband's criminal friends.
7.00 **Caught in the Net** The murder of a 14-year-old girl in Michigan.
8.00 The case of Erica Crippen Crosby, who disappeared from her home in New Jersey.
9.00 **Faking It: Tears of a Crime** When Mark Galante told police his wife Jody was missing, they noticed his lack of concern. Experts analyse the actions that marked him out as a killer.
10.00 **American Monster**
11.00 **Before They Kill Again**
12.00 M'T **Murder Under the Friday Night Lights** Double bill.
2.00 AM **Betrayed** Double bill.
4.00 **to 6.00** AM **Caught in the Net**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **HMS Ark Royal**
9.00 **World's Greatest Motorcycle...**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Shed and Buried: Classic Cars** Henry and Fuzz take on a risky Triumph Spitfire.
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **World's Greatest Motorcycle...**
4.00 **Last Chance Garage**
5.00 **Richard Hammond's Big**
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Holden Bros. Restos**
9.00 **Car Fix** New editions
10.00 **World's Greatest Motorcycle Rides** Henry embarks on his 3,000-mile ride to Cape Town.
11.00 **Shed and Buried**
12.00 M'T **Holden Bros. Restos**
1.00 AM **Shed and Buried: Classic...**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Trans Am**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.10 AM **The Cinema List: Family Favourites**
7.25 **Rebellious** As 5.15am.
9.05 **The Wild Robot** Animation with the voice of Lupita Nyong'o. (2024, U, 102min) ★★★★
11.00 **Old Guy** As shown at 6.15pm.
12.40 PM **A Nice Indian Boy** (2024)
2.30 **The Front Room** As 9.45pm.
4.15 **Speak No Evil** As 11.35pm.
6.15 **Old Guy** Action comedy starring Christoph Waltz. (2024, 15, 94min) ★★★

6.15 Old Guy

8.00 A Nice Indian Boy Romantic comedy starring Karan Soni and Jonathan Groff. A traditional Indian family come to terms with the fact their son is planning to marry his white artist boyfriend (2024, 12, 96min)

9.45 The Front Room Horror thriller starring Brandy Norwood. A newly pregnant couple take in the man's estranged stepmother, who has dangerous and controlling parenting methods. (2024, 15, 94min)

11.35 **Speak No Evil** Horror thriller. (2024, 15, 110min) ★★★★
1.35 AM **Mob Cops** Crime drama. (2024, 15, 87min) ★
3.15 **Poison** Drama with Tim Roth. (2024, PG, 86min) ★★★★
4.50 **The Cinema List: British Sky Originals**
5.15 **to 7.00** AM **Rebellious** Animated fantasy adventure. (2024, PG, 94min)

Sky Cinema Blockbusters

303 303 403 503 517

6.35 AM **The Lego Movie 2: The Second Part** As 5.55am.
8.25 **The Cinema List: Westerns**
8.45 **Bob Marley: One Love** Biopic. (2023, 12, 104min) ★★★
10.35 **Oppenheimer** Epic biopic. (2023, 15, 180min) ★★★★★
1.45 PM **A Star Is Born** Drama. (2018, 15, 136min) ★★★★★
4.10 **Mad Max: Fury Road** Thriller. (2015, 15, 120min) ★★★★★
6.20 **A Quiet Place: Day One** Horror. (2024, 15) ★★★★

8.00 Dune: Part Two

8.00 Dune: Part Two Sci-fi drama sequel starring Timothée Chalamet. On the desert planet Arrakis, freedom fighters Paul and Chani galvanise the Fremen to strike down murderous conspirators against the Atreides dynasty. With Zendaya, Rebecca Ferguson and Austin Butler. (2024, 12, 166min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 Ghostbusters: Frozen Empire Supernatural comedy adventure sequel starring Paul Rudd. (2023, 12, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **Jerry Maguire** Comedy drama starring Tom Cruise. (1996, 15, 139min) ★★★★
3.05 **Layer Cake** Gangster thriller. (2004, 15, 105min) ★★★★
4.55 **Sky Cinema Preview**
5.55 **to 7.50** AM **The Lego Movie 2: The Second Part** Animation. (2019, U, 107min) ★★★★

Sky Cinema Drama

310 310 410 510 524

6.00 AM **Nineteen Nineteen** (1984)
7.40 **The Man Who Knew Too Much**
9.45 **Oh! What a Lovely War** (1944)
12.10 PM **The Man Who Shot Liberty Valance** As 2.10am.
2.15 **The Man Who Knew Too Much** Classic Hitchcock thriller. (1956, PG, 120min) ★★★★
4.20 **Ben-Hur** Multi-Oscar-winning epic starring Charlton Heston. (1959, PG, 212min) ★★★★★

8.00 The Sons of Katie Elder Western with John Wayne, Dean Martin, Michael Anderson Jr and Earl Holliman. Four brothers reunite to find their father's killers. (1965, U, 122min) ★★★
10.05 Oh! What a Lovely War Satirical anti-war musical presenting the madness and horror of World War One through a show on Brighton's West Pier. Stars Ralph Richardson, Laurence Olivier, John Mills and John Gielgud. (1969, PG, 144min) ★★★★

12.30 AM **Nineteen Nineteen** Period drama. (1984, 15, 99min) ★★★
2.10 **The Man Who Shot Liberty Valance** Vintage Western. (1962, b/w, U, 122min) ★★★★★
4.30 **The Cinema List: The 90s**
5.00 **to 6.50** AM **North Hollywood** Comedy drama. (2021, 15) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.20 AM **Biosphere** As 11.15pm.
8.10 **The First Purge** Horror thriller prequel. (2018, 15, 98min) ★★
9.50 **Children of Men** Sci-fi thriller. (2006, 15, 109min) ★★★★★
11.45 **The Woman in Black** Chiller. (2012, 12, 91min) ★★★★
1.25 PM **The Woman in Black: Angel of Death** Horror chiller sequel. (2014, 15, 95min) ★★★
3.10 **Sick** Horror. (2022, 18) ★★★

4.40 The Adjustment Bureau Romantic sci-fi thriller. (2011, 12, 105min) ★★★★
6.30 Lovely, Dark, and Deep Horror chiller. (2023, 15, 87min) ★★★
8.00 The Nun Horror starring Taissa Farmiga and Demián Bichir. A troubled priest and a novice nun discover a religious order's terrible secret. With Jonas Bloquet. (2018, 15, 96min) ★★★
9.40 A Quiet Place Horror starring Emily Blunt and John Krasinski. (2018, 15, 90min) ★★★★

11.15 **Biosphere** Sci-fi comedy drama. (2022, 15, 106min) ★★★
1.05 AM **Sick** As shown at 3.10pm.
2.35 **Lovely, Dark, and Deep** (2023)
4.10 **AfrAId** Sci-fi horror thriller. (2024, 15, 84min) ★★
5.40 **to 7.35** AM **The Frighteners** Horror comedy. (1996, 15) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.00 AM **Beethoven's 2nd** (1993)
7.35 **Daddy Day Camp** (2007)
9.10 **Problem Child** As 2.05am.
10.35 **Beethoven** As 3.35am.
12.10 PM **Batteries Not Included** Fantasy. (1987, PG) ★★★★
2.00 **Hook** Fantasy adventure. (1991, U, 140min) ★★★
4.25 **Peter Rabbit 2: The Runaway** Adventure sequel. (2021, U, 93min) ★★★
6.10 **Bean** Comedy spin-off. (1997, PG, 90min) ★★★

4.25 Peter Rabbit 2

7.45 Cats & Dogs Fantasy comedy with the voices of Tobey Maguire, Alec Baldwin and Sean Hayes. (2001, PG, 87min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.20 Harold and the Purple Crayon Family adventure starring Zachary Levi. A character who lives in a hand-drawn world tumbles into the present day as a flesh-and-blood man. (2024, PG, 87min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.55 Beethoven's 2nd Family comedy sequel starring Charles Grodin. (1993, U, 89min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Daddy Day Camp** Comedy sequel. (2007, PG, 88min) ★★
2.05 **Problem Child** Comedy. (1990, PG, 81min) ★
3.35 **Beethoven** Family comedy. (1992, U, 87min) ★★★
5.05 **Sky Cinema Preview**
5.45 **to 7.35** AM **Batteries Not Included** As 12.10pm.

Sky Cinema Action

307 307 407 507 521

6.20 AM **Blood for Dust** (2023)
8.05 **Retribution** Action thriller. (2023, 12, 91min) ★★
9.40 **The Three Musketeers: Milady** Adventure. (2023, 12) ★★★★
11.40 **The Mechanic** Action thriller. (2011, 15, 93min) ★★
1.20 PM **2 Fast 2 Furious** Thriller. (2003, 12, 108min) ★★★
3.15 **Shazam!** Comedy adventure. (2019, 12, 132min) ★★★★
5.30 **Aquaman** Fantasy adventure. (2018, 12, 143min) ★★★

5.30 Aquaman

8.00 Godzilla Hollywood remake of the classic Japanese monster movie, starring Matthew Broderick, Jean Reno and Maria Pitillo. A giant mutant lizard heads for Manhattan, leaving a trail of disaster in its wake. (1998, PG, 139min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 Mission: Impossible Brian De Palma's action thriller based on the cult 1960s TV series, starring Tom Cruise, Jon Voight and Emmanuelle Béart. (1996, PG, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **King of Killers** Action thriller. (2023, 15, 92min) ★
2.00 **Blood for Dust** Action thriller. (2023, 15, 98min) ★★★
3.45 **Once Upon a Time in Mexico** Thriller with Antonio Banderas. (2003, 15, 102min) ★★★
5.35 **to 7.05** AM **High Heat** Action comedy with Olga Kurylenko. (2022, 15, 84min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.05 AM **Linoleum** As 2.20pm.
7.55 **See No Evil, Hear No Evil** Comedy thriller with Richard Pryor. (1989, 15, 107min) ★★★
9.45 **Avanti!** As shown at 1.05am.
12.15 PM **Blended** Romantic comedy. (2014, 12, 117min) ★★
2.20 **Linoleum** Sci-fi drama. (2022, 12, 101min) ★★★
4.10 **Crazy Rich Asians** Comedy. (2018, 12, 120min) ★★★★
6.15 **Hope Springs** Comedy drama. (2012, 12, 98min) ★★★

9.50 The Naked Gun

8.00 Beetlejuice Beetlejuice Horror comedy sequel starring Michael Keaton. The mischievous demon is summoned once more when Delia Deetz returns to the close-knit community of Winter River. (2024, 12, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 The Naked Gun Spoof thriller with Leslie Nielsen. LA's most inept detective uncovers a heroin smuggling ring and foils an assassination attempt on Queen Elizabeth II. (1988, 15, 85min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 Please Don't Destroy: The Treasure of Foggy Mountain Comedy. (2023, 15) ★★★
1.05 AM **Avanti!** Romantic comedy. (1972, 15, 144min) ★★★
3.40 **The Accidental Husband** Comedy. (2008, 12, 86min) ★
5.20 **to 7.10** AM **Weird Science** Teen fantasy comedy. (1985, 12, 94min) ★★★

Sky Cinema Thriller

309 309 409 509 523

7.15 AM **The Perfect Storm** Action drama. (2000, 12) ★★★★
9.30 **Jack Reacher** Action thriller. (2012, 15, 130min) ★★★
11.45 **Gloria** Crime thriller. (1980, 15, 121min) ★★★★
1.50 PM **Jack Reacher: Never Go Back** Action thriller sequel. (2016, 12, 118min) ★★★
4.00 **The Equalizer 3** Thriller. (2023, 15, 109min) ★★★
5.55 **Murder by Numbers** Thriller. (2002, 15, 120min) ★★★

10.35 Along Came a Spider

8.00 The Da Vinci Code Thriller based on Dan Brown's novel, starring Tom Hanks and Audrey Tautou. A Harvard professor and a French cryptographer solve a series of clues about the true nature of the Holy Grail while fleeing from the police and a murderous albino monk. (2006, 12, 149min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

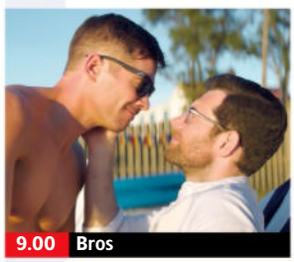
10.35 Along Came a Spider Thriller starring Morgan Freeman. A forensic psychologist is called in to solve a kidnapping case. (2001, 15, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **The Best Man** Thriller. (2023, 15, 93min) ★★
2.10 **Rashomon** Japanese drama. (1950, b/w, 12) ★★★★★
3.45 **Rumble Through the Dark** Thriller. (2023, 15, 116min) ★★★
5.50 **to 7.55** AM **A Place Called Silence** Chinese thriller. (2024, 15, 119min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Roman Holiday** Vintage romantic comedy. (1953, b/w, U, 118min) ★★★★★
1.20 PM **The Iron Petticoat** Comedy starring Bob Hope. (1956, U, 96min) ★★★
3.15 **Cat Ballou** Spoof Western. (1965, PG, 96min) ★★★★
5.20 **River of No Return** Western. (1954, PG, 91min) ★★★
7.10 **Daddy's Home** Comedy. (2015, 12, 96min) ★★★



9.00 Bros

Daddy's Home (film started at 7.10pm) 8 PM
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Bros Romantic comedy starring Billy Eichner and Luke Macfarlane. Two men with commitment problems attempt a relationship. With Guy Branum, Miss Lawrence and TS Madison. (2022, 15, 115min) ★★★★ 9 PM
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 Alita: Battle Angel Sci-fi adventure starring Rosa Salazar and Christoph Waltz. In the 26th century, cyborg Alita is repaired by a kindly technician with a dark secret. (2019, 12, 117min) ★★★★ 10 PM
1.40 **to 3.40** AM **Fragments of Paradise** Documentary chronicling the life and work of filmmaker Jonas Mekas. (2022, 15, 98min) ★★★★ 11 PM

+1hour 314 430 47 301 257

Sky Cinema Romance

302 302 402 502 516

6.00 AM **Sweethearts** As 5.30am.
7.45 **Turtles All the Way Down**
9.45 **Am I OK?** As 1.50am.
11.15 **Mamma Mia! Here We Go Again** Romantic musical sequel. (2018, PG, 114min) ★★★★
1.15 PM **Shakespeare in Love** Oscar-winning romantic comedy. (1998, 15, 122min) ★★★★
3.25 **The Holiday** Romantic comedy. (2006, 12, 135min) ★★★

5.45 **P.S. I Love You** Romantic comedy drama starring Hilary Swank and Gerard Butler. (2007, 12, 121min) ★★★
8.00 **Ghost** Romantic fantasy thriller starring Patrick Swayze and Demi Moore. A New York banker killed by a mugger returns as a ghost to warn his jeopardised lover. (1990, 12, 127min) ★★★★
10.10 **What Happens Later** Romantic comedy starring Meg Ryan and David Duchovny. (2023, 15, 99min) ★★★

12.00 M'T **She Came to Me** Comedy drama. (2023, 15) ★★★★
1.50 AM **Am I OK?** Comedy drama. (2022, 15, 86min) ★★★
3.30 **Turtles All the Way Down** Drama. (2024, 12) ★★★★
5.30 **to 7.15** AM **Sweethearts** Comedy. (2024, 15, 94min) ★★★

Sky Cinema Greats

304 304 404 504 518

7.20 AM **Cries and Whispers** (1972)
9.00 **Love Story** As 12.35am.
10.50 **Robin Hood: Prince of Thieves** Adventure starring Kevin Costner. (1991, PG, 138min) ★★
1.15 PM **A League of Their Own** Comedy drama with Tom Hanks. (1992, PG, 124min) ★★★★
3.25 **...And Justice for All** Satirical black comedy starring Al Pacino. (1979, 15, 119min) ★★★

5.25 **Scent of a Woman** Coming-of-age drama starring Al Pacino and Chris O'Donnell. (1992, 15, 157min) ★★★★
8.00 **Birdy** Drama starring Nicolas Cage and Matthew Modine. (1984, 15, 120min) ★★★★
10.10 **The Great Gatsby** F Scott Fitzgerald's melancholy tale of a rich bootlegger and his romantic obsession with a woman from his past. Stars Robert Redford and Mia Farrow. (1974, 12, 146min) ★★★

12.35 AM **Love Story** Romantic drama. (1970, PG, 100min) ★★★★
2.25 **Cries and Whispers** Drama. (1972, 18, 106min) ★★★★★
4.10 **Sky Cinema Preview**
4.50 **to 6.55** AM **Do the Right Thing** Spike Lee's comedy drama. (1989, 15, 120min) ★★★★★

Sky Cinema Animation

305 305 412 500 514

6.20 AM **Little Vampire** As 12.15am.
7.50 **Turbo** Animated comedy. (2013, U, 92min) ★★★★
9.30 **Home** Animated adventure. (2014, U, 94min) ★★★
11.10 **Madagascar 3: Europe's Most Wanted** Animated sequel. (2012, PG, 93min) ★★★★
12.50 PM **PAW Patrol: The Mighty Movie** Animated adventure. (2023, U, 92min) ★★★

2.25 **The Pirates! In an Adventure with Scientists** (2012, U) ★★★★
4.00 **Monsters vs Aliens** Animation. (2009, PG, 90min) ★★★
5.40 **The Adventures of Tintin: The Secret of the Unicorn** Animation. (2011, PG) ★★★★★
7.30 **Trolls** Animation. (2016, U) ★★★
9.10 **Under the Boardwalk** Animation. (2023, PG) ★★★
10.40 **The Swan Princess** Animated musical. (1994, U, 89min) ★★★
12.15 AM **Little Vampire** Animation. (2020, PG, 85min) ★★★

1.45 **Batman: Return of the Caped Crusaders** Animated adventure. (2016, PG, 78min) ★★★★
3.10 **Mavka: The Forest Song** Animation. (2023, PG) ★★
4.55 **to 6.20** AM **Lego DC Comics Super Heroes: The Flash** Animation. (2018, U) ★★★

Movies 24

312 313 419

7.00 AM **Our Take on Love** Drama. (2022, PG, 87min) ★★
9.00 **Junebug** Fantasy drama. (2024, PG, 84min) ★★
11.00 **A Priceless Love** Romantic drama. (2022, PG, 85min) ★★
1.00 PM **Planning on Forever** Romantic comedy drama. (2022, PG, 89min) ★★
3.00 **Perfect Harmony** Romantic comedy. (2022, PG, 84min) ★★

5.00 **Romantic Friction** Romantic comedy. (2023, PG, 90min) ★★
7.00 **Dare to Say Yes** Romantic drama starring Amy Douglass. (2023, PG, 87min) ★★
9.00 **An American in Austen** Romantic comedy starring Eliza Bennett. A Jane Austen fan is transported into the world of *Pride and Prejudice*, and tries to avoid changing the plot. (2024, PG, 84min) ★★
11.00 **Inspiring Love** Romantic drama. (2023, PG, 85min) ★★

1.00 AM **Two Tickets to Paradise** Drama starring Ashley Williams. (2022, PG, 84min) ★★
3.00 **to 5.00** AM **The Journey Ahead** Comedy starring Holly Robinson Peete. (2022, PG, 102min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Juggernaut** Thriller. (1936, b/w, PG, 71min) ★★★
7.15 **The Large Rope** Crime thriller. (1953, b/w, PG, 72min) ★★★
8.40 **Women without Men** Drama. (1956, b/w, PG, 80min) ★★
10.10 **Four Star Theatre** 27/31. (S2)
10.40 **Clash by Night** Thriller. (1963, PG, 76min) ★★★
12.10 PM **Someone at the Door** Thriller. (1950, b/w, PG, 75min) ★

1.25 **The Durant Affair** Drama. (1962, b/w, U, 73min) ★★★
2.45 **The Dark Road** Crime drama. (1947, b/w, PG, 80min) ★
4.15 **Look at Life**
4.25 **The Beverly Hillbillies** (S2)
4.55 **Scotland Yard** 16/39. (S1)
5.30 **Dixon of Dock Green** (S22)
6.30 **Out of Town**
7.00 **The Footage Detectives**
8.00 **Public Eye** 10/13. (S6)
9.05 **Ship of Fools** Drama based on Katherine Anne Porter's novel. (1965, b/w, PG, 149min) ★★★★

12.00 M'T **What a Crazy World** Musical. (1963, b/w, PG) ★★★
1.45 AM **Element of Doubt** Thriller. (1996, 15, 100min) ★★
3.55 **Vintage Wine** Farcical comedy. (1935, b/w, 12, 81min) ★★★
5.25 **to 6.00** AM **The Life and Legend of Wyatt Earp**

MONDAY Sport

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans** News and views on today's early stories, a look at the back pages, a tip on today's racing and a sporting weather forecast.
10.00 **Sky Sports News**
12.00 NOON **Lunchtime Live**
2.00 PM **Sports Desk**
5.00 **Sports Centre** A round-up of the sports news with analysis and comments, plus extended interviews with headline makers.
5.15 LIVE **Baller League** Coverage from the 11th round of the UK-based version of the six-a-side football league staged at Copper Box Arena in London. Each match will consist of two halves that are 15 minutes long, and the last three minutes of each half will be played under 'gamechanger rules' such as 'threeplay', which will see the teams reduced to three-a-side.
8.00 **Sky Sports News** Round-up of the evening's news, with live analysis and comment, plus interviews with headline-makers.
12.00 M'T **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
10.00 **Premier League Years**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **PL Retro** Manchester United v Tottenham Hotspur in 1998/99.
3.00 **Premier League 100 Club**
4.00 **Premier League Icons**
5.00 **Premier League Highlights** Brentford v Crystal Palace.
5.30 Action from Brentford v Tottenham Hotspur.
6.00 Highlights from Brighton & Hove Albion v Crystal Palace.
6.30 Action from Brighton & Hove Albion v Newcastle United.
7.00 Highlights of Brighton & Hove Albion v Nottingham Forest.
7.30 Chelsea v Aston Villa.
8.00 **Gary Neville's Soccerbox**
9.00 **MNF: Wayne Rooney Special**
9.30 **Transfer 360** Nemanja Vidic.
10.00 **Class of '92: Full Time**
11.00 **Premier League Icons**
12.00 M'T **Premier League Legends**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **Premier League 100 Club**
5.30 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Cup Retro** From 2016.
8.45 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **EFL Rivalries**
12.00 NOON **Championship Retro**
2.00 PM **EFL Rivalries** East Midlands.
2.30 **EFL Greatest Games**
4.00 **EFL Cup** Action from Liverpool v Manchester City in the 2016 final.
5.00 **EFL Greatest Games** Peterborough United v Southampton at London Road.
5.15 LIVE **Baller League** Coverage from the 11th round of the UK-based version of the six-a-side football league staged at Copper Box Arena in London. Each match will consist of two halves that are 15 minutes long, and the last three minutes of each half will be played under 'gamechanger rules' such as 'threeplay', which will see the teams reduced to three-a-side.
11.00 **EFL Greatest Games**
12.00 M'T **EFL** Reading v Swansea City.
1.00 AM West Ham v Blackpool in a 2011/12 play-off final.
2.00 **EFL Rivalries** East Anglian Derby.
2.30 **EFL Greatest Games**
4.00 **to 6.00** AM **Championship Retro**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **Best of England v Windies**
6.30 **Talking Cricket** Windrush.
7.00 **Best of ICC WT20**
7.30 **Best of England v Windies**
8.00 **One-Day International Cricket**
11.00 **Best of ICC WT20**
11.30 **The Boy from Baracara**
12.00 NOON **Talking Cricket**
12.30 PM **Best of ICC WT20**
1.00 **Women's One-Day International Cricket**
2.00 **One-Day International Cricket**
3.00 **Best of England v Windies**
3.30 **Talking Cricket** Windrush.
4.00 **Women's One-Day International Cricket**
5.00 **One-Day International Cricket**
6.00 **Best of ICC WT20**
6.30 **The Boy From Baracara**
7.00 **Best of England v Windies**
8.00 **One-Day International Cricket**
9.00 **Best of England v Windies**
10.30 **One-Day International Cricket**
11.30 **The Boy from Baracara**
12.00 M'T **Best of ICC WT20**
12.30 AM **ODI Cricket** Highlights.
1.30 **Best of England v Windies**
2.30 **Women's One-Day International Cricket**
3.30 **Best of ICC WT20**
4.00 **to 6.00** AM **Best of England v Windies**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **PGA Tour**
11.30 **US Women's Open**
4.30 PM **Golf Academy**
5.30 **HotelPlanner Tour Golf**
6.00 **Rose Ladies Series** Action from Southport and Ainsdale Golf Club.
6.30 **DP World Tour** A review of the Austrian Alpine Open.
7.00 **PGA Tour**
8.00 **US Women's Open** Action from day four of the second Major of the year at Erin Hills, Wisconsin.
9.00 **DP World Tour** A review of the Austrian Alpine Open.
9.30 **PGA Tour** Highlights from all four days of the Memorial Tournament staged at Muirfield Village Golf Club in Dublin, Ohio.
10.30 **US Women's Open** Action from day four of the second Major of the year at Erin Hills, Wisconsin.
11.30 **DP World Tour** A review of the Austrian Alpine Open.
12.00 M'T **PGA Tour**
1.00 AM **US Women's Open**
3.00 **to 6.00** AM **PGA Tour**

TNT Sports 1

410 413 521 408 430

6.00 AM **No Filter Football**
6.15 **UEFA Conference League Goals Reload** Recent action.
6.30 **UCI Mountain Bike World Series** In Loudervielle, France.
7.30 **Men's Cycling Pro Series**
8.30 **Cycling: Men's Giro d'Italia**
9.30 **Court Side** Day nine preview.
10.00 LIVE **French Open Tennis** Coverage of the second day of round four of the tournament at Stade Roland Garros in Paris.
4.00 PM LIVE **French Open Tennis** Further coverage of day two of round four of the tournament at Stade Roland Garros in Paris.
7.00 LIVE **French Open Tennis** Concluding coverage of the second day of the fourth round of the tournament staged at Stade Roland Garros in Paris.
11.00 **Fight Week** UFC 316 preview.
11.45 **UEFA Conference League Goals Reload** Goals from the quarter-finals, semi-finals and final.
12.00 M'T **NBA Tip-Off**
1.00 AM LIVE **NBA** Coverage of a Conference final match.
3.30 **Inside the NBA**
4.30 **NBA on Fire** The latest news.
5.00 **to 6.00** AM **WNBA**

TNT Sports 2

411 414 522 409 431

6.00 AM **Gallagher Premiership Rugby Union** Recent action.
11.00 **Motocross World Championship** Action from MX2 and MXGP races in Teutschenthal.
2.00 PM **MLB Highlights**
3.00 **MLB: Off the Bat**
3.30 **Premier League Stories** A look at the rivalry between Liverpool and Manchester United.
4.30 **The Fantasy Show**
5.00 **UEFA Europa League & Conference League Magazine**
6.00 LIVE **Ultimate Pool** Coverage from Group One of the Pairs Cup, as some of the country's leading eightball players battle it out for places in the next stage.
9.30 **Miracle of Istanbul**
10.30 **UEFA Champions League** A chance to see Paris Saint-Germain v Inter Milan in the final.
12.00 M'T LIVE **MLB Cincinnati Reds v Milwaukee Brewers.** Coverage of the National League Central match at Great American Ball Park. Start-time 12.10am.
3.15 AM **No Filter Football**
3.30 **French Open Tennis**
5.00 **to 6.00** AM **FIM Speedway Grand Prix Highlights**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Super League** Leigh Leopards v Catalans Dragons from the magic weekend staged at St James' Park in Newcastle.
8.30 Hull Kingston Rovers v Salford Red Devils from the magic weekend at St James' Park.
10.45 **Super League** St Helens v Leeds Rhinos from the magic weekend at St James' Park in Newcastle.
1.15 PM Huddersfield Giants v Hull FC staged at St James' Park.
3.45 **Super League** Wigan Warriors v Warrington Wolves from the magic weekend at St James' Park.
6.00 Castleford Tigers v Wakefield Trinity from the magic weekend at St James' Park.
8.30 **Super League** Another chance to see Leigh Leopards v Catalans Dragons in the magic weekend at St James' Park in Newcastle.
11.00 A chance to see Hull Kingston Rovers v Salford Red Devils staged at St James' Park.
1.15 AM **Super League** St Helens v Leeds Rhinos at St James' Park.
3.45 **Fight Night** Another chance to see Natasha Jonas v Lauren Price.
4.45 Claressa Shields v Savannah Marshall from October 2022.
5.45 **to 6.00** AM **Darts Gold**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **EFL Highlights** Leyton Orient v Stockport County.
6.30 Notts County v AFC Wimbledon at Meadow Lane.
7.00 Stockport County v Leyton Orient from Edgeley Park.
7.30 Charlton Athletic v Wycombe Wanderers from the Valley.
8.00 Action from Charlton Athletic v Leyton Orient in the League One play-off final.
9.00 **Good Morning Sports Fans** News and views on today's early stories, a look at the back pages, a tip on today's racing and a sporting weather forecast.
10.00 **Sky Sports News**
12.00 NOON **Lunchtime Live**
2.00 PM **Sports Desk**
5.00 **Sports Centre**
7.00 **Sky Sports News** Round-up of the sports news, with live analysis and comment, plus extended interviews with headline-makers.
10.30 **Back Pages Tonight** The sports headlines in tomorrow's papers.
11.00 **Sky Sports News**
12.00 M'T **Super League** Huddersfield Giants v Leigh Leopards.
2.45 AM Another chance to see Hull Kingston Rovers v St Helens.
5.30 **to 6.00** AM **EFL Greatest Games**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **US Open Classic Matches**
7.00 **Tie Break Tens** Eisenhower Cup.
8.00 **ATP Tennis** Recent highlights.
11.00 **WTA Tennis** Texas Open final.
12.00 NOON **ATP Tennis** A recent final.
1.00 PM **WTA Tennis** Highlights.
2.00 **WTA All Access**
2.30 **ATP Tennis** Santiago Open final.
3.30 **WTA Tennis** Texas Open final.
4.30 **ATP Tennis** Acapulco Open final.
5.30 **WTA Tennis** Charleston Open.
6.30 **Tennis** Internazionali BNL d'Italia.
7.00 **ATP Tour This Week**
7.30 **Tie Break Tens** Eisenhower Cup.
8.30 **ATP Tennis** The Monte-Carlo Masters singles final in Monaco.
9.30 **ATP Tennis** Acapulco Open final.
10.30 **WTA Tennis** Charleston Open.
11.30 **WTA All Access**
12.00 M'T **US Open Classic Matches**
2.00 AM **Tie Break Tens**
3.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 3

413 415 523 410 432

6.00 AM **AFL** Three match replays.
10.30 **Isuzu UTE A-League**
11.30 **UEFA Champions League**
1.00 PM **NBA** A Conference final.
2.30 **WNBA** A replay of New York Liberty v Connecticut Sun.
3.30 **FIM Speedway Grand Prix**
4.30 **UCI Mountain Bike World Series**
5.30 **Cycling: Men's Giro d'Italia**
6.30 **MLB: Off the Bat**
7.00 **NBA** A Conference final.
8.30 **IFSC Climbing World Cup Highlights** From Denver, USA.
9.30 **ABB FIA Formula E World Championship Highlights**
11.30 **The WRC Magazine**
12.00 M'T **AFL** A replay of Brisbane Lions v Essendon Bombers.
1.30 AM A replay of Collingwood Magpies v Hawthorn Hawks.
3.00 A chance to see Gold Coast Suns v Fremantle Dockers.
4.30 **Champions League Classics**
5.00 **to 6.00** AM **UEFA Documentaries**

TNT Sports 4

414 416 524 411 434

6.00 AM **WRC: More Than Machine**
7.00 **Porsche Supercup**
8.00 **French Open Tennis**
9.30 **Court Side** Analysis ahead of the ninth day of the French Open.
10.00 LIVE **French Open Tennis** Coverage of the second day of round four of the tournament at Stade Roland Garros in Paris.
5.00 PM LIVE **French Open Tennis** Further coverage of day two of round four of the tournament at Stade Roland Garros in Paris.
8.00 **The WRC Magazine**
8.30 **No Filter Football**
8.45 **UEFA Conference League Goals Reload** Recent action.
9.00 **Fight Week** UFC 316 preview.
9.45 **WNBA** Liberty v Sun.
10.45 **No Filter Football**
11.00 **French Open Tennis**
12.30 AM **UFC** Blanchfield v Barber.
3.30 **IFSC Climbing World Cup**
4.30 **Isuzu UTE A-League**
5.30 **to 6.00** AM **Ally's Social Club**

Premier Sports 1

419 551

6.00 AM **Ultimate Karting Championship** Recent action.
9.00 **Transworld Sport** Magazine.
10.00 **UK Independent Kart Racing**
11.30 **World Surf League**
12.30 PM **MotorSport**
1.30 **PSA Squash Highlights**
2.30 **Scottish Rally Championship**
3.00 **British Minibikes** Action from the second round of the season.
4.00 **Euro Le Mans Highlights**
5.00 **Transworld Sport** Magazine.
6.00 **LaLiga Highlights**
7.00 **DTM Highlights**
8.00 **Michelin Le Mans Cup**
8.30 **URC in 60** The quarter-finals.
9.30 **PSA Squash Highlights**
10.30 **UK Independent Kart Racing** The third round of the season.
12.00 M'T **World Surf League**
1.00 AM **LaLiga Highlights**
2.00 **DTM Highlights**
3.00 **Motorsport Highlights**
4.00 **PSA Squash Highlights**
5.00 **to 6.00** AM **URC in 60**

Premier Sports 2

420 552

6.00 AM **NASCAR** Cracker Barrel 400.
10.00 **FastZone** Motorsports highlights.
10.30 **GP Confidential**
11.00 **United Rugby Championship** Highlights from the third and fourth quarter-finals.
3.00 PM **Bike World** Magazine.
3.30 **GP Confidential** All the latest Formula One news.
4.00 **Top 14 Rugby Union** Action from the French top flight.
6.00 **FastZone** Motorsports highlights show covering everything from prototypes to endurance racing.
6.30 **United Rugby Championship** A replay of Glasgow Warriors v Stormers in the first quarter-final.
8.30 Bulls v Edinburgh in the second quarter-final.
10.30 **Temples of Sport**
11.00 **Coppa Italia** A chance to see Bologna v AC Milan in the final.
1.00 AM LIVE **NHL Ice Hockey** Coverage of a play-off match.
4.00 **to 6.00** AM **Football's Greatest**

Sky Sports Mix

416 412 510 429 449

6.00 AM **DP World Tour Golf**
11.00 **US Women's Open Golf**
12.00 NOON **Formula 1** From Spain.
1.00 PM **Women's One-Day International Cricket**
2.00 **EFL Greatest Games**
3.00 **Fight Night** Jonas v Price.
4.00 **Formula 1** Spanish Grand Prix.
5.00 **PL Greatest Games**
5.15 LIVE **Baller League** Coverage from the 11th round of the season at Copper Box Arena in London.
11.00 **US Women's Open Golf** Action from day four of the second Major of the year at Erin Hills, Wisconsin.
12.00 M'T **PGA Tour Golf**
1.00 AM **DP World Tour Golf**
1.30 **PL Greatest Games**
2.00 **One-Day International Cricket**
3.00 **EFL Greatest Games**
4.00 **ATP Tennis** Acapulco Open final.
5.00 **to 6.00** AM **PGA Tour Golf**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** From Spain.
10.30 **British GT Championship**
11.30 **Formula 1** Spanish Grand Prix.
2.00 PM **The F1 Show** A race preview.
3.00 **Formula 1** Recent highlights.
6.30 **Chasing the Dream**
6.50 **Lando Norris IV**
7.00 **Formula 1** Spanish Grand Prix.
9.15 **Formula 1** Season highlights.
9.30 **Chasing the Dream**
9.50 **F1 Academy Driver Doriane Pin IV** An interview.
10.00 **GT World Challenge Europe**
12.00 M'T **Formula 1** From Spain.
1.00 **to 6.00** AM **The Home of F1**

Tuesday

3 June

Evening Planner

Tuesday

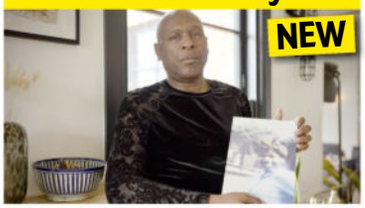
Football

Women's Nations League

ITV1, kick-off 6pm

Leah Williamson leads the Lionesses out against world champions Spain in their final group game held in Barcelona.

Documentary



Lockerbie: Our Story

BBC2, 9pm

One-off documentary looking at the real stories of some of the victims who lost their lives in the bombing of Pan Am 103.

Drama

What It Feels Like for a Girl

BBC3, 9pm & 9.45pm (box set, iPlayer)

Coming-of-age drama about a teenager desperate to escape their home town – based on the memoir by Paris Lees.

Crime Drama

The Rookie

Sky Witness, 9pm

Nathan Fillion returns for a seventh season, and LAPD's oldest recruit is starting to feel the effects of his age.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Sort Your Life Out with Stacey Solomon		9.00 Who Do You Think You Are?		10.00 News; Local News	10.40 What...
	102 BBC2	7.00 Inside the High...	7.30 Nigella's Cook...	8.00 Springwatch		9.00 Lockerbie: Our Story		10.00 QI	10.30 Newsnight
	103 ITV1	‹ 5.30 UEFA Women's Nations League – Live			8.20 Midsomer Murders				10.20 News; Local News
	104 CHANNEL 4	7.00 News		8.00 Bake Off: The Professionals		9.00 24 Hours in A&E		10.00 Celebrity Gogglebox	
	105 5	7.00 The Yorkshire Vet: At Home with the...		8.00 Reuben Owen: Life in The Dales		9.00 Faking It			10.15 Ben Fogle: New Lives in...
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 A League of Their Own: Mexican...		9.00 Big Zuu and AJ Tracey's Rich Flavours		10.00 Never Mind the Buzzcocks	
ENTERTAINMENT	115 BBC3	7.00 Top Gear		8.00 Gavin & Stacey		9.00 What It Feels Like for a Girl			10.30 Him & Her
	116 BBC4	7.00 Great British...	7.30 Wainwright...	8.00 The Good Life	8.30 Yes, Minister	9.00 Simon Schama's Power of Art		10.00 Storyville: The Jackal Speaks	
	118 ITV2	7.00 Deal or No Deal		8.00 Ant & Dec's Limitless Win		9.00 The 1% Club		10.00 Plebs	
	136 MORE4	‹ 6.55 Car S.O.S.		7.55 Kirstie and Phil's Love It or List It		9.00 Matt Baker's British Isles		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Below Deck Down Under		9.00 Celebrity Gogglebox		10.00 First Dates	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 FBI: Most Wanted		9.00 The Rookie		10.00 The Cleaning Lady	
	108 SKY ATLANTIC	‹ 6.50 Billions		7.55 Game of Thrones		9.00 Gomorrah			
	110 U&GOLD	7.00 The Good Life	7.40 Only Fools and Horses	8.20 Dad's Army		9.00 Still Open All Hours	9.40 Harry Enfield's...		10.20 Absolutely Fabulous
	111 U&DAVE	7.00 Would I Lie to You?...	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	7.00 Heartbeat		8.00 Vera				10.00 Grantchester	
	120 ITV4	‹ 6.55 The Motorbike Show		7.55 Beat the Chasers		9.00 Isle of Man TT		10.00 Wrestling: AEW Collision	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: The Longest Yard			
	139 SKY SCI-FI	7.00 Blood & Treasure		8.00 Stargate Universe		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 A League of Their Own: Mexican...		9.00 Big Zuu and AJ Tracey's Rich Flavours		10.00 Never Mind the Buzzcocks	
	109 U&ALIBI	7.00 Shakespeare & Hathaway		8.00 Death in Paradise				10.00 I, Jack Wright	
	130 SKY ARTS	7.00 Opry Live		8.00 Discovering: Helen Mirren		9.00 My Week with Lubaina Himid		10.00 Blue Road: The Edna O'Brien Story	
	132 U&W	7.00 999 Rescue Squad		8.00 Don't Hate Your House with the...		9.00 First Responders		10.00 Nurses Down Under	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers: Dream Car		8.00 Scrap Kings		9.00 Gold Rush: White Water		10.00 Gold Rush: Mine Rescue with Freddy...	
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 The Zoo				10.00 Alaska: Surviving the Last Frontier	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Hitler Youth				10.00 Erased: WWII Heroes of Colour	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Storage Hunters		9.00 Greatest Escapes of WWII		10.00 History's Greatest Mysteries	
	155 U&YESTERDAY	7.00 Bangers & Cash		8.00 Canal Boat Diaries		9.00 Bangers & Cash: Restoring Classics		10.00 Bangers & Cash	
	121 SKY DOCS	7.00 Forced Out				9.00 Elizabeth Taylor: The Lost Tapes			
FILMS – Sky Cinema	301 PREMIERE	‹ 6.00 Speak No Evil		8.00 Old Guy				9.45 A Different Man	
	302 ROMANCE	‹ 5.45 Phantom Thread		8.00 Eternal Sunshine of the Spotless Mind				10.00 Far and Away	
	303 BLOCKBUSTERS	‹ 5.15 Dune: Part Two		8.00 Ghostbusters: Frozen Empire				10.00 A Star Is Born	
	304 GREATS	‹ 6.15 Planes, Trains and Automobiles		8.00 National Lampoon's Animal House				10.00 We're No Angels	
	305 ANIMATION	‹ 5.40 Trolls...	7.20 Penguins of Madagascar			9.00 The Wild Thornberrys Movie			10.30 Mavka: The...
	306 FAMILY		7.10 The Flintstones		8.45 The Flintstones in Viva Rock Vegas				10.20 Goosebumps 2...
	307 ACTION	‹ 6.00 Kong: Skull Island		8.00 Terminator Salvation				10.00 Mission: Impossible II	
	308 COMEDY	‹ 6.15 Mr Deeds		8.00 HouseSitter				9.45 The Naked Gun 2½: The Smell of Fear	
	309 THRILLER	‹ 6.05 Trap		8.00 Angels & Demons					10.25 Rumble Through...
	310 DRAMA	‹ 6.10 Dunkirk		8.00 Horizon: An American Saga – Chapter 1					
	311 SCI-FI	‹ 6.05 The Nun II		8.00 Star Trek Beyond				10.05 Zombieland	
	313 FILM4	‹ 5.55 Le Mans '66				9.00 Infinite			
SPORT	401 MAIN EVENT	‹ 12.30 One-Day International Cricket – Live: England v West Indies				9.00 Sky Sports News		10.00 News at Ten	10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 Premier League Highlights		8.00 Gary Neville's Soccerbox		9.00 Newcastle...	9.30 Transfer 360	10.00 Class of '92: Full Time	
	403 FOOTBALL	‹ 6.00 EFL Cup Retro			8.45 EFL Greatest Games		9.30 The Great...	10.00 SPFL...	10.30 SPFL: Old...
	404 CRICKET	‹ 12.30 One-Day International Cricket – Live: England v West Indies				9.00 Ashes Greats	9.30 Best of...	10.00 IPL	
	410 TNT SPORTS 1	7.00 Roland Garros – Live: Further coverage from the first day of the quarter-finals							
	411 TNT SPORTS 2	7.00 European Rally...	7.30 Porsche Supercup		8.30 T100 Triathlon World Tour Highlights		9.30 Fight Lab	10.00 Playing for Our Future	

‹ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

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Tuesday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Expert Witness** (S)(R)(AD)
11.15 **Homes Under the Hammer** New edition From Wimbledon, Sunderland and Doncaster. (S)(AD)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Doorbell Detectives** New edition 2/5. Footage of a parcel thief. (S)
2.30 **Scam Interceptors** (S)(R)
3.00 **Escape to the Country** New edition A couple search for a property in Herefordshire. (S)
3.45 **Garden Rescue** (S)(R)
4.30 **Bridge of Lies** New edition (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Who Do You Think You Are?

7 PM

7.00 **The One Show** Clara Amfo and Alex Jones present the topical show. (S)
7.30 **EastEnders** Peter acts on impulse, Kat and Alfie get into a predicament, while Cindy prepares for The Albert re-launch. (S)(AD)

8 PM

8.00 **Sort Your Life Out with Stacey Solomon** Stacey and the team help single mum Rachel and her two daughters declutter their home. They find 103 old planks of wood, 277 medals and over 800 pieces of fabric. (S)(R)(AD)

9 PM

9.00 **Who Do You Think You Are?** New edition 7/8. Singer Will Young delves into his family history, hearing about his grandfather's bravery during World War Two and discovering an ancestral link to one of history's great villains. (S)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **NEW TO BBC1 What It Feels Like for a Girl** 1/8. Coming-of-age drama with Ellis Howard. A rebellious teenager leaves their small, working-class home town in favour of Nottingham's underworld club scene. (S1) (S)
11.25 **What It Feels Like for a Girl** New episode 2/8. Byron roams Nottingham in search of Max. *Previously shown on BBC3.* (S1) (S)
12.10 AM **Ambulance** A stabbing leaves a man fighting for his life. (S)(R)
1.10 **The Hit List** Contestants include Kéllé Bryan, Brenda Edwards and Angela Scanlon. (S)(R)
1.55 **Weather for the Week Ahead** (S)
2.00 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.30 AM **Money for Nothing** (S)(R)
7.15 **Escape to the Country** (S)(R)
8.00 **Sign Zone: Extraordinary Portraits with Bill Bailey** (S)(R)(AD)
8.30 **Sign Zone: Alison Hammond's Big Weekend** Luke Evans. (S)(R)(AD)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **The Edge** Quiz show. (S)(R)
1.45 **Lightning** Game show. (S)(R)
2.15 **Unbeatable** Quiz show. (S)(R)
3.00 **Murder, Mystery and My Family** A 1927 shooting case. (S)(R)(AD)
3.45 **Waterhole: Africa's Animal Oasis** 2/3. Documentary. (S)(R)
4.45 **Villages by the Sea** (S)(R)
5.15 **Flog It!** From Bristol. (S)(R)
6.00 **Richard Osman's House of Games** Game show. (S)(R)
6.30 **Clive Myrie's Italian Road Trip** 7/15. Clive visits Lazio. (S)(R)

9.00 Lockerbie: Our Story

7.00 **NEW Inside the High Street Cyber-Attacks** A look inside the recent cyber-attacks that shook the British high street. (S)
7.30 **Nigella's Cook, Eat, Repeat** Nigella Lawson shares recipes featuring anchovies. (S)(R)(AD)

8.00 **Springwatch** New edition 6/12. Featuring the latest updates from the nest cameras onsite at the Longshaw Estate, plus Iolo Williams is live from the Rathlin Island Seabird Centre. (S)
■ Continues tomorrow

9.00 **NEW Lockerbie: Our Story** Documentary in which families and loved ones tell the deeply personal stories of six victims of the terrorist attack on the passenger jet over the Scottish town of Lockerbie in 1988. *See feature, page 20.* (S)(AD)

10.00 **QI** 16/17. A selection of the best moments from 'U' series, with Sandi Toksvig, Alan Davies and their guests. (S)(R)
10.30 **Newsnight** (S)
11.00 **ODI Cricket Highlights** England v West Indies: Action from the third and final match of the series, held at the Kia Oval in London. (S)
11.45 **FILM In the Loop** Satirical political comedy starring Peter Capaldi, Tom Hollander and James Gandolfini. (S)(AD) (2009, 15, 105min) ★★★★
1.30 AM **Sign Zone: Interior Design Masters with Alan Carr** (S)(R)(AD)
2.30 **Sign Zone: Scandinavia with Simon Reeve** Iceland. (S)(R)(AD)
3.30 **to 6.30** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **James Martin's Midweek Menu** New edition The chef presents a masterclass in making custard and serves classic French cuisine for his guest Lisa Snowdon. (S)
3.00 **Lingo** Word-based quiz. (S)(R)
4.00 **Tipping Point** Game show. (S)(R)
5.00 **Local News** (S)
5.15 **ITV News** (S)
5.30 **LIVE Football: UEFA Women's Nations League** Spain v England: All the action from both teams' concluding match in Group A3, held at RCDE Stadium in Barcelona. Kick-off is at 6.00. (S)

5.30 Women's Nations League

LIVE Football: UEFA Women's Nations League (started at 5.30pm)

8.20 **Midsomer Murders** *The Point of Balance:* A touring dance extravaganza comes to Midsomer, but nobody sees the vicious rivalries and long-running feuds that are brewing behind the scenes – at least not until they erupt into murder. Guest stars Nigel Havers and Christopher Timothy, as well as former *Strictly Come Dancing* stars Cassidy Little, Faye Tozer, Danny Mac, Natalie Gumede and Tom Chambers. (S)(R)(AD)

10.20 **ITV News** (S)
10.50 **Local News** (S)
11.05 **It'll Be Alright on the Night** Out-takes from *Strictly Come Dancing*, *Blankety Blank* and *Coronation Street*. (S)(R)(AD)
12.00 M'T **British Touring Car Championship Highlights** Action from Snetterton. (S)(R)
1.15 AM **Teleshopping**
3.00 **Fake** 5/8. (S1) (S)(SL)(R)(AD)
3.45 **Unwind with ITV** (S)
5.00 **to 6.00** AM **Alan Titchmarsh's Gardening Club** (S)(SL)(R)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 13-16/25. (S6) (S)(R)
8.10 **The King of Queens** (S)(R)(AD)
9.10 **Frasier** 20-23/24. (S10) (S)(R)(AD)
11.10 **Celebrity Undercover Boss USA** With gymnast Gabby Douglas. (S)(R)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Narrow Escapes** New edition Boat instructor Emily helps out solo cruiser Anita. (S)(AD)
5.00 **Chateau DIY** Alison and Zion experience teething problems with their old digger. (S)(R)(AD)
6.00 **A New Life in the Sun: Where Are They Now?** New edition In the Dordogne, Chris and James have plans to expand their restaurant and bar outdoors. (S)

9.00 24 Hours in A&E

7.00 **News** (S)

8.00 **Bake Off: The Professionals** New edition 2/10. The teams are challenged to serve up 24 identical French desserts and 24 fruit tarts. They then have five hours to create a showpiece inspired by a Japanese garden. (S)(AD)

9.00 **24 Hours in A&E** New edition Two patients are admitted with multiple injuries following a high-speed car crash, and a 45-year-old man is in resus after falling three metres from a ladder and fracturing his ankle. (S)(AD)

10.00 **Celebrity Gogglebox** A rolling cast of famous faces critique shows including *The Masked Dancer, Dirty Dancing, Naked Attraction, Ramsay's 24 Hours to Hell and Back* and *Tom Allen's Quizness*. (S)(R)(AD)
11.05 **NEW Diddy in Plain Sight: Untold** Documentary looking at why the allegations against music mogul Sean 'Diddy' Combs remained hidden for so long. (S)(AD)
12.05 AM **Gogglebox** (S)(SL)(R)(AD)
1.00 **Ramsay's Kitchen Nightmares USA** From Washington. (S)(SL)(R)
1.55 **Changing Rooms** (S)(R)(AD)
2.50 **The Supervet** (S)(SL)(R)(AD)
3.45 **Devon and Cornwall** (S)(R)(AD)
4.40 **Jamie's Comfort Food Bites** (R)
4.50 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 **Murder 101: A Gabbi Luck Mystery** Drama starring Jackée Harry and Mea Wilkerson. (S)(R)
4.00 **Bargain-Loving Brits in the Sun** New edition Bambi reveals a new rural lifestyle, while singer Laura-Elen has a trial gig at a Fuengirola bar. (S)
5.00 **News** (S)
6.00 **Dogs Behaving (Very) Badly** Dog trainer Graeme Hall deals with two dachshunds who have become enemies. (S)(R)
6.55 **News** (S)

8.00 Reuben Owen: Life in the...

7.00 **The Yorkshire Vet: At Home with the Greens** 2/4. Jean gets to see her farm from above when Peter Wright takes her on a helicopter ride. (S)(R)
7.55 **News** (S)

8.00 **Reuben Owen: Life in the Dales** New edition With winter approaching, the time comes for Reuben and his crew to learn new skills to use in the colder weather. (S)

9.00 **Faking It** Series finale 3/3. Painter and decorator Craig swaps his rural home in Scotland for the bright lights of London and trades his paint rollers for blusher brushes as he tries to become a high-fashion make-up artist in just one month. (S)
10.15 **Ben Fogle: New Lives in the Wild** Ben meets British-born actor Rhona Mitra, who left Hollywood behind to live alone in a remote valley in Uruguay. (S)(R)

11.15 **Inside the Force 24/7** (S)(R)
12.15 AM **Motorway Cops: Catching Britain's Speeders** (S)(R)(AD)
1.15 **PlayOJO Live Casino Show** (S)
3.00 **Friends** (S5) (S)(R)
4.00 **Dogs Behaving (Very) Badly** A pug that starts screaming at the sight of a vehicle. (S)(R)
4.35 **The Wonderful World of Chocolate** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S8) (S)(R)
11.00 **Africa's Hunters** (S)(R)(AD)
12.00 NOON **The Flash** (S7) (S)(R)
1.00 PM **Hawaii Five-0** (S6) (S)(R)
3.00 **SEAL Team** (S1) (S)(R)(AD)
4.00 **S.W.A.T.** 9/21. (S3) (S)(R)(AD)
5.00 **The Simpsons** *The Fat and the Furriest:* Homer is filmed fleeing from a wild bear and becomes a local laughing stock. (S)(R)
5.30 *Homer's Adventure Through the Windshield Glass:* Homer crashes his car. (S)(R)
6.00 **The Office (US)** 24/28. Andy tries to become Jim's confidant in Pam's absence. (S)(R)
6.30 25/28. The Michael Scott Paper Company's low prices hit profits. (S5) (S)(R)

6.00 The Office (US)

7.00 **The Simpsons** *Today I Am a Clown:* Homer is given his own talk show. (S)(R)
7.30 *Marge v Singles, Seniors, Childless Couples and Teens, and Gays:* Marge tries to halt a campaign against children. (S)(R)

8.00 **A League of Their Own: Mexican Road Trip** 4/6. The gang explore the city of La Paz, where they have to photograph a sea lion colony while scuba diving. (S)(R)(AD)

9.00 **Big Zuu and AJ Tracey's Rich Flavours** Series finale 3/3. The duo explore New York's most expensive and outrageous dishes and immerse themselves in the culture and customs of the city. (S)
10.00 **Never Mind the Buzzcocks** Shaggy, Rosie Jones and Example join the regulars on the music quiz. (S)(R)(AD)
10.45 With guests Maisie Peters, Lethal Bizzle and James Buckley. (S)(R)(AD)

11.30 **Brassic** 2/8. Chinese Dan agrees to give his retired racing greyhound to Cardi, and the gang spot a money-making opportunity and hatch a plan to get the dog racing again. (S4) (S)(R)(AD)
12.30 AM **The Force: North East** (R)
1.30 **Road Wars** (S)(R)
3.00 **SEAL Team** (S1) (S)(R)(AD)
4.00 **S.W.A.T.** (S3) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
12.10am Scotcast (S)(R)
12.40 Ambulance (S)(R)
1.40 The Hit List (S)(R)
2.25 Weather for the Week Ahead (S) **2.30-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm Spotlight (S)
11.10 What It Feels Like for a Girl (S)(R)(AD) **12.45am** Ambulance (S)(R) **1.45-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
1.45pm First Minister's Questions (S) **2.45** Lightning (S)(R) **3.15** Unbeatable (S)(R) **4.00** Murder, Mystery and My Family (S)(R)(AD) **4.45** Waterhole: Africa's Animal Oasis (S)(R) **5.45** Villages by the Sea (S)(R) **6.15** LIVE Match of the Day Wales (S) **8.30** Springwatch New edition (S) **9.30-10.30pm** NEW Lockerbie: Our Story (S)(AD)

ITV1

As main ITV1 except:
WALES
8.20pm Wales This Week New edition (S) **9.20** Welsh Lives (S)(R) **9.50-10.20** Backstage (S)(R) **11.05pm-12.00m't** Sharp End (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Gwyliau Gartref (AD) **12.30** Heno **1.00** Ffermio **1.30** Ffermio **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Iolo: Natur Bregus Cymru (AD) **4.00** Y Tralalas **4.05** Awr Fawr **5.00** Stwnsh **6.00** Ceffylau Cymru **6.30** Cymry ar Gynfas **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm (AD) **8.25** Rownd a Rownd (AD) **8.55** Newyddion a'r Tywydd **10.00** Pêl-Droed Rhyngwladol **11.00pm-12.05am** Hewlfa Drysor (AD)

TV&Satellite week
New issue on sale today

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Top Gear** Celebrating the 40th anniversary of the Ferrari Daytona.
7.55 **The Catch Up**
8.00 **Gavin & Stacey** 3/6. Smithy worries about seeing Nessa again. **8.30** 4/6. Everyone gathers in Billericay as Pete and Dawn renew their vows. (S3)
9.00 NEW SERIES **What It Feels Like for a Girl** 1/8. Coming-of-age drama with Ellis Howard, A rebellious teenager leaves a small, working class home town in favour of Nottingham's underworld club scene. **9.45** New episode 2/8. Byron roams Nottingham in search of Max, and they find belonging among a group of hedonistic misfits. *See feature, page 7.* (S1)
■ Entire series on BBC iPlayer
10.30 **Him & Her** 1&2/7. (S2)
11.30 **I Kissed a Boy** 7&8/10.
1.05 AM **Top Gear** As 7.00pm.
2.05 **My Mate's a Bad Date**
2.25 **to 4.00** AM **What It Feels Like for a Girl**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
10.25 **A New Life in the Sun**
11.30 **Heir Hunters**
12.30 PM **Come Dine with Me** Five editions of the culinary contest from Leeds.
3.10 **Four in a Bed** Five editions of the B&B challenge.
5.50 **Car S.O.S** Fuzz Townshend and Tim Shaw visit Rochdale to take on the challenge of restoring a 1953 Riley RMF. **6.55** Fuzz and Tim attempt to breathe new life into a 1973 Porsche 911 Targa.
7.55 **Kirstie and Phil's Love It or List It** Kirstie and Phil meet a family in Cullercoats in North Tyneside who are divided on whether they should move renovate their current property instead
9.00 NEW SERIES **Matt Baker's British Isles** 1/4. Matt explores the four nations of the UK. In the first edition, he meets the Kent resident teaming up with one of the world's most prestigious champagne houses.
10.00 **24 Hours in A&E** Focusing on the lengths the staff go to in the line of duty.
11.05 **999: On the Front Line** A rare stomach condition leaves a patient in agony.
12.10 AM **Matt Baker's British Isles** As shown at 9.00pm.
1.15 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Great British Railway Journeys** Michael visits Bangor and Betws-y-Coed.
7.30 **Wainwright Walks: Coast to Coast** Julia Bradbury walks from Richmond to the North York Moors.
8.00 **The Good Life** Tom tries to market his garden produce – with disastrous results.
8.30 **Yes, Minister** Hacker's cost-cutting scheme has the support of the prime minister.
9.00 **Simon Schama's Power of Art** Focusing on Jacques-Louis David's painting *The Death of Marat.*
10.00 NEW **Storyville: The Jackal Speaks** The story of Ilich Ramirez Sanchez, also known as Carlos the Jackal.
11.30 **Bernardine Evaristo: Never Give Up – Imagine**
12.45 AM **How the Wild West Was Won with Ray Mears**
1.45 **Wainwright Walks: Coast to Coast** As 7.30pm.
2.15 **Great British Railway Journeys** As 7.00pm.
2.45 **to 3.45** AM **Simon Schama's Power of Art**

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Kitchen Nightmares USA**
9.00 **The Simpsons**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons** *Bull-E:* Homer gets arrested for bullying Ned Flanders.
7.00 **Hollyoaks** Mercedes uncovers a haunting letter.
7.30 **The Simpsons** *Singin' in the Lane:* Homer and his friends decide to re-form their old bowling team.
8.00 **Below Deck Down Under** New edition The crew reel and band together in the wake of a serious event.
9.00 **Celebrity Gogglebox** Famous faces appraise *Scarface, Us* and *First Dates.*
10.00 **First Dates** Diners looking for love include a teaching assistant and a musician who is shy with the ladies.
11.05 **Gogglebox**
12.10 AM **The Big Bang Theory**
1.10 **The Simpsons**
1.40 **Brooklyn Nine-Nine**
2.35 **The Goldbergs**
3.25 **Below Deck Down Under**
4.15 **Ramsay's Kitchen Nightmares USA**
5.05 **to 6.00** AM **Modern Family**

+1 hr 235/236 306 30 123 256

Tuesday primetime

TUESDAY Entertainment

Tuesday

Sky Witness

107 107 110 341 356

6.00 AM **Road Wars**
7.00 **Brit Cops: Frontline Crime UK**
8.00 **Border Patrol**
9.00 **Border Security: Canada's Front Line** Double bill.
10.00 **Bondi Rescue**
11.00 **Stop, Search, Seize**
12.00 NOON **The Good Doctor** (S5)
1.00 PM **The Rookie: Feds** (S1)
2.00 **FBI** 3/19. A female presidential candidate is under threat. (S2)
3.00 **Caught on Dashcam**
5.00 **Caught Red Handed**
6.30 **Nothing to Declare**

9.00 The Rookie

7 PM

7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 FBI: Most Wanted *Hollow:* 4/13. The Task Force investigate a spate of crimes against indigenous women. (S5)

9 PM

9.00 NEW SERIES The Rookie *The Shot:* 1/18. John continues the hunt for two dangerous escaped inmates. (S7)

10 PM

10.00 The Cleaning Lady *Trust:* 10/12. Thony questions her alliances, and Garrett zeroes in on a suspect in Maya's death. (S2)
11.00 **Bull** 1/16. (S5)
12.00 M'T **FBI** 5/15. (S3)
1.00 AM **FBI: Most Wanted** (S5)
2.00 **The Equalizer** New episode
3.00 **The Good Doctor** 3/18. (S5)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **Stop, Search, Seize**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
8.00 **The Sopranos** 2&3/13. (S2)
10.10 **Billions** 9&10/12. (S5)
12.20 PM **Game of Thrones** (S4)
1.25 **Accidentally Famous: The Story of 883** 3&4/8. (S1)
3.35 **The Sopranos** 2&3/13. (S2)
5.45 **Billions** 9/12. Chuck reckons with his failures and his father's mortality. **6.50** 10/12. Axe makes a surprise announcement, and Chuck sticks his nose in the Mase Carb financials. (S5)

7.55 Game of Thrones

7 PM

7.55 Game of Thrones *The Mountain and the Viper:* 8/10. Tyrion's fate is decided as Oberyn Martell and Gregor Clegane clash in his trial by combat. (S4)

8 PM

9 PM

9.00 Gomorrah *The Man of the House:* 3/12. Pietro orders the gang to destroy the Nigerian crack dealers.

10 PM

10.00 Gomorrah *African Blood:* 4/12. Imma takes charge in Pietro's absence, and Genny begins to assert himself. Subtitled. (S1)
11.00 **Homicide: Life on the Street** Part one of three. A body is found in a hotel's toilets. (S6)
12.00 M'T **The Undoing** 4/6. (S1)
1.00 AM **The Wire** 2/10. (S5)
2.05 **The Pacific** 9/10. (S1)
3.10 **Game of Thrones** (S4)
5.10 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S6)
8.00 **The Flash** 16/18. (S7)
9.00 **Stargate SG-1** (S8)
11.00 **Supergirl** 6/22. (S4)
12.00 NOON **The Flash** 17/18. (S7)
1.00 PM **Hawaii Five-0** (S6)
3.00 **SEAL Team** 13/22. (S1)
4.00 **S.W.A.T.** 9/21. (S3)
5.00 **Supergirl** 5/22. Colonel Haley makes a surprise decision. (S4)
6.00 **Stargate SG-1** 11/20. A duplicate of Colonel Carter approaches Stargate Command, imploring them to help her to defeat a foe. (S8)

9.00 Big Zuu and AJ Tracey's...

7 PM

7.00 Stargate SG-1 *Prometheus Unbound:* 12/20. The *Prometheus* is stolen while responding to a distress call. (S8)

8 PM

8.00 A League of Their Own: Mexican Road Trip 4/6. Jamie, Jill, Micah and Mo explore the city of La Paz.

9 PM

9.00 Big Zuu and AJ Tracey's Rich Flavours Series finale 3/3. The duo explore New York's most outrageous dishes.

10 PM

10.00 Never Mind the Buzzcocks With Shaggy, Rosie Jones and Example. **10.45** With guests Maisie Peters, Lethal Bizzle and James Buckley.
11.30 **Brassic** 2/8. Chinese Dan agrees to give his retired racing greyhound to Cardi. (S4)
12.30 AM **The Force: North East** The hunt is on for a missing boy.
1.30 **Road Wars** Double bill.
3.00 **SEAL Team** 13/22. (S1)
4.00 **S.W.A.T.** 9/21. (S3)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **Totally Bonkers Guinness World Records** Double bill.
10.00 **Dress to Impress**
12.00 NOON **Dinner Date**
1.00 PM **Deal or No Deal**
2.00 **Ant & Dec's Limitless Win**
3.00 **Hart of Dixie** 21/22. Rose and Max set Zoe up on a date. (S2)
4.00 **Gilmore Girls** 21/22. Richard and Emily throw a party. (S7)
5.00 **Dress to Impress**
6.00 **Celebrity Catchphrase** With James Buckley, Mark Labbett and Mwaksy Mudenda.

10.00 Plebs

7 PM

7.00 Deal or No Deal Stephen Mulhern hosts as a contestant takes on the Banker for the chance to win life-changing cash.

8 PM

8.00 Ant & Dec's Limitless Win 3/6. Postman David and his partner Aaron get their chance to face the Limitless Ladder.

9 PM

9.00 The 1% Club Quiz show hosted by comedian Lee Mack in which the questions are all about logic and common sense.

10 PM

10.00 Plebs 5/9. The boys try to infiltrate a local firm of chariot hooligans. **10.30** 6/9. The boys begin an archaeological dig. (S5)
11.05 **Family Guy** 9&3/23. (S10)
12.00 M'T **American Dad!** (S7)
1.00 AM **Bob's Burgers** (S12)
2.00 **Plebs** 5&6/9. (S5)
3.00 **Teleshopping**
4.30 **Unwind with ITV**
5.00 **Teleshopping**
5.30 **to 6.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Where the Heart Is**
9.20 **Agatha Christie's Poirot**
10.30 **The Royal** As 1.55am.
11.35 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Agatha Christie's Poirot**
4.55 **Downton Abbey** 2/9. Mary takes an interest in the running of the estate. (S4)
6.00 **Heartbeat** *Family Matters:* Miller is presented with a tough decision by armed men.

7.00 Heartbeat

7 PM

7.00 Heartbeat *England Expects:* A burglar escapes from prison and returns to Aidensfield. Guest stars George Cole.

8 PM

8.00 Vera *Blue:* DCI Vera Stanhope finds herself investigating both sides of the thin blue line in order to find the killer of a young police officer.

9 PM

10 PM

10.00 Grantchester 3/6. A heartbroken Sidney agrees to help a parishioner prepare for her wedding. (S1)
11.00 **Grantchester** 4/6. (S1)
11.55 **Cracker** 2/7. (S1)
1.00 AM **Where the Heart Is**
1.55 **The Royal** *Cometh the Hour, Cometh the Man:* The new administrator takes over the reins from Mr Middleditch.
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **LIVE Women's International Football** Netherlands v Scotland: Coverage of both teams' concluding UEFA Nations League Group A1 match at Koning Willem II Stadion, Tilburg. Kick-off is at 7.30.
9.45 **Growing Up Scottish** Comedians and entertainers reflect on Scottish art.
10.00 **Lockerbie: Our Story** The families of six Lockerbie bombing victims tell their loved ones' stories.
11.00 **Scotcast** New edition Discussion on Scotland's biggest news stories.
11.30 PM **to 12.00** M'T **Martin Compston's Scottish Fling** 5/6. Martin and Phil MacHugh travel through the Central Belt.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **High Maintenance**
9.10 **The Conners** (S1&2)
10.10 **Entourage** (S3)
11.15 **Insecure** 10/10. (S5)
12.05 PM **Barry** 1/8. (S1)
12.45 **Ballers** 9&10/10. (S2)
2.00 **Entourage** (S3)
3.05 **High Maintenance** (S3)
4.15 **Insecure** 10/10. (S5)
5.05 **Barry** 1/8. (S1)
5.40 **The Office (US)** (S5)
6.40 **The Conners** (S1&2)
7.40 **Ballers** 9/10. Vernon pushes himself. **8.20** 10/10. Charles gets a big opportunity. (S2)
9.00 **And Just Like That...** *Outlook Good:* 1/12. The friends navigate the reality of life, love and relationships. (S3)
10.00 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
11.00 **Maisie Adam: Appraisal**
12.20 AM **Barry** (S4)
1.40 **High Maintenance** (S3)
3.00 **to 5.00** AM **The Comeback**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **South Bank Show**
7.00 **Fragile: A Concert for Uncertain Times**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Landscape...**
1.00 PM **Tales of the...**
2.00 **Cold War & Cinema**
3.00 **The Directors**
4.00 **Discovering**
5.00 **Landscape Artist 2024**
6.00 **Tales of the Unexpected**
7.00 **Opry Live**
8.00 **Discovering**
9.00 **My Week with Lubaina Himid** New edition
10.00 **NEW Blue Road: The Edna O'Brien Story**
12.00 M'T **Mae West: Dirty Blonde**
1.15 AM **Alec Guinness: A Class Act**
3.15 **The Strange Case of Dr Jekyll and Mr Hyde**
5.00 **to 6.00** AM **National Treasures**

Sky Mix

151 158 135 11 141 23

7.00 AM **Border Security: Canada's Front Line**
8.00 **Nothing to Declare**
10.00 **UK Border Force**
11.00 **Border Security: Canada's Front Line**
12.00 NOON **Road Wars**
1.00 PM **Border Patrol**
2.00 **UK Border Force**
3.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S4)
6.00 **Stargate Atlantis** (S5)
7.00 **Star Trek: Voyager** *Nightingale:* 8/26. Kim captains a damaged Kraylor ship. (S7)
8.00 **Star Trek: Deep Space Nine** *Vortex:* 12/20. (S1)
9.00 **FBI: Most Wanted** (S4)
10.00 **FBI: International** (S2)
11.00 **Grimm** 8/22. (S3)
12.00 M'T **Nothing to Declare**
2.00 AM **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Be

131/132 125 119 28 119 22

6.00 AM **Unwind**
6.25 **The Only Way Is Essex**
7.40 **Buying the View**
8.10 **Georgia and Tommy...**
9.10 **Gary Barlow's Food...**
10.10 **The Real Housewives of Miami** Reality series.
11.10 **The Real Housewives of New York City**
12.05 PM **Georgia and Tommy: Baby Steps**
1.05 **The Only Way Is Essex**
2.10 **Dinner Date**
3.10 **Vacation House Rules**
4.05 **The Real Housewives of Miami** Reality series.
6.00 **Buying and Selling**
7.00 **Gary Barlow's Food and Wine Tour: Australia**
8.00 **Dinner Date**
9.00 **Botched** Double bill.
10.55 **Totally Unbelievable: Holiday Hotspots**
11.55 **The Only Way Is Essex**
12.55 AM **Drama Queens**
2.40 **The Singles Table**
5.10 **Backyard Builds**
5.35 **to 6.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S2)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 8/13. (S2)
12.00 NOON **Sue Thomas: F.B.Eye** 17/19. (S2)
1.00 PM **Hart to Hart** (S2)
2.00 **Father Dowling Mysteries** 13/13. (S2)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 15-18/24. (S2)
9.00 **Randall and Hopkirk (Deceased)** *The Man from Nowhere:* 15/26. Jeannie meets a man claiming to be Marty's reincarnation. (S1)
10.00 **The New Avengers** *The Gladiators:* 12/13. (S2)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S2)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Derby Through the Years** Memorable stagings.
6.15 **Minder**
7.15 **The Professionals**
8.20 **Dempsey and Makepeace**
9.20 **Magnum, PI**
10.20 **Kojak**
11.30 **Isle of Man TT**
12.30 PM **The Chase** Quiz show.
1.30 **Dempsey and Makepeace**
2.35 **Magnum, PI**
3.35 **Kojak**
4.45 **Minder**
5.50 **The Professionals**

7.55 Beat the Chasers

6.55 **The Motorbike Show** Henry and Guy reveal their Norton redesign to Norton boss Stuart Garner.
7.55 **Beat the Chasers** Bradley Walsh hosts as contestants from across the UK take on the quiz experts in the hopes of winning big money.
9.00 **Isle of Man TT** Highlights of the first Superstock TT race, as riders competed in arguably the purest discipline during TT week.
10.00 **Wrestling: AEW Collision** Hard-hitting action, featuring stars including FTR, Thunder Rosa, Jon Moxley, Bryan Danielson and Miro.
12.00 M'T **Minder**
1.00 AM **Isle of Man TT**
1.55 **Auto Mundial**
2.20 **Motorsport Mundial**
2.45 **Unwind with ITV**
3.00 **Teleshopping**
5.00 **to 5.30** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S2)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 5/26. (S6)
2.00 **Blood & Treasure** 11/13. (S1)
3.00 **Stargate Universe** 16/20. (S2)
4.00 **Star Trek: Voyager** 14/26. The crew find a way home. (S5)
5.00 **Star Trek: The Next Generation** 5/26. (S6)
6.00 **Star Trek: Enterprise** 16/26. The crew find a human corpse on a deserted craft. (S2)

9.00 Grimm

7.00 **Blood & Treasure** *Return of the Queen:* 11/13. Danny and Lexi are led all the way to the Bermuda Triangle. (S1)
8.00 **Stargate Universe** *The Hunt:* 16/20. Lt Johansen and Corp Reynolds are kidnapped by an alien creature. (S2)
9.00 **Grimm** *Skin Deep:* 15/22. A once-beautiful woman ages 70 years overnight before dying. (S5)
10.00 **The Walking Dead** *Some Guy:* 4/16. Negan's latest weapon causes a huge problem for Rick and his allies. (S8)
11.00 **Wynonna Earp** 10/12. The Widows and their paralysing poison plague grow in power.
12.00 M'T 11/12. Companions become enemies after a wish goes awry. (S2)
1.00 AM **The Ark** 11&12/12. Double bill of the sci-fi drama. (S2)
3.00 **Blood & Treasure** As 7.00pm.
4.00 **to 6.00** AM **Most Haunted US**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S18)
9.00 **Father Brown**
10.00 **The Coroner** 2/10. (S1)
11.00 **Hudson & Rex** 4/16. (S2)
12.00 NOON **Shakespeare & Hathaway: Private Investigators** 1/10. (S2)
1.00 PM **Death in Paradise** (S8)
2.00 **Murdoch Mysteries** (S18)
4.00 **The Coroner** 2/10. (S1)
5.00 **Hudson & Rex** 4/16. (S2)
6.00 **Father Brown** *The Tanganyika Green:* The sleuthing priest investigates the murder of a Colonial Postal Service officer.

6.00 Father Brown

7.00 **Shakespeare & Hathaway: Private Investigators** 1/10. A pampered dog runs away from a life of luxury. (S2)
8.00 **Death in Paradise** *Beyond the Shining Sea – Part One:* 5/8. A festival queen is found murdered.
9.00 **Death in Paradise** *Murder on the Airwaves:* 7/8. A radio presenter is murdered live on air. With Richard Blackwood. (S8)
10.00 **I, Jack Wright** *Testament:* 6/6. Sally faces the wrath of Arnaud, while Rose shocks Bobby by taking a huge risk. (S1)
11.05 **Father Brown** As 6.00pm.
12.05 AM **Shakespeare & Hathaway: Private Investigators**
1.05 **Elementary** 17/24. A homicide is picked up by a cutting-edge gunshot detection system. (S5)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.15 AM **Highlights**
9.00 **My Hero**
9.40 **Hi-de-Hi!**
10.20 **Only Fools and Horses**
11.00 **Last of the Summer Wine**
12.20 PM **The Green Green Grass**
1.00 **My Hero**
1.40 **Dad's Army**
2.20 **Only Fools and Horses**
3.00 **Hi-de-Hi!**
3.40 **Last of the Summer Wine**
5.00 **The Green Green Grass**
5.40 **Hi-de-Hi!**
6.20 **The Good Life**

10.20 Absolutely Fabulous

7.00 **The Good Life** Tom and Barbara's difficulties are dwarfed by those of Jerry.
7.40 **Only Fools and Horses** The Trotters attend Grandad's funeral – and meet a long-lost uncle.
8.20 **Dad's Army** A major decides Jones is too old to be in the Home Guard.
9.00 **Still Open All Hours** Granville and Gastric act as marriage counsellors.
9.40 **Harry Enfield's Television Programme** With forgetful pub landlord Les Norris.
10.20 **Absolutely Fabulous** The Monsoons visit Paris. Guest stars Sacha Distel.
11.00 **Live at the Apollo**
12.05 AM **Harry Enfield's...**
12.45 **Still Open All Hours**
1.25 **Absolutely Fabulous**
2.00 **Live at the Apollo**
2.55 **My Hero**
3.25 **to 4.00** AM **Harry Enfield's Television Programme**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Cops on the Rock**
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Cape Carnage: Killer Catch**
12.00 NOON **Storage Hunters UK**
2.00 PM **Our Guy in Japan**
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers' Asian Adventure** Dave Myers and Si King visit South Korea as they end their culinary journey.
6.00 **Rick Stein's Long Weekends** The seafood chef pays a visit to Copenhagen, the home of New Nordic cuisine.

5.00 The Hairy Bikers' Asian...

7.00 **Would I Lie to You? The Unseen Bits** Extra material from the comedy panel show.
7.40 **Richard Osman's House of Games** With Helen George and Cally Beaton.
8.20 With Miles Jupp, Chizzy Akudolu, Amol Rajan and Ellie Taylor.
9.00 **QI XL** Sandi Toksvig, Janet Street-Porter and Johnny Vegas join regular panellist Alan Davies and host Stephen Fry.
10.00 **Have I Got a Bit More News for You** Martin Clunes hosts the satirical quiz, with guests Lyse Doucet and Chloe Petts.
11.00 **8 Out of 10 Cats**
11.50 **Mock the Week**
12.30 AM **Would I Lie to You?**
1.10 **Would I Lie to You? The Unseen Bits** As 7.00pm.
1.50 **Orlando Bloom: To the Edge**
3.05 **to 4.00** AM **Hate Thy Neighbour**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **A New Life in the Sun: Where Are They Now?** From Andalucia.
10.00 **Chateau DIY**
11.00 **Help! We Bought a Village** A hamlet.
12.00 NOON **A Place in the Sun** The Orihuela Costa.
1.00 PM **Kirstie and Phil's Love It or List It: Brilliant Builds**
1.30 **Narrow Escapes**
2.30 **Chateau DIY**
3.30 **Come Dine with Me**
6.00 **Location, Location, Location** Double bill.
8.00 **Dover 24/7: Britain's Busiest Port**
9.00 **Our Guy in Vietnam**
10.00 **Night Coppers**
11.05 **FILM Military Wives** Comedy drama. (2019, 12, 112min) ★★★★
1.20 AM **FILM The Day the Earth Stood Still** Thriller. (2008, 12, 104min) ★★
3.15 **Celebrity Gogglebox**
4.15 **to 4.45** AM **Kirstie and Phil's Love It or List It: Brilliant Builds**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Murder, She Wrote**
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Prime Cut:* 9/10. The team travel to Texas to interrogate the suspected killer of a Marine captain.
7.00 *Reef Madness:* 10/10. Three bodies are found on a ship. (S21)
8.00 **NCIS: Hawaii** *Pilot:* 1/22. A naval aircraft crashes on Oahu. (S1)
9.00 **Law & Order: Special Victims Unit** *Probability of Doom:* 7/13. A woman turns her husband in for possessing child pornography. (S25)
10.00 *And a Trauma in a Pear Tree:* 9/22. Carisi and Rollins join forces on an arraignment. (S24)
11.00 **Law & Order: Special Victims Unit** (S24&23)
1.50 AM **Person of Interest**
2.45 **The Good Wife** (S5)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Car Pound Cops**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Call the Bailiffs: Time to Pay Up**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **999: Critical Condition** A man is rushed in after being attacked with a machete.
10.00 **A&E After Dark** A man with a suspected overdose is escorted in.
11.00 **Skin A&E**
12.00 M'T **My Boyfriend Made Me Do It**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Police Interceptors**
2.50 **Home and Away**
3.35 **to 4.00** AM **Highway Patrol**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Hell**
10.20 **Traffic Cops**
11.20 **Police Interceptors**
12.25 PM **FILM The Kid from Texas** Western. (1949, U, 78min) ★★
2.05 **FILM Abilene Town** Western drama. (1946, b/w, 15, 91min) ★★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors** A car thief in Wakefield rams his way out of a petrol station.
7.00 A Golf is seen doing 90mph in a 30 zone.
8.00 The drivers of an out-of-control car turn out to be 12.
9.00 **The Motorway**
10.00 **Police 999: Clear & Present Danger** A police officer is attacked with a machete.
11.00 **Yellowstone** 2/10. (S4)
12.00 M'T **Outback Truckers**
2.00 AM **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **My Dream Home**
8.00 **Tipping Point**
11.00 **Nick Knowles' Big House Clearout**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **DIY SOS: The Big Build**
7.00 **999 Rescue Squad**
8.00 **Don't Hate Your House with the Property Brothers** Drew and Jonathan try to help a couple who hate their house's layout.
9.00 **First Responders** New edition Adventure biking in the Marlborough Sounds leads to a nasty injury.
10.00 **Nurses Down Under**
12.00 M'T **At Home with Katherine Ryan**
1.00 AM **Freddie Flintoff: Living with Bulimia**
2.10 **to 3.00** AM **The Weakest Link**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.10 AM **Birds of a Feather**
7.40 **Pie in the Sky**
8.35 **Doctors**
9.50 **Holby City**
10.40 **Classic Casualty**
11.45 **The Bill**
12.50 PM **Classic EastEnders**
2.05 **Pie in the Sky**
3.05 **Hamish Macbeth**
4.10 **Lovejoy**
5.25 **Keeping Up Appearances**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Miss Scarlet and the Duke** 3/6. Eliza is hired to go undercover and infiltrate a gang.
9.00 4/6. Eliza makes a surprising discovery about her father. (S1)
10.00 **New Tricks** *Nine Lives.*
11.20 **Bergerac**
12.20 AM **Sister Boniface Mysteries** 1/10. (S3)
1.20 **Rebus** *Mortal Causes.*
3.20 **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

TUESDAY Entertainment

Tuesday

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Cumbria.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Money for Nothing**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Antiques Road Trip**
5.00 **Celebrity Yorkshire Auction House**
7.00 **Celebrity Antiques Road Trip** Actors David Bradley and Nigel Harman compete.
8.00 With Al Murray and Paul Chowdhry.
9.00 **Long Lost Family: What Happened Next** Catching up with a woman who wanted to find her father.
10.00 Featuring updates on three stories.
11.00 **Long Lost Family**
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

145 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **Bob's Full House**
10.40 **Richard Osman's House of Games**
12.00 NOON **Who Wants to Be a Millionaire?**
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Who Wants to Be a Millionaire?** Quiz show.
5.00 **The Bidding Room**
6.00 **Bob's Full House**
6.40 **Richard Osman's House of Games** Double bill featuring Anita Rani, Chris Ramsey, Janet Ellis and Jamie Theakston.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Tenable** Quiz show.
11.00 **Bullseye** Double bill.
12.00 M'T **Weakest Link**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

GREAT! action

323 319 426 42 33

8.10 AM **The War in Europe**
9.30 **Wanted: Dead or Alive**
10.00 **The Avengers** (S6)
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM Bad Man's River** Western adventure. (1972, 12, 90min) ★
3.05 **FILM The Longest Drive** Western drama. (1976, PG, 93min) ★★
5.00 **FILM Johnson County War – Part 2** Western. (2002, 12, 89min) ★★
7.00 **The High Chaparral**
8.00 **The Avengers**
9.00 **FILM Blowback** Thriller starring Randy Couture. (2022, 15, 93min) ★★
11.05 **FILM Eye for an Eye** Mystery thriller. (2019, 15, 98min) ★
1.10 AM **FILM Asteroid: Final Impact** Thriller. (2015, PG, 86min) ★
2.50 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.00 AM **Heathrow: Britain's Busiest Airport**
10.00 **FILM A Wicked Vendetta** Thriller. (2018, 12, 90min) ★★
12.00 NOON **Paddington Station 24/7**
1.00 PM **FILM Hidden Crimes** Crime thriller. (2009, 12, 90min) ★★
2.55 **FILM Eve of Abduction** Thriller with Sarah Lind. (2018, 12, 90min) ★★
5.05 **FILM Lost Letter Mysteries: Truth Be Told** Drama. (2015, PG, 90min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM Drive** Thriller with Ryan Gosling. (2011, 18, 100min) ★★★★★
11.10 **FILM Driven** Thriller. (2018, 15, 113min) ★★★
1.30 AM **Coast Guard Alaska**
3.30 **Air Rescue**
4.00 **to 6.00** AM **FILM The Nanny Betrayal** Thriller. (2018, 12, 90min) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM **FILM A Joyous Christmas** (2017, U) ★★
10.05 **FILM A Storybook Christmas** Comedy. (2019, PG, 83min) ★★
12.00 NOON **FILM Christmas with a Prince: Becoming Royal** Drama. (2019, PG, 92min) ★★
2.00 PM **FILM The Sweetest Christmas** (2017) ★★
4.00 **FILM A Gingerbread Romance** Drama. (2018, PG, 90min) ★★
6.00 **FILM Baking All the Way** (2022, PG) ★★
8.00 **FILM Christmas at Plumhill Manor** Drama. (2024, PG, 85min) ★★
9.55 **FILM Mistletoe Over Manhattan** Drama. (2011, U, 90min) ★★
11.55 **FILM Hope at Christmas** Drama. (2018, PG) ★★
2.05 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM The Sweetest Christmas** Drama. (2017, PG) ★★

+1 hour 320 317 63

Rewind TV

182 92 150

6.00 AM **Highlights**
10.30 **Watching** (S3)
11.00 **Doctor in the House**
11.30 **The Monkees** (S1)
12.00 NOON **The Cuckoo...**
12.30 PM **In Loving Memory**
1.00 **Please Sir!** (S3)
1.30 **You're Only Young Twice**
2.00 **Brass** 8/13. (S1)
2.30 **Thick as Thieves**
3.00 **Mapp and Lucia** (S1)
4.00 **Bubblegum & Cheese**
5.00 **Worzel Gummidge**
5.30 **The Monkees** (S1)
6.00 **Watching** 3/6. (S3)
6.30 **Carry On Laughing**
7.00 **Brass** 8/13. (S1)
7.30 **Thick as Thieves**
8.00 **In Loving Memory** (S2)
8.30 **You're Only Young Twice**
9.00 **Please Sir!** (S3)
9.30 **Soap** 5/25. (S1)
10.00 **Carry On Laughing**
10.30 **The Cuckoo Waltz** (S4)
11.00 **Doctor in the House**
11.30 **Mitch** 4/10. (S1)
12.30 AM **Mapp and Lucia**
1.30 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** The Alaskan crab-fishing fleet battle the most brutal winter in memory.
9.00 **Outback Opal Hunters** A big mechanical failure halts Dan and Renee's enterprise.
10.00 The Blacklighters are hit by a disaster.
11.00 **Aussie Gold Hunters** The Dirt Dogs hit a possible jackpot.
12.00 M'T **Naked and Afraid XL** Double bill.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **River Cottage**
7.00 **Barefoot Contessa...**
8.00 **Delicious Miss Brown**
8.30 **Girl Meets Farm**
9.00 **Rick Stein's Food...**
10.00 **John Torode's Korean...**
11.00 **Great British Bake Off**
1.00 PM **River Cottage**
2.00 **James Martin: Sweet**
3.00 **Barefoot Contessa: Back to Basics**
4.00 **Delicious Miss Brown** New edition
4.30 **Girl Meets Farm** New edition Brunch.
5.00 **Rick Stein's Food Heroes** Double bill.
6.00 **John Torode's Korean Food Tour** Kimchi.
7.00 **Great British Bake Off**
9.00 **Jamie's Comfort Food**
10.00 **Money Saving Meals**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Restaurant: Impossible**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 23/26. (S5)
9.00 **Six Million Dollar Man**
10.00 **Knight Rider** 9/24. (S2)
11.00 **FILM Super Cyclone** Disaster drama. (2012, 12, 90min) ★
12.55 PM **FILM Five Golden Dragons** Adventure. (1967, PG, 100min) ★★
3.00 **FILM Torture Garden** Horror thriller. (1967, 15, 96min) ★★
5.00 **Star Trek** 21/30. (S1)
6.00 **Knight Rider** (S2)
7.00 **Six Million Dollar Man**
8.00 **Walker, Texas Ranger**
9.00 **FILM The Wild Geese** Action adventure. (1978, 15, 134min) ★★★
11.35 **FILM We Still Steal the Old Way** Prison drama. (2017, 18, 90min) ★
1.30 AM **FILM Blood and Money** Thriller. (2020, 15, 89min) ★★
3.15 **to 5.00** AM **FILM The Asphyx** Horror chiller. (1973, 15, 99min) ★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM The 7 Adventures of Sinbad**
8.00 **FILM Crack in the World** Sci-fi thriller. (1965, PG, 96min) ★★
10.00 **The Lost World** (S1)
11.00 **FILM Coward of the County** Drama. (1981, PG, 104min) ★★
1.00 PM **FILM Riddles of the Sphinx** Adventure. (2008, 12, 89min) ★★
3.00 **The Lost World**(S1)
4.00 **The A-Team** 14/23. (S2)
5.00 **FILM The 7 Adventures of Sinbad** Fantasy. (2010, PG, 90min) ★★
7.00 **The Lost World** (S1)
8.00 **The A-Team** (S2)
9.00 **FILM Never Let Go** Thriller starring Angela Dixon and Nigel Whitmey. (2015, 15, 90min) ★★
10.55 **FILM The House of the Devil** Horror thriller. (2009, 18, 95min) ★★★
1.00 **to 3.00** AM **FILM Never Let Go** As 9.00pm.

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Canadian Pickers**
7.30 **Auction Hunters**
7.55 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **UFO Files**
11.10 **Curse of Skinwalker Ranch** Documentary.
12.10 PM **Mysteries from Above** A huge carving.
1.05 **Pawn Stars**
2.05 **Canadian Pickers** New edition
3.05 **Storage Wars**
4.00 **Ancient Aliens**
6.00 **UFO Files**
7.00 **Canadian Pickers**
8.00 **Dickinson's Real Deal**
9.00 **Contraband: Seized at Sea** New edition
10.00 **Airport Security: USA** New edition
11.00 **My Strange Arrest**
12.00 M'T **Alien Disclosure Files** Double bill.
1.00 AM **UFO Files**
2.00 **Ancient Aliens**
3.45 **Wicked Tuna**
5.00 **to 6.00** AM **Dickinson's...**

5SELECT

153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Documentary.
10.00 **Yorkshire Great and Small with Dan and Helen** North York Moors.
11.00 **Ben Fogle: New Lives in the Wild** Thailand.
12.00 NOON **The Highland Vet**
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
5.30 **Walking Wartime Britain** Hampshire.
6.00 **Inside the Tower of London** Documentary.
7.00 **Susan Calman's Grand Day Out** Channel Islands.
8.00 **Ben Fogle: New Lives in the Wild** In Norway.
9.00 **World War I in Colour**
10.00 **Nazi Megastructures**
11.00 **Prisoner: Cell Block H**
1.00 AM **Happy Campers: The Caravan Park**
3.00 **Yorkshire Great and Small with Dan and Helen** North York Moors.
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Double bill.
12.00 NOON **My Lottery Dream Home International**
1.00 PM **My Lottery Dream Home International**
2.00 **Love Your Garden**
3.00 **Beach Hunters** New editions
4.00 **Escape to the Country**
6.00 **Great British Bake Off**
7.00 **A Place in the Sun**
8.00 **Love Your Garden**
9.00 **Married to Real Estate** New edition
10.00 **Bargain Block**
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop**
3.00 **to 4.00** AM **My Lottery Dream Home International**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Extreme Couponing**
8.00 **My Lottery Dream Home** Double bill.
9.00 **Say Yes to the Dress**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Addicted to Marriage**
8.00 **Unbelievable Me**
10.00 **My Feet Are Killing Me** A devoted husband hopes Dr Sarah can rid his feet of fungus.
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **I Didn't Know I Was Pregnant**
2.00 **My Feet Are Killing Me**
3.00 **Sex Sent Me to the ER**
4.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **Extreme Cheapskates**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
10.55 **Comedy Game Night**
11.55 **The Ren & Stimpy Show** 5/14. (S4)
12.55 PM **Friends** (S10)
8.00 **Friends** 17&18/18. The last-ever episode. Monica and Chandler wait anxiously for Erica to give birth. (S10)
9.00 **FILM The Longest Yard** Comedy remake starring Adam Sandler. (2005, 12, 113min) ★★
11.15 **Whose Line Is It Anyway? USA**
12.15 AM **South Park**
1.45 **Beavis and Butt-Head**
2.45 **CC Live: Stand Up Shorts** With Axel Blake.
3.10 **The Comedy Central Chart Show**
3.15 **Reno 911!** 6/11. (S8)
3.35 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show**
10.00 **Becker** 21&22/24. (S2)
11.00 **Friends** 3-5&17/24. (S8)
1.00 PM **Criminally Funny**
2.30 **The Ren & Stimpy Show**
3.00 **Daria** 5&6/13. (S1)
4.00 **Guessable?** Quiz show.
5.00 **Becker** 21&22/24. (S2)
6.00 **Home Improvement**
8.00 **Last Man Standing**
9.00 **New Girl** 1/22. Cece makes a surprise announcement.
9.30 2/22. Jess starts dating again. (S5)
10.00 **Friends** (S10)
12.40 AM **The Ren & Stimpy Show** 3/10. (S3)
2.10 **Reno 911!** (S5)
3.00 **The Ricky Gervais Show**
3.50 **Becker** 21&22/24. (S2)
4.30 **AAl Murray: Beautiful British Tour Live at the O2** Stand-up show.
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Nothing to Declare**
11.00 **Highway Cops**
12.00 NOON **Warehouse 13**
2.00 PM **Motorway Patrol**
3.00 **Stop, Search, Seize**
4.00 **Highway Cops**
5.00 **Border Patrol**
6.00 **The Cleaning Lady** *El Diablo Que Conoce:* 3/12. Thony, Arman and Nadia team up.
7.00 *Bahala Na:* 4/12. Thony resorts to calling Arman for help. (S2)
8.00 **Stop, Search, Seize**
9.00 **Brit Cops: War on Crime**
11.00 **Chucky** 2/8. (S1)
12.00 M'T **Supergirl** (S6)
1.00 AM **The Russell Howard Hour**
2.00 **A League of Their Own**
3.00 **Duck Quacks Don't Echo** Series highlights.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.25 **Teen Mom: Young & Pregnant** Reality series.
7.15 **Teen Mom 2**
11.00 **Catfish: The TV Show**
2.00 PM **Catfish: Scammed**
3.00 **Catfish: The TV Show**
6.00 **Catfish: Scammed**
7.00 **Teen Mom UK**
8.00 **MTV Suspect**
9.00 **NEW SERIES Queerpiphany** With Bianca Del Rio.
9.30 New edition Featuring Bel Priestly.
10.00 **Plastic Surgery Knifemares**
11.00 **Ink Master Redemption**
12.00 M'T **Ridiculousness** New edition Rob, Steelo and Nina Agdal take a swing at settling in with some 'hammock havoc.'
12.30 AM **Ridiculousness**
1.00 **True Life Crime**
2.00 **Ink Master**
2.45 **Celebrity Ex on the Beach** Reality series.
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaska: The Last Frontier**
9.00 **Barnwood Builders**
11.00 **Wheeler Dealers**
1.00 PM **Alaska: Homestead Rescue** Marty faces his most daunting challenge to date.
3.00 **Gold Rush** Parker gets some devastating news.
5.00 **Building off the Grid** Builders construct a family adobe dome home on a mountain range in California.
6.00 **Junkyard Empire** Andy fixes up a 2015 Challenger RT.

9.00 Gold Rush: White Water

7.00 **Wheeler Dealers: Dream Car** Mike and Elvis present their guide to buying a dream car.

8.00 **Scrap Kings** In Preston, a job centre is demolished, and in Yeovil, a 20ft yacht is ripped to pieces.

9.00 **Gold Rush: White Water** New edition Dustin must decide whether to keep going at The Wall or abandon the site.

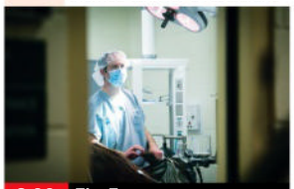
10.00 **Gold Rush: Mine Rescue with Freddy & Juan** New edition Freddy and Juan rescue their first all-female mining crew.
11.00 **Border Control: Spain** Double bill of editions.
12.00 M'T **Expedition Bigfoot**
1.00 AM **Gold Rush: White Water**
2.00 **Gold Rush: Mine Rescue with Freddy & Juan**
3.00 **Street Outlaws**
4.00 **to 5.00** AM **Blowing Up History**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked**
9.00 **Pit Bulls & Parolees**
10.00 **My Cat from Hell**
11.00 **Animal Cops Philadelphia**
12.00 NOON **Tanked**
1.00 PM **How Do Animals Do That?**
2.00 **Wild Australia**
3.00 **Wild Mexico**
4.00 **Insane Pools: Off the Deep End** A waterfront paradise.
5.00 **Animal Cops Philadelphia** A starving dog and its owner receive urgent help.
6.00 **Tanked** Creating a nautical-themed tank for a restaurant.



8.00 The Zoo

7.00 **Pit Bulls & Parolees** After the great flood of 2016 devastates Louisiana, Tia and the team help the victims.

8.00 **The Zoo** The medical team must perform surgery on a bison calf. Plus, lynx kittens are ready to explore their exhibit.

9.00 **The Zoo** The staff members work to build a relationship between a pair of Asian elephants with different personalities.

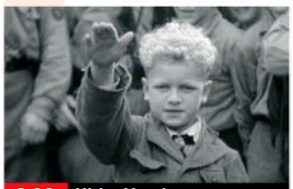
10.00 **Alaska: Surviving the Last Frontier** The groups face the threat of freezing along the way as they return to civilisation.
11.00 **Monster Croc Invasion**
12.00 M'T **Urban Predator: Lion on the Loose**
1.00 AM **Alaska: Surviving the Last Frontier**
2.00 **Insane Pools: Off the Deep End** As shown at 5.00pm.
3.00 **Animal Cops Philadelphia**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Plane Crash Recreated**
9.00 **Air Crash Investigation**
12.00 NOON **Spanish Empire: Rise and Fall** Double bill.
2.00 PM **Nazi Megastructures: Battle Ready** War machines.
3.00 **The Battle for Britain: Drain the Oceans**
4.00 **Draining New York: What Lies Beneath?**
5.00 **Car S.O.S** Fuzz and Tim restore a Renault 5 GT Turbo.
6.00 **Nazi Megastructures** Japanese inland defences on the island of Okinawa.



8.00 Hitler Youth

7.00 **Air Crash Investigation** The accident that befell West Caribbean Airways Flight 708 in 2005.

8.00 **Hitler Youth** 1/2. The story of the Nazi youth organisation, which was used to indoctrinate German boys in the 1930s.

9.00 **Hitler Youth** 2/2. A look at the expansion of the organisation in the build-up to war.

10.00 **Erased: WWII Heroes of Colour** The stories of people of colour during World War Two, focusing on soldiers who fought on D-Day.
11.00 **Air Crash Investigation**
12.00 M'T **Situation Critical**
1.00 AM **To Catch a Smuggler**
2.00 **Lords of War**
2.30 **Abandoned**
3.20 **Food Factory**
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Pawn Stars**
6.50 **Storage Hunters**
7.45 **American Pickers**
8.45 **Forged in Fire**
9.35 **Container Wars**
10.05 **Storage Wars**
12.00 NOON **Deep Water Salvage**
1.00 PM **Walking Through History**
2.00 **Digging for Britain**
4.00 **Rust Valley Restorers**
5.00 **Pawn Stars**
6.00 **American Pickers** A Wisconsin collector's oversize storage units feature a variety of items including his prized pistol.

10.00 History's Greatest...

7.00 **Forged in Fire** Two smiths advance to the final round where they must recreate a Indian Bagh Nakh weapons.

8.00 **Storage Hunters** The buyers lock horns. **8.30** Scott and Chrissy push their way onto Brandon and Lori's turf.

9.00 **Greatest Escapes of WWII** Series finale Hitler's last soldier in America who defied the FBI for 40 years.

10.00 **History's Greatest Mysteries** New edition The story of the failed British voyage known as the Franklin Expedition.
11.00 **Secrets of the Hells Angels** Secret biker club leader Sonny Barger and meth cook Kenny Owens.
12.00 M'T **Evidence of the Unexplained** Reports of 'first contact' moments.
1.00 AM **Pawn Stars** As 5.00pm.
2.00 **The Curse of Oak Island**
3.00 **Forged in Fire** As 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Rise of the Nazis: Dictators at War** As shown at 4.00pm.
11.00 **War Factories** Volkswagen.
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **Rise of the Nazis: Dictators at War** Examining the Eastern Front during World War Two.
5.00 **War Factories** Volkswagen.
6.00 **Antiques Roadshow** Fiona Bruce presents from Hertford College, Oxford.

7.00 Bangers & Cash

7.00 **Bangers & Cash** Dave heads to Manchester to pick up an Austin A30 and a Morris 8E that has had an alternative paint job.

8.00 **Canal Boat Diaries** New edition Robbie's narrowboat gets stuck under a low bridge on the Basingstoke Canal.

9.00 **Bangers & Cash: Restoring Classics** The team take Derek's advice when he sniffs out the last remaining Hillman GT.

10.00 **Bangers & Cash** The team are under pressure with a record number of cars to auction, but Derek finds room for one more.
11.00 **Bangers & Cash** Paul picks up a 1961 Vauxhall Cresta.
12.00 M'T **Retro Electro Workshop** Shamil buys a 1970s jukebox in need of repair, and Matt has his work cut out with a collectable Kit-Cat clock.
1.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Chasing Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop**
8.00 **Wheeler Dealers World Tour**
9.00 **NEW SERIES Shed and Buried** Double bill. Henry Cole, Fuzz Townshend and Guy Willison hit the road to make a profit from abandoned automotive gems.
10.00 **Shed and Buried**
11.00 **How Do They Do It?**
1.00 AM **Chasing Classic Cars**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress: Bridesmaids**
7.00 **Say Yes... Atlanta**
8.00 **Say Yes to the Dress**
10.00 **Say Yes... UK**
11.00 **Curvy Brides Boutique**
12.00 NOON **Married to Evil**
1.00 PM **American Detective** Documentary.
2.00 **Murder on CCTV**
3.00 **Faking It: Tears of a Crime** Laci Peterson.
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Crime Stories**
8.00 **Murder on CCTV**
9.00 **The Night That Didn't End** The murder of a woman in Kansas.
10.00 **Bloodline Detectives**
11.00 **Murder on CCTV**
12.00 M'T **The Grindr Killer: A Faking It Special**
1.00 AM **Boris Johnson: A Faking It Special**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **A Secret To Die For** Sex, secrets, sports cars and money turn out to be a recipe for murder.
8.00 **Murder She Solved** A member of Toronto's gay community goes missing.
9.00 **Storm of Suspicion** New edition A sailor mysteriously vanishes from a navy base.
10.00 **Donal MacIntyre's UK Killer Evidence** Series finale When a young mother goes missing, police uncover a troubled marriage.
11.00 **Murder by the Sea** Double bill of editions.
1.00 AM **Storm of Suspicion**
2.00 **Donal MacIntyre's UK Killer Evidence**
3.00 **Murder She Solved**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Secrets of a Murder Detective**
11.00 **Medical Detectives**
2.00 PM **Secrets of a Murder Detective**
4.00 **Medical Detectives** The analysis of hair found at a murder scene pinpoints the perpetrator. **4.30** The wife of a US Marine is charged with her husband's murder. **5.00** Using orange fibres to solve a crime. **5.30** An 18-year-old is abducted while talking on a pay phone. **6.00** A man is accused of killing his wife. **6.30** A Los Angeles-based kidnapping ring run by Russian immigrants is exposed.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **Road Wars**
8.00 **Stop, Search, Seize**
9.00 **Highway Patrol**
10.00 **Send in the Dogs**
11.00 **Killer in My Village**
12.00 NOON **How I Caught...**
1.00 PM **The Killer Within**
2.00 **Murder Uncut**
3.00 **Forensics: Catching...**
4.00 **World's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **How I Caught the Killer**
7.00 **Forensics: Catching the Killer** True-crime.
8.00 **World's Most Evil Killers**
9.00 **Ireland's Most Evil Killers** Joe O'Reilly.
10.00 **The Real Manhunter**
11.00 **Britain's Most Evil Killers**
12.00 M'T **World's Most Evil...**
1.00 AM **Killer in My Village**
2.00 **Murder Uncut**
3.00 **Love You to Death**
4.00 **Brit Cops**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of...**
8.40 **Amerigo Vespucci: Forgotten Namesake...**
9.45 **The Lost Colony of...**
10.45 **Egypt's Darkest Hour**
11.45 **The Long Road to War**
1.00 PM **Grand Tours of...**
1.40 **Amerigo Vespucci: Forgotten Namesake...**
2.45 **The Lost Colony of...**
3.45 **Egypt's Darkest Hour**
4.50 **Grand Tours of the...**
5.30 **The Long Road to War**
6.40 **Amerigo Vespucci: Forgotten Namesake of America** Documentary.
7.50 **The Lost Colony of Roanoke** Documentary.
8.45 **Egypt's Darkest Hour** Series finale 2/2. The Tomb of the Warriors in southern Egypt.
9.50 **The Long Road to War**
11.00 **The Lost Colony of...**
12.00 M'T **Egypt's Darkest Hour** Documentary.
12.55 **to 2.00** AM **Grand Tours of the Scottish Islands**

TUESDAY

Tuesday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The 2010s**
7.00 **Discovering: Walter Matthau**
8.00 **The Directors**
8.55 **Branson** 1/4. Documentary.
10.00 **Boyzone: No Matter What**
11.00 **Ibiza Narcos**
12.00 NOON **The Ringleader: The Case of the Bling Ring**
2.00 PM **Striking with Pride: United at the Coalface**
3.30 **Beneath the Surface**
4.00 **The Directors**
5.00 **Discovering: Walter Matthau**
5.55 **Branson** 1/4. Documentary.
7.00 **Forced Out** Stories of people dishonourably discharged from the armed forces because of their sexuality.
9.00 **Elizabeth Taylor: The Lost Tapes** A profile of the actor.
11.00 **Natalie Wood: What Remains Behind** A unique insight into the movie star's life, from her daughter's perspective.
1.00 AM **The Apollo** Documentary.
3.00 **Breslin and Hamill: Deadline Artists** Documentary.
5.00 **to 6.00** AM **Discovering: Walter Matthau**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Baby Animals**
7.00 **Monkey Life**
8.00 **Hope for Wildlife**
9.00 **Undiscovered Vistas**
10.00 **Secrets of Wild Australia**
11.00 **Africa's Hunters**
12.00 NOON **Dawn to Dusk**
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Undiscovered Vistas**
4.00 **Secrets of Wild Australia**
5.00 **Brazil Untamed**
6.00 **Dawn to Dusk**
7.00 **Monkey Life** Double bill.
8.00 **The Wild Wild East**
9.00 **Survival of the Beast** The survival skills of Earth's animals.
10.00 **Dawn to Dusk** The sun rises on an average day in the American tropics in May.
11.00 **Brazil Untamed**
12.00 M'T **Africa's Hunters**
1.00 AM **Into the Wild: India**
2.00 **The Wild Wild East**
3.00 **Survival of the Beast**
4.00 **Hope for Wildlife**
5.00 **to 6.00** AM **Undiscovered Vistas**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Egypt's Unexplained Files**
9.00 **UFO Files**
10.00 **National Park Mysteries**
11.00 **Ancient Aliens**
1.00 PM **Digging Up Britain's Past**
2.00 **UFO Files**
3.00 **Empire Builders**
4.00 **Blown Away**
5.00 **Britain's Most Historic Towns**
6.00 **Lost Gold of the Aztecs**
7.00 **Britain's Secret Islands**
8.00 **Roswell 75: The Final Evidence** The alleged crash of an extra terrestrial craft in 1947.
9.00 **Footprints of Civilisation** Exploring the legacy of earlier civilisations on modern life.
10.00 **Evidence of the Unexplained** Unexplained 'aerial phenomena' and reports of so-called 'first contact' moments.
11.00 **The Lost Pirate Kingdom**
12.05 AM **Ancient Aliens**
2.00 **Hitler's Engineers**
3.00 **Empire Builders**
4.05 **Blown Away**
5.00 **to 6.00** AM **Britain's Most Historic Towns**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **Murdertown**
10.00 **A Perfect Scam**
11.00 **Imperfect Murder**
12.00 NOON **Murder By Medic**
1.00 PM **Criminal Confessions**
2.00 **Killer Britain with Dermot Murnaghan** Sabrina Kouider.
3.00 **Murdertown**
4.00 **A Perfect Scam**
5.00 **Accident, Suicide or Murder?**
6.00 **The First 48**
7.00 **Cold Case Files**
8.00 **Killer in Plain Sight**
9.00 **A Perfect Scam** New edition
10.00 **Spring Break Murders** New edition A woman is found shot dead in Florida in 1993.
11.00 **Cruise Ship Killers**
12.00 M'T **Murder By Medic**
1.00 AM **A Perfect Scam**
2.00 **Spring Break Murders**
3.00 **Criminal Confessions**
4.00 **Murdertown**
5.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo: Tampa**
9.00 **Monster Fish**
10.00 **When Sharks Attack 360**
11.00 **Fish Tank Kings**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Built to Survive**
3.00 **Peru's Wild Kingdom**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo: North Carolina** The zookeepers are kept busy by the birth of a white rhino.
8.00 **Something Bit Me** A caregiver needs help after colliding with a toothy aquatic predator.
9.00 **Little Giant** Following the first month of life for an elephant calf in Kenya's Maasai Mara.
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Africa's Deadliest**
1.00 AM **Monster Fish**
2.00 **The Incredible Dr Pol**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Coast Guard at War**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Aliens in Alaska**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** Exploring the 300 moons within the solar system.
8.00 **Coast Guard at War** Examining the role of the Coast Guard in the Vietnam War.
9.00 **Secrets Underground**
10.00 **How Do They Do It?**
11.00 **The 1980s: The Deadliest Decade** A case from Libertyville Village in Illinois, in which one of the community's wealthiest couples were gunned down.
12.00 M'T **Forensic Detectives**
1.00 AM **Blowing Up History**
2.00 **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.00 AM **Gardeners' World**
11.00 **Pointless**
1.00 PM **Later... with Jools Holland**
3.10 **Pointless**
4.10 **Gardeners' World**
6.10 **Pointless** Double bill of the quiz show in which contestants try to score the fewest points possible by giving the least obvious correct answers to questions. Hosted by Alexander Armstrong and Richard Osman.
8.10 **Later... with Jools Holland** Featuring Was (Not Was), Baaba Maal, Tasmin Archer and Oumou Sangare. **9.25** Performances by Barbara Thompson, Katie Webster and Mary Chapin Carpenter.
10.25 **Gardeners' World** Double bill. Monty Don and his team of experts offer viewers at home more gardening tips, from their base in Monty's garden Longmeadow, in Herefordshire.
12.25 AM **Pointless**
2.30 **Later... with Jools Holland**
4.20 **to 6.00** AM **Gardeners' World**

+1 hour 266 376

ID

154 141 166

8.00 AM **Betrayed**
9.00 **Evil Online**
11.00 **Crimes Gone Viral**
1.00 PM **Devil in Suburbia**
3.00 **Grave Secrets** Double bill.
5.00 **Who the (Bleep) Did I Marry?**
7.00 **Diabolical: Deadly Love** After three women died of the same mysterious illness, the hunt began to prove their deaths were no accident. **8.00** When a man's body was dumped in a cemetery, the trail led detectives to question two very different sisters.
9.00 **Evil Lives Here** When Genie's husband forces her into a polygamous relationship, she plays along. But the consequences of letting him have his way may be worse.
10.00 **Signs of a Psychopath**
11.00 **A Crime to Remember**
12.00 M'T **Deadly Sins**
2.00 AM **Who the (Bleep) Did I Marry?** Double bill of editions.
4.00 **to 6.00** AM **Diabolical: Deadly Love**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **Shipwreck Men**
9.00 **World's Greatest Motorcycle...**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Shed and Buried: Classic Cars** An eclectic mix of British and American vehicles.
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **World's Greatest Motorcycle...**
4.00 **Holden Bros. Restos**
5.00 **Richard Hammond's Workshop**
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Holden Bros. Restos**
9.00 **Car Fix** New editions
10.00 **World's Greatest Motorcycle Rides** Henry reaches the fringes of the Kalahari desert.
11.00 **Shed and Buried**
12.00 M'T **Holden Bros. Restos**
1.00 AM **Shed and Buried: Classic...**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Trans Am**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.00 AM **Bookworm** Comedy with Elijah Wood and Nell Fisher. (2024, 12, 103min) ★★★★
9.00 **A Nice Indian Boy** As 4.15pm.
10.45 **The Front Room** As 11.45pm.
12.30 PM **Old Guy** As 8.00pm.
2.15 **A Different Man** As 9.45pm.
4.15 **A Nice Indian Boy** Comedy with Karan Soni and Jonathan Groff. (2024, 12, 96min)
6.00 **Speak No Evil** Horror thriller starring James McAvoy. (2024, 15, 110min) ★★★★

6.00 Speak No Evil

8.00 Old Guy Action comedy starring Christoph Waltz. An ageing hitman must train a prodigy when his employer moves to replace the old guard. With Lucy Liu and Cooper Hoffman. (2024, 15, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 A Different Man Psychological thriller starring Sebastian Stan and Adam Pearson. After facial reconstructive surgery, an aspiring actor fixates on a stage production based on his past. With Renate Reinsve. (2024, 15, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **The Front Room** Horror thriller. (2024, 15, 94min)
1.30 AM **Mob Cops** Crime drama. (2024, 15, 87min) ★
3.05 **Escape from the 21st Century** Chinese adventure. Subtitled. (2024, 15, 94min)
5.05 **to 6.45** AM **Poison** Drama. (2024, PG, 86min) ★★★★

Sky Cinema Blockbusters

303 303 403 503 517

7.50 AM **Oppenheimer** Biopic. (2023, 15, 180min) ★★★★★
10.50 **A Star Is Born** As 10.00pm.
1.10 PM **Jerry Maguire** Comedy drama starring Tom Cruise. (1996, 15, 139min) ★★★★
3.30 **A Quiet Place: Day One** Horror prequel starring Lupita Nyong'o and Joseph Quinn. (2024, 15, 100min) ★★★★
5.15 **Dune: Part Two** Sci-fi drama starring Timothée Chalamet. (2024, 12, 166min) ★★★★★

10.00 A Star Is Born

8.00 Ghostbusters: Frozen Empire Supernatural comedy sequel starring Paul Rudd and Carrie Coon. Three generations of the team join forces to stop a second ice age. With Mckenna Grace and Finn Wolfhard. (2023, 12, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 A Star Is Born Drama starring Lady Gaga and Bradley Cooper, who also directed. A fading music star falls in love with a nightclub singer-songwriter. (2018, 15, 136min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **The Beekeeper** Thriller starring Jason Statham. (2023, 15, 105min) ★★★
2.10 **Last Action Hero** Fantasy with Arnold Schwarzenegger. (1993, 15, 130min) ★★★
4.25 **to 6.25** AM **Arrival** Sci-fi drama starring Amy Adams. (2016, 12, 116min) ★★★★★

Sky Cinema Drama

310 310 410 510 524

6.50 AM **Horizon: An American Saga – Chapter 1** As 8.00pm.
9.55 **Ben-Hur** Multi-Oscar-winning epic starring Charlton Heston. (1959, PG, 212min) ★★★★★
1.35 PM **The Sons of Katie Elder** Western starring John Wayne. (1965, U, 122min) ★★★
3.40 **Straight Outta Compton** Biopic of hip-hop group NWA. (2015, 15, 147min) ★★★
6.10 **Dunkirk** Christopher Nolan's drama starring Kenneth Branagh and Tom Hardy. Allied soldiers surrounded by the German army wait for evacuation during World War Two. (2017, 12, 106min) ★★★★★
8.00 **Horizon: An American Saga – Chapter 1** Western starring Kevin Costner. A seasoned cowboy goes on the run with a prostitute and a young boy after killing a fellow gunman. (2024, 15, 181min) ★★★★
11.05 **The Starling Girl** Drama starring Eliza Scanlen. (2023, 15, 117min) ★★★★
1.10 AM **The Quiet Man** John Ford's drama. (1952, U, 129min) ★★★
3.30 **Stand by Me** Nostalgic drama. (1986, 15, 89min) ★★★★★
5.00 **to 7.10** AM **The Starling Girl**

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.35 AM **Concrete Utopia** As 1.35am.
9.50 **The Adjustment Bureau** Romantic sci-fi thriller. (2011, 12, 105min) ★★★★
11.40 **Lovely, Dark, and Deep** Horror chiller. (2023, 15, 87min) ★★★
1.15 PM **AfrAId** Sci-fi horror thriller. (2024, 15, 84min) ★★
2.45 **The Nun** Horror starring Taissa Farmiga and Demián Bichir. (2018, 15, 96min) ★★★
4.30 **A Quiet Place** Horror thriller. (2018, 15, 90min) ★★★★
6.05 **The Nun II** Horror sequel. (2023, 15, 110min) ★★
8.00 **Star Trek Beyond** Sci-fi adventure starring Chris Pine. The USS *Enterprise* is lured into a deadly trap, which leaves the crew stranded on an alien world. (2016, 12, 122min) ★★★★
10.05 **Zombieland** Horror comedy starring Woody Harrelson, Jesse Eisenberg and Emma Stone. (2009, 15, 84min) ★★★★
11.40 **The Frighteners** Quirky horror comedy. (1996, 15, 110min) ★★★
1.35 AM **Concrete Utopia** Drama. (2023, 15, 130min) ★★★★
3.50 **The Pact** Mystery thriller. (2012, 15, 85min) ★★★
5.25 **to 7.10** AM **Dark Skies** Thriller. (2013, 15, 97min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.35 AM **Friend or Foe** As 1.35am.
8.50 **Harold and the Purple Crayon** Adventure. (2024, PG) ★★★
10.25 **Ghostbusters: Frozen Empire**
12.25 PM **The Adventures of Sharkboy and Lavagirl in 3-D**
2.00 **Bean** (1997, PG) ★★★
3.35 **Cats & Dogs** (2001, PG) ★★★
5.10 **Ghostbusters: Frozen Empire** Supernatural comedy sequel. (2023, 12, 115min) ★★★
7.10 **The Flintstones** Comedy. (1994, U, 93min) ★★★

5.10 Ghostbusters: Frozen...

8.45 **The Flintstones in Viva Rock Vegas** Comedy prequel with Mark Addy and Stephen Baldwin. Fred Flintstone and Barney Rubble take their girlfriends on a romantic weekend to Rock Vegas. (2000, PG, 91 min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Goosebumps 2: Haunted Halloween** Family comedy sequel starring Madison Iseman. (2018, PG, 86min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **The Adventures of Sharkboy and Lavagirl in 3-D** Fantasy. (2005, U, 98min) ★★
1.35 AM **Friend or Foe** Drama. (1981, U, 70min) ★★★
2.50 **Muppets from Space** Comedy. (1999, U, 85min) ★★★
4.25 **to 6.00** AM **Big Fat Liar** Teen comedy starring Frankie Muniz. (2002, PG, 88min) ★★★

Sky Cinema Action

307 307 407 507 521

7.05 AM **The Locksmith** (2022)
8.45 **Aquaman** Fantasy adventure. (2018, 12, 143min) ★★★
11.10 **Godzilla** Monster movie. (1998, PG, 139min) ★★★
1.30 PM **Furiosa: A Mad Max Saga** Fantasy adventure. (2023, 15, 148min) ★★★★
4.05 **Mission: Impossible** Thriller. (1996, PG, 110min) ★★★
6.00 **Kong: Skull Island** Adventure starring Tom Hiddleston. (2017, 12, 118min) ★★★★

8.00 Terminator Salvation

8.00 **Terminator Salvation** Sci-fi action thriller sequel starring Christian Bale, Sam Worthington and Anton Yelchin. In 2018, resistance hero John Connor leads the fight back against the killer robots. (2009, 12, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Mission: Impossible II** Action thriller sequel starring Tom Cruise. Special agent Ethan Hunt must track down a villain who has a deadly virus at his disposal. (2000, 15, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **High Heat** Action comedy. (2022, 15, 84min) ★★★
1.40 **The Locksmith** Mystery. (2022, 15, 88min) ★★★
3.20 **Dragons Forever** Action comedy. (1988, 18) ★★★★
5.00 **to 6.45** AM **Jackie Chan's Armour of God** Thriller. (1986, 15, 95min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.10 AM **Please Don't Destroy: The Treasure of Foggy Mountain** Comedy. (2023, 15) ★★★
9.00 **Crazy Rich Asians** Comedy. (2018, 12, 120min) ★★★★
11.10 **Hope Springs** Comedy drama. (2012, 12, 98min) ★★★
1.00 PM **The Naked Gun** Spoof. (1988, 15, 85min) ★★★★
2.35 **Beetlejuice Beetlejuice** Horror comedy. (2024, 12) ★★★★
4.30 **Just Friends** (2005, 12) ★★
6.15 **Mr Deeds** (2002, 12) ★★★

6.15 Mr Deeds

8.00 **HouseSitter** Romantic comedy starring Steve Martin and Goldie Hawn. A waitress moves into an architect's dream house and pretends to be his wife. With Dana Delany. (1992, PG, 102min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **The Naked Gun 2½: The Smell of Fear** Spoof thriller sequel starring Leslie Nielsen as the world's least competent cop. With OJ Simpson. (1991, 15, 81min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **The Accidental Husband** Comedy with Uma Thurman. (2008, 12, 86min) ★
12.50 AM **Weird Science** Fantasy. (1985, 12, 94min) ★★★
2.30 **Relax, I'm from the Future** Comedy starring Rhys Darby. (2023, 15, 94min) ★★★
4.05 **The DUFF** Teen comedy. (2015, 12, 98min) ★★★★
5.50 **to 7.40** AM **The Edge of Seventeen** Comedy drama. (2016, 15, 104min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

7.55 AM **Naked Singularity** (2021)
9.45 **Eileen** As shown at 2.40am.
11.30 **The Cinema List: Thriller**
11.50 **Murder by Numbers** Thriller. (2002, 15, 120min) ★★★
1.55 PM **The Da Vinci Code** Thriller. (2006, 12, 149min) ★★★
4.25 **Naked Singularity** Crime comedy starring John Boyega. (2021, 15, 93min) ★★★
6.05 **Trap** M Night Shyamalan's thriller starring Josh Hartnett. (2024, 15, 105min) ★★★★

10.25 Rumble Through the Dark

8.00 **Angels & Demons** Mystery thriller based on the bestseller by Dan Brown, starring Tom Hanks and Ewan McGregor. Harvard professor Robert Langdon must solve a series of cryptic riddles to prevent a hidden time bomb from destroying the Vatican. (2009, 12, 138min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **Rumble Through the Dark** Crime drama with Aaron Eckhart. A cage fighter seeks to repay his debts in an attempt to save his family home. (2023, 15, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **A Place Called Silence** Chinese thriller. Subtitled. (2024, 15, 119min) ★★★
2.40 **Eileen** Mystery thriller. (2023, 15, 97min) ★★★★
4.25 **to 6.00** AM **Melancholia** Thriller starring Jeroen Krabbe. (1989, 15, 85min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Wrong Box** Comedy. (1966, U, 101min) ★★★
1.20 PM **The Winslow Boy** Vintage courtroom drama. (1948, b/w, U, 117min) ★★★★
3.40 **Storm Over the Nile** Adventure starring Anthony Steel. (1955, U, 107min) ★★★
5.55 **Le Mans '66** Fact-based drama starring Matt Damon, Christian Bale and Jon Bernthal. (2019, 12, 152min) ★★★★

5.55 Le Mans '66

Le Mans '66 (film started at 5.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Infinite** Sci-fi thriller starring Mark Wahlberg and Chiwetel Ejiofor. A man experiencing memories of his past lives is recruited for a mission to save the human race. With Sophie Cookson. (2021, 12, 106min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

11.05 **Maurice** Drama starring James Wilby, Hugh Grant and Rupert Graves. In Edwardian England, a Cambridge undergraduate comes to term with his sexuality after he falls in love with a fellow male student. (1987, 15, 140min) ★★★
1.55 **to 3.35** AM **Cocoon** German coming-of-age drama starring Lena Urzendowsky. Subtitled. (2020, 15, 99min) ★★★

10 PM

11 PM

+1hour 314 430 47 301 257

Sky Cinema Romance

302 302 402 502 516

7.15 AM **Sky Cinema Preview**
7.45 **Turn Me On** As 2.35am.
9.30 **Touch** As shown at 12.25am.
11.35 **What Happens Later** Romantic comedy starring Meg Ryan. (2023, 15, 99min) ★★★
1.25 PM **P.S. I Love You** Romantic comedy drama starring Hilary Swank. (2007, 12, 121min) ★★★
3.35 **Ghost** Romantic fantasy thriller. (1990, 12, 127min) ★★★★

5.45 **Phantom Thread** Drama. (2017, 15, 130min) ★★★★★
8.00 **Eternal Sunshine of the Spotless Mind** Offbeat romantic comedy starring Jim Carrey and Kate Winslet. (2004, 15, 108min) ★★★★★
10.00 **Far and Away** Romantic epic starring Tom Cruise and Nicole Kidman. In the 1890s, an Irish tenant farmer and the daughter of a landowner find love and adventure when they head for America. (1992, 15, 140min) ★★

12.25 AM **Touch** Icelandic drama starring Egill Olafsson. Subtitled. (2024, 15, 121min) ★★★★
2.35 **Turn Me On** Fantasy comedy. (2024, 15, 99min) ★★★
4.20 **to 6.05** AM **Bonus Track** Comedy starring Joe Anders. (2023, 12, 98min) ★★★

Sky Cinema Greats

304 304 404 504 518

6.55 AM **Boyz N the Hood** (1991)
9.00 **...And Justice for All** Satirical comedy. (1979, 15, 119min) ★★★
11.05 **The Great Gatsby** F Scott Fitzgerald's melancholy tale. (1974, 12, 146min) ★★★
1.30 PM **Birdy** Psychological drama. (1984, 15, 120min) ★★★★
3.40 **Scent of a Woman** Coming-of-age drama. (1992, 15, 157min) ★★★★

6.15 **Planes, Trains and Automobiles** Comedy starring Steve Martin and John Candy. (1987, 15, 92min) ★★★★★
8.00 **National Lampoon's Animal House** American college campus comedy starring John Belushi and Donald Sutherland. (1978, 15, 109min) ★★★★★
10.00 **We're No Angels** Action comedy starring Robert De Niro and Sean Penn as escaped convicts who pretend to be priests. (1989, 15, 106min) ★★

11.50 **Do the Right Thing** Spike Lee's controversial comedy drama. (1989, 15, 120min) ★★★★★
2.00 AM **Boyz N the Hood** Oscar-nominated urban drama. (1991, 15, 111min) ★★★★★
4.00 **Sky Cinema Preview**
4.55 **to 6.55** AM **We're No Angels**

Sky Cinema Animation

305 305 412 500 514

6.20 AM **Tad the Lost Explorer...**
7.50 **Monsters vs Aliens** Animation. (2009, PG, 90min) ★★★
9.30 **The Pirates! In an Adventure with Scientists** Comedy. (2012, U, 87min) ★★★★
11.05 **The Adventures of Tintin: The Secret of the Unicorn** Animation. (2011, PG) ★★★★★
12.55 PM **Paws of Fury: The Legend of Hank** (2022, PG) ★★★

2.40 **Scooby-Doo! The Sword and the Scoob** (2021, PG) ★★★
4.00 **Trolls** Animation. (2016, U) ★★★
5.40 **Trolls Band Together** Animated musical. (2023, U, 91min) ★★★
7.20 **Penguins of Madagascar** Animation. (2014, U) ★★★★
9.00 **The Wild Thornberrys Movie** Animation. (2002, U) ★★★★
10.30 **Mavka: The Forest Song** Animation. (2023, PG) ★★
12.15 AM **Lego DC Comics Super Heroes: The Flash** Animation. (2018, U, 78min) ★★★

1.40 **Tad the Lost Explorer and the Secret of King Midas** Animated adventure. (2017, U, 85min) ★★★
3.10 **Scooby-Doo! The Sword and the Scoob** (2021, PG) ★★★
4.35 **to 6.05** AM **Batman Unlimited: Monster Mayhem** Animation. (2015, PG, 76min) ★★★

Movies 24

312 313 419

7.00 AM **Branching Out** Drama. (2024, PG, 90min) ★★
9.00 **Pumpkin Everything** Romantic comedy drama. (2022, PG, 84min) ★★
11.00 **What We Do For Love** Comedy. (2023, PG, 89min) ★★
1.00 PM **Campfire Romance** Comedy. (2022, PG, 90min) ★★
3.00 **An Easter Bloom** Drama. (2024, PG, 84min) ★★

5.00 **A Missed Connection** Romantic drama. (2023, PG, 90min) ★★
7.00 **His and Hers** Drama with Lacey Chabert. (2024, PG, 90min) ★★
9.00 **Love's Secret Ingredient** Romantic comedy starring Brianna Cohen and Chris Connell. A celebrity chef and an organic market owner see an opportunity to help each other professionally and personally. (2023, PG, 91min) ★★
11.00 **To Her, With Love** Romantic drama. (2022, PG, 84min) ★★

1.00 AM **Our Take on Love** Romantic drama starring Lesa Wilson. (2022, PG, 87min) ★★
3.00 **to 5.00** AM **Junebug** Fantasy drama starring Autumn Reeser. (2024, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **The Six Men** Crime drama. (1951, b/w, PG, 66min) ★★★
7.20 **The Gambler and the Lady** Thriller. (1952, b/w, PG, 74min) ★
8.50 **Battle Taxi** Korean War drama. (1955, b/w, PG, 82min) ★★
10.30 **Look at Life**
10.40 **The Mark of Cain** Crime drama. (1947, b/w, PG, 88min) ★
12.30 PM **Spare the Rod** Drama. (1961, b/w, PG, 93min) ★★★★

2.20 **Lorna Doone** Romantic drama. (1951, b/w, U, 88min) ★★★
4.05 **The Marked One** Thriller. (1963, U, 65min) ★★★
5.20 **Edgar Wallace Mystery Theatre**
6.30 **Man from Interpol**
7.05 **Batman** 11/60. (S2)
7.35 **Dial 999** 8/39. (S1)
8.10 **The Halfway House** Mystery. (1944, b/w, PG, 99min) ★★★
10.10 **Cellar Club with Caroline Munro**
10.15 **The House on Sorority Row** Horror. (1982, 18, 91min) ★★★
12.05 AM **Cellar Club with Caroline...**

12.10 **Offerings** Horror. (1989, 18) ★★
2.00 **Cellar Club with Caroline Munro**
2.05 **Hammer House of Mystery and Suspense** 10/13. (S1)
3.35 **The Killings at Outpost Zeta** Thriller. (1980, 15, 92min) ★★
5.25 **Cinebox Memories**
5.30 **to 6.00** AM **Beverly Hillbillies**

TUESDAY Sport 3 June

Tuesday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **Sky Sports News** The morning's main stories, plus updates and analysis on the latest news
12.00 NOON **Lunchtime Live** A look at the sports stories making the headlines this lunchtime.
12.30 PM LIVE **One-Day International Cricket England v West Indies.** The third and final ODI in the series from the Kia Oval, Kennington. The visitors won the last one-day series to take place between the two sides at the end of 2024 in the West Indies. They won the final game in a three-match series by eight wickets to take the series 2-1 overall, which was their second consecutive ODI series win after another 2-1 victory the previous year.
9.00 **Sky Sports News** A round-up of the day's major sports news, featuring highlights and interviews with the players and managers that are making the headlines.
10.30 **Back Pages Tonight** The sports headlines in tomorrow's papers.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
10.00 **Premier League Years**
12.00 NOON **Gary Neville's Soccerbox**
1.00 PM **PL Retro** A replay of West Ham United v Tottenham Hotspur from the 2006/07 season.
3.00 **Premier League 100 Club**
4.00 **Premier League Icons**
5.00 **Premier League Highlights** Fulham v Southampton.
5.30 Ipswich Town v Arsenal.
6.00 Ipswich Town v Aston Villa.
6.30 Leicester v Manchester City.
7.00 Action from Liverpool v West Ham United at Anfield.
7.30 Highlights from Liverpool v Wolverhampton Wanderers.
8.00 **Gary Neville's Soccerbox**
9.00 **Newcastle – The Entertainers**
9.30 **Transfer 360** The inside story of Sol Campbell's controversial move from Tottenham Hotspur to their bitter London rivals Arsenal.
10.00 **Class of '92: Full Time**
11.00 **Premier League Icons**
12.00 M'T **Premier League Legends**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **Premier League 100 Club**
5.30 **to 6.00** AM **PL Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Cup Retro** A replay of Manchester United v Southampton in the 2017 final.
8.00 **Henrik Larsson: 20 Years On**
9.00 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **Old Firm Derby Best Goals**
11.30 **Edinburgh Derby Best Goals**
12.00 NOON **Celtic's Invincibles**
1.00 PM **WSL: End of Season Special** Review of the campaign.
1.30 **Women's Championship Show**
2.00 **SPFL Greatest Games** Archive highlights of Old Firm matches.
5.15 **SPFL Highlights** Archive action from Dundee derby games.
6.00 **EFL Cup Retro** Chelsea v Manchester City in the 2019 final.
8.45 **EFL Greatest Games** Highlights of matches from the archives.
9.30 **Jimmy Glass: The Great Escape** Carlisle United's hero looks back at their last-minute escape from relegation in 1999.
10.00 **Edinburgh Derby Best Goals** Goals from Hearts v Hibernian.
10.30 **Old Firm Derby Best Goals**
11.00 **EFL Greatest Games**
12.00 M'T **EFL** The 2012/13 play-offs.
3.00 AM **EFL Greatest Games**
4.00 **to 6.00** AM **EFL Cup Retro**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **Best of ICC WT20**
6.30 **Best of England v Windies**
7.00 **One-Day International Cricket** Action from England v West Indies.
8.00 **Talking Cricket**
8.30 **The Boy from Baracara**
9.00 **One-Day International Cricket** Action from England v West Indies.
10.00 **Best of ICC WT20**
10.30 **Best of England v Windies**
11.30 **One-Day International Cricket** England v West Indies in the second ODI at Sophia Gardens.
12.30 PM LIVE **One-Day International Cricket England v West Indies.** The third and final ODI in the series from the Kia Oval, Kennington.
9.00 **Ashes Greats** Archive action.
9.30 **Best of England v Windies**
10.00 **IPL** Action from the final.
11.00 **One-Day International Cricket** England v West Indies in the final ODI in the series at The Kia Oval.
12.00 M'T **The Boy from Baracara**
12.30 AM **Best of ICC WT20**
1.00 **One-Day International Cricket**
3.00 **Best of England v Windies**
4.00 **One-Day International Cricket**
5.00 **to 6.00** AM **Best of England v Windies**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **Golf Academy**
7.00 **Playing Lessons**
8.00 **Nick Dougherty's Tee Time Tips**
9.00 **The Open Zone** Women's Open.
9.30 **DP World Tour**
10.00 **PGA Tour** Highlights.
11.00 **US Women's Open**
12.00 NOON **Best of the Open Zone**
1.00 PM **Golf Academy**
2.00 **Playing Lessons**
3.00 **Nick Dougherty's Tee Time Tips**
3.30 **Golf** Action from the G4D Open.
4.30 **DP World Tour**
5.00 **PGA Tour** Highlights.
6.00 **US Women's Open**
7.00 **How the 2002 Ryder Cup Was Won** Tournament review.
10.00 **US Women's Open**
11.00 **PGA Tour** All four days of the Memorial Tournament.
12.00 M'T **DP World Tour**
12.30 AM **The Open Zone**
1.00 **US Women's Open**
2.00 **Best of the Open Zone 2024**
3.00 **Golf Academy** Expert tips.
4.00 **Playing Lessons**
5.00 **to 6.00** AM **Nick Dougherty's Tee Time Tips**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **US Open Classic Matches**
7.00 **WTA & ATP Tennis** Madrid Open.
9.00 **ATP Tennis** Recent highlights.
2.00 PM **ATP Tour This Week**
2.30 **ATP Tennis** Bucharest Open.
3.30 The Marrakech Open final.
4.30 The Barcelona Open final.
5.30 The Munich Open final.
6.30 The Indian Wells Open.
7.30 Madrid Open final.
8.30 **WTA Tennis** Madrid Open final.
9.30 **ATP Tennis** Tournament action.
11.30 **ATP Tour This Week**
12.00 M'T **US Open Classic Matches**
2.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **UEFA Champions League** Action from Paris Saint-Germain v Inter Milan in this year's final.
6.30 **UEFA Conference League** Real Betis v Chelsea in the final.
7.00 **UEFA Europa League** Action from Tottenham Hotspur v Manchester United in the final.
7.30 **Premier League Review**
9.30 **Court Side** Analysis ahead of the 10th day of the French Open.
10.00 LIVE **French Open Tennis** Coverage from the opening day of the quarter-final stage from Stade Roland Garros in Paris.
6.00 PM **UEFA Champions League Magazine** News and updates.
6.30 **Premier League Stories**
7.00 LIVE **French Open Tennis** Further coverage from the first day of the quarter-finals staged at Stade Roland Garros in Paris.
11.00 **French Open Tennis** Action from day 10 of the tournament.
12.30 AM **Fight Week** A preview of UFC 316 staged at Prudential Center in Newark, New Jersey.
1.15 **UFC** Another chance to see Erin Blanchfield v Maycee Barber.
4.15 **No Filter Football**
4.30 **to 6.00** AM **French Open**

TNT Sports 2

411 414 522 409 431

6.00 AM **One Day International Cricket** Ireland v West Indies: Highlights from all three ODIs.
9.00 **Formula E** The Shanghai ePrix.
11.00 **Porsche Supercup**
12.00 NOON **Premier League Stories**
1.00 PM **MLB Highlights**
2.00 **NBA** A Conference final.
3.30 **WNBA** Action from New York Liberty v Connecticut Sun.
4.30 **Formula E** The Shanghai ePrix at Shanghai International Circuit.
6.30 **The WRC Magazine**
7.00 **European Rally Championship Highlights** The Rally Scandinavia.
7.30 **Porsche Supercup** Highlights from the Spanish Grand Prix.
8.30 **T100 Triathlon World Tour Highlights** San Francisco.
9.30 **Tom Aspinall's Fight Lab**
10.00 **Playing for Our Future**
11.30 **MLB Lead Off**
12.00 M'T LIVE **MLB New York Yankees v Cleveland Guardians.** The American League match from Yankee Stadium. Start-time 12.05am.
3.00 **to 6.15** AM LIVE **MLB LA Dodgers v New York Mets.** National League game at Dodger Stadium. Start-time 3.10am.

Sky Sports Action

408 408 517 507 426 446

6.00 AM **The Rugby Championship** Another chance to see Australia v South Africa from 2024.
8.00 Another chance to see New Zealand v Argentina at Sky Stadium in Wellington from 2024.
10.00 **The Rugby Championship** Another chance to see Australia v South Africa staged at Optus Stadium in Perth from 2024.
12.00 NOON A replay of New Zealand v Argentina at Eden Park in Auckland from 2024.
2.00 PM **The Rugby Championship** Argentina v Australia at Estadio Jorge Luis Hirschi from 2024.
4.00 South Africa v New Zealand at Emirates Airline Park in 2024.
6.00 **The Rugby Championship** Argentina v Australia at Stadium Brigadier General Estanislao Lopez in Santa Fe from 2024.
8.00 Another chance to see South Africa v New Zealand at the Cape Town Stadium from 2024.
10.00 **The Rugby Championship** Argentina v South Africa at Estadio Unico Madre de Ciudades in Santiago del Estero from 2024.
12.00 M'T **to 6.00** AM **The Rugby Championship**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **EFL Highlights**
9.00 **Good Morning Sports Fans**
10.00 **Sky Sports News**
12.00 NOON **IPL** Action from qualifier one in the T20 tournament.
1.00 PM The eliminator.
2.00 Action from qualifier two.
2.50 LIVE **IPL** Coverage of the final staged at Narendra Modi Stadium, Ahmedabad. Last year's final saw Sunrisers Hyderabad take on Kolkata Knight Riders in a match that ended up turning into one of the most one-sided finals in recent history. Kolkata's bowlers dominated the Sunrisers' batters and bowled them out for just 113, before their batters took control and chased down their target inside 11 overs, eventually winning the match by eight wickets.
8.00 **Sky Sports News** A round-up of the day's main sports headlines.
10.30 **Back Pages Tonight** The sports headlines in tomorrow's papers.
11.00 **Sky Sports News**
12.00 M'T **Premier League Darts** Another chance to see Finals Night at O2 Arena in London.
3.30 AM **PDC Classics** Archive action.
4.00 **to 6.00** AM **Sky Sports News**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **Women's One-Day International Cricket**
8.00 **One-Day International Cricket**
9.00 **The Open Zone**
9.30 **DP World Tour Golf**
10.00 **PGA Tour Golf** Highlights.
11.00 **US Women's Open Golf**
12.00 NOON **One-Day International Cricket** England v West Indies.
1.00 PM **Formula 1** Spanish Grand Prix.
2.00 **EFL Greatest Games**
2.50 LIVE **IPL** Coverage of the final from Narendra Modi Stadium.
8.00 **PGA Tour Golf**
9.00 **DP World Tour Golf**
9.30 **One-Day International Cricket**
10.30 **Best of England v Windies**
11.00 **Fight Night** Jonas v Price.
12.00 M'T **Formula 1** From Spain.
1.00 AM **One-Day International Cricket** England v West Indies.
3.00 **EFL Greatest Games**
4.00 **ATP Tennis** Barcelona Open.
5.00 **to 6.00** AM **Nick Dougherty's Tee Time Tips**

TNT Sports 3

413 415 523 410 432

6.00 AM **AFL** Another chance to see GWS Giants v Richmond Tigers.
7.30 Another chance to see Sydney Swans v Adelaide Crows.
9.00 A replay of Melbourne Demons v St Kilda Saints.
10.30 A chance to see West Coast Eagles v Geelong Cats.
12.00 NOON **FIM JuniorGP Championship** Highlights of races that were held in Jerez.
4.30 PM **FIM Speedway Grand Prix Highlights** The third round of the season in Prague, Czech Republic.
5.30 **Motocross World Championship** Highlights from Teutschenthal, Germany.
8.30 **MLB Highlights**
9.30 **NBA** A Conference final.
11.00 **AFL** Another chance to see GWS Giants v Richmond Tigers.
12.30 AM Another chance to see Sydney Swans v Adelaide Crows.
2.00 **AFL** Two match replays.
5.00 **to 6.00** AM **Europa League & Conference League Magazine**

TNT Sports 4

414 416 524 411 434

6.00 AM **Classic Premier League** Highlights from the archives.
7.00 **Premiership Rugby Union** Bristol Bears v Harlequins.
8.00 **French Open Tennis** Action from day nine of the tournament.
9.30 **Court Side** Analysis ahead of the 10th day of the French Open.
10.00 LIVE **French Open Tennis** Coverage of the opening day of the quarter-final stage from Stade Roland Garros in Paris.
6.00 PM **UCI Mountain Bike World Series** The women's DHI elite final in Loudervielle, France.
6.30 **UCI Mountain Bike World Series** Action from the men's DHI elite final in Loudervielle, France.
7.00 LIVE **French Open Tennis** Further coverage from the first day of the quarter-finals staged at Stade Roland Garros in Paris.
11.00 **Premiership Rugby Union** Highlights of recent matches.
4.00 **to 6.00** AM **Formula E**

Premier Sports 1

419 551

6.00 AM **Euro Le Mans Highlights**
7.00 **MotorSport** Le Tour Auto.
7.30 **Transworld Sport** Magazine.
8.30 **UK Independent Kart Racing**
10.00 **World Surf League**
11.00 **FIM Sidecarcross**
12.00 NOON **PSA Squash Highlights**
1.00 PM **URC in 60** Quarter-finals.
2.00 **Trail Menorca** Highlights.
2.30 **Transworld Sport** Magazine.
3.30 **LaLiga Highlights**
4.30 **DTM Highlights**
5.25 **MotorSport** Le Tour Auto.
5.55 LIVE **Swedish Speedway Lejonen v Vasternik.**
8.00 **Trail Menorca** Highlights.
8.30 **Top 14 Rugby Union Highlights**
9.00 **NASCAR Highlights**
10.00 **Swedish Speedway**
12.00 M'T **Independent Kart Racing**
1.30 AM **Trail Menorca**
2.00 **NASCAR Highlights**
3.00 **World Surf League**
4.00 **Motorsport Highlights**
5.00 **to 6.00** AM **PSA Squash**

Premier Sports 2

420 552

6.00 AM **NASCAR Xfinity Series**
9.00 **FastZone** Motorsports highlights.
9.30 **GP Confidential**
10.00 **Temples of Sport**
11.00 **United Rugby Championship** A replay of Glasgow Warriors v Stormers in the first quarter-final.
1.00 PM Bulls v Edinburgh in the second quarter-final.
3.00 **FastZone** Motorsports highlights.
3.30 **Bike World** Magazine.
4.00 **Top 14 Rugby Union** Action from the French top flight.
6.00 **GP Confidential**
6.30 **United Rugby Championship** A replay of the third quarter-final.
8.30 **United Rugby Championship** The fourth quarter-final.
10.30 **Temples of Sport**
11.00 **NHL Ice Hockey** A play-off game.
1.00 AM LIVE **NHL Ice Hockey** Coverage of a play-off match.
4.00 **NHL: This is Hockey**
4.30 **Football's Greatest**
5.00 **to 6.00** AM **Temples of Sport**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 3** From Spain.
8.15 **Formula 1** Season highlights.
8.30 **Formula 2** Spanish Grand Prix.
10.50 **Alex Albon: Lie Detector**
11.00 **Ferrari Challenge Europe**
12.00 NOON **Formula 1** The Spanish Grand Prix qualifying session.
2.00 PM **Formula 1** Another chance to see the Spanish Grand Prix.
6.30 **Indycar** The Detroit Grand Prix.
8.00 **Indy NXT** Action from Detroit.
9.00 **Indycar** The Detroit Grand Prix.
10.00 **Formula 1** Spanish Grand Prix.
11.00 **Indycar** The Detroit Grand Prix.
12.00 M'T **Formula 1** Race highlights.
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Wednesday 4 June Evening Planner

Wednesday

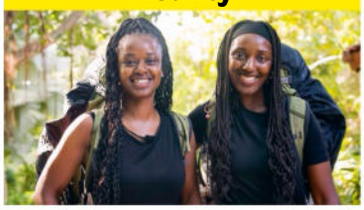
Travelogue

Tucci in Italy

National Geographic, 8pm

Actor Stanley Tucci continues his tour of Italy in the north of the country, where the food is as complex as the region.

Reality



Race Across the World

BBC1, 9pm

The race to reach the next checkpoint in the Indian state of Goa heats up, with only seven hours separating the teams.

Travelogue

Travels with Agatha Christie & Sir David Suchet

More4, 9pm

Sir David arrives in New Zealand, where he learns why Poirot hated the ocean.

OnDemand

tv+

Stick

Available today

Owen Wilson stars in this comedy drama as an unlucky ex-pro golfer who starts coaching a teenage prodigy.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 The Repair Shop on the Road		9.00 Race Across the World		10.00 News; Local News	10.40 Glow... †
	102 BBC2	7.00 The Great House Revival		8.00 Springwatch		9.00 The Rise and Fall of Michelle Mone		10.00 Mortimer &...	10.30 Newsnight
	103 ITV1	7.00 Emmerdale		8.00 Coronation Street		9.00 Genius Game		10.10 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Location, Location, Location		9.00 Britain's Most Expensive Houses		10.00 Gogglebox	
	105 5	7.00 Fare Dodgers: At War with the Law		8.00 Electric Cars: Are They Really Worth It?		9.00 Casualty 24/7: Every Second Counts		10.00 999: Critical Condition	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 David Attenborough's Conquest of...		9.00 Hawking: Can You Hear Me?			
ENTERTAINMENT	115 BBC3	7.00 Top Gear		8.00 Glow Up: Britain's Next Make-Up Star		9.00 Stacey Dooley: Greece, Bust and Broken		10.00 Stacey Dooley Investigates: Ireland...	
	116 BBC4	7.00 Great British...	7.30 Wainwright...	8.00 Digging for Britain		9.00 Andrew Davies: Rewriting the Classics		10.15 Pride and Prejudice	
	118 ITV2	7.00 Deal or No Deal		8.00 Ant & Dec's Limitless Win		9.00 The 1% Club		10.00 Plebs	
	136 MORE4	‹ 6.55 Car S.O.S.		7.55 Kirstie and Phil's Love It or List It		9.00 Travels with Agatha Christie & Sir...		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Below Deck Down Under		9.00 Celebrity Gogglebox		10.00 First Dates	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 FBI: Most Wanted		9.00 The Equalizer		10.00 Fire Country	
	108 SKY ATLANTIC	‹ 6.45 Billions		7.55 Game of Thrones		9.00 The White Lotus		10.00 True Detective	
	110 U&GOLD	7.00 Dad's Army	7.40 The Good Life			9.00 Still Open All Hours	9.40 Harry Enfield's...	10.20 Absolutely Fabulous	
	111 U&DAVE	7.00 Would I Lie to...	7.35 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	7.00 Heartbeat		8.00 McDonald & Dodds				10.00 Grantchester	
	120 ITV4	‹ 6.55 Gallagher Premiership Unleashed		7.55 Beat the Chasers		9.00 Isle of Man TT		10.00 Film: Platoon	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Bradley & Barney Walsh: Breaking Dad		10.00 Russell Howard: Live at the London...	
	139 SKY SCI-FI	7.00 Blood & Treasure		8.00 Stargate Universe		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 Big Zuu and AJ Tracey's Rich Flavours		9.00 Film: Coming 2 America			
	109 U&ALIBI	7.00 Shakespeare & Hathaway		8.00 Death in Paradise				10.00 Catch Me a Killer	
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Blue Road: The Edna O'Brien Story				10.00 My Week with Lubaina Himid	
	132 U&W	7.00 999 Rescue Squad		8.00 Multiple Birth Wards				10.00 Nurses Down Under	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Scrap Kings		9.00 Kindig Customs		10.00 Wheeler Dealers World Tour	
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 Deadliest Sharks		9.00 Shark Alley: Legend of Dynamite		10.00 Alaska: Surviving the Last Frontier	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Tucci in Italy		9.00 Car S.O.S.			
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Storage Hunters		9.00 The Curse of Oak Island		10.00 Hunting History with Steven Rinella	
	155 U&YESTERDAY	7.00 Bangers & Cash		8.00 Great British Railway Journeys		9.00 Turkey with Simon Reeve		10.00 Bangers & Cash	
	121 SKY DOCS	7.00 Wig				9.00 Hawking: Can You Hear Me?			
FILMS – Sky Cinema	301 PREMIERE	‹ 6.10 Beetlejuice Beetlejuice		8.00 A Nice Indian Boy			9.45 Old Guy		
	302 ROMANCE	‹ 6.15 The Back-Up Plan		8.00 Along Came Polly			9.45 Trainwreck		
	303 BLOCKBUSTERS	‹ 5.45 It Ends with Us		8.00 Barbie				10.00 Bridget Jones's Diary	
	304 GREATS	‹ 6.00 The Pink Panther		8.00 A Shot in the Dark				10.00 The Pink Panther Strikes Again	
	305 ANIMATION	7.05 Captain Underpants			8.40 Surf's Up			10.10 Scarygirl	
	306 FAMILY	‹ 6.55 The Spiderwick Chronicles			8.35 The Witches			10.10 The Wiz	
	307 ACTION	‹ 5.40 Fast & Furious 7		8.00 Snow White and the Huntsman				10.10 Mission: Impossible III	
	308 COMEDY	‹ 6.25 Disaster Movie		8.00 Two Weeks Notice			9.50 The Naked Gun 33 1/3: The Final Insult		
	309 THRILLER	‹ 6.05 Layer Cake		8.00 Inferno				10.10 RocknRolla	
	310 DRAMA	‹ 5.30 Jerry Maguire		8.00 Lost in Translation			9.50 Drift		
	311 SCI-FI	‹ 6.05 Five Nights at Freddy's		8.00 Passengers				10.00 The Pact	
	313 FILM4	‹ 6.50 Fatherhood				9.00 Deadpool 2			
SPORT	401 MAIN EVENT	‹ 12.30 Women's International One-Day Cricket – Live: England v West Indies				9.00 Sky Sports News		10.00 News at Ten	10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 Premier League Highlights		8.00 Gary Neville's...	8.30 David James: The One and Only			10.00 Class of '92: Full Time	
	403 FOOTBALL	‹ 6.00 Retro League One			8.45 EFL Greatest Games			10.00 EFL Cup Highlights	
	404 CRICKET	‹ 12.30 Women's International One-Day Cricket – Live: England v West Indies				9.00 Ashes Greats	9.30 Best of...	10.00 One-Day International Cricket	
	410 TNT SPORTS 1	7.00 Roland Garros – Live: Further coverage from the second day of the quarter-finals							
	411 TNT SPORTS 2	‹ 6.30 MLB – Live: Boston Red Sox v Los Angeles Angels (Start-time 6.35)						9.45 UFC Countdown	

‹ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

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BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Expert Witness** (S)(R)(AD)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Doorbell Detectives** New edition 3/5. A serial burglar is convicted after being caught on camera. (S)
2.30 **Scam Interceptors** (S)(R)
3.00 **Escape to the Country** (S)(R)
3.45 **Garden Rescue** New edition Flo Headlam and Lee Burkhill transform a Salford backyard into something cool and edgy. (S)
4.30 **Bridge of Lies** New edition (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

7.30 EastEnders

7 PM

7.00 The One Show
Alex Jones and Vernon Kay present the topical show. (S)

7.30 EastEnders
Alfie tells Linda about his plan to propose to Kat, and Kathy persuades Peter to make amends with Lauren. (S)(AD)

8 PM

8.00 The Repair Shop on the Road
The experts help restore an oversized fibreglass dairy cow lantern, a Hindu holy scripture so fragile it cannot be opened and a fruit machine that hasn't worked for decades. (S)(R)(AD)

9 PM

9.00 Race Across the World
New edition 7/9. Less than seven hours separates the teams, so each pair try to make it into pole position as they navigate the Indian state of Maharashtra to reach Panaji, the tiny capital of Goa. (S)(AD)

10 PM

10.00 BBC News (S)
10.30 Local News (S)
10.40 Glow Up: Britain's Next Make-Up Star
6/8. Billy Porter and Marisha Wallace are the guest judges as the make-up artists work on the dancers in popular West End musical *Cabaret*. (S)(R)(AD)
11.40 NEW Little Simz: Live at the BBC Tracks from the artist's highly anticipated new album *Lotus*. (S)
12.10 AM **Change Your Mind, Change Your Life with Matt and Emma Willis** 1/4. Following people as they undergo therapy. (S)(R)(AD)
1.00 2/4. A woman confronts the grief she buried. (S)(R)(AD)
1.45 Celebrity Bridge of Lies (S)(R)
2.30 Weather for the Week Ahead (S)
2.35 to 6.00 AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.30 AM **Bargain Hunt** (S)(R)
7.15 **Escape to the Country** (S)(R)
8.00 **Sign Zone: Celebrity Antiques Road Trip** (S)(R)
9.00 **BBC News** (S)
11.15 **Politics Live** (S)
1.00 PM **The Edge** Quiz show. (S)(R)
1.45 **Lightning** Game show. (S)(R)
2.15 **Unbeatable** Quiz show. (S)(R)
3.00 **Murder, Mystery and My Family** A 1884 murder case. (S)(R)(AD)
3.45 **Waterhole: Africa's Animal Oasis** 3/3. Circumstances change when rains hit the waterhole. (S)(R)
4.45 **Villages by the Sea** (S)(R)
5.15 **Flog It!** From Rochester. (S)(R)
6.00 **Richard Osman's House of Games** Game show. (S)(R)
6.30 **Clive Myrie's Italian Road Trip** 8/15. Clive goes heads off the tourist track in Rome. (S)(R)

7.00 The Great House Revival

7.00 NEW SERIES The Great House Revival
1/8. Hugh Wallace helps with the restoration of a former Post Office in Co Cork. (S)

7.50 A Wild Year
Focusing on the summer in the Lake District. (S)(R)

8.00 Springwatch
New edition 7/12. Michaela Strachan and Chris Packham explore stories from the National Trust's Longshaw Estate, while Iolo Williams looks into the world of the corncrake. (S)
■ Continues tomorrow

9.00 The Rise and Fall of Michelle Mone
Series finale 2/2. The ongoing controversy regarding Mone's links to a business awarded a PPE contract during the COVID-19 pandemic. (S)(AD)
■ Entire series on BBC iPlayer

10.00 Mortimer & Whitehouse: Gone Fishing
1/8. Paul and Bob fish for tench at Rocklands Mere in Norfolk. (S)(R)(AD)
10.30 Newsnight (S)
11.00 Unspun World with John Simpson Reflecting on the week's major global news stories. (S)
11.30 Lockerbie: Our Story The stories of victims of the Pan Am Flight 103 terrorist attack. (S)(R)(AD)
12.30 AM **Sign Zone: Hidden Treasures of the National Trust** (S)(R)(AD)
1.30 Sign Zone: Walking with Dinosaurs 1/6. (S)(R)(AD)
2.20 Sign Zone: Jane Austen – Rise of a Genius 1/3. (S)(R)(AD)
3.20 to 6.15 AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **James Martin's Midweek Menu** New edition James serves up cheeseburgers for José Pizarro, enjoys a plate of piri-piri chicken from chef Lenny Carr-Roberts, and treats guest Jane McDonald to a tasty shepherd's pie. (S)
3.00 **Lingo** Words-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.00 Coronation Street

7.00 Emmerdale
Ruby has a confession to make, putting Chas into a spiral. April is reminded of her nights on the streets while doing a trial shift for Belle. Jacob and Kersey urge Pollard to consider some help at home. (S)(AD)

8.00 Coronation Street
Abi is jealous of Carl and Tracy's flirtation, Dylan and Brody cross paths once more, George offers to move to Thailand with Eileen, while Todd introduces Theo to Summer and Asha. (S)(AD)

9.00 Genius Game
New edition 7/8. With only five players remaining, there is everything to play for in the Main Match Media Moguls, a game where only the most astute investors will be rewarded. David Tennant hosts. (S)(AD)

10.10 ITV News (S)
10.40 Local News (S)
10.55 Peston
Political magazine hosted by Robert Peston, featuring interviews with MPs, topical guests and cultural figures. (S)
11.50 Gallagher Premiership Unleashed Action from the final round of regular-season fixtures. (S)(R)
12.15 AM **Teleshopping**
3.00 Tonight: Street Racing – Caught On Camera (S)(SL)(R)
3.25 The Jonathan Ross Show: Special Guests Memorable moments from the talk show. (S)(SL)(R)
3.50 Unwind with ITV (S)
5.05 to 6.00 AM **James Martin's Midweek Menu** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 17-20/25. (S6) (S)(R)
8.10 **The King of Queens** (S)(R)(AD)
9.10 **Frasier** (S10&11) (S)(R)(AD)
11.10 **Celebrity Undercover Boss USA** With actor Idina Menzel. (S)(R)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Narrow Escapes** New edition Flora, Faraz and their family go shopping for a boat. (S)(AD)
5.00 **Chateau DIY** Becky and Mark rush to get everything ready for an open day. (S)(R)(AD)
6.00 **A New Life in the Sun: Where Are They Now?** New edition Carli and James try to boost their earnings by taking on another apartment in Italy. (S)

9.00 Britain's Most Expensive Houses

7.00 News (S)

8.00 Location, Location, Location
New edition Kirstie and Phil help two pairs find new homes in and around Stirling and in the outskirts of Glasgow – a part of the world where their house-hunters' money stretches that bit further. (S)(AD)

9.00 Britain's Most Expensive Houses
New edition Raj Gill is under pressure to sell an £18million townhouse near Harrods. In Stratford-upon-Avon, Jonathan Handsford prepares to list a three-storey home. (S)(AD)

10.00 Gogglebox
The armchair critics share their opinions on what they have been watching on TV, with cameras capturing their instant reactions. (S)(R)(AD)
11.05 Johnny Vegas: Carry on Glamping 3/6. Planning issues bring Johnny's plans to a halt. (S)(R)(AD)
12.05 AM **Night Coppers** (S)(R)(AD)
1.00 999: On the Front Line (S)(R)
1.55 FILM Songbird Sci-fi thriller starring KJ Apa and Sofia Carson. (S)(SL) (2020, 15, 85min) ★★★
3.20 NEW Iris Prize Best British Shorts *Who's Kitty Amor?* (S)(AD)
3.45 NEW Iris Prize Best British Shorts *Diomysus: More Than Monogamy.*
3.55 Devon and Cornwall (S)(R)(AD)
4.50 Location, Location, Location (R)
5.45 to 6.25 AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 FILM PREMIERE **The Woman with My Face** Thriller starring Nicole Marie Sisinni and Donny Boaz. (S) (2024, 12, 105min) ★★
4.00 **Bargain-Loving Brits in the Sun** New edition Make-up saleswoman and tour guide Val hosts a coach trip. (S)
5.00 **News** (S)
6.00 **Dogs Behaving (Very) Badly** Graeme Hall treats a dog that has become aggressive towards other dogs. (S)(R)
6.55 **News** (S)

8.00 Electric Cars: Are They...

7.00 **Fare Dodgers: At War with the Law** Rich and Greg search for a suspect thought to have been scamming Transport for London for over a year. (S)(R)
7.55 **News** (S)

8.00 NEW **Electric Cars: Are They Really Worth It?** Documentary exploring whether buying an electric car is worth it, sorting fact from fake news on everything from range realities to charging truths. (S)

9.00 **Casualty 24/7: Every Second Counts** Paramedics bring in a 78-year-old former miner who is suffering with chest pain. Also, a man who was recovering from surgery is bleeding internally. (S)(R)(AD)

10.00 **999: Critical Condition** Sixty-four-year-old Barry is brought into resus with suspected sepsis. After her horse threw her to the ground, Lucy suffered nerve damage that could mean that she is paralysed. (S)(R)

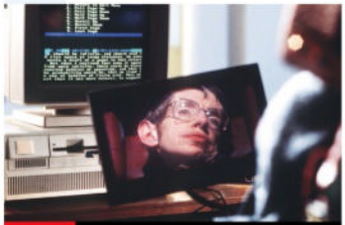
11.05 **Skin A&E** Twenty-six-year-old Curtis seeks help for a skin condition that has troubled him since he was 10. (S)(R)(AD)
12.05 AM **Cause of Death** (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** (S5) (S)(R)(AD)
4.00 **22 Kids & a Wedding** (S)(R)
4.35 **The Wonderful World of Chocolate** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S8) (S)(R)
11.00 **Africa's Hunters** (S)(R)(AD)
12.00 NOON **The Flash** (S7) (S)(R)
1.00 PM **Hawaii Five-0** (S6) (S)(R)
3.00 **SEAL Team** (S1) (S)(R)(AD)
4.00 **S.W.A.T.** 10/21. (S3) (S)(R)(AD)
5.00 **The Simpsons** *I, (Annoyed Grunt)-Bot:* Homer attempts to build a robot for Bart. (S)(R)
5.30 *My Mother the Carjacker:* Homer tries to help his fugitive mother evade justice. Featuring the voice of Glenn Close. (S)(R)
6.00 **The Office (US)** 26/28. Staff members take liberties with their casual Friday attire. (S)(R)
6.30 27/28. Michael turns his old office space into a cafe-disco lounge. (S5) (S)(R)



9.00 Hawking: Can You Hear Me?

7.00 **The Simpsons** *Diatribe of a Mad Housewife:* Marge writes a novel and gets it published to critical acclaim. (S)(R)
7.30 *Margical History Tour:* Marge piques the children's interest in history. (S)(R)

8.00 **David Attenborough's Conquest of the Skies** 1/3. The naturalist examines creatures capable of flight, initially turning his attentions toward a descendant of the dragonfly, the Atlas beetle and the blow fly. (S)(R)(AD)

9.00 **Hawking: Can You Hear Me?** Documentary about the life and career of Stephen Hawking, exploring the remarkable story of a man who became one of the most famous physicists of the 20th century. (S)(R)(AD)

10.45 **A League of Their Own** 1/8. Romesh Ranganathan hosts as regulars Jamie Redknapp, Micah Richards and Jill Scott are joined by Tyson Fury, Maya Jama and Rob Beckett. (S)(R)(AD)

11.45 **The Force: North East** Officers are on high alert as rival football fans gather at Sunderland's Stadium of Light, while drunks turn violent after being thrown out of a nightclub. (S)(R)
12.40 AM **Brit Cops: Rapid Response** Documentary. (S)(R)(AD)
1.35 **Road Wars** (S)(R)
3.00 **SEAL Team** (S1) (S)(R)(AD)
4.00 **S.W.A.T.** 10/21. (S3) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
2.30pm Politics Scotland (S) **3.15-3.45** Scam Interceptors (S)(R) **10.40** Debate Night (S)(R) **11.40** Scotcast (S)(R) **12.10am** Glow Up: Britain's Next Make-Up Star (S)(R)(AD) **1.10** NEW Little Simz: Live at the BBC (S) **1.40** Celebrity Bridge of Lies (S)(R) **2.25** Weather for the Week Ahead (S) **2.30-6.00am** BBC News (S)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
No variations

WALES
Sky **965**, Virgin **864**, Freesat **965**
10.40pm Walescast (S) **11.10pm-12.10am** Glow Up: Britain's Next Make-Up Star (S)(R)(AD)

BBC2

N. IRELAND
Sky **969**, Freesat **969**
10.00-10.30pm Spotlight (S)(R)

WALES
Sky **968**, Freesat **968**
6.30-7.00pm Richard Osman's House of Games (S)(R)

ITV1

No variations

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **11.00** Dysgu Gyda Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Ein Llwybrau Celtaidd **12.30** Heno **1.00** Darn Bach o Hanes (AD) **1.30** Garddio a Mwy **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Y Cosmos **4.00** Awr Fawr **5.00** Stwnsh **6.00** Pêl-Droed Rhyngwladol **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm (AD) **8.25** NEW SERIES Hafiach (AD) **8.55** Newyddion a'r Tywydd **9.00** NEW SERIES Busnes Bwyd **10.00** Prosiect Pum Mil **11.00-11.45pm** Mwy Na Daffs a Taffs

TV&Satellite week
More channels than any other TV magazine

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Top Gear** The presenters try to find the perfect car for 17-year-olds.
7.55 **The Catch Up**
8.00 **Glow Up: Britain's Next Make-Up Star** New edition 6/8. Hollywood stars Billy Porter and Marisha Wallace turn up to surprise the MUAs as they work on the Kit Kats in top musical *Cabaret*.
9.00 **Stacey Dooley: Greece, Bust and Broken** 1/3. Stacey explores how the global financial crisis has affected the lives of young people in three countries, beginning with Greece.
10.00 **Stacey Dooley Investigates: Ireland – Lost and Leaving** 2/3. How the global financial crisis has affected the lives of young people in Ireland.
11.00 **The Young Offenders** (S3)
12.00 M'T **What It Feels Like for a Girl** 1&2/8. (S1)
1.30 AM **Top Gear** As 7.00pm.
2.35 **My Mate's a Bad Date**
3.00 **to 4.00** AM **The Young Offenders**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Great British Railway Journeys** Michael Portillo explores Snowdonia.
7.30 **Wainwright Walks: Coast to Coast** Julia Bradbury heads to Robin Hood's Bay.
8.00 **Digging for Britain** Alice Roberts visits archaeological digs in the east of the UK.
9.00 **Andrew Davies: Rewriting the Classics** The writer discusses the process of adapting classic novels for TV.
10.00 **Andrew Davies Remembers... Pride and Prejudice** The writer reflects on creating the series *Pride and Prejudice*.
10.15 **Pride and Prejudice** 1/6. Adaptation of Jane Austen's classic, with Colin Firth. (S1)
11.10 **Pride and Prejudice** 2&3/6. Double bill. (S1)
1.00 AM **Jane Austen: The History Makers**
1.30 **Wainwright Walks: Coast to Coast** As 7.30pm.
2.00 **Great British Railway Journeys** As 7.00pm.
2.30 **to 3.30** AM **Digging for Britain**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
10.25 **A New Life in the Sun**
11.30 **Heir Hunters**
12.30 PM **Come Dine with Me** Five editions of the culinary contest from Belfast.
3.10 **Four in a Bed** Five editions of the B&B challenge.
5.50 **Car S.O.S** Fuzz Townshend and Tim Shaw head to Somerset to revamp a Jeep Grand Cherokee.
6.55 Restoring a 1986 Rover SD1 that ended up rotting away in a dirty lock-up.
7.55 **Kirstie and Phil's Love It or List It** Kirstie Allsopp and Phil Spencer come to the aid of couple Jamie Lea and Curtis in Albrighton in Shropshire.
9.00 **Travels with Agatha Christie & Sir David Suchet** New edition 3/5. David tracks Agatha's 1922 empire tour to New Zealand, where he explores woollen mills and gold mines and is guided by Maori around a geothermal hot springs.
10.00 **24 Hours in A&E** A man is brought in following an accident on a building site.
11.05 **Emergency Helicopter Medics** Documentary.
12.05 AM **Travels with Agatha Christie & Sir David...**
1.10 **24 Hours in A&E**
2.15 **999: On the Front Line**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Kitchen Nightmares USA**
9.00 **The Simpsons**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons** *Mathlete's Feat:* Lisa joins a mathematics quiz team
7.00 **Hollyoaks** Dangerous secrets come to light.
7.30 **The Simpsons** *Mr Lisa's Opus:* Lisa realises how much she has been shaped by a string of disappointing birthdays.
8.00 **Below Deck Down Under** New edition The deck team get a surprising new leader.
9.00 **Celebrity Gogglebox** Famous faces appraise *Hostile Planet*, *The Repair Shop* and *EastEnders*.
10.00 **First Dates** Diners include a 65-year-old dominatrix looking for romance.
11.05 **Gogglebox**
12.05 AM **The Big Bang Theory**
1.05 **The Simpsons**
1.35 **Brooklyn Nine-Nine**
2.35 **The Goldbergs**
3.30 **Below Deck Down Under**
4.25 **Ramsay's Kitchen Nightmares USA**
5.15 **to 6.00** AM **Modern Family**

+1 hr 235/236 306 30 123 256

WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 110 341 356

6.00 AM **Road Wars**
7.00 **Brit Cops: Rapid Response**
8.00 **Border Patrol**
9.00 **Border Security: Canada's Front Line** Double bill.
10.00 **Bondi Rescue**
11.00 **Stop, Search, Seize**
12.00 NOON **The Good Doctor** (S5)
1.00 PM **The Rookie: Feds** (S1)
2.00 **FBI** 4/19. A shooting takes place at a nightclub. (S2)
3.00 **Caught on Dashcam**
5.00 **Caught Red Handed**
6.30 **Nothing to Declare**

9.00 The Equalizer

7 PM

7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 FBI: Most Wanted *Desperate:* 5/13. A debate team and their English teacher are kidnapped in rural Pennsylvania. (S5)

9 PM

9.00 The Equalizer New episode *Acceptance:* 17/18. Dante's brother seeks help from McCall and the team. (S5)

10 PM

10.00 Fire Country *Two Pink Lines:* 12/22. The team battle a monstrous fire after a plane crash. (S1)
11.00 **Bull** 2/16. (S5)
12.00 M'T **FBI** 6/15. (S3)
1.00 AM **FBI: Most Wanted** (S5)
2.00 **Law & Order: Special Victims Unit** New episode 10/20. (S26)
3.00 **The Good Doctor** 4/18. (S5)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **Stop, Search, Seize**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
8.00 **The Sopranos** 4&5/13. (S2)
10.00 **Billions** 11&12/12. (S5)
12.20 PM **Game of Thrones** (S4)
1.25 **Accidentally Famous: The Story of 883** 5&6/8. (S1)
3.30 **The Sopranos** 4/13. Tony travels to Italy on business.
4.35 5/13. Christopher takes an acting class. (S2)
5.35 **Billions** 11/12. Taylor looks to enlist an old enemy.
6.45 12/12. Wendy struggles to deal with issues. (S5)

10.00 True Detective

7 PM

7.55 Game of Thrones *The Watchers on the Wall:* 9/10. Jon and the men of the Night's Watch face their biggest challenge yet as they prepare to defend the Wall. (S4)

8 PM

9 PM

9.00 The White Lotus *Arrivals:* 1/6. Comedy drama following the exploits of guests and employees at a tropical resort. (S1)

10 PM

10.00 True Detective *The Locked Room:* 3/8. Hart's jealousy gets the better of him when he spots Lisa on a date. (S1)
11.05 **Homicide: Life on the Street** Part two of three. The murder investigation continues. (S6)
12.05 AM **Succession** 3&4/10. (S1)
2.15 **The Pacific** 10/10. (S1)
3.25 **Game of Thrones** 9/10. (S4)
4.20 **to 6.00** AM **Richard E Grant's Hotel Secrets**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S6)
8.00 **The Flash** 17/18. (S7)
9.00 **Stargate SG-1** (S8)
11.00 **Supergirl** 7/22. (S4)
12.00 NOON **The Flash** 18/18. (S7)
1.00 PM **Hawaii Five-0** (S6)
3.00 **SEAL Team** 14/22. (S1)
4.00 **S.W.A.T.** 10/21. (S3)
5.00 **Supergirl** 6/22. Kara's TV debate with Ben Lockwood spoils her Thanksgiving. (S4)
6.00 **Stargate SG-1** 13/20. The team are called into action when the Goa'uld try to enslave a planet for the second time. (S8)

9.00 Coming 2 America

7 PM

7.00 Stargate SG-1 *Full Alert:* 14/20. The American and Russian governments fall out. (S8)

8 PM

8.00 Big Zuu and AJ Tracey's Rich Flavours 3/3. The duo explore New York's most expensive and outrageous dishes.

9 PM

9.00 FILM Coming 2 America Comedy sequel starring Eddie Murphy. Pampered crown prince Akeem faces a constitutional crisis without a male heir to ascend the throne of Zamunda. With Arsenio Hall and Jermaine Fowler. (2021, 12, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11.00 **Hacks** 10/10. Comedy drama starring Jean Smart. (S4)
11.30 **A League of Their Own** With Tyson Fury and Maya Jama.
12.30 AM **Brit Cops: Rapid Response** Documentary.
1.30 **Road Wars** Double bill.
3.00 **SEAL Team** 14/22. (S1)
4.00 **S.W.A.T.** 10/21. (S3)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **Totally Bonkers Guinness World Records** Double bill.
10.00 **Dress to Impress**
1.00 PM **Deal or No Deal**
2.00 **Ant & Dec's Limitless Win**
3.00 **Hart of Dixie** 22/22. Zoe decides to take a weekend break in New York. (S2)
4.00 **Gilmore Girls** 22/22. Last episode of the drama. (S7)
5.00 **Dress to Impress**
6.00 **Celebrity Catchphrase** With guests Jane Danson, Tom Rosenthal and Eddie Kadi.

9.00 The 1% Club

7 PM

7.00 Deal or No Deal Stephen Mulhern hosts as a contestant takes on the Banker for the chance to win life-changing money.

8 PM

8.00 Ant & Dec's Limitless Win 4/6. Married couples Dan and Sarah, and Nik and Khajal take part.

9 PM

9.00 The 1% Club Quiz show hosted by comedian Lee Mack in which the questions are all about logic and common sense.

10 PM

10.00 Plebs 7/9. The boys are evicted from their flat.
10.30 8/9. Jason's brother Darius is getting married. (S5)
11.00 **Family Guy** 10&4/23. (S10)
12.00 M'T **American Dad!** (S8&7)
1.00 AM **Bob's Burgers** (S12)
2.00 **Plebs** 7&8/9. (S5)
3.00 **Teleshopping**
4.30 **Unwind with ITV**
5.00 **Teleshopping**
5.30 **to 6.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Where the Heart Is**
9.20 **Agatha Christie's Poirot**
10.30 **The Royal** *Thinking Too Hard.*
11.35 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Agatha Christie's Poirot**
4.55 **Downton Abbey** 3/9. The Crawleys throw an extravagant party. (S4)
6.00 **Heartbeat** *Mother of Invention:* Carol meets a woman claiming to be her mother.

8.00 McDonald & Dodds

7 PM

7.00 Heartbeat *Living off the Land:* Wetherby begins following his wife and is devastated to learn she is being unfaithful.

8 PM

8.00 McDonald & Dodds *Jinxy Sings the Blues:* 2/3. The detectives investigate when a man is found dead on a bus, but there is not one eyewitness to his death and their only clue is a ticket stub for an arts and culture festival. (S4)

9 PM

10 PM

10.00 Grantchester 5/6. Sidney takes Geordie to a London jazz club, hoping to leave their worries at home. (S1)
11.00 **Grantchester** 6/6. (S1)
11.55 **Cracker** 3/7. (S1)
1.00 AM **Where the Heart Is**
1.55 **The Royal** *Thinking Too Hard.*
2.45 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **Unwind with ITV**
5.00 **Teleshopping**
5.30 **to 6.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Scotland's Home of the Year** 7/7. The six regional winners go head to head for the title.
8.00 **Gold Town** 3/3. The pandemic hits the UK and all mining stops.
9.00 **Debate Night** New edition Debate on the big issues affecting Scotland and beyond.
10.00 **Martin Compston's Scottish Fling** 6/6. Martin and Phil MacHugh end their tour of Scotland in the Lowlands.
10.30 **Jules and Greg's Wild Swim** 5/5. The couple tackle the freezing waters of Shetland.
11.00 **Scotcast** New edition Topical discussion.
11.30 PM **to 12.00** M'T **David Wilson's Crime Files** Ethical issues affecting the justice system.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **High Maintenance**
9.15 **The Conners** (S2)
10.15 **Entourage** (S3)
11.25 **Barry** 2&3/8. (S1)
12.35 PM **Ballers** (S3)
1.55 **Entourage** (S3)
3.05 **High Maintenance** (S3)
4.20 **Barry** 2&3/8. (S1)
5.40 **The Office (US)** (S5)
6.40 **The Conners** (S2)
7.40 **Ballers** 1&2/10. (S3)
9.00 **The Rehearsal** *Pilot's Code:* 3/6. Nathan experiments on animals – and himself.
9.40 *Kissme:* 4/6. A young man's romantic life poses a challenge for Nathan. (S2)
10.20 **The Tonight Show Starring Jimmy Fallon** New edition Chat show.
11.20 **Sex and the City** (S5)
12.40 AM **Girls** 5&6/12. (S3)
1.55 **Ramy Youssef: More Feelings** Stand-up show.
3.00 **High Maintenance** (S4)
4.20 **to 5.00** AM **The Comeback**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Handel: La Resurrezione**
8.05 **The Joy of Painting**
9.05 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Best of Landscape Artist 2024**
1.00 PM **Tales of the...**
2.00 **The Sky Arts Book Club**
3.00 **The Directors**
4.00 **Discovering**
5.00 **Portrait Artist 2024**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Blue Road: The Edna O'Brien Story**
10.00 **My Week with Lubaina Himid**
11.00 **David Baddiel: The Not the Trilogy – My Family: Not the Sitcom**
12.15 AM **Welcome to the Eighties** Documentary.
1.15 **Cold War & Cinema**
2.15 **The Pilgrimage of Gilbert & George**
4.10 **to 6.00** AM **Highlights**

Sky Mix

151 158 135 11 141 23

7.00 AM **Nothing to Declare**
10.00 **UK Border Force**
11.00 **Nothing to Declare**
12.00 NOON **Road Wars**
1.00 PM **Border Patrol**
2.00 **UK Border Force**
3.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S4)
6.00 **Stargate Atlantis** (S5)
7.00 **Star Trek: Voyager** *Flesh and Blood – Part One:* 9/26. The Hirogen make dangerous modifications to technology given to them by Janeway. (S7)
8.00 **Star Trek: Deep Space Nine** *Battle Lines:* 13/20. Sisko becomes stranded in a war-torn world. (S1)
9.00 **The Rookie** (S4)
11.00 **Grimm** 9/22. (S3)
12.00 M'T **Nothing to Declare**
2.00 AM **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Be

131/132 125 119 28 119 22

6.00 AM **Unwind**
6.20 **The Only Way Is Essex**
7.40 **Buying the View**
8.10 **Georgia and Tommy...**
9.10 **Gary Barlow's Food and Wine Tour: Australia**
10.15 **The Real Housewives of Miami** Reality series
12.05 PM **Georgia and Tommy: Baby Steps**
1.05 **The Only Way Is Essex**
2.05 **Dinner Date**
3.10 **Vacation House Rules**
4.05 **The Real Housewives of Miami** Reality series.
6.00 **Buying and Selling**
7.00 **Gary Barlow's Food and Wine Tour: Australia**
8.00 **Dinner Date**
9.00 **Totally Unbelievable: Celebrity Homes**
10.00 **The TOWIE Years**
12.05 AM **The Only Way Is...**
1.05 **The Singles Table**
3.40 **Ferne McCann: First Time Mum**
5.25 **Backyard Builds**
5.45 **to 6.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S2)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 9/13. (S2)
12.00 NOON **Sue Thomas: F.B.Eye** 18/19. (S2)
1.00 PM **Hart to Hart** (S2)
2.00 **Father Dowling Mysteries** 1/22. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 19–22/24. (S2)
9.00 **Randall and Hopkirk (Deceased)** *When the Spirit Moves You:* 16/26. Jeff is threatened. (S1)
10.00 **The New Avengers** *Emily:* 13/13. A mysterious agent leaves a palm print on a car. (S2)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S2)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Best of the 80s**
6.10 **Minder**
7.10 **The Professionals**
8.15 **Dempsey and Makepeace**
9.20 **Magnum, PI**
10.25 **Kojak**
11.30 **Isle of Man TT**
12.30 PM **The Chase** Quiz show hosted by Bradley Walsh.
1.35 **Dempsey and Makepeace**
2.35 **Magnum, PI**
3.35 **Kojak**
4.40 **Minder**
5.45 **The Professionals**

10.00 Platoon

6.55 **Gallagher Premiership Unleashed** Action from the final round of regular-season fixtures.
7.55 **Beat the Chasers** Bradley Walsh hosts as contestants from across the UK take on the quiz experts in the hopes of winning big money.
9.00 **Isle of Man TT** Action from the second Supersport TT race, as elite riders battled it out aboard their 600cc machines.
10.00 FILM **Platoon** Oliver Stone's Vietnam War drama starring Charlie Sheen, Tom Berenger and Willem Dafoe. (1986, 15, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.15 AM **T100 Highlights**
1.15 **Isle of Man TT** As 9.00pm.
2.15 **The Protectors**
2.40 **Unwind with ITV**
3.00 **Teleshopping**
5.00 **to 5.30** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S2)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 6/26. (S6)
2.00 **Blood & Treasure** 12/13. (S1)
3.00 **Stargate Universe** 17/20. (S2)
4.00 **Star Trek: Voyager** (S5)
5.00 **Star Trek: The Next Generation** 6/26. (S6)
6.00 **Star Trek: Enterprise** 17/26. Archer and Tucker are arrested and put on a transport ship headed for a penal colony. (S2)

10.00 The Walking Dead

7.00 **Blood & Treasure** *Legacy of the Father:* 12/13. Danny and Lexi argue about Reece. (S1)
8.00 **Stargate Universe** *Common Descent:* 17/20. Scott, Eli, Wray and Greer discover a human settlement. (S2)
9.00 **Grimm** *The Believer:* 16/22. An evangelical preacher uses his Wesen identity to gain more believers. (S5)
10.00 **The Walking Dead** *The Big Scary U:* 5/16. A familiar face offers an insight into life behind enemy lines. (S8)
11.00 FILM **The Man Who Fell to Earth** Nicolas Roeg's sci-fi fantasy starring David Bowie. (1976, 18, 140min) ★★★★
1.30 AM FILM **Doomsday Device 2020** Sci-fi thriller starring Corin Nemec and Mike Hatton. (2017, PG, 90min) ★★
3.20 **Blood & Treasure** As 7.00pm.
4.10 **to 6.00** AM **Most Haunted US**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S18)
9.00 **Father Brown**
10.00 **The Coroner** 3/10. (S1)
11.00 **Hudson & Rex** 5/16. (S2)
12.00 NOON **Shakespeare & Hathaway: Private Investigators** 2/10. (S2)
1.00 PM **Death in Paradise** (S8)
2.00 **Murdoch Mysteries** (S18)
4.00 **The Coroner** 3/10. (S1)
5.00 **Hudson & Rex** 5/16. (S2)
6.00 **Father Brown** *The Fire in the Sky:* Local speculation mounts that Kembleford is under threat of an alien invasion.

10.00 Catch Me a Killer

7.00 **Shakespeare & Hathaway: Private Investigators** 2/10. A role-playing battle in the woods goes wrong. (S2)
8.00 **Death in Paradise** *Beyond the Shining Sea – Part Two:* 6/8. Tragedy strikes close to home for the team. (S8)
9.00 **Death in Paradise** *In the Footsteps of a Killer:* 7/8. The team reopen a seven-year-old murder case. (S6)
10.00 **Catch Me a Killer** *The Cape Town Prostitute Killer:* 6/11. Micki returns to Cape Town, where a serial killer has been targeting prostitutes. (S1)
11.00 **Father Brown** As 6.00pm.
12.00 M'T **Shakespeare & Hathaway: Private Investigators** As 7.00pm.
1.00 AM **Elementary** 18/24. (S5)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.10 AM **Highlights**
8.55 **My Hero**
9.35 **Hi-de-Hi!**
10.15 **Only Fools and Horses**
10.55 **Last of the Summer Wine**
12.15 PM **The Green Green Grass**
12.55 **My Hero**
1.35 **Dad's Army**
2.15 **Only Fools and Horses**
2.55 **Hi-de-Hi!**
3.35 **Last of the Summer Wine**
4.55 **The Green Green Grass**
5.35 **Hi-de-Hi!**
6.20 **Only Fools and Horses**

7.40 The Good Life

7.00 **Dad's Army** Mainwaring's platoon compete for the honour of guarding Winston Churchill.
7.40 **The Good Life** Tom and Barbara receive help with their pigs from a passing boar-walker. **8.20** Tom and Barbara attend evening classes.
9.00 **Still Open All Hours** Granville holds a sale to get rid of his old stock.
9.40 **Harry Enfield's Television Programme** With Smashie 'n' Nicey.
10.20 **Absolutely Fabulous** Edina tries a detox diet. With Marianne Faithfull.
11.00 **Not Going Out**
11.35 **Harry Enfield's Television...**
12.15 AM **Still Open All Hours**
12.55 **Absolutely Fabulous**
1.35 **Not Going Out**
2.10 **The Two Ronnies**
2.55 **My Hero**
3.25 **to 4.00** AM **Harry Enfield's Television Programme**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Cops on the Rock**
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Cape Carnage: Killer Catch**
12.00 NOON **Storage Hunters UK**
2.00 PM **Our Guy in Russia** Guy Martin travels across Russia.
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British** Si King and Dave Myers explore how the monarchy has influenced British cuisine.
6.00 **Rick Stein's Long Weekends** The chef pays a visit to the Spanish city of Cadiz.

6.00 Rick Stein's Long Weekends

7.00 **Would I Lie to You? At Christmas** With Barry Cryer, Miles Jupp, Miranda Hart and Stephen Mangan.
7.35 **Richard Osman's House of Games** With Helen George and Louis Emerick. **8.20** With Amol Rajan, Chizzy Akudolu, Miles Jupp and Ellie Taylor.
9.00 **QI XL** Sue Perkins, the Rev Richard Coles and Victoria Coren Mitchell join regular panellist Alan Davies and host Stephen Fry.
10.00 **Have I Got a Bit More News for You** Bill Bailey hosts the quiz, with guest panellists Helen Lewis and Daliso Chaponda.
11.00 **8 Out of 10 Cats** With Ant Middleton and Katherine Ryan.
11.50 **Mock the Week**
12.30 AM **Would I Lie to You?**
1.10 **Would I Lie to You? At Christmas** As 7.00pm.
1.50 **Orlando Bloom: To the Edge**
3.00 **to 4.00** AM **Top Gear**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **A New Life in the Sun: Where Are They Now?** From Spain.
10.00 **Chateau DIY**
11.00 **Help! We Bought a Village** A French hamlet.
12.00 NOON **A Place in the Sun** From Spain.
1.00 PM **Kirstie and Phil's Love It or List It: Brilliant Builds**
1.30 **Narrow Escapes**
2.30 **Chateau DIY**
3.30 **Come Dine with Me**
6.00 **Location, Location, Location** From Devon.
7.00 **Dover 24/7: Britain's Busiest Port**
8.00 **Bake Off: The Professionals**
9.00 **24 Hours in A&E**
10.00 **Our Guy in Vietnam**
11.05 **Night Coppers**
12.05 AM **Celebrity Gogglebox**
1.05 **Gogglebox**
2.05 **Diddy in Plain Sight: Untold** Documentary.
3.05 **Johnny Vegas: Carry on Glamping**
4.05 **to 5.00** AM **Bake Off...**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Murder, She Wrote**
12.00 NOON **Law & Order**
6.00 PM **NCIS: Hawaii** *Boom:* 2/22. Tennant and NCIS must take down a notorious team of international thieves. **7.00** *Recruiter:* 3/22. Kai goes undercover with one of Hawai'i's oldest surf gangs. **8.00** *Paniolo:* 4/22. The team investigate the mysterious shooting of a Marine while on horseback. (S1)
9.00 **Criminal Minds** *Mirror Image:* 7/22. A man arrives in town claiming to be Dr Lewis's brother. **10.00** *Scarecrow:* 8/22. The remains of a dozen people are found along a creek bed. (S12)
11.00 **Law & Order: Special Victims Unit** (S24&23)
2.45 AM **The Good Wife**
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Car Pound Cops**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Call the Bailiffs: Time to Pay Up**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **Killer at the Crime Scene** New edition The murder of Autumn Klein.
10.00 **My Lover, My Killer** New edition How Dawn Walker's dream marriage ended in a nightmare.
11.00 **999: Killer on the Line**
12.00 M'T **Skin A&E**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.50 **Police Interceptors**
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Hell**
10.20 **Traffic Cops**
11.20 **Police Interceptors**
12.20 PM FILM **Gunfight at Comanche Creek** Western starring Audie Murphy, Colleen Miller and Susan Seaforth. (1963, U, 90min) ★
2.10 FILM **Rage at Dawn** Western adventure starring Randolph Scott and Forrest Tucker. (1955, U, 87min) ★★
4.00 **Big Road Rescue: Emergency Call Out**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
9.00 **Traffic Cops** Three cars collide on a busy road.
10.00 **Police Code Zero: Officer Under Attack** In Southampton, a Friday night in town descends into violence.
11.00 **Yellowstone** 3/10. (S4)
12.00 M'T **Outback Truckers**
2.00 AM **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **My Dream Home**
8.00 **Tipping Point**
11.00 **Nick Knowles' Big House Clearout**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **DIY SOS: The Big Build**
7.00 **999 Rescue Squad** Emergency services respond to a shooting outside a mosque.
8.00 **Multiple Birth Wards** 1/2. Documentary following couples during multiple pregnancies. **9.00** 2/2. A Liverpool couple are expecting their second set of twins.
10.00 **Nurses Down Under**
12.00 M'T **At Home with Katherine Ryan**
1.00 AM **Louis Theroux: Dark States – Murder in Milwaukee**
2.00 **to 3.00** AM **The Weakest Link**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.00 AM **Birds of a Feather**
7.30 **Pie in the Sky**
8.25 **Doctors**
9.35 **Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Pie in the Sky**
3.00 **Hamish Macbeth**
4.10 **Lovejoy**
5.25 **Keeping Up Appearances**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **The Chelsea Detective** New episode *For the Greater Good – Part One:* 5/6. A scientist is found dead. (S3)
■ Entire series on U
9.00 **Sister Boniface Mysteries** 3/10. (S1)
10.00 **New Tricks** *Powerhouse.*
11.20 **Bergerac**
12.35 AM **Sister Boniface...**
1.35 **Rebus** *The Falls.*
3.05 **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

WEDNESDAY Entertainment

Wednesday

Really
142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Tuscany.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Money for Nothing**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Antiques Road Trip**
5.00 **Celebrity Yorkshire Auction House**
7.00 **Celebrity Antiques Road Trip** Double bill.
9.00 **1000-lb Sisters** New edition With Amy's court date looming, her boyfriend has a surprise up his sleeve.
10.00 **My 600lb Life: Where Are They Now?** New edition Putting family first has kept Isaac from getting the help – and the surgery – he needs.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge
145 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **Bob's Full House**
10.40 **Richard Osman's House of Games**
12.00 NOON **Classic Who Wants to Be a Millionaire?** Quiz show.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?** Quiz.
5.00 **The Bidding Room**
6.00 **Bob's Full House**
6.40 **Richard Osman's House of Games** With Anita Rani, Chris Ramsey and Janet Ellis. **7.20** With Sally Lindsay, Jordan Stephens and David O'Doherty.
8.00 **The Chase** Double bill.
10.00 **Tenable** Quiz show.
11.00 **Bullseye** Double bill.
12.00 M'T **Weakest Link**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

GREAT! action
323 319 426 42 33

8.10 AM **Snipers**
9.30 **Wanted: Dead or Alive**
10.00 **The Avengers** (S6)
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM Face of a Fugitive** Western. (1958, U, 81min) ★★
2.50 **FILM Ten Wanted Men** Western. (1955, U, 80min) ★★★
4.40 **FILM Any Gun Can Play** Spaghetti Western. (1967, 12, 98min) ★★
7.00 **The High Chaparral**
8.00 **The Avengers** (S6)
9.00 **FILM Operation Dunkirk** War adventure. (2017, 15, 96min) ★★
11.10 **FILM Battle for the Skies** Wartime drama. (2013, 15, 98min) ★★
1.20 AM **FILM Firequake** Sci-fi action adventure. (2014, 12, 90min) ★
3.00 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies
321 318 425 34 32

9.00 AM **Heathrow: Britain's Busiest Airport**
10.00 **FILM Text to Kill** Drama. (2015, 12, 83min) ★★
12.00 NOON **Paddington Station 24/7**
1.00 PM **FILM Deadly Sibling Rivalry** Thriller. (2011, PG, 85min) ★★
2.55 **FILM Vows of Deceit** Thriller. (2018, 12) ★
5.05 **FILM Lost Letter Mysteries: The Impossible Dream** Drama. (2015, PG) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM All the Money in the World** Fact-based crime drama. (2017, 15, 132min) ★★★★
11.50 **FILM Son of a Gun** Crime drama. (2013, 15, 108min) ★★★
2.10 AM **Coast Guard Alaska**
3.20 **Air Rescue**
4.00 **to 6.00** AM **FILM Erasing His Past** Thriller. (2019, PG, 87min) ★★

+1 hour 322 318

GREAT! romance
319 317 424 52 47

8.00 AM **FILM Forever Christmas** Comedy. (2018, PG, 90min) ★★
10.05 **FILM Hats Off to Christmas!** Drama. (2013, PG, 85min) ★★
12.00 NOON **FILM Christmas with a Prince: The Royal Baby** (2022, U) ★★
2.00 PM **FILM Finding Father Christmas** Drama. (2016, U, 83min) ★★
3.55 **FILM Christmas Catch** Comedy. (2018, PG) ★★
5.55 **FILM Spotlight on Christmas** Drama. (2020, PG, 84min) ★★
8.00 **FILM Maggie's Christmas Miracle** Drama. (2017, U) ★★
10.00 **FILM A Merry Christmas Match** (2019, PG) ★
11.55 **FILM Miss Christmas** Drama. (2017, U) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Finding Father Christmas** As 2.00pm.

+1 hour 320 317 63

Rewind TV
182 92 150

6.00 AM **Highlights**
10.30 **Watching** 4/6. (S3)
11.00 **Doctor in the House**
11.30 **The Monkees** (S1)
12.00 NOON **The Cuckoo...**
12.30 PM **In Loving Memory**
1.00 **Please Sir!** (S3)
1.30 **You're Only Young Twice**
2.00 **Brass** 9/13. (S1)
2.30 **Haggard** 1/7. (S1)
3.00 **Mapp and Lucia** (S2)
4.00 **Stereo Underground**
5.00 **Worzel Gummidge**
5.30 **The Monkees** (S1)
6.00 **Watching** 5/6. (S3)
6.30 **Carry On Laughing**
7.00 **Brass** 9/13. (S1)
7.30 **Haggard** 1/7. (S1)
8.00 **In Loving Memory** (S2)
8.30 **You're Only Young Twice**
9.00 **Please Sir!** (S3)
9.30 **Soap** 6/25. (S1)
10.00 **Carry On Laughing**
10.30 **The Cuckoo Waltz** (S4)
11.00 **Doctor in the House**
11.30 **Mitch** 5/10. (S1)
12.30 AM **Mapp and Lucia**
1.30 **to 6.00** AM **Highlights**

DMAX
159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** After a devastating season, every ship is looking to make a comeback. **8.00** Alliances form on the Bering Sea.
9.00 **Maine Cabin Masters** New editions The team create a gorgeous haven for a family. **10.00** The team lose track of the budget on a brand-new build.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid XL** Documentary.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**

+1 hour 259 369 153

Food Network
140/141 154 190 43 148 39

6.00 AM **Jamie's Comfort Food** Double bill.
7.00 **Barefoot Contessa**
8.00 **Delicious Miss Brown**
8.30 **Girl Meets Farm**
9.00 **Rick Stein's Food Heroes**
10.00 **Korean Food Tour**
11.00 **Great British Bake Off**
1.00 PM **Jamie's Comfort...**
2.00 **James Martin: Sweet**
3.00 **Barefoot Contessa**
4.00 **Delicious Miss Brown** New edition
4.30 **Girl Meets Farm** New edition
5.00 **Rick Stein's Food Heroes**
6.00 **Korean Food Tour**
7.00 **Great British Bake Off**
9.00 **The Hairy Bikers' Northern Exposure**
10.00 **The Hairy Bikers' Comfort Food**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Restaurant: Impossible**

+1 hour 240/241 154

Legend
148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 24/26. (S5)
9.00 **Six Million Dollar Man**
10.00 **Knight Rider** (S2)
11.00 **FILM Wyvern** Fantasy. (2009, 15, 84min) ★★
12.45 PM **FILM Sahara** World War Two drama. (1943, b/w, PG, 97min) ★★★
2.40 **FILM Yangtse Incident** Fact-based drama. (1956, b/w, PG, 113min) ★★★
5.00 **Star Trek** 22/30. (S1)
6.00 **Knight Rider** 11/24. (S2)
7.00 **Six Million Dollar Man**
8.00 **Walker, Texas Ranger**
9.00 **FILM Parker** Thriller starring Jason Statham. (2013, 15, 114min) ★★★
11.20 **FILM Assault on Station 33** Thriller. (2021, 15, 110min) ★★
1.10 AM **FILM Anti-Life** Sci-fi action horror. (2020, 15, 93min) ★★
3.00 **to 4.50** AM **FILM To the Devil a Daughter** Horror with Christopher Lee. (1976, 18, 95min) ★

Legend Xtra
317 316 171 69 138 51

6.00 AM **FILM Dragonquest** As shown at 5.00pm.
8.00 **FILM Riddles of the Sphinx** Adventure. (2008, 12, 89min) ★★
10.00 **The Lost World** (S1)
11.00 **FILM The 7 Adventures of Sinbad** Fantasy. (2010, PG, 90min) ★★
1.00 PM **FILM At the Earth's Core** Adventure. (1976, PG, 86min) ★★★
3.00 **The Lost World** (S1)
4.00 **The A-Team** 15/23. (S2)
5.00 **FILM Dragonquest** Fantasy adventure. (2009, 12, 90min) ★★
7.00 **The Lost World** (S1)
8.00 **The A-Team** (S2)
9.00 **FILM The River Wild** Adventure. (1994, 12, 112min) ★★★★
11.10 **FILM Eye of the Tiger** Thriller with Gary Busey. (1986, 18, 90min) ★★
1.00 **to 3.00** AM **FILM Mercy Black** Horror. (2019, 15, 88min) ★★

+1 hour 318 316 371 139

Blaze
164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Canadian Pickers**
7.30 **Auction Hunters**
7.55 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **UFO Files**
11.10 **Skinwalker Ranch**
12.10 PM **Mysteries from Above** Documentary.
1.05 **Pawn Stars**
2.05 **Canadian Pickers** New edition
3.05 **Storage Wars**
4.00 **Ancient Aliens**
6.00 **UFO Files**
7.00 **Canadian Pickers**
8.00 **Dickinson's Real Deal**
9.00 **Weird Britain** New edition
10.00 **The UnXplained**
11.00 **Bermuda Triangle: Into Cursed Waters**
12.00 M'T **MonsterQuest**
1.00 AM **UFO Files**
2.00 **Ancient Aliens**
3.45 **Wicked Tuna**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT
153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Documentary.
10.00 **Yorkshire Great and Small with Dan and Helen** West Yorkshire.
11.00 **Ben Fogle: New Lives in the Wild** Norway.
12.00 NOON **The Highland Vet**
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
5.30 **Walking Wartime Britain** From London.
6.00 **Inside the Tower of London** Documentary.
7.00 **Susan Calman's Grand Day Out** Nottinghamshire.
8.00 **Ben Fogle: New Lives in the Wild** In Bulgaria.
9.00 **Michael Palin: Into Iraq** 2/3. Michael visits Kirkuk.
10.00 **Endurance: Race to the Pole with Ben Fogle**
11.00 **Prisoner: Cell Block H**
1.00 AM **Happy Campers: The Caravan Park**
3.00 **Yorkshire Great and...**
3.50 **to 4.00** AM **Entertainment News**

HGTV
158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Double bill.
12.00 NOON **My Lottery Dream Home International**
2.00 PM **Love Your Garden**
3.00 **Beach Hunters** New editions Double bill.
4.00 **Escape to the Country**
6.00 **Great British Bake Off**
7.00 **A Place in the Sun**
8.00 **Love Your Garden**
9.00 **Rich House, Poor House**
10.00 **Home Town** New edition A couple's must-have list keeps growing.
11.00 **Home Town** Renovation options for two homes.
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home International**

+1 hour 258/262 391

TLC
133/134 139 165

7.00 AM **Extreme Couponing**
8.00 **My Lottery Dream Home**
8.30 **Flip or Flop**
9.00 **Say Yes to the Dress**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Sister Wives**
8.00 **Me or the Menu** New edition
9.00 **Love & Translation** New edition
10.00 **Dr Pimple Popper**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **Dr Pimple Popper**
3.00 **Sex Sent Me to the ER**
4.00 **Me or the Menu**
5.00 **to 6.00** AM **Extreme Cheapskates**

+1 hour 233/234 365

Comedy Central
112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
10.55 **Comedy Game Night**
11.55 **The Ren & Stimpy Show**
12.55 PM **Friends** (S10&1)
9.00 **Bradley & Barney Walsh: Breaking Dad** The actor and his son hit the road together. **9.30** The pair arrive in the state of Arizona.
10.00 **NEW Russell Howard: Live at the London Palladium** Stand-up.
11.20 **Reno 911!** New episode 7/11. Sitcom. (S8)
11.50 **Whose Line Is It Anyway? USA**
12.50 AM **Key & Peele**
1.20 **South Park** 13/17. (S4)
1.50 **Beavis and Butt-Head**
2.50 **Dara O Briain Talks Funny: Live in London**
3.40 **Modern Horror Stories**
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra
127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show**
10.00 **Becker** 23&24/24. (S2)
11.00 **Friends** (S9&10)
1.00 PM **Criminally Funny**
2.30 **The Ren & Stimpy Show**
3.00 **Daria** 7&8/13. (S1)
4.00 **Guessable?**
5.00 **Becker** 23&24/24. (S2)
6.00 **Home Improvement**
8.00 **Last Man Standing** 8/24. Mike imposes a new set of rules in the Baxter household. **8.30** 9/24. Mandy seeks revenge. (S1)
9.00 **South Park** (S9&2)
12.00 M'T **The Ren & Stimpy Show** 6-9/10. (S3)
2.00 AM **Reno 911!** (S5&6)
2.55 **The Ricky Gervais Show**
3.45 **Becker** 23&24/24. (S2)
4.30 **Frank Skinner Live at Birmingham Hippodrome**
5.15 **to 6.00** AM **Home Improvement**

Sky Replay
152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
9.00 **Celebrity Four Weddings** Reality series.
10.00 **Nothing to Declare**
11.00 **Highway Cops**
12.00 NOON **Warehouse 13**
2.00 PM **Motorway Patrol**
3.00 **Stop, Search, Seize**
4.00 **Highway Cops**
5.00 **Border Patrol**
6.00 **The Cleaning Lady** (S2)
8.00 **Stop, Search, Seize**
9.00 **Brit Cops: War on Crime** Double bill.
11.00 **Chucky** 3/8. (S1)
12.00 M'T **Supergirl** (S6)
1.00 AM **The Russell Howard Hour**
2.00 **A League of Their Own Road Trip: Loch Ness to London**
3.00 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV
126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.25 **Teen Mom: Young & Pregnant** Reality series.
7.10 **Teen Mom 2**
11.00 **Catfish: The TV Show**
12.00 NOON **Catfish: Scammed** Reality series.
1.00 PM **Catfish: The TV Show** Six editions.
7.00 **Teen Mom UK**
8.00 **Teen Mom: The Next Chapter** Reality series.
9.00 **Catfish: The TV Show** Nick prepares to meet Melissa, who he met on an online chat room.
10.00 **Caught in the Act: Unfaithful** Reality series.
11.00 **Ink Master**
12.00 M'T **Ridiculousness** New edition Steelo and Rob discover Nina Agdal is a scooter icon.
12.30 AM **Ridiculousness**
1.00 **True Life Crime**
2.00 **Ink Master**
2.45 **Celebrity Ex on the Beach** Reality series.
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Documentaries

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaska: The Last Frontier**
9.00 **Barnwood Builders**
11.00 **Wheeler Dealers**
1.00 PM **Deadliest Catch**
3.00 **Gold Rush** Double bill.
5.00 **Building Off the Grid** A couple build a cabin in the middle of Maine's secluded coastline.
6.00 **Border Control: Spain** Agents make a dangerous approach on a fishing vessel. **6.30** In Tarifa, police officers use hammers and axes to dismantle a suspicious car.

9.00 Kindig Customs

7.00 **Wheeler Dealers** The duo find an iconic British car in a garage in Wales and add some radical changes to the vehicle.

8.00 **Scrap Kings** In South Yorkshire, a community centre is crushed, and in Berkshire a scrap artist works on a new piece.

9.00 **Kindig Customs** New edition The owner of a 1968 Camaro has lots of upgrades he wants to accomplish.

10.00 **Wheeler Dealers World Tour** Mike and Elvis engage in the ultimate Aussie showdown – Ford versus Holden.

11.00 **Border Control: Spain**
12.00 M'T **Expedition Bigfoot** Strange sounds lead to a disturbing discovery for Ronny.
1.00 AM **Kindig Customs**
2.00 **Wheeler Dealers World Tour**
3.00 **Street Outlaws**
4.00 **to 5.00** AM **Blowing Up History**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked**
9.00 **Pit Bulls & Parolees**
10.00 **My Cat from Hell**
11.00 **Animal Cops Philadelphia**
12.00 NOON **Tanked**
1.00 PM **Pit Bulls & Parolees**
2.00 **How Do Animals Do That?**
3.00 **Crikey! It's the Irwins**
4.00 **Insane Pools: Off the Deep End** Lucas and the crew create a giant double-pool.
5.00 **Animal Cops Philadelphia**
6.00 **Tanked** Music producer and Fugees founder Wyclef Jean faces a tank emergency.

9.00 Shark Alley: Legend of...

7.00 **Pit Bulls & Parolees** Tia attempts to rescue a stray, and new parolee Mike struggles to balance working and parenthood.

8.00 **Deadliest Sharks** Documentary looking at whether oceanic whitetip sharks deserve their fearsome reputation.

9.00 **Shark Alley: Legend of Dynamite** Tracing a juvenile great white shark as it progresses towards maturity.

10.00 **Alaska: Surviving the Last Frontier** Following four groups of ordinary people as they travel into the wilderness of Alaska.

11.00 **The Zoo** Double bill.
1.00 AM **Alaska: Surviving the Last Frontier**
2.00 **Insane Pools: Off the Deep End** A giant double-pool.
3.00 **Animal Cops Philadelphia** An investigation leads to a dog-fighting operation.
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Plane Crash Recreated**
9.00 **Air Crash Investigation**
12.00 NOON **Viking Warrior Women**
1.00 PM **Viking Seas: Drain the Oceans** Experts search for the battleship the *Mars*.
2.00 **World War II: Secrets from Above** Double bill of editions.
4.00 **Amsterdam Central 24/7** The explosion of a railway bridge.
5.00 **Car S.O.S** Fuzz and Tim secretly restore a Fiat 500.
6.00 **Nazi Megastructures** How the Japanese navy built the world's largest battleship.

8.00 Tucci in Italy

7.00 **Air Crash Investigation** Documentary exploring the mysterious accident involving Arrow Air Flight 1285 in Canada in 1985.

8.00 **Tucci in Italy** New edition Stanley delves into the identity of Italy's most northern region, where many speak German.

9.00 **Car S.O.S** Fuzz Townshend and Tim Shaw head to Stockport to take on a 1994 Vauxhall Cavalier Turbo.

10.00 **Car S.O.S** Fuzz and Tim go on a trip to Cambridgeshire to pick up a supercar, a rare 1989 Ultima race car.

11.00 **Air Crash Investigation**
12.00 M'T **Situation Critical** A SAS mission in Sierra Leone.
1.00 AM **To Catch a Smuggler**
2.00 **Lords of War**
2.30 **Abandoned** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Pawn Stars**
6.50 **Storage Hunters**
7.45 **American Pickers**
8.45 **Forged in Fire**
9.35 **Container Wars**
10.05 **Storage Wars** Four editions.
12.00 NOON **Deep Water Salvage**
1.00 PM **Walking Through History**
2.00 **Digging for Britain**
4.00 **Rust Valley Restorers**
5.00 **Pawn Stars** Rick is blown away by a vintage eclipse windmill.
6.00 **American Pickers** Robbie and Jersey explore a property in Mississippi.

10.00 Hunting History

7.00 **Forged in Fire** Four bladesmiths are tasked with forging the KA-BAR military blade using only tiny cubes of W-1 steel.

8.00 **Storage Hunters** Brandon and Lori buy storage units in Redondo Beach. **8.30** The bidding at an auction soon escalates.

9.00 **The Curse of Oak Island** New edition The team engineer a plan to get into the Solution Channel for the first time.

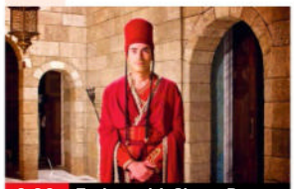
10.00 **Hunting History with Steven Rinella** New edition Steve investigates the mystery of cattle mutilations.

11.00 **Secrets of the Hells Angels**
12.00 M'T **Evidence of the Unexplained** UFO sightings, terrifying abductions and other bizarre occurrences.
1.00 AM **Pawn Stars** As 5.00pm.
2.00 **The UnBelievable with Dan Aykroyd** A look at some unconventional weapons.
3.00 **Forged in Fire** As 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Rise of the Nazis: Dictators at War** As shown at 4.00pm.
11.00 **War Factories**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **Rise of the Nazis: Dictators at War** Hitler and Stalin take charge of their armies.
5.00 **War Factories**
6.00 **Antiques Roadshow** Fiona Bruce and the team visit Lincoln Cathedral.



9.00 Turkey with Simon Reeve

7.00 **Bangers & Cash** An impressive collection of five iconic cars arrives in Thornton le Dale, including a 1967 Crayford Corsair.

8.00 **Great British Railway Journeys** Michael Portillo visits the Walkers factory. **8.30** How the London taxi is built in Coventry.

9.00 **Turkey with Simon Reeve** The presenter travels along the Black Sea Coast to the capital of Ankara.

10.00 **Bangers & Cash** A classic car fan with a love of the Jaguar E-Type reluctantly sends his dream car to auction.

11.00 **Bangers & Cash** Derek inspects a brace of old cop cars including a Rover P6.
12.00 M'T **Retro Electro Workshop** Shamil and Rob get their hands on a Commodore 64 and a Spectrum ZX.
1.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Chasing Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop** The team restore a toy fire engine, a Japanese bowl and a unique village sign.
8.00 **The Yorkshire Auction House** Double bill.
10.00 **Celebrity Yorkshire Auction House** Actor Lisa Maxwell needs help clearing clutter from her Cotswolds home.
11.00 **How Do They Do It?**
1.00 AM **Chasing Classic Cars**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress: Bridesmaids**
7.00 **Say Yes to the Dress: Atlanta** Double bill.
8.00 **Say Yes to the Dress**
10.00 **Say Yes to the Dress: UK** Double bill.
11.00 **Curvy Brides Boutique**
12.00 NOON **Married to Evil**
1.00 PM **American Detective with Lt Joe Kenda**
2.00 **Murder on CCTV**
3.00 **The Killer in My Family**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories** Real-life cases.
8.00 **Murder on CCTV**
9.00 **I'd Kill for You**
10.00 **Deadly Women**
11.00 **Murder on CCTV**
12.00 M'T **Michael Jackson: A Faking It Special**
1.00 AM **Gary Glitter: A Faking It Special**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **A Secret to Die For** A salon's mysterious new stylist is hiding a terrible truth from her co-workers.
8.00 **Murder She Solved** Rookie cold case cop Lee Bergerman investigates two gruesome shootings in Vancouver years apart.
9.00 **Storm of Suspicion** New edition Two professors are found dead in their home.
10.00 **The Hunt for the Chameleon Killer** As police hunt the killer, a tangled web of stolen identities is revealed.
11.00 **Murder by the Sea**
1.00 AM **Storm of Suspicion**
2.00 **The Hunt for the Chameleon Killer**
3.00 **Murder She Solved**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Secrets of a Murder Detective**
11.00 **Medical Detectives**
2.00 PM **Secrets of a Murder Detective** A young father is killed by a gang with various weapons. **3.00** Steve Keogh discusses the murder of Jodie Chesney.
4.00 **Medical Detectives** Investigating fatalities in a Texan hospital. **4.30** A case in which a woman was shot dead. **5.00** Police investigate two related cases. **5.30** A retired veteran is found dead on his boat. **6.00** The wife of a doctor goes missing. **6.30** A man's second wife is charged with the murder of his first.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **Road Wars**
8.00 **Stop, Search, Seize**
9.00 **Highway Patrol**
10.00 **Send in the Dogs**
11.00 **Killer in My Village**
12.00 NOON **How I Caught the Killer** True-crime.
1.00 PM **Most Evil Killers**
2.00 **Murder Uncut**
3.00 **Forensics: Catching...**
4.00 **Most Evil Killers**
5.00 **Killer in My Village**
6.00 **How I Caught the Killer**
7.00 **Forensics: Catching the Killer** True-crime.
8.00 **World's Most Evil Killers**
9.00 **Killer in My Village**
10.00 **How I Caught the Killer**
11.00 **Most Evil Killers**
1.00 AM **Killer in My Village**
2.00 **Murder Uncut**
3.00 **Love You to Death**
4.00 **Brit Cops: Law & Disorder** Documentary.
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.35 **A Short History of...**
9.45 **1066: A Year to Conquer England**
10.55 **Ukraine 1933: Seeds of Hunger** Documentary.
12.00 NOON **Countdown to War** Documentary.
1.00 PM **Grand Tours of the Scottish Islands**
1.40 **A Short History of...**
2.50 **1066: A Year to Conquer England**
4.00 **Ukraine 1933: Seeds...**
5.15 **Countdown to War**
6.10 **A Short History of the Moors** Documentary.
7.20 **1066: A Year to Conquer England**
8.35 **Ukraine 1933: Seeds of Hunger** Documentary.
9.45 **Countdown to War**
10.45 **1066: A Year to Conquer England**
12.00 M'T **Ukraine 1933: Seeds of Hunger**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

WEDNESDAY

Wednesday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The 2010s**
7.00 **Discovering: Shirley MacLaine**
8.00 **The Directors**
9.00 **Branson** 2/4. Documentary.
10.00 **Boyzone: No Matter What**
11.00 **Ibiza Narcos**
12.00 NOON **Schmeichel**
2.00 PM **Suited** Documentary.
3.30 **Chernobyl: My Promised Land**
4.00 **The Directors**
5.00 **Discovering: Shirley MacLaine**
5.55 **Branson** 2/4. Documentary.
7.00 **Wig** Colourful film exploring the history and influence of the Wigstock drag festival.
8.45 **My Icon: Nigel Owens**
9.00 **Hawking: Can You Hear Me?** The life and career of physicist Stephen Hawking.
11.00 **The Stroll** The history of New York's transgender sex workers.
12.45 AM **Meth Storm** Examining the impact that methamphetamine addiction has in a rural Arkansas community.
2.45 **My Icon: Ryan Atkin**
3.00 **You Were My First Boyfriend**
5.00 **to 6.00** AM **Discovering: Shirley MacLaine**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Baby Animals**
7.00 **Monkey Life**
8.00 **Hope for Wildlife**
9.00 **Undiscovered Vistas**
10.00 **Secrets of Wild Australia**
11.00 **Africa's Hunters**
12.00 NOON **Dawn to Dusk**
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Undiscovered Vistas**
4.00 **Secrets of Wild Australia**
5.00 **Brazil Untamed**
6.00 **Dawn to Dusk**
7.00 **Monkey Life** Double bill.
8.00 **David Attenborough's Conquest of the Skies**
9.00 **A Wild Year on Earth**
10.00 **Dawn to Dusk** The animals of Asia during the summer solstice.
11.00 **Brazil Untamed**
12.00 M'T **Africa's Hunters**
1.00 AM **Into the Wild: India**
2.00 **David Attenborough's Conquest of the Skies**
3.00 **A Wild Year on Earth**
4.00 **Hope for Wildlife**
5.00 **to 6.00** AM **Undiscovered Vistas**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Digging Up Britain's Past**
9.00 **UFO Files**
10.00 **National Park Mysteries**
11.00 **Ancient Aliens**
1.00 PM **Digging Up Britain's Past**
2.00 **UFO Files**
3.00 **Empire Builders**
4.00 **Blown Away**
5.00 **Britain's Most Historic Towns**
6.00 **Lost Gold of the Aztecs**
7.00 **Britain's Secret Islands**
8.00 **Great Escapes with Morgan Freeman** The exploits of German-US pilot Dieter Dengler during the Vietnam War.
9.00 **World's Greatest Treasure Mysteries** Rick and Matty brave the waters of Newfoundland with diver Tony Sampson.
10.00 **Royal Autopsy** 1/2. The dying days of King Charles II.
11.00 **Clash of the Gods**
12.00 M'T **Ancient Aliens**
2.00 AM **Hitler's Engineers**
3.00 **Empire Builders**
4.00 **Blown Away**
5.00 **to 6.00** AM **Britain's Most Historic Towns**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **Murdertown**
10.00 **A Perfect Scam**
11.00 **Imperfect Murder**
12.00 NOON **Murder By Medic**
1.00 PM **Criminal Confessions**
2.00 **Killer Britain with Dermot Murnaghan** Lewis Daynes.
3.00 **Murdertown**
4.00 **A Perfect Scam**
5.00 **Accident, Suicide or Murder?**
6.00 **The First 48**
7.00 **Cold Case Files**
8.00 **Killer in Plain Sight**
9.00 **The Eunuch Maker** Examining the crimes of Marius Gustavson.
10.00 **Elizabeth Shoaf: The Girl in a Bunker** Documentary.
11.00 **Secrets of Polygamy**
12.00 M'T **Murder By Medic**
1.00 AM **The Eunuch Maker**
2.00 **Elizabeth Shoaf: The Girl in...**
3.00 **Criminal Confessions**
4.00 **Murdertown**
5.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo: Tampa**
9.00 **Monster Fish**
10.00 **When Sharks Attack 360**
11.00 **Fish Tank Kings**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Big Cat Odyssey**
3.00 **Diary of a Teen Leopard**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Wild Costa Rica** A look at the wildlife of Costa Rica.
8.00 **Wild Yellowstone** A female wolf that became a pack leader.
9.00 **Tree Kangaroos: Ghosts of the Forest** The Lumholtz tree kangaroos – the 'ghosts' of the north Queensland forests.
10.00 **Alaska: The Next Generation** The Browns must take action against a predator.
11.00 **Ice Road Rescue**
12.00 M'T **Africa's Deadliest**
1.00 AM **Monster Fish**
2.00 **The Incredible Dr Pol**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Greatest Events of World War II** As shown at 8.00pm.
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Aliens in Alaska**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Greatest Events of World War II** The story of the D-Day invasion, one of the most significant events of World War.
9.00 **Secrets Underground**
10.00 **How Do They Do It?**
11.00 **The 1980s: The Deadliest Decade** The case of Lisa Solomon, whose body was found after she was reported missing on Christmas Eve 1987.
12.00 M'T **Forensic Detectives**
1.00 AM **Blowing Up History**
2.00 **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.00 AM **Gardeners' World**
10.15 **Pointless**
12.20 PM **Later... with Jools Holland**
2.25 **Pointless**
3.30 **Gardeners' World**
4.50 **Pointless**
6.50 **Later... with Jools Holland** Featuring performances by John Martyn, Joan Baez, Inspiral Carpets and David Gray. **8.05** Featuring Nick Cave, Shane McGowan, Denim, En Vogue and John Prine.
8.55 **Gardeners' World** Double bill. Monty Don and his team of horticultural experts offer viewers at home more gardening tips, from their base in Monty's garden Longmeadow, in Herefordshire.
10.15 **Pointless** Double bill of the quiz show hosted by Alexander Armstrong and Richard Osman.
12.15 AM **Later... with Jools Holland**
2.25 **Gardeners' World**
3.30 **Pointless**
5.00 **to 6.00** AM **Later... with Jools Holland**

+1 hour 266 376

ID

154 141 166

8.00 AM **Who the (Bleep) Did I Marry?** Double bill of editions.
9.00 **Devil in Suburbia**
11.00 **Grave Secrets**
1.00 PM **American Monster**
3.00 **Deadline: Crime with Tamron Hall** Double bill of editions.
5.00 **Married to Evil** Double bill.
7.00 **Death by Fame** A body-building attorney lands her own reality series. A year later, investigators used the show to map how she went from the spotlight to stabbing victim. **8.00** A deputy sheriff turns in his badge to pursue a career in acting. When a shooting leaves him injured and his wife dead, police learn there's more to this court TV star than meets the eye.
9.00 **Body Cam** Cameras monitor police as they hunt two suspects responsible for armed robberies.
10.00 **Before They Kill Again**
11.00 **American Monster**
12.00 M'T **The Murder Tapes**
2.00 AM **Married to Evil**
4.00 **to 6.00** AM **Death by Fame**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **Shipwreck Men**
9.00 **World's Greatest Motorcycle...**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Shed and Buried: Classic Cars** Two huge sheds full of vintage military vehicles.
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **World's Greatest Motorcycle...**
4.00 **Holden Bros. Restos**
5.00 **Richard Hammond's Workshop**
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Holden Bros. Restos**
9.00 **Car Fix** New editions
10.00 **World's Greatest Motorcycle Rides** Henry Cole rides from Loeriesfontein to Matjiesfontein.
11.00 **Shed and Buried**
12.00 M'T **Holden Bros. Restos**
1.00 AM **Shed and Buried: Classic...**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Trans Am**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.45 AM **Bookworm** As 3.15am.
8.40 **The Wild Robot** As 4.15pm.
10.30 **Escape from the 21st Century** Chinese adventure. Subtitled. (2024, 15, 94min)
12.35 PM **The Front Room** (2024)
2.25 **A Nice Indian Boy** (2024)
4.15 **The Wild Robot** Animation. (2024, U, 102min) ★★★★
6.10 **Beetlejuice Beetlejuice** Horror comedy sequel starring Michael Keaton. (2024, 12, 105min) ★★★★

6.10 Beetlejuice Beetlejuice

8.00 A Nice Indian Boy Romantic comedy starring Karan Soni and Jonathan Groff. A traditional Indian family come to terms with the fact their son is planning to marry his white artist boyfriend. (2024, 12, 96min)

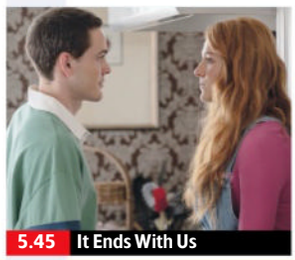
9.45 Old Guy Action comedy starring Christoph Waltz. An ageing hitman must train a prodigy when his employer moves to replace the old guard. With Lucy Liu and Cooper Hoffman. (2024, 15, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **A Different Man** Thriller starring Sebastian Stan. (2024, 15, 112min) ★★★★
1.30 AM **The Front Room** Horror thriller starring Brandy Norwood. (2024, 15, 94min)
3.15 **Bookworm** Comedy. (2024, 12, 103min) ★★★★
5.05 **to 6.50** AM **Rebellious** Animated fantasy adventure. (2024, PG, 94min)

Sky Cinema Blockbusters

303 303 403 503 517

6.25 AM **The Great Escaper** Drama. (2023, 12) ★★★★
8.05 **The Beekeeper** Action thriller. (2023, 15, 105min) ★★★
9.55 **Baby Driver** Action thriller. (2017, 15, 113min) ★★★★
12.00 NOON **Tropic Thunder** Spoof. (2008, 15, 107min) ★★★★
1.50 PM **The Fall Guy** As 11.40pm.
4.00 **Anyone But You** Comedy. (2023, 15, 103min) ★★★★
5.45 **It Ends with Us** Drama. (2024, 15, 125min) ★★★



5.45 It Ends With Us

8.00 Barbie Fantasy comedy starring Margot Robbie and Ryan Gosling. The living doll's perfect life is turned upside down when she suffers an existential crisis. (2023, 12, 114min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Bridget Jones's Diary Romantic comedy based on the best-selling novel by Helen Fielding, starring Renée Zellweger, Colin Firth and Hugh Grant. (2001, 15, 96min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **The Fall Guy** Action comedy starring Ryan Gosling. (2023, 12, 126min) ★★★★
1.50 AM **Arrival** Sci-fi drama starring Amy Adams. (2016, 12, 116min) ★★★★★
3.55 **to 6.20** AM **Superman II** Fantasy adventure sequel starring Christopher Reeve. (1980, PG, 127min) ★★★

Sky Cinema Drama

310 310 410 510 524

7.10 AM **Straight Outta Compton** Biopic of hip-hop group NWA. (2015, 15, 147min) ★★★
9.50 **Drift** As shown at 9.50pm.
11.35 **The Quiet Man** Romantic drama. (1952, U, 129min) ★★★
1.55 PM **Dunkirk** Christopher Nolan's World War Two drama. (2017, 12, 106min) ★★★★★
3.50 **Stand by Me** Nostalgic drama. (1986, 15, 89min) ★★★★★
5.30 **Jerry Maguire** Romantic comedy drama with Tom Cruise. (1996, 15, 139min) ★★★★
8.00 **Lost in Translation** Bittersweet romantic comedy drama written and directed by Sofia Coppola, starring Bill Murray and Scarlett Johansson. A jaded Hollywood actor and a young woman strike up a friendship in a Tokyo hotel. (2003, 15, 102min) ★★★★★
9.50 **Drift** Drama starring Cynthia Erivo and Alia Shawkat. (2023, 15, 93min) ★★★★
11.30 **Love Story** Romantic drama. (1970, PG, 100min) ★★★★
1.20 AM **Funny Face** Romantic musical with Audrey Hepburn. (1956, U, 103min) ★★★★
3.05 **Girl You Know It's True** Biopic. (2023, 15, 124min) ★★★
5.20 **to 7.05** AM **Love Story** (1970)

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.10 AM **Next Exit** As 1.20am.
9.00 **Lisa Frankenstein** As 3.10am.
10.45 **The Nun II** Horror sequel. (2023, 15, 110min) ★★
12.40 PM **Star Trek Beyond** Sci-fi adventure starring Chris Pine. (2016, 12, 122min) ★★★★
2.45 **Zombieland** Horror comedy. (2009, 15, 84min) ★★★★
4.20 **Evolution** Sci-fi comedy. (2001, PG, 101 min) ★★★★
6.05 **Five Nights at Freddy's** Horror thriller starring Josh Hutcherson and Piper Rubio. (2023, 15, 109min) ★★
8.00 **Passengers** Sci-fi drama starring Jennifer Lawrence, Chris Pratt and Michael Sheen. Two travellers on a spaceship are woken 90 years before the end of their colonisation mission. (2016, 12, 116min) ★★★
10.00 **The Pact** Mystery thriller with Caity Lotz and Haley Hudson. (2012, 15, 85min) ★★★
11.35 **Dark Skies** Paranormal thriller. (2013, 15, 97min) ★★★
1.20 AM **Next Exit** Sci-fi comedy. (2022, 15, 106min) ★★★
3.10 **Lisa Frankenstein** Horror comedy. (2024, 15, 101min) ★★★
5.00 **to 7.10** AM **Chappie** Sci-fi thriller. (2015, 15, 120min) ★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.00 AM **The Wiz** As 10.10pm.
8.20 **Friend or Foe** (1981, U) ★★★
9.35 **Muppets from Space** (1999)
11.10 **Goosebumps 2: Haunted Halloween** (2018, PG) ★★
12.45 PM **The Flintstones** Comedy. (1994, U, 93min) ★★★
2.25 **The Flintstones in Viva Rock Vegas** (2000, PG) ★★
4.00 **Stuart Little** (1999) ★★★★★
5.30 **Stuart Little 2** (2002) ★★★★
6.55 **The Spiderwick Chronicles** Fantasy. (2008, PG) ★★★★

8.35 The Witches

8.35 **The Witches** Fantasy adventure based on Roald Dahl's story about a coven of witches plotting to turn the children of England into mice. Stars Anjelica Huston. (1989, PG, 90min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

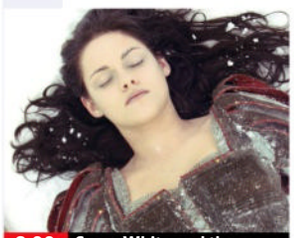
10.10 **The Wiz** Motown musical updating of *The Wizard of Oz* based on the hit Broadway show, starring Diana Ross as a Harlem schoolteacher spirited to a fantasy New York City. (1978, U, 133min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Big Fat Liar** Teen comedy. (2002, PG, 88min) ★★★
2.05 **Paul Blart: Mall Cop 2** Comedy sequel. (2015, PG) ★★
3.45 **Ride On** Action drama. (2023, PG, 126min) ★★★
5.55 **to 7.35** AM **A Tiger's Journey** Drama. (2023, PG) ★★★

Sky Cinema Action

307 307 407 507 521

6.45 AM **Furiosa: A Mad Max Saga** Fantasy. (2023, 15) ★★★★
9.15 **Twilight of the Warriors: Walled In** As 2.05am.
11.25 **Kong: Skull Island** Adventure. (2017, 12, 118min) ★★★★
1.30 PM **Terminator Salvation** Sci-fi action thriller sequel. (2009, 12, 110min) ★★★
3.30 **Mission: Impossible II** Thriller sequel. (2000, 15) ★★★
5.40 **Fast & Furious 7** Action thriller sequel. (2015, 12) ★★★★



8.00 Snow White and the...

8.00 **Snow White and the Huntsman** Fantasy adventure starring Kristen Stewart. Young princess Snow White strives to overcome her evil stepmother with the aid of a widowed huntsman and a group of dwarfs. With Chris Hemsworth. (2012, 12, 127min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

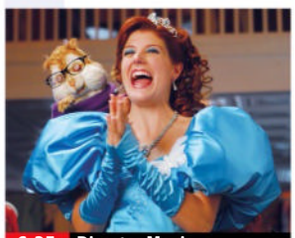
10.10 **Mission: Impossible III** Action spy thriller starring Tom Cruise, Michelle Monaghan and Philip Seymour Hoffman. (2005, 12, 126min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Jackie Chan's Armour of God** Martial arts thriller. (1986, 15, 95min) ★★★
2.05 **Twilight of the Warriors: Walled In** Crime thriller. (2024, 15, 126min) ★★★
4.15 **to 6.05** AM **Young Guns II: Blaze of Glory** Western sequel starring Emilio Estevez. (1990, 15, 104min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.40 AM **Between the Temples**
9.35 **Just Friends** Comedy. (2005, 12, 94min) ★★
11.15 **Mr Deeds** (2002, 12) ★★★
1.00 PM **The Naked Gun 2½: The Smell of Fear** Spoof sequel. (1991, 15, 81min) ★★★
2.30 **HouseSitter** Romantic comedy. (1992, PG, 102min) ★★★
4.15 **The Five-Year Engagement** Comedy. (2012, 15) ★★★
6.25 **Disaster Movie** Spoof comedy. (2008, 12, 86min) ★



6.25 Disaster Movie

8.00 **Two Weeks Notice** Romantic comedy starring Sandra Bullock and Hugh Grant. Opposites attract when a liberal lawyer goes to work for a billionaire property tycoon. (2002, 12, 101min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **The Naked Gun 33⅓: The Final Insult** Spoof thriller sequel with Leslie Nielsen. Lt Frank Drebin emerges from retirement and goes undercover to foil a terrorist attack on the Oscars ceremony. (1994, 12, 83min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **The DUFF** Teen comedy. (2015, 12, 98min) ★★★★
1.15 AM **The Edge of Seventeen** Coming-of-age comedy drama. (2016, 15, 104min) ★★★★
3.10 **Between the Temples** Comedy drama. (2024, 15) ★★★★
5.10 **to 7.00** AM **Swede Caroline** Comedy. (2024, 15) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **Contraband** As 12.15am.
8.00 **Jericho Ridge** As 2.15am.
9.35 **Detroit** As shown at 3.55am.
12.05 PM **Trap** M Night Shyamalan's thriller starring Josh Hartnett. (2024, 15, 105min) ★★★★
2.00 **Angels & Demons** Thriller. (2009, 12, 138min) ★★
4.25 **Melancholia** Thriller. (1989, 15, 85min) ★★★★
6.05 **Layer Cake** Gangster thriller starring Daniel Craig. (2004, 15, 105min) ★★★★

10.10 RocknRolla

8.00 **Inferno** Ron Howard's adaptation of Dan Brown's thriller, starring Tom Hanks and Felicity Jones. While suffering from amnesia, Professor Robert Langdon tries to stop a lethal virus from killing millions of people. (2016, 12, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **RocknRolla** Guy Ritchie's crime comedy thriller starring Gerard Butler and Tom Wilkinson. Two East End crooks trigger a feud between a London crime boss and a Russian mobster. (2008, 15, 110min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Contraband** Thriller. (2012, 15, 105min) ★★★
2.15 **Jericho Ridge** Action thriller. (2023, 15, 87min) ★★★
3.55 **to 6.30** AM **Detroit** Kathryn Bigelow's fact-based drama. (2017, 15, 143min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **El Dorado** Howard Hawks Western starring John Wayne. (1966, PG, 126min) ★★★★
1.45 PM **Fire Down Below** Action drama starring Rita Hayworth. (1957, PG, 116min) ★★★
4.05 **Midway** World War Two drama starring Ed Skrein. (2019, 12, 138min) ★★★★
6.50 **Fatherhood** Fact-based comedy drama starring Kevin Hart. (2021, 12, 109min) ★★★

11.20 National Anthem

Fatherhood (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Deadpool 2** Action comedy sequel starring Ryan Reynolds and Josh Brolin. The wisecracking anti-hero attempts to protect a young mutant being pursued by a heavily armed cyborg from the future. (2018, 15, 119min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 PREMIERE **National Anthem** Drama with Charlie Plummer. A construction worker in New Mexico joins a community of rodeo performers in search of their own version of the American dream. (2024, 15, 99min) ★★★★
1.15 **to 3.30** AM **Ema** Chilean offbeat drama. Subtitled. (2019, 15, 107min) ★★★★

+1 hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Romance

302 302 402 502 516

6.05 AM **Chuck Chuck Baby** (2023)
7.50 **Spoiler Alert** As 11.55pm.
9.45 **Phantom Thread** Drama. (2017, 15, 130min) ★★★★★
12.00 NOON **Far and Away** Romantic epic. (1992, 15, 140min) ★★
2.25 PM **Eternal Sunshine of the Spotless Mind** Offbeat comedy. (2004, 15, 108min) ★★★★★
4.15 **It's Complicated** Comedy. (2009, 15, 115min) ★★★★

6.15 **The Back-Up Plan** Romantic comedy starring Jennifer Lopez. (2010, 12, 100min) ★★
8.00 **Along Came Polly** Romantic comedy starring Ben Stiller and Jennifer Aniston. An overly-cautious risk assessor, reeling from being jilted on his honeymoon, begins dating a free-spirited young woman. (2003, 12, 90min) ★★★
9.45 **Trainwreck** Comedy drama starring Amy Schumer and Bill Hader. (2015, 15, 124min) ★★★

11.55 **Spoiler Alert** Comedy drama. (2022, 15, 112min) ★★★
1.55 AM **Bonus Track** Comedy. (2023, 12, 98min) ★★★
3.40 **Chuck Chuck Baby** Drama. (2023, 15, 101min) ★★★★
5.30 **to 7.10** AM **Cicada** Drama. (2020, 15, 96min) ★★★★

Sky Cinema Greats

304 304 404 504 518

6.55 AM **Fletch** As 1.35am.
8.50 **Fletch Lives** As 3.50am.
10.40 **Sixteen Candles** Teen comedy. (1984, 12, 89min) ★★★
12.30 PM **National Lampoon's Animal House** Comedy. (1978, 15, 109min) ★★★★★
2.35 **Planes, Trains and Automobiles** Comedy starring Steve Martin and John Candy. (1987, 15, 92min) ★★★★★

4.25 **The Naked Gun** Spoof thriller. (1988, 15, 85min) ★★★★
6.00 **The Pink Panther** Crime caper starring Peter Sellers as French detective Inspector Clouseau. (1963, PG, 113min) ★★★★★
8.00 **A Shot in the Dark** Inspector Clouseau comedy starring Peter Sellers and Elke Sommer. (1964, PG, 98min) ★★★★
10.00 **The Pink Panther Strikes Again** Crime caper starring Peter Sellers and Herbert Lom. (1976, PG, 103min) ★★

11.55 **The Naked Gun** As 4.25pm.
1.35 AM **Fletch** Comedy adventure. (1985, PG, 96min) ★★★
3.30 **The Cinema List: Thriller**
3.50 **Fletch Lives** Comedy thriller. (1989, PG, 95min) ★
5.40 **to 6.40** AM **Sky Cinema Preview**

Sky Cinema Animation

305 305 412 500 514

6.05 AM **Scarygirl** As 10.10pm.
7.45 **Trolls Band Together** Animated musical. (2023, U, 91min) ★★★
9.25 **Paws of Fury: The Legend of Hank** Animated family comedy. (2022, PG, 98min) ★★★
11.10 **Penguins of Madagascar** Animation. (2014, U) ★★★★
12.50 PM **The Wild Thornberrys Movie** Animated adventure. (2002, U, 85min) ★★★★

2.25 **The Nut Job** (2014, U) ★★★
4.00 **Madagascar** Animated comedy. (2005, U, 86min) ★★★
5.35 **Over the Hedge** Animation. (2006, U, 83min) ★★★★
7.05 **Captain Underpants** Animation. (2017, U, 89min) ★★★★
8.40 **Surf's Up** Animated comedy. (2007, PG, 85min) ★★★★
10.10 **Scarygirl** (2023, PG) ★★★
11.45 **Batman Unlimited: Monster Mayhem** (2015, PG) ★★★
1.10 AM **Sinbad: Legend of the Seven Seas** (2003, U) ★★★★

2.40 **Straight Outta Nowhere: Scooby-Doo! Meets Courage the Cowardly Dog** Animation. (2021, PG, 78min) ★★★
4.05 **The Inseparables** Animation. (2023, U, 90min) ★★★
5.40 **to 7.15** AM **The Road to El Dorado** (2000, U) ★★★

Movies 24

312 313 419

7.00 AM **A Priceless Love** Romantic drama. (2022, PG, 85min) ★★
9.00 **Perfect Harmony** Romantic comedy. (2022, PG, 84min) ★★
11.00 **Making Waves** Romantic comedy. (2023, PG, 84min) ★★
1.00 PM **Married By Mistake** Comedy. (2023, PG, 88min) ★★
3.00 **An American in Austen** Romantic comedy drama. (2024, PG, 84min) ★★

5.00 **Inspiring Love** Romantic drama. (2023, PG, 85min) ★★
7.00 **Two Tickets to Paradise** Drama starring Ashley Williams. (2022, PG, 84min) ★★
9.00 **The Journey Ahead** Comedy starring Holly Robinson Peete and Kaylee Bryant. A movie star flees the worst day of her life after a chance encounter with a stranger running from her past. (2022, PG, 102min) ★★
11.00 **Planning on Forever** Romantic comedy. (2022, PG, 89min) ★★

1.00 AM **Branching Out** Drama starring Sarah Drew and Cora Bella. (2024, PG, 90min) ★★
3.00 **to 5.00** AM **Pumpkin Everything** Romantic comedy drama. (2022, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Stagecoach West** (S1)
7.05 **Storm in a Teacup** Comedy. (1937, b/w, U, 85min) ★★★
8.50 **Look at Life**
9.05 **Not as a Stranger** Melodrama. (1955, b/w, PG, 135min) ★★★
11.45 **Black Beauty** Family adventure. (1971, U, 106min) ★★★
1.55 PM **The Brothers** 13/14. (S4)
3.00 **Run Wild, Run Free** Family drama. (1969, U, 98min) ★★★

5.05 **The Flying Deuces** Laurel and Hardy comedy. Stan and Ollie join the Foreign Legion and swiftly cross swords with the cruel commandant. (1939, b/w, U, 67min) ★★★
6.25 **Strange But True**
7.00 **Z Cars** 8/13. (S12)
8.00 **Victorian Scandals** 1/7. (S1)
9.05 **Maigret** 1/4. (S11)
11.00 **The Upturned Glass** Psychological thriller with James Mason and Pamela Kellino. (1947, b/w, PG, 87min) ★★

12.45 AM **Red King, White Knight** Espionage thriller starring Tom Skerritt. (1989, 15, 107min) ★★
2.50 **At War with the Army** Comedy. (1950, b/w, U, 100min) ★
4.45 **to 6.00** AM **What the Butler Saw** Comedy with Edward Rigby. (1950, b/w, PG, 63min) ★★★

WEDNESDAY Sport 4 June

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **Sky Sports News**
12.00 NOON **Lunchtime Live** A look at the sports stories making the headlines this lunchtime.
12.30 PM **LIVE Women's International One-Day Cricket England v West Indies.** The second ODI in the three-match series from Uptonsteel County Ground, Leicester. The hosts have dominated the last 10 one-day matches against their visitors, a run that has seen them win eight of those games. England have also won the previous three matches against the West Indies, with those victories coming thanks to three huge victories when they last faced each other in a series at the end of 2022.
9.00 **Sky Sports News** Round-up of the sports news with live analysis and comment, plus interviews with the headline-makers.
10.30 **Back Pages Tonight** A look at the sports headlines in tomorrow's newspapers.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
10.00 **Premier League Years**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **PL Retro** Manchester United v Liverpool from 2008/09.
3.00 **Premier League 100 Club**
4.00 **Premier League Icons**
5.00 **Premier League Highlights** Tottenham Hotspur v Aston Villa.
5.30 Highlights of Tottenham Hotspur v Bournemouth.
6.00 Action from Wolverhampton Wanderers v Manchester City.
6.30 Arsenal v Liverpool.
7.00 Arsenal v Manchester City.
7.30 Action from Aston Villa v West Ham United at Villa Park.
8.00 **Gary Neville's Soccerbox** The presenter talks to Thierry Henry about matches they played in.
8.30 **David James: The One and Only**
10.00 **Class of '92: Full Time**
11.00 **Premier League Icons**
12.00 M'T **Premier League Legends**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **Premier League 100 Club**
5.30 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Cup Retro**
8.00 **Celtic's Invincibles**
9.00 **EFL Greatest Games**
9.30 **Championship Season Review**
11.00 **SPFL** Archive action.
12.00 NOON **Championship Retro**
2.00 PM **EFL Rivalries**
2.30 **EFL Greatest Games**
4.00 **EFL Cup** Manchester United v Southampton in the 2017 final.
5.00 **EFL** Burnley v Sheffield United in the 2008/09 Championship play-off final at Wembley Stadium.
6.00 **Retro League One** Gillingham v Manchester City from 1999.
8.45 **EFL Greatest Games** Queens Park Rangers v Middlesbrough.
9.00 Birmingham City v MIddlesbrough from 2015/16.
9.15 Middlesbrough v Brighton & Hove Albion from 2016.
9.30 Action from Aston Villa v Nottingham Forest in 2016.
9.45 Cardiff City v Bristol City.
10.00 **EFL Cup** Bradford City v Swansea City in the 2013 final.
11.00 **1983: When Aberdeen Ruled Europe** The story of the greatest year in the history of Aberdeen.
12.00 M'T **EFL** The 2013/14 play-offs.
3.00 AM **EFL Greatest Games**
4.00 **to 6.00** AM **EFL Cup Retro**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **IPL** A replay of the final.
11.00 **Best of England v Windies**
11.30 **Women's One-Day International Cricket**
12.30 PM **LIVE Women's International One-Day Cricket England v West Indies.** The second ODI in the three-match series from Uptonsteel County Ground, Leicester. The hosts have dominated the last 10 one-day matches against their visitors, a run that has seen them win eight of those games.
9.00 **Ashes Greats** Archive action.
9.30 **Best of England v Windies**
10.00 **One-Day International Cricket** The third and final ODI between England and West Indies.
11.00 **Women's One-Day International Cricket** The second ODI in the series between England and West Indies.
12.00 M'T **Best of England v Windies**
1.30 AM **Women's One-Day International Cricket**
2.30 **The Boy from Baracara**
3.00 **Best of ICC WT20**
3.30 **Best of England v Windies**
5.00 **to 6.00** AM **One-Day International Cricket**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **LPGA Tour**
8.00 **LPGA Tour**
9.00 **US Women's Open**
10.00 **The Greatest Solheim Cup**
12.00 NOON **LPGA Tour**
1.00 PM **Rose Ladies Series**
1.30 **US Women's Open**
2.30 **LPGA Tour** Highlights.
4.30 **US Women's Open**
5.30 **PGA Tour Champions**
6.30 **Rose Ladies Series**
7.00 **PGA Tour: The Cut**
7.30 **HotelPlanner Tour Golf**
8.00 **US Women's Open** Action from day four of the second Major of the year at Erin Hills, Wisconsin.
9.00 **PGA Tour** All four days of the Memorial Tournament.
10.00 **DP World Tour**
10.30 **Rose Ladies Series**
11.00 **HotelPlanner Tour Golf**
11.30 **PGA Tour: The Cut**
12.00 M'T **US Women's Open**
1.00 AM **PGA Tour**
2.00 **DP World Tour**
3.00 **to 6.00** AM **PGA Tour**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **US Open Classic Matches**
7.00 **WTA & ATP Tennis**
9.00 **ATP Tennis** Highlights.
11.00 **WTA Tennis** Recent finals.
2.00 PM **WTA All Access**
2.30 **ATP Tennis** From Texas.
3.30 **WTA Tennis** Recent finals.
6.30 **ATP Tennis** Miami Open review.
7.30 **ATP Tennis** The Internazionali BNL d'Italia men's singles final.
8.30 **ATP Tour This Week**
9.00 **WTA & ATP Tennis**
10.00 **WTA Tennis** Stuttgart Open final.
11.00 Strasbourg Open final.
12.00 M'T **US Open Classic Matches**
2.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **T100 Triathlon World Tour Highlights** From San Francisco.
7.00 **Premier League Stories**
7.30 **Isuzu UTE A-League**
8.30 **Gallagher Premiership Rugby Union** Bristol Bears v Harlequins.
9.30 **Court Side** A look ahead.
10.00 **LIVE French Open Tennis** Coverage from the second day of the quarter-finals staged at Stade Roland Garros in Paris. Alexander Zverev was among the victors at this stage last year, winning 6-4, 7-6, 6-4 against Alex de Minaur.
6.00 PM **Miracle of Istanbul** A look at Liverpool's comeback in the 2005 Champions League final.
7.00 **LIVE French Open Tennis** Further coverage from the second day of the quarter-finals staged at Stade Roland Garros in Paris.
11.00 **French Open Tennis** Action from day 11 of the tournament.
12.30 AM **UEFA Champions League** A chance to see Paris Saint-Germain v Inter Milan in the final.
2.00 **UEFA Europa League & Conference League Magazine**
4.00 **Serie A – Full Impact**
5.00 **to 6.00** AM **Men's Cycling Pro Series**

TNT Sports 2

411 414 522 409 431

6.15 AM **MLB Closer**
6.45 **TNT Sports Cricket Reload**
7.30 **Tom Aspinall's Fight Lab**
8.00 **Porsche Supercup**
9.00 **UEFA Champions League**
9.30 **UEFA Europa League & Conference League Magazine**
11.30 **UEFA Champions League**
1.00 PM **MLB Highlights**
2.00 **MLB Plays of the Week**
2.30 **WNBA** Liberty v Sun.
3.30 **T100 Triathlon World Tour Highlights** From San Francisco.
4.30 **Tom Aspinall's Fight Lab**
5.00 **MLB Highlights**
6.00 **MLB Plays of the Week**
6.30 **LIVE MLB Boston Red Sox v Los Angeles Angels.** The American League match from Fenway Park. Start-time **6.35pm**.
9.45 **UFC Countdown**
10.45 **Fight Week** UFC 316 preview.
11.30 **Tom Aspinall's Fight Lab**
12.00 M'T **LIVE MLB Toronto Blue Jays v Philadelphia Phillies.** The inter-league match at Rogers Centre. Start-time **12.07am**.
3.15 AM **MLB Plays of the Week**
3.45 **TNT Sports Reload**
4.00 **French Open Tennis**
5.30 **to 6.00** AM **Discovery Golf**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Fight Night** Archive action.
8.00 **Fight Night International** Another chance to see Franchon Crews-Dezurn v Savannah Marshall from July 2023.
9.00 **Fight Night** Bout replays.
4.00 PM **Fight Night** Another chance to see Franck Petitjean v Adam Azim from November 2023.
5.00 The catchweight bout between Amir Khan and Kell Brook at AO Arena in Manchester from February 2022.
6.00 Lawrence Okolie v Chris Billam-Smith from May 2023.
7.00 **Fight Night** Another chance to see the October 2023 British Cruiserweight title bout between Mikael Lawal and Isaac Chamberlain from O2 Arena.
8.00 Mikaela Mayer v Alycia Baumgardner from October 2022.
9.00 Chris Eubank Jr v Liam Smith from January 2023.
10.00 **Fight Night** Amir Khan v Kell Brook staged at AO Arena in Manchester from February 2022.
11.00 Chris Eubank Jr v Liam Smith from January 2023.
12.00 M'T Franck Petitjean v Adam Azim in November 2023.
1.00 **to 6.00** AM **Fight Night**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **EFL Cup Highlights** Action from Arsenal v Crystal Palace in the quarter-finals.
6.30 Newcastle United v Brentford in the quarter-finals.
7.00 Action from Southampton v Liverpool in the quarter-finals.
7.30 Highlights from Tottenham Hotspur v Manchester United in the quarter-finals.
8.00 Highlights from the final between Liverpool and Newcastle United at Wembley Stadium.
9.00 **Good Morning Sports Fans**
10.00 **Sky Sports News**
12.00 NOON **Lunchtime Live**
2.00 PM **Sports Desk** Sports news with live analysis and comments.
5.00 **Sports Centre** A round-up of the sports news, plus extended interviews with headline makers.
7.00 **Sky Sports News** Round-up of the sports news.
10.30 **Back Pages Tonight** The sports headlines in tomorrow's papers.
11.00 **Sky Sports News**
12.00 M'T **Super League** Huddersfield Giants v Leigh Leopards.
2.45 AM A replay of Hull Kingston Rovers v St Helens at Sewell Group Craven Park Stadium.
5.30 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **One-Day International Cricket**
9.00 **Indy NXT** The Detroit Grand Prix.
10.00 **Indycar** From Detroit.
11.00 **Ferrari Challenge Europe**
12.00 NOON **WTA Tennis**
2.00 PM **EFL Greatest Games**
3.00 **Fight Night** Azim v Davies.
4.00 **One-Day International Cricket**
5.00 **US Women's Open Golf**
6.00 **Indy NXT** The Detroit Grand Prix.
7.00 **Indycar** From Detroit.
8.00 **Ferrari Challenge Europe**
9.00 **PGA Tour Champions**
10.00 **One-Day International Cricket**
11.00 **Women's One-Day International Cricket**
12.00 M'T **PL Greatest Games**
1.00 AM **Fight Night** Two bout replays.
3.00 **EFL Greatest Games**
4.00 **WTA Tennis** Stuttgart Open final.
5.00 **to 6.00** AM **PGA Tour Golf**

TNT Sports 3

413 415 523 410 432

6.00 AM **MotoGP Highlights**
8.00 **Motocross World Championship**
11.00 **The WRC Magazine**
11.30 **UCI Mountain Bike World Series** In Loudervielle, France.
12.30 PM **LIVE Cycling: Tour of Slovenia** Coverage of the first stage from Piran to Skofljica.
3.00 **Formula E World Championship**
5.00 **The WRC Magazine**
5.30 **TNT Sports Reload**
6.00 **Ultimate Pool**
7.30 **Grand Slam Track Athletics**
8.30 **Serie A – Full Impact**
9.30 **UEFA Europa League & Conference League Magazine**
10.30 **Cycling: Men's Giro d'Italia**
11.30 **Men's Cycling Pro Series**
12.30 AM **T100 Triathlon World Tour**
1.30 **WNBA** Liberty v Sun.
2.30 **Fight Week** UFC 316 preview.
3.15 **UFC Countdown**
4.15 **UFC Main Event**
5.15 **Tom Aspinall's Fight Lab**
5.45 **to 6.00** AM **TNT Sports Reload**

TNT Sports 4

414 416 524 411 434

6.00 AM **Formula E Flashback**
7.00 **WRC: More Than Machine**
7.45 **TNT Sports Cricket Reload**
8.00 **French Open** The 10th day.
9.30 **Court Side** A look ahead.
10.00 **LIVE French Open Tennis** Coverage from the second day of the quarter-finals staged at Stade Roland Garros in Paris. Alexander Zverev was among the victors at this stage last year.
6.00 PM **Tom Aspinall's Fight Lab**
6.30 **Discovery Golf**
7.00 **LIVE French Open Tennis** Further coverage from the second day of the quarter-finals from Stade Roland Garros in Paris.
11.00 **Grand Slam Track Athletics**
12.00 M'T **European Rally Championship Highlights**
12.30 AM **The WRC Magazine**
1.00 **ABB FIA Formula E World Championship Highlights**
3.00 **to 6.00** AM **Motocross World Championship**

Premier Sports 1

419 551

6.00 AM **Transworld Sport** Magazine.
7.00 **UK Independent Kart Racing**
8.30 **World Surf League**
9.30 **Scottish Rally Championship**
10.00 **Ultimate Karting Championship**
11.00 **NASCAR Highlights**
12.00 NOON **Top 14 Rugby Union**
12.30 PM **Transworld Sport** Magazine.
1.30 **LaLiga Highlights**
2.30 **DTM Highlights**
3.30 **PSA Squash Highlights**
4.30 **Rugby Union Highlights**
6.00 **Ultimate Karting Championship**
7.00 **NASCAR Highlights**
8.00 **Women's Football Weekly**
8.30 **Trail Menorca** Highlights.
9.00 **World Surf League**
10.00 **FIM Sidecarcross** At Fox Hill.
11.00 **LaLiga Highlights**
12.00 M'T **DTM Highlights**
1.00 AM **NASCAR Highlights**
2.00 **Ultimate Karting Championship**
3.00 **UK Independent Kart Racing**
4.30 **Trail Menorca** Highlights.
5.00 **to 6.00** AM **Euro Le Mans**

Premier Sports 2

420 552

6.00 AM **NASCAR Trucks**
9.00 **GP Confidential**
9.30 **Bike World** Magazine.
10.00 **Swedish Speedway**
12.00 NOON **FastZone** Highlights.
12.30 PM **GP Confidential**
1.00 **Top 14 Rugby Union**
3.00 **United Rugby Championship** A replay of Glasgow Warriors v Stormers in the first quarter-final.
5.00 **Temples of Sport**
5.30 **FastZone** Motorsports highlights show covering everything from prototypes to endurance racing.
6.00 **Scottish Cup Football** A replay of Aberdeen v Celtic in the final.
8.00 **GP Confidential**
8.30 **Swedish Speedway**
10.30 **Bike World** Magazine.
11.00 **German Cup** Arminia Bielefeld v VfB Stuttgart in the final.
1.00 AM **Football's Greatest**
2.00 **NASCAR Xfinity Series**
5.00 **Bike World** Magazine.
5.30 **to 6.00** AM **FastZone**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** From Spain.
8.15 **Antonelli and Bottas in the Desert** With Kimi Antonelli.
8.25 **F1 Feature**
8.30 **Formula 3** Spanish Grand Prix.
10.45 **Formula 1** Highlights.
11.00 **Formula 2** Spanish Grand Prix.
1.20 PM **Isack Hadjar IV**
1.30 **Chasing the Dream**
1.50 **Formula 1** Season highlights.
2.00 **Indycar** From Detroit.
3.30 **Indy NXT** The Detroit Grand Prix.
4.30 **Ferrari Challenge Europe**
5.30 **British GT Championship**
6.30 **Formula 1** Spanish Grand Prix.
7.30 **Indycar** From Detroit.
8.30 **Formula 1** Spanish Grand Prix.
10.45 **Formula 1** Season highlights.
11.00 **Ferrari Challenge Europe**
12.00 M'T **British GT Championship**
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Thursday

5 June

Evening Planner

Awards

The British Soap Awards
ITV1, 8pm
Jane McDonald hosts the glitzy awards ceremony, where *EastEnders* and *Emmerdale* are each up for 13 gongs.

Documentary

Dan Snow & the Lost City
5, 9pm
Dan explores Macchu Picchu, which was hidden in the Peruvian jungle until it was rediscovered over 100 years ago.

OnDemand

NETFLIX

Ginny & Georgia
Available today
As we pick up the drama for season three, Ginny and Austin are reeling from mum Georgia's arrest.

OnDemand

NETFLIX

Tires
Available today
The comedy set in an auto repair shop, created by and starring Shane Gillis and Steve Gerben, returns for a second series.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Dragons' Den		9.00 Ambulance		10.00 News; Local News	10.40 Question...
	102 BBC2	7.00 The Great House Revival		8.00 Springwatch		9.00 Marie Antoinette		10.00 Detectorists	10.30 Newsnight
	103 ITV1	7.00 Emmerdale		8.00 The British Soap Awards				10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Britain Under the Nazis: The Forgotten...		9.00 Taskmaster		10.00 The Horne Section TV Show	
	105 5	7.00 Summer in the Scilly Isles		8.00 The Yorkshire Vet		9.00 Dan Snow & the Lost City			10.30 A&E After Dark
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 Rob & Romesh vs Strongman		9.00 Poker Face		10.00 Film: The Girl on the Train	
ENTERTAINMENT	115 BBC3	7.00 Top Gear		8.00 Gavin & Stacey		9.00 Daddy Issues		9.55 Little Simz: Live at...	10.30 Suits
	116 BBC4	7.00 The Science of...	7.30 Talking Pictures: Spartacus	8.15 Film: Spartacus					
	118 ITV2	7.00 Deal or No Deal		8.00 Ant & Dec's Limitless Win		9.00 The 1% Club		10.00 Olivia Attwood: Getting Filthy Rich	
	136 MORE4	‹ 6.55 Car S.O.S.		7.55 Kirstie and Phil's Love It or List It		9.00 24 Hours in A&E			
	135 E4	7.00 The Simpsons		8.00 Below Deck Down Under		9.00 Celebrity Gogglebox		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 FBI: Most Wanted		9.00 Law & Order: Special Victims Unit		10.00 FBI: International	
	108 SKY ATLANTIC	‹ 6.45 Billions		7.50 Game of Thrones		9.00 Mountainhead			
	110 U&GOLD	7.00 Dad's Army	7.40 The Good Life			9.00 Still Open All Hours	9.40 Harry Enfield's...		10.20 Absolutely Fabulous
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	7.00 Heartbeat		8.00 Vera				10.00 Grantchester	
	120 ITV4	‹ 6.55 The Motorbike Show		7.55 Beat the Chasers		9.00 Isle of Man TT		10.00 Film: A Fistful of Dollars	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Along Came Polly			10.40 Whose...
	139 SKY SCI-FI	7.00 Blood & Treasure		8.00 Stargate Universe		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 Rob & Romesh vs Strongman		9.00 Poker Face		10.00 Resident Alien	
	109 U&ALIBI	7.00 Shakespeare & Hathaway		8.00 Death in Paradise		9.00 Murdoch Mysteries		10.00 Father Brown	
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Classic Movies: The Story of Billy Liar		9.00 Film: The Apartment			
	132 U&W	7.00 999 Rescue Squad		8.00 Ambulance Australia				10.00 Nurses Down Under	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Scrap Kings		9.00 Naked and Afraid: Last One Standing			
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 Meet the Orangutans		9.00 Meet the Penguins		10.00 Alaska Monsters	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Car S.O.S.: Ultimate Countdown		9.00 Car S.O.S.		10.00 Northwoods Survival	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Swamp People		9.00 The UnBelievable with Dan Aykroyd		10.00 Mysteries from Above	
	155 U&YESTERDAY	7.00 Bangers & Cash		8.00 Bangers & Cash		9.00 Bangers & Cash: Restoring Classics		10.00 Bangers & Cash	
	121 SKY DOCS	7.00 Transhood				9.00 The Girl Who Caught a Killer			10.15 The Wimbledon Kidnapping
FILMS – Sky Cinema	301 PREMIERE	‹ 6.15 A Nice Indian Boy		8.00 Old Guy			9.35 Speak No Evil		
	302 ROMANCE	‹ 5.50 Trainwreck		8.00 Crazy Rich Asians				10.05 My Big Fat Greek Wedding 2	
	303 BLOCKBUSTERS	‹ 6.00 Barbie		8.00 The Wild Robot			9.45 Superman II		
	304 GREATS	‹ 6.20 Ace Ventura Pet Detective		8.00 Ace Ventura: When Nature Calls			9.50 Dazed and Confused		
	305 ANIMATION	‹ 5.55 Madagascar...	7.30 Two by Two			9.05 Sinbad: Legend of the Seven Seas			10.35 Straight...
	306 FAMILY	‹ 5.40 Look...	7.20 Stardust				9.45 Jack the Giant Slayer		
	307 ACTION	‹ 6.05 The Equalizer 3		8.00 300				10.00 Baby Driver	
	308 COMEDY	‹ 6.00 Scott Pilgrim vs. the World		8.00 The Sting				10.10 Swede Caroline	
	309 THRILLER	‹ 6.10 Mona Lisa and the Blood Moon		8.00 Captain Phillips				10.20 Collateral	
	310 DRAMA	‹ 6.00 Chicago		8.00 Out of Africa					10.40 Cicada
	311 SCI-FI	‹ 6.25 Paranormal Activity: The Ghost...		8.00 King Kong					
	313 FILM4	‹ 6.50 Tolkien				9.00 The Great Wall			
SPORT	401 MAIN EVENT	‹ 12.00 PGA Tour Golf – Live: The RBC Canadian Open							
	402 PREMIER LEAGUE	7.00 Premier League Highlights		8.00 Gary Neville's Soccerbox		9.00 Tackling the Stigma		10.00 Class of '92: Full Time	
	403 FOOTBALL	‹ 6.30 Championship Retro			8.30 EFL Greatest Games			10.00 EFL Cup Retro	
	404 CRICKET	‹ 6.10 Vitality T20 Blast Cricket – Live: Middlesex v Kent Spitfires					9.30 Best of ICC WT20		10.15 The Boy From Baracara
	410 TNT SPORTS 1	7.00 Roland Garros					9.30 Playing for Our Future		
	411 TNT SPORTS 2	‹ 6.30 UEFA Champions League		8.00 PL Review		9.00 MLB – Live: Los Angeles Dodgers v New York Mets (Start-time 9.10)			

‹ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

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BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Expert Witness** (S)(R)(AD)
11.15 **Homes Under the Hammer** New edition From Merseyside. (S)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Doorbell Detectives** New edition 4/5. Video doorbell footage of a masked gang on the rampage. (S)
2.30 **Scam Interceptors** (S)(R)
3.00 **Escape to the Country** (S)(R)
3.45 **Garden Rescue** Charlie Dimmock and Chris Hull transform a garden full of weeds in Wrexham. (S)(R)
4.30 **Bridge of Lies** New edition (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Ambulance

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** Kat and Alfie prepare to celebrate their joint stag and hen party, but her happiness proves short-lived. (S)(AD)

8.00 **Dragons' Den** The entrepreneur behind an inclusive nail polish brand seeks investment, as do two brothers promoting their motorcycle clothing brand. Hosted by Evan Davis. (S)(R)(AD)

9.00 **Ambulance** New edition 5/6. Call handler Caelainn and her colleagues are sexually harassed by a persistent caller using a withheld number, which makes it impossible to block his repeated calls. (S)

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Question Time** Fiona Bruce chairs the topical debate, inviting a panel of politicians and other guests in Llandudno to answer questions from an invited audience. (S)
11.40 **Newscast** Light-hearted discussion of the week's political events. (S)
12.10 AM **Change Your Mind, Change Your Life with Matt and Emma Willis** 3/4. A cancer survivor reveals why she feels guilty. (S)(R)(AD)
12.55 4/4. A single father struggling with body image. (S)(R)(AD)
1.45 **Who Do You Think You Are?** 7/8. Will Young discovers an ancestral link to a great villain. (S)(R)(AD)
2.45 **Weather for the Week Ahead** (S)
2.50 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.15 AM **Homes Under the Hammer** (R)
7.15 **Garden Rescue** (S)(R)
8.00 **Sign Zone: Gardeners' World** (R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **The Edge** Game show. (S)(R)
1.45 **Lightning** Quiz show. (S)(R)
2.15 **Unbeatable** Game show. (S)(R)
3.00 **Murder, Mystery and My Family** An 1880 murder case. (S)(R)(AD)
3.45 **Natural World: Meet the Moose Family** Documentary. (S)(R)(AD)
4.45 **Villages by the Sea** (S)(R)
5.15 **Flog It!** A special edition revisiting historic venues. (S)(R)
6.00 **Richard Osman's House of Games** Game show. (S)(R)
6.30 **Clive Myrie's Italian Road Trip** 9/15. Clive joins Italy's last surviving cowboys, known as the Butteri, to learn how to lasso. (S)(R)

9.00 Marie Antoinette

7.00 **The Great House Revival** New edition 2/8. Restoring a derelict cottage in the heart of the Burren, Co Clare. (S)
7.50 **The Fens: A Wild Year** The ancient wetlands and fertile farmland that make up the fens of East Anglia. (S)(R)

8.00 **Springwatch** New edition 8/12. Michaela Strachan and Chris Packham present highlights from the Longshaw Estate with short-eared owls, and mountain hares just some of the wildlife captured on camera. (S)

9.00 **Marie Antoinette** New episode *Enemies Assemble:* 5/8. A high-profile arrest and the leak of the king's new tax plan risks the royal couple's reputation. (S2) (S)(AD)
■ Entire series on BBC iPlayer
9.50 **Live at the Apollo Bites** (S)(R)

10.00 **Detectorists** 3/6. Andy and Lance go to great lengths to protect their land. (S3) (S)(R)(AD)
10.30 **Newsnight** (S)
11.00 **The Rise and Fall of Michelle Mone** 2/2. Examining the entrepreneur's elevation to the House of Lords. (S)(R)(AD)
12.00 M'T **Sign Zone: Iolo's River Valleys** Iolo Williams explores the Vale of Clwyd. (S)(R)
12.30 AM **Sign Zone: The Power of Parker** 1/6. (S2) (S)(R)(AD)
1.00 **Sign Zone: Surgeons – At the Edge of Life** 4/6. (S)(R)(AD)
2.00 **Sign Zone: Doctor Who** (S)(R)(AD)
3.10 **to 6.15** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **James Martin's Midweek Menu** New edition James makes an apple cake, enjoys Caribbean cookery from Levi Roots, and serves up Turkish-style meatballs for adventurer Simon Reeve. (S)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.00 Emmerdale

7.00 **Emmerdale** Tracy receives devastating news from the police, while Cain undergoes questioning from officers. Sarah goes rogue with Kammy, and Charity makes a discovery. (S)(AD)

8.00 **NEW The British Soap Awards** Jane McDonald hosts the annual ceremony from London's Hackney Empire, honouring the last 12 months in soap. Guests will present awards across key categories, including those voted for by the public – Villain of the Year, Best Comedy Performer, Best Leading Performer, and Best British Soap. Also up for grabs are Best Dramatic Performance, Best Newcomer and Best Storyline. Plus, one star will receive the Outstanding Achievement Award. (S)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **FILM Minority Report** Steven Spielberg's sci-fi thriller starring Tom Cruise. In Washington in 2054, the authorities prevent potential murders thanks to the visions of three psychics. Then the chief of the Pre-Crime unit becomes a suspect himself. (S)(AD) (2002, 12, 140min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
1.05 AM **Teleshopping**
3.00 **TikTok: Murder Gone Viral** The case of Mahek Bukhari and her mother Ansreen. (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Jimmy & Shivi's Farmhouse Breakfast** (S)(SL)(R)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 21-24/25. (S6) (S)(R)
8.10 **The King of Queens** (S)(R)(AD)
9.10 **Frasier** 4-7/25. (S11) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Narrow Escapes** New edition On the Grand Union Canal, Cathy, Andrew and Emily serve customers with fuel and logs. (S)(AD)
5.00 **Chateau DIY** An old cow shed is converted into a sophisticated business suite. (S)(R)(AD)
6.00 **A New Life in the Sun: Where Are They Now?** New edition In Torremolinos, Cuban cocktail bar owners Morgan and Patrick lose an investor. (S)

10.30 The Horne Section TV Show

7.00 **News** (S)

8.00 **Britain Under the Nazis: The Forgotten Occupation** Series finale 2/2. Two years into the occupation of the Channel Islands, life under Nazi rule took a darker turn as mass deportations of islanders to prison camps began. (S)(AD)

9.00 **Taskmaster** New edition 6/10. Alex Horne is poked with a snooker cue by Fatiha El-Ghorri, repeatedly dunked by Mathew Baynton and aggressively pursued by a bearded Stevie Martin. (S)(AD)

10.00 **The Horne Section TV Show** New episode *The Special Guest:* 5/6. The Pope is booked as a special guest. (S)(AD)
10.30 Series finale *The End?* 6/6. Reggie is summoned back to America. (S2) (S)(AD)
■ Entire series on C4 Streaming
11.05 **24 Hours in A&E** (S)(R)(AD)
1.00 AM **Ramsay's Kitchen Nightmares USA** Gordon heads to Nashville, Tennessee. (S)(SL)(R)
1.50 **Changing Rooms** (S)(R)(AD)
2.45 **Dover 24/7: Britain's Busiest Port** Behind the scenes at the transport hub. (S)(SL)(R)(AD)
3.40 **Devon and Cornwall** (S)(R)(AD)
4.35 **Jamie's One-Pan Wonders** (S)(R)
4.50 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 FILM **An Affair to Die For** Thriller starring Ryan Francis. (S)(AD) (2023, 12, 105min) ★★
4.00 **Bargain-Loving Brits in the Sun** New edition On the Costa Blanca, dad Rob is determined that his family enjoy some much-needed down time. (S)
5.00 **News** (S)
6.00 **Dogs Behaving (Very) Badly** A Rhodesian ridgeback-boxer cross that is aggressive with other dogs after an attack. (S)(R)
6.55 **News** (S)

9.00 Dan Snow & the Lost City

7.00 **Summer in the Scilly Isles** A look at a honeybee project called Game of Drones that is out to prove that the insects cross stretches of sea in order to mate. (S)(R)
7.55 **News** (S)

8.00 **The Yorkshire Vet** New edition Matt Smith rushes to save unborn twin calves, Peter Wright worries about a rabbit who has a maggot infestation, and Julian Norton operates on a French bulldog. (S)

9.00 NEW **Dan Snow & the Lost City** The presenter climbs into the mountains on the trail of the lost city of the Inca, Machu Picchu, a magical metropolis perched high among the clouds. It was rediscovered, overgrown by jungle, more than 100 years ago. Now Dan explores its story and comes face to face with an Inca 'ice mummy'. (S)
10.30 **A&E After Dark** In London, security must manage an abusive man as he refuses to leave, despite being discharged. (S)(R)
11.30 **A Killer Makes a Call** A yoga teacher calls 999 to say that she has stabbed her lodger. (S)(R)
12.30 AM **Car Pound Cops** (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** (S5) (S)(R)(AD)
4.00 **22 Kids & a Wedding** (S)(R)
4.35 **The Wonderful World of Chocolate** (S)(SL)(R)
5.30 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128 | 253

SKY SHOWCASE

106 106 | 109 | 340 | 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S8) (S)(R)
11.00 **Africa's Hunters** (S)(R)(AD)
12.00 NOON **The Flash** (S8) (S)(R)
1.00 PM **Hawaii Five-0** (S6) (S)(R)
3.00 **SEAL Team** (S1) (S)(R)(AD)
4.00 **S.W.A.T.** 1/21. (S3) (S)(R)(AD)
5.00 **The Simpsons** *Milhouse Doesn't Live Here Anymore:* Milhouse and his mother leave Springfield. (S)(R)
5.30 *The President Wore Pearls:* Lisa is elected as the student president. (S)(R)
6.00 **The Office (US)** 28/28. Holly and Michael are reunited at a company picnic. (S5) (S)(R)
6.30 1/26. Michael discovers the rumour he started about Stanley is true. (S6) (S)(R)

9.00 Poker Face

7.00 **The Simpsons** *Smart & Smarter:* Marge tries to get Maggie into a nursery for gifted children. (S)(R)
7.30 *The Ziff Who Came to Dinner:* Homer is sentenced to 10 years in prison. With the voice of Jon Lovitz. (S)(R)

8.00 **Rob & Romesh vs Strongman** The comedians enter the world of strongman competitions, heading to Iceland to train with former champion Magnus Ver Magnussons. (S)(R)

9.00 **Poker Face** *One Last Job:* 7/12. Charlie befriends a shop employee who is accused of robbery on Black Friday. Guest stars Sam Richardson. (S2) (R)

10.00 FILM **The Girl on the Train** Thriller based on Paula Hawkins' novel, starring Emily Blunt and Rebecca Ferguson. An alcoholic gets drawn into a web of intrigue when she becomes fascinated by a woman's disappearance. With Haley Bennett. (S) (2016, 15, 107min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

12.10 AM **Big Zuu and AJ Tracey's Rich Flavours** 3/3. Exploring New York's most expensive and outrageous dishes. (S)(R)
1.10 **Curb Your Enthusiasm** (S)(R)
2.30 **Road Wars** (S)(R)
3.00 **SEAL Team** 15/22. (S1) (S)(R)
4.00 **S.W.A.T.** 11/21. (S3) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
11.15am Bargain Hunt (S)(R)(AD) **12.00noon-1.00pm** First Minister's Questions (S) **2.00** Weather for the Week Ahead (S) **2.05-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm The View (S) **11.20** Question Time (S) **12.25am** Newscast (S) **12.55-1.45am** Change Your Mind, Change Your Life with Matt and Emma Willis (S)(R)(AD)

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00pm NEW SERIES Hardy Bucks (S) **10.25-10.30** The Chronicles of Armagh New edition (S) **11.00** Hold the Front Page (S)(R) **11.45pm-12.00m't** The Chronicles of Strangford (S)(R)

WALES
Sky 968, Freesat 968
10.00-10.30pm Feast of Football (S)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cymry ar Gynfas **12.30** Heno **1.00** Gerddi Cymru **1.30** Gerddi Cymru **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Prosiect Pum Mil **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cysgu O Gwmpas (AD) **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion a'r Tywydd **9.00** NEW Joe Allen: y Chwiban Olaf **10.00** Stori'r Iaith **11.00-11.35pm** Arfordir Cymru: Sir Benfro (AD)

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **Top Gear** Michael McIntyre is the Star in a Reasonably Priced Car.
7.55 **The Catch Up**
8.00 **Gavin & Stacey** 5/6. The gang descend on the beach. **8.30** 6/6. Nessa and Dave's wedding day arrives. (S3)
9.00 **Daddy Issues** 5/6. Gemma bumps into an old flame and agrees to a date. **9.30** 6/6. Xander finds Gemma in labour. (S1)
9.55 **Little Simz: Live at the BBC** Featuring tracks from the artist's highly anticipated new album *Lotus*.
10.30 **Suits** *Trust:* 5/16. Mike tries to gain Kevin's trust, and Harvey enacts a risky plan. **11.10** *Spain:* 6/16. Jessica makes a play for Sutter's business that could jeopardise Mike's deal. (S6)
11.50 **Glow Up: Britain's Next Make-Up Star**
12.50 AM **I Kissed a Boy**
2.25 **Top Gear** As 7.00pm.
3.25 **The Fast and the Farmer-ish** Scottish heat.
3.35 **to 4.00** AM **Daddy Issues**

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **The Science of D-Day** Engineer Rob Bell examines the science and innovations that made the 1944 Normandy landings possible.
7.30 NEW **Talking Pictures: Spartacus** Celia Imrie tells the story of the 1960 film.
8.15 FILM **Spartacus** Stanley Kubrick's spectacular epic starring Kirk Douglas as the Thracian gladiator who led an army of slaves in a doomed revolt against the might of the Roman Empire. With Laurence Olivier. (1960, PG, 184min) ★★★★★

11.15 **Pride and Prejudice** 4/6. After Elizabeth rejects Darcy, he returns to Rosling Park and reveals the truth about Wickham's character. **12.10** AM 5/6. Darcy and Elizabeth's relationship grows more affectionate. **1.00** 6/6. Bingley proposes to Jane – an offer she readily accepts. (S1)
1.50 **The Science of D-Day**
2.20 **to 3.20** AM **D-Day 80: We Were There**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **A Place in the Sun**
10.25 **A New Life in the Sun**
11.30 **Heir Hunters**
12.30 PM **Come Dine with Me** Five editions of the contest from the West Midlands.
3.10 **Four in a Bed** Five editions of the B&B challenge.
5.50 **Car S.O.S** Fuzz and Tim take on one of the worst cars they have ever seen. **6.55** The boys pick up a 1978 JCB digger belonging to a former carpenter who suffered two heart attacks.
7.55 **Kirstie and Phil's Love It or List It** Kirstie Allsopp catches up with Julie and Allen in Stoke, a couple who appeared on the show in 2019, to see if they followed through with their decision.
9.00 **24 Hours in A&E** A man is brought into hospital after falling 20ft through a skylight onto concrete, and a woman with severe abdominal pains also receives treatment. **10.00** Maria, a 52-year-old woman who suffers from MS, is brought to A&E with suspected sepsis.
11.05 **Top Guns: Inside the RAF** A drone controller hunts down ISIS terrorists in Iraq.
12.05 AM **The Good Doctor**
1.05 **Emergency Helicopter Medics** Documentary.
2.10 **24 Hours in A&E**
3.10 **to 3.45** AM **Food Unwrapped**

+1 hour 236/237 | 347 | 125

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Simpsons**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons** Triple bill of the animated comedy.
8.00 **Below Deck Down Under** New edition The deck team try to recover after a mishap with the captain, and a hook-up ignites jealousy on a night out.
9.00 **Celebrity Gogglebox** Famous faces appraise *Cape Fear, Planet Earth II, EastEnders* and *127 Hours*.
10.00 **Gogglebox** Opinions on *Vigil, Ready to Mingle, Take a Hike* and *Beat the Chasers*.
11.05 **First Dates**
12.10 AM **The Big Bang Theory**
1.10 **Rick and Morty**
1.40 **YOLO: Rainbow Trinity** Series finale 8/8. (S3)
1.50 **Mike Tyson Mysteries** New episode 8/20. (S3)
2.05 **The Simpsons**
2.50 **Brooklyn Nine-Nine**
3.35 **Below Deck Down Under**
4.25 **Ramsay's Kitchen Nightmares USA**
5.15 **to 6.00** AM **Modern Family**

+1 hr 235/236 | 306 | 30 | 123 | 256

Thursday primetime

THURSDAY Entertainment

Thursday

Sky Witness

107 107 110 341 356

6.00 AM **Road Wars**
7.00 **Brit Cops: Rapid Response**
8.00 **Border Patrol**
9.00 **Border Security: Canada's Front Line** Double bill.
10.00 **Bondi Rescue**
11.00 **Stop, Search, Seize**
12.00 NOON **The Good Doctor** (S5)
1.00 PM **The Rookie: Feds** (S1)
2.00 **FBI** 5/19. Jubal must make a difficult decision. (S2)
3.00 **Caught on Dashcam**
5.00 **Caught Red Handed**
6.30 **Nothing to Declare**

9.00 Law & Order: SVU

7 PM
7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 FBI: Most Wanted *Fouled Out:* 6/13. The Task Force hunt down an active shooter on a college campus. (S5)

9 PM
9.00 Law & Order: Special Victims Unit New episode *Master Key:* 10/20. A teenager goes missing. (S26)

10 PM
10.00 FBI: International *A Tradition of Secrets:* 20/22. A cybersecurity expert robs a large bank in Switzerland. (S2)

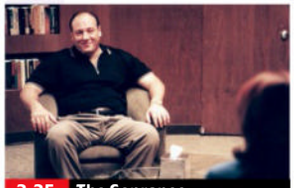
11.00 **The Good Doctor** 16/20. (S3)
12.00 M'T **FBI** 7/15. (S3)
1.00 AM **Chicago Med** New episode
2.00 **Chicago Fire** New episode
3.00 **Chicago PD** New episode
4.00 **Highway Patrol**
5.00 **to 6.00** AM **Stop, Search, Seize**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Fish Town** Double bill.
8.00 **The Sopranos** 6&7/13. (S2)
10.05 **Billions** 1&2/12. (S6)
12.15 PM **Game of Thrones** (S4)
1.25 **Accidentally Famous: The Story of 883** 7&8/8. (S1)
3.35 **The Sopranos** 6/13. Tony attacks a former friend.
4.35 7/13. Guest stars Janeane Garofalo. (S2)
5.40 **Billions** 1/12. Mike Prince takes over the Axe Capital throne.
6.45 2/12. Prince instructs the trading floor on a new play but is met with scepticism. (S6)


3.35 The Sopranos

7.50 Game of Thrones *The Children:* 10/10. Jon tries to negotiate a peace with Mance Rayder, but an unexpected arrival changes the situation, while Tyrion receives a visit from Jaime. (S4)

8.00 Rob & Romesh vs Strongman Rob Beckett and Romesh Ranganathan enter the world of strongman competitions.

9.00 Mountainhead Jesse Armstrong's satire starring Steve Carell, Jason Schwartzman, Cory Michael Smith and Ramy Youssef. Four billionaire friends get together against the backdrop of an unfolding international crisis.

11.00 **Homicide: Life on the Street**
12.00 M'T **Big Little Lies** 5/7. (S1)
1.05 AM **The Staircase** 3/8. (S1)
2.25 **The Gilded Age** 7/8. George strikes a deal. (S2)
3.30 **Game of Thrones** As 7.50.
4.50 **to 6.00** AM **Richard E Grant's Hotel Secrets**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S6)
8.00 **The Flash** 18/18. (S7)
9.00 **Stargate SG-1** (S8)
11.00 **Poker Face** New episode 7/12. A shop employee is accused of robbery. (S2)
12.00 NOON **The Flash** 1/20. (S8)
1.00 PM **Hawaii Five-0** (S6)
3.00 **SEAL Team** 15/22. (S1)
4.00 **S.W.A.T.** 11/21. (S3)
5.00 **Supergirl** 7/22. (S4)
6.00 **Stargate SG-1** 15/20. A barber who has been experiencing disturbing visions of the crew hunts down O'Neill. (S8)

8.00 Rob & Romesh vs...

7.00 Stargate SG-1 *Reckoning – Part One:* 16/20. Sam and Thor develop a weapon. Guest stars Isaac Hayes. (S8)

8.00 Rob & Romesh vs Strongman Rob Beckett and Romesh Ranganathan enter the world of strongman competitions.

9.00 Poker Face *One Last Job:* 7/12. Charlie befriends a shop employee who is accused of robbery. Guest stars Sam Richardson. (S2)

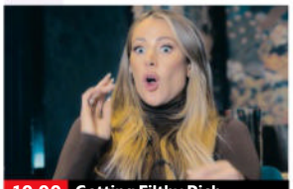
10.00 Resident Alien *Harry, A Parent:* 13/16. Harry learns which extra-terrestrial race is on Earth. (S1)

11.00 **Resident Alien** 14/16. Harry goes head-to-head with one of his biggest enemies. (S2)
12.00 M'T **Big Zuu and AJ Tracey's Rich Flavours** From New York.
1.00 AM **Supergirl** 8/22. (S4)
2.00 **Road Wars** Vehicle crime.
3.00 **SEAL Team** 15/22. (S1)
4.00 **S.W.A.T.** 11/21. (S3)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **Totally Bonkers Guinness World Records** Double bill.
10.00 **Dress to Impress**
1.00 PM **Deal or No Deal**
2.00 **Ant & Dec's Limitless Win**
3.00 **Abbey Clancy: Celebrity Homes** Houses belonging to Heidi Range and Jodie Kidd.
4.00 The homes of Olivia Bowen and Emma Thynn.
5.00 **Dress to Impress**
6.00 **Celebrity Catchphrase** With guests Jane Danson, Eddie Kadi and Tom Rosenthal.


10.00 Getting Filthy Rich

7.00 Deal or No Deal Stephen Mulhern hosts as a contestant takes on the Banker for the chance to win life-changing cash.

8.00 Ant & Dec's Limitless Win More life-changing money is on offer as Ant and Dec introduce NHS matrons Karis and Tim.

9.00 The 1% Club Quiz show hosted by comedian Lee Mack in which the questions are all about logic and common sense.

10.00 Olivia Attwood: Getting Filthy Rich 6/6. Olivia meets men cashing in on a demand for the boyfriend experience.

11.05 **Family Guy** 11/23. Brian starts dating a blind girl.
11.35 5/23. (S10)
12.05 AM **American Dad!** (S8&7)
1.05 **Bob's Burgers** (S12)
2.05 **Totally Bonkers Guinness World Records**
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Where the Heart Is**
9.20 **Agatha Christie's Poirot**
10.30 **The Royal** As 1.55am.
11.35 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Agatha Christie's Poirot**
4.55 **Downton Abbey** 4/9. Carson reveals intimate details about his former life. (S4)
6.00 **Heartbeat** *Guilty Secrets:* Dawson is accused of theft following a house raid.

4.55 Downton Abbey

7.00 Heartbeat *Strike Up the Band:* Dawn is swept off her feet, while Joe and Rachel succumb to their attraction.

8.00 Vera *The Way the Wind Blows:* The body of a young woman is washed up on the banks of the Tyne and DCI Stanhope uncovers a web of intrigue, betrayal and lost promises as she investigates.

10.00 Grantchester 1/6. Sidney is arrested on a charge of sexual assault on a teenage girl who has now gone missing. (S2)

11.00 **Grantchester** 2/6. (S2)
11.55 **Cracker** 4/7. (S1)
1.00 AM **Where the Heart Is** *Faith.*
1.55 **The Royal** *Seeking Refuge:* There is a mystery to solve when a patient is admitted under a false name.
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Scotland's Greatest Escape** Scottish Borders.
8.00 **Beechgrove Garden** New edition Lizzie revisits the herb garden she revitalised last summer.
8.30 **Landward** New edition How Skye crofters are managing their crops to provide a summer home for corncrakes.
9.00 **Mrs Brown's Boys** 6/7. Agnes is excited about Rory's big day – until she meets the wedding planner. (S3)
9.30 **Two Doors Down** 4/6. Beth and Eric meet Gordon's parents. (S4)
10.00 **Paramedics on Scene** Series finale 10/10. An elderly woman suffers a fall while walking her dog.
11.00 **Scotcast** New edition
11.30 PM **to 12.00** M'T **Scot Squad** 4/6. (S2)

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **High Maintenance**
9.05 **The Conners** (S2)
10.05 **Entourage** (S3)
11.15 **Barry** 4&5/8. (S1)
12.35 PM **Ballers** (S3)
1.55 **Entourage** (S3)
3.05 **High Maintenance** (S3)
4.20 **Barry** 4&5/8. (S1)
5.40 **The Office (US)** (S5&6)
6.40 **The Conners** (S2)
7.40 **Ballers** 3/10. Charles bristles over a slight.
8.20 4/10. Spencer and Joe race to score a key owner's blessing. (S3)
9.00 **David Baddiel: The Not the Trilogy – Trolls: Not the Dolls** The comedian's revival of his 2020 show.
10.15 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
11.15 **Barry** 1&2/8. (S4)
12.40 AM **Curb Your Enthusiasm** (S1)
2.00 **And Just Like That...** New episode 2/12. (S3)
3.00 **Girls** 7&8/12. (S3)
4.20 **to 5.00** AM **Sort Of**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Pavarotti in Central Park**
8.20 **The Joy of Painting**
8.55 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Portrait Artist...**
1.00 PM **Tales of the...**
2.00 **Mae West: Dirty Blonde**
3.10 **The Directors**
4.05 **Discovering**
5.00 **Portrait Artist 2024**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Classic Movies: The Story of Billy Liar** Series finale
9.00 **FILM The Apartment** Comedy. (1960, b/w, PG, 120min) ★★★★★
11.20 **The Directors**
12.20 AM **PJ Harvey at Nuits de Fourviere**
2.00 **Nick Cave: This Much I Know to Be True**
4.05 **Marina Takes Over TV**
5.05 **to 6.00** AM **National Treasure**

Sky Mix

151 158 135 11 141 23

7.00 AM **Nothing to Declare**
10.00 **UK Border Force**
11.00 **Nothing to Declare**
12.00 NOON **Road Wars**
1.00 PM **Border Patrol**
2.00 **UK Border Force**
3.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S4)
6.00 **Stargate Atlantis** (S5)
7.00 **Star Trek: Voyager**
8.00 **Star Trek: Deep Space Nine** *The Storyteller:* 14/20. A Bajoran village comes under attack. (S1)
9.00 **Murder Uncut** Detectives uncover a murder-for-hire plot.
10.00 **How I Caught the Killer** Police suspect a man of killing his wife.
11.00 **Grimm** 10/22. (S3)
12.00 M'T **Nothing to Declare**
2.00 AM **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Be

131/132 125 119 28 119 22

6.00 AM **Unwind**
6.20 **The Only Way Is Essex**
7.40 **Buying the View**
8.10 **Georgia and Tommy: Baby Steps**
9.10 **Gary Barlow's Food...**
10.15 **The Real Housewives of Miami** Double bill.
12.05 PM **Amy Childs: The Twin Life**
1.05 **The Only Way Is Essex**
2.05 **Dinner Date**
3.10 **Scott's Vacation House Rules** Property series.
4.05 **The Real Housewives of Miami** Double bill.
6.00 **Buying and Selling**
7.00 **Gary Barlow's Food and Wine Tour: Australia**
8.00 **Dinner Date**
9.00 **Botched** Medical series.
10.00 **The TOWIE Years**
12.00 M'T **The Only Way Is Essex** Reality series.
1.00 AM **Ferne McCann: First Time Mum**
5.20 **Backyard Builds**
5.45 **to 6.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S2)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 10/13. (S2)
12.00 NOON **Sue Thomas: F.B.Eye** 19/19. (S2)
1.00 PM **Hart to Hart** (S2)
2.00 **Father Dowling Mysteries** 2/22. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** (S2&3)
9.00 **Randall and Hopkirk (Deceased)** *Somebody Just Walked Over My Grave:* 17/26. Jeff stumbles across a kidnap plot. (S1)
10.00 **The Avengers** *The Fear Merchants:* 2/24. (S5)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S2&3)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Football League Legends**
6.10 **Minder**
7.10 **The Professionals**
8.15 **Dempsey and Makepeace**
9.20 **Magnum, PI**
10.20 **Kojak**
11.25 **Isle of Man TT** Action from the second Supersport TT race.
12.25 PM **The Chase**
1.30 **Dempsey and Makepeace**
2.35 **Magnum, PI**
3.35 **Kojak**
4.40 **Minder**
5.50 **The Professionals**

1.30 Dempsey and Makepeace

6.55 **The Motorbike Show** Henry Cole rides the Aberystwyth mountain road to Devil's Bridge.
7.55 **Beat the Chasers** Bradley Walsh hosts as contestants from across the UK take on the quiz experts in the hopes of winning big money.
9.00 **Isle of Man TT** Action from the opening three-lap Supertwin TT race, which is always among the week's fan favourites.
10.00 FILM **A Fistful of Dollars** Sergio Leone's Spaghetti Western starring Clint Eastwood as the nameless stranger who rides into a Mexican border town run by two rival gangs. (1964, 15, 96min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.00 M'T **Wrestling: AEW Collision**
1.55 AM **Isle of Man TT**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S2)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 7/26. (S6)
2.00 **Blood & Treasure** 13/13. (S1)
3.00 **Stargate Universe** (S2)
4.00 **Star Trek: Voyager** (S5)
5.00 **Star Trek: The Next Generation** 7/26. (S6)
6.00 **Star Trek: Enterprise** 18/26. T'Pol's mind-control powers are needed when an alien race take over the ship. (S2)

11.00 Lovecraft Country

7.00 **Blood & Treasure** *The Revenge of Farouk:* 13/13. Danny puts the pieces together and realises the truth about Farouk. (S1)
8.00 **Stargate Universe** *Epilogue:* 18/20. The team explore an abandoned planet approaching destruction. (S2)
9.00 **Grimm** *Inugami:* 17/22. The severed head of a young man is found under a bridge. (S5)
10.00 **The Walking Dead** *The King, the Widow, and Rick:* 6/16. An argument breaks out at Hilltop. (S8)
11.00 **Lovecraft Country** 1/10. Horror drama based on Matt Ruff's novel, starring Jonathan Majors and Jurnee Smollett.
12.15 AM 2/10. Atticus grows suspicious of the hosts at Ardham Lodge. (S1)
1.15 **True Blood** 5&6/12. (S4)
3.15 **Blood & Treasure** As 7.00pm.
4.05 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S18)
9.00 **Father Brown**
10.00 **The Coroner** 4/10. (S1)
11.00 **Hudson & Rex** 6/16. (S2)
12.00 NOON **Shakespeare & Hathaway: Private Investigators** 3/10. (S2)
1.00 PM **Death in Paradise** (S10)
2.00 **Murdoch Mysteries** (S18)
4.00 **The Coroner** 4/10. (S1)
5.00 **Hudson & Rex** 6/16. A university rower is shot. (S2)
6.00 **Father Brown** *The Penitent Man:* Flambeau is incarcerated under suspicion of murder.

9.00 Murdoch Mysteries

7.00 **Shakespeare & Hathaway: Private Investigators** 3/10. An Eastern European oligarch disappears. (S2)
8.00 **Death in Paradise** *Somewhere in Time:* 7/9. The host of a fishing trip is found harpooned on a beach. (S10)
9.00 **Murdoch Mysteries** New episode 18/22. Murdoch and Crabtree investigate reports of a mechanical man. (S18)
10.00 **Father Brown** *The Celestial Choir:* A mysterious saboteur tries to stop Kembleford winning a choir contest.
11.00 **Father Brown** As 6.00pm.
12.00 M'T **Shakespeare & Hathaway: Private Investigators** As 7.00pm.
1.00 AM **Elementary** 19/24. An investigator is murdered. (S5)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.10 AM **Highlights**
8.55 **My Hero**
9.35 **Hi-de-Hi!**
10.15 **Only Fools and Horses**
10.55 **Last of the Summer Wine**
12.15 PM **The Green Green Grass**
12.55 **My Hero**
1.35 **Dad's Army**
2.15 **Only Fools and Horses**
2.55 **Hi-de-Hi!**
3.35 **Last of the Summer Wine**
4.55 **The Green Green Grass**
5.35 **Hi-de-Hi!**
6.20 **Only Fools and Horses**

7.00 Dad's Army

7.00 **Dad's Army** The platoon defend headquarters against members of the Highland Regiment.
7.40 **The Good Life** Barbara and Tom's activities disturb Margo and Jerry.
8.20 Perky the pig gives birth to her litter in the middle of the night.
9.00 **Still Open All Hours** Granville discovers a gap in the shop's security.
9.40 **Harry Enfield's Television Programme** Comedy sketch show.
10.20 **Absolutely Fabulous** Saffy's autobiographical play is about to open at a small fringe theatre.
11.00 **Not Going Out**
11.40 **Harry Enfield's Television Programme** As 9.40pm.
12.20 AM **Still Open All Hours**
1.00 **Absolutely Fabulous**
1.40 **Not Going Out**
2.15 **The Two Ronnies**
3.05 **to 4.00** AM **My Hero**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Top Gear**
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Cape Carnage: Killer Catch**
12.00 NOON **Storage Hunters UK**
2.00 PM **Our Guy in Russia**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British** The duo try their hands at bagel-making as they explore the nation's love of bread.
6.00 **Rick Stein's Long Weekends** The chef visits the city of Thessaloniki, revered as the gourmet capital of Greece.

7.00 Would I Lie to You?

7.00 **Would I Lie to You?** With Micky Flanagan, Fiona Bruce, Steve Jones and Claudia Winkleman.
7.40 **Richard Osman's House of Games** With Justin Moorhouse.
8.20 With Miles Jupp, Chizzy Akudolu, Amol Rajan and Ellie Taylor.
9.00 **QI XL** Richard Osman, Victoria Wood and Jason Manford join regular panellist Alan Davies and host Stephen Fry.
10.00 **Have I Got a Bit More News for You** Jason Manford hosts, with guest panellists Glenn Moore and Jess Phillips.
11.00 **8 Out of 10 Cats** With Joel Dommett, James Acaster, Joe Swash and Roisin Conaty.
11.50 **Mock the Week**
12.30 AM **Would I Lie to You?**
1.50 **Orlando Bloom: To the Edge**
2.50 **to 4.00** AM **Total Wipeout: Freddie & Paddy Takeover**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **A New Life in the Sun: Where Are They Now?** From France.
10.00 **Chateau DIY**
11.00 **Help! We Bought a Village** A French hamlet.
12.00 NOON **A Place in the Sun** From Gozo.
1.00 PM **Kirstie and Phil's...**
1.30 **Narrow Escapes**
2.30 **Chateau DIY**
3.30 **Come Dine with Me**
6.00 **Location, Location, Location** In Darlington.
7.00 **Bake Off: The Professionals**
8.00 **Location, Location, Location** From Stirling
9.00 **Britain's Most Expensive Houses**
10.00 **Danny Dyer: How to Be a Man** Double bill.
12.05 AM **Gogglebox**
1.10 **Celebrity Gogglebox**
2.15 **Bake Off: The...**
3.20 **Night Coppers**
4.15 **to 4.45** AM **Kirstie and Phil's Love It or List It: Brilliant Builds**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Murder, She Wrote**
1.00 PM **Law & Order**
6.00 **NCIS: Hawaii** *Gajjin:* 5/22. A sailor is killed.
7.00 *The Tourist:* 6/22. A naval weapons officer's wife disappears.
8.00 *Rescuers:* 7/22. Investigating a murdered navy petty officer. (S1)
9.00 **Blue Bloods** *Guilt By Association:* 7/22. A key witness in Danny's case is killed. (S7)
10.00 **Law & Order: Special Victims Unit** *Intersection:* 13/22. A car accident leads the detectives on a search for an ambulance driver.
11.00 *Dutch Tears:* 14/22. A recently released convict goes in search of his arresting officer. (S24)
11.55 **Law & Order: Special Victims Unit** (S24)
1.50 AM **Criminal Minds**
2.45 **The Good Wife** (S5)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Car Pound Cops**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Call the Bailiffs: Time to Pay Up**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **A&E After Dark** Doctors treat a patient who has sustained spinal damage and a brain injury.
10.00 **Skin A&E** A boxing coach has a lipoma.
11.00 **Ambulance: Code Red**
12.00 M'T **Don't Tell the Doctor** Documentary.
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.50 **Police Interceptors**
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Big Road Rescue: Emergency Call Out**
10.00 **Traffic Cops**
11.00 **Police Interceptors**
12.00 NOON FILM **Whispering Smith** Western. (1948, PG, 88min) ★★
1.50 PM FILM **Lonely Are the Brave** Western with Kirk Douglas. (1962, b/w, PG, 107min) ★★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
9.00 **Trucking Hell** New edition Gary, Simon and Mouse recover a lorry that has been blown off the road.
10.00 When Storm Isha hits, Mouse attempts a dangerous rescue.
11.00 **Yellowstone** 4/10. (S4)
12.00 M'T **Outback Truckers**
2.00 AM **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **My Dream Home**
8.00 **Tipping Point**
11.00 **Nick Knowles' Big House Clearout**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **DIY SOS: The Big Build**
7.00 **999 Rescue Squad** The team are called to help defuse a bomb.
8.00 **Ambulance Australia** A girl calls after her grandfather suffers a fall.
9.00 A man is anxious after taking drugs.
10.00 **Nurses Down Under** The department deal with shoulder injuries.
11.00 Nurse Carly treats broken bones.
12.00 M'T **At Home with Katherine Ryan**
1.00 AM **Louis Theroux: Dark States – Trafficking Sex**
2.00 **to 3.00** AM **The Weakest Link**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.00 AM **Birds of a Feather**
7.30 **Pie in the Sky**
8.30 **Doctors**
9.40 **Holby City**
10.40 **Classic Casualty**
11.45 **The Bill**
12.50 PM **Classic EastEnders**
2.00 **Pie in the Sky**
3.00 **Hamish Macbeth**
4.10 **Lovejoy**
5.25 **Keeping Up Appearances**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **The Chelsea Detective** Series finale 6/6. (S3)
■ Entire series on U
9.00 **Shakespeare & Hathaway: Private Investigators** 3/10. (S2)
10.00 **New Tricks**
11.20 **Bergerac** 7/11. (S8)
12.30 AM **Sister Boniface Mysteries** 3/10. (S3)
1.30 **Rebus**
2.50 **Birds of a Feather**
3.20 **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

THURSDAY Entertainment

Thursday

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** In East Sussex.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Money for Nothing**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Antiques Road Trip**
5.00 **Celebrity Yorkshire Auction House**
7.00 **Celebrity Antiques Road Trip** Janey Lee Grace and Tim Smith are in the Cotswolds and the Malverns.
8.00 The Rev Richard Coles and Joe McFadden head to Scotland.
9.00 **Jack Osbourne's Night of Terror: UFOs** New edition Jack looks for the truth about UFOs with Jason Mewes and Jamie Kennedy.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

145 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **Bob's Full House**
10.40 **Richard Osman's House of Games**
12.00 NOON **Classic Who Wants to Be a Millionaire?** Quiz show.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
5.00 **The Bidding Room**
6.00 **Bob's Full House**
6.40 **Richard Osman's House of Games**
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Tenable** A family from Leeds compete.
11.00 **Bullseye** Double bill.
12.00 M'T **Weakest Link**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

GREAT! action

323 319 426 42 33

8.10 AM **The West Wall**
9.30 **Wanted: Dead or Alive**
10.00 **The Avengers** (S6)
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM Good Day for a Hanging** Western. (1958, U, 85min) ★★
2.55 **FILM The Tall T** Western. (1957, PG, 78min) ★★
4.45 **FILM Wrangler** Australian Western. (1989, 12, 92min) ★★
7.00 **The High Chaparral**
8.00 **The Avengers** (S6)
9.00 **FILM Maximum Conviction** Thriller starring Steven Seagal. (2012, 15, 93min) ★★
11.15 **FILM Dragon Eyes** Martial arts crime drama. (2012, 18, 87min) ★★
1.15 AM **FILM Jetstream** Disaster movie. (2012, 12, 88min) ★★
3.00 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.00 AM **Heathrow: Britain's Busiest Airport**
10.00 **FILM A Night to Regret** Drama. (2018, 12) ★★
12.00 NOON **Paddington Station 24/7**
1.00 PM **FILM Secrets That Kill** Thriller. (2020, 12, 90min) ★★
2.55 **FILM My Evil Stepdad** Thriller. (2019, PG) ★★
5.00 **FILM Lost Letter Mysteries: From the Heart** Crime drama. (2016, PG, 84min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM The Mountain Between Us** Adventure starring Kate Winslet. (2017, 12, 112min) ★★
11.20 **FILM Bronson** Drama starring Tom Hardy. (2009, 18, 92min) ★★★
1.20 AM **Coast Guard Alaska**
3.30 **Air Rescue**
4.00 **to 6.00** AM **FILM Dangerous Bestie** Thriller. (2018, PG) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM **FILM A Christmas Wedding Date** Comedy. (2012, PG, 90min) ★★
10.05 **FILM Christmas in the Air** Drama. (2017, U) ★★
12.05 PM **FILM Royal New Year's Eve** (2017) ★★
2.00 **FILM Christmas Bells Are Ringing** Drama. (2018, PG, 90min) ★★
3.55 **FILM Christmas by Chance** Comedy. (2020, PG, 87min) ★★
6.05 **FILM Love You Like Christmas** Drama. (2016, U, 88min) ★★
8.00 **FILM Christmas Love Letter** Festive drama. (2019, PG, 86min) ★★
9.55 **FILM Christmas on the River** (2019, PG) ★★
11.55 **FILM Christmas Coincidence** Drama. (2018, PG, 85min) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Christmas Bells Are Ringing** (2018, PG) ★★

+1 hour 320 317 63

Rewind TV

182 92 150

6.00 AM **Highlights**
10.30 **Watching** 6/6. (S3)
11.00 **Doctor in the House**
11.30 **The Monkees** (S1)
12.00 NOON **The Cuckoo Waltz**
12.30 PM **In Loving Memory**
1.00 **Please Sir!** 6/14. (S3)
1.30 **You're Only Young Twice**
2.00 **Brass** 10/13. (S1)
2.30 **Haggard** 2/7. (S1)
3.00 **Mapp and Lucia** (S2)
4.00 **Bubblegum & Cheese**
5.00 **Worzel Gummidge**
5.30 **The Monkees** 8/32. (S1)
6.00 **Watching** 1/9. (S4)
6.30 **Carry On Laughing**
7.00 **Brass** 10/13. (S1)
7.30 **Haggard** 2/7. (S1)
8.00 **In Loving Memory** (S2)
8.30 **You're Only Young Twice**
9.00 **Please Sir!** 6/14. (S3)
9.30 **Soap** 7/25. (S1)
10.00 **Carry On Laughing**
10.30 **The Cuckoo Waltz** (S4)
11.00 **Doctor in the House**
11.30 **Mitch** 6/10. (S1)
12.30 AM **Mapp and Lucia**
1.30 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Junior's act of betrayal comes back to haunt him.
8.00 A showdown between *Saga* and *Seabrooke* occurs.
9.00 **Expedition X** Phil and Jess investigate reports of ghostly voices.
10.00 **Expedition Unknown** Josh heads to Florida in search of the treasure of pirate Jose Gaspar.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid XL** Double bill.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Northern Exposure**
7.00 **Barefoot Contessa**
8.00 **Delicious Miss Brown**
8.30 **Girl Meets Farm**
9.00 **Rick's Food Heroes**
10.00 **Korean Food Tour**
11.00 **Great British Bake Off**
1.00 PM **Northern Exposure**
2.00 **James Martin: Sweet**
2.30 **Christmas Feasts**
3.00 **Barefoot Contessa**
4.00 **Delicious Miss Brown** New edition
4.30 **Girl Meets Farm** New edition
5.00 **Rick's Food Heroes**
6.00 **Korean Food Tour**
7.00 **Great British Bake Off**
9.00 **Secrets of the Curry Kitchen** New edition
9.30 **Nadiya's Simple Spices**
10.00 **Islands to Highlands**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Restaurant: Impossible**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 25/26. (S5)
9.00 **Six Million Dollar Man**
10.00 **Knight Rider** 11/24. (S2)
11.00 **FILM Airtight** Australian sci-fi action thriller. (1999, 12, 89min) ★
12.50 PM **Delete** Sci-fi thriller.
4.30 **The Twilight Zone** (S3)
5.00 **Star Trek** 23/30. (S1)
6.00 **Knight Rider** 12/24. (S2)
7.00 **Six Million Dollar Man**
8.00 **Walker, Texas Ranger**
9.00 **FILM Kickboxer: Retaliation** Thriller sequel with Alain Moussi and Maxime Savaria. (2018, 15, 110min) ★★
11.10 **FILM Hard Target** Thriller starring Jean-Claude Van Damme. (1993, 18, 95min) ★★★
1.10 AM **FILM The Guest** Thriller starring Dan Stevens. (2014, 15, 100min) ★★★★
3.10 **to 5.00** AM **FILM Nomads** Horror. (1986, 15, 89min) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **10.5 Apocalypse**
8.00 **FILM At the Earth's Core** Sci-fi adventure. (1976, PG, 86min) ★★★
10.00 **The Lost World** (S1)
11.00 **FILM Dragonquest** Fantasy adventure. (2009, 12, 90min) ★★
1.00 PM **FILM Independents' Day** Sci-fi adventure starring Jacquelin Arroyo. (2016, 15, 91min) ★★
3.00 **The Lost World** (S1)
4.00 **The A-Team** 16/23. (S2)
5.00 **10.5 Apocalypse**
7.00 **The Lost World** (S1)
8.00 **The A-Team** 17/23. (S2)
9.00 **FILM The Escapist** Prison drama with Brian Cox, Joseph Fiennes and Damian Lewis. (2007, 15, 102min) ★★
11.05 **FILM Villain** Crime drama starring Craig Fairbrass. (2019, 18, 97min) ★★★
1.00 **to 3.00** AM **FILM The Escapist** As 9.00pm.

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Canadian Pickers**
7.30 **Auction Hunters**
7.55 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **UFO Files**
11.10 **Curse of Skinwalker...**
12.10 PM **Mysteries from Above** Documentary.
1.05 **Pawn Stars**
2.05 **Canadian Pickers**
3.05 **Storage Wars**
4.00 **Ancient Aliens**
6.00 **UFO Files**
7.00 **Canadian Pickers**
8.00 **Dickinson's Real Deal**
9.00 **The Abduction of Calvin Parker**
10.30 **Alien Disclosure Files**
11.00 **Evidence of the Unexplained**
12.00 M'T **Curse of Skinwalker Ranch**
1.00 AM **UFO Files**
2.00 **Ancient Aliens**
3.45 **Wicked Tuna**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Documentary.
10.00 **Yorkshire Great and Small with Dan and Helen** The Herriot Way.
11.00 **Ben Fogle: New Lives in the Wild** In Bulgaria.
12.00 NOON **The Highland Vet**
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
5.30 **Walking Tudor Britain**
6.00 **Inside the Tower of London** Documentary.
7.00 **Susan Calman's Grand Day Out** A visit to the West Yorkshire Valleys.
8.00 **Ben Fogle: New Lives in the Wild** In Canada.
9.00 **Inside the Four Seasons Park Lane**
10.00 **Princess Michael: The Controversial Royal**
11.15 **Prisoner: Cell Block H**
1.10 **Happy Campers: The Caravan Park**
3.10 **to 4.00** AM **Yorkshire Great and Small with Dan and Helen**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **Love Your Garden**
3.00 **Beach Hunters** New editions Double bill.
4.00 **Escape to the Country**
6.00 **Great British Bake Off**
7.00 **A Place in the Sun**
8.00 **Love Your Garden**
9.00 **Christina on the Coast** New edition Christina Hall plans to remodel a couple's mid-century home despite delays.
10.00 **Fixer to Fabulous** New edition Completing the renovation of a 24-room lakeside motel.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Extreme Couponing**
8.00 **Flip or Flop**
9.00 **Say Yes to the Dress**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Say Yes to the Dress**
8.00 **NEW SERIES Breaking New Ground** Renovating a 200-year-old home.
9.00 **NEW SERIES Trixie Motel: Drag Me Home**
10.00 **1000-lb Sisters**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **1000-lb Sisters**
3.00 **Sex Sent Me to the ER**
4.00 **Breaking New Ground**
5.00 **to 6.00** AM **Extreme Cheapskates**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
11.00 **Comedy Game Night**
12.00 NOON **The Ren & Stimpy Show** (S4)
1.00 PM **Friends** (S1)
7.30 **Friends** 14/24. Chandler meets an old flame.
8.00 15/24. Monica applies for a job.
8.30 16/24. Part one of two. Phoebe's twin sister Ursula visits. (S1)
9.00 **FILM Along Came Polly** Romantic comedy starring Ben Stiller and Jennifer Aniston. (2003, 12, 90min) ★★★
10.40 **Whose Line Is It Anyway? USA**
11.40 **South Park** (S4&5)
1.40 AM **Key & Peele**
2.10 **Beavis and Butt-Head**
3.05 **Lee Evans: Roadrunner**
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show**
10.00 **Becker** 1&2/24. (S3)
11.00 **Friends** (S9&10)
1.00 PM **Criminally Funny**
2.30 **The Ren & Stimpy Show**
3.00 **Daria** 9&10/13. (S1)
4.00 **Guessable?**
5.00 **Becker** 1&2/24. (S3)
6.00 **Home Improvement**
8.00 **Last Man Standing**
9.00 **New Girl** 3/22. Jess reports for jury duty.
9.30 4/22. Nick rents out the loft. (S5)
10.00 **Friends** 7-12/18. (S10)
1.15 AM **The Ren & Stimpy Show** 1&2/14. (S4)
2.15 **Reno 911!** 2&3/15. (S6)
3.15 **Al Murray: Beautiful British Tour – Live at the O2** Stand-up show.
4.00 **Modern Horror Stories**
4.05 **Becker** 2/24. (S3)
4.30 **Ahir Shah: Dots**
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
9.00 **Celebrity Four Weddings** Reality series.
10.00 **Nothing to Declare**
11.00 **Highway Cops**
12.00 NOON **Warehouse 13**
2.00 PM **Motorway Patrol**
3.00 **Stop, Search, Seize**
4.00 **Highway Cops**
5.00 **Border Patrol**
6.00 **The Cleaning Lady** (S2)
8.00 **Stop, Search, Seize**
9.00 **Brit Cops: War on Crime** Double bill.
11.00 **Chucky** 4/8. (S1)
12.00 M'T **Supergirl** (S6)
1.00 AM **The Russell Howard Hour**
2.00 **A League of Their Own Road Trip: Loch Ness to London**
3.00 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.25 **Teen Mom: Young & Pregnant** Reality series.
7.10 **Teen Mom 2**
11.00 **Catfish: The TV Show**
1.00 PM **Catfish: The TV Show** Five editions.
6.00 **Catfish: Models**
7.00 **Teen Mom UK** Sassi is upset with the way Darren has treated her.
8.00 **Rich Kids Go Skint** A wealthy woman goes to live with a family.
9.00 **Teen Mom: The Next Chapter** Reality series.
10.00 **Me & My Sugar Daddy**
11.00 **World's Most Expensive Weddings**
12.00 M'T **Ridiculousness** New edition Rob, Steelo and Nina Agdal go to the court to get 'pickleball'd'.
12.30 AM **Ridiculousness**
1.00 **True Life Crime**
2.00 **Ink Master**
2.45 **Celebrity Ex on the Beach** Reality series.
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaska: The Last Frontier**
9.00 **Barnwood Builders**
11.00 **Wheeler Dealers**
1.00 PM **Deadliest Catch**
3.00 **Gold Rush** Double bill.
5.00 **Building off the Grid** An avid adventurer builds an off-grid rustic straw bale cabin by hand.
6.00 **Border Control: Spain** A passenger is investigated for trafficking birds from Cuba. **6.30** Police officers catch two passengers trying to smuggle an expensive drug.

9.00 Naked and Afraid: Last...

7.00 **Wheeler Dealers** Mike and Elvis take a gamble on a TVR Griffith, and Elvis has to pick it apart before restoring it.

8.00 **Scrap Kings** In Devon, a father and son demolish a caravan, and in Liverpool, an iconic landmark is made from scrap.

9.00 **NEW SERIES Naked and Afraid: Last One Standing** A legend suffers a third-degree burn and faces immediate elimination. Survivalists are warned when deadly taipan snakes surround their shelter.

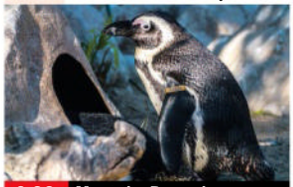
11.00 **Border Control: Spain**
12.00 M'T **Expedition Bigfoot** A Bigfoot tracker is taken from Prince of Wales Island.
1.00 AM **Naked and Afraid: Last One Standing** As 9.00pm.
3.00 **Street Outlaws**
4.00 **to 5.00** AM **Blowing Up History**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked** Wyclef Jean.
9.00 **Pit Bulls & Parolees**
10.00 **My Cat from Hell**
11.00 **Animal Cops Philadelphia**
12.00 NOON **Tanked**
1.00 PM **Pit Bulls & Parolees**
2.00 **Monster Croc Invasion**
3.00 **Urban Predator: Lion on the Loose** Documentary.
4.00 **Insane Pools: Off the Deep End** A Caribbean-themed pool.
5.00 **Animal Cops Philadelphia** A dog is left without care.
6.00 **Tanked** Building an aquarium into a real washer-dryer unit.



9.00 Meet the Penguins

7.00 **Pit Bulls & Parolees** Tania goes to fetch a former Villalobos Rescue Centre dog whose adopter has died.

8.00 **Meet the Orangutans** Orphan Peanut is one of the newest arrivals. **8.30** The orphans learn to make relationships.

9.00 **Meet the Penguins** Mummy's boy Pete won't leave the parental home. **9.30** The staff battle to save a vulnerable chick.

10.00 **Alaska Monsters** A team of outdoorsmen explore the Alaska Triangle to uncover proof of cryptic creatures.

11.00 **Deadliest Sharks**
12.00 M'T **Shark Alley: Legend of Dynamite** A great white.
1.00 AM **Alaska: Surviving the Last Frontier** Documentary.
2.00 **Insane Pools: Off the Deep End** As shown at 4.00pm.
3.00 **Animal Cops Philadelphia**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Plane Crash Recreated**
9.00 **To Catch a Smuggler: Tropical Takedown**
10.00 **Air Crash Investigation**
12.00 NOON **Draining the Bermuda Triangle**
1.00 PM **$400 Million Emerald Mystery** The Bahia Emerald.
2.00 **Churchill's German Army**
3.00 **Nazi Megastructures: Battle Ready** The German air force.
4.00 **Drain the Oceans: Thai Cave Rescue** Documentary.
5.00 **Car S.O.S** A Sunbeam Alpine.
6.00 **Nazi Megastructures**

10.00 Northwoods Survival

7.00 **Air Crash Investigation** A reconstruction of the Continental Express Flight 2574's accident in Texas in September 1991.

8.00 **Car S.O.S.: Ultimate Countdown** New edition A look back at some of the show's best reveals.

9.00 **Car S.O.S** Fuzz Townshend and Tim Shaw hope to surprise the loving owner of a Daimler SP250 'Dart'.

10.00 **Northwoods Survival** New edition The weather in the Northwoods begins to heat up, so the homesteaders shift gears.

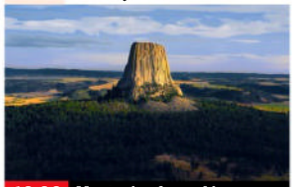
11.00 **Air Crash Investigation** A military cargo plane crash.
12.00 M'T **Situation Critical**
1.00 AM **To Catch a Smuggler**
2.00 **Lords of War** An old flintlock.
2.30 **Abandoned** Double bill.
3.20 **Food Factory**
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Pawn Stars**
6.50 **Storage Hunters**
7.45 **American Pickers**
8.45 **Forged in Fire**
9.35 **Container Wars**
10.05 **Storage Wars** Four editions.
12.00 NOON **Deep Water Salvage**
1.00 PM **Walking Through History**
2.00 **Digging for Britain**
4.00 **Rust Valley Restorers**
5.00 **Pawn Stars** A model of Da Vinci's flying machine.
6.00 **American Pickers** Mike and Jersey head off to visit a flea market junkie in Louisiana.



10.00 Mysteries from Above

7.00 **Forged in Fire** Two bladesmiths head to their home forges to recreate a unique utilitarian too, the Russian Pioneer sword.

8.00 **Swamp People** New edition Troy and Pickle race to the King of the Swamps hotspot – Bayou Monstreaux.

9.00 **The UnBelievable with Dan Aykroyd** New edition A look at the some of the strangest and most ghastly jobs in history.

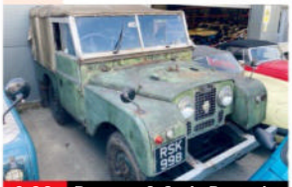
10.00 **Mysteries from Above** New edition Cameras capture curious dwellings in the Peruvian Andes and a sacred monolith.

11.00 **Myths & Monsters** Stories of mythological heroes and villains from around Europe.
12.00 M'T **Evidence of the Unexplained** Examining and exploring accounts of recently declassified secret UFO files.
1.00 AM **Pawn Stars** As 5.00pm.
2.00 **Ancient Aliens**
3.00 **Forged in Fire** As 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash** Double bill.
10.00 **Rise of the Nazis: Dictators at War** As shown at 4.00pm.
11.00 **War Factories**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **Rise of the Nazis: Dictators at War** Hitler faces defeat.
5.00 **War Factories** How the Mitsubishi Zero was reduced to a kamikaze plane.
6.00 **Antiques Roadshow** From the Bowes Museum, Co Durham.



9.00 Bangers & Cash: Restoring

7.00 **Bangers & Cash** Derek heads to Brigg to value a 1974 Mk3 Ford Cortina 2000E.

8.00 **Bangers & Cash** Derek collects a huge haul that includes two Bentleys, a Daimler and a traditional Bowtop caravan.

9.00 **Bangers & Cash: Restoring Classics** The team take on their biggest restoration yet – a Series 1 Land Rover.

10.00 **Bangers & Cash** A widow reluctantly parts with her late husband's treasured collection of Rolls-Royces and Bentleys.

11.00 **Bangers & Cash** Derek heads to rain-soaked Ripon to pick up a 1965 Ford Anglia with just 33,000 miles on the clock.
12.00 M'T **Retro Electro Workshop** Shamil buys a Boombox fresh out of the 1980s.
1.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Chasing Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop**
8.00 **Outback Crystal Hunters** New edition A community of crystal hunters travel to the far reaches of the Outback.
9.00 **Aussie Gold Hunters** New edition Paul Mackie hires a dozer to uncover a gold deposit.
10.00 **Aussie Gold Hunters: Mine SOS**
11.00 **How Do They Do It?**
1.00 AM **Chasing Classic Cars**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress: Bridesmaids**
7.00 **Say Yes... Atlanta**
8.00 **Say Yes to the Dress**
10.00 **Say Yes... UK**
11.00 **Curvy Brides Boutique**
12.00 NOON **Married to Evil**
1.00 PM **American Detective**
2.00 **Murder on CCTV**
3.00 **The Killer in My Family**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **Evil Lives Here: The Killer Speaks** New edition True-crime.
10.00 **Evil Lives Here**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Jimmy Savile** Documentary.
1.00 AM **The Murder of Caroline Crouch: A Faking It Special**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **A Secret to Die For** All bets are off when a high-stakes game explodes with deadly consequences.
8.00 **Murder She Solved** A look at the 1999 murder of Afghan cab driver Mohammadullah Saighani, who was killed in his own taxi.
9.00 **Storm of Suspicion** Series finale A firefighter is found brutally slain in the mountains of northern California.
10.00 **Killers: Caught on Camera** New edition A teen escapes as her brother kills five.
11.00 **Murder by the Sea**
1.00 AM **Storm of Suspicion**
2.00 **Killers: Caught on Camera** As 10.00pm.
3.00 **Murder She Solved**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Secrets of a Murder Detective**
11.00 **Medical Detectives**
2.00 PM **Secrets of a Murder Detective**
4.00 **Medical Detectives** A postcard proves incriminating for a religious figure who took part in war crimes. **4.30** The atmosphere of a 4th July weekend soon turns to tragedy. **5.00** CCTV footage of a murder proves too fuzzy to be of any use. **5.30** A family mourn the unexpected death of a beloved grandmother. **6.00** A young woman's call girl image is revealed when she goes missing. **6.30** A crime hobbyist makes a connection.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **Road Wars**
8.00 **Stop, Search, Seize**
9.00 **Highway Patrol**
10.00 **Send in the Dogs**
11.00 **Killer in My Village**
12.00 NOON **How I Caught...**
1.00 PM **Ireland's Most Evil Killers** Colin Whelan.
2.00 **Killing Mum and Dad**
3.00 **Forensics: Catching the Killer** True-crime.
4.00 **World's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **How I Caught the Killer**
7.00 **Forensics: Catching...**
8.00 **World's Most Evil Killers**
9.00 **Killing Mum and Dad**
10.00 **Murdered at First Sight**
11.00 **Britain's Most Evil Killers**
12.00 M'T **World's Most Evil...**
1.00 AM **Killer in My Village**
2.00 **Murder Uncut**
3.00 **Love You to Death**
4.00 **Brit Cops UK**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.35 **Lost World of Angkor Wat** Documentary.
9.40 **1066: A Year to Conquer England**
10.55 **The Siege of Leningrad**
12.00 NOON **Countdown to...**
1.00 PM **Grand Tours of the Scottish Islands**
1.40 **Lost World of Angkor Wat** The Khmer empire.
2.50 **1066: A Year to Conquer England**
4.00 **The Siege of Leningrad**
5.10 **Countdown to War**
6.10 **Lost World of Angkor Wat** The Khmer empire.
7.20 **1066: A Year to Conquer England**
8.35 **NEW The Siege of Leningrad** Documentary.
9.40 **Countdown to War**
10.40 **1066: A Year to Conquer England**
12.00 M'T **The Siege of Leningrad** Documentary.
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

THURSDAY

Thursday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The 2010s**
7.00 **Discovering: Charles Bronson**
8.00 **The Directors**
9.00 **Branson** 3/4. Documentary.
10.00 **Urban Secrets**
11.00 **Ibiza Narcos**
12.00 NOON **Ice on Fire** Documentary about potential solutions to the escalating environmental crisis.
2.00 PM **Forced Out**
4.00 **The Directors**
5.00 **Discovering: Charles Bronson**
6.00 **Branson** 3/4. Documentary.
7.00 **Transhood** Documentary following four children as they redefine 'coming of age'.
9.00 **The Girl Who Caught a Killer** 2/2. The story of Rachael Watts.
10.15 **The Wimbledon Kidnapping** The mysterious disappearance of Muriel McKay in 1969.
12.15 AM **Kings of Coke** The story of one of North America's most feared criminal organisations.
2.00 **SIC: Prince of MotoGP**
3.45 **Stirling** Profile of Stirling Moss.
5.00 **to 6.00** AM **Discovering: Charles Bronson**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Baby Animals**
7.00 **Monkey Life**
8.00 **Hope for Wildlife**
9.00 **Undiscovered Vistas**
10.00 **Secrets of Wild Australia**
11.00 **Africa's Hunters**
12.00 NOON **Dawn to Dusk**
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Undiscovered Vistas**
4.00 **Secrets of Wild Australia**
5.00 **Brazil Untamed**
6.00 **Dawn to Dusk**
7.00 **Monkey Life** Double bill.
8.00 **Arabian Seas** The creatures found in Arabia's coral reefs.
9.00 **Deadly Australians** The creatures to be found in Australia's deserts.
10.00 **Dawn to Dusk**
11.00 **Brazil Untamed**
12.00 M'T **Africa's Hunters**
1.00 AM **Into the Wild: India**
2.00 **Arabian Seas**
3.00 **Deadly Australians**
4.00 **Hope for Wildlife**
5.00 **to 6.00** AM **Undiscovered Vistas**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Digging Up Britain's Past**
9.00 **UFO Files**
10.00 **National Park Mysteries**
11.00 **Ancient Aliens**
1.00 PM **Digging Up Britain's Past**
2.00 **UFO Files**
3.00 **Empire Builders**
4.00 **Blown Away**
5.00 **Britain's Most Historic Towns**
6.00 **Lost Gold of the Aztecs**
7.00 **Britain's Secret Islands** Visiting Rathlin Island to explore a Neolithic stone tool factory.
8.00 **The Secret Nazi Expeditions** A look at Heinrich Himmler's study of runes – letters of ancient Germanic writing.
9.00 **Scary Tales of New York** A murder plot to kill Irish down-and-out Michael Malloy.
10.05 **Life After People**
11.00 **Haunted Hospitals**
12.00 M'T **Ancient Aliens**
2.00 AM **Hitler's Engineers**
3.00 **Empire Builders**
4.00 **Blown Away**
5.00 **to 6.00** AM **Britain's Most Historic Towns**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **Murdertown**
10.00 **A Perfect Scam**
11.00 **Imperfect Murder**
12.00 NOON **Murder By Medic**
1.00 PM **Criminal Confessions**
2.00 **Killer Britain with Dermot Murnaghan** Peter Morgan.
3.00 **Murdertown**
4.00 **A Perfect Scam**
5.00 **Accident, Suicide or Murder?**
6.00 **The First 48**
7.00 **Cold Case Files**
8.00 **Killer in Plain Sight**
9.00 **The First 48 Presents: Critical Minutes** New edition
10.00 **Fugitive Hunters: Mexico** New edition Documentary.
11.00 **Fugitives Caught on Tape**
12.00 M'T **Murder By Medic**
1.00 AM **The First 48 Presents...**
2.00 **Fugitive Hunters: Mexico**
3.00 **Criminal Confessions**
4.00 **Murdertown**
5.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo: Tampa**
9.00 **Monster Fish**
10.00 **When Sharks Attack 360**
11.00 **Fish Tank Kings**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Great White vs Tiger Shark**
3.00 **Bull Shark vs Hammerhead**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo: North Carolina** The zoo welcomes a timid, new giraffe to the herd.
8.00 **Europe From Above: Engineering Marvels** Featuring a factory the size of a city and pyramids of whisky barrels.
9.00 **Secrets of the Penguins** Documentary following the lives of penguins in the Southern Hemisphere.
10.00 **Ice Road Rescue**
12.00 M'T **Africa's Deadliest**
1.00 AM **Monster Fish**
2.00 **The Incredible Dr Pol**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Tony Robinson's VE Day: Minute by Minute**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Aliens in Alaska**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Tony Robinson's VE Day: Minute by Minute** The actor looks at the key events that made VE Day such a momentous 24 hours.
9.00 **Secrets Underground**
10.00 **How Do They Do It?**
11.00 **The 1980s: The Deadliest Decade** Focusing on the 1989 murder of rising Hollywood star Rebecca Schaeffer.
12.00 M'T **Forensic Detectives**
1.00 AM **Blowing Up History**
2.00 **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.00 AM **Gardeners' World**
10.15 **Pointless**
12.20 PM **Later... with Jools Holland**
1.55 **Pointless**
2.55 **Gardeners' World**
4.05 **Pointless**
6.05 **Later... with Jools Holland**
7.40 **Gardeners' World** Double bill. Monty Don and his team of horticultural experts offer viewers at home more gardening tips, from their base in Monty's garden Longmeadow, in Herefordshire.
8.55 **Pointless** Double bill of the quiz show hosted by Alexander Armstrong and Richard Osman.
10.55 **Later... with Jools Holland** With Ann Peebles, Simply Red, Me Phi Me and Kirsty MacColl.
11.40 Featuring performances by Television, John Cale, Mary Coughlan and dc Basehead.
12.30 AM **Gardeners' World**
1.50 **Pointless**
3.40 **Later... with Jools Holland**
5.00 **to 6.00** AM **Gardeners' World**

+1 hour 266 376

ID

154 141 166

8.00 AM **Married to Evil**
9.00 **American Monster**
11.00 **Deadline: Crime with Tamron Hall** Double bill.
1.00 PM **Broken Trust**
3.00 **Dead Reckoning**
5.00 **Bride Killa** Double bill.
7.00 **The Murder Tapes** Focusing on the case of Don Fluitt, who was found dead in his garage four days after Christmas.
8.00 The case of retired preacher and coin collector Billy Shuler. After he was found murdered, the case slowly unravelled until someone came forward to identify his killer.
9.00 **Does Murder Sleep?** Focusing on the case of Greg Fleniken, who was found murdered in a Texas hotel in 2010.
10.00 **No One Can Hear You Scream**
11.00 **Born Evil: The Serial Killer & the Saviour** Documentary.
12.00 M'T **Scene of the Crime with Tony Harris** Double bill.
2.00 AM **Bride Killa** Double bill.
4.00 **to 6.00** AM **The Murder Tapes**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **Shipwreck Men**
9.00 **World's Greatest Motorcycle...**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Shed and Buried: Classic Cars** A shed filled with American muscle cars.
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **World's Greatest Motorcycle...**
4.00 **Holden Bros. Restos**
5.00 **Richard Hammond's Workshop**
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Holden Bros. Restos**
9.00 **Car Fix** New editions
10.00 **World's Greatest Motorcycle Rides** The end is nearly in sight for Henry's South African trip.
11.00 **Shed and Buried**
12.00 M'T **Holden Bros. Restos**
1.00 AM **Shed and Buried: Classic...**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Trans Am**

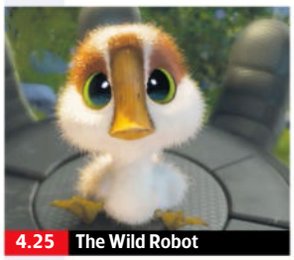
+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.50 AM **Sky Cinema Preview**
7.25 **The Wild Robot** As 4.25pm.
9.15 **A Nice Indian Boy** As 6.15pm.
11.00 **Old Guy** As 8.00pm.
12.40 PM **Speak No Evil** (2024)
2.35 **Beetlejuice Beetlejuice** Horror comedy sequel. (2024, 12, 105min) ★★★★
4.25 **The Wild Robot** Animation. (2024, U, 102min) ★★★★
6.15 **A Nice Indian Boy** Comedy with Karan Soni and Jonathan Groff. (2024, 12, 96min)



4.25 The Wild Robot

8.00 Old Guy Action comedy starring Christoph Waltz. An ageing hitman must train a prodigy when his employer moves to replace the old guard. (2024, 15, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 Speak No Evil Horror thriller starring James McAvoy. A dream holiday turns into a nightmare when an American family stay at a British couple's idyllic estate. (2024, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **The Front Room** Horror thriller starring Brandy Norwood. (2024, 15, 94min)
1.20 AM **A Different Man** Thriller starring Sebastian Stan. (2024, 15, 112min) ★★★★
3.20 **Poison** Drama starring Tim Roth and Trine Dyrholm. (2024, PG, 86min) ★★★★
5.00 **to 7.00** AM **Escape from the 21st Century** Chinese fantasy. Subtitled. (2024, 15, 94min)

Sky Cinema Blockbusters

303 303 403 503 517

6.20 AM **The Karate Kid** (2010)
8.45 **Jumanji** As shown at 2.05am.
10.30 **Tropic Thunder** War spoof. (2008, 15, 107min) ★★★★
12.20 PM **Anyone But You** Comedy. (2023, 15, 103min) ★★★★
2.05 **Bridget Jones's Diary** Romantic comedy drama. (2001, 15, 96min) ★★★★
3.45 **It Ends with Us** Drama. (2024, 15, 125min) ★★★
6.00 **Barbie** Fantasy comedy. (2023, 12, 114min) ★★★★

6.00 Barbie

8.00 The Wild Robot Family animation featuring the voice of Lupita Nyong'o. A shipwrecked robot survives on an uninhabited island with the help of wild animals. (2024, U, 102min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 Superman II Fantasy adventure sequel starring Christopher Reeve and Gene Hackman. Three villains with Kryptonite challenge the Man of Steel. With Margot Kidder. (1980, PG, 127min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Bad Boys: Ride or Die** Action comedy sequel with Will Smith and Martin Lawrence. (2024, 15, 115min) ★★★
2.05 **Jumanji** Fantasy adventure starring Robin Williams. (1995, PG, 104min) ★★★★
3.50 **to 6.10** AM **The Karate Kid** Martial arts adventure starring Jaden Smith and Jackie Chan. (2010, PG, 140min) ★★★

Sky Cinema Drama

310 310 410 510 524

7.05 AM **Out of Africa** As 8.00pm.
10.00 **Jerry Maguire** Romantic comedy drama with Tom Cruise. (1996, 15, 139min) ★★★★
12.30 PM **Funny Face** Musical. (1956, U, 103min) ★★★★
2.20 **Cicada** As shown at 10.40pm.
4.10 **Lost in Translation** Bittersweet romantic comedy drama with Bill Murray and Scarlett Johansson. (2003, 15, 102min) ★★★★★

6.00 **Chicago** Oscar-winning musical, with Renée Zellweger, Catherine Zeta-Jones and Richard Gere. (2002, 12, 112min) ★★★★
8.00 **Out of Africa** Romantic epic about the passionate affair between a Danish aristocrat and an English adventurer in East Africa, starring Meryl Streep and Robert Redford. (1985, PG, 162min) ★★★★
10.40 **Cicada** Drama starring Matthew Fifer and Sheldon D Brown. (2020, 15, 96min) ★★★★

12.20 AM **Burlesque** Musical romantic drama. (2010, 12, 119min) ★★★
2.30 **What If** Romantic drama. (2013, 15, 98min) ★★★★
4.25 **The Cinema List**
4.55 **to 6.45** AM **The Damned United** Sports biopic. (2009, 15, 98min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.10 AM **Turn Me On** As 1.20am.
8.55 **The Harbinger** As 3.05am.
10.30 **Evolution** Sci-fi comedy. (2001, PG, 101min) ★★★★
12.20 PM **Five Nights at Freddy's** Horror. (2023, 15, 109min) ★★
2.15 **Passengers** Sci-fi drama. (2016, 12, 116min) ★★★
4.20 **The Birds** Hitchcock classic horror starring Tippi Hedren. (1963, 15, 118min) ★★★★★

6.25 **Paranormal Activity: The Ghost Dimension** Horror sequel. (2015, 15, 88min) ★
8.00 **King Kong** Peter Jackson's remake of the classic monster movie, starring Naomi Watts, Jack Black and Adrien Brody. A 1930s film crew travel to a mysterious, unexplored island and encounter the 'eighth wonder of the world' – a giant gorilla to whom the natives offer human sacrifices. (2005, 12, 187min) ★★★★

11.10 **Chappie** Sci-fi action thriller. (2015, 15, 120min) ★★
1.20 AM **Turn Me On** Fantasy comedy. (2024, 15, 99min) ★★★
3.05 **The Harbinger** Horror thriller. (2022, 15, 87min) ★★★★
4.35 **to 6.15** AM **Monolith** Thriller. (2022, 15, 90min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.35 AM **The Witches** Fantasy. (1989, PG, 90min) ★★★★
9.15 **The Muppets Take Manhattan**
11.05 **Jack the Giant Slayer** (2013)
1.05 PM **Stuart Little** Fantasy. (1999, U, 84min) ★★★★★
2.35 **Stuart Little 2** Fantasy sequel. (2002, U, 78min) ★★★★
4.00 **The Spiderwick Chronicles** Children's fantasy adventure. (2008, PG, 91min) ★★★★
5.40 **Look Who's Talking** Comedy. (1989, 12, 96min) ★★★

7.20 **Stardust** Fantasy starring Claire Danes and Charlie Cox. A young man enters a magical kingdom to retrieve a falling star for his beloved in exchange for her hand in marriage. (2007, PG, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Jack the Giant Slayer** Fantasy starring Nicholas Hoult and Eleanor Tomlinson. A plucky young farmboy scales a giant beanstalk to rescue a stranded princess. (2013, 12, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Paul Blart: Mall Cop 2** Comedy sequel starring Kevin James. (2015, PG, 92min) ★★
1.25 AM **The Muppets Take Manhattan** Musical comedy. (1984, U, 94min) ★★★★
3.05 **Pups United** Adventure. (2015, U, 89min) ★★★
4.40 **to 6.40** AM **Patch Adams** Fact-based comedy drama. (1998, 12, 115min) ★★

Sky Cinema Action

307 307 407 507 521

6.05 AM **Pompeii** As 1.50am.
7.55 **Royal Warriors** As 3.40am.
9.40 **Fast & Furious 7** Thriller. (2015, 12, 132min) ★★★★
12.00 NOON **Snow White and the Huntsman** Fantasy adventure. (2012, 12, 127min) ★★★
2.15 PM **Assassin** Action thriller. (2023, 15, 88min) ★★★
3.55 **Mission: Impossible III** Thriller. (2005, 12, 126min) ★★★★
6.05 **The Equalizer 3** Thriller sequel. (2023, 15, 109min) ★★★

8.00 **300** Epic adventure starring Gerard Butler and Lena Headey. In 480 BC, 300 Spartans face overwhelming odds when they make a defiant stand against the Persian enemy at the Battle of Thermopylae. (2006, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Baby Driver** Action thriller starring Ansel Elgort and Kevin Spacey. A young getaway driver finds himself taking part in a heist doomed to fail. (2017, 15, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Young Guns II: Blaze of Glory** Western sequel. (1990, 15, 104min) ★★★
1.50 AM **Pompeii** Disaster drama. (2014, 12, 104min) ★★
3.40 **Royal Warriors** Hong Kong action thriller. Subtitled. (1986, 18, 96min) ★★★
5.25 **to 7.35** AM **The Killer** Thriller. (2024, 15, 125min) ★★★★

Sky Cinema Comedy

308 308 408 508 522

7.00 AM **The Brady Bunch Movie**
8.40 **The Five-Year Engagement** Comedy. (2012, 15) ★★★
10.55 **Disaster Movie** (2008, 12) ★
12.30 PM **The Naked Gun 33⅓: The Final Insult** Spoof sequel. (1994, 12, 83min) ★★★
2.05 **Two Weeks Notice** Comedy. (2002, 12, 101min) ★★★
3.55 **The 40-Year-Old Virgin** Comedy. (2005, 15) ★★★★
6.00 **Scott Pilgrim vs. the World** Comedy. (2010, 12) ★★★★

8.00 **The Sting** Oscar-winning comedy drama starring Paul Newman and Robert Redford as a pair of confidence tricksters in 1930s Chicago. With Robert Shaw. (1973, PG, 129min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Swede Caroline** Comedy starring Jo Hartley. The competitive giant vegetable-growing world is rocked by scandal when a prized marrow plant is stolen. (2024, 15, 98min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **The Brady Bunch Movie** Comedy. (1995, 12) ★★★
1.35 AM **The Book of Clarence** Comedy. (2023, 15) ★★★
3.50 **Fletch** Comedy adventure. (1985, PG, 96min) ★★★
5.35 **to 7.15** AM **Fletch Lives** Comedy thriller. (1989, PG) ★

Sky Cinema Thriller

309 309 409 509 523

6.30 AM **The Last Stop in Yuma County** As shown at 12.30am.
8.15 **Parallel** As shown at 2.10am.
9.55 **Mona Lisa and the Blood...**
11.55 **Layer Cake** Gangster thriller. (2004, 15, 105min) ★★★★
1.55 PM **Inferno** Adventure thriller. (2016, 12, 121min) ★★★
4.10 **RocknRolla** Crime comedy thriller. (2008, 15, 110min) ★★
6.10 **Mona Lisa and the Blood Moon** Mystery thriller. (2021, 15, 106min) ★★★★

8.00 **Captain Phillips** Fact-based thriller starring Tom Hanks and Barkhad Abdi. Four Somali pirates hijack a US container ship, putting its veteran captain through a terrifying ordeal. (2013, 12, 129min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Collateral** Director Michael Mann's thriller starring Tom Cruise and Jamie Foxx. (2004, 15, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **The Last Stop in Yuma County** Crime thriller. (2023, 15, 90min) ★★★★
2.10 **Parallel** Fantasy thriller. (2024, 15, 88min) ★★★★
3.50 **Machete** Action thriller. (2010, 18, 104min) ★★★
5.45 **to 8.05** AM **Blackhat** Crime drama with Chris Hemsworth. (2015, 15, 128min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Cover Girl** Musical. (1944, b/w, U, 100min) ★★★★
1.10 PM **Born Free** Fact-based adventure starring Virginia McKenna and Bill Travers. (1965, U, 95min) ★★★★
3.05 **Gunman's Walk** Western. (1958, PG, 95min) ★★
5.00 **Gideon of Scotland Yard** Drama. (1958, PG, 91min) ★★
6.50 **Tolkien** JRR Tolkien biopic. (2019, 12, 112min) ★★★★

Tolkien (film started at 6.50pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Great Wall** Fantasy adventure starring Matt Damon. A mercenary is pulled into a battle between Chinese warriors and giant, lizard-like monsters. With Willem Dafoe and Tian Jing. (2016, 12, 103min) ★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11.05 **Fantasy Island** Horror comedy starring Michael Peña, Maggie Q and Lucy Hale. Dreams turn into nightmares on a magical island resort. (2020, 15, 105min) ★★
1.15 **to 3.30** AM **Bombshell** Fact-based drama starring Charlize Theron, Nicole Kidman and Margot Robbie. (2019, 15, 109min) ★★★★ **11 PM**

+1hour 314 430 47 301 257

Sky Cinema Romance

302 302 402 502 516

7.10 AM **My Big Fat Greek Wedding 2** As 10.05pm.
8.50 **My Big Fat Greek Wedding 3**
10.30 **It's Complicated** Comedy. (2009, 15, 115min) ★★★★
12.35 PM **The Back-Up Plan** Comedy. (2010, 12, 100min) ★★
2.25 **Along Came Polly** Comedy. (2003, 12, 90min) ★★★
4.00 **A Nice Indian Boy** Romantic comedy. (2024, 12, 96min)
5.50 **Trainwreck** Comedy drama. (2015, 15, 124min) ★★★
8.00 **Crazy Rich Asians** Romantic comedy starring Constance Wu and Henry Golding. A New York University professor heads to Singapore with her boyfriend, and is surprised to learn he is from an extremely wealthy family. (2018, 12, 120min) ★★★★
10.05 **My Big Fat Greek Wedding 2** Romantic comedy sequel starring Nia Vardalos and John Corbett. (2016, 12, 94min) ★★
11.45 **My Big Fat Greek Wedding 3** Romantic comedy sequel. (2023, 12, 92min) ★★
1.25 AM **Crazy Rich Asians** As 8pm.
3.30 **Book of Love** Romantic comedy. (2022, 12, 106min) ★★★
5.20 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Greats

304 304 404 504 518

6.40 AM **Sixteen Candles** John Hughes' teen comedy. (1984, 12, 89min) ★★★
8.30 **Ferris Bueller's Day Off** (1986)
10.30 **The Pink Panther** Crime caper. (1963, PG, 113min) ★★★★★
12.40 PM **A Shot in the Dark** Comedy. (1964, PG, 98min) ★★★★
2.40 **The Pink Panther Strikes Again** Crime caper with Peter Sellers. (1976, PG, 103min) ★★
4.40 **The Naked Gun 2½: The Smell of Fear** Spoof thriller sequel. (1991, 15, 81min) ★★★
6.20 **Ace Ventura Pet Detective** Comedy starring Jim Carrey. (1993, 12, 86min) ★★★★
8.00 **Ace Ventura: When Nature Calls** Comedy sequel with Jim Carrey. (1995, PG, 89min) ★★★
9.50 **Dazed and Confused** Comedy drama starring Jason London. (1993, 15, 102min) ★★★★
11.35 **The Naked Gun 2½: The Smell of Fear** As 4.40pm.
1.15 AM **Bye Bye Birdie** Musical. (1963, PG, 112min) ★★★
3.15 **Ferris Bueller's Day Off** Teen comedy with Matthew Broderick. (1986, 12, 103min) ★★★★
5.10 **The Cinema List: Sky Originals**
5.40 **to 7.20** AM **The Little Rascals** Comedy. (1994, U, 83min) ★★

Sky Cinema Animation

305 305 412 500 514

7.15 AM **Madagascar** Animation. (2005, U, 86min) ★★★
8.50 **The Nut Job** Animated comedy. (2014, U, 85min) ★★★
10.25 **Captain Underpants** Animation. (2017, U, 89min) ★★★★
12.00 NOON **Surf's Up** Animation. (2007, PG, 85min) ★★★★
1.35 PM **Over the Hedge** Satirical animated comedy. (2006, U, 83min) ★★★★
3.05 **Lego DC Comics Super Heroes: Justice League vs Bizarro League** (2015, U) ★★★
4.00 **Sing** Animation. (2016, U) ★★★
5.55 **Madagascar: Escape 2 Africa** Animated comedy sequel. (2008, PG, 89min) ★★★
7.30 **Two by Two** Animated adventure. (2015, U, 85min) ★★
9.05 **Sinbad: Legend of the Seven Seas** (2003, U) ★★★★
10.35 **Straight Outta Nowhere: Scooby-Doo! Meets Courage the Cowardly Dog** (2021) ★★★
12.00 M'T **The Inseparables** Animation. (2023, U, 90min) ★★★
1.35 AM **The Road to El Dorado** Animation. (2000, U) ★★★
3.10 **Spirit: Stallion of the Cimarron** Animation. (2002, U) ★★★
4.40 **to 6.15** AM **Rock Dog** Animation. (2016, PG) ★★★

Movies 24

312 313 419

7.00 AM **Campfire Romance** Comedy. (2022, PG, 90min) ★★
9.00 **An Easter Bloom** Drama. (2024, PG, 84min) ★★
11.00 **The Royal Nanny** Festive comedy. (2022, PG, 84min) ★★
1.00 PM **His and Hers** Romantic drama. (2024, PG, 90min) ★★
3.00 **The Story of Love** Romantic comedy starring Brittany Bristow. (2022, PG, 91min) ★★
5.00 **To Her, With Love** Romantic drama. (2022, PG, 84min) ★★
7.00 **Our Take on Love** Romantic drama starring Lesa Wilson. (2022, PG, 87min) ★★
9.00 **Junebug** Fantasy drama starring Autumn Reeser and Mila Jones. A book editor is inspired to get her life in order when she starts having magical encounters with her eight-year-old self. (2024, PG, 84min) ★★
11.00 **Eat, Love, London** Romantic drama. (2024, PG, 90min) ★★
1.00 AM **A Priceless Love** Romantic drama starring Erin Agostino. (2022, PG, 85min) ★★
3.00 **to 5.00** AM **Perfect Harmony** Romantic comedy drama. (2022, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Sherlock Holmes** (S1)
6.35 **You Will Remember** Biopic. (1941, b/w, U, 92min) ★★★
8.25 **A Lifetime Ago with The Baim Collection**
8.55 **Stolen Face** Melodrama. (1952, PG, 72min) ★★
10.25 **Dentist in the Chair** Comedy. (1960, b/w, PG, 84min) ★★
12.00 NOON **Cause for Alarm** Thriller. (1951, b/w, PG, 74min) ★★★
1.30 PM **Singing Through** Comedy. (1935, b/w, U, 72min) ★★★
3.00 **Crown Court** Triple bill.
4.30 **The Ghost of Greville Lodge** Ghost story starring Prunella Scales. (2000, PG, 93min) ★★
6.20 **A Lifetime Ago with The Baim Collection**
6.55 **Those British Faces**
7.30 **The Cheaters** 1/27. (S2)
8.00 **The Brothers** 12/13. (S6)
9.05 **Travelling Man** 5/7. (S2)
10.10 **Lost for Words** Drama with Pete Postlethwaite and Thora Hird.
11.45 **The Man Who Cheated Himself** Drama. (1950, b/w, PG) ★★★
1.25 AM **Slave Girls** Fantasy. (1966, PG, 95min) ★★
3.15 **Who Is Killing the Great Chefs of Europe?** Mystery comedy. (1978, PG, 112min) ★★★
5.25 **to 6.00** AM **One Step Beyond**

THURSDAY Sport 5 June

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News** A round-up of the latest news.
7.00 **Good Morning Sports Fans** News and views on today's early stories, a look at the back pages, a tip on today's racing and a sporting weather forecast.
10.00 **Sky Sports News** A round-up of the latest sports news, with live analysis and comment, plus interviews with headline-makers.
12.00 NOON **LIVE PGA Tour Golf** Coverage of day one of the RBC Canadian Open from TPC Toronto at Osprey Valley in Alton, Ontario.
8.00 PM **LIVE PGA Tour Golf** Further coverage of the opening day of the RBC Canadian Open from TPC Toronto at Osprey Valley in Alton, Ontario. Scotland's Robert MacIntyre claimed his first ever PGA Tour win at this event last year, as he finished a stroke ahead of American Ben Griffin to win the tournament with a score of 16-under-par. He became the first Scottish golfer to win this event since Macdonald Smith succeeded in 1926.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
10.00 **Premier League Years**
12.00 NOON **Gary Neville's Soccerbox**
1.00 PM **PL Retro** Arsenal v Tottenham Hotspur from 2008.
3.00 **Premier League 100 Club**
4.00 **Premier League Icons**
5.00 **Premier League Highlights** Leicester City v Liverpool. **5.30** Liverpool v Arsenal. **6.00** Liverpool v Brentford. **6.30** Liverpool v Chelsea. **7.00** Liverpool v Manchester City. **7.30** Action from Liverpool v Manchester United at Anfield.
8.00 **Gary Neville's Soccerbox**
9.00 **Tackling the Stigma** A look at football's issues with mental health, exploring the practices clubs and players are adopting to try and change the narrative.
10.00 **Class of '92: Full Time**
11.00 **Premier League Icons**
12.00 M'T **Premier League Legends**
1.00 AM **Premier League Years** Moments of the 1999/00 season.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **Premier League 100 Club**
5.30 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Cup Retro** Chelsea v Manchester City in the 2019 final.
8.45 **EFL Greatest Games**
10.00 **EFL Cup Highlights**
11.00 **Best Scottish Premiership Goals 2014/15**
11.30 **Best Scottish Premiership Goals 2021/22**
12.00 NOON **EFL Greatest Games**
12.30 PM **EFL Highlights** Action from Sheffield United v Sunderland in the Championship play-off final.
1.30 **EFL Greatest Games**
2.00 **Championship Retro** Watford v Leicester City in the 2013 play-off semi-final second leg.
4.00 **EFL Cup Retro** Arsenal v Manchester City in the 2018 final.
4.30 **EFL** A chance to see Blackpool v Cardiff City in the 2009/10 Championship play-off final.
6.00 **Bundesliga Special: Analysis II**
6.30 **Championship Retro** Another chance to see Blackburn Rovers v Manchester City from 2000.
8.30 **EFL Greatest Games**
10.00 **EFL Cup Retro** Manchester City v Sunderland in the 2014 final.
11.00 **There's Only One Sauzee**
11.30 **Dundee United: Champions 83**
12.00 M'T **SPFL Greatest Games**
2.00 **to 6.00** AM **SPFL Highlights**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **Women's One-Day International Cricket**
7.00 **Women's Vitality T20 Blast**
10.25 **Vitality T20 Blast Cricket**
1.55 PM **Ashes Greats**
2.05 **One-Day International Cricket**
3.00 **Women's One-Day International Cricket**
5.00 **One-Day International Cricket**
6.00 **Ashes Greats** Archive action.
6.10 **LIVE Vitality T20 Blast Cricket Middlesex v Kent Spitfires.** Coverage of the South Group match from Lord's. This meeting last year saw the visitors come away with a 98-run win as Middlesex's batters struggled to chase an imposing total. Kent made an impressive 205-8 in their 20 overs, with Joe Denly leading the way with 56 from 33 balls. In reply, Middlesex were bowled out for 107 in 14.1 overs.
9.30 **Best of ICC WT20**
10.15 **The Boy from Baracara**
10.45 **Best of England v Windies**
11.45 **Women's One-Day International Cricket**
12.45 AM **Vitality T20 Blast Cricket**
4.05 **Best of England v Windies**
5.00 **to 6.00** AM **IPL**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **PGA Tour: The Cut**
6.30 **HotelPlanner Tour Golf**
7.00 **Rose Ladies Series**
7.30 **DP World Tour**
8.00 **US Women's Open**
9.00 **PGA Tour**
10.00 **PGA Tour: The Cut**
10.30 **HotelPlanner Tour Golf**
11.00 **Rose Ladies Series**
11.30 **DP World Tour**
12.00 NOON **LIVE DP World Tour** Day one of the KLM Open at the International in Amsterdam.
5.00 PM **LIVE PGA Tour** Day one of the RBC Canadian Open from TPC Toronto at Osprey Valley.
11.00 **Turkish Airlines Masterclass**
11.30 **PGA Tour Champions Learning Centre** Expert golfing tips.
12.00 M'T **PGA Tour Champions**
1.00 AM **US Open Official Films**
2.00 **PGA Tour** Canadian Open.
3.00 **Golf Academy** Expert tips.
4.00 **PGA Tour** Canadian Open.
5.00 **to 6.00** AM **Playing Lessons**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **US Open Classic Matches**
7.00 **Tennis** The United Cup final.
9.00 **ATP Tennis** Madrid Open review.
10.00 **WTA Tennis** Rouen Open final.
11.00 **ATP Tennis** Recent action.
1.00 PM **Tie Break Tens**
2.00 **ATP Tour This Week**
2.30 **WTA Tennis** Rouen Open final.
3.30 **ATP Tennis** Recent action.
5.30 **Tie Break Tens** Eisenhower Cup.
6.30 **ATP Tennis** Monte-Carlo Masters.
7.30 **ATP Tour This Week**
8.00 **Tennis** The United Cup final.
10.00 **ATP Tennis** The Hamburg Open.
11.00 **Tie Break Tens** Eisenhower Cup.
12.00 M'T **US Open Classic Matches**
2.00 AM **Tennis** Highlights.
5.00 **to 6.00** AM **Tie Break Tens**

TNT Sports 1

410 413 521 408 430

6.00 AM **ABB FIA Formula E World Championship Highlights**
8.00 **Serie A – Full Impact**
9.00 **UEFA Europa League & Conference League Magazine**
10.00 **UEFA Champions League Magazine** News and updates.
10.30 **Premier League Stories**
11.00 **LIVE French Open Tennis** Coverage of the mixed doubles final from Stade Roland Garros.
1.00 PM **Tom Aspinall's Fight Lab**
1.30 **Court Side** Analysis ahead of the 12th day of the French Open.
2.00 **LIVE French Open Tennis** Coverage of the opening women's semi-final at Stade Roland Garros.
4.00 **LIVE French Open Tennis** Coverage of the second women's semi-final at Stade Roland Garros.
7.00 **French Open** Highlights.
9.30 **Playing for Our Future**
11.00 **Men's Cycling Pro Series**
12.00 M'T **Discovery Golf**
12.30 AM **NBA Action** Highlights.
1.00 **LIVE NBA** Coverage of game one of the NBA Finals.
3.30 **Grand Slam Track Athletics**
4.30 **The WRC Magazine**
5.00 **to 6.00** AM **Men's Cycling Pro Series**

TNT Sports 2

411 414 522 409 431

6.00 AM **Ultimate Pool**
7.30 **T100 Triathlon World Tour Highlights** From San Francisco.
8.30 **Discovery Golf**
9.00 **FIM Speedway Grand Prix Highlights** Recent action.
10.00 **SailGP – Racing on the Edge**
10.30 **LIVE AFL Western Bulldogs v Hawthorn Hawks.** Coverage of the match from Marvel Stadium in Melbourne. Bounce-up **10.30am**.
1.30 PM **MLB Highlights**
2.30 **Isuzu UTE A-League**
3.30 **UEFA Conference League**
5.00 **UEFA Europa League**
6.30 **UEFA Champions League**
8.00 **Premier League Review**
9.00 **LIVE MLB Los Angeles Dodgers v New York Mets.** Coverage of the National League match from Dodger Stadium. Start-time **9.10pm**.
12.15 AM **MLB Classic**
12.30 **Serie A – Full Impact**
1.30 **UEFA Champions League Magazine** News and updates.
2.00 **FIM Speedway Grand Prix Highlights** Recent action.
3.00 **AFL** A chance to see Western Bulldogs v Hawthorn Hawks.
4.30 **to 6.00** AM **Ultimate Pool**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **The Rugby Championship** Australia v South Africa in 2024. **8.00** Another chance to see New Zealand v Argentina from 2024. **10.00** A chance to see Australia v South Africa from 2024.
12.00 NOON **The Rugby Championship** New Zealand v Argentina from 2024. **2.00** PM A chance to see Argentina v Australia from 2024. **4.00** A chance to see South Africa v New Zealand from 2024.
6.15 **British and Irish Lions Tour**
7.00 **Lions Legends** Ian McGeechan.
7.15 **My Icon** Leon Pryce.
7.25 **LIVE Netball Super League Nottingham Forest Netball v Birmingham Panthers.** Coverage of the match from Motorpoint Arena. The Panthers recorded a thrilling 71-70 victory in last month's reverse fixture at Worcester Arena, but Forest will be hopeful of making home advantage count on this occasion. Centre-pass **7.30pm**.
9.00 **My Icon** Sporting influences.
10.00 **The Rugby Championship** Argentina v South Africa in 2024.
12.00 M'T **to 6.00** AM **The Rugby Championship**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **EFL Highlights**
9.00 **Good Morning Sports Fans** News and views on today's stories, plus a look at the back pages.
10.00 **Sky Sports News** A round-up of the latest sports news.
11.30 **My Ryder Cup** Paul McGinley shares memories of the Ryder Cup.
11.45 **LIVE PGA Tour Golf** Coverage of day one of the RBC Canadian Open from TPC Toronto at Osprey Valley in Alton, Ontario.
8.00 PM **LIVE PGA Tour Golf** Further coverage of the opening day of the RBC Canadian Open from TPC Toronto at Osprey Valley in Alton, Ontario. Scotland's Robert MacIntyre claimed his first ever PGA Tour win at this event last year, as he finished a stroke ahead of American Ben Griffin to win the tournament with a score of 16-under-par. He became the first Scottish golfer to win this event since Macdonald Smith succeeded in 1926.
11.00 **Sky Sports News**
12.00 M'T **Premier League Darts** Finals Night at O2 Arena, London.
3.30 AM **PDC Classics** Archive action.
4.00 **to 6.00** AM **Sky Sports News**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **Rose Ladies Series**
7.30 **DP World Tour Golf**
8.00 **US Women's Open Golf**
9.00 **PGA Tour Champions**
10.00 **Women's One-Day International Cricket**
11.00 **One-Day International Cricket**
12.00 NOON **EFL Greatest Games**
12.30 PM **LIVE Ladies European Tour Golf** Coverage of day one of the Tenerife Women's Open.
3.30 **EFL Greatest Games**
4.00 **Fight Night** Azim v Lipinets.
5.00 **Premier League Darts**
9.00 **The Rise of MVG**
9.30 **Gary Anderson: Back2Back Champion**
10.00 **Women's One-Day International Cricket**
12.00 M'T **PL Greatest Games**
1.00 AM **Indycar** Detroit Grand Prix.
2.00 **Indy NXT** Action from Detroit.
3.00 **EFL Greatest Games**
4.00 **ATP Tennis** Hamburg Open final.
5.00 **to 6.00** AM **Playing Lessons**

TNT Sports 3

413 415 523 410 432

6.00 AM **Gallagher Premiership Rugby Union** Recent action.
11.00 **Men's Cycling Pro Series**
12.00 NOON **LIVE Cycling: Tour of Slovenia** Coverage of stage two from Velenje to Rogaska Slatina.
2.00 PM **Cycling: Men's Giro d'Italia**
3.00 **Porsche Supercup**
4.00 **FIM Speedway Grand Prix Highlights** Recent action.
5.00 **NBA Action** Highlights.
5.30 **MLB Highlights**
6.30 **AFL** A chance to see Western Bulldogs v Hawthorn Hawks.
8.00 **Golden Trail World Series**
9.00 **T100 Triathlon World Tour Highlights** From San Francisco.
10.00 **Fight Week** UFC 316 preview.
10.45 **Tom Aspinall's Fight Lab**
11.15 **UFC Countdown**
12.15 AM **French Open Tennis**
2.45 **No Filter Football**
3.00 **UFC Main Event** UFC 304.
4.00 **to 6.00** AM **ABB FIA Formula E World Championship Highlights**

TNT Sports 4

414 416 524 411 434

6.00 AM **Grand Slam Track Athletics**
7.00 **Cycling: Men's Giro d'Italia**
8.00 **The WRC Magazine**
8.30 **European Rally Championship Highlights** Recent action.
9.00 **French Open Tennis**
10.30 **Tom Aspinall's Fight Lab**
11.00 **LIVE French Open Tennis** Coverage of the mixed doubles final from Stade Roland Garros.
1.00 PM **Premier League Stories**
1.30 **Court Side** Analysis ahead of the 12th day of the French Open.
2.00 **LIVE French Open Tennis** Coverage of the opening women's semi-final at Stade Roland Garros.
4.00 **LIVE French Open Tennis** Coverage of the second women's semi-final at Stade Roland Garros.
7.00 **FIM JuniorGP Championship** Action from races in Jerez.
11.30 **AFL** A chance to see Western Bulldogs v Hawthorn Hawks.
1.00 **to 6.00** AM **Gallagher Premiership Rugby Union**

Premier Sports 1

419 551

6.00 AM **Motorsport Highlights**
7.30 **World Surf League**
8.30 **Motorsport Highlights**
10.00 **NASCAR Highlights**
11.00 **Top 14 Rugby Union Highlights**
11.30 **LaLiga Highlights**
12.30 PM **DTM Highlights**
1.30 **MotorSport** Le Tour Auto.
2.00 **PSA Squash Highlights**
3.00 **URC in 60** Quarter-finals.
4.00 **Ultimate Karting Championship**
5.00 **NASCAR Highlights**
6.00 **Top 14 Rugby Union Highlights**
6.30 **Trail Menorca** Recent action.
7.00 **World Surf League**
8.00 **FIM Sidecarcross** At Fox Hill.
9.00 **LaLiga Highlights**
10.00 **PSA Squash Highlights**
10.55 **Football's Greatest**
11.55 **LIVE CONMEBOL World Cup Qualifiers Ecuador v Brazil.**
2.00 AM **Football's Greatest**
2.30 **Transworld Sport** Magazine.
3.30 **URC in 60** Quarter-finals.
4.30 **to 6.00** AM **Kart Racing**

Premier Sports 2

420 552

6.00 AM **GP Confidential**
6.30 **Temples of Sport**
7.00 **Coppa Italia** Bologna v AC Milan.
9.00 **Football's Greatest**
10.00 **Top 14 Rugby Union**
12.00 NOON **GP Confidential**
12.30 PM **FastZone** Highlights.
1.00 **Top 14 Rugby Union**
3.00 **United Rugby Championship**
5.00 **FastZone** Motorsports highlights.
5.30 **Bike World** Magazine.
6.00 **Swedish Speedway** Another chance to see Lejonen v Vasternik.
8.00 **Scottish Cup Football** A replay of Aberdeen v Celtic in the final.
10.00 **GP Confidential** A look at all the latest Formula One news.
10.30 **Temples of Sport** Iconic sporting venues from around the globe.
11.00 **Top 14 Rugby Union** Action from the French top flight.
1.00 AM **Temples of Sport**
2.00 **NASCAR Trucks**
5.00 **FastZone** Motorsports highlights.
5.30 **to 6.00** AM **Bike World**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Indycar** Detroit Grand Prix.
7.30 **Indy NXT** Action from Detroit.
8.30 **Ferrari Challenge Europe**
9.30 **British GT Championship**
10.30 **Formula 1** Highlights.
12.55 PM **F1 Feature**
1.00 **Indycar** Detroit Grand Prix.
2.00 **Indy NXT** The Detroit Grand Prix.
3.00 **Ferrari Challenge Europe**
4.00 **British GT Championship**
5.00 **Formula 1** Season highlights.
5.30 **Formula 3** Spanish Grand Prix.
7.45 **Formula 1** Recent action.
8.00 **Formula 2** Spanish Grand Prix.
10.20 **Formula 1** Highlights.
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Friday

6 June

Evening Planner

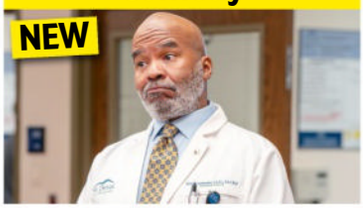
Superhero Drama

Venom: The Last Dance

Sky Premiere, 12.15pm & 8pm

Tom Hardy reprises his role as journalist Eddie Brock in this concluding part of the *Venom* trilogy. Also stars Juno Temple.

Comedy



St. Denis Medical

BBC1, 10.40pm & 11pm (times vary) (box set, iPlayer)

Mockumentary comedy set in an Oregon hospital. Stars David Alan Grier.

OnDemand

NETFLIX

The Survivors

Available today

The murder of a young woman stirs up memories of a tragedy from years earlier in this Aussie drama.

OnDemand

NETFLIX

Straw

Available today

Taraji P. Henson stars as a single mother forced to take desperate measures in this gritty drama from Tyler Perry.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 Lost and... †	8.00 Would I Lie... †	8.30 Alison... †	9.00 Have I Got... †	9.30 The Power... †	10.00 News; Local News	
	102 BBC2	7.00 Grand Tours of...	7.30 Beechgrove...	8.00 Gardeners' World		9.00 Hidden Treasures of the National Trust		10.00 Inside No. 9	10.30 Newsnight
	103 ITV1	‹ 6.30 News †	7.30 Emmerdale	8.00 Coronation Street		9.00 Joanna Lumley's Danube		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Millionaire Hoarders		9.00 Celebrity Gogglebox		10.00 Open House: The Great Sex...	
	105 5	7.00 Sicily: Jewel of the Med		8.00 Cruising with Susan Calman		9.00 Boxing – Live: Josh Kelly v Flavius Biea			
	106 SKY SHOWCASE	7.00 The Simpsons				9.00 And Just Like That...		10.00 Rose Matafeo: On and On and On	
ENTERTAINMENT	115 BBC3	7.00 My Mate's a...	7.30 Match of the Day – Live: Wales v Liechtenstein (Kick-off 7.45)					10.00 Freddie Flintoff: Field of Dreams on...	
	116 BBC4	7.00 TOTP: 1987	7.30 TOTP: 1981	8.00 Athletics: Diamond League Rome – Live: The Golden Gala Pietro Mennea				10.00 TOTP: 1985	
	118 ITV2	7.00 Deal or No Deal		8.00 Ant & Dec's Limitless Win		9.00 Film: Baywatch			
	136 MORE4	‹ 6.55 Car S.O.S.		7.55 Kirstie and Phil's Love It or List It		9.00 Panda		10.05 24 Hours in A&E	
	135 E4	7.00 The Simpsons		8.00 Below Deck Down Under		9.00 Film: American Pie			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Chicago Med		9.00 Chicago Fire		10.00 Chicago PD	
	108 SKY ATLANTIC	‹ 6.50 Billions		7.55 Game of Thrones		9.00 Mare of Easttown		10.05 The Undoing	
	110 U&GOLD	7.00 Dad's Army	7.40 The Good Life			9.00 Still Open All Hours	9.40 Harry Enfield's...	10.20 Absolutely Fabulous	
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	7.00 Heartbeat		8.00 Midsomer Murders				10.00 Grantchester	
	120 ITV4	‹ 6.00 World Series of Darts: Nordic Masters – Live: Coverage of day one						10.00 The Motorbike Show	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's Big Show		10.00 Whose Line Is It Anyway? USA	
	139 SKY SCI-FI	7.00 Blood & Treasure		8.00 Stargate Universe		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 Rob Beckett's Smart TV		9.00 Peacemaker		10.00 Strike Back: Silent War	
	109 U&ALIBI	7.00 Shakespeare & Hathaway		8.00 Death in Paradise		9.00 Beyond Paradise		10.20 Death in Paradise	
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Dolly Parton: Song by Song		9.00 Opry Live		10.00 Johnny Cash: The Man in Black in...	
	132 U&W	7.00 999 Rescue Squad		8.00 Inside the Ambulance: Coast and...		9.00 999 Rescue Squad			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Gold Rush: White Water		9.00 Expedition X		10.00 Blowing Up History	
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 Legends of the Wild				10.00 Alaska Monsters	
	129 NAT GEO	7.00 Air Crash Investigation				9.00 Airport Security: Rome		10.00 Amsterdam Central 24/7	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Memories of D-Day		9.00 8 Days That Made Rome		10.00 Ancient Aliens	
	155 U&YESTERDAY	7.00 Bangers & Cash		8.00 Warbird Workshop		9.00 Porridge			
	121 SKY DOCS	‹ 6.00 Branson		8.00 100 Foot Wave		9.00 Tony Hawk: Until the Wheels Fall Off			
FILMS – Sky Cinema	301 PREMIERE	‹ 6.00 Beetlejuice Beetlejuice		8.00 Venom: The Last Dance				10.00 Old Guy	
	302 SUPERHEROES	‹ 6.05 Venom: The Last Dance		8.00 The Amazing Spider-Man				10.20 The Amazing...	
	303 BLOCKBUSTERS	‹ 6.00 Bad Boys: Ride or Die		8.00 Indiana Jones and the Last Crusade				10.10 Inception	
	304 GREATS	‹ 6.10 Beverly Hills Cop		8.00 Beverly Hills Cop II			9.45 Beverly Hills Cop 3		
	305 ANIMATION	7.15 Kung Fu Panda 4				8.55 Dragon Rider		10.35 Spirit...	
	306 FAMILY	‹ 5.30 Wonka	7.35 E.T. The Extra Terrestrial				9.35 Patch Adams		
	307 ACTION	‹ 6.20 Hounds of War		8.00 Fast & Furious 8				10.20 Gods of Egypt	
	308 COMEDY	‹ 6.45 Bernard and the Genie		8.00 Brewster's Millions			9.50 Fletch		
	309 THRILLER	‹ 5.45 Vertigo		8.00 Split				10.05 Hanna	
	310 DRAMA	‹ 6.25 Through a Glass Darkly		8.00 Bob Marley: One Love			9.55 Anatomy of a Murder		
	311 SCI-FI	‹ 6.30 Out of Darkness		8.00 Ready Player One				10.25 Monolith	
	313 FILM4	7.05 10 Things I Hate About You				9.00 John Wick: Chapter 3 – Parabellum			
SPORT	401 MAIN EVENT	‹ 6.00 International T20 Cricket – Live: England v West Indies							10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 Premier League Highlights		8.00 Gary Neville's Soccerbox		9.00 City: PL Champions Again		10.00 Class of '92: Full Time	
	403 FOOTBALL	‹ 6.00 Championship Retro			8.30 EFL Greatest Games			10.00 EFL Cup Retro	
	404 CRICKET	‹ 6.00 International T20 Cricket – Live: England v West Indies							10.30 Ashes Greats
	410 TNT SPORTS 1	‹ 4.30 Roland Garros – Live		8.00 Roland Garros			9.30 PL Review		10.30 UEFA Magazine
	411 TNT SPORTS 2	7.00 Gallagher Premiership Rugby Union – Live: Coverage of a semi-final						10.00 MotoGP	10.30 SHEENE

‹ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

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BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Expert Witness** (S)(R)(AD)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition From Leominster, Herefordshire. (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Doorbell Detectives** Series finale 5/5. Video footage that captured the crucial clue to a theft. (S)
2.30 **Under the Vines** New episode 2/6. Louis's reunion with his family is underwhelming. (S1) (S)(AD)
3.15 **Escape to the Country** (S)(R)
3.45 **Garden Rescue** New edition (S)
4.30 **Bridge of Lies** New edition (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

2.30 Under the Vines

7 PM
7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **Lost and Found in the Lakes** An expert local crafter makes a special keepsake out of discarded items. (S)(R)(AD)

8 PM
8.00 **Would I Lie to You?** Featuring guests Greg Davies, Guz Khan, Claudia Winkleman and Lucy Worsley. (S)(R)
8.30 **Alison Hammond's Big Weekend** New edition 4/6. With guest Mel B. (S)(AD)
■ Entire series on BBC iPlayer

9 PM
9.00 **Have I Got News for You** Series finale 10/10. Richard Ayoade hosts, with guests Jack Dee and Kelly Cates. (S)
9.30 **The Power of Parker** New episode 2/6. Martin gets a job opportunity. (S2) (S)(AD)
■ Entire series on BBC iPlayer

10 PM
10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 NEW SERIES **St Denis Medical** 1/18. Comedy set in an Oregon hospital, starring Allison Tolman and Wendi McLendon-Covey. *See feature, page12.* (S1) (S)(AD)
■ Entire series on BBC iPlayer
11.00 **St Denis Medical** New episode 2/18. Joyce's belief that personal life should stay out of the workplace is tested, and Ron thinks a patient has a crush on him. (S1) (S)(AD)
11.25 FILM **Road House** Action drama starring Patrick Swayze as an unlikely saloon bouncer who is employed to clean up a rowdy bar. (S) (1989, 18, 110min) ★★★
1.15 AM **Weather for the Week Ahead**
1.20 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.15 AM **Homes Under the Hammer** (R)
7.15 **Garden Rescue** (S)(R)
8.00 **Sign Zone: Anna Haugh's Big Irish Food Tour** (S)(R)
8.30 **Sign Zone: Great Continental Railway Journeys** (S)(R)
9.00 **BBC News** (S)
12.30 PM **Political Thinking with Nick Robinson** Topical discussion. (S)
1.00 **The Edge** Game show. (S)(R)
1.45 **Lightning** Quiz show. (S)(R)
2.15 **Unbeatable** Game show. (S)(R)
3.00 **Murder, Mystery and My Family**
3.45 **Natural World: Jaguars – Brazil's Super Cats** (S)(R)(AD)
4.45 **Villages by the Sea** (S)(R)
5.15 **Flog It!** Memorable locations. (S)(R)
6.00 **Richard Osman's House of Games** Quiz show. (S)(R)
6.30 **Clive Myrie's Italian Road Trip** 10/15. From Florence. (S)(R)

8.00 Gardeners' World

7 PM
7.00 **Grand Tours of Scotland's Rivers** Paul Murton explores the history of the River Nith. (S)(R)
7.30 **Beechgrove Garden** New edition Lizzie Schofield revisits the herb garden she revitalised last summer. (S)

8 PM
8.00 **Gardeners' World** New edition As Longmeadow's cottage garden roses start to bloom, Monty Don is keen to showcase them with colourful underplanting, and Nick Bailey prepares his show garden – a planet-friendly design. (S)

9 PM
9.00 **Hidden Treasures of the National Trust** New edition 4/6. The battle to save the homes and treasures left by two Royalist women who refused to submit during the English Civil War – Ham House and Corfe Castle. (S)(AD)

10 PM
10.00 **Inside No. 9** *Mulberry Close:* 3/6. The residents of Mulberry Close are keen to welcome their new neighbours. (S9) (S)(R)(AD)
10.30 **Newsnight** (S)
11.00 **Cricket: T20 Highlights** England v West Indies: Action from the first T20 in the three-match series, held at Seat Unique Riverside, Chester-le-Street. (S)
11.30 FILM **All Is True** Drama directed by and starring Kenneth Branagh. (S) (2018, 12, 100min) ★★★
1.10 AM **Sign Zone: Panorama** (S)(R)
1.40 **Sign Zone: Who Do You Think You Are?** With Fred Sirieix. (S)(R)(AD)
2.40 **Sign Zone: Death Valley** (S)(R)
3.25 **to 6.00** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **ITV News** (S)
12.50 **Local News** (S)
1.00 LIVE **Racing** Ed Chamberlin and Francesca Cumani present coverage of the opening day of the prestigious Derby meeting from Epsom, headlined by The Oaks. With analysis from Jason Weaver and Johnny Murtagh, reports by Matt Chapman, Rishi Persad, Adele Mulrennan and Mick Fitzgerald, commentary by Richard Hoiles and betting news from Brian Gleeson. (S)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Joanna Lumley's Danube

7 PM
7.30 **Emmerdale** Cain is still reeling, DC Cole reveals there has been a development in Nate's case, Sarah's birthday is not a happy occasion, and a resolution is found for Pollard. (S)(AD)

8 PM
8.00 **Coronation Street** George faces an uncertain future when Eileen decides to accept Jason's offer of a new life in Thailand, Millie refuses to go home without Theo, while Dylan intervenes in Betsy and Brody's row. (S)(AD)

9 PM
9.00 **Joanna Lumley's Danube** Series finale 3/3. The final leg of Joanna's journey takes her across Romania, starting at the vast Iron Gates gorge. She visits Transylvania and heads towards the Danube Delta. (S)(AD)
■ Entire series on ITVX

10 PM
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 FILM **Goldfinger** James Bond adventure starring Sean Connery. Master criminal Auric Goldfinger is planning the heist of the century – stealing America's gold reserves from Fort Knox. With Gert Frobe and Honor Blackman. (S)(AD) (1964, PG, 130min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.55 AM **Teleshopping**
3.00 **Mel Giedroyc and Martin Clunes Explore Britain by the Book** The duo explore locations made famous by books and films. (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Katie Piper's Weekend Escape** (S)(SL)(R)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** (S6&7) (S)(R)
8.10 **The King of Queens** (S)(R)(AD)
9.10 **Frasier** (S11) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** A couple look for a property in Majorca. (S)(R)
4.00 **Narrow Escapes** New edition Joel heads out into the Bristol Channel in the middle of the night. (S)(AD)
5.00 **Chateau DIY** Alison and Zion's fairy-tale turret reveals a rotten secret. (S)(R)(AD)
6.00 **A New Life in the Sun: Where Are They Now?** New edition In Granada, B&B and tearoom owners Steve and Martin have ambitious expansion plans. (S)

10.00 Open House

7 PM
7.00 **News** (S)

8 PM
8.00 **Millionaire Hoarders** New edition Katie Ridges helps a woman whose collection of period clothes has taken over her home, and Clive Downham assists the owner of a surplus of Manchester United ephemera. (S)(AD)

9 PM
9.00 NEW SERIES **Celebrity Gogglebox** Some of Britain's best-known personalities turn their hand to being the country's most opinionated viewers, critiquing the week's TV shows. (S)(AD)

10 PM
10.00 **Open House: The Great Sex Experiment** New edition 5/8. Engaged couple Tom and Lauren wish to open up their relationship. Alex's confidence is rattled after watching Alana have wild sex with resident Georgie. (S)(AD)
11.05 **Jon Richardson: Old Man Tour** Stand-up show from Blackpool's historic Grand Theatre. (S)(R)
12.05 AM FILM **Plan B** Comedy starring Kuhoo Verma and Victoria Moroles. (S) (2021, 18, 110min) ★★★
1.55 **Ramsay's Kitchen Nightmares USA** Gordon Ramsay heads to Scottsdale, Arizona. (S)(SL)(R)
2.45 **Come Dine with Me** (S)(R)
5.05 **to 6.00** AM **Location, Location, Location** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley and Guests** (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 FILM **The Stalker** Thriller with Natalie Hall and Jonathan Keltz. (S) (2022, PG, 105min) ★★
4.00 **Bargain-Loving Brits in the Sun** New edition Cameras focus on ex-civil servant Michelle and her husband Derek in Mazarron. (S)
5.00 **News** (S)
6.00 **Dogs Behaving (Very) Badly** Graeme Hall visits Leeds, where English bulldog Wilson's destructive behaviour is causing distress for its owner. (S)(R)
6.55 **News** (S)

8.00 Cruising with Susan Calman

7.00 NEW **Sicily: Jewel of the Med** Cameras focus on the largest island in the Mediterranean, home to Mount Etna and stunning coastlines. (S)
7.55 **News** (S)

8.00 **Cruising with Susan Calman** New edition In the first of a two-part visit to New Zealand, Susan explores the South Island, before setting sail for the North Island, and a trip to Wellington. (S)

9.00 LIVE **Boxing: Josh Kelly v Flavius Biea** Coverage of the super-welterweight bout at Utilita Arena in Newcastle. Kelly is looking to earn his seventh successive victory and move a step closer to a shot at a world title, but he faces a potentially tough test against the Romanian, who has won 24 of his 25 professional contests. Plus, undercard bouts, including Felix Cash v Rolando Wenceslao Mansilla. (S)

11.05 **Electric Cars: Are They Really Worth It?** Documentary exploring whether buying an electric car is worth it. (S)(R)
12.05 AM **Police Interceptors** (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **22 Kids & a Baby** (S)(R)
3.55 **22 Kids & Counting** (S)(R)
4.35 **The Wonderful World of Chocolate** (S)(SL)(R)
5.30 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
7.00 **Breakfast with Anna Jones**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S8) (S)(R)
11.00 **Macaque Island** (S)(R)
12.00 NOON **The Flash** (S8) (S)(R)
1.00 PM **Hawaii Five-0** (S6) (S)(R)
3.00 **SEAL Team** (S1) (S)(R)(AD)
4.00 **S.W.A.T.** 12/21. (S3) (S)(R)(AD)
5.00 **The Simpsons** *Wandering Juvie:* Bart is sent to a juvenile detention centre. (S)(R) **5.30** *The Regina Monologues:* The family visit London. With JK Rowling and Tony Blair. (S)(R)
6.00 **The Office (US)** 2/26. Michael worries after David Wallace and Jim have a meeting. (S)(R) **6.30** 3/26. Jim has to inform the staff that not everyone will get a Cola rise. (S6) (S)(R)

9.00 And Just Like That...

7.00 **The Simpsons** *My Big Fat Geek Wedding:* Principal Skinner and Mrs Krabappel announce their engagement. (S)(R) **7.30** *Catch 'Em If You Can:* Marge and Homer go on a second honeymoon. (S)(R)

8.00 **The Simpsons** *Simple Simpson:* Homer becomes a masked vigilante, taking revenge on local wrongdoers. (S)(R) **8.30** *The Way We Weren't:* Homer tells the story of his first love. (S)(R)

9.00 **And Just Like That...** New episode 2/12. *Sex and the City* revival catching up with the lives of Carrie, Charlotte and Miranda. Stars Sarah Jessica Parker, Kristin Davis and Cynthia Nixon. (S3)

10.00 **Rose Matafeo: On and On and On** Rose shares her candid takes on relationships, ageing, having children and more – all of it stemming from a 16,000-word note on her phone. (S)(R)

11.15 **Sex and the City** 7/8. Carrie visits San Francisco to promote her new book. (S)(R) **11.55** 8/8. An invitation to a surprise wedding gives Carrie food for thought. (S5) (S)(R)
12.35 AM **The Force: North East** (R)
1.35 **Brit Cops: Rapid Response** (R)
2.30 **Road Wars** (S)(R)
3.00 **SEAL Team** (S1) (S)(R)(AD)
4.00 **S.W.A.T.** 12/21. (S3) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
7.30-10.00pm LIVE International Football (S) **10.40** Have I Got News for You Series finale (S) **11.10** The Power of Parker New episode (S)(AD) **11.40** NEW SERIES St Denis Medical (S)(AD) **12.25am** FILM Road House (S) (1989, 18, 110min) ★★★ **2.15** Weather for the Week Ahead (S) **2.20-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
7.30-8.00pm Suzie Lee's Great Food Made Simple New edition (S) **1.15am** Change Your Mind, Change Your Life with Matt and Emma Willis (S)(R)(AD) **2.05-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
7.30-10.00pm LIVE Match of the Day (S) **10.40** Have I Got News for You Series finale (S) **11.10** The Power of Parker New episode (S)(AD) **11.40** NEW SERIES St Denis Medical (S)(AD) **12.25am** NEW Little Simz: Live at the BBC (S) **1.00-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
7.00-7.30pm NEW Inside the High Street Cyber-Attacks (S)

ITV1

As main ITV1 except:
WALES
7.00-7.30pm Vanished Wales New edition (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cais Quinnell **12.30** Heno **1.00** Y Ci Perffaith **1.30** Cymry ar Gynfas **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Joe Allen: y Chwiban Olaf **4.00** Awr Fawr **5.00** Stwnsh **6.00** Bois y Rhondda **6.30** Garddio a Mwy **7.00** Newyddion a'r Tywydd **7.20** LIVE Sgorio Rhyngwladol New edition **10.00-11.30pm** NEW SERIES Ar Led

TV&Satellite week
New issue on sale now

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **My Mate's a Bad Date** Khalil from Nottingham cannot get a second date.
7.25 **The Catch Up**
7.30 LIVE **Match of the Day: International Football** Wales v Liechtenstein: All the action from the FIFA World Cup Group J qualifier, held at Cardiff City Stadium. Craig Bellamy's men have made a solid start to their qualifying campaign with a home win against Kazakhstan and a draw away to North Macedonia, and they will be expecting nothing less than a comfortable victory against the group minnows. Kick-off is at 7.45.
10.00 **Freddie Flintoff: Field of Dreams on Tour** 2/4. A promising new addition to the squad gives them hopes of victory.
11.00 **What It Feels Like for a Girl** 1&2/8. Drama. (S1)
12.30 AM **Glow Up: Britain's Next Make-Up Star**
1.30 **Daddy Issues** 5&6/6. (S1)
2.25 **to 4.00** AM **I Kissed a Boy**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
10.25 **A New Life in the Sun**
11.30 **Heir Hunters**
12.30 PM **Come Dine with Me** Five editions of the contest from Hastings and Rye.
3.10 **Four in a Bed** Five editions of the B&B challenge.
5.50 **Car S.O.S** Fuzz Townshend and Tim Shaw try to restore a tatty Mk.1 Toyota MR2. **6.55** Fuzz and Tim head to Cambridgeshire to pick up their very first supercar – a rare 1989 Ultima race car.
7.55 **Kirstie and Phil's Love It or List It** Kirstie and Phil meet Carly and Phil in High Wycombe who are unsure whether they should renovate their current home or sell up and move into another.
9.00 **Panda** Series finale *Zéro, Zéro, Zen:* 6/6. A young man dies mysteriously at a Zen retreat. An odd voicemail makes Panda suspect murder, so he goes undercover while Lola officially investigates the case. Subtitled. (S1)
10.05 **24 Hours in A&E** A 52-year-old woman who suffers from MS is brought in with suspected sepsis. **11.10** A 20-year-old woman is rushed in after a car crash.
12.15 AM **999: On the Front Line** Medical documentary.
1.20 **24 Hours in A&E**
3.25 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **TOTP: 1987** Music from U2, Suzanne Vega, The Beastie Boys, Wet Wet Wet and Whitney Houston.
7.30 **TOTP: 1981** Featuring Siouxsie & the Banshees, Squeeze, The Jam, Phil Collins and Shakin' Stevens.
8.00 LIVE **Athletics: Diamond League Rome** Coverage of the Golden Gala Pietro Mennea, the fifth round of the season, held at Stadio Olimpico in Rome.
10.00 **TOTP: 1985** With Shakin' Stevens, Madonna, Jermaine Jackson and Dead or Alive. **10.30** Featuring New Model Army, Phil Collins, Freddie Mercury and Eurythmics.
11.05 **Lionel Richie: Dancing on the Ceiling** A profile of the soul singer.
12.05 AM **Prince and His Songs at the BBC** Archive performances of songs by the musician.
1.05 **The 80s: Music's Greatest Decade?**
2.05 **TOTP: 1981** As 7.30pm.
2.40 **to 3.45** AM **TOTP: 1985**

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Simpsons**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons** Triple bill of the animated comedy.
8.00 **Below Deck Down Under** New edition A family enjoy a meal in a remote location, and a mistake on deck makes the boat hit the dock.
9.00 FILM **American Pie** Comedy with Jason Biggs. A group of inexperienced teenage friends pledge to lose their virginity before the high-school prom – which is only three weeks away. (1999, 15, 96min) ★★★★
10.55 **Naked Attraction** Singletons from Somerset and Coventry take part.
11.55 **The Big Bang Theory**
12.55 AM **The Simpsons**
1.25 **Brooklyn Nine-Nine**
2.25 **The Goldbergs**
2.55 **Modern Family**
3.20 **Below Deck Down Under**
4.15 **Ramsay's Kitchen Nightmares USA**
5.05 **to 6.00** AM **Modern Family**

+1 hr 235/236 306 30 123 256

Friday primetime

FRIDAY Entertainment

Friday

Sky Witness

107 107 110 341 356

6.00 AM **Road Wars**
7.00 **Brit Cops: Rapid Response**
8.00 **Border Patrol**
9.00 **Border Security: Canada's Front Line** Double bill.
10.00 **Bondi Rescue**
11.00 **Stop, Search, Seize**
12.00 NOON **The Good Doctor** (S5)
1.00 PM **FBI** 6/19. A Wall Street investor is found dead. (S2)
2.00 **Customs UK**
3.00 **Caught on Dashcam**
5.00 **Caught Red Handed**
6.30 **Nothing to Declare**

9.00 Chicago Fire

7 PM

7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 Chicago Med New episode *Forget Me Not:* 6/22. Goodwin is threatened online by an old employee. (S10)

9 PM

9.00 Chicago Fire New episode *Birds of Prey:* 6/22. Police impede Severide's investigation into a suspicious fire. (S13)

10 PM

10.00 Chicago PD New episode *Pawns:* 6/22. Burgess is tested as she looks to make an advancement in her career. (S12)
11.00 **Bull** 3/16. (S5)
12.00 M'T **FBI** 8/15. (S3)
1.00 AM **FBI: Most Wanted** (S5)
2.00 **The Good Doctor** 5/18. (S5)
3.00 **The Cleaning Lady** (S2)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **Stop, Search, Seize**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Fish Town** Double bill.
8.00 **The Sopranos** 8&9/13. (S2)
10.10 **Billions** 3&4/12. (S6)
12.20 PM **Game of Thrones** (S5)
1.25 **Dostoyevsky** 1&2/6. (S1)
3.45 **The Sopranos** 8/13. Meadow receives a helping hand. **4.45** 9/13. Carmela confronts Tony about his infidelity. (S2)
5.45 **Billions** 3/12. Prince works to secure a key supporter in his bid for the games. **6.50** 4/12. Scooter and Wags must work together to help secure the games. (S6)

6.50 Billions

7.55 Game of Thrones *The Wars to Come:* 1/10. Jon Snow struggles to mediate between Mance Rayder and Stannis, and Tyrion is presented with an opportunity. (S5)

9.00 Mare of Easttown *Miss Lady Hawk Herself:* 1/7. First episode of the crime drama starring Kate Winslet. (S1)

10.05 The Undoing *Trial by Fury:* 5/6. As the first day of the trial gets underway, the prosecution presents shocking evidence. (S1)
11.15 **Homicide: Life on the Street** A woman is discovered beaten and left for dead. (S6)
12.10 AM **The Wire** 2/10. (S5)
1.15 **Mary & George** 1&2/7. (S1)
3.15 **Gomorrah** 3&4/12. (S1)
5.05 **to 6.00** AM **Richard E Grant's Hotel Secrets**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S6)
8.00 **The Flash** 1/20. (S8)
9.00 **Stargate SG-1** (S8)
11.00 **Supergirl** 9/22. (S4)
12.00 NOON **The Flash** 2/20. (S8)
1.00 PM **Hawaii Five-0** (S6)
3.00 **SEAL Team** 16/22. (S1)
4.00 **S.W.A.T.** 12/21. (S3)
5.00 **Supergirl** 8/22. Manchester Black pays Ben Lockwood a menacing visit. (S4)
6.00 **Stargate SG-1** 17/20. Part two of two. The Jaffa Resistance put together an army to reclaim a holy city. (S8)

8.00 Rob Beckett's Smart TV

7.00 Stargate SG-1 *Threads:* 18/20. Daniel faces a difficult decision, while Carter has doubts about her relationship. (S8)

8.00 Rob Beckett's Smart TV With guests Natasia Demetriou, Charlie Cooper, Chris Packham and Natalie Cassidy.

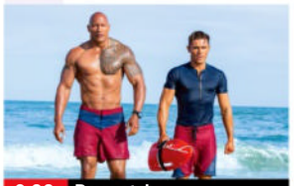
9.00 Peacemaker *Murn After Reading:* 6/8. Murn reveals his greatest secret, while Auggie Smith makes plans to kill his son . (S1)

10.00 Strike Back: Silent War 7/10. Section 20 attempt to stop Pavel and Katrina from arming a notorious terrorist. (S2)
11.00 **The Force: North East**
1.00 AM **Brit Cops: Rapid Response** Double bill.
3.00 **SEAL Team** 16/22. Jason disobeys orders and puts Sonny's life on the line. (S1)
4.00 **S.W.A.T.** 12/21. Street puts his life on the line to help his foster brother. (S3)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **Totally Bonkers Guinness World Records** Double bill.
10.00 **Dress to Impress**
1.00 PM **Deal or No Deal**
2.00 **Ant & Dec's Limitless Win**
3.00 **Abbey Clancy: Celebrity Homes** Houses belonging to Lorna Luxe and Jo Wood. **4.00** Homes belonging to Sheree Murphy and Caprice.
5.00 **Dress to Impress**
6.00 **Celebrity Catchphrase** With Kate Garraway, Pete Wicks and Bradley Wiggins.



9.00 Baywatch

7.00 Deal or No Deal Stephen Mulhern hosts as a contestant takes on the Banker for the chance to win life-changing money.

8.00 Ant & Dec's Limitless Win The duo host as married couple Arj and Charlotte return to continue their game.

9.00 FILM Baywatch Action comedy based on the TV series, starring Dwayne Johnson and Zac Efron. A veteran lifeguard teams up with an Olympic swimmer to scupper a criminal scheme. (2017, 15, 121 min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.20 **Family Guy** 13/23. Peter becomes Tom Tucker's agent. **11.55** 6/23. Joe's son returns from Iraq. (S10)
12.25 AM **American Dad!** (S8&7)
1.25 **Bob's Burgers** (S12&13)
2.20 **Totally Bonkers Guinness World Records**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Where the Heart Is**
9.20 **Agatha Christie's Poirot**
10.30 **The Royal** As 1.55am.
11.35 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Agatha Christie's Poirot**
4.55 **Downton Abbey** 5/9. Isobel appeals to Violet's sense of charity. (S4)
6.00 **Heartbeat** *Return Crossing:* A widow becomes embroiled in her late husband's dealings.

8.00 Midsomer Murders

7.00 Heartbeat *Looking for Isabella:* A boy's life hangs in the balance when he falls down a well in some overgrown gardens.

8.00 Midsomer Murders *The Lions of Causton:* Barnaby and Winter investigate when the owner of Causton Lions rugby team is found dead in the club's cryotherapy chamber.

10.00 Grantchester 3/6. A man covered in blood confesses to Sidney and Geordie that he killed his landlord. (S2)
11.00 **Grantchester** 4/6. Sidney and Geordie find themselves at odds. (S2)
11.55 **Cracker** 5/7. (S1)
1.00 AM **Where the Heart Is**
1.55 **The Royal** *Fever:* A typhoid epidemic breaks out.
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **The Great Food Guys** Nick Nairn and Dougie Vipond focus on plant-based food.
8.00 **Inside Central Station** Trainees Kia and Daniel get used to the realities of customer service.
9.00 **Lena Zavaroni: The Forgotten Child Star** The story of the singer who became a celebrity at the age of nine.
10.00 **Still Game** 6/6. Jack and Victor receive an unexpected visitor. (S1)
10.30 **Sacked in the Morning** New edition 6/10. Craig Levein and Amy Irons are joined by former Scotland goalkeeper Alan Rough.
11.00 PM **to 12.00** M'T **Scotland's Game** A look at the decline of the national team.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **High Maintenance**
9.15 **The Conners** (S2)
10.15 **Entourage** (S4)
11.25 **Barry** 6&7/8. (S1)
12.40 PM **Ballers** (S3)
1.55 **Entourage** (S4)
3.05 **High Maintenance**
4.20 **Barry** 6&7/8. (S1)
5.40 **The Office (US)** (S6)
6.40 **The Conners** (S2)
7.40 **Ballers** 5/10. Spencer faces new worries over his expansion dream. **8.20** 6/10. Spencer, Joe and Mr Anderson take a trip to New York. (S3)
9.00 New episode **And Just Like That...** 2/12. Comedy drama with Sarah Jessica Parker. (S3)
10.00 **Rose Matafeo: On and On and On**
11.10 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
12.10 AM **Sex and the City**
1.30 **High Maintenance** (S4)
2.50 **to 5.00** AM **The Comeback**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **FILM Cinderella** Musical. (1965, U) ★★
7.30 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Portrait Artist...**
1.00 PM **Tales of the...**
2.00 **Rudyard Kipling: A Secret Life**
3.00 **The Directors**
4.00 **Discovering**
5.00 **Portrait Artist 2024**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Dolly Parton: Song by Song** Double bill.
9.00 **Opry Live** New edition
10.00 **Johnny Cash: The Man in Black in Britain**
11.00 **27: Gone Too Soon**
12.30 AM **Isle of Wight Festival Highlights 2023**
2.30 **The Great Songwriters**
3.30 **Music Icons**
4.00 **Marina Takes Over TV**
5.00 **to 6.00** AM **National Treasures**

Sky Mix

151 158 135 11 141 23

7.00 AM **Nothing to Declare**
10.00 **UK Border Force**
11.00 **Nothing to Declare**
12.00 NOON **Road Wars**
1.00 PM **Border Patrol**
2.00 **UK Border Force**
3.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S4)
6.00 **Stargate Atlantis** (S5)
7.00 **Star Trek: Voyager** (S7)
8.00 **Star Trek: Deep Space Nine** *Progress:* 15/20. (S1)
9.00 **Forensics: Catching the Killer** A man insists his missing parents have gone on holiday.
10.00 **S.W.A.T.** *1,000 Joules:* 10/23. Dozens of DNA evidence kits are stolen from a crime lab. (S2)
11.00 **Grimm** 11/22. (S3)
12.00 M'T **Nothing to Declare**
2.00 AM **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Be

131/132 125 119 28 119 22

6.00 AM **Unwind**
6.20 **The Only Way Is Essex**
7.40 **Buying the View**
8.10 **Amy Childs: Twin Life**
9.10 **Gary Barlow's Food and Wine Tour: Australia**
10.15 **The Real Housewives of Miami** Double bill.
12.05 PM **Amy Childs: Twin Life** Reality series.
1.05 **The Only Way Is Essex**
2.05 **Dinner Date**
3.10 **Vacation House Rules**
4.05 **The Real Housewives of Miami** Triple bill.
7.00 **Dinner Date** Double bill.
9.00 **Botched** Terry helps a male rapper in need of a breast reduction. **10.00** An impersonator fixes her saggy skin. **10.55** US celeb Tawny Kitaen seeks advice.
11.50 **The TOWIE Years**
12.50 AM **Ferne McCann: First Time Mum**
5.10 **Backyard Builds**
5.30 **to 6.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S2)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 11/13. (S2)
12.00 NOON **Sue Thomas: F.B.Eye** 1/19. (S3)
1.00 PM **Hart to Hart** (S2)
2.00 **Father Dowling Mysteries** 3/22. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 3–6/24. (S3)
9.00 **Randall and Hopkirk (Deceased)** *Could You Recognise the Man Again?* 18/26. (S1)
10.00 **The Avengers** *Escape in Time:* 3/25. A maniacal scientist invents a time machine. (S5)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S3)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Best of the 90s**
6.10 **Minder**
7.10 **The Professionals**
8.15 **Dempsey and Makepeace**
9.20 **Magnum, PI**
10.20 **Kojak**
11.25 **Isle of Man TT**
12.30 PM **Dempsey and Makepeace**
1.35 **Magnum, PI**
2.35 **Kojak**
3.40 **Minder**
4.50 **The Professionals** *The Madness of Mickey Hamilton:* A man attacks hospital staff.

6.00 World Series of Darts

6.00 LIVE World Series of Darts: Nordic Masters Coverage of day one from Forum Copenhagen in Denmark, featuring first-round matches, as eight of the world's top stars battle it out against top Nordic talents. The likes of Luke Littler and Luke Humphries will be aiming to make their mark in Scandinavia after wins for Stephen Bunting and Rob Cross in the first two events in January.

10.00 The Motorbike Show Henry Cole discovers the delights of riding in Cornwall and tells the story of the Paris-Dakar Rally.

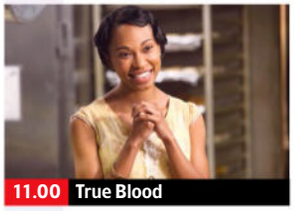
11.00 **Isle of Man TT**
12.00 M'T **Wrestling: AEW Dynamite** Hard-hitting action from the world of All Elite Wrestling.
2.00 AM **Isle of Man TT**
2.55 **Unwind with ITV**
3.00 **Teleshopping**
5.00 **to 5.30** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S2)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 8/26. (S6)
2.00 **Blood & Treasure** 1/13. (S2)
3.00 **Stargate Universe** 19/20. (S2)
4.00 **Star Trek: Voyager** (S5)
5.00 **Star Trek: The Next Generation** 8/26. The crew take up leisure pursuits. (S6)
6.00 **Star Trek: Enterprise** 19/26. Captain Archer faces a death sentence. (S2)



11.00 True Blood

7.00 Blood & Treasure *The Soul of Genghis Khan:* 1/13. Danny and Lexi begin to make plans for the future. (S2)

8.00 Stargate Universe *Blockade:* 19/20. Eli comes up with a risky solution to avoid detection by the drones. (S2)

9.00 Grimm *Good to the Bone:* 18/22. A man is found dead with all of his bones seemingly liquefied and removed. (S5)

10.00 The Walking Dead *Time for After:* 7/16. Negan gathers his lieutenants to solve a huge problem facing the Sanctuary. (S8)

11.00 **True Blood** 7/12. Bill discovers Marnie's plans for the vampires of Bon Temps. **12.00** M'T 8/12. Bill tries to arrange a truce with Marnie, but the vengeful necromancer refuses to compromise. (S4)
1.00 AM **Wynonna Earp** (S2)
3.00 **Blood & Treasure** As 7.00pm.
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S18)
9.00 **Father Brown**
10.00 **The Coroner** 5/10. (S1)
11.00 **Hudson & Rex** 7/16. (S2)
12.00 NOON **Shakespeare & Hathaway: Private Investigators** 4/10. (S2)
1.00 PM **Death in Paradise** (S10)
2.00 **Murdoch Mysteries** (S18)
4.00 **The Coroner** 5/10. (S1)
5.00 **Hudson & Rex** 7/16. (S2)
6.00 **Father Brown** *The Tree of Truth:* A body is identified as a woman who went missing seven years earlier.

9.00 Beyond Paradise

7.00 Shakespeare & Hathaway: Private Investigators 4/10. A psychic TV show is the scene for murder. (S2)

8.00 Death in Paradise *I'll Never Let You Go:* 8/9. A man confesses to murder – but cannot recall what happened. (S10)

9.00 Beyond Paradise 6/6. A museum heist and cyber crime are under investigation as Humphrey and Martha's wedding day arrives. (S2)

10.20 Death in Paradise *Murder in the Polls:* 8/8. A political candidate is killed while casting his vote. (S6)

11.20 **Father Brown** As 6.00pm.
12.20 AM **Shakespeare & Hathaway: Private Investigators** As 7.00pm.
1.20 **FILM The Pastor's Wife** Drama. (2011, PG, 87min) ★★★
3.10 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.10 AM **Last of the Summer Wine**
8.15 **The Green Green Grass**
8.55 **My Hero**
9.35 **Hi-de-Hi!**
10.15 **Only Fools and Horses**
10.55 **Last of the Summer Wine**
12.15 PM **The Green Green Grass**
12.55 **Dad's Army**
2.15 **Only Fools and Horses**
2.55 **Hi-de-Hi!**
3.35 **Last of the Summer Wine**
5.00 **The Green Green Grass**
5.35 **Hi-de-Hi!**
6.20 **Only Fools and Horses**

9.40 Harry Enfield's Television...

7.00 Dad's Army An invasion alert throws Mainwaring's hopeless would-be heroes into a panic.

7.40 The Good Life Tom turns the rotary cultivator into a means of transport. **8.20** Tom and Barbara talk to their plants to see if they will grow quicker.

9.00 Still Open All Hours Granville arranges a double date for himself and Gastric.

9.40 Harry Enfield's Television Programme Comedy sketch show.

10.20 Absolutely Fabulous Edina and Patsy face up to the 'change'.

11.00 **Not Going Out**
11.35 **Mrs Brown's Boys**
12.15 AM **Still Open All Hours**
12.55 **Absolutely Fabulous**
1.35 **Not Going Out**
2.10 **The Two Ronnies**
2.55 **My Hero**
3.25 **to 4.00** AM **Harry Enfield's...**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **James May's Cars of the People** Advances in motoring.
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Cape Carnage: Killer Catch**
12.00 NOON **Storage Hunters UK**
2.00 PM **Guy's Road to Chernobyl**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British** Si King and Dave Myers explore the history of the Vegetarian Society.
6.00 **Rick Stein's Long Weekends** The chef heads to Palermo on the northern coast of Sicily.

10.00 Have I Got a Bit More...

7.00 Would I Lie to You? With guests Kirsty Wark, Bruno Tonioli, Adam Buxton and Rob Beckett.

7.40 Richard Osman's House of Games With Helen George and Cally Beaton. **8.20** With Amol Rajan, Chizzy Akudolu, Miles Jupp and Ellie Taylor.

9.00 QI XL Stephen Fry hosts a festive edition from 2013, with Phill Jupitus, Brendan O'Carroll, Jo Brand and Alan Davies.

10.00 Have I Got a Bit More News for You Alex Horne hosts the satirical quiz, with guests Carol Vorderman and Jack Dee.

11.00 **8 Out of 10 Cats: Best Bits** A compilation of highlights from the comedy panel show.
11.50 **Mock the Week** Unaired material and out-takes.
12.30 AM **Would I Lie to You?**
1.50 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **A New Life in the Sun: Where Are They Now?** In the Dordogne.
10.00 **Chateau DIY**
11.00 **Help! We Bought a Village** From Spain.
12.00 NOON **A Place in the Sun** From Tarragona.
1.00 PM **Kirstie and Phil's Love It or List It: Brilliant Builds**
1.30 **Narrow Escapes**
2.30 **Chateau DIY**
3.30 **Come Dine with Me**
6.00 **Location, Location, Location** Double bill.
8.00 **Britain's Most Expensive Houses** Raj Gill is under pressure to sell an £18 million townhouse near Harrods.
9.00 **24 Hours in A&E**
10.00 **Night Coppers**
11.05 **Celebrity Gogglebox**
1.10 AM **Taskmaster**
2.15 **Danny Dyer: How to Be a Man** Double bill.
4.15 **to 4.45** AM **Kirstie and Phil's Love It or List It: Brilliant Builds**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Murder, She Wrote**
12.00 NOON **Law & Order**
6.00 PM **NCIS: Hawaii** *Legacy:* 8/22. The team investigate when an anti-capitalist protestor is murdered. **7.00** *Impostor:* 9/22. The team investigate a cold case involving World War Two-era bones. **8.00** *Lost:* 10/22. NCIS cross paths with Whistler's team. (S1)
9.00 **Person of Interest** *Blue Code:* 15/23. Reese infiltrates a smuggling ring to discover how an air ambulance pilot became involved in serious criminal activity. **10.00** *Risk:* 16/23. The Machine directs Reese toward a young financial trader. (S1)
11.00 **Law & Order: Special Victims Unit** (S24)
2.50 AM **The Good Wife**
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Car Pound Cops**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Call the Bailiffs: Time to Pay Up**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** Barnsley Casualty has an IT issue.
9.00 **FILM Fast & Furious Presents Hobbs & Shaw** Action adventure spin-off starring Dwayne Johnson, Jason Statham and Idris Elba. (2019, 12, 137min) ★★★
11.45 **FILM Rush Hour 3** Action comedy sequel starring Jackie Chan and Chris Tucker. (2007, 12, 91min) ★★
1.35 AM **Skin A&E**
3.15 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.05 **Traffic Cops**
10.05 **Police Interceptors**
11.05 **FILM Death Rides a Horse** Spaghetti Western starring John Phillip Law. (1969, 15, 111 min) ★
1.40 PM **FILM Two Mules for Sister Sara** Western starring Clint Eastwood. (1969, 15, 114min) ★★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
7.00 **LIVE Boxing: Josh Kelly v Flavius Biea** Coverage of the undercard from Newcastle Arena.
9.00 **Police Code Zero: Officer Under Attack**
10.00 **The Motorway**
11.00 **Yellowstone** 5/10. (S4)
12.05 AM **FILM 6 Bullets** Thriller starring Jean-Claude Van Damme. (2012, 15, 109min) ★★
2.25 **Trucking Hell**
3.20 **Motorway Patrol**
3.45 **to 4.00** AM **Trucking Hell**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.25 **Simply Nigella**
8.00 **Tipping Point**
11.00 **Nick Knowles' Big House Clearout**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **DIY SOS: The Big Build**
7.00 **999 Rescue Squad** A suspected acid attack on the streets of Bradford leads to a busy shift for the crew.
8.00 **Inside the Ambulance: Coast and Country** Paramedics attend a father and son whose car has been hit by a falling tree on a dark and stormy night.
9.00 **999 Rescue Squad** Double bill of editions.
11.00 **Coupling** 1-3/6. (S1)
1.00 AM **Louis Theroux: Dark States – Heroin Town**
1.50 **to 3.00** AM **The Weakest Link**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.00 AM **Birds of a Feather**
7.30 **Pie in the Sky**
8.25 **Doctors**
9.35 **Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Pie in the Sky**
3.00 **Hamish Macbeth**
4.10 **Lovejoy**
5.25 **Keeping Up Appearances**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Father Brown**
10.00 **New Tricks** *Father's Pride:* A camera and film belonging to a man murdered in 1987 are discovered by chance in a Soho pub toilet.
11.20 **Bergerac**
12.20 AM **Sister Boniface Mysteries** 4/10. (S3)
1.20 **Rebus** *The Black Book.*
2.45 **Birds of a Feather**
3.15 **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

FRIDAY Entertainment

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** In Barcelona.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Money for Nothing**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Antiques Road Trip**
5.00 **Celebrity Yorkshire Auction House**
7.00 **Celebrity Antiques Road Trip** John Partridge and Anita Harris visit the antique shops of Lancashire and Yorkshire. **8.00** Russell Kane and AJ Odudu embark on the challenge.
9.00 **Yorkshire Air 999** New edition The Yorkshire Air Ambulance races to save lives.
10.00 **Ambulance**
11.00 **Helicopter ER**
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

145 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **Bob's Full House**
10.40 **Richard Osman's House of Games**
12.00 NOON **Classic Who Wants to Be a Millionaire?** Quiz show.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill of the darts-based quiz.
4.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
5.00 **The Bidding Room**
6.00 **Bob's Full House**
6.40 **Richard Osman's House of Games**
8.00 **The Chase** Double bill of the quiz show.
10.00 **Tenable** A team from Merseyside take part.
11.00 **Bullseye** Double bill.
12.00 M'T **Weakest Link**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

GREAT! action

323 319 426 42 33

8.10 AM **Wild West Chronicles** Double bill.
9.10 **FILM Face of a Fugitive** Western. (1958, U) ★★
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM Jack Mccall, Desperado** Western. (1953, U, 76min) ★★
2.45 **FILM Alvarez Kelly** Western. (1966, PG) ★★
5.10 **FILM Lone Rider** Western. (2008, PG) ★★
7.00 **The High Chaparral**
8.00 **FILM Distant Drums** Western adventure. (1951, U, 99min) ★★
10.15 **FILM The Hunter's Prayer** Action thriller. (2017, 15, 91min) ★★
12.10 AM **FILM 6 Below: Miracle on the Mountain** Biopic. (2016, 12) ★★★
2.15 **FILM Apocalypse of Ice** Thriller. (2020, PG) ★★
4.00 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.00 AM **Heathrow: Britain's Busiest Airport**
10.00 **FILM The Daughter Stalker** Thriller. (2020, PG, 86min) ★★
12.00 NOON **Paddington Station 24/7**
1.00 PM **FILM Fatal Defense** Thriller. (2017, 12) ★★
3.00 **FILM The Stranger Inside** Suspense thriller. (2016, 12, 84min) ★★
5.00 **FILM Lost Letter Mysteries: One in a Million** Crime drama. (2016, PG, 84min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM Fatal Attraction** Thriller starring Michael Douglas. (1987, 18, 120min) ★★★★
11.30 **FILM French Connection II** Thriller sequel. (1975, 18, 119min) ★★★★
2.00 AM **Coast Guard Alaska**
4.00 **to 6.00** AM **FILM Eyewitness** Thriller. (2017, PG, 90min) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM **FILM A Date by Christmas Eve** Comedy. (2019, PG, 93min) ★★
10.05 **FILM Christmas in Evergreen** (2017) ★★
12.00 NOON **FILM Christmas with a Crown** Drama. (2020, PG, 89min) ★★
2.00 PM **FILM Christmas on Honeysuckle Lane** Drama. (2018, PG) ★★
4.00 **FILM Christmas in Homestead** (2016) ★★
5.55 **FILM Welcome to Christmas** Drama. (2018, PG, 91min) ★★
8.00 **FILM Christmas in Evergreen: Letters to Santa** (2018, PG) ★★
9.55 **FILM A Christmas Village** (2018, U) ★★
11.50 **FILM A Gift to Remember** (2017) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Christmas on Honeysuckle Lane** Drama. (2018, PG) ★★

+1 hour 320 317 63

Rewind TV

182 92 150

6.00 AM **Highlights**
10.30 **Watching** 2/9. (S4)
11.00 **Doctor in the House**
11.30 **The Monkees** (S1)
12.00 NOON **Married...**
12.30 PM **In Loving Memory**
1.00 **Please Sir!** 7/14. (S3)
1.30 **You're Only Young Twice**
2.00 **Brass** 11/13. (S1)
2.30 **Haggard** 3/7. (S1)
3.00 **Mapp and Lucia** (S2)
4.00 **Stereo Underground**
5.00 **Worzel Gummidge**
5.30 **The Monkees** (S1)
6.00 **Watching** 3/9. (S4)
6.30 **Carry On Laughing**
7.00 **Brass** 11/13. (S1)
7.30 **Haggard** 3/7. (S1)
8.00 **In Loving Memory** (S2)
8.30 **You're Only Young Twice**
9.00 **Please Sir!** (S3)
9.30 **Soap** 8/25. (S1)
10.00 **Carry On Laughing**
10.30 **Married... with Children**
11.00 **Doctor in the House**
11.30 **Mitch** 7/10. (S1)
12.30 AM **Mapp and Lucia**
1.30 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** The fishermen continue to hunt in the Bering Sea. **8.00** Jake's dark secret triggers a fist-fight that throws Edgar's new captaincy into jeopardy.
9.00 **Junkyard Empire** The junkyard is shorthanded and messy, and Bobby wants Andy to tidy it. **10.00** The yard hosts its annual car show.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid XL** Documentary.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Secrets of the Curry Kitchen**
6.30 **Nadiya's Simple Spices**
7.00 **Barefoot Contessa**
8.00 **Delicious Miss Brown**
8.30 **Girl Meets Farm**
9.00 **Rick's Food Heroes**
10.00 **Korean Food Tour**
11.00 **Great British Bake Off**
1.00 PM **Secrets of the Curry Kitchen**
1.30 **Nadiya's Simple Spices**
2.00 **Favourite Feasts**
3.00 **Barefoot Contessa**
4.00 **Delicious Miss Brown**
4.30 **Girl Meets Farm**
5.00 **Rick's Food Heroes**
6.00 **Korean Food Tour**
7.00 **Great British Bake Off**
9.00 **Simple Comforts**
10.00 **Paul Hollywood: City Bakes** Double bill.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Restaurant: Impossible**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 26/26. (S5)
9.00 **Six Million Dollar Man**
10.00 **Knight Rider** 12/24. (S2)
11.00 **FILM Arctic Apocalypse** Action disaster movie. (2019, PG, 90min) ★
1.00 PM **FILM The Pledge** Western. (2008, PG, 79min) ★★★
3.00 **FILM Taggart** Western. (1965, b/w, PG) ★★
5.00 **Star Trek** 24/30. (S1)
6.00 **Knight Rider** 13/24. (S2)
7.00 **The Twilight Zone** (S3)
8.00 **Walker, Texas Ranger**
9.00 **FILM Behind Enemy Lines** War drama starring Owen Wilson. (2001, 12, 106min) ★★★
11.05 **FILM Backdraft** Action drama. (1991, 15, 131min) ★★★
1.45 AM **FILM Night Drive** Thriller with AJ Bowen. (2019, 18, 82min) ★★
3.20 **to 5.00** AM **FILM The Sorcerers** Horror. (1967, 15, 85min) ★★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **10.5 Apocalypse**
8.00 **FILM Independents' Day** Sci-fi adventure with Jacquelin Arroyo. (2016, 15, 91min) ★★
10.00 **The Lost World** (S1)
11.00 **10.5 Apocalypse**
1.00 PM **FILM Triassic Hunt** Adventure with Michael Pare and Linnea Quigley. (2021, 15, 86min) ★★
3.00 **The Lost World** (S1)
4.00 **The A-Team** 17/23. (S2)
5.00 **10.5 Apocalypse**
7.00 **The Lost World** (S1)
8.00 **The A-Team** 18/23. (S2)
9.00 **FILM Memoirs of an Invisible Man** Comedy thriller starring Chevy Chase and Daryl Hannah. (1992, PG, 99min) ★★
11.00 **FILM Commandos** World War Two adventure starring Lee Van Cleef. (1968, 18, 112min) ★★
1.00 **to 3.00** AM **FILM Memoirs of an Invisible Man** As 9.00pm.

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Canadian Pickers**
7.30 **Auction Hunters**
7.55 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **UFO Files**
11.10 **Curse of Skinwalker Ranch** Double bill.
12.10 PM **What on Earth?**
1.05 **Pawn Stars**
2.05 **Canadian Pickers** New edition
3.05 **Storage Wars**
4.00 **Ancient Aliens**
6.00 **Alien Files: Unsealed**
7.00 **Canadian Pickers**
8.00 **Dickinson's Real Deal**
9.00 **Bermuda Triangle: Into Cursed Waters**
10.00 **Weird Britain**
11.00 **The UnXplained**
12.00 M'T **My Paranormal Nightmare**
1.00 AM **UFO Files**
2.00 **Ancient Aliens**
3.45 **Wicked Tuna**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Documentary.
10.00 **Yorkshire Great and Small with Dan and Helen** Yorkshire Wolds.
11.00 **Ben Fogle: New Lives in the Wild** Canada.
12.00 NOON **The Highland Vet**
1.00 PM **The Yorkshire Vet**
2.00 **Murder, She Wrote**
4.00 **Columbo**
6.00 **Inside the Tower of London** Documentary.
7.00 **Susan Calman's Grand Day Out** The comedian explores the Irish coast.
8.00 **Ben Fogle: New Lives in the Wild** Ben journeys to Ireland's Atlantic coastline.
9.00 **Dalgliesh** 3&4/6. (S1)
11.00 **Prisoner: Cell Block H**
1.00 AM **Happy Campers: The Caravan Park**
3.00 **Yorkshire Great and Small with Dan and Helen** Yorkshire Wolds.
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **Love Your Garden**
3.00 **Beach Hunters** New editions Double bill.
4.00 **Escape to the Country**
6.00 **Great British Bake Off**
7.00 **A Place in the Sun**
8.00 **Love Your Garden**
9.00 **My Lottery Dream Home** A couple look for a home with a big garden. **9.30** Finding a family home in Lubbock, Texas. **10.00** A lottery winner looks to buy in Florida. **10.30** Ohio lottery winners look for a home.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Extreme Couponing**
8.00 **Flip or Flop**
9.00 **Say Yes to the Dress**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper** Terry's nose growth has prevented him from meeting his grandchildren.
7.00 **Dr Mercy** A woman whose life is impacted by her excessive sweating.
8.00 **My 600lb Life** Following the lives of people, each weighing over 600lbs. **10.00** Joyce must revisit an unhappy past.
12.00 M'T **Body Bizarre**
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **to 6.00** AM **My 600lb Life**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
11.00 **Comedy Game Night**
12.00 NOON **The Ren & Stimpy Show** (S4&5)
1.00 PM **Friends** (S1)
8.30 **Friends** 24/24. Ross's feelings are revealed. (S1)
9.00 **Michael McIntyre's Big Show** With Liam Payne.
10.00 **Whose Line Is It Anyway? USA** New edition
10.30 **Whose Line Is It Anyway? USA**
11.00 **Key & Peele** New edition Two friends get into a beef at a club.
11.30 **Russell Howard: Live at the London Palladium**
12.50 AM **South Park** (S5)
2.50 **Beavis and Butt-Head**
3.10 **Reno 911!** 7/11. (S8)
3.30 **Key & Peele**
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show**
10.00 **Becker** 3&4/24. (S3)
11.00 **Friends** (S10)
1.00 PM **Criminally Funny**
2.30 **The Ren & Stimpy Show**
3.00 **Daria** 11&12/13. (S1)
4.00 **Guessable?**
5.00 **Becker** 3&4/24. (S3)
6.00 **Home Improvement**
8.00 **Last Man Standing**
9.00 **New Girl** 5/22. Nick ponders his future. **9.30** 6/22. The gang sub-let Jess's room. (S5)
10.00 **Friends** 13-16/18. (S10)
12.00 M'T **Al Murray: Beautiful British Tour – Live at the O2**
2.20 AM **David Baddiel: Too Much Information**
3.20 **Iain Stirling: Comedy Central Live** Stand-up.
3.45 **Becker** 3&4/24. (S3)
4.30 **Frank Skinner Live from the Birmingham NIA**
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Nothing to Declare**
11.00 **Highway Cops**
12.00 NOON **Warehouse 13**
2.00 PM **Motorway Patrol**
3.00 **Stop, Search, Seize**
4.00 **Highway Cops**
5.00 **Border Patrol**
6.00 **The Cleaning Lady** *The Ask:* 9/12. Thony asks Kamdar for help. **7.00** *Trust:* 10/12. Arman and Nadia plan a dangerous scheme. (S2)
8.00 **Stop, Search, Seize**
9.00 **Brit Cops: War on Crime**
11.00 **Chucky** *Little Little Lies:* 5/8. Enemies and allies from Chucky's past suddenly appear. (S1)
12.00 M'T **The Russell Howard Hour**
2.00 AM **Duck Quacks Don't Echo** With Warwick Davis.
3.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.25 **Teen Mom 2**
11.00 **Catfish: The TV Show**
1.00 PM **Catfish: The TV Show** Five editions.
6.00 **Catfish: Worst Offenders** Reality show.
7.00 **Teen Mom UK**
8.00 **Help! I'm in a Secret Relationship!**
9.00 **Skin A&E**
10.00 **Queerpiphany** *Drag Race* star Bianca Del Rio explains the inspiration of Jim Bailey. **10.30** *Heartstopper* star Bel Priestly shares how Rihanna gave her the confidence to access her femininity.
11.00 **MTV Unplugged: Alicia Keys**
12.00 M'T **MTV Unplugged: Alanis Morissette**
1.00 AM **True Life Crime**
2.00 **Ink Master**
2.45 **Celebrity Ex on the Beach** Reality series.
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaska: The Last Frontier**
9.00 **Barnwood Builders**
11.00 **Wheeler Dealers**
1.00 PM **Deadliest Catch**
3.00 **Gold Rush** Double bill.
5.00 **Building off the Grid** The Lighthiser family battle the elements to construct an uber-efficient house.
6.00 **Border Control: Spain** Agents uncover tobacco being smuggled at the Port of Tarifa. **6.30** The Civil Guard try to locate an illegal substance.

9.00 Expedition X

7.00 **Wheeler Dealers** Mike Brewer and Marc 'Elvis' Priestley take on a Fiat Coupe 20 Valve Turbo, aka a 'baby Ferrari'.

8.00 **Gold Rush: White Water** Dustin must make an impossible call between carrying on and abandoning the site.

9.00 **Expedition X** New edition Heather and Phil explore hostile forces lurking in Tennessee's Brushy Mountain Penitentiary.

10.00 **Blowing Up History** The ancient necropolis of Abusir contains strange megastructures unlike any in Egypt.

11.00 **Border Control: Spain** The team raid a coconut shipment. **11.30** Stowaways in Melilla.
12.00 M'T **Expedition Bigfoot**
1.00 AM **Expedition X** As 9.00pm.
2.00 **Blowing Up History**
3.00 **Street Outlaws**
4.00 **to 5.00** AM **Blowing Up History**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked** An aquarium.
9.00 **Pit Bulls & Parolees**
10.00 **My Cat from Hell**
11.00 **Animal Cops Philadelphia**
12.00 NOON **Tanked**
1.00 PM **Pit Bulls & Parolees**
2.00 **The Zoo** Double bill.
4.00 **Insane Pools: Off the Deep End** An outdated pool.
5.00 **Animal Cops Philadelphia** Rachel Lee is determined to save an injured dog.
6.00 **Tanked** Wayde King and Brett Raymer compete to build extreme backyard ponds.

9.00 Legends of the Wild

7.00 **Pit Bulls & Parolees** Newlyweds from New Jersey seek a new family member, while Sui faces a tough decision.

8.00 **Legends of the Wild** Investigating the mysterious deaths of crocodiles in Australia's Northern Territory.

9.00 **Legends of the Wild** In the jungles of Luzon Province, locals believe a vampire-like evil spirit is picking off villagers.

10.00 **Alaska Monsters** The team investigate reports of a supposedly massive wolf, and Todd constructs a giant jail cell.

11.00 **Meet the Orangutans**
12.00 M'T **Meet the Penguins**
1.00 AM **Alaska: Surviving the Last Frontier** The groups leave their cabins to head for home.
2.00 **Insane Pools: Off the Deep End** As shown at 4.00pm.
3.00 **Animal Cops Philadelphia**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Inside Sydney Airport**
9.00 **Air Crash Investigation**
12.00 NOON **Ancient China from Above** Satellite footage.
1.00 PM **Lost Tombs of the Pyramids** Documentary.
2.00 **Apocalypse: The Rise of Hitler** Double bill of editions.
4.00 **D-Day Revealed: Drain the Oceans** Sonar technology is used to explore the wreckage of ships sunk on D-Day.
5.00 **Car S.O.S** A Suzuki Jimny.
6.00 **Extreme China** Exploring Ningxia by paraglider.

7.00 Air Crash Investigation

7.00 **Air Crash Investigation** A reconstruction of TAM Airlines Flight 3054 crash at Sao Paulo's Congonhas airport in 2007.

8.00 **Air Crash Investigation** Focusing on the plane that targeted the Pentagon during the terrorist attack on September 11 2001.

9.00 **Airport Security: Rome** At Italy's busiest airport, police seize cocaine soaked in pyjamas and hidden in a stuffed animal.

10.00 **Amsterdam Central 24/7** The explosion of a railway bridge heralds a new phase of reconstruction.

11.00 **Air Crash Investigation**
12.00 M'T **Situation Critical**
1.00 AM **To Catch a Smuggler: Tropical Takedown**
2.00 **Lords of War**
2.30 **Abandoned** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Pawn Stars**
6.50 **Swamp People**
7.45 **American Pickers**
8.45 **Forged in Fire**
9.35 **Storage Wars** Four editions.
11.30 **Deep Water Salvage**
12.30 PM **Apocalypse D-Day**
3.00 **D-Day: 100 Days to Beat the Third Reich** Double bill.
5.00 **Pawn Stars** Chum takes a bite out of some Buffy the Vampire Slayer figurines.
6.00 **American Pickers** A mind-blowing Alabama collection includes a century of salvage.

10.00 Ancient Aliens

7.00 **Forged in Fire** Two bladesmiths are tasked to re-create an ancient, mysterious weapon called wind and fire wheels.

8.00 **Memories of D-Day** Exploring the images and recollections of veteran photographers.

9.00 **8 Days That Made Rome** Bettany Hughes recalls the slave revolt instigated by Thracian gladiator Spartacus.

10.00 **Ancient Aliens** New edition How across the globe, reports of mysterious glowing orbs are on the rise.

11.00 **Myths & Monsters** The countless tales about the wilderness and the fearsome monsters within it.
12.00 M'T **Evidence of the Unexplained** Sightings of unexplained phenomena.
1.00 AM **Pawn Stars** As 5.00pm.
2.00 **Royal Autopsy**
3.00 **Forged in Fire** As 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Rise of the Nazis: The Downfall** Documentary.
11.00 **War Factories**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **Rise of the Nazis: The Downfall** Documentary.
5.00 **War Factories** How the Lancaster factory helped to create a war-winning weapon.
6.00 **Antiques Roadshow** From Bletchley Park, Milton Keynes.

6.00 Antiques Roadshow

7.00 **Bangers & Cash** Dave heads to Wales to bag a Sierra Cosworth – a sought-after car in the bidding market.

8.00 **Warbird Workshop** A team of engineers fight to return a veteran Westland Wessex helicopter to the skies.

9.00 **Porridge** The inmates face a day of hard labour digging drains on a lonely stretch of moorland. **9.40** Fletch desperately wants to get out of the task of making fishing nets. **10.20** Fletcher takes on the role of agony aunt for his fellow inmates.

11.00 **Bangers & Cash** Paul picks up a 1936 Singer Le Mans sports car and a pristine 1957, one-owner Lambretta LD 150.
12.00 M'T **Retro Electro Workshop** Shamil picks up an iconic Weltron Space Helmet Radio.
1.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Chasing Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop**
8.00 **Shed and Buried**
9.00 **The Repair Shop** A treasured table from the late 1970s requires the attention of woodworker Will. **10.00** Cobbler Dean is challenged with mending a pair of clown shoes, while woodworker Will fixes an unstable table.
11.00 **How Do They Do It?**
1.00 AM **Chasing Classic Cars**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress: Bridesmaids**
7.00 **Say Yes to the Dress: Atlanta** Double bill.
8.00 **Say Yes to the Dress**
10.00 **Say Yes...UK**
11.00 **Curvy Brides Boutique**
12.00 NOON **Married to Evil**
1.00 PM **American Detective with Lt Joe Kenda**
2.00 **Murder on CCTV**
3.00 **The Killer in My Family**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **The Playboy Murders** New edition True-crime.
10.00 **The Playboy Murders**
11.00 **Murder on CCTV**
12.00 M'T **Jussie Smollett: A Faking It Special**
1.00 AM **Faking It: Tears of a Crime** Ian Huntley.
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **A Secret to Die For** Big business and high rolling lifestyles turn deadly in a twisted tale.
8.00 **Murder She Solved** A severed arm and two fires are investigated in Calgary, Canada.
9.00 **Britain's Most Evil Killers** The crimes of Steve Wright, who killed five women over a six-week period in 2006.
10.00 **Secrets of a Psychopath** The investigation eventually identifies the manipulative killer.
11.00 **Murder by the Sea** A Bournemouth hotelier kills his wife in 1982.
1.00 AM **Britain's Most Evil Killers** As 9.00pm.
2.00 **Secrets of a Psychopath**
3.00 **Murder She Solved**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Secrets of a Murder Detective**
11.00 **Medical Detectives**
2.00 PM **Secrets of a Murder Detective**
4.00 **Medical Detectives** Police investigate the murder of a gym teacher. **4.30** A young Colorado mother vanishes on Thanksgiving Day. **5.00** Police investigate when a depressed heart surgeon's apparently commits suicide. **5.30** An 18-year-old disappears on her way to a family ski trip. **6.00** CCTV footage of a murder proves too fuzzy to be of any use. **6.30** The clerk of an Atlanta-area smoke shop is shot during a robbery.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **Road Wars**
8.00 **Stop, Search, Seize**
9.00 **Highway Patrol**
10.00 **Send in the Dogs**
11.00 **Killer in My Village**
12.00 NOON **How I Caught...**
1.00 PM **Ireland's Most Evil Killers** Catherine Nevin.
2.00 **Killing Mum and Dad**
3.00 **Forensics: Catching...**
4.00 **World's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **How I Caught the Killer**
7.00 **Forensics: Catching the Killer** True-crime.
8.00 **World's Most Evil Killers**
9.00 **Killer Siblings**
10.00 **The Girl Scout Murders**
12.00 M'T **World's Most Evil...**
1.00 AM **Killer in My Village**
2.00 **Murder Uncut**
3.00 **Love You to Death**
4.00 **Brit Cops: Frontline Crime UK** Documentary.
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Lost World of Angkor Wat**
9.20 **1066: A Year to Conquer England**
10.40 **Vichy and the Nazis: A Deal with the Devil**
12.00 NOON **Countdown to War** Documentary.
1.00 PM **Lost World of Angkor Wat**
2.20 **1066: A Year to Conquer England**
3.40 **Vichy and the Nazis: A Deal with the Devil**
5.00 **Countdown to War**
6.00 **Lost World of Angkor Wat** The true power of the Khmer military.
7.10 **1066: A Year to Conquer England**
8.30 **Vichy and the Nazis: A Deal with the Devil**
9.45 **Countdown to War**
10.45 **1066: A Year to Conquer England**
12.00 M'T **Vichy and the Nazis: A Deal with the Devil**
1.20 **to 2.00** AM **Grand Tours of the Scottish Islands**

FRIDAY

Friday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The 2010s**
8.00 **The Directors**
9.00 **Branson** 4/4. Documentary.
10.45 **My Icon: Ebony Rainford-Brent**
11.00 **Urban Secrets**
12.00 NOON **Be Water**
2.00 PM **Wig** The history of the Wigstock drag festival.
3.45 **My Icon: John Amaechi**
4.00 **The Directors**
5.00 **Discovering: Peter O'Toole**
6.00 **Branson** 4/4. Documentary.
7.45 **My Icon: Ryan Atkin**
8.00 **100 Foot Wave** 1/5. Surfer Garrett McNamara grapples with his health.
9.00 **Tony Hawk: Until the Wheels Fall Off** A definitive look at the skateboarder's life and career.
11.30 **I Am Heath Ledger** The life and work of the Australian actor, who died in 2008.
1.20 AM **Pete Doherty: Stranger in My Own Skin** Documentary about the life of the musician and Libertines co-frontman.
3.15 **King of the Apocalypse**
5.00 **to 6.00** AM **Discovering: Peter O'Toole**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Baby Animals**
7.00 **Monkey Life**
8.00 **Hope for Wildlife**
9.00 **Undiscovered Vistas**
10.00 **Secrets of Wild Australia**
11.00 **Macaque Island**
12.00 NOON **Dawn to Dusk**
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Undiscovered Vistas**
4.00 **Secrets of Wild Australia**
5.00 **Brazil Untamed**
6.00 **Dawn to Dusk**
7.00 **Monkey Life** Double bill.
8.00 **Wildlife Rescue New Zealand**
9.00 **Survival of the Beast** Exploring the survival skills of Earth's animals.
10.00 **Dawn to Dusk** A female Bengal tiger trains her cubs to hunt.
11.00 **Brazil Untamed**
12.00 M'T **Macaque Island**
1.00 AM **Into the Wild: India**
2.00 **Wildlife Rescue New Zealand**
3.00 **Survival of the Beast**
4.00 **Hope for Wildlife**
5.00 **to 6.00** AM **Undiscovered Vistas**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Digging Up Britain's Past**
9.00 **UFO Files**
10.00 **National Park Mysteries**
11.00 **Ancient Aliens**
1.00 PM **Digging Up Britain's Past**
2.00 **UFO Files**
3.00 **Empire Builders**
4.00 **Blown Away**
5.00 **Britain's Most Historic Towns**
6.00 **Lost Gold of the Aztecs**
7.00 **Britain's Secret Islands**
8.00 **Ghost Ships** Searching the seabeds off Nova Scotia for wreckage from the SS *Atlantic*.
9.00 **Ross Kemp: Mafia and Britain** Britain's surprising and deep-rooted links with the Mafia.
10.00 **Battle 360** Documentary highlighting what life was like during World War Two.
11.00 **Secret Wars Uncovered**
12.00 M'T **Ancient Aliens**
2.00 AM **Roswell 75: The Final Evidence** Documentary.
3.00 **Empire Builders**
4.00 **Blown Away**
5.00 **to 6.00** AM **Britain's Most Historic Towns**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **Murdertown**
10.00 **A Perfect Scam**
11.00 **Imperfect Murder**
12.00 NOON **Murder By Medic**
1.00 PM **Criminal Confessions**
2.00 **Killer Britain with Dermot Murnaghan** Investigating serial killer Levi Bellfield.
3.00 **Murdertown**
4.00 **A Perfect Scam**
5.00 **Accident, Suicide or Murder?**
6.00 **The First 48**
7.00 **Cold Case Files**
8.00 **Killer in Plain Sight**
9.00 **Fugitives Caught on Tape** New editions Double bill.
10.00 **Undercover: Caught On Tape**
11.00 **Fugitive Hunters: Mexico**
12.00 M'T **Murder By Medic**
1.00 AM **Fugitives Caught on Tape**
2.00 **Interrogation Cam**
3.00 **Criminal Confessions**
4.00 **Murdertown**
5.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo: Tampa**
9.00 **Monster Fish**
10.00 **When Sharks Attack 360**
11.00 **Fish Tank Kings**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Day of the Dragon**
3.00 **Crocodile King**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo: North Carolina** Puffin parents wait for their eggs to hatch.
8.00 **Zebras of the Serengeti** A zebra must travel 300 miles across East Africa, giving birth along the way.
9.00 **Gorongosa: Paradise Reborn** The story of the greatest wildlife restoration effort in history.
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Africa's Deadliest**
1.00 AM **Monster Fish**
2.00 **The Incredible Dr Pol**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Day After D-Day**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Aliens in Alaska**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Day After D-Day** Survivors of the Normandy invasion recall their experiences.
9.00 **Combat Dealers**
10.00 **Storms of War**
10.30 **Al Murray's Road to Berlin**
11.00 **The 1980s: The Deadliest Decade** The murder of violinist Helen Mintiks, whose body was discovered in an airshaft at the Metropolitan Opera House in July 1980.
12.00 M'T **Forensic Detectives**
1.00 AM **Blowing Up History**
2.00 **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.05 AM **Gardeners' World**
11.00 **Pointless**
1.00 PM **Later... with Jools Holland**
2.40 **Pointless**
3.40 **Gardeners' World**
5.40 **Pointless**
7.40 **Later... with Jools Holland** Featuring Sonic Youth, Suzanne Rhatigan, Shabba Ranks and Apache Indian. **8.15** With Morrissey, Matthew Sweet, Tori Amos, Loyko and Sonny Landreth.
9.15 **Gardeners' World** Double bill. Monty Don and his team of horticultural experts offer viewers at home more gardening tips, from their base in Monty's garden Longmeadow, in Herefordshire.
11.10 **Pointless** Double bill of the quiz show hosted by Alexander Armstrong and Richard Osman.
1.10 AM **Later... with Jools Holland**
2.50 **Gardeners' World**
4.25 **Pointless**
5.10 **to 6.00** AM **Later... with Jools Holland**

+1 hour 266 376

ID

154 141 166

8.00 AM **Bride Killa**
9.00 **Broken Trust**
11.00 **Dead Reckoning**
1.00 PM **Evil Lives Here: Shadows of Death**
3.00 **Mean Girl Murders**
5.00 **Forbidden: Dying for Love**
7.00 **Murder in the Heartland** When Alyce Seff's body was found in a wishing well, detectives were shocked to find that the elderly landlady had as many enemies as she had friends. **8.00** The case of Michael Lee Smith, whose body was found shot and dumped on the side of the road. Police were forced to sift through lies in their attempt to track down the killer.
9.00 **Murder Under the Friday Night Lights** Two high-school football coaches vanish in 1976.
10.00 **Seduced to Slay**
11.00 **Who the (Bleep) Did I Marry?**
12.00 M'T **Obsession: Dark Desires**
2.00 AM **Forbidden: Dying for Love**
4.00 **to 6.00** AM **Murder in the Heartland**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **World's Biggest Shipbuilders**
9.00 **World's Greatest Motorcycle...**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Shed and Buried: Classic Cars** Henry and Fuzz head up to Yorkshire, hoping to revisit 'the one that got away'.
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **World's Greatest Motorcycle...**
4.00 **Holden Bros. Restos**
5.00 **Richard Hammond's Workshop**
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Holden Bros. Restos**
9.00 **Car Fix** New editions
10.00 **World's Greatest Motorcycle Rides** A world record attempt.
11.00 **Shed and Buried: Classic Cars**
12.00 M'T **Holden Bros. Restos**
1.00 AM **Shed and Buried: Classic...**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Trans Am**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.00 AM **Rebellious** As 5.20am.
8.40 **The Cinema List: Thriller**
8.55 **Mob Cops** Crime drama. (2024, 15, 87min) ★
10.35 **Old Guy** As 10.00pm.
12.15 PM **PREMIERE Venom: The Last Dance** As 8.00pm.
2.15 **A Nice Indian Boy** (2024)
4.00 **A Different Man** Thriller. (2024, 15, 112min) ★★★★
6.00 **Beetlejuice Beetlejuice** Horror comedy sequel. (2024, 12, 105min) ★★★★

8.00 Venom: The Last Dance

8.00 PREMIERE Venom: The Last Dance Fantasy starring Tom Hardy. Eddie Brock and partner-in-crime Venom face dangers from two worlds as the end of their symbiotic relationship grows near. (2024, 15, 110min) ★★★
See review, page 24.
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Old Guy Action comedy starring Christoph Waltz. An ageing hitman must train a prodigy when his employer moves to replace the old guard. With Lucy Liu and Cooper Hoffman. (2024, 15, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **A Nice Indian Boy** Romantic comedy. (2024, 12, 96min)
1.30 AM **The Front Room** Horror thriller. (2024, 15, 94min)
3.15 **Escape from the 21st Century** Chinese adventure. Subtitled. (2024, 15, 94min)
5.20 **to 7.00** AM **Rebellious** Animation. (2024, PG, 94min)

Sky Cinema Blockbusters

303 303 403 503 517

6.10 AM **A.I. Artificial Intelligence**
8.40 **IF** As shown at 3.00am.
10.30 **The Wild Robot** Animation. (2024, U, 102min) ★★★★
12.15 PM **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
2.00 **Ghostbusters: Frozen Empire** Supernatural comedy sequel. (2023, 12, 115min) ★★★
4.00 **The BFG** Fantasy adventure. (2016, PG, 117min) ★★★★
6.00 **Bad Boys: Ride or Die** Action comedy. (2024, 15) ★★★

10.10 Inception

8.00 Indiana Jones and the Last Crusade Steven Spielberg's action adventure starring Harrison Ford and Sean Connery. Indiana Jones and his father tangle with Nazis searching for the Holy Grail. (1989, PG, 127min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 Inception Christopher Nolan's sci-fi thriller starring Leonardo DiCaprio. A corporate spy assembles a team to infiltrate the dreams of a billionaire. (2010, 12, 148min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Fast & Furious 5** Action thriller sequel. (2011, 12, 130min) ★★★
3.00 **IF** Fantasy adventure. (2024, U, 104min) ★★★
4.55 **to 7.30** AM **A.I. Artificial Intelligence** Sci-fi fantasy. (2001, 12, 145min) ★★★★

Sky Cinema Drama

310 310 410 510 524

6.45 AM **Anatomy of a Murder**
9.30 **What If** Romantic drama. (2013, 15, 98min) ★★★★
11.15 **Burlesque** Musical romantic drama. (2010, 12, 119min) ★★★
1.25 PM **Chicago** Screen version of the hit Broadway musical. (2002, 12, 112min) ★★★★
3.25 **Meet Joe Black** Supernatural romantic drama starring Brad Pitt. (1998, 12, 181min) ★★★★
6.25 **Through a Glass Darkly** Swedish director Ingmar Bergman's drama. Subtitled. (1959, b/w, 15, 91min) ★★★★
8.00 **Bob Marley: One Love** Biopic starring Kingsley Ben-Adir. (2023, 12, 104min) ★★★
9.55 **Anatomy of a Murder** Courtroom drama starring James Stewart as a small-town lawyer defending an army lieutenant on a murder charge. With Ben Gazzara and Lee Remick. (1959, b/w, 12, 160min) ★★★★★
12.40 AM **The Damned United** Sports biopic starring Michael Sheen as football manager Brian Clough. (2009, 15, 98min) ★★★★
2.25 **L'immensità** Italian drama starring Penélope Cruz. Subtitled. (2022, 12, 99min) ★★
4.15 **to 7.20** AM **Meet Joe Black**

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.15 AM **I Saw the TV Glow** (2024)
8.00 **King Kong** Peter Jackson's monster movie remake. (2005, 12, 187min) ★★★★
11.10 **The Birds** Hitchcock horror. (1963, 15, 118min) ★★★★★
1.15 PM **Paranormal Activity: The Ghost Dimension** Horror sequel. (2015, 15, 88min) ★
2.50 **Gothika** Horror chiller. (2003, 15, 98min) ★★★
4.30 **Arrival** Sci-fi drama starring Amy Adams and Jeremy Renner. (2016, 12, 116min) ★★★★★
6.30 **Out of Darkness** Horror starring Iola Evans. Subtitled. (2022, 15, 88min) ★★★
8.00 **Ready Player One** Steven Spielberg's fantasy adventure starring Tye Sheridan, Olivia Cooke and Ben Mendelsohn. (2018, 12, 140min) ★★★★
10.25 **Monolith** Sci-fi mystery thriller starring Lily Sullivan. (2022, 15, 90min) ★★★
12.05 AM **I Saw the TV Glow** Horror. (2024, 15, 100min) ★★★
1.50 **Zombie Town** Horror comedy. (2023, 12, 92min) ★★
3.25 **Out of Darkness** As 6.30pm.
5.00 **to 7.00** AM **Riddick** Sci-fi thriller sequel starring Vin Diesel. (2013, 15, 122min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.40 AM **Harriet the Spy** (1996)
8.30 **Reuniting the Rubins** (2010)
10.15 **Blueback** Family drama. (2022, PG, 102min) ★★★
12.05 PM **Look Who's Talking** Comedy starring John Travolta. (1989, 12, 96min) ★★★
1.45 **Stardust** Comedy adventure. (2007, PG, 127min) ★★★★
4.00 **Yogi Bear** Family comedy. (2010, U, 81min) ★★★
5.30 **Wonka** Fantasy adventure. (2023, PG, 116min) ★★★★

4.00 Yogi Bear

7.35 E.T. The Extra Terrestrial Sci-fi fantasy starring Henry Thomas. A young LA boy befriends an alien who has been left behind by his spaceship. (1982, U, 114min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 Patch Adams Fact-based comedy drama starring Robin Williams, about an unorthodox medical student whose views put him at odds with the establishment. With Monica Potter and Philip Seymour Hoffman. (1998, 12, 115min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Pups United** Adventure. (2015, U, 89min) ★★★
1.20 AM **Harriet the Spy** Children's adventure comedy. (1996, PG, 97min) ★★★★
3.10 **Reuniting the Rubins** Comedy drama. (2010, PG, 98min) ★
4.55 **to 6.40** AM **Look Who's Talking Now** Comedy sequel. (1993, 12, 95min) ★

Sky Cinema Action

307 307 407 507 521

7.35 AM **Jackie Chan's Police Story**
9.20 **The Equalizer 3** Thriller sequel. (2023, 15, 109min) ★★★
11.15 **Shrapnel** Action thriller. (2023, 15, 89min) ★★
12.50 PM **Assassin** Action thriller. (2023, 15, 88min) ★★★
2.25 **300** Epic historical adventure. (2006, 15, 116min) ★★★★
4.25 **Baby Driver** Action thriller. (2017, 15, 113min) ★★★★
6.20 **Hounds of War** Action thriller. (2024, 15, 95min) ★★★

6.20 Hounds of War

8.00 Fast & Furious 8 Action adventure sequel starring Vin Diesel and Charlize Theron. Street racing criminal Dominic Toretto is recruited by a terrorist, setting him at odds with his old gang. With Jason Statham, Dwayne Johnson and Kurt Russell. (2017, 12, 136min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 Gods of Egypt Fantasy adventure starring Nikolaj Coster-Waldau. An ancient Egyptian god seeks the aid of a thief in reclaiming his father's throne from his brother. (2016, 12, 127min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **The Killer** Action thriller. (2024, 15, 125min) ★★★★
2.45 **Jackie Chan's Police Story** Martial arts comedy thriller. (1985, 15, 98min) ★★★★
4.35 **Sky Cinema Preview**
5.15 **to 6.55** AM **Shrapnel** (2023)

Sky Cinema Comedy

308 308 408 508 522

7.15 AM **The Big Chill** As 1.15am.
9.05 **The 40-Year-Old Virgin** Comedy. (2005, 15) ★★★★
11.10 **Scott Pilgrim vs. the World** Comedy. (2010, 12) ★★★★
1.05 PM **The Sting** Comedy drama. (1973, PG, 129min) ★★★★★
3.20 **The Golden Child** Fantasy. (1986, PG, 93min) ★★
5.00 **The First Wives Club** Comedy. (1996, PG, 102min) ★★★
6.45 **Bernard and the Genie** Fantasy starring Lenny Henry.

9.50 Fletch

8.00 Brewster's Millions Comedy starring Richard Pryor and John Candy. A baseball pitcher must spend $30million in 30 days to inherit an even bigger fortune. (1985, PG, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

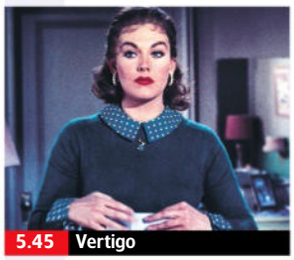
9.50 Fletch Comedy thriller starring Chevy Chase as an undercover reporter investigating a drug ring in Los Angeles. With Joe Don Baker and Dana Wheeler-Nicholson. (1985, PG, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Fletch Lives** Comedy thriller sequel starring Chevy Chase. (1989, PG, 95min) ★
1.15 AM **The Big Chill** Comedy drama starring Tom Berenger, William Hurt and Glenn Close. (1983, 15, 115min) ★★★★
3.05 **Bernard and the Genie**
4.20 **to 6.00** AM **The Golden Child** As shown at 3.20pm.

Sky Cinema Thriller

309 309 409 509 523

8.05 AM **Barbarians** As 2.25am.
9.40 **The Cinema List: Thriller**
9.55 **He Went That Way** (2023)
11.35 **Collateral** Crime thriller. (2004, 15, 120min) ★★★★
1.45 PM **Captain Phillips** Fact-based thriller starring Tom Hanks and Barkhad Abdi. (2013, 12, 129min) ★★★★★
4.00 **Last Seen Alive** Thriller. (2022, 15, 95min) ★★★
5.45 **Vertigo** Hitchcock thriller. (1958, PG, 128min) ★★★★★



5.45 Vertigo

8.00 Split Director M Night Shyamalan's thriller starring James McAvoy and Anya Taylor-Joy. After being abducted by a kidnapper with multiple personalities, three young women are engaged in a fight for survival. (2016, 15, 117min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 Hanna Action thriller starring Saoirse Ronan, Eric Bana and Cate Blanchett. A 16-year-old girl, trained by her father to be the perfect assassin, embarks on a dangerous globe-hopping quest. (2011, 12, 106min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Blackhat** Crime drama. (2015, 15, 128min) ★★★★
2.25 **Barbarians** Horror thriller. (2021, 15, 89min) ★★★
4.05 **He Went That Way** Crime drama. (2023, 15, 96min) ★★★
5.50 **to 7.35** AM **The Wasp** Thriller. (2024, 15, 96min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **D-Day the Sixth of June** World War Two romance. (1956, PG, 106min) ★★
1.10 PM **Prince Valiant** Adventure. (1954, PG, 100min) ★★★
3.20 **Footsteps in the Fog** Thriller. (1955, PG, 90min) ★★★
5.10 **The Iron Petticoat** Comedy. (1956, U, 96min) ★★★
7.05 **10 Things I Hate About You** Romantic teen comedy. (1999, 12, 97min) ★★★★

9.00 John Wick: Chapter 3

10 Things I Hate About You (film started at 7.05pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 John Wick: Chapter 3 – Parabellum Action thriller starring Keanu Reeves and Halle Berry. The seemingly invincible assassin returns, this time hunted by armies of bounty hunters. With Laurence Fishburne. (2019, 15, 130min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Smile** Horror with Sosie Bacon. After witnessing a traumatic incident involving a patient, a psychiatrist becomes convinced she is being threatened by an uncanny entity. (2022, 18, 115min) ★★★★
1.50 **to 4.00** AM **Spontaneous** Comedy with Charlie Plummer and Katherine Langford. (2020, 15, 97min) ★★★★

+1hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Superheroes

302 302 402 502 516

6.00 AM **King Arthur: Legend of the Sword** Fantasy drama. (2017, 12, 126min) ★★★
8.10 **Madame Web** As 12.45am.
10.10 **Hancock** Action comedy. (2008, 12, 92min) ★★★
11.45 **Blue Beetle** Fantasy adventure. (2023, 12, 127min) ★★★★
1.55 PM **Kick-Ass 2** Comic-book thriller sequel starring Aaron Johnson. (2013, 15, 99min) ★★★
3.45 **Hulk** Sci-fi fantasy starring Eric Bana. (2003, 12, 138min) ★★★
6.05 **PREMIERE** **Venom: The Last Dance** Fantasy adventure starring Tom Hardy. Eddie Brock and partner-in-crime Venom face dangers from two worlds as the end of their symbiotic relationship grows near. (2024, 15, 110min) ★★★
8.00 **The Amazing Spider-Man** Fantasy adventure starring Andrew Garfield and Emma Stone. (2012, 12, 136min) ★★★
10.20 **The Amazing Spider-Man 2** Fantasy adventure sequel. (2014, 12, 142min) ★★★
12.45 AM **Madame Web** Fantasy adventure with Dakota Johnson. (2024, 12, 116min) ★★★
2.45 **Kick-Ass 2** As shown at 1.55pm.
4.45 **to 7.05** AM **Blue Beetle** (2023)

Sky Cinema Greats

304 304 404 504 518

7.20 AM **Bye Bye Birdie** Musical. (1963, PG, 112min) ★★★
9.20 **The Apartment** Billy Wilder's Oscar-winning comedy. (1960, b/w, PG, 120min) ★★★★★
11.30 **Dazed and Confused** Richard Linklater's comedy drama (1993, 15, 102min) ★★★★
1.20 PM **Ace Ventura Pet Detective** Comedy starring Jim Carrey. (1993, 12, 86min) ★★★★
3.00 **Ace Ventura: When Nature Calls** Comedy sequel. (1995, PG, 89min) ★★★
4.45 **The Naked Gun 33⅓: The Final Insult** Spoof thriller sequel. (1994, 12, 83min) ★★★
6.10 **Beverly Hills Cop** Comedy thriller starring Eddie Murphy. (1984, 15, 105min) ★★★★
8.00 **Beverly Hills Cop II** Comedy thriller sequel starring Eddie Murphy. (1987, 15, 99min) ★★★
9.45 **Beverly Hills Cop 3** Comedy thriller sequel. (1994, 15) ★★
11.30 **The Naked Gun 33⅓: The...**
1.05 AM **The Little Rascals** Family comedy. (1994, U, 83min) ★★
2.40 **The Man Who Fell to Earth** Fantasy. (1976, 18) ★★★★
5.00 **The Cinema List: Thriller**
5.20 **to 7.00** AM **Silent Running** Sci-fi drama. (1972, U) ★★★★

Sky Cinema Animation

305 305 412 500 514

6.15 AM **Rock Dog 3: Battle the...**
7.50 **Sing** Animated musical comedy. (2016, U, 108min) ★★★
9.40 **Two by Two** Animated adventure. (2015, U, 85min) ★★
11.10 **Dragon Rider** As 8.55pm.
12.45 PM **Madagascar: Escape 2 Africa** Animated comedy sequel. (2008, PG, 89min) ★★★
2.20 **Monster House** Animation. (2006, PG, 91min) ★★★★
4.00 **How to Train Your Dragon** Animated fantasy adventure. (2010, PG, 98min) ★★★★
5.45 **Wallace & Gromit: The Curse of the Were-Rabbit** Animation. (2005, U, 85min) ★★★★★
7.15 **Kung Fu Panda 4** Animated sequel. (2023, PG, 94min) ★★★
8.55 **Dragon Rider** Animation. (2020, PG, 91min) ★★★
10.35 **Spirit: Stallion of the Cimarron** Animation. (2002, U) ★★★
12.05 AM **Rock Dog** Animation. (2016, PG, 90min) ★★★
1.40 **Rock Dog 3: Battle the Beat** Animated adventure sequel. (2022, U, 90min) ★★
3.15 **Open Season: Scared Silly** Animation. (2015, PG) ★★★
4.45 **to 6.10** AM **Teen Titans Go! & DC Super Hero Girls: Mayhem in the Multiverse** (2022) ★★★

Movies 24

312 313 419

7.00 AM **Hashtag Proposal** Comedy. (2023, PG, 87min) ★★
9.00 **An American in Austen** Comedy. (2024, PG, 84min) ★★
11.00 **Inspiring Love** Romantic drama. (2023, PG, 85min) ★★
1.00 PM **Two Tickets to Paradise** Drama. (2022, PG, 84min) ★★
3.00 **The Journey Ahead** Comedy starring Holly Robinson Peete. (2022, PG, 102min) ★★
5.00 **Planning on Forever** Romantic comedy starring Emily Tennant. (2022, PG, 89min) ★★
7.00 **Branching Out** Drama starring Sarah Drew and Cora Bella. (2024, PG, 90min) ★★
9.00 **Haunted Wedding** Fantasy comedy starring Janel Parrish and Dominic Sherwood. The wedding between two ghost hunters at a haunted inn is disrupted by a ghost who mistakes the groom for her dead fiancé. (2024, 12, 84min) ★★
11.00 **Pumpkin Everything** Comedy drama. (2022, PG, 84min) ★★
1.00 AM **Notes of Autumn** Romantic drama. (2023, PG, 90min) ★★
3.00 **to 5.00** AM **An Easter Bloom** Drama. (2024, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Enter Inspector Duval** Drama. (1961, b/w, U) ★★★
7.20 **Signs of the Times: Peculiar Posts** Short film.
7.25 **Desert Mice** Comedy. (1959, b/w, U, 82min) ★★★
9.05 **The Scamp** Melodrama. (1957, b/w, PG, 95min) ★★
10.50 **Petula Clark**
10.55 **What Every Woman Wants** Drama. (1954, b/w, PG) ★★★
12.40 PM **Our Inheritance**
12.50 **Parade** Slapstick comedy. (1974, U, 90min) ★★★
2.35 **La Joie De Vivre** Animation.
2.50 **Eight O'Clock Walk** Thriller. (1953, b/w, PG, 87min) ★★
4.35 **Please Sir!** Comedy spin-off. (1971, PG, 97min) ★★★
6.40 **The Last Escape** World War Two adventure with Stuart Whitman. (1970, PG, 90min) ★★
8.25 **Strange But True**
9.00 **Cellar Club with Caroline Munro**
9.05 **Doomwatch** 13/13. (S2)
10.05 **Cellar Club with Caroline Munro**
10.10 **Horrors of the Black Museum** Horror. (1959, 15, 81min) ★★
11.50 **Cellar Club with Caroline Munro**
11.55 **Jack the Ripper** 1&2/2. Thriller.
3.55 AM **Ruth Ellis and the Mystery Lover** One-off documentary.
5.30 **to 6.00** AM **Time to Remember**

FRIDAY Sport 6 June

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **Sky Sports News**
12.00 NOON **LIVE PGA Tour Golf** Coverage of the second day of the RBC Canadian Open from TPC Toronto at Osprey Valley in Alton, Ontario. Nick Taylor became the first Canadian golfer to win this event this century in 2023 when he beat Tommy Fleetwood in a play-off two years ago. That victory made him the first player from Canada to win this tournament in over 100 years.
6.00 PM **LIVE International T20 Cricket England v West Indies.** The first T20 in the three-match series from Seat Unique Riverside, Chester-le-Street. These sides last met in a five-match T20 series in November last year in the West Indies, with England coming out on top in a 3-1 victory. The visitors won the first three matches to take the series before the hosts claimed a win in the fourth game, before rain ruined the final T20.
10.30 **Back Pages Tonight**
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
10.00 **Premier League Years**
12.00 NOON **Gary Neville's Soccerbox**
1.00 PM **PL Retro** A chance to see Manchester United v Manchester City from the 2009/10 season.
3.00 **Premier League 100 Club**
4.00 **Premier League Icons** A profile of Carlos Tevez.
4.30 A profile of Yaya Toure.
5.00 **Premier League Highlights** Manchester United v Liverpool.
5.30 Action from Manchester United v Manchester City.
6.00 Highlights of Manchester United v Tottenham.
6.30 Action from Newcastle United v Manchester United.
7.00 Tottenham v Chelsea.
7.30 Tottenham v Liverpool.
8.00 **Gary Neville's Soccerbox**
9.00 **City: PL Champions Again**
10.00 **Class of '92: Full Time**
11.00 **Premier League Icons**
12.00 M'T **Premier League Legends**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **Premier League 100 Club**
5.30 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Cup Retro**
8.00 **Best Moments from the Championship Play-Off Final**
8.30 **Best Moments from the League 1 & 2 Play-Off Final**
9.00 **EFL Greatest Games**
10.00 **EFL Cup Highlights**
11.00 **Best Scottish Premiership Goals 2022/23**
11.30 **Best Scottish Premiership Goals 2023/24**
12.00 NOON **Retro League One** Swindon Town v Sheffield United in a 2015 play-off semi-final.
2.00 PM **EFL Cup Highlights**
2.30 **EFL** Goals in the 2017/18 season.
3.00 **EFL Greatest Games**
4.00 **EFL Cup Highlights**
5.00 **EFL** Action from Reading v Swansea City in the 2010/11 Championship play-off final.
6.00 **Championship Retro** Cardiff City v Leicester City in the 2009/10 Championship play-offs.
8.30 **EFL Greatest Games**
10.00 **EFL Cup Retro** Chelsea v Tottenham Hotspur from 2015.
11.00 **EFL** Leeds United v Watford in the 2005/06 Championship play-offs.
12.00 M'T **EFL** The 2014/15 play-offs.
3.00 AM **EFL Greatest Games**
4.00 **to 6.00** AM **EFL Cup Retro**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **Best of England v Windies**
6.30 **Best of ICC WT20**
7.00 **Women's One-Day International Cricket**
9.00 **One-Day International Cricket**
10.00 **Vitality T20 Blast Cricket**
1.20 PM **Ashes Greats** From 2005.
1.30 **Best of England v Windies**
2.00 **Talking Cricket**
2.30 **The Boy from Baracara**
3.00 **One-Day International Cricket** Action from England v West Indies.
6.00 **LIVE International T20 Cricket England v West Indies.** Coverage of the first T20 in the three-match series staged at Seat Unique Riverside, Chester-le-Street. These sides last met in a five-match T20 series in November last year in the West Indies, with England coming out on top in a 3-1 victory.
10.30 **Ashes Greats** Adam Gilchrist's performances in 2001.
10.40 Glenn McGrath's performances in 2001.
10.50 Andrew Flintoff's performances in 2005.
11.00 **One-Day International Cricket**
1.00 AM **International T20 Cricket**
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **US Women's Open**
7.00 **Rose Ladies Series**
7.30 **PGA Tour Champions Learning Centre** Golf tops and advice.
8.00 **PGA Tour** Canadian Open.
11.00 **HotelPlanner Tour Golf**
11.30 **Rose Ladies Series**
12.00 NOON **LIVE DP World Tour** Coverage of the second day of the KLM Open from the International in Amsterdam.
5.00 PM **LIVE PGA Tour** Coverage of day two of the RBC Canadian Open from TPC Toronto at Osprey Valley in Alton, Ontario.
11.00 **Golf** Action from the G4D Open.
12.00 M'T **Rose Ladies Series**
12.30 AM **Turkish Airlines Masterclass**
1.00 **US Open Official Films**
2.00 **PGA Tour** Canadian Open.
3.00 **Playing Lessons** Expert tips.
4.00 **PGA Tour** Canadian Open.
5.00 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **US Open Classic Matches**
7.00 **WTA & ATP Tennis** Doha Open.
9.00 **ATP Tennis** Highlights.
10.00 **WTA Tennis** Rabat Open final.
11.00 **Tie Break Tens** Eisenhower Cup.
12.00 NOON **ATP Tennis**
1.00 PM **WTA Tennis** A recent final.
2.00 **WTA All Access**
2.30 **WTA Tennis** Rabat Open final.
3.30 **Tie Break Tens** Eisenhower Cup.
4.30 **WTA & ATP Tennis** The Dubai Tennis Championships finals.
6.30 **ATP Tennis** Tournament reviews.
8.30 **ATP Tour This Week**
9.00 **WTA & ATP Tennis** The Dubai Tennis Championships finals.
11.00 **WTA All Access**
12.00 M'T **US Open Classic Matches**
2.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Grand Slam Track Athletics**
7.00 **UEFA Europa League & Conference League Magazine**
8.00 **UEFA Champions League**
8.30 **Tom Aspinall's Fight Lab**
9.00 **AFL** Bulldogs v Hawks.
10.30 **LIVE AFL Adelaide Crows v Brisbane Lions.** Coverage of the match staged at Adelaide Oval. Bounce-up **10.40am**.
1.30 PM **LIVE French Open Tennis** Coverage of the opening men's semi-final at Stade Roland Garros.
4.30 **LIVE French Open Tennis** The second men's semi-final staged at Stade Roland Garros.
8.00 **French Open Tennis** Action from day 13 of the tournament.
9.30 **Premier League Review**
10.30 **UEFA Champions League**
11.30 **Men's Cycling Pro Series**
12.30 AM **UCI Mountain Bike World Series Women** From Austria.
1.00 **UCI Mountain Bike World Series Men** From Leogang.
1.30 **Premiership Rugby Union**
2.30 **AFL** Crows v Lions.
4.00 **to 7.00** AM **LIVE AFL Richmond Tigers v Sydney Swans.** From Melbourne Cricket Ground. Bounce-up **4.20am**.

TNT Sports 2

411 414 522 409 431

6.00 AM **FIM Speedway Grand Prix**
7.00 **MotoGP Highlights**
8.00 **LIVE MotoGP** The Grand Prix of Aragon MotoGP, Moto2 and Moto3 first free practice sessions.
10.45 **MotoGP Rewind**
12.15 PM **LIVE MotoGP** The Grand Prix of Aragon MotoGP, Moto2 and Moto3 first practice sessions.
3.15 **MotoGP Rewind**
3.30 **SailGP – Racing on the Edge**
4.00 **LIVE UCI Mountain Bike World Series** The women's XCC short track elite race in Austria.
5.00 **LIVE UCI Mountain Bike World Series** The men's XCC short track elite race in Austria.
6.00 **Sign Up – Into Football**
6.30 **UEFA Champions League**
6.45 **Playing for Our Future: Rugby**
7.00 **LIVE Gallagher Premiership Rugby Union** A semi-final.
10.00 **MotoGP** Grand Prix of Aragon.
10.30 **SHEENE** The life of Barry Sheene.
11.45 **FIM Speedway Grand Prix**
12.45 AM **Under the Lights**
1.00 **Ultimate Pool** Action from Group One of the Pairs Cup.
2.30 **MotoGP** Grand Prix of Aragon.
3.00 **to 6.00** AM **Motocross World Championship**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Fight Night** Highlights.
8.00 **LIVE Super Rugby** Coverage of a qualifying final.
10.00 **Undisputed: The Story of Shields v Marshall**
11.00 **Fight Night** A top bout.
12.00 NOON **Fight Night International**
1.00 PM **My Icon** Duke McKenzie.
1.15 **Fight Night** Three bout replays.
4.15 **Fight Night International** Franchon Crews-Dezurn v Savannah Marshall from 2023.
5.15 **Undisputed: The Story of Shields v Marshall** A record-breaking night of boxing at the O2.
6.15 **My Icon** Sporting influences.
7.00 **LIVE Netball Super League** Coverage of a top-flight match.
8.30 **Fight Night** Zak Chelli v Callum Simpson from August 2024.
9.30 Another chance to see Callum Simpson v Steed Woodall.
10.30 A replay of Amir Khan v Kell Brook from February 2022.
11.30 Franck Petitjean v Adam Azim from November 2023.
12.30 AM **My Icon** Sporting influences.
1.00 **Fight Night** Two bout replays.
3.00 **The Rugby Championship**
5.00 **to 6.00** AM **Undisputed: The Story of Shields v Marshall**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **EFL Highlights**
9.00 **Good Morning Sports Fans**
10.00 **Sky Sports News**
11.30 **My Ryder Cup**
11.45 **LIVE PGA Tour Golf** Coverage of the second day of the RBC Canadian Open from TPC Toronto at Osprey Valley in Alton, Ontario. Nick Taylor became the first Canadian golfer to win this event this century in 2023 when he beat Tommy Fleetwood in a play-off two years ago. That victory made him the first player from Canada to win this tournament in over 100 years, with Karl Keffer being the last Canadian player to win this event in 1914.
5.00 PM **LIVE LPGA Tour Golf** Coverage of the opening day of the ShopRite LPGA Classic at the Seaview in Galloway, New Jersey. Sweden's Linnea Ström won this event last year after winning by one stroke and finishing 14-under-par at this venue.
8.00 **Sky Sports News**
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
12.00 M'T **Super League**
5.30 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **Women's One-Day International Cricket**
8.00 **The Open Zone** Women's Open.
8.30 **DP World Tour Golf**
9.00 **Formula 1** Highlights.
11.00 **Women's One-Day International Cricket**
12.00 NOON **EFL Greatest Games**
12.30 PM **LIVE Ladies European Tour Golf** Coverage of day two of the Tenerife Women's Open staged at Abama Golf in Tenerife.
3.30 **EFL Greatest Games**
4.00 **Formula 1** Recent action.
7.00 **Fight Night** McCaskill v Price.
8.00 **Tennis** Internazionali BNL d'Italia.
9.00 **Formula 1** Highlights.
11.00 **One-Day International Cricket**
1.00 AM **Fight Night** McCaskill v Price.
2.00 **Fight Night International**
3.00 **EFL Greatest Games**
4.00 **ATP Tennis** Dubai Championships.
5.00 **to 6.00** AM **Golf Academy**

TNT Sports 3

413 415 523 410 432

6.00 AM **Cycling: Men's Giro d'Italia**
7.00 **Men's Cycling Pro Series**
8.00 **LIVE World Rally Championship** The Rally Italy.
11.30 **European Rally Championship**
12.00 NOON **LIVE Cycling: Tour of Slovenia** Coverage of stage three from Majsperk to Ormoz.
2.00 PM **LIVE World Rally Championship** The Rally Italy.
6.00 **LIVE MLB Tampa Bay Rays v Miami Marlins.** The inter-league match. Start-time **6.10pm**.
9.15 **MLB: Off the Bat** Latest action.
9.45 **NBA** Game one of the NBA Finals.
11.15 **NBA on Fire** The latest news.
11.45 **NBA Action** Highlights.
12.15 AM **World Rally Championship**
12.45 **TNT Sports Reload**
1.00 **MotoGP** Grand Prix of Aragon.
1.30 **Grand Slam Track Athletics**
2.30 **Men's Cycling Pro Series**
3.30 **World Rally Championship**
4.00 **NBA Action** Highlights.
4.30 **to 6.00** AM **NBA**

TNT Sports 4

414 416 524 411 434

6.00 AM **French Open Tennis**
8.30 **Ultimate Pool** Pairs Cup.
10.00 **Premier League Stories**
10.30 **French Open Tennis**
1.00 PM **Court Side** A look ahead.
1.30 **LIVE French Open Tennis** Coverage of the opening men's semi-final at Stade Roland Garros.
4.30 **LIVE French Open Tennis** Coverage of the second men's semi-final at Stade Roland Garros.
8.00 **AFL** Another chance to see Adelaide Crows v Brisbane Lions.
9.30 **European Rally Championship**
10.00 **World Rally Championship**
10.30 **Fight Week** UFC 316 preview.
11.15 **Tom Aspinall's Fight Lab**
11.45 **UFC Countdown**
12.45 AM **French Open Tennis**
2.15 **NBA on Fire** The latest news.
2.45 **Fight Week** UFC 316 preview.
3.30 **Tom Aspinall's Fight Lab**
4.00 **UFC Countdown**
5.00 **to 6.00** AM **FIM Speedway Grand Prix**

Premier Sports 1

419 551

6.00 AM **Motorsport** Le Tour Auto.
6.30 **World Surf League**
7.30 **Ultimate Karting Championship**
8.30 **Top 14 Rugby Union Highlights**
9.00 **NASCAR Highlights**
10.00 **Ultimate Karting Championship**
11.00 **DTM Highlights**
12.00 NOON **PSA Squash Highlights**
1.00 PM **URC in 60** Quarter-finals.
2.00 **FIM Sidecarcross**
3.00 **NASCAR Highlights**
4.00 **Top 14 Rugby Union Highlights**
4.30 **Ultimate Karting Championship**
5.30 **Trail Menorca**
6.00 **World Surf League**
7.00 **LaLiga Highlights**
8.00 **PSA Squash Highlights**
9.00 **URC in 60** The quarter-finals.
10.00 **DTM Highlights**
11.00 **Ultimate Karting Championship**
1.00 AM **Women's Football Weekly**
1.30 **Transworld Sport**
2.30 **Football's Greatest**
3.00 **Euro Le Mans Highlights**
4.00 **to 6.00** AM **British Minibikes**

Premier Sports 2

420 552

6.00 AM **Temples of Sport**
7.00 **Copa Del Rey** Barcelona v Real Madrid from this year's final.
10.00 **Top 14 Rugby Union**
12.00 NOON **Football's Greatest**
1.00 PM **United Rugby Championship** Replays of the third and fourth quarter-finals.
5.00 **GP Confidential**
5.30 **Football's Greatest**
6.00 **FastZone** Motorsports highlights.
6.30 **CONMEBOL World Cup Qualifiers** Ecuador v Brazil.
8.30 **GP Confidential** All the latest Formula One news.
9.00 **Bike World** Magazine.
9.30 **Scottish Cup Football** A replay of Aberdeen v Celtic in the final.
11.30 **Football's Greatest**
12.00 M'T **United Rugby Championship** Glasgow Warriors v Stormers in the first quarter-final.
2.00 AM **Football's Greatest**
2.30 **Swedish Speedway**
4.30 **to 6.00** AM **Bike World**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** Highlights.
1.00 PM **Formula 1** Monaco GP.
2.00 Spanish Grand Prix.
3.00 **Chasing the Dream**
3.20 **Formula 1** Season highlights.
3.30 **Formula 1** Highlights of the Australian Grand Prix.
4.30 Chinese Grand Prix.
5.30 Japanese Grand Prix.
6.30 **Formula 1** Bahrain Grand Prix.
7.30 Saudi Arabian Grand Prix.
8.30 The Miami Grand Prix.
9.30 **Formula 1** Highlights of the Emilia Romagna Grand Prix.
10.30 Monaco Grand Prix.
11.30 Spanish Grand Prix.
12.30 AM **Chasing the Dream**
12.50 **to 6.00** AM **Formula 1**

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KIDS WATCHLIST

Great shows for young viewers (from tots to teens) on linear TV and streaming

milkshake! Treehouse

Sat & Sun, 7.10am, Milkshake! on 5

In this brand new series for preschoolers, we're introduced to a gang of colourful characters – Squiggle the squirrel, and his friends Dotty, Badger, Fluff and Magnus the owl.

From his magical treehouse in the countryside, Squiggle sets off on adventures, learning valuable lessons and new skills, which he then teaches to Fluff the mouse on his return.

A fun and watchable show for young children, featuring friendly narration from Milkshake! presenter Olivia Birchenough.

CBeebies Bedtime Stories

Available now, BBC Sounds

Parents and carers of young ones will be more than familiar with *CBeebies' Bedtime Stories*, which have featured guest readers from Olivia Colman (above) to HRH the Duchess of Edinburgh. Did you know that *Bedtime Stories* are also available as a podcast on BBC Sounds? Perfect for when you're travelling, or for some screen-free wind-down time before lights out.

More great shows to watch this week...

Phineas & Ferb NEW

Available from Friday, Disney+

Ten years since its original conclusion, the popular Disney series has been given a new lease of life, returning here for a fifth season, with the stepbrothers tackling another 104 days of summer vacation.

Bluey Dancealongs

Available now, YouTube

Strictly pro dancer Dianne Buswell teaches us some fun dance routines in this digital series, which is available on @BlueyOfficialChannel on YouTube, and is broadcast direct from Bluey's World in Australia!

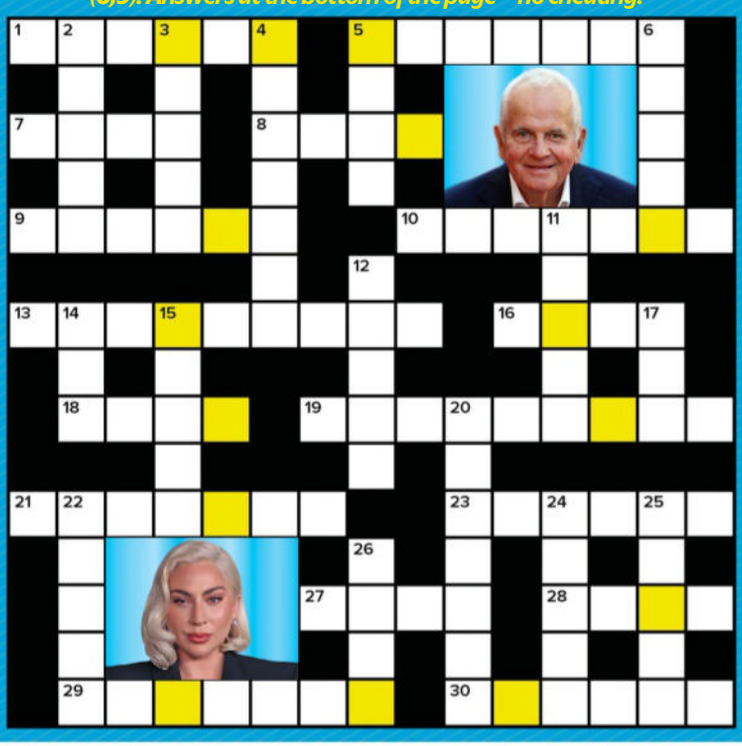
LEGO DREAMZzz

Available on Sky, ITVX, Netflix, Cartoon Network

In this third chapter, *Enter the Cyber Game*, the dream chasers' jobs are on the line with the appearance of the 'Dreamsmasher'.

CROSSWORD

Solve the clues in our just-for-fun crossword puzzle and re-arrange the shaded squares so the letters spell out the name of an English actor (6,9). Answers at the bottom of the page – no cheating!



ACROSS

1 Liverpudlian comedian and presenter, John ------ (6)
5 ------- Bertrand, Beligian singer of 1977 hit *Ça Plane Pour Moi* (7)
7 See picture clue: Singer of 2008's *Poker Face*, Lady ---- (4)
8 *The West Wing* actor, Rob ---- (4)
9 ------ *on the Hill*, Ed Sheeran song released in 2017 (6)
10 Eurovision Song -------, annual music competition (7)
13 Group that included Niall Horan as a member, One --------- (9)
16 Stephen ----, author of horror novel including *It* and *Carrie* (4)
18 Jimmy ----, star of popular 1990s detective series *Spender* (4)
19 2011 film starring Jason Momoa, *Conan the* --------- (9)
21 *Celebrity* -------, game show that was hosted by Bob Monkhouse (7)
23 Agnes ------, 17th-century witch in *Good Omens* (6)
27 *The* ----, US mini-series starring Emma Greenwell (4)
28 Rowan Atkinson police comedy, *The* ---- *Blue Line* (4)
29 Upcycling series with Sarah Moore, *Money for* ------- (7)
30 Gladys ------, US vocalist backed by the Pips (6)

DOWN

2 Starred as Valenka in 2006's *Casino Royale*, ----- Milicevic (5)
3 *My* ----- *Will Go On*, theme from 1998 film Titanic (5)
4 Roxanne -------, actor who played Jo Stiles in *Emmerdale* (7)
5 American reality series, ---- *Stars* (4)
6 Hit musical named after a board game (5)
11 Lars von -----, director of 2011's drama *Melancholia* (5)
12 2012 horror movie with Daniel Radcliffe, *The* ----- *in Black* (5)
14 See picture clue: Late British actor, --- Holm (3)
15 Heroine in 1964 musical *My Fair Lady*, ----- Doolittle (5)
17 Model role for Angelina Jolie in a 1998 biopic (3)
20 ------- *Hilton*, three-part Australian series with Nicole Kidman and Hugo Weaving (7)
22 The late Freddie Mercury's rock group (5)
24 1987 television series that starred Robbie Coltrane, ----- *Frutti* (5)
25 Sister of Mary and Sybil in *Downton Abbey* (5)
26 English DJ, Pete ---- (4)

CROSSWORD SOLUTION

ACROSS: 1 Bishop 5 Plastic 7 Gaga 8 Lowe 9 Castle 10 Contest 13 Direction 16 King 18 Nail 19 Barbarian 21 Squares 23 Nutter 27 Rook 28 Thin 29 Nothing 30 Knight
DOWN: 2 Ivana 3 Heart 4 Pallett 5 Pawn 6 Chess 11 Trier 12 Woman 14 Ian 15 Eliza 17 Gia 20 Bangkok 22 Queen 24 Tutti 25 Edith 26 Tong

WORDS: LYNETTE BRIGHTON. PHOTOS: GETTY, MILKSHAKE! ON 5, BBC, LEGO DREAMZZZ © 2025, THE LEGO GROUP.

Coming soon

FIRST LOOK

The Count of Monte Cristo

Sam Claflin stars in the classic period adventure

Alexandre Dumas' much-loved novel *The Count of Monte Cristo* is being brought to life once more in a new adaptation coming to U&Drama.

Airing this summer, the eight-part, 19th-century-set drama sees Sam Claflin play sailor Edmond Dantès, who is wrongly accused of treason and spends several years in prison in Château d'If, a remote island fortress off the southern coast of France.

When he finally manages to make a daring escape, he takes on a new identity as the mysterious Count of Monte Cristo and secures a fortune. But will he be able to enact vengeance on those who put him behind bars?

TALENT

Jeremy Irons co-stars as wise priest Abbé Faria, who bonds with Edmond in prison, Blake Ritson is scheming Danglars and Ana Girardot is Edmond's sweetheart Mercédès, while Nicholas Farrell, Karla-Simone Spence, Mikkel Boe Følsgaard, Harry Taurasi, Poppy Corby-Tuech and Gabriella Pession also feature.

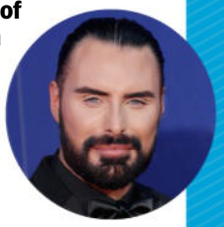
'I had never read the book and I didn't know anything other than it was a revenge story,' says Claflin. 'But it's not hard to fall in love with it as a story and with the characters and the time.

'Even though it is a revenge thriller, there is so much love at the heart of it and I was instantly drawn to it. And having the opportunity to play someone as complex and challenging as Edmond Dantès was a dream.'

WHAT'S NEXT FOR...

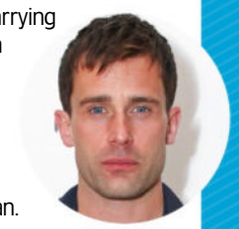
Rylan Clark

The presenter will team up with Professor Alice Roberts for Sky History's **Witches of Essex with Rylan and Alice**, in which they look into notorious witch hunts in the 16th and 17th centuries.



Christian Cooke

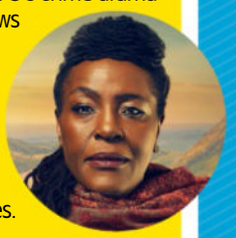
In ITV1 drama **Frauds**, starring Suranne Jones and Jodie Whittaker as former pals carrying out an art heist in Spain, the actor will play a moneylender on the trail of a forger who is integral to the plan.



Coming Back

BBC1's Liverpool-set crime drama **This City Is Ours**, which centres on gangsters Michael Kavanagh (James Nelson-Joyce) and Jamie Phelan (Jack McMullen), will return for a second series as scores continue to be settled.

Sharon D Clarke will reprise her role as dogged DCI Ellis in a second three-part run of 5's crime drama **Ellis**, which follows the sleuth and her sidekick DS Harper (Andrew Gower) as they help struggling police forces crack tough cases.



Next week

On sale Tuesday 3 June

Deep Cover

Prime Video's comedy, starring Orlando Bloom, Bryce Dallas Howard and Nick Mohammed.

Ocean

Sir David Attenborough explores oceanic wildlife on Disney+ and National Geographic.

The Gold

DCI Boyce (Hugh Bonneville) continues to hunt for the Brink's-Mat loot as BBC1's drama returns.

Not Going Out

Lee Mack is back for a new run of the BBC1 sitcom, with more awkward scrapes and gaffes.

TV&Satellite week

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510282	**Acer palmatum 'Orange Dream'** 3 Litre Pot SAVE £5.00	£24.99		
100105	**Blooming Fast Acer Feed** 900g Pouch	£7.99		
100064	**Twin Pack 40L Professional Compost** FREE P&P! SAVE £13.00	£23.97		
		Add P&P		£6.99
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